PD-1 as an emerging therapeutic target in renal cell carcinoma: current evidence

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Abstract: Renal cell carcinoma (RCC) is the most common primary malignant tumor of the kidney in adults, representing approximately 4% of all adult cancers in the United States. Metastatic RCC is poorly responsive to conventional cytotoxic chemotherapies but can be sensitive to T-cell-directed immunotherapies such as interferon- α or interleukin-2. Despite recent progress in the application of antiangiogenic “targeted therapies” for metastatic RCC, high-dose interleukin-2 remains an appropriate first-line therapy for select patients and is associated with durable complete remissions in a small fraction of treated patients. Thus, advanced RCC provides a unique opportunity to investigate the requirements for effective antitumor immunotherapy. Accumulating evidence suggests that resistance mechanisms exploited by RCC and other tumor types may play a dominant role in limiting the effectiveness of tumor-reactive adaptive immune responses. Expression of the inhibitory coreceptor programmed cell death-1 (PD-1) on tumor-infiltrating lymphocytes within RCC tumors, as well as the expression of the PD-1 ligand (PD-L1) on RCC tumor cells, are strong negative prognostic markers for disease-specific death in RCC patients. Monoclonal antibodies targeting either PD-1 or PD-L1 have now entered clinical trials and have demonstrated promising antitumor effects for refractory metastatic RCC. This review summarizes the results of published and reported studies of PD-1- and PD-L1-targeted therapies enrolling patients with advanced RCC, focusing on key safety, toxicity, and efficacy end points. Prospects for advanced phase clinical testing and novel therapy combinations with PD-1- and PD-L1-targeted agents are discussed.

Keywords: renal cell carcinoma, immune checkpoint, immunotherapy, T-lymphocyte, PD-1, PD-L1

Introduction

Cumulative evidence suggests that cellular immune responses may play an important role in modulating tumor progression in cancer patients. Specific examples include the documentation of rare spontaneous regressions of renal cell carcinomas (RCCs), melanomas, and other tumors;¹ identification of naturally occurring T-cells recognizing tumor-associated antigens in tumor patients;² and the positive association of T-cell infiltration into tumors with favorable disease outcome.³ Such observations have encouraged the development and clinical testing of therapeutic strategies designed to augment tumor-specific T-cell responses in cancer patients, including vaccines, cytokines, and cellular therapies. Pioneering clinical studies undertaken by investigators at the National Cancer Institute Surgery Branch demonstrate that autologous tumor-infiltrating lymphocytes (TILs) expanded in vitro can be transferred to melanoma patients following lymphodepleting conditioning therapy, resulting in objective

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tumor regression in approximately 50% of treated patients. These results represent one of the most compelling demonstrations of T-cell-mediated antitumor effects targeting solid tumors.⁴

To date, however, cancer vaccines or cellular therapy products developed for advanced RCC have proven to be disappointing and ineffective for most patients.^{5–7} Immunotherapy with systemically administered cytokines, including interferon- α (IFN- α) or interleukin-2 (IL-2), has been incrementally more successful as these agents have gained US Food and Drug Administration (FDA) approval for the treatment of advanced RCC. Nevertheless, significant clinical benefit is observed for only a small minority of cytokine-treated patients.⁸

More recently, preclinical studies and results from early phase clinical trials now suggest that resistance mechanisms exploited by tumors may play a dominant role in limiting the effectiveness of T-cell-mediated cancer therapies.⁹ Thus, an emerging and highly promising approach to cancer immunotherapy for advanced RCC and other cancers is antibody-mediated

blockade of inhibitory coreceptors expressed on T-lymphocytes, or so-called immune checkpoints.

Immune checkpoint blockade for cancer therapy

T-lymphocytes express stimulatory as well as inhibitory coreceptors that are now recognized to play critical roles in regulating the initiation and termination of adaptive immune responses. Cytotoxic T-lymphocyte-associated protein 4 (CTLA-4; CD152) is expressed on activated effector T-cells, and represents the first well-characterized and therapeutically targeted immune checkpoint receptor. CTLA-4 is structurally related to the stimulatory coreceptor CD28 and competes for binding to common ligands B7.1 (CD80) and B7.2 (CD86) expressed on antigen-presenting cells (Figure 1).¹⁰ The essential role of CTLA-4 in downregulating T-cell activation and maintaining lymphocyte homeostasis was demonstrated in *ctla-4*-knockout mice that developed a lymphoproliferative disease associated with multiorgan lymphocytic infiltration, causing death by 3–4 weeks of age.^{11,12}

Figure 1 Stimulatory and Inhibitory coreceptors regulate T-cell responses to tumor antigens.

Notes: Tumor antigen recognition by T-cells is dependent on T-cell receptor (TCR) recognition of a peptide ligand major histocompatibility complex (MHC). Following TCR engagement, T-cell activation and acquisition of effector functions requires costimulatory signals mediated by CD28 binding to a B7 family molecule (B7.1 or B7.2) on the antigen-presenting cell (APC). Activation-induced upregulation of inhibitory receptors, cytotoxic T-lymphocyte-associated protein 4 (CTLA-4), programmed cell death-1 (PD-1), and others then acts to downmodulate T-cell effector functions when engaged with cognate ligands. CTLA-4 competes with CD28 for binding to B7 molecules expressed on APCs, an interaction occurring during T-cell priming in lymphoid tissues. PD-1 binds to its ligands PD-L1 or PD-L2. PD-L1 expression is upregulated on tumor cells by interferons or other stimuli within the tumor microenvironment that may allow tumor cells to evade an endogenous immune response. Antibody blockade of PD-1 or PD-L1 may augment the activity of T-cells specific for tumor antigens. From The New England Journal of Medicine, Ribas A, Tumor Immunotherapy Directed at PD-1, 366, Page No 2518. Copyright © (2012) Massachusetts Medical Society. Reprinted with permission from Massachusetts Medical Society.¹⁰

Despite severe immunopathology developing in *ctla-4*-knockout mice, preclinical testing of monoclonal antibody (mAb) blockade of CTLA-4 as tumor immunotherapy both as monotherapy and in association with tumor vaccines demonstrated antitumor effects without apparent toxicity.^{13,14} These preclinical data encouraged the development and clinical testing of two fully humanized mAbs specific for human CTLA-4, ipilimumab and tremelimumab. In early phase clinical testing, both antibodies produced objective responses in patients with melanoma, despite differences in dose and schedule for administration.^{9,15,16} In a pivotal phase III clinical trial, ipilimumab given with or without a gp100 peptide vaccine versus the gp100 vaccine alone demonstrated a median survival benefit for the ipilimumab-treated patients (10.0 months versus [vs] 6.4 months; $P < 0.001$).¹⁷ Interestingly, a minority of ipilimumab-treated patients showed prolonged disease control even after completion of active treatment, suggesting sustained functional modulation of the T-cell compartment in these patients.^{17,18} Ipilimumab received FDA approval for the treatment of advanced melanoma in 2011, validating the therapeutic potential of immune checkpoint blockade. This study also established benchmark data for autoimmune toxicities associated with ipilimumab-mediated disruption of a regulatory immune pathway. Immune-related adverse events occurred in 60% of ipilimumab-treated patients (10%–15% grade 3/4) and included patient deaths secondary to immune-related toxicity.¹⁷ Severe immune-related toxicities often required active management with corticosteroids or other immune-suppressive treatments.¹⁹

Programmed cell death-1 (PD-1; CD279) is another immune checkpoint receptor emerging as a target for anti-tumor immunotherapy.⁹ PD-1 is expressed on activated effector T-cells as well as natural killer cells and B-cells. High-level PD-1 expression is found on TILs and also on T-cells in the setting of chronic viral infections.²⁰ Thus, PD-1 expression on effector T-cells is associated with constitutive antigen exposure and is a marker of T-cell unresponsiveness or exhaustion.

Unlike CTLA-4, the ligands for PD-1 are not restricted to antigen-presenting cells and the hematopoietic compartment. Known ligands for PD-1 include B7 family member proteins programmed cell death-1 ligand 1 (PD-L1; also known as B7-H1 or CD274) and programmed cell death-1 ligand 2 (PD-L2; also known as B7-DC or CD273). PD-L1 is expressed by multiple tissues, including T- and B-cells, dendritic cells, and macrophage. PD-L1 is also expressed by many different solid tumor types, suggesting that inhibitory receptor–ligand interactions inhibiting antitumor T-cell

immunity are occurring in the tumor microenvironment (Figure 1).²¹ Tumor expression of PD-L1 has been associated with deregulated oncogene signaling,^{22,23} tumor hypoxia,²⁴ and local inflammatory signals, including IFN- γ .²⁵ A model of tumor upregulation of PD-L1 expression in response to TILs and local cytokine release as a mechanism to evade endogenous immune responses has been termed “adaptive resistance” and may represent the most common mechanism for PD-L1 expression in a wide variety of tumor histologies.²⁵ PD-L2 has a more restricted expression pattern than PD-L1, primarily expressed by hematopoietic cells and also some lymphomas, but with far less frequent expression in solid tumors.⁹

As with CTLA-4, the functional consequence of absent PD-1 or PD-L1 expression has been evaluated in both *PD-1* (*pdc1*) and *PD-L1* knockout mice generally showing less severe immune dysfunction. Disruption of *PD-1* resulted in strain-specific autoimmune syndromes, including arthritis, glomerulonephritis, or dilated cardiomyopathy, whereas disruption of *PD-L1* was not associated with a phenotype of spontaneous autoimmunity, suggesting substantial redundancy in mechanisms controlling peripheral T-cell tolerance.^{26–28} The more subtle immunopathology observed with *PD-1* or *PD-L1* knockout anticipated that autoimmune side effects associated with therapeutic PD-1 pathway blockade might be less severe than for CTLA-4. Preclinical studies of PD-1:PD-L1 inhibition by gene disruption of PD-1 or antibody blockade of PD-L1 have observed augmented T-cell-mediated antitumor effects.²⁹ The evolving insight gained from preclinical studies supporting a key role of PD-1:PD-L1 interactions in immune regulation and tumor resistance to adaptive immune responses, along with evidence for antitumor activity of anti-CTLA-4 mAbs in clinical trials, has provided strong encouragement for development and testing of PD-1- and PD-L1-specific agents. Great enthusiasm for this approach is reflected by the entry of nine different PD-1/PD-L1-directed agents into clinical trials as of this writing (Table 1).

PD-L1 has been shown to bind to B7.1 in addition to PD-1, an interaction that may also deliver an inhibitory signal to T-cells. Thus, therapeutic mAb blockade of PD-1 versus PD-L1 will result in nonidentical disruption of signaling interactions. PD-1 blockade would not interfere with a PD-L1:B7.1 interaction. Conversely, PD-L1 blockade would leave PD-1:PD-L2 interactions intact.⁹

Regulatory T-cells (Tregs) inhibit cellular immune responses and help to maintain self-tolerance. Tregs express constitutive high levels of several immune checkpoint

Table I PD-I- or PD-LI-blocking agents in clinical trials

Drug	Developer	Composition	Development Phase
PD-I blockade			
Nivolumab (BMS-936558)	Bristol-Myers Squibb	Fully human IgG4 mAb	Phase III
Pembrolizumab (MK-3475)	Merck	Humanized IgG4 mAb	Phase III
Pidilizumab (CT-011)	CureTech/Teva	Humanized IgG1 mAb	Phase II
AMP-224	Amplimmune/ GlaxoSmithKline	PD-L2/IgG1 fusion protein	Phase I
AMP-514	Amplimmune	mAb	Phase I
PD-LI blockade			
MPDL3280A (RG7446)	Genetech	IgG1 mAb with a modified Fc domain	Phase II
BMS-936559	Bristol-Myers Squibb	Fully human IgG4 mAb	Phase I
MEDI4736	MedImmune/ AstraZeneca	Fully human IgG1 mAb	Phase I
MSB0010718C	Merck KGaA	Fully human IgG1 mAb	Phase I

Notes: BMS (New York, NY, USA); Merck (Whitehouse Station, NJ, USA); CureTech (Yavne, Israel); Teva (Petach Tikva, Israel); Amplimmune (Gaithersburg, MD, USA); GSK (Philadelphia, PA, USA); Genetech (South San Francisco, CA, USA); AstraZeneca (Wilmington, DE, USA); Merck KGaA (Darmstadt, Germany).

Abbreviations: PD-I, programmed cell death-I; PD-LI, programmed cell death-ligand 1; Ig, immunoglobulin; mAb, monoclonal antibody; PD-L2, programmed cell death-ligand 2; Fc, fragment, crystallizable.

receptors, including CTLA-4, PD-1, and others. Rather than exerting inhibitory effects, these receptors appear to enhance Treg activity or proliferation. Thus, separate from their influence on effector T-cells, therapeutic antibodies blocking checkpoint receptors may suppress the activity of Tregs as an additional mechanism contributing to overall enhanced antitumor immunity.⁹

Advanced RCC is a target for T-cell-directed immunotherapy

RCC is the most common primary malignant tumor of the kidney in adults, representing approximately 4% of all adult cancers.³⁰ RCC encompasses a heterogeneous group of tumors subdivided largely by their histologic appearance. The most common histologic types of RCC include clear cell (75% of tumors), papillary (10%), and chromophobe (5%) tumors. Additional rare subtypes of RCC are recognized, including medullary, collecting duct, and RCC associated with Xp11 translocation. A pathologic diagnosis of unclassified RCC still accounts for 4%–6% of all tumors.³¹ The high frequency of clear cell histology and predisposing genetic lesion for this RCC subtype have skewed clinical research toward clear cell tumors.

Clear cell RCC tumors in both hereditary and sporadic forms are associated with loss of function of the *von Hippel-Lindau* (VHL) tumor suppressor gene on the short arm of chromosome 3 (3p25.3) as a result of deletion, mutation, or epigenetic silencing.³² The loss of VHL expression results in the deregulation of hypoxia-inducible factor-1 and -2 transcription factors and constitutive expression of a number of hypoxia-responsive gene products that control angiogenesis, cell cycle, and energy homeostasis. Insight into the abnormal molecular biology common to most clear cell RCC tumors has encouraged the clinical development of novel targeted therapies for this disease directed at signaling pathways affected by *VHL* inactivation. Since 2005, seven new antiangiogenic drugs have been approved by the FDA for the treatment of advanced RCC. These include oral tyrosine kinase inhibitors (sorafenib, sunitinib, pazopanib, axitinib) that disrupt vascular endothelial growth factor (VEGF) receptor-mediated signaling, the VEGF-specific mAb bevacizumab, and inhibitors of mammalian target of rapamycin (temsirolimus and everolimus). Targeted therapies have been rapidly adopted as first- and second-line treatments for metastatic clear cell RCC. However, they are limited by the development of tumor resistance and disease progression that has been uniformly observed in treated patients.^{33–39}

From the 1980s until the introduction of targeted therapies, the treatment of advanced RCC was unique among metastatic carcinomas. Most patients received immunotherapy with the cytokines IFN- α or IL-2 as standard front-line therapy. IFN- α was shown in randomized trials to improve survival compared with medroxyprogesterone acetate or vinblastine, despite a response rate of only 14%–16%,^{40,41} which reflected the intrinsic resistance of RCC to cytotoxic chemotherapies and hormonal therapies.⁴² A Cochrane review of pooled data further supported a survival benefit for IFN- α versus controls (hazard ratio of 0.74).⁴³ More recently, IFN- α in combination with bevacizumab has shown superior efficacy to IFN- α monotherapy measured by response rate and progression-free survival, thereby maintaining a role for IFN- α in contemporary treatment of RCC.^{36,44}

High-dose (HD) IL-2 received FDA approval for the treatment of metastatic RCC in 1992 based on pooled results of 255 patients treated as part of seven phase II clinical trials conducted at 21 institutions. The overall objective response rate (ORR) was 14% with 5% complete responses (CRs).⁴⁵ Most remarkable was the durability of CRs following IL-2 therapy. For example, the long-term follow-up of 259 RCC patients treated by HD IL-2 at the National Cancer Institute Surgery Branch noted recurrent disease in only four of

23 patients (17%) who achieved a CR with a median duration of ongoing CR >11 years at the time of reporting.⁴⁶ Due to the unique potential to achieve unmaintained CRs, HD IL-2 has remained a first-line treatment option for select RCC patients, despite the limitations of severe toxicities and the requirement for patient referral to cancer centers specializing in IL-2 administration. The uniquely good outcomes for a small fraction of RCC patients achieving CR after HD IL-2 provides strong motivation for the development and testing of novel T-cell-directed immunotherapeutics for advanced RCC with the hope for potent and durable tumor responses associated with less toxicity than with HD IL-2.

PD-1 pathway targets associated with metastatic RCC

The expression of PD-1 pathway proteins has been extensively studied in RCC tumors and shown to closely associate with RCC progression and poor disease-specific outcomes. In the largest reported series of 306 clear cell RCC tumors, Thompson et al⁴⁷ analyzed PD-L1 expression by immunostaining formalin-fixed paraffin-embedded tissue samples. Tumor cell membranous expression of PD-L1 (with a threshold of $\geq 5\%$ of tumor cells stained with mAb 5H1) was seen in 24% of samples and strongly associated with cancer-specific death (risk ratio [RR] 3.92; $P < 0.001$). This association also remained significant in multivariate modeling (RR 2.0, $P = 0.003$) (Figure 2). In a similar

analysis, Thompson et al⁴⁸ also analyzed PD-L1 expression detected by immunostaining in a series of 196 RCC tumors with fresh frozen tissue available. These analyses demonstrated high PD-L1 expression by tumor cells ($>10\%$), PD-L1 expression on infiltrating lymphocytes ($>50\%$), or the composite of both parameters was strongly associated with cancer progression and death from RCC. The unadjusted RR for cancer-specific death in the 44% of tumors scored PD-L1 positive was 4.53 ($P < 0.001$). More recently, tumor cell expression of PD-L1 has been addressed in non-clear cell RCC histologies. Using a threshold of $\geq 5\%$ of tumor cells stained positive with mAb 405.9A11, PD-L1 expression was observed in two of 36 (5%) chromophobe tumors, five of 50 (10%) papillary tumors, and three of seven (43%) translocation tumors.⁴⁹

PD-1 expression by tumor-infiltrating lymphocytes has also been analyzed in both fresh-frozen or formalin-fixed paraffin-embedded clear cell RCC tissue. High PD-1 expression was associated with distant metastatic relapse and inferior relapse-free and overall survival versus the PD-1-negative patient subset.^{50,51}

As observed in other tumor histologies, increased numbers of (FOXP3⁺CD4⁺CD25^{high}) Tregs are seen in peripheral blood and TIL populations in RCC patients and also are associated with adverse patient outcomes.⁵² In addition, high numbers of intratumoral Tregs have been associated with poor survival for RCC patients treated with low- or intermediate-dose IL-2.⁵³

Figure 2 Programmed cell death-ligand 1 (PD-L1; or B7-H1) expression on clear cell renal cell carcinoma tumor is associated with cancer-specific death.

Notes: The expression of PD-L1 (B7-H1) detected on formalin-fixed paraffin-embedded tumor samples by immunostaining with the 5H1 antibody was analyzed on 306 clear cell tumors. Positive PD-L1 expression ($\geq 5\%$ of tumor cells) was seen in 24% of tumors. The risk ratio for cancer-specific death in patients with PD-L1⁺ tumors was 3.92 (95% confidence interval 2.61–5.88; $P < 0.001$). Adapted from Cancer Research, Copyright 2006, 66(7), 3381–3385, Thompson RH, Kuntz SM, Leibovich BC, et al. Tumor B7-H1 is Associated with Poor Prognosis in Renal Cell Carcinoma Patients with Long-term Follow-up, with permission from AACR.⁴⁷

Clinical outcomes with PD-1 pathway-blocking antibodies in metastatic RCC

The recognition of advanced RCC as a tumor responsive to immunotherapy, together with evidence for a PD-1/PD-L1-mediated immune escape mechanism operating in RCC tumors, has provided a compelling rationale for inclusion of patients with advanced RCC in early clinical studies of blocking antibodies specific for PD-1 or PD-L1. Results of published and reported studies of PD-1- or PD-L1-targeted therapies enrolling patients with advanced RCC are discussed in the following sections, focusing on key safety, toxicity, and efficacy end points.

Anti-PD-1

Nivolumab

Nivolumab (BMS-936558, MDX-1106, ONO-4538. [Bristol-Myers Squibb; New York, NY, USA]) is a fully human IgG4 mAb that binds human PD-1 with high affinity and blocks PD-1 binding to its known ligands PD-L1 and PD-L2. In

Table 2 Safety and efficacy data from pilot studies with blocking monoclonal antibodies targeting PD-I and PD-LI

Checkpoint target	Drug	Total study patients	Total/ (evaluable) RCC patients	All grade 3/4 AEs	Immune-related grade 3/4 AEs	RR	SD ≥ 24 wks	PFSR at 24 wks	ClinicalTrials.gov identifier	Reference
PD-I	Nivolumab	39	1	38% [#]	3% [#]	NA	NA	NA	NCT00441337	54,55
		296	34 (33)	14% [#]	6% [#]	27% [*]	27%	56%	NCT00730639	56,57
PD-LI	BMS-936559	207	17	9% [#]	5% [#]	12%	41%	53%	NCT00729664	58
	MPDL3280A	171	53 (47)	13%	2% [#]	13% [*]	32%	53%	NCT01375842	59,60

Notes: [#]AEs calculated per total study enrollment; ^{*}Response rate calculated per evaluable patients.

Abbreviations: PD-I, programmed cell death-I; PD-LI, programmed cell death-ligand I; RCC, renal cell carcinoma; AE, adverse event; RR, response rate; SD, stable disease; wks, weeks; PFSR, progression-free survival rate; NA, not applicable.

a first-in-human dose escalation phase I study, 39 patients with five different tumor histologies, including one patient with clear cell RCC, received nivolumab on an intermittent dosing regimen (Table 2).⁵⁴ The RCC patient received three doses of nivolumab at 10 mg/kg over the first 5 months on the study with a resulting partial response (PR). The patient had ongoing tumor regression and was judged to be in CR 2.6 years after the start of therapy, which continued to the last reported follow-up at a time point 4 years from the final treatment dose of nivolumab.⁵⁵

In a second phase I trial with nivolumab, biweekly administration was investigated in a dose escalation format in 296 patients with clear cell RCC (N=34), melanoma (N=104), non-small cell lung cancer (N=122), castration-resistant prostate cancer (N=17), or colorectal cancer (N=19) at doses of 0.1 mg/kg, 0.3 mg/kg, 1.0 mg/kg, 3.0 mg/kg, or 10.0 mg/kg. A maximum tolerated dose (MTD) was not reached. For all enrolled patients, grade 3/4 treatment-related adverse events were observed in 41 of 296 patients (14%; Table 2). Grade 3/4 treatment-related adverse events of special interest reflecting a potential immune-mediated causality occurred in 18 of 296 patients (6%; Table 2) and included pneumonitis, vitiligo, colitis, hepatitis, hypophysitis, and thyroiditis. There were three drug-related deaths (1%) due to pneumonitis; however, none in the group of treated RCC patients.⁵⁶ Within a cohort of 236 patients evaluable for treatment efficacy, 33 patients had metastatic RCC and were treated with 1.0 mg/kg (N=17) or 10.0 mg/kg (N=16) dose levels of nivolumab. Objective responses measured by Response Evaluation Criteria In Solid Tumors (RECIST 1.0) criteria⁵⁷ were observed in four of 17 patients (24%) treated at the 1.0 mg/kg dose level and five of 16 patients (31%) treated at the 10.0 mg/kg dose level for an overall response rate of 27% (Table 2). Of ten responding patients with follow-up >1 year, five of the ten (50%) maintained an ongoing response for ≥ 1 year. The median duration of response was 12.9 months for both doses.⁵⁶ An additional nine patients had stable disease for ≥ 24 weeks (27%). The progression-free survival rate at 24 weeks for

the entire RCC cohort of 33 patients was 56% (Table 2). This study also observed objective responses for tumor types other than RCC, including melanoma (28%) and non-small cell lung cancer (18%).⁵⁸

A randomized, blinded, dose-ranging phase II study with nivolumab in advanced clear cell RCC (NCT01354431) completed enrollment in the third quarter of 2011. Eligible patients had received prior treatment with at least one antiangiogenic drug in the metastatic setting and not more than three prior lines of therapy in total. Patients were randomized to one of three treatment arms receiving 0.3 mg/kg, 2.0 mg/kg, or 10.0 mg/kg nivolumab on an every-3-week schedule until disease progression or intolerable toxicity. Results from this trial have not yet been reported.

A phase III randomized trial of nivolumab versus everolimus in patients with advanced clear cell RCC (NCT01668784) recently completed enrollment of 822 patients in February 2014. Eligible patients must have received one or two prior antiangiogenic regimens and not more than three prior lines of therapy. Patients were randomized 1:1 to receive everolimus versus nivolumab at 3 mg/kg every 2 weeks until disease progression or intolerable toxicity. If a positive outcome is observed in this pivotal phase III study, a development timeline leading to FDA approval of nivolumab in 2015 is anticipated.

Anti-PD-LI BMS-936559

BMS-936559 (MDX-1105; Bristol-Myers Squibb) is a fully human immunoglobulin G4 (IgG4) mAb that binds human PD-L1 with high affinity and blocks PD-L1 binding to both PD-1 and B7.1. In a first-in-human phase I trial with BMS-936559, biweekly administration was investigated in a dose escalation format in 207 patients with clear cell RCC (N=17), non-small cell lung cancer (N=75), melanoma (N=55), colorectal cancer (N=18), ovarian cancer (N=17), pancreatic cancer (N=14), gastric cancer (N=7), or breast cancer (N=4) at doses of 0.1 mg/kg, 0.3 mg/kg, 1.0 mg/kg,

3.0 mg/kg, or 10.0 mg/kg. As for nivolumab, an MTD for the mAb was not reached. For all enrolled patients, grade 3/4 treatment-related adverse events were observed in 19 of 207 patients (9%; Table 2). Grade 3/4 treatment-related adverse events of special interest reflecting a potential immune-mediated causality occurred in ten of 207 patients (5%; Table 2) and included adrenal insufficiency, hepatitis, pulmonary sarcoidosis, diabetes mellitus, myasthenia gravis, and endophthalmitis. There were no drug-related deaths. Within a cohort of 160 patients evaluable for treatment efficacy, 17 patients had metastatic RCC and were treated with 10.0 mg/kg BMS-936559. Objective responses measured by RECIST 1.0 criteria were observed in two of 17 patients (12%; Table 2) lasting 4 months and 17 months. An additional seven patients had stable disease for ≥ 24 weeks (41%). The progression-free survival rate at 24 weeks for the RCC cohort of 17 patients was 53% (Table 2). In addition to RCC, objective responses were also observed in patients with melanoma (17%), non-small cell lung cancer (10%), and ovarian cancer (6%).⁵⁹

MPDL3280A

MPDL3280A (Genentech; South San Francisco, CA, USA) is a human IgG1 mAb with an engineered fragment crystallizable (Fc) domain designed to inhibit antibody-dependent cell-mediated cytotoxicity, thereby avoiding a cytotoxic effect against activated T-cells expressing PD-L1. MPDL3280A blocks PD-L1 binding to both PD-1 and B7.1. In a first-in-human phase I trial, MPDL3280A was administered every 3 weeks in a dose escalation format to 171 patients with advanced solid tumors that included RCC (N=55), non-small cell lung cancer (N=52), and melanoma (N=44) and 20 additional patients with eleven different tumor histologies.⁶⁰ Dosing of MPDL3280A spanned a range from 0.01 mg/kg to 20 mg/kg with 162/171 patients treated with ≥ 3 mg/kg. An MTD was not reached. For all enrolled patients, grade 3/4 treatment-related adverse events were observed in 22 of 171 patients (13%; Table 2). Grade 3/4 immune-related adverse events occurred in four patients (2%; Table 2) and included hepatitis, colitis, and hyperglycemia. There were no drug-related deaths. There were 47 RCC patients within a cohort of 140 patients evaluable for efficacy. Objective responses measured by RECIST 1.1⁶¹ criteria were observed in six patients (13%, Table 2). Enrollment allowed for both clear cell and non-clear cell RCC histologies, and there was one responder from the non-clear cell cohort (one of six non-clear cell tumors). An additional 32% of RCC patients had stable disease

for ≥ 24 weeks, and the progression-free survival rate at 24 weeks for the RCC cohort was 53% (Table 2). In addition to RCC, objective responses were observed in patients with melanoma (29%), non-small cell lung cancer (22%), and individual patients with colorectal or gastric carcinoma.⁶²

On target activity of PD-1 pathway-specific agents

The heterogeneity observed between RCC tumors and other tumor histologies for PD-L1 expression measured by immunohistochemistry analyses suggested that pretreatment PD-L1 expression by tumors might represent a useful marker predicting response to PD-1 or PD-L1-specific blocking mAb therapy. This association has been evaluated as part of the phase I studies of both the anti-PD-1 antibody nivolumab as well as the anti-PD-L1 antibody MPDL3280A. As part of the phase I testing of nivolumab, pretreatment tumor tissue for 42 patients was available for analysis by immunohistochemistry for intratumoral expression of PD-L1 (using the 5H1 mAb). For all histologies, pretreatment tumor was positive for PD-L1 expression (defined as cell surface staining on $\geq 5\%$ of tumor cells) in 25 of 42 tumors (60%). There were nine objective responses associated with the 25 PD-L1-positive tumors (36% ORR). Conversely, none of the 17 patients with PD-L1-negative tumors had an objective response ($P=0.006$). Five RCC patients were included in the analysis of intratumoral PD-L1 expression. Four of five RCC tumors were positive for PD-L1 expression (80%), and two of the four PD-L1-positive RCC tumors were associated with objective responses (one CR, one PR). The patient with the PD-L1-negative tumor was a nonresponder.⁵⁸

The association of pretreatment tumor expression of PD-L1 was also evaluated as part of phase I testing of the PD-L1-specific mAb MPDL3280A. A proprietary immunohistochemistry assay was developed by the study sponsor (Genentech/Roche), which defined PD-L1⁺ based on a positive PD-L1 stain on infiltrating immune cells. For the RCC cohort, tumor tissue from 31 of 47 patients was available for analysis and showed a PD-L1⁺ phenotype for ten of 31 (32%) tumors. There were two objective responses in the PD-L1⁺ cohort (one CR, one PR; 20% ORR) and six additional patients had stable disease (60%). In the PD-L1⁻ cohort, there were two responding patients with PR (10%) and eleven of 21 patients (52%) had stable disease.⁶¹ This study also conducted expression profiling of immune-related genes from 96 of 171 pretreatment tumor samples showing an association of T-cell-related genes, including *interferon- γ* , *CD8 α* , *granzyme-A*, and *EOMES*, with tumor response.⁶³ These observations were

consistent with previous gene expression profiling studies of melanoma tumors associating an inflammatory tumor microenvironment phenotype with a more favorable response to subsequent immunotherapy.⁶⁴

A trend favoring a higher response rate for PD-L1-expressing tumors treated with anti-PD-1 or anti-PD-L1 has been seen for RCC and for other tumor histologies sensitive to PD-1/PD-L1 blockade, including melanoma.⁶⁵ However, observations that include responses of PD-L1-negative tumors,⁶¹ the potential inducibility of PD-L1 expression within tumors,⁶³ intratumoral heterogeneity of PD-L1 expression, and discordance in PD-L1 expression between primary tumor and metastases⁶⁶ create considerable uncertainty about the ultimate role that PD-L1 phenotype may play in guiding patient selection for anti-PD-1/PD-L1 therapies. Standardization of reagents and scoring cut points for PD-L1 expression, along with substantially larger datasets associating PD-L1 phenotype for RCC tumors with treatment outcomes as part of phase II and phase III studies with nivolumab and other agents in clinical development, are anticipated to provide greater insight into the role pretreatment PD-L1 tumor phenotype may serve as a clinically useful biomarker.

The antitumor activity mediated by PD-1 or PD-L1 blockade is presumed to represent augmented tumor-reactive T-cell immunity. Anecdotal observations from paired pre- and post-treatment biopsies of tumor lesions regressing following PD-1 or PD-L1 blockade reveal increased numbers of infiltrating CD8⁺ T-cells and associated upregulation of PD-L1 expression in the tumor microenvironment.^{54,63,67} In vitro studies have also demonstrated augmented expansion and enhanced effector function of tumor-antigen specific T-cells stimulated in the presence of blocking antibodies targeting PD-1 or PD-L1.^{68,69}

Future perspectives

The initial response rates observed with nivolumab and PD-L1-blocking antibodies in heavily pretreated RCC and other tumor types have generated considerable enthusiasm for the further development of PD-1 pathway-targeted agents. However, unresolved questions remain regarding clinical outcomes for PD-1 pathway-specific agents in RCC. Outcomes from larger numbers of patients are needed to determine whether anti-PD-1 or anti-PD-L1 agents have the potential to result in complete remissions in a subset of RCC patients. In addition, it remains uncertain whether tumor responses can be maintained if active treatment with PD-1 or PD-L1-specific antibody is suspended. Insight into the durability of anti-PD-1 and anti-PD-L1-mediated responses may be forthcoming from

longer follow-up of RCC patients treated on phase I studies of nivolumab, BMS-936559, or MPDL3280A. Each of these trials allowed a maximum duration of initial therapy of 1 year (MPDL3280A) or 2 years (nivolumab, BMS-936559).^{58–60} Therefore, patients without intolerable treatment-associated side effects and with ongoing stable disease or partial remissions who received the maximum duration of therapy will then transition to surveillance to detect new disease progression. Finally, the signaling interactions blocked by PD-1 versus PD-L1 mAbs are nonidentical. However, substantially more data will be needed to determine whether the relative activity or toxicity of blocking PD-1 versus PD-L1 is meaningfully different. Thus far, results from initial studies, including the range of tumor types responding to these agents and the disease control rate represented by progression-free survival rate at 24 weeks, reflect a high degree of similarity.

Rapid progress is being made in the clinical development of PD-1 and PD-L1-blocking mAbs as monotherapy for advanced RCC, culminating in a phase III trial with the lead agent in development, nivolumab, which has completed enrollment. The early phase clinical development of PD-1- and PD-L1-targeted compounds is now focusing on combination approaches in a search for enhanced antitumor activity with acceptable toxicity (Table 3). Recent intriguing observations regarding the antigen targets recognized by tumor-specific CD8⁺ T-cells in melanoma patients is worth comment, and could influence the future direction of development of PD-1 pathway-targeted therapies. Using next-generation exome sequencing coupled with epitope

Table 3 Selected combination trials for renal cell carcinoma incorporating blocking monoclonal antibodies targeting PD-1 or PD-L1

Combination drug class	Treatment	ClinicalTrials.gov identifier
Vaccine	CT-011 + DC/RCC fusion vaccine	NCT01441765
Checkpoint inhibitor	Nivolumab + ipilimumab	NCT01472081
	MEDI4736 + tremelimumab	NCT01975831
	Nivolumab + anti-LAG-3	NCT01968109
	MK-3475 + ipilimumab	NCT02089685
	AMP-514 + MEDI4736	NCT02118337
Cytokine	MK-3475 + PEG-IFN- α	NCT02089685
Antiangiogenic	Nivolumab + sunitinib or pazopanib	NCT01472081
	MK-3475 + pazopanib	NCT02014636
	MPDL3280A + bevacizumab	NCT01984242

Abbreviations: PD-1, programmed cell death-1; PD-L1, programmed cell death-ligand 1; DC, dendritic cell; RCC, renal cell carcinoma; PEG-IFN- α , pegylated interferon α -2b.

prediction algorithms, CD8⁺ cells specific for mutated tumor proteins were identified within a TIL sample collected from a melanoma patient responding to ipilimumab and within the in vitro expanded TIL products from three melanoma patients responding to an adoptive cellular therapy treatment protocol.^{70,71} These observations have fueled speculation that mutation-specific T-cells could represent key elements of effective antitumor immunity. Although the contribution of mutation-specific cytotoxic T-lymphocytes (CTLs) in RCC patients remains conjecture at this point, it is interesting to note that seminal work on RCC-associated tumor antigen identification previously discovered tumor-specific mutations as the antigen targets for RCC-specific CD8⁺ CTL clones.^{72,73} Strategies intending to capture and expand mutation-specific T-cell responses unique to individual tumors in combination with PD-1 pathway-targeted therapy could include the use of cellular therapy products expanded from TIL or tumor vaccines that incorporate autologous tumor into the immunogen – in preference to vaccines targeting broadly shared, nonmutated antigens. Such a study combining the anti-PD-1 mAb CT-011 with an autologous tumor/dendritic cell fusion vaccine is ongoing (Table 3).

A large (and expanding) array of receptors known to modulate T-cell function extends well beyond CTLA-4 and PD-1, suggesting a great potential for combination therapy targeting multiple immune checkpoint receptors to result in additive antitumor activity.^{9,20} Indeed, the combination of ipilimumab and nivolumab has already been evaluated in a pilot study in patients with melanoma. Preliminary observations for this combination suggest a higher response rate and deeper tumor regressions than for either antibody as monotherapy.⁷⁴ Combinations of checkpoint-blocking mAbs targeting PD-1 or PD-L1 along with CTLA-4, blockade of PD-1 plus LAG-3 (another inhibitory receptor expressed on activated CD4⁺ and CD8⁺ T-cells),⁹ or dual blockade of both PD-1 with PD-L1 are currently undergoing evaluation in early phase studies for RCC and other tumors (Table 3). Further development of this general approach is limited primarily by the availability of clinical grade reagents targeting human checkpoint receptors or their ligands.

Trials of PD-1- and PD-L1-blocking mAbs are also moving forward in combination with established therapies for advanced RCC. Studies investigating anti-PD-1 in combination with cytokine immunotherapies IFN- α or HD IL-2 are underway or in development. Preclinical studies associating therapies targeting the VEGF signaling pathway with enhanced antitumor T-cell immunity^{75–77} have created substantial interest in the potential for combining immune

checkpoint-blocking agents with antiangiogenic therapies. Despite unanticipated renal toxicity observed with the combination of the anti-CTLA-4 mAb tremelimumab plus sunitinib,⁷⁸ pilot studies of anti-PD-1 mAbs with sunitinib or pazopanib and the pairing of MPDL3280A with bevacizumab are moving forward (Table 3).

Conclusion

The cytokine era of immunotherapy for advanced RCC was followed by a decade of clinical research dominated by antiangiogenic therapies targeting the VEGF and mammalian target of rapamycin signaling pathways, establishing targeted therapies as the current standard of care for most patients. Emerging data with blocking antibodies targeting PD-1 or PD-L1, demonstrating spontaneous and durable regressions for a subset of treatment-refractory RCC tumors, suggest that the PD-1 pathway represents a dominant control point for the regulation of tumor-reactive T-cell responses. The compelling early phase clinical data appear certain to usher in a new era of clinical research for RCC dominated by intense clinical study of PD-1- and PD-L1-blocking agents. Fierce competition between available agents to establish efficacy in treatment-refractory RCC patients, as first-line therapy, and as part of novel combination therapy is envisaged.

Disclosure

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