Biodegradable drug-eluting nanofiber-enveloped implants for sustained release of high bactericidal concentrations of vancomycin and ceftazidime: in vitro and in vivo studies

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Abstract: We developed biodegradable drug-eluting nanofiber-enveloped implants that provided sustained release of vancomycin and ceftazidime. To prepare the biodegradable nanofibrous membranes, poly(D,L)-lactide-co-glycolide and the antibiotics were first dissolved in 1,1,1,3,3,3-hexafluoro-2-propanol. They were electrospun into biodegradable drug-eluting membranes, which were then enveloped on the surface of stainless plates. An elution method and a high-performance liquid chromatography assay were employed to characterize the in vitro and in vivo release rates of the antibiotics from the nanofiber-enveloped plates. The results showed that the biodegradable nanofiber-enveloped plates released high concentrations of vancomycin and ceftazidime (well above the minimum inhibitory concentration) for more than 3 and 8 weeks in vitro and in vivo, respectively. A bacterial inhibition test was carried out to determine the relative activity of the released antibiotics. The bioactivity ranged from 25% to 100%. In addition, the serum creatinine level remained within the normal range, suggesting that the high vancomycin concentration did not affect renal function. By adopting the electrospinning technique, we will be able to manufacture biodegradable drug-eluting implants for the long-term drug delivery of different antibiotics.

Keywords: biodegradable nanofiber-enveloped plates, electrospinning, antibiotics, release characteristics

Introduction

Osteomyelitis in long-bone fractures presents a variety of challenges, despite the tremendous progress that has been made in treating this disease. Many factors that account for infection occurrence and persistence have been identified and a variety of antimicrobials with different activity spectra against specific pathogens have been developed.1-3 The mainstay of osteomyelitis treatment includes radical debridement, complete removal of the implant, and delivery of an effective antimicrobial agent at a sufficiently high concentration to the infected area via antibiotic-impregnated bead chains.4,5 To provide temporary stability, external skeletal fixation is one of the current surgical treatments after complete implant removal. It allows for local damage control of fractures with osteomyelitis, because it provides stability and alignment, which help control the infection. However, the substantial morbidity associated with pin-site infection and the shortening and malalignment of fractures may complicate subsequent treatment.

The use of an internal fixator that provides good stability for the fractured bones may be an ideal alternative in these situations, as long as infection does not flare up.
Internal fixation allows for shorter hospital stays, enables patients to resume normal activities earlier, reduces the incidence of malalignment, and even supports bone healing. To prevent and/or treat the infection, the internal implants should not only stabilize the fractures but also allow for the long-term delivery of antimicrobial agents to the infected sites. A drug-eluting implant that provides local and sustained release of antibiotics is thus highly desired.

In the study reported here, we developed biodegradable poly(D,L)-lactide-co-glycolide (PLGA)/antibiotic nanofibrous membrane-enveloped plates and screws to allow for the sustained delivery of vancomycin and ceftazidime for infection treatment. Stewart et al reported the development of titanium plates bonded with vancomycin to effectively inhibit biofilm formation and support bone healing in an infected osteotomy animal model. To the best of our knowledge, the development of drug-eluting nanofiber-enveloped plates has not been previously reported.

Various types of carrier materials have been used based on their ability to achieve sustained bactericidal antibiotic concentrations. PLGA is a promising biodegradable material that has been used for implantable and injectable controlled-release drug-delivery systems. The copolymer has also been approved for clinical applications because it is nontoxic, instigates a minimal inflammatory response, and is biodegradable through the hydrolysis of its ester linkage to transform biocompatible lactic and glycolic acids.

The choice of antibiotics for local delivery is also important. Vancomycin and ceftazidime have been commonly formulated with bone cement for osteomyelitis treatment. “Vancomycin” is a glycopeptide antibiotic that inhibits the formation of the bacterial cell wall. It is effective against Gram-positive bacteria, especially in recalcitrant staphylococcal infections that are unresponsive to penicillin or cephalosporin antibiotics. “Ceftazidime” is a third-generation cephalosporin that is effective against many Gram-negative bacteria. The combined use of these two antibiotics provides a broad-spectrum antibiotic regimen that covers not only the bacteria identified from the preoperative culture results but also unknown bacteria that might not have been detected.

To fabricate the drug-eluting implants, the biodegradable vancomycin/ceftazidime nanofibrous membranes were electrospun then enveloped onto the surface of stainless plates and screws. After electrospinning, the morphology of the nanofibers was analyzed by scanning electron microscopy (SEM). The in vitro and in vivo release characteristics of the antibiotics from the nanofiber-enveloped implants were investigated. A bacterial inhibition test was carried out to determine the relative activity of the released antibiotics. In addition, a histological examination of the tissue surrounding the plates was also completed.

**Materials and methods**

**Fabrication of nanofibrous membranes**

The fabrication of drug-eluting nanofiber-enveloped implants was investigated. A bacterial inhibition test was carried out to determine the relative activity of the released antibiotics. In addition, a histological examination of the tissue surrounding the plates was also completed.

**SEM analysis**

The morphology of the electrospun nanofibers was analyzed with a S-3000N scanning electron microscope (Hitachi, Tokyo, Japan) after gold coating. The average diameter and diameter distribution were determined by analyzing SEM images using a commercial image analysis program (Optimas, v 5.22, Silver Spring, MD, USA).

**Standard curve**

A high-performance liquid chromatography (HPLC) assay was used to determine the drug concentration standard curve. The HPLC analyses were conducted on a Hitachi L-2200 Multisolvent Delivery System. A Symmetry C8 3.9 cm ×150 mm HPLC column (Waters Corporation, Milford, MA, USA) was used to separate the vancomycin and ceftazidime. The mobile phase used for vancomycin...
contained 0.01 M heptanesulfonic acid (Fisher Scientific
UK Ltd., Loughborough, UK) and acetonitrile (Mallinckrodt
Pharmaceuticals, Dublin, Ireland) (85/15, v/v). The absorb-
ance was monitored at a wavelength of 280 nm at a flow
rate of 1.4 mL/min.

The mobile phase used for ceftazidime contained methanol
and 5 mM of pH 7.5 phosphate buffer (Sigma-Aldrich)
(10/90, v/v). The absorbance was monitored at a wavelength
of 254 nm at a flow rate of 0.6 mL/min.

All experiments were carried out in triplicate and the sample
dilutions were performed to bring the unknown concentrations
into the range of the standard curve. A calibration curve was prepared for each set of measurements (correlation coefficient >0.99). The elution product was specifically identified and quantified with high sensitivity using the HPLC system.

**In vitro release of antibiotics**

The release characteristics of vancomycin and ceftazidime
from the nanofibrous membranes were determined by using the in vitro elution method. Samples (1x1 cm) cut from the electrospun membranes were placed in glass test tubes (one sample per test tube, total number =3) containing 1 mL of phosphate buffer solution (0.15 M, pH 7.4) each. The glass test tubes were incubated at 37°C for 24 hours before the membrane eluant was collected and analyzed. Fresh phosphate buffer solution (1 mL) was then added for the next 24-hour period, and this procedure was repeated for 35 days. The drug concentrations in the eluants were determined from the HPLC standard curve.

The relative antibiotic activity of the eluants was deter-
mimed using the disk-diffusion method in nutrient broth (beef extract, peptone; Becton, Dickinson and Company, Franklin Lakes, NJ, USA). Eight microliters of membrane eluant was pipetted onto the 6 mm absorption disks. The disks were placed onto nutrient agar plates that were seeded with a layer of Staphylococcus aureus (ATCC65389). The inhibition zones were measured with a micrometer after 16–18 hours of incubation at 35°C. A 50 μg/mL drug solution was used as a reference. The relative activity of the released vancomycin was defined as follows: relative activity (%) = (diameter of sample inhibition zone)/(diameter of reference inhibition zone) x100. The bioactivity of ceftazidime on Escherichia coli (ATCC25922) was determined using the same method.

**Surgical procedure and animal care**

Adult New Zealand white rabbits with a mean weight of
3.5±0.3 kg (Animal Health Research Institute, Panchiao,
Taiwan) were used in this study. The rabbits were housed
in individual cages in a temperature- and light-controlled
room and given standard rabbit chow and sterilized drinking
water ad libitum. All animal procedures were institutionally
approved, and animal care under the supervision of a licensed
veterinarian was in accordance with the regulations of the
National Institute of Health of Taiwan.

The rabbits were anesthetized by intramuscular injection
of Zoletil® 50 (25 mg/kg body weight; Virbac Laborato-
ries, Carros, France) and 2% Rompun® (0.15 mL/kg body
weight; Bayer, Leverkusen, Germany). Under sterile condi-
tions, the mid-third of the left femur was exposed through a
lateral longitudinal skin incision. A cylindrical bone defect
(0.3×0.3×10.0 mm) was made at the mid-third side of the left
femur and obliterated with a polymethylmethacrylate (PMMA)
space. The wound was closed with 3-0 Vicryl sutures (John-
son & Johnson, New Brunswick, NJ, USA). After 2 weeks,
the PMMA space was removed. A commercially available
stainless plate (straight, 6-hole, 35 mm Mini plate; Synthes
Holding AG, Solothurn, Switzerland) and screws enveloped
with the PLGA/antibiotic nanofiber membrane (Figure 1) were
used to fix the bone defect and the wound was then closed.

Three rabbits were euthanized by intravascular injection
of lidocaine on Days 1, 3, 7, 14, 21, 28, 42, and 56 after the
implantation of the drug-eluting plates. Cylindrical specimens
tissue surrounding the plate were collected from each femo-
ral site by using a pipe with a 1.5 mm radius and scissors. The
specimens were collected from Sites 1 to 7, as illustrated in
Figure 2. Sites 1–5 were around the plate, while Site 6 was
under it. The tissue at Site 7 was collected from the bone canal
with a rongeur. All specimens were centrifuged and the plasma
was collected and stored at −80°C until analysis. The in vivo
antibiotic concentrations of the tissue samples were deter-
mained by HPLC analysis. All samples were diluted with
phosphate-buffered saline and assessed according to the assay
standard curve. A calibration curve was prepared for each set
of the measurements (correlation coefficient >0.99).

Blood samples for determination of serum creatinine
level and antibiotic concentrations were collected from the
marginal ear vein using a syringe before placement of the
PMMA spacers, before the implantation of the plates/screws,
and before the rabbits were sacrificed. Creatinine level was
determined using a Hitachi Labospect 008, while the con-
centrations of vancomycin and ceftazidime were determined
by HPLC analysis. The collected data were used to assess the
renal function of the rabbits during the experiments. The spec-
imens harvested from Sites 1–5 were cut into 3 mm
sections and sent for histological examination.
Results

Drug-eluting nanofibers were successfully fabricated by the electrospinning technique. Figure 3 shows SEM micrographs of the drug-eluting PLGA nanofibers under 20,000× magnification. The diameters of the electrospun nanofibers ranged from 80 to 630 nm, and their porosity was high.

In vitro release characteristics of the PLGA/antibiotics nanofibers

The influence of polymer-to-antibiotic ratios on the in vitro release characteristics of the nanofibrous membranes was investigated. Three different polymer-to-antibiotic weight ratios (denoted Groups 1–3) were used in this study. The nanofibers in Group 1 were prepared using 260 mg PLGA, 10 mg vancomycin, and 10 mg ceftazidime in 1 mL HFIP; those in Group 2 were prepared using 240 mg PLGA, 20 mg vancomycin, and 20 mg ceftazidime; and those in Group 3 were prepared using 230 mg PLGA, 25 mg vancomycin, and 25 mg ceftazidime. Figures 4 and 5 show the release curves of vancomycin and ceftazidime, respectively. All groups exhibited similar vancomycin-release patterns,
characterized by initially high release during the first 2 days, a major release peak at 10 days, and a minor release peak at 23 days, followed by more gradual and sustained drug release. In addition, all membranes exhibited the sustained release of high vancomycin concentrations (well above the minimum inhibitory concentration [MIC]) for 32 days. Group 3 had higher drug concentrations than the other two groups (Figure 4), which were mainly attributable to the higher drug loading of the membranes (25 mg). On the other hand, the in vitro release of ceftazidime was relatively steady and only minor initial burst releases were observed. Again, the membranes in Group 3 had higher ceftazidime-release concentrations than the other groups. However, the total release period of Group 3 was 23 days, which was shorter than that of the other two groups (32 days; Figure 5). This might be because some drugs could not be completely encapsulated by the polymeric matrix as drug loading increased. Hence, the release rate of ceftazidime increased and the total release period decreased accordingly.

The bioactivities of eluted vancomycin on S. aureus (ATCC65389) and ceftazidime on E. coli were determined using an antibiotic disk-diffusion method. Figures 6A and B show the bioactivities of released vancomycin and ceftazidime, respectively. The bioactivities of vancomycin and ceftazidime ranged from 25% to 100%. The antibiotic bioactivity remained high after the electrospinning process. This indicates that the electrospun membrane can be an ideal drug-eluting system for the sustained release of antibiotics. Furthermore, since the Group 2 membranes of (PLGA/vancomycin/ceftazidime =240/20/20 mg) exhibited the most sustained release of high-concentration antibiotics, they were selected for the in vivo test.

**Figure 4** In vitro release characteristic of vancomycin (Van).
Abbreviations: Cef, ceftazidime; MIC50, minimum inhibitory concentration required to inhibit the growth of 50% of organisms; MIC90, minimum inhibitory concentration required to inhibit the growth of 90% of organisms; PLGA, poly(D,L)-lactide-co-glycolide.

**Figure 5** In vitro release characteristic of ceftazidime (Cef).
Abbreviations: Van, vancomycin; MIC50, minimum inhibitory concentration required to inhibit the growth of 50% of organisms; MIC90, minimum inhibitory concentration required to inhibit the growth of 90% of organisms; PLGA, poly(D,L)-lactide-co-glycolide.

**Figure 6** Bioactivity of the eluted antibiotics: (A) vancomycin, (B) ceftazidime.

**In vivo release behavior of nanofibers**
The in vivo release curves of vancomycin and ceftazidime from the membranes are shown in Figures 7 and 8, respectively. The vancomycin-release curves indicated a gradual and sustained release of the drug. In contrast, ceftazidime
release peaked at 7 days, followed by gradual and sustained release. Further, the results showed that biodegradable nanofibrous membranes could effectively release high concentrations of vancomycin and ceftazidime, well above the MICs of the drugs, for more than 8 weeks (Figures 7 and 8).

### Creatinine and antibiotic levels in the blood

The levels of serum creatinine and antibiotic concentrations were determined. Creatinine level was normal at each time point (Table 1), while the concentrations of vancomycin and ceftazidime in the blood remained higher than the MIC (2 µg/mL and 4 µg/mL for vancomycin and ceftazidime, respectively; Figures 7 and 8). While antibiotic concentration around the plate was high, the concentration in the blood was low. The results confirmed that the nanofibrous membranes loaded with vancomycin, which is associated with renal toxicity, could release high bactericidal concentrations of the drug in a sustained manner with a negligible effect on renal function.

### Histological examination

Histological examination showed significant mononuclear cell infiltrates of lymphocytes, plasma cells, and eosinophils in the muscle tissue surrounding the plate at Day 1 post-implantation. The amount of polymorphonuclear leukocytes gradually decreased over 4 weeks (Figure 9).

### Discussion

Infection, one of the most devastating complications resulting from an open fracture or an internal fixation, disturbs both patients and orthopedic surgeons.1–3 Although debridement

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**Table 1 Creatinine levels of experimental rabbits**

<table>
<thead>
<tr>
<th>Rabbit numbers</th>
<th>Days rabbits sacrificed</th>
<th>Creatinine levels before the placement of the PMMA spacer (mg/dL)</th>
<th>Creatinine levels before the deployment of the implants (mg/dL)</th>
<th>Creatinine levels on sacrificed days after the deployment of the implants (mg/dL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1–3</td>
<td>1</td>
<td>0.64–0.90</td>
<td>0.65–1.01</td>
<td>0.76–0.88</td>
</tr>
<tr>
<td>4–6</td>
<td>3</td>
<td>0.88–1.32</td>
<td>0.76–1.43</td>
<td>0.77–1.64</td>
</tr>
<tr>
<td>7–9</td>
<td>7</td>
<td>0.83–1.01</td>
<td>0.86–1.11</td>
<td>0.79–0.95</td>
</tr>
<tr>
<td>10–12</td>
<td>14</td>
<td>0.76–0.98</td>
<td>0.77–1.12</td>
<td>0.67–0.96</td>
</tr>
<tr>
<td>13–15</td>
<td>21</td>
<td>0.64–0.82</td>
<td>0.92–1.44</td>
<td>0.66–0.99</td>
</tr>
<tr>
<td>16–18</td>
<td>28</td>
<td>0.66–0.81</td>
<td>0.78–0.93</td>
<td>0.74–0.92</td>
</tr>
<tr>
<td>19–21</td>
<td>35</td>
<td>0.86–0.91</td>
<td>0.92–1.01</td>
<td>0.90–0.97</td>
</tr>
<tr>
<td>22–24</td>
<td>42</td>
<td>0.78–1.11</td>
<td>0.86–1.07</td>
<td>0.84–1.02</td>
</tr>
<tr>
<td>25–27</td>
<td>49</td>
<td>0.68–0.97</td>
<td>0.98–1.03</td>
<td>0.82–0.94</td>
</tr>
<tr>
<td>28–30</td>
<td>56</td>
<td>0.73–0.86</td>
<td>0.88–0.98</td>
<td>0.85–0.92</td>
</tr>
</tbody>
</table>

Note: Normal creatinine level: 0.5–2.6 mg/dL.  
Abbreviation: PMMA, polymethylmethacrylate.
Antibiotic-eluting nanofiber-enveloped implants and implant retaining have had some success in acute postoperative infection management following fracture internal fixation, the current standard surgical procedure for osteomyelitis treatment includes radical debridement, complete removal of the implant, and delivery of an effective antimicrobial agent at a sufficiently high concentration. The application of external skeletal fixation, such as the Hoffman device, in the interim stages has become a common approach. Furthermore, new operative techniques, such as the Ilizarov fixation, and innovative antibiotic delivery systems have been added to the treatment arsenal. The application of the Ilizarov fixation has been generating promising results. However, pin-site infection remains a possible complication. In addition, external fixation with a Hoffman fixator has other complications like bone shortening, malalignment, and decreased stability.

Several studies have shown promising results for the improvement of osteomyelitis treatment. Stewart et al developed a load-bearing biodegradable scaffold composed of polypropylene fumarate and tricalcium phosphate. The authors embedded gentamicin into a biodegradable scaffold and demonstrated its effectiveness in decreasing radiographically defined osteomyelitis in an infected open fracture. However, the fixed pin was not fully enveloped by the biodegradable antibiotic carrier and there was a possibility that bacteria may have grown on the antibiotic-free end of the pin. Stewart et al reported that vancomycin-derived plate surfaces inhibited implant colonization by *S. aureus*. Even though these plates showed promising inhibition of biofilm formation, bactericidal antibiotic concentration in the surrounding tissue was not demonstrated. In the study reported here, we developed biodegradable PLGA/antibiotic nanofibrous membrane-enveloped plates to provide sustained delivery of vancomycin and ceftazidime for infection treatment. The plate implantation procedure used is easy and familiar to every orthopedic surgeon. Furthermore, the biodegradable membrane can be easily applied to the plate and the screws (Figure 1).
Various types of carrier materials have been used based on their ability to achieve sustained release of bactericidal concentrations of antibiotics.\textsuperscript{6–8} Nonbiodegradable PMMA antibiotic-impregnated beads are most commonly used in the treatment of osteomyelitis.\textsuperscript{8,17} However, when the drug is completely released, the PMMA beads act as a biomaterial surface to which bacteria adhere and grow, which might potentially cause the development of antibiotic resistance.\textsuperscript{18} These beads usually have to be removed with repeated surgery. There are many studies on biodegradable materials for drug-eluting systems. The base of the biodegradable drug-eluting system should be nonreactive and stable in body tissues. PLGA is promising biodegradable material that has been used for implantable and injectable controlled-release drug-delivery systems.\textsuperscript{8–10,17,19} In clinical application, the copolymer is nontoxic, induces minimal inflammatory response, and is biodegraded through hydrolysis without any accumulation in vital organs.\textsuperscript{10–12}

\textit{S. aureus} is the most common organism implicated in skeletal system infections.\textsuperscript{4,20} Approximately 20\% of \textit{S. aureus} isolates collected in Europe are reported to be methicillin-resistant \textit{S. aureus}, and, in US hospitals, the prevalence ranges from 33\% to 55\%.\textsuperscript{21} Vancomycin, a glycopeptide antibiotic, remains the standard therapeutic agent for the treatment of Gram-positive pathogens, including resistant and nonresistant strains.\textsuperscript{20} Common Gram-negative bacteria involved in osteomyelitis include \textit{Pseudomonas aeruginosa}, \textit{E. coli}, and \textit{Klebsiella pneumoniae}.\textsuperscript{14} Vancomycin and ceftazidime have been the antibiotics commonly formulated with bone cement for osteomyelitis treatment.\textsuperscript{13,14} In this study, drug-eluting membranes were fabricated with PLGA, vancomycin, and ceftazidime. Based on the experimental results, the best composition for the PLGA/antibiotic nanofiber membranes is \textit{PLGA:vancomycin:ceftazidime} = 240:20:20 mg (Figures 4 and 5). The in vivo results showed that the biodegradable nanofibrous membranes released high concentrations of vancomycin and ceftazidime (well above the MIC) at Sites 1 to 7 and in the blood for 8 weeks (Figures 7 and 8). In addition, the drug concentrations in the blood also showed the potential “benign” side effect. Combined therapy involving local drug release by PMMA carriers and systemic drug delivery is commonly used in osteomyelitis treatment. The results of this study showed that the application of biodegradable drug-eluting membranes resulted in high local concentrations of antibiotics as well as systemic drug concentrations higher than the MIC. This might provide the advantage of saving the systemic delivery of antibiotics by intravascular injection. However, more studies are necessary to further investigate this benign side effect as well as the optimal drug doses for nanofibrous drug-eluting membranes.

Vancomycin is notorious for its renal toxicity. A high concentration of vancomycin in the blood might raise safety concerns regarding the use of high-dose antibiotic-eluting carriers. Springer et al reported that only one out of 36 patients undergoing a staged operation using vancomycin-gentamicin cement spacers had a transient rise in serum creatinine level.\textsuperscript{22} No other patients suffered systemic side effects associated with the use of the antibiotics. Acute renal failure after the implantation of a gentamicin-loaded Palacos\textsuperscript{8} cement knee spacer has been reported in sporadic cases.\textsuperscript{23,24} In our study, creatinine level in the blood remained within the normal range,\textsuperscript{25} which indicated a negligible effect on renal function (Table 1). This further demonstrated the safety of the biodegradable drug-eluting membranes developed in this study.

In our study, we measured the antibiotic concentration at multiple sites and demonstrated that drug concentrations are high in the areas surrounding the plate and in the bone canal. We showed that the bioactivities of released vancomycin and ceftazidime remain high after the electrospinning process. This further confirmed that electrospinning could be an appropriate process for the preparation of drug-eluting membranes. Furthermore, the results demonstrated that high bactericidal concentrations could be achieved for a long period and indicated the areas around the plate were aseptic.

A major limitation of the present study is that a noninfected animal model was used. Whether the drug-eluting nanofiber-enveloped implants will perform differently in an infected area is not known; further evaluation of the drug-eluting implants in an infection model is necessary to answer this question. In addition, the relevance of our findings to humans with bone infection remains unclear and needs to be further explored.

**Conclusion**

The biodegradable drug-eluting nanofibers release high bactericidal concentrations of vancomycin and ceftazidime for more than 32 days in vitro and 8 weeks in vivo. The preparation of drug-eluting membrane-enveloped plates is simple and the surgical technique is familiar to every orthopedic surgeon. Furthermore, the PLGA/antibiotic membranes released antibiotics at high concentration (well above MIC) locally and lower concentrations in the blood. The creatinine level remained within the normal range, suggesting that the vancomycin concentration in the blood did not affect the renal function.
Acknowledgments
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Disclosure
The authors report no conflicts of interest in this work.

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