Macitentan for the treatment of pulmonary arterial hypertension

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Abstract: Macitentan is the most recently approved dual endothelin-receptor antagonist (ERA) for the treatment of symptomatic pulmonary arterial hypertension. Compared to other available ERAs, it demonstrates superior receptor-binding properties, with consequently improved tissue penetration, and a longer duration of action allowing for once-daily dosing. It has a favorable adverse-effect profile, with notably no demonstrable increase in the risk of hepatotoxicity or peripheral edema, but like other ERAs, it is potentially limited by significant anemia. Phase I data have demonstrated a favorable drug–drug interaction profile and no need for dose adjustment with hepatic and renal impairment. In the pivotal SERAPHIN study, treatment of symptomatic pulmonary arterial hypertension patients with macitentan led to statistically significant improvements in functional class, exercise tolerance, and hemodynamic parameters, in addition to a reduction in morbidity in an event-driven long-term trial.

Keywords: endothelin, endothelin receptor antagonists, macitentan, pulmonary arterial hypertension

Pulmonary arterial hypertension

Pulmonary arterial hypertension (PAH) is a progressive and lethal disease characterized by remodeling of the pulmonary arterioles with consequent increase of the pulmonary vascular resistance (PVR) with eventual right ventricular failure and ultimately death. Furthermore, despite targeted treatments, the disease remains fatal. The natural history of PAH and the survival rates for patients suffering from this disease were initially understood through analysis of the first registry of patients through the National Institutes of Health, with a reported median survival with supportive care of 2.8 years after diagnosis. Subsequent to this, several other registries have been established around the world that have demonstrated improved survival in PAH in the era of PAH-specific therapies. More recently an analysis of a cohort of patients enrolled in the REVEAL (Registry to EVALuate EAry and Long-term PAH disease management) trial between March 2006 and December 2009 at 55 different centers within the US demonstrated 1-, 3-, 5-, and 7-year survival rates of 85%, 68%, 57%, and 49%, respectively.

The endothelins and the endothelin receptors

The endothelins (ETs) are composed of three isoforms – ET-1, ET-2, and ET-3 – with the first considered to be the most clinically significant and physiologically active of the compounds. ET-1, a 21-amino acid peptide generated by the vascular endothelium, is a smooth-muscle mitogen, and is among the most potent and longest-acting vasoactive


Targeting the endothelin pathway

With the accumulation of evidence that ET-1 has a role to play in the pathogenesis of PAH, multiple therapies targeting this axis were researched. Despite aberrant levels in a multitude of cardiovascular diseases, the ET-1-axis has only been successfully targeted in the treatment of PAH. Trials of treatments for patients with World Health Organization (WHO) functional class III and IV PAH with the dual-receptor antagonist bosentan were encouraging, with significant increases in 6-minute walk distance (6MWD) and improvement in both pulmonary hemodynamics and functional class. Improvement in exercise capacity and hemodynamic parameters were also noted in subsequent trials evaluating the efficacy of the ETR\textsubscript{\textalpha} specific antagonist sitaxsentan and the ETR\textsubscript{\textbeta}-specific ambrisentan. During the evaluation of bosentan for the treatment of PAH, however, there was evidence of significant elevations in aminotransferase levels, with approximately 14% of patients showing elevations three times the upper limit of normal (ULN). This adverse event was also prominent in the evaluation of sitaxsentan, and in one instance resulted in death from liver failure. Sitaxsentan has subsequently been removed from the market.

Macitentan, a novel ERA: metabolism and drug interactions

Macitentan is a dual ET-receptor antagonist (ERA) developed in the setting of extensive efforts to maximize blockade of the ET axis while generating compounds with improved adverse-effect profiles when compared to prior compounds in the class. Unlike bosentan and sitaxsentan, macitentan is not characterized by a sulfonamide structure, but belongs to the sulfaamide class of compounds. The presence of a bromine atom in the parent compound of macitentan allowed for straightforward determination of its metabolites. Macitentan is metabolized via oxidative depropylation into ACT-132577 and via oxidative cleavage into ACT-373898 (Figure 1). Of the two aforementioned metabolites, only the former, ACT-132577, has been shown to be metabolically active, and like its parent compound, also demonstrates dual-receptor antagonist properties, albeit with less potency. The metabolites are the result of a reaction catalyzed by the cytochrome P450 (CYP), system with enzyme kinetic data showing ACT-132577 primarily formed by CYP3A4 with negligible contribution from CYP2C19. Coadministration of macitentan with the maximum approved dose of ketoconazole, one of the prototypical inhibitors of CYP3A4, resulted in an increase in the concentration of the parent drug, with an area under the curve comparable to the 30 mg dose of macitentan administered during its Phase I evaluation. Nonetheless, it is recommended by the manufacturers that its use be avoided with strong inhibitors of CYP3A4.

At a cellular level, macitentan demonstrates slower dissociation kinetics compared to all other available ERAs, in addition to insurmountable antagonism in functional
pulmonary artery smooth-muscle assays. There are multiple lines of evidence showing that heterodimerization of the ETR$_A$ and ETR$_B$ receptors is necessary for activation, as with other G-coupled proteins, and upon binding macitentan interferes with this heterodimerization, blocking both receptor pathways (Figure 2). It has been demonstrated that macitentan’s functional inhibition constant ($K_i$) ratio of 6.3 is higher than that of both bosentan and ambrisentan (0.7 and 1.0, respectively), indicating significantly more potent antagonism (Table 1). Both macitentan and its metabolites are highly bound to plasma proteins (>99%), and are primarily excreted via the hepatic and renal systems (combined hepatic and renal excretion of 49.7%±3.9%), with fecal elimination representing 23.9%±4.8% of total excretion.$^{31}$ Pharmacokinetic evaluation of the 10 mg dose of macitentan has been shown to be safely tolerated in cirrhosis patients with Child–Pugh classes A, B, and C, with the expected caveat, given its metabolism, of decreased exposure to ACT-132577 in patients with hepatic impairment.$^{32}$ Severe renal impairment, defined as a creatinine clearance of 15–29 mL/min, did not have any bearing on the safety profile of macitentan either.$^{32}$

Evaluation of macitentan’s pharmacokinetics has been extensively studied with single doses ranging from 0.2 mg to 600 mg tested in healthy subjects. Macitentan is absorbed slowly, with a time to reach maximal concentration ranging from 8 hours to 30 hours.$^{26}$ Reliable assessment of terminal half-life has been achieved with the higher non-US Food and Drug Administration (FDA)-approved doses, and is approximately 16 hours. The half-life of its main metabolites ranges from 40.2 hours to 65.6 hours. The plasma concentration of ET-1 demonstrated a dose-dependent rise, but was only noted to be statistically significant with doses of 25 mg and higher, which are higher than any dose used in trials evaluating macitentan’s clinical efficacy.$^{31}$ The medication appears not to have proarrhythmic potential, as demonstrated in one randomized, double-blind, crossover, controlled study of 64 healthy subjects.$^{33}$

Table 1 Comparative features for FDA-approved ERAs

<table>
<thead>
<tr>
<th>Comparators</th>
<th>Bosentan</th>
<th>Ambrisentan</th>
<th>Macitentan</th>
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<tbody>
<tr>
<td>Date of FDA approval</td>
<td>2001</td>
<td>2007</td>
<td>2013</td>
</tr>
<tr>
<td>Selectivity</td>
<td>Nonselective</td>
<td>Selective</td>
<td>Nonselective</td>
</tr>
<tr>
<td>$K_i$ ratio*</td>
<td>0.7</td>
<td>1.0</td>
<td>6.3</td>
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<tr>
<td>Half-life</td>
<td>5 hours</td>
<td>15 hours</td>
<td>16 hours</td>
</tr>
<tr>
<td>Dosing</td>
<td>62.5 mg BID or 125 mg BID</td>
<td>5 mg QD or 10 mg QD</td>
<td>10 mg QD</td>
</tr>
<tr>
<td>Study outcomes</td>
<td>Primary outcome: 6MW distance</td>
<td>Primary outcome: 6MW distance</td>
<td>Composite primary end point: Death</td>
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<tr>
<td></td>
<td>Secondary outcome: WHO class</td>
<td>Secondary outcome: WHO class</td>
<td>Lung transplantation</td>
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<tr>
<td>Borg dyspnea index</td>
<td>Borg dyspnea index</td>
<td>Time to clinical worsening</td>
<td>Atrial septostomy</td>
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<tr>
<td>Time to clinical worsening</td>
<td>Plasma B-type natriuretic peptide</td>
<td>Parenteral prostanoid initiation</td>
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</tbody>
</table>

Note: *Functional inhibition constant.

Abbreviations: FDA, US Food and Drug Administration; ERA, endothelin-receptor antagonist; BID, bis in die (twice daily); QD, quaque die (every day); 6MW, 6-minute walk; WHO, World Health Organization; PAH, pulmonary arterial hypertension; PVR, pulmonary vascular resistance.
Peripheral edema

Peripheral edema is also a notable side effect of the ERA class, and the mechanism is also unknown. The observation that peripheral edema is less common in patients treated with dual-receptor antagonists, such as bosentan, as opposed to 

<table>
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<tr>
<th>Table 2 Adverse-effect profile for FDA-approved ERAs</th>
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<tr>
<td><strong>Adverse effects</strong></td>
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<tr>
<td>---------------------</td>
</tr>
<tr>
<td>Aminotransferase elevations</td>
</tr>
<tr>
<td>Peripheral edema</td>
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<tr>
<td>Anemia</td>
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</table>

**Abbreviations:** FDA, US Food and Drug Administration; ERA, endothelin-receptor antagonist.
Macitentan in animal models

Macitentan’s effect on hemodynamics was assessed using the monocrotaline model of pulmonary hypertension in rats.\textsuperscript{44} Four weeks of oral administration of macitentan at a maximally efficacious dose of 30 mg/kg/day prevented the development of both PAH and right ventricular hypertrophy. Rat models of both systemic and pulmonary hypertension were also used to compare the potency of blockade by macitentan when compared to bosentan.\textsuperscript{34} In this rat model of PAH, the addition of macitentan to a regimen of bosentan caused a reduction in mean pulmonary arterial pressure by 4 mmHg, whereas the addition of bosentan to a background regimen of macitentan resulted in no change to mean pulmonary arterial pressure ($P<0.01$). This supports a more potent and comprehensive blockade of the receptors by macitentan.

Human trials of macitentan in PAH

The Phase I trials evaluating macitentan in humans consisted of drug–drug interaction trials and pharmacokinetic studies discussed earlier.\textsuperscript{29,32,33,35,36} The Phase II trial was an unpublished study evaluating the dosing range for macitentan in patients with essential systemic hypertension. In this multicenter, double-blind, placebo-controlled study of 466 patients, a total of 337 were deemed evaluable at the end of the two-phased protocol. After an initial 2- to 4-week period of placebo treatment, patients were randomized to one of four doses of macitentan (0.3, 1, 3, or 10 mg daily), enalapril 20 mg, or placebo. After 8 weeks of treatment, macitentan 10 mg was associated with a reduction in systemic diastolic blood pressure when compared to placebo, with a similar overall frequency of adverse events. There were no cases of peripheral edema associated with macitentan, and most instances of a rise in aminotransferases to a value $>$3× ULN were attributed to other, more compelling causes. Of note, there was evidence of a modest decrease in mean hemoglobin level, which was deemed to be possibly dose-related.\textsuperscript{45}

The findings of the Phase III double-blind, randomized, controlled SERAPHIN (Study with an ET Receptor Antagonist in Pulmonary arterial Hypertension to Improve clinical outcome) trial published in 2013 revealed clinically significant findings using a novel composite primary end point.\textsuperscript{46} A total of 742 patients were enrolled to receive placebo therapy or either the 3 mg or 10 mg dose of macitentan. While no patient who enrolled was on an ERA, the use of other background PAH-specific therapy, including oral or inhaled (but not infused) prostanoid therapy was allowed. Previous trials exploring the efficacy of PAH-specific therapies used short-term changes in exercise capacity as a primary end point. In light of more recent guidelines arguing for the use of morbidity and mortality as the primary end point for Phase III trials in PAH, the SERAPHIN investigators designed their trial to that end.\textsuperscript{47} The SERAPHIN investigators used an “event-driven” composite primary end point looking at the time to worsening of PAH, the need for initiation of either intravenous or subcutaneous prostanoid therapy, lung transplantation, atrial septostomy, or death. Worsening of PAH was defined as a decrease of 15% 6MWD from baseline, the need for use of an additional PAH agent, and worsening symptoms of PAH manifested as either a worsening of functional class or clinical right heart failure that was not responsive to oral diuretic therapy. Of the 14 enrolled patients with WHO functional class IV symptoms, a lack of improvement in functional class was considered synonymous with clinical worsening for purposes of the analysis. The mean durations of treatment were 85.3 weeks, 99.5 weeks, and 103.9 weeks for the placebo, 3 mg, and 10 mg groups, respectively. A total of 742 patients were enrolled, with 287 patients having a primary end-point event after a median period of 115 weeks. Within the placebo group, 116 patients (46.4%) met the primary end point, whereas 95 patients (38.0%) and 76 patients (31.4%) met the end point in the 3 mg and 10 mg treatment groups, respectively. The most frequent primary end point was worsening of PAH, which occurred in 224 patients. Data from the 94 patients who did not continue with therapy without having a primary end point were censored from the analysis. While this represents a limitation of the study, this did not appear to impact significantly on the conclusions of the study.

The SERAPHIN investigators prespecified a change in baseline 6MWD at month 6, an improvement in WHO functional class at month 6, and hospitalization for a PAH-related reason or any occurrence of death during and up to the end of the study as secondary end points. With respect to exercise capacity, the mean decrease in 6MWD at 6 months in the placebo group was 9.4 meters, whereas there was a mean increase of 7.4 meters and 12.5 meters in the 3 mg and 10 mg treatment groups, respectively. Improvement in functional class occurred in 13% of patients in the placebo group by month 6 compared to the statistically significant 20% and 22% improvements, respectively, in the 3 mg and 10 mg treatment groups. It is worth noting that among the patients enrolled in the placebo group, 154 of the 250 were already receiving background therapy for their PAH, which likely contributed to their clinical improvement during this interval of the study. In fact, approximately two-thirds of all enrolled patients were on background therapy without any suggestion of untoward effects from combination therapy.
A subset of 145 patients participated in a hemodynamic assessment, with right-heart catheterization performed at baseline and at month 6. The baseline mean PVR in the 50 patients of the placebo group was 886 dyn·sec/cm² compared to 945 dyn·sec/cm² and 907 dyn·sec/cm² in the 3 mg and 10 mg treatment groups, respectively. After a 6-month treatment period, the PVR had increased to a mean value of 1,042 dyn·sec/cm² in the placebo group, whereas it decreased to 736 dyn·sec/cm² and 680 dyn·sec/cm² in the 3 mg and 10 mg treatment groups, respectively. Furthermore, while there was a decrease in cardiac index from a baseline of 2.54 L/min/m² to 2.21 L/min/m² after 6 months in the placebo group, the index increased from 2.34 L/min/m² to 2.69 L/min/m² and 2.63 L/min/m² to 2.93 L/min/m² in the 3 mg and 10 mg treatment groups, respectively.

The duration of the trial allowed for a comprehensive assessment of the adverse-effect profile of macitentan. Given macitentan’s structural relationship to bosentan, there was great interest in its effects on aminotransferase levels. Compared to the baseline levels, aminotransferases were assessed at months 3 and 6 and every 6 months thereafter until the end of the study, with an elevation >3× ULN seen in eleven patients (4.5%) in the placebo group compared to nine (3.6%) and eight (3.4%) in the 3 mg and 10 mg treatment groups, respectively. An elevation >3× ULN in combination with a doubling of the ULN bilirubin level was even more infrequent and comparable between all three groups. There was additionally no significant difference in the appearance of peripheral edema, which has been a concern when studying the adverse-effect profile of other ERAs. As stated before, investigators have hypothesized that dual-receptor antagonists, such as macitentan and bosentan before it, are less likely to generate this effect, which may well be a receptor phenomenon and not an effect for all ERAs across the board. These findings are quite favorable when compared to the subset of patients who received 250 mg of bosentan twice daily in the original BREATHE-1 (Bosentan: Randomized trial of ET receptor Antagonist Therapy) trial, in which ten of 70 patients (14%) developed elevations of their aminotransferases. In the STRIDE-1 (Sitaxsentan To Relieve ImpaireD Exercise) trial, the subset of 63 patients who received the 300 mg dose of sitaxsentan had six cases of reversible elevations of aminotransferases to >3× the ULN during the initial 12-week period of observation. Highlighting the importance of more prolonged observation, however, was the increasing frequency of increased aminotransferase levels when assessments were carried out at 58 weeks, with the incidence increasing to 21% with the 300 mg dose.

More significant is the issue of anemia with use of macitentan. The SERAPHIN data show that only one of the 237 patients in the placebo arm developed a reduction in hemoglobin to a level ≤8 g/dL, whereas this occurred in four of 241 (1.7%) and ten of 230 (4.3%) patients in the 3 mg and 10 mg treatment arms, respectively. In fact, the mean decrease in hemoglobin was approximately 1 g/dL. As was concluded from the Phase II data, the effect seems to be dose-dependent and resolves with discontinuation of the drug. Anemia secondary to ERA use was also noted in the cases of the landmark bosentan and ambrisentan trials. The mechanism behind the development of anemia is unknown, although some theories have been postulated. For example, experimental data support the concept that stimulation of the ETR_B may inhibit eryptosis, or suicidal erythrocyte death. Consequently, blockade of the ETR_A, which results in decreased stimulation, may lead to unopposed eryptosis via the ET pathway.

Given the fact that PAH is a chronic and life-threatening condition, studies that are geared to assess the long-term consequences of a therapy have significant clinical utility. For example, since death as a result of PAH is likely to be preceded by hospitalization resulting from the disease, assessing the effect of macitentan on hospitalization rates provided clinically meaningful results. Of the 180 hospitalizations that were documented in the study, 79 (31.6%) were from the placebo group, whereas 56 (22.4%) and 45 (18.6%) were in the 3 mg and 10 mg treatment groups, respectively.

Potential role of macitentan in other disorders
Idiopathic pulmonary fibrosis
Macitentan has also been investigated for its potential role in the management of idiopathic pulmonary fibrosis (IPF). IPF is a chronic fibrotic pulmonary disease that is progressive and fatal. ET-1 has been implicated in the pathogenesis of IPF, and its receptor blockade has theoretical antifibrotic consequences. Previous studies evaluating the role of bosentan and ambrisentan either did not meet their primary end points or were terminated early. The combination of macitentan and ACT-132577 has been shown to reduce the amount of profibrotic α-smooth-muscle actin in the lesional skin fibroblasts taken from patients with systemic sclerosis. Additional promising data regarding antifibrotic properties of macitentan were obtained from a rat model of pulmonary fibrosis. Consequently, the randomized, double-blind, placebo-controlled MUSIC trial was undertaken in several centers to investigate the effects of macitentan on the progression of IPF using change in forced vital capacity as the primary outcome and surrogate for clinical response.
A total of 178 subjects were enrolled, with 119 randomized to receive macitentan. After 12 months of treatment with 10 mg of macitentan, the treatment group demonstrated no significant difference in forced vital capacity, forced expiratory volume in 1 second, or corrected diffusion capacity of carbon monoxide. While the reasons for the lack of efficacy are not known, the authors postulated that the complex and multifaceted pathways leading to pulmonary fibrosis make achieving significant clinical improvement through solely the ET axis unlikely. Of note, and not dissimilar from findings in the SERAPHIN trial, was a rise in aminotransferase levels to \( \geq 3 \times \text{ULN} \) in 3.4% of the macitentan arm compared to 5.1% of the placebo group.

### Chronic thromboembolic pulmonary hypertension

Chronic thromboembolic pulmonary hypertension (CTEPH), or WHO group IV pulmonary hypertension, is the only form of pulmonary hypertension that can undergo definitive curative therapy via surgical pulmonary endarterectomy. Nonetheless, a significant subset of patients with CTEPH have an inoperable form of the condition, owing to a predominantly distal distribution of disease in the pulmonary vascular bed or because of prohibitive comorbidities. At the moment, there is only one FDA-approved medical therapy for inoperable CTEPH in the form of riociguat, a stimulator of soluble guanylate cyclase, which demonstrated both improved exercise capacity and PVR after 16 weeks of therapy.\(^5\) Prior to this, however, there were promising preliminary data on treatment of the ET axis to improve hemodynamics in patients with inoperable CTEPH.\(^6,9\) In light of this, the Phase II placebo-controlled MERIT-I (MacitEntan in the Treatment of Inoperable chronic Thromboembolic pulmonary hypertension) trial is under way, with the primary end point being the change in PVR after 16 weeks of therapy when compared to baseline using the 10 mg dose in the treatment group.\(^50\)

### Summary

Macitentan is the latest ERA with highly efficacious and enduring binding properties to both ETR\(_A\) and ETR\(_B\). In part due to the properties of its sole active metabolite, it is available for once-daily use. Extensive Phase I data have demonstrated a favorable drug–drug interaction profile, with no dosage adjustments necessary in the face of chronic hepatic or renal impairment. Unlike some prior ERAs, it has demonstrated no increased risk for hepatotoxicity, with its only notable significant adverse event being anemia. The first long-term trial designed to evaluate a PAH-specific medicine’s effect on morbidity and mortality demonstrated both favorable hemodynamic effects and significant reduction in morbidity in both treatment-naïve patients with PAH and those already on background therapies.

### Disclosure

The authors report no conflicts of interest in this work.

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