Laparoscopic partial nephrectomy: state of the art review

Introduction: The surgical management of small renal masses (<4 cm) has greatly evolved over the last few decades, with the paradigm shifting from radical to partial nephrectomy. Laparoscopic partial nephrectomy (LPN) is increasingly utilized, and has achieved similar outcomes to open partial nephrectomy with decreased patient morbidity in experienced hands. The aim of this review was to examine the current status and future direction of LPN.

Materials and methods: We performed a nonsystematic review of the literature using a free-text protocol in the PubMed database, using the terms “laparoscopic partial nephrectomy”, “robot-assisted partial nephrectomy”, “robotic partial nephrectomy”, and “laparoscopic partial nephrectomy oncologic and functional outcomes”. Only English language articles were selected.

Evidence synthesis: Our search results yielded 1,136. Three authors reviewed the results, and articles with information on patient and tumor selection, surgical techniques, and oncologic and functional outcomes were included. With regard to outcomes, only series with the largest cohorts and longest follow-up were selected.

Conclusion: LPN has evolved rapidly over the past 2 decades, and advances in technique as well as innovations in surgical technologies have facilitated its increased adoption in urologic practice. However, limitations remain, such as inadequacy of techniques to achieve cold ischemia laparoscopically, high technical demands of intracorporeal suturing, and limited ability to assess surgical anatomy beyond the field of view. These comprise goals of research aimed at improving future surgical precision and outcomes, while further decreasing the invasiveness of LPN.

Keywords: nephrectomy, robotics, kidney
With recent studies demonstrating a strong link between decreased kidney function and increased risk of cardiovascular disease and mortality,\(^1\) preservation of renal function has become an important consideration in renal oncolgic surgery. This has resulted in expansion of the indications of partial nephrectomy (PN) such that it is presently considered the standard of care in the treatment of all SRM.\(^2\)

Advances toward the modern PN began in the 1960s when Poutasse improved the technique by dissection of the segmental blood supply to the level of kidney. Kerr and Klotz introduced renal hypothermia, which helped to minimize renal ischemic damage, thereby permitting longer operations and complicated reconstructions of the kidney in a relatively bloodless field.\(^3\) The laparoscopic surgical revolution began in the 1970s and achieved a major milestone in 1991 with the demonstration of feasibility of laparoscopic nephrectomy for removal of a tumor-bearing kidney by Clayman et al.\(^4\) This was the first reported removal of a solid organ using purely laparoscopic techniques. This paved the way for the subsequent development of laparoscopic PN (LPN) first performed by Winfield et al in 1993.\(^5\) The most significant challenges of early LPN were replication of the sound oncologic outcomes of its open counterpart, as well as its high technical demands. These challenges have been mitigated over time by various innovations in both surgical technique and technology, including incorporation of the robotic surgical platform for LPN as first described by Gettman et al in 2004.\(^6\)

In this review we aim to bring the reader up to date with information regarding new techniques, results of large studies on functional and oncologic outcomes, as well as future direction in this fast evolving field of minimally invasive treatment of small renal masses.

**Materials and methods**

We performed a nonsystematic review of the literature using the PubMed database. The PubMed search included only a free-text protocol using the terms “robot-assisted partial nephrectomy”, “robotic partial nephrectomy”, “laparoscopic partial nephrectomy”, and “laparoscopic partial nephrectomy oncologic and functional outcomes” across the title and abstract fields of the records. Search results yielded 1,136 articles, which were reviewed by three authors. Only English language articles were considered. With regards to functional and oncologic outcomes, only articles with the largest cohort and longest follow-up were considered. Articles pertaining to the latest techniques in PN as well as those evaluating functional and oncologic outcomes as compared to open PN (OPN) were also included. Other significant studies cited in the reference lists of the selected papers were also evaluated.

**Evidence synthesis and discussion**

**Patient selection**

Similar to OPN, and depending on surgeon comfort level, LPN can be used in patients with SRM in whom nephron-sparing surgery is absolutely indicated, such as solitary kidney, renal insufficiency, or those with bilateral renal tumors. These indications have expanded over time to include most elective T1 tumors, as well as more complex tumors, such as T1b, central, hilar, multiple, and/or cystic tumors. Patient selection and preparation for renal surgery in these cases is comparable to that for open surgery. A pertinent history and physical examination are necessary to identify potential issues that could arise during surgery. Prior abdominal, retroperitoneal, or renal surgery is no longer considered a contraindication to laparoscopic surgery. The type and extent of prior abdominal surgery will, however, dictate trocar locations as well as surgical approach taken (transperitoneal versus extraperitoneal). Patient factors such as obesity have been demonstrated to have no impact on perioperative outcomes in the hands of experienced surgeons. However, the incidence of Clavien grade ≥III complications was higher for obese compared to nonobese patients in one study, although low overall.\(^7\)

The use of the RENAL nephrometry score (NS) has aided in providing a reproducible standardized classification system that quantitates the salient anatomy of renal masses.\(^8\) The nephrometry score is based on five critical and reproducible anatomical features of solid renal masses. It consists of radius (R; tumor size as maximal diameter), exophytic/endophytic properties of the tumor (E), nearness of tumor to the collecting system or sinus (N), anterior (A)/posterior (P) descriptor, and the location relative to the polar line (L). The suffix h (hilar) is assigned to tumors that abut the main renal artery or vein. Of the five components, four are scored on a 1-, 2-, or 3-point scale, with the fifth component indicating the anterior or posterior location of the mass relative to the coronal plane of the kidney. This has become a useful tool to help stratify patients into the different modalities of renal extirpation. Canter et al evaluated the relationship between a tumor’s NS and the treatment rendered, and found that the higher the complexity of the tumor the more likely it was that the patient received radical nephrectomy (RN).\(^9\) For low-, moderate-, and high-score tumors, rates of RN were 6%, 23%, 66%, respectively. Other studies have found that the RENAL NS is a comprehensive and
reproducible tool that may aid surgeons in communicating tumor characteristics effectively. Interobserver correlation is high, rendering it a high fidelity assessment tool. Similar to Canter et al, other groups have shown that RENAL NS predicted surgeon preference for selection of RN versus PN in retrospective analyses.

Other standardized scoring systems include the preoperative aspects and dimensions used for anatomic (P ADUA) classification and centrality (c)-index scores. In one study, all three scoring systems demonstrated strong interobserver reliability and correlation with some perioperative outcomes such as warm ischemia time (WIT).

Surgical techniques

Laparoscopic surgical approaches to the kidney during PN presently include transperitoneal, retroperitoneal, hand-assisted, robotic, laparoendoscopic single-site surgery (LESS), and natural orifice transluminal endoscopic surgery (NOTES). With each approach, a pneumoperitoneum is created to increase the intra-abdominal working space. LESS and NOTES represent the most recent innovations in laparoscopic renal surgery and are aimed at further reduction in surgical morbidity, partly by limiting the size and number of abdominal trocars. In LESS, multiple laparoscopic instruments are used through a single abdominal incision, with the occasional use of an accessory instrument to facilitate triangulation. In NOTES, endoscopic intervention through natural orifices aims at eliminating abdominal incisions altogether. Pending further technological developments and evaluation in preclinical and clinical settings, LESS and NOTES presently have very limited clinical applicability, with NOTES considered primarily experimental.

Transperitoneal LPN

The transperitoneal approach was the first described technique for LPN and it remains the most widely used approach used today. It has undergone significant evolution and technical refinements since inception. Major challenges during the initial experience included minimizing WIT, maintenance of hemostasis, and achieving satisfactory repair of the collecting system. In the initial experience with transperitoneal LPN, procedures were done for benign disease and renal ischemia was not obtained. Hemostasis was achieved using the argon beam coagulator. A variety of energy-based technologies and tourniquet devices for simultaneous sealing of blood vessels and the renal collecting system were subsequently employed – monopolar shears, ultrasonic shears, microwave tissue coagulators, electrosurgical snare, laser devices, and radiofrequency-assisted resection are some examples. In 2002, Gill et al described duplication of OPN techniques during LPN. En bloc hilar control was obtained using a laparoscopic Satinsky clamp during transperitoneal LPN (Figure 1), and laparoscopic bulldog clamps during retroperitoneal LPN. Tumor resection was done sharply with or without the adjunct use of electrocautery. Renorrhaphy following tumor excision was performed by intracorporeal suturing using absorbable polyglactin 2-0 sized sutures. These techniques for both transperitoneal and retroperitoneal LPN, with subsequent modifications, have become the primary methods by which LPN is performed today.

Tumor excision during LPN is conventionally performed using laparoscopic scissors with or without electrocautery. However, other techniques have been described; notably, the use of a variety of lasers with or without hilar clamping. Loertzer et al described the use of the 2.0 µm continuous wave laser (RevoLix™; LISA Laser USA, Pleasanton, CA, USA), which is a diode pumped solid-state laser with an emitting wavelength of 2,013 nm. The laser penetrates tissue to a depth of about 0.5 mm. In this prospective cohort, eleven patients underwent unclamped LPN using the RevoLix™ laser for resection. All patients had exophytic tumors with RENAL NS less than 9. No significant bleeding requiring other hemostatic measures was encountered. All malignant tumors were resected with negative margins.

Intracorporeal suturing remains one of the most technically demanding challenges of LPN, particularly under the time constraint of warm ischemia. Various authors have described technique modifications to improve efficiency with this step. Orvieto et al described use of anchoring Lapra-Ty® clips (Ethicon Endosurgery, Johnson & Johnson, 002, Gill et al described duplication of OPN techniques during LPN. En bloc hilar control was obtained using a laparoscopic Satinsky clamp during transperitoneal LPN (Figure 1), and laparoscopic bulldog clamps during retroperitoneal LPN. Tumor resection was done sharply with or without the adjunct use of electrocautery. Renorrhaphy following tumor excision was performed by intracorporeal suturing using absorbable polyglactin 2-0 sized sutures. These techniques for both transperitoneal and retroperitoneal LPN, with subsequent modifications, have become the primary methods by which LPN is performed today.

Tumor excision during LPN is conventionally performed using laparoscopic scissors with or without electrocautery. However, other techniques have been described; notably, the use of a variety of lasers with or without hilar clamping. Loertzer et al described the use of the 2.0 µm continuous wave laser (RevoLix™; LISA Laser USA, Pleasanton, CA, USA), which is a diode pumped solid-state laser with an emitting wavelength of 2,013 nm. The laser penetrates tissue to a depth of about 0.5 mm. In this prospective cohort, eleven patients underwent unclamped LPN using the RevoLix™ laser for resection. All patients had exophytic tumors with RENAL NS less than 9. No significant bleeding requiring other hemostatic measures was encountered. All malignant tumors were resected with negative margins.

Intracorporeal suturing remains one of the most technically demanding challenges of LPN, particularly under the time constraint of warm ischemia. Various authors have described technique modifications to improve efficiency with this step. Orvieto et al described use of anchoring Lapra-Ty® clips (Ethicon Endosurgery, Johnson & Johnson, 002, Gill et al described duplication of OPN techniques during LPN. En bloc hilar control was obtained using a laparoscopic Satinsky clamp during transperitoneal LPN (Figure 1), and laparoscopic bulldog clamps during retroperitoneal LPN. Tumor resection was done sharply with or without the adjunct use of electrocautery. Renorrhaphy following tumor excision was performed by intracorporeal suturing using absorbable polyglactin 2-0 sized sutures. These techniques for both transperitoneal and retroperitoneal LPN, with subsequent modifications, have become the primary methods by which LPN is performed today.

Tumor excision during LPN is conventionally performed using laparoscopic scissors with or without electrocautery. However, other techniques have been described; notably, the use of a variety of lasers with or without hilar clamping. Loertzer et al described the use of the 2.0 µm continuous wave laser (RevoLix™; LISA Laser USA, Pleasanton, CA, USA), which is a diode pumped solid-state laser with an emitting wavelength of 2,013 nm. The laser penetrates tissue to a depth of about 0.5 mm. In this prospective cohort, eleven patients underwent unclamped LPN using the RevoLix™ laser for resection. All patients had exophytic tumors with RENAL NS less than 9. No significant bleeding requiring other hemostatic measures was encountered. All malignant tumors were resected with negative margins.

Intracorporeal suturing remains one of the most technically demanding challenges of LPN, particularly under the time constraint of warm ischemia. Various authors have described technique modifications to improve efficiency with this step. Orvieto et al described use of anchoring Lapra-Ty® clips (Ethicon Endosurgery, Johnson & Johnson, 002, Gill et al described duplication of OPN techniques during LPN. En bloc hilar control was obtained using a laparoscopic Satinsky clamp during transperitoneal LPN (Figure 1), and laparoscopic bulldog clamps during retroperitoneal LPN. Tumor resection was done sharply with or without the adjunct use of electrocautery. Renorrhaphy following tumor excision was performed by intracorporeal suturing using absorbable polyglactin 2-0 sized sutures. These techniques for both transperitoneal and retroperitoneal LPN, with subsequent modifications, have become the primary methods by which LPN is performed today.

Tumor excision during LPN is conventionally performed using laparoscopic scissors with or without electrocautery. However, other techniques have been described; notably, the use of a variety of lasers with or without hilar clamping. Loertzer et al described the use of the 2.0 µm continuous wave laser (RevoLix™; LISA Laser USA, Pleasanton, CA, USA), which is a diode pumped solid-state laser with an emitting wavelength of 2,013 nm. The laser penetrates tissue to a depth of about 0.5 mm. In this prospective cohort, eleven patients underwent unclamped LPN using the RevoLix™ laser for resection. All patients had exophytic tumors with RENAL NS less than 9. No significant bleeding requiring other hemostatic measures was encountered. All malignant tumors were resected with negative margins.

Intracorporeal suturing remains one of the most technically demanding challenges of LPN, particularly under the time constraint of warm ischemia. Various authors have described technique modifications to improve efficiency with this step. Orvieto et al described use of anchoring Lapra-Ty® clips (Ethicon Endosurgery, Johnson & Johnson,
New Brunswick, NJ, USA) at the suture ends to eliminate knot tying. Taut suture line tension achieved with this approach was thought to possibly be useful in preventing postoperative pseudoaneurysms and/or urine leaks. Sliding clip renorrhaphy is another innovation, first described by Benway et al. In this technique, a Hem-o-lock clip (Teleflex Medical, Research Triangle Park, NC, USA) is loaded on either end of the renorrhaphy sutures that are placed across the resection bed through the renal capsule. The clips are then slid onto the capsule to achieve capsular compression. The clip spreads out the forces applied to the surface of the renal capsule, avoiding renal parenchymal shearing. Knot tying is eliminated, further improving the suturing efficiency. The amount of tension applied is judged by the dimpling of the renal capsule. The use of adjunctive biologic hemostatic/sealant agents and/or oxidized cellulose bolsters is optional.

Recent innovations in suture design include the introduction of self-retaining barbed suture (SRBS), originally developed for wound closure during plastic surgery procedures. The two kinds of SRBS include the unidirectional V-Loc™ (Covidien, Mansfield, MA, USA) and the bi-directional Quill™ suture (Angiotech Pharmaceuticals, Inc., Vancouver, BC, Canada). These sutures have anchoring barbs that help maintain suture line tension, thus improving suturing efficiency by eliminating the need for frequent tensioning. In animal studies, the Quill™ suture (Angiotech, Vancouver, BC, Canada) was found to be as effective, efficient, and safe as conventional suturing during LPN. Similarly, in clinical studies, the use of SRBS during LPN has been demonstrated to decrease WIT and perioperative complications.

Retroperitoneal LPN

Although transperitoneal LPN is the most common and preferred technique for most renal tumors, some surgeons utilize the retroperitoneal approach for select posteriorly located tumors. This retroperitoneal approach mimics open surgery in that the peritoneal cavity is avoided. A potential space is created to visualize the surgical field. After entry into the retroperitoneum and establishment of a working space, the kidney is lifted anteriorly off the psoas muscle to allow visualization and dissection of the renal hilum and placement of bulldog clamps. Tumor localization and excision, hemostasis, collecting system repair, and renorrhaphy are performed as in the transperitoneal approach. Several of the recent surgical and technological innovations described for transperitoneal LPN have been applied to retroperitoneal LPN as well.

In a comparison of 32 retroperitoneal with 19 transperitoneal LPNs, choice of approach was based on the tumor location. Ng et al compared 100 transperitoneal with 63 retroperitoneal LPNs and found that blood loss, perioperative complications, postoperative serum creatinine, analgesic requirements, and histological outcomes were comparable in the two groups. In a recent meta-analysis, Fan et al found that retroperitoneal LPN had a shorter operating time and was equally as safe as transperitoneal LPN in appropriately selected patients, particularly those with posteriorly located renal tumors. However, the authors concluded that these results must be interpreted with caution as all of the included studies were observational and were conducted with varying protocols at different levels of surgical expertise. Furthermore, the studies were mostly conducted at major institutions and, therefore, may not reflect patient populations in the community.

The major drawbacks of the retroperitoneal approach are the limited working space and more subtle anatomic landmarks. The smaller working space limits the distance between trocars, potentially leading to awkward hand positioning and ergonomic difficulties.

Hand-assisted LPN

Hand-assisted LPN (Figure 2) offers the surgeon the benefits of preserved tactile sensation, ability to perform blunt dissection, and improved control of intraoperative complications such as hemorrhage. It maintains the benefits of laparoscopic surgery for the patient while providing the surgeon some of the advantages of open surgery. In early experiences with the technique, despite the ability to perform parenchymal compression, hilar clamping was advocated by some authors as significant hemorrhage was
still observed in a few cases, primarily involving central lesions.\textsuperscript{32} However, in more recent experience, hand-assisted LPN has been shown to enable off-clamp PN, even for primarily endophytic lesions, with acceptably low complication rates.\textsuperscript{33}

**Robotic-assisted laparoscopic PN**

Robotic-assisted laparoscopic PN (RALPN) was first introduced in 2004\textsuperscript{4} and is rapidly becoming the technique of choice for the surgical treatment of SRM.\textsuperscript{34} The robotic surgical platform incorporates articulating EndoWrist®, (Intuitive Surgical, Sunnyvale, CA, USA) instruments that are controlled through a computer interface, allowing degrees of maneuverability not achievable with conventional laparoscopic instruments. Additionally, visibility is enhanced through the 3D high-definition camera-lens system (Figure 3).

A decreased learning curve for RALPN compared with conventional LPN has been reported.\textsuperscript{35,36} Furthermore, surgeons highly experienced with laparoscopic renal surgery have adopted RALPN for use with moderately and highly complex renal masses with excellent outcomes.\textsuperscript{37,38} The robotic platform has also been used in retroperitoneal LPN with a demonstrated shorter learning curve and similar functional and oncological outcomes to the traditional retroperitoneoscopic LPN.\textsuperscript{39}

**LESS/NOTES PN**

One of the earliest experiences with LESS PN was reported by Aron et al in 2009.\textsuperscript{40} They described their technique in four patients with a median tumor size of 3 cm (range from 1 to 5.9 cm). They used a multichannel umbilical R-port (Advanced Surgical Concepts Ltd, Co, Wicklow, Ireland) and an accessory 2 mm instrument to aid tissue retraction in all cases. Conventional laparoscopic and/or articulating instruments as indicated were used for tissue dissection. Median operating time was 270 minutes, and median blood loss was 150 mL. Median WIT was 20 (11–29) minutes and median hospital stay was 3 days. One patient developed postoperative hemorrhage and pulmonary embolism.\textsuperscript{40}

The da Vinci-S robotic surgical system (Intuitive Surgical, Sunnyvale, CA, USA) has also been adapted for use in LESS PN.\textsuperscript{41} However, a recent study comparing 89 patients who had undergone multiport robotic PN (RPN) with 78 patients with robotic laparoendoscopic single site PN (R-LESS) found that patients who had undergone conventional RPN had superior outcomes as compared to R-LESS PN, with regard to the accomplishment of negative margins and reduced WIT and surgical complications.\textsuperscript{42} NOTES PN has not been performed clinically to date.

**Outcomes of LPN**

**Functional outcomes**

The efficacy and safety of PN have been surveyed with functional and oncological outcomes. OPN, the current gold standard, has been shown to yield equivalent oncological outcomes and superior functional outcomes when compared to RN.\textsuperscript{43,44} With the higher than expected prevalence of undetected chronic kidney disease (CKD) in patients undergoing PN, preservation of as much renal function as possible is a crucial consideration when performing PN.\textsuperscript{45,46}

Various studies have compared renal functional outcomes for minimally invasive (laparoscopic and robotic) PN to those for OPN (Table 1). In one of the largest retrospective studies including approximately 1,800 consecutive patients who underwent open (n=1,028) or laparoscopic (n=771) PN, similar 3-month postoperative renal functional outcomes were observed.\textsuperscript{46} Renal function was preserved in 99.6% and 97.9% of patients undergoing OPN and LPN, respectively. However, LPN was associated with longer ischemia times and higher rates of postoperative complications.\textsuperscript{46} Lee et al similarly reported comparable postoperative functional outcomes between OPN and RPN.\textsuperscript{47} No significant differences between the groups in postoperative estimated glomerular filtration rate (eGFR) or change in postoperative eGFR at 1 month were observed.\textsuperscript{47} In a long-term study, Springer et al found no difference between LPN and OPN in postoperative eGFR at 5 years.\textsuperscript{48} Similarly, in a study of RP using intermediate-term follow-up, only an 8% mean decrease in postoperative eGFR was observed at a mean follow-up of 3 years.\textsuperscript{49} Longer-term comparisons of functional outcomes for RPN with other surgical approaches are currently lacking.
Retrospective studies have also shown that postoperative renal function after PN is predicted by several risk factors including age, sex, preoperative renal function, and percent of renal parenchyma preserved.\textsuperscript{50–54} These parameters have been utilized in a prognostic nomogram developed from the Memorial Sloan-Kettering PN database,\textsuperscript{50} which was shown to have a predictive value of 0.835 for determining the 7-year probability of developing postoperative renal insufficiency. It is currently being utilized in counseling patients prior to intervention.

### A note on warm ischemia during LPN

Warm ischemia is considered a modifiable risk factor that has a potential impact on postoperative renal functional outcomes after LPN. It remains a primary drawback to LPN as reliable and easily reproducible techniques to achieve adequate intra-renal cooling in the clinical setting have not been developed to date. Several authors have described techniques to achieve renal cooling during LPN, but many of the approaches described to date, such as laparoscopic ice slush, intra-arterial cold saline perfusion, and retrograde endoscopic cold saline perfusion, remain challenging or cumbersome to implement and are not widely used clinically.\textsuperscript{55–57} The studies with these renal hypothermia techniques during LPN, however, have demonstrated comparable functional outcomes to those studies with acceptable WIT. A retrospective study with 71 patients with renal hypothermia induced by ice-slush cooling demonstrated comparable median postoperative eGFR decrease of 8.9 mL/min/1.73 m\textsuperscript{2} 6 months postoperatively with median cold ischemic time of 57 minutes (including initial 15 minutes of hypothermia), which is substantially longer than that of other warm ischemic series.\textsuperscript{58} Other studies with renal hypothermia induced by ice-cold saline perfusion also reported acceptable decrease in eGFR and split renal function 2–3 months postoperatively (3.2–7.2 mL/min/1.73 m\textsuperscript{2} and 5.3\%, respectively) with median of 35–52 minutes of cold ischemia.\textsuperscript{59,60} Schoeppler et al studied the use of a gel-like ice, Freka-Gelicce (Fresenius Kabi, Würzburg, Germany), for renal cooling in an in vitro study.\textsuperscript{61} Freka-Gelicce is a liquid at room temperature, and turns into a deformable gel that can be delivered through a laparoscopic trocar below −2\textdegree C. It is nontoxic and warms back into a liquid at room temperature, enabling easy removal. Kidneys were cooled to temperatures comparable to that which was achievable with crushed ice using the gel. Pending further studies, this gel could prove useful in achieving renal cooling during LPN in the clinical setting.

Given the limitations with achieving renal cooling during LPN, several techniques to minimize or eliminate warm ischemia have been proposed, including early unclamping, on-demand clamping, clamp-less nephron sparing surgery with controlled hypotension, super-selective segmental arterial clamping, and super-selective arterial embolization.\textsuperscript{62–65} The safe recommended threshold for WIT is traditionally considered to be 30 minutes; however, some have shown that WIT of less than 20 minutes has no clinically relevant adverse outcomes.\textsuperscript{66} Multiple retrospective studies have examined the impact of warm ischemia on postoperative renal function, often with conflicting results. A recent large retrospective multi-institutional study examined ischemia time during OPN in 660 patients with solitary kidneys, and found that, at 3 months postoperatively, there was no significant difference in the rate of median eGFR decrease for cold versus warm ischemia (21\% versus 22\%, respectively, \(P=0.7\)).\textsuperscript{53} However, median cold ischemia times were significantly longer (45 versus 22 minutes, respectively, \(P<0.001\)). On multivariable analysis excluding percentage of kidney parenchyma preserved, increasing age,
larger tumor size, lower preoperative eGFR, and longer ischemia time were associated with decreased postoperative eGFR (P<0.05 for each).\(^{33}\) However, when percentage of kidney parenchyma preserved was incorporated into the analysis, this parameter, as well as preoperative glomerular filtration rate, proved to be the primary determinant of postoperative renal function, while duration of ischemia was no longer statistically significant.\(^{35}\) Another retrospective analysis of over 1,100 patients included over 400 patients who underwent LPN with warm ischemia duration less than 30 minutes. This cohort also included 58 patients who underwent surgery without ischemia ([PN0] 60% of these underwent LPN). These PN0 patients had smaller tumors with greater percentages of kidney parenchyma preserved, and had a smaller relative decrease in postoperative renal function. Importantly, the incidence of decline to stage III CKD was 9.4% in PN0 patients, compared with 14.7% in the WIT less than 30 minutes cohort and 12.8% in the cold ischemia cohort. Although this analysis concluded that ischemia type (no ischemia versus limited warm ischemia versus cold ischemia) did not predict postoperative renal function, the authors still posited that minimizing WIT was important in patients at highest risk for CKD upstaging. Further evidence from Thompson et al\(^{67}\) showed that duration of warm ischemia, when viewed as a continuous variable, correlated with acute renal failure and development of eGFR less than 15 mL/min/1.73 m\(^2\), even after controlling for nonmodifiable factors (baseline eGFR and tumor size). The authors concluded that every minute of warm ischemia imparted additional risk of significant postoperative renal dysfunction.\(^{67}\)

Most recently, techniques of unclamped zero-ischemia PN have yielded promising functional outcomes. Retrospective studies have shown that unclamped PN in patients with two normal kidneys results in a lesser degree of postoperative eGFR decline at 1 year.\(^{68,69}\) Other techniques include segmental\(^{70}\) and subsegmental artery dissection and microclamping\(^{71,72}\) whereby, after hilar exposure, segmental and subsegmental arteries are dissected under laparoscopic Doppler ultrasound guidance. The peritumoral arteries identified are then superselectively clamped using a micro-bulldog clamp. Several authors have demonstrated that vascular microdissection and occlusion results in minimal postoperative eGFR change, even when used for high-complexity tumors.\(^{72,73}\) Techniques to produce regional ischemia in LPN have also been introduced using Rumel tourniquet or Satinsky clamp applied proximal to the line of resection.\(^{74}\) More recently, successful use of the Nussbaum clamp modified for laparoscopic application to maintain constant pressure without the risk of device slippage has been demonstrated with exophytic tumors.\(^{75}\) In Simon et al’s initial study with three patients,\(^{75}\) resection in a bloodless field is achieved without the need for renal pedicle dissection. After the total clamping time ranging from 23 to 38 minutes, postoperative creatinine levels remain unchanged in their study.

Only one prospective clinical study to date has investigated the tolerance of the human kidney to ischemia.\(^{76}\) In this study, 40 patients undergoing OPN had renal biopsies obtained before, during, and after ischemia for electron microscopic analysis of ultrastructural changes. Serum creatinine, cystatin C, and other biomarkers of renal injury were compared before and after ischemia. Median duration of ischemia in patients undergoing warm ischemia was 32.3 (15–53) minutes, and those undergoing cold ischemia was 48 (30–61) minutes. No differences in any of the outcomes analyzed were found between cold and warm ischemia, and thus patient data were pooled for the final analysis. No significant changes from baseline in postoperative renal function or ultrastructural change were found, despite ischemia durations of up to 60 minutes. Other biomarkers were only mildly elevated, but this did not correlate with renal function or ischemia duration. The authors concluded that the human kidney is tolerant of ischemia durations of up to 60 minutes with minimal impact on renal function or structural change. Furthermore, these findings were similar for warm versus cold ischemia.\(^{76}\)

**Oncologic outcomes**

Long-term oncological outcomes for LPN have recently been reported and compared to those for OPN (Table 2). Lane et al reported 10-year outcomes in patients with a solitary T1 renal tumor who underwent either open (n=916) or laparoscopic (n=625) PN. Patients were followed for a minimum of 5 years posttreatment (median 6.6 years for LPN and 7.8 years for OPN).\(^{77}\) Metastasis-free survival was 96.9% versus 92.3% in patients treated with LPN and OPN, respectively.\(^{77}\) On multivariable analysis, no association between the metastasis-free survival and surgical approach was found. Similarly, Springer et al reported comparable 5-year overall survival (94% versus 91%) and cancer-specific survival (92% versus 88%) in patients undergoing LPN versus OPN, respectively.\(^{78}\)

In a study of 134 patients treated with RPN and followed for a minimum of 2 years, Khalifeh et al reported actuarial 5-year overall survival and cancer-specific survival rates of 90% and 99%, respectively.\(^{49}\) Gupta et al similarly reported no local or metastatic recurrences following RPN at a median follow-up of 22 months.\(^{79}\) Despite these early promising data for RPN, some studies have also shown a higher, albeit statistically insignificant, occurrence of positive surgical margins
Further reducing the invasiveness of laparoscopy is another area of innovation. A miniature robot that is wholly deployable in vivo, with payloads for biopsy, camera, and physiologic sensing, has been developed and evaluated in animal models. These robots are independently operated from outside the body. With further development, they could enable performance of complex laparoscopic procedures through a single abdominal incision. Several other specialized robotics platforms for LESS and NOTES are also under development, and these could facilitate future clinical implementation of these techniques.

### Conclusion

LPN has undergone significant evolution since the first description of the technique in 1993, and is increasingly used in the treatment of SRM. Functional and oncological outcomes in reported series are similar to those for OPN with acceptably low morbidity rates. Future advances in image-guided surgery and robotic technology are likely to improve surgical precision and outcomes, while further decreasing invasiveness of the technique.

### Disclosure

The authors report no conflicts of interest in this work.

### References


