New options in the management of intractable ALK(+) metastatic non-small-cell lung cancer

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Abstract: Non-small-cell lung cancer (NSCLC) is a heterogeneous disease and a challenging malignancy to treat, as many patients have advanced disease at the time of diagnosis. Recent advances have led to the identification of molecularly defined subtypes of NSCLC, namely for patients with adenocarcinoma histology. The most recently identified molecular target is the anaplastic lymphoma kinase (ALK) gene rearrangement, and patient responses to the ALK inhibitor crizotinib have led to its approval in this selected patient population. Like other tyrosine kinase inhibitors, resistance to crizotinib ultimately develops by various mechanisms requiring alternative therapeutic options. This review article discusses the management of patients with the ALK gene rearrangement, mechanisms of crizotinib resistance, and future potential therapeutic options.

Keywords: non-small-cell lung cancer, disease management, cancer therapy

Introduction

Over one million deaths occur worldwide each year as a result of lung cancer, and approximately 85% of these are from non-small-cell lung cancer (NSCLC). Cytotoxic chemotherapy remains the mainstay of treatment for the majority of patients with advanced disease; however, recent pivotal discoveries have led to molecularly defined subtypes of NSCLC, particularly in adenocarcinoma. Additionally, safe and effective targeted therapies for these specific subgroups have emerged, resulting in a paradigm shift in how clinicians diagnose and treat patients with this disease.

The identification of epidermal growth factor receptor (EGFR) activating mutations and EGFR-tyrosine kinase inhibitors (TKIs) led to the 2004 United States Food and Drug Administration (FDA) approval of erlotinib as first-line therapy for EGFR mutation-positive patients. More recently, a fusion gene has been discovered between echinoderm microtubule-associated protein-like 4 (EML4) and anaplastic lymphoma kinase (ALK) in a small subset of NSCLC patients. Crizotinib, a multitarget TKI, has demonstrated overall response rates in approximately 60% of patients with tumors containing the ALK gene rearrangement.

ALK is a member of the insulin receptor superfamily and is a transmembrane receptor tyrosine kinase found on the small intestines, testes, and selected neural tissue of adult humans. Expression of ALK during development is tightly regulated and has been implicated to have an important role in differentiation and cell survival. Aberrant ALK has been described in several neoplasms, including NSCLC, rhabdomyosarcoma, neuroblastomas, glioblastoma, melanoma, breast cancer, and neuroectodermal tumors.
Constitutive ALK activation in NSCLC was first identified by screening a cDNA library for genes with transforming capacity from the tumor of a Japanese male smoker with adenocarcinoma. This screening identified a fusion gene resulting from an inversion of the short arm of chromosome 2 producing the joining of exons 20–29 of the ALK gene to exons 1–13 of the EML4 gene. The product of this unique fusion gene is a chimeric protein containing the C-terminus of the ALK gene and the N-terminus of the EML4 gene, which ultimately leads to the constitutive activation of ALK tyrosine kinase resulting in the activation of multiple downstream signaling pathways, including Akt, STAT3, and ERK (Figure 1). Multiple distinct variants have been identified since the initial discovery of ALK-EMLA resulting from different breakpoints in the EML4 gene. The most frequent fusion gene variants of EML4-ALK include; E13;A20 (34%), E6ab;A20 (30%), and E20;A20 (10%). ALK has also been shown to partner with additional genes such as KIF5B and TFG to form other aberrant fusion proteins. This review article will discuss current diagnostic techniques, development of resistance to ALK inhibitors, impact of therapy on quality of life, and future therapeutic directions.

**Management of ALK(+) metastatic NSCLC**

Detection of the ALK gene rearrangement is critical for managing the treatment of NSCLC patients with ALK-rearranged tumors. A variety of methods are currently available to test for the ALK rearrangement, including fluorescence in situ hybridization (FISH), immunohistochemistry (IHC), and reverse transcriptase polymerase chain reaction (RT-PCR). RT-PCR has thus far been limited to clinical trials evaluating the sensitivities of IHC and FISH. Although RT-PCR can identify ALK gene rearrangements at the mRNA level, its limitations include mRNA degradation in formalin-fixed, paraffin-embedded tissues; inability to detect unknown genetic alterations; and the need for highly specific primers. Multiplexed RT-PCR may overcome some of these limitations, but its current availability is quite limited.

The Vysis ALK Break Apart FISH Probe Kit (Abbott Molecular Inc., Des Plaines, IL, USA) was utilized to detect the ALK gene rearrangement in studies leading to the approval of the ALK inhibitor, crizotinib. This test consists of a red-labeled fluorescent probe at the 3′ end of ALK and a green-labeled fluorescent probe at the 5′ end of ALK. In tumors with rearranged ALK, the red and green probes are split apart (“break-apart test”). In tumors with a normal ALK gene, the two probes stay in close proximity and appear as a single yellow signal. It is recommended that at least four fields (about 60 cells) are evaluated and if ≥15% of tumor cells have split ALK 5′ and 3′ probe signals or have isolated 3′ signals, the tumor is considered positive for the ALK gene rearrangement. Detection of the break-apart signal can be challenging, as EML4 and ALK normally reside in close proximity to each other on the short arm of chromosome 2. Additionally, although FISH detects the disruption of the ALK locus, it does not identify the resulting partner fusion gene. Further, the instrumentation and expertise required for FISH are not readily available in all pathology laboratories, thus limiting the applicability of this test in routine care.

The use of IHC for detecting ALK protein expression has emerged as a conceivable alternative to FISH. Early IHC reports found a large number of false negatives, likely resulting from low-level mRNA expression in NSCLC versus (vs) anaplastic large cell lymphoma and thus requiring a greater dependence on the primary antibody used in the test. Because ALK is not normally expressed in lung tissue, any expression of ALK in the lung cancer tissue represents an altered status of the ALK gene. Multiple researchers have demonstrated a strong correlation between IHC and FISH. Conklin et al examined 377 tumors by IHC, 273 of which were also evaluated by FISH. They concluded that the sensitivity and specificity of IHC is antibody dependent, with 5A4 (Novocasta with ADVANCE detection) and D5F3 (Cell Signaling with ADVANCE detection) clones proving to be the most accurate and consistent among the antibodies tested. Additionally, the presence or absence of staining by IHC better correlated with FISH than the degree of staining (0 to +). Further optimization of the antibodies and methodology applied is

![Figure 1 ALK downstream signaling cascade.](image)

**Abbreviation:** ALK, anaplastic lymphoma kinase.
necessary before IHC can be used in routine patient care; however, IHC may become the preferred test, as it is routinely used in pathology laboratories and is generally simpler and less expensive to perform. The United States FDA approved crizotinib in conjunction with the break-apart FISH-based assay in August 2011. A year later, the European Commission approved crizotinib in conjunction with IHC using the D5F3 rabbit monoclonal primary antibody. Trials are ongoing to clarify the ALK diagnostic issues, but to date FISH remains the standard of care in the United States.

Another critical question in the management of advanced NSCLC involves determining which patient population should be tested for the ALK gene rearrangement and in what sequence testing should occur. The frequency of ALK rearrangements has been reported to range from 1% to up to 33% of the population.21 This wide range in the prevalence of ALK rearrangement can be attributed to the clinical and molecular characteristics of the populations being tested. Clinicopathologic and molecular features linked with a higher occurrence of ALK rearrangement include adenocarcinoma, light or never smokers, younger age, EGFR wild type, and KRAS wild type.21–23 In a report by Shaw et al, the frequency of ALK in never/light smokers was 22%, in never/light smokers not harboring an EGFR mutation, the frequency was 33%.21 For the most part, the ALK gene rearrangement is thought to be mutually exclusive of EGFR and KRAS mutations; however, tumors containing more than one mutation have been reported.22,24 In one series, 8% of ALK-rearranged tumors also contained either an EGFR or a KRAS mutation.24 Some investigators have suggested an algorithmic approach to testing, but to date a consensus on an algorithm has not been reached.22,25 Currently, the International Association for the Study of Lung Cancer recommends EGFR and ALK testing on adenocarcinomas or tumors with an adenocarcinoma component.26 Squamous cell tumors may be considered for testing if the abovementioned clinical features are present. In comparison, the European Society for Medical Oncology guidelines recommends testing in patients with a diagnosis of non-squamous advanced lung cancer or on any type of histology in never smokers who have been screened first for the EGFR mutation.27 Given the dramatic and rapid impact of ALK-targeted therapy, the authors favor erring on the side of testing rather than potentially missing a patient who may derive meaningful benefit from ALK inhibition.

**Clinical benefit of the ALK inhibitor crizotinib**

Crizotinib (Pfizer Inc., New York, NY, USA) is an oral small molecule inhibitor of ALK, c-Met, ROS1, and RON tyrosine kinases.28,29 Crizotinib was shown to be a potent ATP-competitive inhibitor of recombinant human c-Met kinase activity resulting in regression of tumors expressing constitutive activity of c-Met in preclinical studies. In fact, the drug was initially developed as a c-Met inhibitor, but was later found to inhibit tyrosine phosphorylation of ALK with a mean half maximal inhibitory concentration (IC$_{50}$) of 24 mmol/L.

The initial Phase I dose escalation trial of crizotinib (PF-02341066) included 37 patients with various solid tumors; dose-limiting toxicities included grade 3 alanine aminotransferase elevation and grade 3 fatigue, and the recommended Phase II dose was established as 250 mg twice daily.30 Of the ten patients in the Phase I trial with ALK-positive NSCLC, one had a confirmed partial response (PR), two had unconfirmed PRs, and four had stable disease. These results led to a Phase I expansion cohort that included 149 ALK-rearranged NSCLC patients.30 Investigators reported a 61% overall response rate (ORR), a median progression-free survival of 9.7 months, and a median duration of response of 49.1 weeks. This promising activity gave rise to a Phase II trial (PROFILE 1005) conducted in 901 pretreated patients, the majority of whom had at least two prior therapies.31 Mature data is available on 261 patients, 259 of whom are considered response evaluable. The ORR was approximately 60%, the median duration of response was 11 months, and the median time to response was 6 weeks. Eighteen of the patients had untreated brain metastasis, two patients achieved a CR, two had a PR, and 12 had stable disease. Adverse events that were reported in more than 25% of patients included visual disorder, nausea, vomiting, diarrhea, constipation, and peripheral edema. Unfortunately, investigators also reported fatalities due to presumed treatment related pneumonitis and hepatotoxicity, occurring in less than 3% of patients. Crizotinib was approved by the FDA based on data from the expansion cohort of the Phase I study and the Phase II study.

This approval led to a series of Phase III trials beginning with PROFILE 1007, in which patients were randomly assigned to receive either crizotinib or chemotherapy with pemetrexed or docetaxel.14 Three hundred and forty-seven patients with locally advanced or metastatic ALK-positive lung cancer who had received one prior platinum-based regimen were enrolled; crossover was permitted at disease progression. The median progression-free survival more than doubled (7.7 months vs 3 months, $P<0.001$) and the response rates more than tripled (65% vs 20%, $P<0.001$) in the crizotinib group. A survival benefit was not seen, perhaps because crossover was permitted. The most common side
effect reported with crizotinib was visual disorder, nausea, and diarrhea. Approximately 16% of patients experienced grade 3 elevation in transaminases. Three patient deaths were thought to be treatment related in the crizotinib group, one due to a ventricular arrhythmia, and two due to pneumonitis. The median time to response was 6.3 weeks, and the median duration of response was 32.1 months. Although the duration of response is highly significant, the majority of patients will ultimately develop resistance.

**Resistance to crizotinib in ALK-positive NSCLC**

It is well documented that tumors with kinase driver genetic alterations eventually develop resistance to kinase inhibitors. A common mechanism of resistance is the development of secondary mutations that alter inhibitor sensitivity. For instance, many NSCLC patients with EGFR mutations who develop resistance to EGFR TKIs demonstrate T790M mutation in the kinase domain of EGFR at the time of tumor progression. Tumors with this mutation are resistant to currently available EGFR TKIs. Similar resistant mutations have been observed in patients with imatinib-resistant chronic myeloid leukemia. Many other mechanisms of secondary resistance in tumors with driver genetic alterations have been identified apart from mutations, including amplification of the target gene and activation of alternate pathways of signaling.

Almost all ALK-positive NSCLC patients will eventually develop resistance to crizotinib. An effort has been made to assess whether such patients demonstrate resistant mutations in their tumors based on previous experience with kinase inhibitors. Choi et al analyzed tumor cells in pleural effusion obtained from a 28-year-old patient with ALK-positive NSCLC who showed clinical benefit from crizotinib. They found that cells resistant to intermediate doses of crizotinib developed amplification of the EML4-ALK gene, whereas cells resistant to higher doses of crizotinib additionally developed the L1196M mutation. Based on this cell line data, the authors concluded that resistance to crizotinib may evolve in a stepwise manner, first involving amplification of EML4-ALK followed by point mutations. Additionally, two structurally distinct ALK inhibitors, AP26113 and NV-TAE684, as well as an HSP 90 inhibitor, 17-AAG, were shown to have activity in these crizotinib-resistant 3122 cells.

Taken together, these data show that the mechanisms of resistance to crizotinib in ALK-positive NSCLCs are diverse and variable, even within a single patient. The presence of these multiple mechanisms of resistance and EGFR and KRAS mutations suggest that some tumors have multiple clones with varying genetic alterations; therefore, appropriate management of this patient population may require several biopsies to identify all the mechanisms of resistance and treatment with multiple agents to target all the genetic...
alterations in the tumor. Further studies of patients with crizotinib resistance are required in order to properly define all of the possible mechanisms of resistance and disease management.

**Current and emerging treatment options**

Multiple ALK inhibitors are currently in development. In March of 2013, the selective ALK inhibitor, ceritinib or LDK378 (Novartis International AG, Basel, Switzerland) received Breakthrough Therapy designation by the FDA for patients with metastatic NSCLC containing the ALK gene rearrangement and prior exposure to crizotinib. A Phase I study included 26 NSCLC patients with ALK gene rearrangement, gene amplification or another mutation, with and without prior exposure to other ALK inhibitors, as well as five patients with other ALK-positive malignancies. Responses were reported in both the crizotinib-naïve and crizotinib-resistant populations. Toxicities were similar to those reported with crizotinib, mainly nausea, vomiting, diarrhea, dyspnea, and transaminase elevation. In a separate Phase I trial that accrued a total of 131 patients with advanced cancer harboring aberrant ALK, patients received LDK378 at a dose range of 50–750 mg daily. This trial showed that a minimum daily dose of 400 mg was necessary to achieve a response. Investigators reported a 70% ORR in NSCLC patients (receiving 400–750 mg) and a 73% ORR in the subset of patients who had prior crizotinib exposure. The recommended Phase II dose was determined to be 750 mg daily. Interestingly, responses were also noted in patients with untreated brain metastasis. The most recently reported Phase I study included 114 patients with NSCLC, either crizotinib-resistant or naïve. In patients with prior crizotinib exposure, the ORR was 56%. Nineteen crizotinib-resistant patients underwent repeat tumor biopsy prior to therapy with LDK378; two revealed ALK gene amplification, five had secondary mutations in the ALK TKI domain, and the remaining 12 did not demonstrate any additional alteration. This suggests that a higher potency drug may be able to overcome resistance regardless of its mechanism. Given the activity of LDK378 in patients with prior crizotinib exposure, a Phase II trial is being conducted in patients who have received prior chemotherapy and prior crizotinib. In addition, trials are also being conducted in patients who are naïve to prior ALK inhibitors.

Another second-generation selective ALK inhibitor receiving Breakthrough Therapy designation by the FDA is alectinib (CH5424802/RO5424802). Alectinib has demonstrated activity against the L1196M gatekeeper mutation, as well as wild-type ALK and C1156Y mutation in preclinical models. The increased potency of alectinib is believed to be related to a unique hydrogen-bonding network in the ATP binding site. The first in human Phase I/II trial in ALK-positive NSCLC patients demonstrated tumor regression at all dose levels. Toxicities included myalgia, hypophosphatemia, neutropenia, hypermagnesemia, and elevation in CPK. The Phase II portion of this study included 46 patients and revealed an ORR of 93.5%, including two complete responses. It is important to note that patients treated in this study were crizotinib naïve. Significant decreases in tumor sizes were noted in 65% of patients by 3 weeks and in 87% of patients by 6 weeks, with a response duration of more than 10 months. Additional toxicities included rash, dysgeusia, constipation, and elevations in AST, bilirubin, and creatinine. Visual disorders and gastrointestinal toxicities were mild and rare. Alectinib has also been studied in a Phase I trial of 37 crizotinib-resistant NSCLC patients that demonstrated an ORR of 59.5% at therapeutic doses defined as >460 mg twice daily. The population included 21 patients with CNS metastases with an ORR within the brain of 53%.

A dual ALK/EGFR inhibitor, AP26113 (ARIAD Pharmaceuticals Inc., Cambridge, MA, USA), has been developed with TKI activity on L1196M (ALK variant) and T790M (EGFR variant) mutations, but not native EGFR. The updated results of the dose-finding study included 44 patients with advanced malignancies excluding leukemia. The ORR in the evaluable ALK-positive population was 56%, and 67% in the group with documented exposure to crizotinib. Additionally, four of five patients with active CNS disease demonstrated radiographic improvement. Fatigue, nausea, and diarrhea of any grade were reported in over a quarter of patients. Grade 3 or 4 toxicities in 4%–5% of patients included fatigue, diarrhea, pneumonia, and hypoxia.

Other emerging strategies against the ALK driver mutation include heat shock protein 90 (HSP90) inhibitors. HSP90 is a molecular chaperone that can be present in an abundant amount in tumor cells. ALK and ALK fusion proteins are chaperone proteins of HSP90, and binding of ALK to HSP90 inhibits its degradation. Thus inhibition of HSP90 will limit the binding of ALK to HSP90 and enhance the degradation of ALK. In preclinical studies, HSP90 inhibition has led to antitumor activity in ALK-positive NSCLCs, including tumors with crizotinib resistance. IPI-504 and STA9090, both HSP90 inhibitors in development, have shown activity in a limited number of ALK-positive NSCLC patients. Because mechanisms of resistance are varied, it is unclear if these drugs will be effective in all patients or merely in a subset.
of patients with crizotinib resistance. Table 1 represents a sample of trials in the ALK (+) population available through http://www.clinicaltrials.gov.

**Implications for enhanced quality of life**

This process of discovery of ALK gene rearrangement, rapid movement of targeted treatment through clinical trials, and early investigation of resistance mechanisms has established a new model for personalized medicine. Investigators not only simultaneously gained FDA approval and explored resistance mechanisms, they also elucidated the effect crizotinib would have on quality of life. Both the Phase II and Phase III trials used the European Organization for Research and Treatment of Cancer (EORTC) Quality of Life Questionnaire-Core 30 (QLQ-C30) and the lung cancer module (QLQ-LC13). The QLQ-C30 includes five functional domains, eight symptoms, global health, and financial impact. Patient reported outcomes are based on their responses in accordance with a four-point scale from “not at all” to “very much”. The raw scores are then converted to a scale from 0 to 100. Higher scores reflect a greater symptom burden, but also reflect a higher level of function. The QLQ-LC13 includes 13 symptom scales common to lung cancer patients undergoing treatment with chemotherapy or radiation. The Phase II study reported a ≥10 point improvement in pain, cough, dyspnea, and fatigue; the majority of these improvements were noted by the second cycle of therapy. Likewise, the Phase III trial demonstrated a significant reduction in alopecia, cough, dyspnea, fatigue, and pain from baseline in the group treated with crizotinib. Progression of symptoms was also significantly delayed in the crizotinib group (median 5.6 months crizotinib vs median 1.4 months chemotherapy). Finally, there was a meaningful improvement in global quality of life by cycle 4 in the crizotinib group that was not observed in the chemotherapy treated patients.

**Conclusion and future perspective**

Although the frequency of the ALK gene rearrangement is relatively low (approximately 4% of NSCLC patients), this translates into 70,000 cases annually worldwide. Accurately identifying these patients is critical given the degree of benefit that has been observed with ALK inhibitors. Both IHC and FISH have been identified as potential diagnostic resources; however, differences in accuracy, availability, timeliness, and cost need to be completely resolved. Additionally, the question of whether to test all advanced non-squamous cell carcinoma patients or to stratify testing based on clinicopathologic and molecular features needs to be answered. One potential pitfall of using an algorithmic approach to answer these important genetic testing questions is that ALK has been identified in patients who do not fit the defined “standard” phenotype and

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Note: Data from http://www.clinicaltrials.gov. Abbreviations: ALK, anaplastic lymphoma kinase; TKI, tyrosine kinase inhibitors.

Figure 2 Timeline of targeted therapy development.

**Key points**

- **1960**: Ph chromosome identified
- **1981**: TK activity of EGFR identified
- **1993**: BCR-Abl inhibitors developed
- **1994**: EGFR inhibitors developed
- **1999**: Responses reported in Ph+ CML
- **2001**: FDA approval imatinib
- **2004**: Responses reported in EGFR mutant NSCLC
- **2005**: ALK inhibitor developed
- **2007**: EML4-ALK identified in NSCLC
- **2011**: FDA approval crizotinib

**Abbreviations:** ALK, anaplastic lymphoma kinase; CML, chronic myeloid leukemia; EGFR, epidermal growth factor receptor; EML4, echinoderm microtubule-associated protein-like 4; FDA, Food and Drug Administration; NSCLC, non-small-cell lung cancer; TK, tyrosine kinase.
coexisting mutations have been described. Given the potential therapeutic impact of ALK inhibitor therapy, the authors favor erring on the side of testing while remaining within the bounds of guidelines and good clinical practice.

Activation of ALK appears to be a “driver” genetic alteration. Crizotinib is an oral drug that is the first ALK inhibitor to show promising clinical activity in tumors with ALK activation. Crizotinib is generally well tolerated, with nausea, emesis, and visual changes reported as the main adverse events. Grade 3/4 toxicities are infrequent, with liver transaminase elevations being the most common.

As anticipated, resistance to crizotinib ultimately develops. The molecular alterations that result in resistance appear to be highly diverse, including but not limited to secondary mutations within the ALK-TKI domain, gene amplification, alternate signaling pathway activation, and coexisting driver mutation. Other ALK inhibitors currently in development may have activity in some of these crizotinib-resistant tumors. Certain second-generation ALK inhibitors have shown promising activity in tumors resistant to crizotinib, and several clinical trials are ongoing in this arena. Since ALK is a chaperone protein of HSP90, inhibitors of HSP90 may prove to be beneficial in patients with ALK gene-rearranged NSCLC.

The discovery of the ALK gene rearrangement and effective targeted therapy represents a new model for translational cancer research (Figure 2). Only 2 years elapsed from the time of the discovery of ALK to the objective tumor responses seen in patients on ALK inhibitors. Further, it only took 3 years to advance from Phase I to Phase III clinical trials, roughly half the time required to move EGFR inhibitors forward. Finally, mechanisms of resistance are already being elucidated and clinical trials are currently underway in this drug-resistant patient population. Thus, in the ALK-positive NSCLC patient population, the gap between the “bench” and the “bedside” has been bridged in record time.

Disclosure
Dr Gadgeel is a member of the Advisory Board of Novartis International AG, the Advisory Board of Genentech, Inc., and the Speaker’s Bureau Genentech, Inc. Dr Weise reports no conflicts of interest.

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