Gastrointestinal Cancer: Targets and Therapy

Targeting cancer stem cells in gastric cancer

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Abstract: Gastric cancer (GC) remains a leading cause of cancer-related deaths worldwide. Despite the recent advance of anticancer drugs and the development of molecular-targeted drugs, the prognosis of patients with advanced GC remains poor, especially in Western countries, and is mainly implicated in tumor relapse and metastasis. Cancer stem cells are selectively capable of tumor initiation and implicated in tumor relapse and metastasis, thus governing the prognosis of GC patients. Recent investigations have indicated that gastric cancer stem cells (GCSCs) are likely to be the most crucial target in GC treatments. Therefore, the identification of key molecules related to GCSCs is expected to contribute toward the extermination of GC. This review presents the current molecular-targeted therapies against GC according to recent clinical trials and the findings regarding GCSCs and their maintenance that will enable the development of novel therapeutic strategies for patients with GC.

Keywords: molecular-targeted therapy, cancer stem cells, gastric cancer

Introduction

Although gastric cancer (GC) rates have been declining for several decades, GC remains the major cause of cancer-related deaths worldwide. The region of tumors within the stomach has changed over recent years. Tumors of a distal site are less frequent, and tumors of a proximal site are more prevalent. Although complete resection of cancer and extended lymph node dissection are the only curative treatments for GC, the prognosis of patients with advanced GC after curative resection remains poor, mainly as a result of tumor relapse and metastases. Therefore, definitive adjunctive chemotherapy for the treatment of GC is urgently needed to improve outcomes.

Increasing evidence has shown that tumor heterogeneity is a result of the hierarchical organization of cancer stem cells (CSCs), which are deeply implicated in tumor relapse and metastasis. Therefore, specific markers to isolate CSCs have been explored. Studies showed that CSCs tended to share cell surface markers with tissue stem cells. CSCs were first reported in acute myeloid leukemia by Bonnet and Dick in 1997, who found that CD34+CD38− fractions from acute myeloid leukemia patients enhanced tumorigenicity after serial transplantation into immunodeficient mice. CSCs have been subsequently identified in various types of solid tumors. Gastric cancer stem cells (GCSCs) have recently been identified in studies of GC cell lines and primary GC tissues.

This review examines the functional relevance of GCSCs in tumor progression, relapse, and metastasis, and further discusses the potential of molecular-targeted therapy based on targeting GCSCs.
Current treatment and outcome of GC patients

Surgery is currently the only curative modality to treat GC, and the curative rate of surgery alone is >90% in stage IA (T1N0M0) GC patients. Endoscopic screening has become widespread, and early GCs are detectable in Eastern Asian countries, such as Korea and Japan, whereas in Western countries, GCs are often detected at an advanced stage and prognosis remains poor. Tumor recurrence is often observed in patients with advanced GC even after complete resection of cancer, indicating that undetectable tumor cells in the bloodstream must be present at the time of surgery. Based on this reason, there is a definitive consensus that multimodality treatments consisting of surgery with neoadjuvant chemotherapy, adjuvant chemotherapy, or chemoradiation would improve outcomes compared with surgery alone. However, the absolute regimen of adjuvant therapy has not been applied globally. Indeed, postoperative adjuvant chemotherapy has been established as the standard of adjunctive treatment in Asia, and postoperative adjuvant chemoradiation therapy is accepted as the standard in North America. Neoadjuvant chemotherapy is taken as a mainstream approach of adjunctive treatment across Europe, the UK, and Australasia.

Recently, several molecular-targeted drugs have been assessed in diverse combinations with conventional chemotherapy versus chemotherapy alone as first-line therapy against advanced GC. The Trastuzumab for Gastric Cancer (ToGA) trial demonstrated that trastuzumab, a recombinant monoclonal antibody against HER2 (also known as ERBB2), combined with fluoropyrimidine plus cisplatin chemotherapy provided a significant survival advantage compared with chemotherapy alone in patients with HER2-positive advanced GC. \(^\text{11}\) The Avastin in Gastric Cancer (AVAGAST) trial evaluated the efficacy of adding bevacizumab, a humanized antihuman vascular endothelial growth factor A (VEGFA) monoclonal antibody, to capecitabine–cisplatin as first-line treatment for advanced GC. The trial demonstrated that the addition of bevacizumab to chemotherapy was associated with significant increases in progression-free survival and overall response rate, but not in overall survival. \(^\text{12}\) The international Erbitux (cetuximab) in combination with Xeloda (capecitabine) and cisplatin in advanced esophagealgastric cancer (EXPAND) trial was designed to assess efficacy and safety of addition of cetuximab, a chimeric immunoglobulin G1 monoclonal antibody directed against epidermal growth factor receptor, to capecitabine–cisplatin chemotherapy as a first-line in patients with unresectable advanced or metastatic gastric adenocarcinoma. However, this trial demonstrated that addition of cetuximab to capecitabine–cisplatin provided no additional benefit to chemotherapy alone in the first-line treatment of advanced GC. \(^\text{13}\) The REAL-3 trial assessed the addition of panitumumab, a human immunoglobulin G2 monoclonal antibody directed against epidermal growth factor receptor, to epirubicin, oxaliplatin, and capecitabine in patients with advanced esophagealgastric adenocarcinoma. Consequently, this trial concluded that addition of panitumumab to capecitabine chemotherapy did not increase overall survival and could not be recommended for use in an unselected population with advanced esophagealgastric adenocarcinoma. \(^\text{14}\) The REGARD trial assessed the safety and efficacy of ramucirumab, a monoclonal antibody VEGFR-2 antagonist, in patients with advanced gastric or gastroesophageal junction adenocarcinoma who had disease progression after first-line chemotherapy. Notably, the trial demonstrated that ramucirumab is the first biological treatment given as a single drug that has survival benefits in patients with advanced gastric or gastroesophageal junction adenocarcinoma progressing after first-line chemotherapy. \(^\text{15}\)

On the basis of these clinical trials, all unresectable advanced or recurrent GC patients should be screened for HER2 positivity, and patients with HER2-positive GC should receive first-line trastuzumab in combination with platinum plus either fluorouracil or capecitabine. After first-line chemotherapy, ramucirumab could be recommended as one of the options, according to the REGARD trial. \(^\text{15}\)

Identification of GC stem cells

Accumulating evidence has recently shown that CSCs have an enhanced tumor-initiating ability and are deeply implicated in tumor progression and metastasis. Numerous molecules have been examined as candidates for CSC markers to identify the CSC population in various types of cancer. CD44 was first identified as a potential cell surface marker of GCSCs in several GC cell lines. The CD44+ fraction isolated from these cell lines demonstrated a sphere-forming ability in vitro and tumorigenic ability when injected into the stomach wall or skin of immunodeficient mice. \(^\text{16}\) In a previous study, the combination of the cell surface markers CD44 and CD24 was examined in GC cell lines and primary GC tissues from five patients using fluorescence-activated cell sorting. The results demonstrated that the CD44+/CD24+ fraction exhibited higher tumorigenicity when injected into immunodeficient mice compared with the CD44−/CD24− fraction. These cells thus have the capacities to both self-renew and produce differentiated progeny, which suggests that combined CD44+/CD24+ expression may act as a putative
GCSC marker.17 The combination of CD44 and CD54 surface markers was used to isolate CSCs from human GC tissues and the peripheral blood of GC patients, and the isolated CSCs generated tumors that resembled the original human tumors when injected into immunodeficient mice. The same cells differentiated into gastric epithelial cells in vitro and self-renewed in vivo and in vitro. These results suggest that the combination of CD44+/CD54+ can also be used as a potential biomarker for GCSCs.18

The combination of epithelial cell adhesion molecule and CD44 was identified as a putative GCSC marker. The epithelial cell adhesion molecule+/CD44+ fraction from human GC tissues formed tumors in immunodeficient mice and maintained a differentiated phenotype and reproduced the morphological and phenotypical heterogeneities of the original gastric tumor tissues. These cells had greater resistance to anticancer drugs than other cell subpopulations.19

A recent study also demonstrated aldehyde dehydrogenase 1 (ALDH1) as a candidate marker for GCSCs. ALDH1+ cells from a human diffuse-type GC cell line possessed a higher tumorigenic capacity in vitro and in vivo compared with ALDH1- cells and were able to self-renew and generate heterogeneous cell populations. Moreover, regenerating islet-derived family member 4 was upregulated in ALDH1+ GCSCs, and ALDH1 and regenerating islet-derived family member 4 expression was downregulated by transforming growth factor-β (TGF-β), which correlated with a reduction in the GCSC population and tumorigenicity.20

A more recent report showed that GCSCs were enriched through spheroid body formation by cultivating the human GC cell line MKN-45 in defined serum-free medium. Spheroid body-forming cells possessed GCSC properties, including persistent self-renewal, extensive proliferation, drug resistance, high tumorigenic capacity, and overexpression of CSC-related genes and proteins (Oct4, Sox2, Nanog, and CD44) compared with the parental cells.21

Another study revealed that CD90 may be another potential candidate marker of GCSCs. CD90+ cells possessed a greater ability to initiate tumors in vivo compared with CD90- cells and could re-establish the cellular hierarchy of tumors from single cell implantation, demonstrating their self-renewal properties. Additionally, ERBB2 was overexpressed in approximately 25% of the gastric primary tumor models, which correlated with the higher level of CD90 expression in these tumors. Trastuzumab treatment could reduce the CD90+ population in the whole tumor mass and suppress tumor growth when combined with traditional chemotherapy.22

Unlike expressing markers in CSCs, the CD71- fraction in MKN1 cells was enriched after treatment with 5-fluorouracil and accumulated during the G0/G1 cell-cycle phase. This subpopulation also showed high chemoresistance to conventional chemotherapy, demonstrating its stem cell-like properties. Limiting dilution and serial transplantation assays revealed that the CD71- cell fraction had higher tumorigenicity than the CD71+ cell fraction.23

Several studies have shown the potential of CD133 as a GCSC marker. The expression of three putative CSC markers, ATP-binding cassette subfamily B member 1, ATP-binding cassette subfamily G member 2, and CD133, were examined in 90 human GC tissue samples and three human GC cell lines. The expression levels of these markers in GC varied with the degree of differentiation; poorly differentiated GC expressed high levels of these markers.24 Another report showed that CD133 expression could be divided into two patterns: luminal expression in the gland and cytoplasmic expression. Multivariate analysis revealed that expression of CD133 in the cytoplasm was an independent prognostic factor in GC.25 The GCSC markers reported to date are summarized in Table 1.

### Critical analysis of the potential for targeting CSCs in GC

To identify the potential target for CSCs, we have to single out unique molecules or biological features of CSC. Several molecules have been investigated as target-related specific signaling pathways, cell surface markers, and microenvironmental factors. Several drugs such as salinomycin, metformin, and curcumin have also been identified by chemical screening. Some of these drugs are already tested at early clinical phases of development and will hopefully progress to the stage of clinical application.

We previously used K19-Wnt1/C2mE mice, a transgenic GC mouse model, to demonstrate that the CD44 variant isoform (CD44v), one of the cell surface markers of GCSC, contributed to defense against reactive oxygen species by stabilizing the glutamate-cystine transporter submit xCT and promoting the synthesis of the primary intracellular antioxidant glutathione.26,27 Furthermore, CD44v expression was increased in these gastric tumor cells, and inhibition of cystine transport by system xc(−) with sulfasalazine, an inhibitor of xCT-dependent cystine transport, suppressed the development of gastric tumors in these transgenic mice.28 Our findings revealed that targeted therapy against the CD44v–xCT system may provide a strategy for targeting CSCs in GC treatment. However, a recent study indicated
that the hierarchical organization involving CSCs and non-
CSCs may be reversible through epigenetic gene regulation,29
suggesting that therapeutic strategies targeting GCSCs them-
selves might be insufficient to exterminate cancer cells.

Current evidence suggests that the characteristics of tissue
stem cells, including pluripotency and self-renewal, are
regulated by the surrounding microenvironment, referred to
as the “stem cell niche”. Tissue stem cells in the stomach are
surrounded by a sheet of myofibroblasts that act as a niche
and secrete different types of soluble factors, including bone
morphogenetic proteins, TGF-β1, Wnt ligands, stromal cell-
derived factor 1, and matrix metalloproteinases.30,31 CSCs
also depend on a similar niche, called the “CSC niche”, which
regulates their proliferation and differentiation.32-35 The
CSC niche is composed of diverse cell lineages, including
inflammatory cells, hematopoietic cells, and bone marrow-
derived myofibroblasts, as well as vasculature, extracellular
matrix, and hypoxia.36 Several studies showed that targeting
the unique molecules in the CSC niche and the signaling
interactions between CSCs and the CSC niche may thus be
a promising therapeutic strategy and may provide a comple-
m entary approach to conventional therapies targeting the
malignant cells.

Among the stromal cells, myofibroblasts, also known
as carcinoma-associated fibroblasts (CAFs), share
characteristics with smooth muscle cells and fibroblasts.
CAFs promote the growth of various types of tumors
through secretion of soluble factors, including growth
factors and cytokines.37,38 Recent evidence showed that
CAFs significantly increased the number of spheroid
colonies and the expression levels of CSC markers in scir-
rhous GC cell lines, OCUM-12/side population cells, and
OCUM-2MD3/side population cells. This effect of CAFs
was significantly decreased by TGF-β inhibitors but not by
fibroblast growth factor receptor or cMet inhibition. These
data suggest that CAFs might regulate CSC properties in
scirrhous GC by TGF-β signaling.39

Hypoxia plays pivotal roles in cell survival, angiogen-
esis, tumor invasion, and metastasis, and is involved in the
maintenance of self-renewal and the undifferentiated state of
CSCs in various solid tumors, including glioma,40 prostate
cancer,41 colon cancer,42 and ovarian cancer.43 A GC cell line
study showed that hypoxia-induced factor-1α contributed to
hypoxia-increased drug resistance of GC cells by suppressing
drug-induced apoptosis and upregulating the expression of
major drug transporters.44 Both acute and chronic hypoxia
decreased the radiosensitivity of GC cells by cell-cycle
arrest, while reoxygenation enhanced the radiosensitivity of
hypoxic cells.45 Moreover, recent studies showed that
hypoxia stimulated the epithelial–mesenchymal transition
in GC cells via autocrine TGF-β/TGF-β receptor signaling,
while intratumoral hypoxia promoted immune tolerance by
inducing regulatory T-cells via TGF-β1.46,47 Taken together,
these studies suggest that hypoxia and the related signaling
may contribute to the characteristics of GCSCs, although
the underlying mechanisms remain unknown.

### Table 1 Gastric cancer stem cell markers

<table>
<thead>
<tr>
<th>Studies</th>
<th>Markers of GCSCs</th>
<th>In vitro assay</th>
<th>In vivo tumorigenicity (mouse and transplanted site)</th>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Takaishi et al14</td>
<td>CD44</td>
<td>Spheroid formation, chemoresistance</td>
<td>SCID mice, stomach and subcutaneous layer</td>
<td>NCI-N87, AGS, MKN-28, MKN-45, MKN-74</td>
</tr>
<tr>
<td>Zhang et al17</td>
<td>CD24/CD44</td>
<td>Spheroid formation</td>
<td>SCID and nude mice, subcutaneous layer</td>
<td>AGS, human GC tissues</td>
</tr>
<tr>
<td>Chen et al18</td>
<td>CD54/CD44</td>
<td>Spheroid formation, chemoresistance</td>
<td>Nude mice, subcutaneous layer</td>
<td>Human GC tissues</td>
</tr>
<tr>
<td>Han et al19</td>
<td>EpCAM/CD44</td>
<td>Spheroid formation, chemoresistance</td>
<td>Nude mice, subcutaneous layer</td>
<td>Human GC tissues</td>
</tr>
<tr>
<td>Katsuno et al20</td>
<td>ALDH1</td>
<td>Colony formation</td>
<td>OCUM-2MLN, HSC-39, HSC-43, OCUM-12, OCUM-8, KATO-III, MKN-7, MKN-74</td>
<td></td>
</tr>
<tr>
<td>Jiang et al22</td>
<td>CD90</td>
<td>Spheroid formation</td>
<td>Nude mice, subcutaneous layer, chemoresistance (in vivo)</td>
<td>Human GC tissues</td>
</tr>
<tr>
<td>Ohkuma et al23</td>
<td>CD71-</td>
<td>Colony formation, 3D matrigel culture, chemoresistance, tumor cell invasion</td>
<td>NOD-SCID mice, subcutaneous layer</td>
<td>MKN-1</td>
</tr>
<tr>
<td>Jiang et al24</td>
<td>CD133</td>
<td>Cell proliferation</td>
<td>Nude mice, stomach and subcutaneous layer</td>
<td>HGC-27, BGC-823, SGC-7901</td>
</tr>
</tbody>
</table>

**Abbreviations:** GCSC, gastric cancer stem cells; SCID, severe combined immunodeficiency; NOD-SCID, nonobese diabetic-severe combined immunodeficiency; GC, gastric cancer; EpCAM, epithelial cell adhesion molecule; ALDH1, aldehyde dehydrogenase 1.
Recent evidence demonstrated that CSCs live within a microscopic protective niche formed by blood vessels, called the “vascular niche”, which promotes their stem-like and tumorigenic states. Vascular endothelial cells have been identified as a critical component of the CSC niche. Calabrese et al showed that brain CSCs were located nearer to the tumor vasculature than nonstem-like tumor cells in brain tumor xenografts. Furthermore, they demonstrated that human primary endothelial cells interacted selectively with brain CSCs in culture conditions and secreted factors to support the maintenance and expansion of stem-like tumor cells and to promote their tumorigenicity. Notably, depletion of blood vessels from xenografts ablated self-renewing cells from tumors and arrested tumor growth. These data indicate that the tumor vasculature may be essential for supporting and preserving the stem-like properties and expansion of CSCs, which are, in turn, critical for their ability to cause tumor progression. As for GCs, a recent study showed that trastuzumab in combination with VEGF-Trap binding to VEGFA, VEGFB, and placental growth factor may represent an effective approach to treating HER2-overexpressing GCs.

Vasculogenic mimicry (VM) has been identified as a new pattern of tumor neovascularization characterized by the acquisition of endothelial cell markers and the formation of vascular channels by tumor cells. VM has been reported in dysregulated melanoma and several other types of malignancies and is associated with an undifferentiated tumor cell phenotype and poor prognosis, suggesting that CSCs may be more likely to participate in this process. The existence of VM was also revealed in GC, especially in poorly differentiated GC, and was related to unfavorable prognosis. Furthermore, IRX1 overexpression effectively suppressed peritumoral spreading and pulmonary metastasis via antiangiogenesis and anti-VM mechanisms, in addition to its previously known effects on cell growth and invasion. These data indicate that tumor vasculature and hypoxia may play an important role for GCSC properties and suggest that further explorations into the precise mechanisms of VM may lead to new therapeutic strategies aimed at the GCSC niche (Figure 1).

Conclusion
The treatment strategies for solid tumors have been changed remarkably since the new era of molecular-targeted drugs. These new drugs also have been assessed in diverse combination with conventional chemotherapy as a treatment against advanced GC. However, a successful molecular-targeted drug for GCs has not yet been identified, and the prognosis of patients with advanced GC remains poor. Increasing evidence has recently shown that CSCs tend to be resistant to conventional chemotherapy and are deeply implicated in metastasis and recurrence. Thus, these small populations are recognized as targets of treatment in various types of cancer. Conversely, the CSC niche is known as a regulator of CSC properties, and the identification of definitive molecules in the relationship between CSCs and their niche is required to develop the targeting CSC treatment. This review describes accumulating evidence regarding the unique markers of GCSC and the related molecules with the GCSC niche. Further elucidation of the underlying molecular mechanisms may lead to the development of novel treatment strategies for patients with GC.

Disclosure
The authors report no conflicts of interest in this work.

References


