Abstract: In the absence of specific therapy, the 15%–20% of breast cancers demonstrating human epidermal growth-factor receptor 2 (HER2) protein overexpression and/or gene amplification are characterized by a more aggressive phenotype and poorer prognosis compared to their HER2-negative counterparts. Trastuzumab (Herceptin), the first anti-HER2-targeted therapy, has been associated with improved survival outcomes in HER2-positive breast cancer. However, many patients with early stage disease continue to relapse, and metastatic disease remains incurable. In order to further improve these outcomes, several novel HER2-targeted agents have recently been developed. Pertuzumab (Perjeta), a monoclonal antibody against the HER2 dimerization domain, has also been associated with improved patient outcomes in clinical trials, and has recently been approved in combination with chemotherapy and trastuzumab for neoadjuvant therapy of early stage, HER2-positive breast cancer and first-line treatment of metastatic disease. This review briefly summarizes pertuzumab’s clinical development as well as the published evidence supporting its use, and highlights some of the currently unanswered questions that will influence pertuzumab’s incorporation into clinical practice.

Keywords: HER2/neu, clinical trials, drug development, novel therapies, targeted anticancer therapy

Introduction

Breast cancer is the most common nondermatologic malignancy in women worldwide and accounted for 1.38 million new diagnoses in 2011.¹ Significant variation exists among breast cancers in both natural history and outcomes following therapy. Advances in our understanding of tumor biology have demonstrated a number of molecular and (recently) gene-expression profile characteristics that help explain this phenotypic heterogeneity.² Human epidermal growth-factor receptor 2 (HER2; also known as HER2/neu and ERBB2) protein overexpression and/or gene amplification has been identified in 15%–20% of invasive breast cancers.³–⁶ In the absence of specific HER2-directed therapy, HER2-positive disease is characterized by a more aggressive phenotype and poorer prognosis compared to HER2-negative cancers.³–⁶

Trastuzumab (Herceptin⁵; Genentech, San Francisco, CA, USA), the first US Food and Drug Administration (FDA)-approved agent to specifically target the HER2 protein, is a humanized monoclonal antibody against extracellular domain IV of the HER2 receptor (Figure 1).⁷ Trastuzumab has been associated with significant improvements in overall survival in both early and late-stage HER2-positive breast cancer settings.⁸–¹³ Despite this progress, however, many patients with early stage HER2-positive breast cancer continue to relapse, and metastatic HER2-positive disease remains incurable.
Therefore, there is continued interest in the development of novel HER2-targeted agents to further improve patient outcomes in this breast cancer subgroup.

Pertuzumab (Perjeta®; Genentech) is a humanized monoclonal antibody against extracellular domain II of the HER2 protein (Figure 1), and is the first in a new class of agents, HER dimerization inhibitors. The objective of this review is to summarize pertuzumab’s clinical development as well as the published evidence supporting its use, and highlight some of the currently unanswered questions that will influence pertuzumab’s incorporation into clinical practice. In preparation of this manuscript, we performed a Medline (PubMed) search for all English-language literature published prior to August 31, 2013 using the keywords “pertuzumab” and “breast cancer”, which returned 193 publications. Further relevant reports were identified from the references of these articles.

**Mechanism of action and preclinical studies**

The HER family of proteins includes four transmembrane receptor-tyrosine kinases, namely HER1, HER2, HER3, and HER4. These proteins share a common mechanism in which intracellular tyrosine-kinase domains are activated through homo- or heterodimerization (receptor pairing), leading to initiation of several cell-signaling cascades. The process of dimerization is mediated by HER extracellular domain II, which in the majority of cases undergoes a conformational change allowing for dimerization upon ligand binding. HER2 is an exception, as it is constitutively able to dimerize in the absence of ligands, making it the preferred dimerization partner among HER proteins. Each individual HER dimerization pairing has unique cell-signaling properties with the HER2–HER3 heterodimer considered the most potent inducer of signal transduction, particularly for the activation of the phosphatidylinositol 3-kinase–AKT–mammalian target of rapamycin pathway. Ultimately, HER-mediated cell signaling is involved in the regulation of a number of cellular processes, including proliferation, differentiation, migration, and apoptosis, which are central to cancer cell survival and therapeutic resistance.

Whereas trastuzumab targets HER2 extracellular domain IV, pertuzumab is a fully humanized immunoglobulin Gκ monoclonal antibody against HER2 extracellular domain II (Figure 1). By binding to an epitope within this domain, pertuzumab effectively blocks HER2 homo- and heterodimerization, thereby inhibiting HER tyrosine-kinase activation and downstream cell signaling. Beyond interruption of HER-mediated cell signaling, pertuzumab has been shown to induce antibody-dependent cell-mediated cytotoxicity, similar to trastuzumab. These mechanisms, among others, result in significant antitumor activity demonstrated in both cell-line and xenograft models.

Preclinical studies have consistently demonstrated a synergistic antitumor effect for a pertuzumab and trastuzumab combination. Interestingly, pertuzumab also appeared to inhibit tumor growth in a xenograft with low HER2 expression. While the former observation effectively foreshadows the clinical experience with pertuzumab to date, the latter has not yet translated into clinical benefit in...
the setting of HER2-negative disease. Therefore, we have focused this review on the role of pertuzumab in HER2-positive breast cancer, emphasizing the landmark clinical trials that have been completed or are in progress on this topic (Figure 2).

**Completed clinical trials**

**Phase I trials**

The first Phase I trial was conducted among heavily pretreated patients with metastatic solid tumors to assess the safety and pharmacokinetics of pertuzumab monotherapy. This study included a dose-escalation schedule, with weight-based doses ranging from 0.5 mg/kg to 15 mg/kg. A maximum dose was not identified, and pertuzumab was well tolerated overall. Pharmacokinetic data showed that the volume of distribution approximated the serum volume. With doses from 2 mg/kg to 15 mg/kg, the elimination half-life ranged from 14 to 22 days, supporting a 3-week dosing schedule. Among 21 treated patients, two had partial responses, including patients with ovarian cancer and pancreatic islet-cell carcinoma, respectively. Stable disease lasting more than 10 weeks was observed in six additional patients.

Several other Phase I trials of pertuzumab monotherapy and combination regimens have been published in the advanced solid tumor setting. Taken together, these studies also suggested that pertuzumab was well tolerated, and a maximum dose was not reached. Pharmacokinetic data from these studies, as well as a subsequent analysis, confirmed that pertuzumab’s half-life was approximately 3 weeks. These data also supported a fixed dosing schedule of 420 mg administered intravenously (IV) every 3 weeks, preceded by a loading dose of 840 mg in order to reach steady-state serum concentrations rapidly.

**Metastatic trials**

Initial Phase II trials in pretreated metastatic HER2-positive breast cancer patients investigated the addition of pertuzumab to trastuzumab, in an effort to overcome trastuzumab resistance (Table 1). The first of these was a small, single-arm trial in patients who had progressed on up to three prior lines of trastuzumab-based therapy for metastatic disease, including a median 82 weeks of prior trastuzumab therapy. The objectives of this study by Portera et al were to assess the safety and efficacy of dual HER2 blockade, with a focus on cardiac risk evaluation. The study’s group sequential design included a planned sample size of 37 patients, with the option to stop accrual if two of the initial 12 enrolled subjects developed cardiac dysfunction. Accrual was stopped after only eleven patients, due to concern regarding cardiotoxicity. This will be discussed in more detail in the “Safety profile” section of this manuscript. Following the addition of pertuzumab in this small group, the objective response rate (ORR) was 18%, and a further 27% of patients achieved ≥18 weeks of disease stability (Table 1).

A second, larger Phase II study entitled B017929 also assessed the efficacy of combined trastuzumab and pertuzumab following progression on trastuzumab. In this multicenter, single-arm trial, dual HER2 blockade was continued until disease progression, treatment toxicity, or death. Enrolled patients had centrally confirmed HER2-positive, metastatic breast cancer and had progressed on trastuzumab-based therapy as their most recent treatment for the  

![Diagram](https://www.dovepress.com/)

**Figure 2** Landmark trials of pertuzumab in the adjuvant, neoadjuvant, and metastatic settings. The chemotherapy regimens utilized include docetaxel (CLEOPATRA and preoperatively in NEOSPHERE), fluorouracil/epirubicin/cyclophosphamide (postoperative in NEOSPHERE), and other center-specific approved regimens (Aphinity). Targeted therapies were delivered for a total of 1 year in the neoadjuvant and adjuvant trials or until progression in the metastatic trial.

**Abbreviations:** Chemo, chemotherapy; T, trastuzumab; P, pertuzumab.
Table 1 Clinical trials of pertuzumab in the metastatic setting

<table>
<thead>
<tr>
<th>Trial</th>
<th>Phase</th>
<th>Setting</th>
<th>Design</th>
<th>Treatment</th>
<th>Sample size</th>
<th>ORR (%)</th>
<th>CBR (%)</th>
<th>PFS (mo)</th>
<th>OS (mo)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Portera et al18</td>
<td>II</td>
<td>2nd–4th line</td>
<td>Single-arm, group sequential design</td>
<td>T + P</td>
<td>11</td>
<td>18</td>
<td>45</td>
<td>NR</td>
<td>NR</td>
</tr>
<tr>
<td>B017929</td>
<td>II</td>
<td>2nd–4th line</td>
<td>Single-arm, group sequential design</td>
<td>T + P</td>
<td>66</td>
<td>24.2</td>
<td>50</td>
<td>5.5</td>
<td>NR</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Single-arm with crossover after</td>
<td>P</td>
<td>29</td>
<td>3.4</td>
<td>10.3</td>
<td>1.8</td>
<td>NR</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>progression on single agent P</td>
<td>T + P</td>
<td>17</td>
<td>17.6</td>
<td>41.2</td>
<td>4.4</td>
<td>NR</td>
</tr>
<tr>
<td>CLEOPATRA</td>
<td>III</td>
<td>1st line</td>
<td>Randomized, double-blind, placebo-controlled trial</td>
<td>D + T + P</td>
<td>406</td>
<td>80.2</td>
<td>94.8</td>
<td>18.5*</td>
<td>NYR*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>D + T</td>
<td>402</td>
<td>69.3</td>
<td>90.1</td>
<td>12.4*</td>
<td>37.6*</td>
</tr>
</tbody>
</table>

Notes: Following progression on one or two lines of therapy, including T: cohorts 1 and 2; cohort 3; ‘the ORR and CBR results in CLEOPATRA are from primary analysis – independent review data while PFS and OS are from 2nd interim analysis – investigator-assessed data; hazard ratio 0.62, P=0.001; hazard ratio 0.66, P=0.0008.

Abbreviations: ORR, overall response rate; CBR, clinical benefit rate; PFS, progression-free survival; mo, months; OS, overall survival; T, trastuzumab; P, pertuzumab; NR, not reported; D, docetaxel; NYR, not yet reached.

metastatic disease. Inclusion criteria allowed up to three prior chemotherapy regimens and required that study treatment be initiated 4–9 weeks after the subject’s last dose of trastuzumab. The study’s Simon-type, group sequential design included an interim analysis after enrollment of 24 evaluable patients (cohort 1), following which an additional group (cohort 2) was accrued based on demonstrated treatment activity. In all, 66 patients were enrolled with a median 16.2 months’ prior trastuzumab treatment. Combination therapy using trastuzumab and pertuzumab was well tolerated, and again demonstrated activity in this setting. The observed ORR was 24%, with five complete responses (CRs; 8%). The clinical benefit rate, including the ORR and patients with stable disease for more than 6 months, was 50%. Among responders, the median time to response was 2.6 months, no CR was seen before 6 months of therapy, and responses were seen in both visceral and nonvisceral disease. The median progression-free survival (PFS) and duration of response were 5.5 and 5.8 months, respectively.

Following the promising activity demonstrated in the first two cohorts of patients enrolled in B017929, the study protocol was amended, and a third cohort of patients was recruited (cohort 3).36 The purpose of this amendment was to investigate whether the efficacy of pertuzumab alone would be similar to that seen with dual HER2 blockade using trastuzumab and pertuzumab. Inclusion criteria for this group were identical to those of the original two cohorts, though study treatment differed (Table 1). In cohort 3, patients who had progressed on trastuzumab were treated with pertuzumab monotherapy until disease progression or unacceptable toxicity. In patients tolerant of pertuzumab who developed progressive disease, trastuzumab was restarted in addition to pertuzumab at the investigator’s discretion. There were 29 patients recruited with 87.2 weeks’ mean prior trastuzumab treatment. Pertuzumab was well tolerated, but showed little activity as a monotherapy, with an ORR of 2.4% and median PFS of only 7.1 weeks (Table 1). Of the 29 patients who received pertuzumab, 17 subsequently had trastuzumab reintroduced with more substantial response rates, including an ORR of 17%, a stable disease rate of 23.5%, and a PFS of 17.4 weeks. Overall, these results suggest that the clinical benefit seen with the addition of pertuzumab to trastuzumab could be due to the synergistic impact of dual HER2 blockade, as opposed to pertuzumab anti-HER2 activity alone, seemingly confirming the observed preclinical synergy between these agents and pertuzumab’s ability to “overcome trastuzumab resistance”.

The only Phase III trial of pertuzumab in the metastatic HER2-positive breast setting published to date examined the addition of pertuzumab to first-line treatment of docetaxel plus trastuzumab.37,38 The CLEOPATRA (Clinical Evaluation Of Pertuzumab And TRAstuzumab) registration trial, funded and sponsored by Hoffmann-La Roche (Basel, Switzerland), was an international, double-blind, randomized, placebo-controlled study (Table 1). Inclusion criteria allowed for prior endocrine therapy in the metastatic setting and prior chemotherapy with or without trastuzumab in the neo-/adjuvant setting if the interval between treatment completion and diagnosis with metastatic disease was at least 12 months. Prior therapy was included as a stratification factor along with geographic region. Patients were randomized to receive docetaxel 75 mg/m² IV, trastuzumab 8 mg/kg followed by 6 mg/kg IV, and standard-dose pertuzumab or matching placebo every 3 weeks for at least six recommended cycles. The number of docetaxel-chemotherapy cycles in the absence of disease progression was left to investigator discretion, while trastuzumab and pertuzumab (or placebo) were continued until disease progression or unmanageable toxicity. Crossover was not permitted at the time of progression. The primary end point was independently reviewed PFS in the intention-to-treat population. Secondary end points included overall survival (OS), ORR, and safety. Between February 2008 and July
2010, 808 patients with centrally confirmed HER2-positive, unresectable locally recurrent, or metastatic breast cancer were enrolled. The baseline characteristics were well balanced among the two groups, and approximately 11% of patients had received trastuzumab previously.

In the primary analysis, conducted in May 2011 after a predefined number of events had been reached, the median PFS in the pertuzumab and placebo groups was 18.5 and 12.4 months, respectively (Table 2). This 6.1-month difference was clinically as well as statistically significant (hazard ratio [HR] 0.62, 95% confidence interval [CI] 0.51–0.75; \( P<0.001 \)), and was observed across all predefined subgroups. The ORR in the pertuzumab group was 80.2% compared to 69.3% in the placebo group (difference 10.8%, 95% CI 4.2–17.5; \( P=0.001 \)). An interim analysis of OS conducted at this time showed fewer deaths in the pertuzumab group (HR 0.64, 95% CI 0.47–0.88; \( P=0.005 \)), but did not cross the predefined O'Brien–Fleming stopping boundary. Based on this, the trial continued and patients were not unblinded. The addition of pertuzumab was generally well tolerated (Table 3), and the median number of docetaxel cycles along with the median dose intensity were equal among groups.

A second interim analysis of OS from CLEOPATRA was performed in May 2012, 1 year after the primary analysis, as requested by European health authorities. \( ^{38} \) At that time 267 (69%) of the prespecified 385 events needed to trigger the final OS analysis had occurred. This analysis again showed fewer deaths in the pertuzumab group compared to the control arm (HR 0.66, 95% CI 0.52–0.84; \( P=0.0008 \)) and the HR for death crossed the predefined stopping boundary. Median OS had not been reached in the pertuzumab group, and was 37.6 months in the placebo group. Overall, approximately 70% of patients had received HER2-targeted agents following progression, including further trastuzumab (43%), lapatinib (Tykerb\textsuperscript{b}; GlaxoSmithKline, Brentford, UK; 43%), and trastuzumab emtansine (Kadcyla\textsuperscript{c}; Genentech; 10%). Subsequent treatments were well balanced between groups, and no patients received pertuzumab off-study. Descriptive follow-up analysis showed that the PFS benefit had been maintained after an additional year of follow-up. Based on these results, Swain et al concluded that the addition of pertuzumab to first-line therapy with docetaxel and trastuzumab resulted in significant and clinically meaningful improvement in OS among women with HER2-positive metastatic breast cancer. \( ^{38} \)

A later publication of CLEOPATRA data reported its health-related quality-of-life (HRQoL) results. \( ^{39} \) This evaluation utilized a well-validated questionnaire, the Functional Assessment of Cancer Therapy – Breast (FACT-B), which has established minimally important difference thresholds. \( ^{40,41} \) The prespecified HRQoL end point of CLEOPATRA was the time from randomization until decline in HRQoL, as assessed by FACT-B, which was administered to subjects every 9 weeks. Results showed no difference among treatment groups, suggesting that the addition of pertuzumab to first-line treatment did not impair HRQoL. An exploratory, post hoc analysis using the breast cancer subscale of FACT-B suggested that pertuzumab-containing therapy may prolong time to clinically relevant worsening in breast cancer-specific symptoms.

The aforementioned positive results from CLEOPATRA have led to the recent approval of pertuzumab in addition to docetaxel plus trastuzumab for the first-line treatment of HER2-positive metastatic breast cancer by the European Medicines Agency, Health Canada, and the FDA. \( ^{42–44} \)

### Neoadjuvant trials

To date, two Phase II trials examining pertuzumab therapy in the neoadjuvant setting have been published (Table 2). \( ^{45,46} \) The NEOSPHERE (Neoadjuvant Study of Pertuzumab and

### Table 2 Clinical trials of pertuzumab in the neoadjuvant setting

| Trial          | Phase | Arms | n     | Preoperative treatment | # cycles\textsuperscript{a} | Postoperative treatment\textsuperscript{b} | pCR (%)<sup> (Breast | Breast + Axilla</sup> |
|---------------|-------|------|-------|------------------------|-----------------------------|---------------------------------------------|------------------------|
| NeoSPHERE\textsuperscript{a} II | A     | 107  | D + T | (FEC + T)\( \times 3 \rightarrow T \) | 4                           | 29                           | 21.5                                  |
|               | B     | 107  | D + T + P | (FEC + T)\( \times 3 \rightarrow T \) | 4                           | 45.8\textsuperscript{b}         | 39.3                                  |
|               | C     | 107  | T + P | (D + T)\( \rightarrow 4 \rightarrow (FEC + T)\( \times 3 \rightarrow T \) | 4                           | 16.8\textsuperscript{d}         | 11.2                                  |
|               | D     | 96   | D + P | (FEC + T)\( \times 3 \rightarrow T \) | 4                           | 24\textsuperscript{e}           | 17.7                                  |
| TRYPHAENA\textsuperscript{b} II | A     | 73   | (FEC + T + P)\( \times 3 \rightarrow (D + T + P)\( \times 3 \) | 6                           | T                           | 61.6                                  | 50.7                                  |
|               | B     | 75   | (FEC)\( \times 3 \rightarrow (D + T + P)\( \times 3 \) | 6                           | T                           | 57.3                                  | 45.3                                  |
|               | C     | 77   | D + Carbo + T + P | (D + Carbo + T + P)\( \times 3 \) | 6                           | T                           | 66.2                                  | 51.9                                  |

\textbf{Notes:} \( ^{a} \)Number of preoperative cycles; \( ^{b} \)adjuvant T continued for a total of 1 year in each group; \( ^{c} \)superior to group A (\( P=0.0141 \)); \( ^{d} \)inferior to group A (\( P=0.0198 \)); \( ^{e} \)inferior to group B (\( P=0.003 \)); no statistical comparison performed.

\textit{Abbreviations:} n, sample size; pCR, pathologic complete response; D, docetaxel; T, trastuzumab; FEC, fluorouracil/epirubicin/cyclophosphamide; P, pertuzumab; Carbo, carboplatin.
Table 3 Common adverse events seen in CLEOPATRA

<table>
<thead>
<tr>
<th></th>
<th>$D + T + P$ (n=396)$^a$</th>
<th>$D + T$ (n=408)$^a$</th>
<th>$T + P$ (n=303)$^a$</th>
<th>T (n=260)$^a$</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Grade 1–2</td>
<td>Grade 3–4</td>
<td>Grade 1–2</td>
<td>Grade 3–4</td>
</tr>
<tr>
<td>Diarrhea$^b$</td>
<td>241 (59%)</td>
<td>37 (9%)</td>
<td>171 (43%)</td>
<td>20 (5%)</td>
</tr>
<tr>
<td>Alopecia</td>
<td>244 (60%)</td>
<td>0</td>
<td>236 (60%)</td>
<td>1 (&lt;1%)</td>
</tr>
<tr>
<td>Neutropenia</td>
<td>16 (4%)</td>
<td>200 (49%)</td>
<td>15 (4%)</td>
<td>182 (46%)</td>
</tr>
<tr>
<td>Fatigue</td>
<td>174 (43%)</td>
<td>5 (1%)</td>
<td>166 (42%)</td>
<td>2 (1%)</td>
</tr>
<tr>
<td>Rash$^b$</td>
<td>144 (35%)</td>
<td>9 (2%)</td>
<td>134 (34%)</td>
<td>13 (3%)</td>
</tr>
<tr>
<td>Anemia</td>
<td>146 (36%)</td>
<td>3 (1%)</td>
<td>91 (23%)</td>
<td>3 (1%)</td>
</tr>
<tr>
<td>Mucositis$^b$</td>
<td>114 (28%)</td>
<td>7 (2%)</td>
<td>99 (25%)</td>
<td>6 (2%)</td>
</tr>
<tr>
<td>Asthenia</td>
<td>100 (25%)</td>
<td>10 (2%)</td>
<td>114 (29%)</td>
<td>7 (2%)</td>
</tr>
<tr>
<td>Vomiting</td>
<td>98 (24%)</td>
<td>6 (1%)</td>
<td>91 (23%)</td>
<td>6 (2%)</td>
</tr>
<tr>
<td>Peripheral edema</td>
<td>97 (24%)</td>
<td>2 (&lt;1%)</td>
<td>116 (29%)</td>
<td>3 (1%)</td>
</tr>
<tr>
<td>Pruritus$^b$</td>
<td>66 (16%)</td>
<td>0</td>
<td>39 (10%)</td>
<td>0</td>
</tr>
<tr>
<td>Constipation</td>
<td>63 (15%)</td>
<td>0</td>
<td>97 (24%)</td>
<td>4 (1%)</td>
</tr>
<tr>
<td>Febrile neutropenia$^b$</td>
<td>0</td>
<td>53 (13%)</td>
<td>0</td>
<td>29 (7%)</td>
</tr>
<tr>
<td>Dry skin$^b$</td>
<td>43 (11%)</td>
<td>0</td>
<td>18 (5%)</td>
<td>0</td>
</tr>
</tbody>
</table>

Notes: *CLEOPATRA was a two-arm trial comparing $D + T + P$ followed by $T + P$ and $D + T$ followed by $T$; *occuring >5% more frequently in the pertuzumab group. Reprinted from Lancet Oncol 2013;14(6). Swain SM, Kim SB, Cortés J, et al. Pertuzumab, trastuzumab, and docetaxel for HER2-positive metastatic breast cancer (CLEOPATRA study): overall survival results from a randomised, double-blind, placebo-controlled, phase 3 study, pages 461–471. Copyright © 2013, with permission from Elsevier. $^a$Abbreviations: D, docetaxel; T, trastuzumab; P, pertuzumab; n, sample size.

Herceptin in an Early Regimen Evaluation) trial evaluated the addition of pertuzumab to neoadjuvant therapy consisting of docetaxel plus trastuzumab. This multicenter, open-label, proof-of-concept trial was funded by Hoffman-La Roche. Inclusion criteria included operable locally advanced or inflammatory centrally confirmed HER2-positive breast cancer with primary tumors larger than 2 cm in diameter. Patients were randomized into four arms and treated with a total of four preoperative treatment cycles administered every 3 weeks (Table 2). Those patients randomized to docetaxel-containing arms received docetaxel 75 mg/m² IV, escalating to 100 mg/m² if tolerated. Postoperatively, patients received adjuvant chemotherapy with the FEC regimen (three cycles of fluorouracil 600 mg/m², epirubicin 90 mg/m², and cyclophosphamide 600 mg/m² administered every 3 weeks IV) in arms A, B, and D, or with four cycles of docetaxel followed by FEC in group C. All patients received concurrent trastuzumab for 1 year. The primary end point was pathologic CR (pCR) in breast tissue alone (ypT0), though pCR in breast tissue and all sampled lymph-node (ypT0N0) rates were also reported. Patients were stratified by endocrine sensitivity (estrogen- and/ or progesterone-receptor positivity) and disease stage.

Between December 2007 and December 2009, 417 patients were enrolled internationally. Among this population, patients with endocrine-sensitive, locally advanced, and inflammatory disease represented 50%, 33%, and 7%, respectively. pCR rates differed among treatment arms (Table 2). Dual HER2 blockade plus docetaxel was associated with increased pCR rates compared to docetaxel plus trastuzumab (45.8% versus 29.0%, *P=0.0141) or docetaxel plus pertuzumab (45.8% versus 24.0%, *P=0.003). Conversely, dual HER2 blockade without chemotherapy was associated with inferior pCR rates when compared to docetaxel plus trastuzumab (16.8% versus 29.0%, *P=0.0198). As expected, pCR rates were higher in patients with endocrine-insensitive disease compared with those with endocrine-sensitive cancers. The triple combination of pertuzumab plus docetaxel plus trastuzumab was associated with improved pCR rates compared to docetaxel plus trastuzumab alone in both endocrine-sensitive (26.0% versus 20.0%) and endocrine-insensitive disease (63.2% versus 36.8%). The number of serious adverse events was similar among the arms that included chemotherapy and lower in the biologic therapy-alone group (arm C).

The TRYPHAENA (Trastuzumab Plus Pertuzumab in Neoadjuvant HER2-Positive Breast Cancer) trial also evaluated pertuzumab therapy in the neoadjuvant setting, with a focus on cardiac safety. This multicenter, randomized, open-label trial, funded by Hoffmann-La Roche, randomized patients into three treatment arms: dual HER2 blockade concurrent with anthracycline, sequential with anthracycline, and without anthracycline (Table 2). The treatments given in each arm were as follows: arm A, FEC-D (fluorouracil 500 mg/m², epirubicin 100 mg/m², cyclophosphamide 500 mg/m² for three cycles followed by docetaxel 75 mg/m² increased to 100 mg/m² if tolerated for three cycles) chemotherapy with standard-dose trastuzumab plus pertuzumab given...
concurrently with all cycles; arm B, FEC-D chemotherapy with trastuzumab plus pertuzumab given concurrently with the last three cycles; or arm C, docetaxel (75 mg/m²), carboplatin (area under the plasma concentration–time curve of six), and trastuzumab plus pertuzumab given concurrently. All regimens were given IV every 3 weeks to a total of six preoperative cycles. Postoperative treatment included 1 year of adjuvant trastuzumab. This trial had similar inclusion criteria to NEOSPHERE. The primary end points in this case included 1) symptomatic left ventricular systolic dysfunction (L VSD) and 2) decreased left ventricular ejection fraction (L VEF) by ≥10% to <50%. The secondary end point was pCR in breast tissue alone (ypT0). A total of 225 patients were enrolled internationally between December 2009 and January 2011. Among this population, patients with endocrine-sensitive, locally advanced, and inflammatory disease represented approximately 50%, 20%–30%, and 6%, respectively. Median follow-up from time of enrolment was 20 months. The incidence of symptomatic L VSD and significant decreases in L VEF was low, and did not differ meaningfully across treatment arms (see further details in the “Safety profile” section of this manuscript). Arms A, B, and C were associated with high pCR rates of 61.6%, 57.3%, and 66.2% in breast tissue alone (Table 2) and 50.7%, 45.3%, and 51.9%, in breast and ipsilateral axillary nodes (ypT0N0), respectively. The authors concluded that all three neoadjuvant treatment regimens were safe and highly active.

Based on the aforementioned evidence, the FDA granted accelerated approval of pertuzumab use as part of neoadjuvant treatment for early breast cancer, contingent upon confirmatory results from an ongoing adjuvant trial.47

Safety profile
Cardiotoxicity
Due to the recognized potential for HER2-targeted agents to induce cardiotoxicity, cardiac safety has been the specific subject of several pertuzumab studies.34,46,48,49 The first reported Phase II trial of pertuzumab plus trastuzumab in patients with previously treated metastatic HER2-positive breast cancer was stopped due to potential cardiotoxicity.24 Inclusion criteria for this trial included a baseline L VEF ≥55% and no clinical evidence of congestive heart failure. Exclusion criteria included uncontrolled hypertension/arrhythmias, significant valvular lesions, prior myocardial infarction or angina pectoris requiring antianginal medication, poorly controlled diabetes mellitus, and prior treatment with >360 mg/m² of doxorubicin. Echocardiography was performed at baseline and repeated every 3 weeks. During the intended dual HER2 blockade in this trial, six of eleven patients experienced decreases in L VEF prompting trial discontinuation. Of these, two patients experienced decreases in L VEF ≥15% and one patient experienced symptomatic L VSD.

This concerning safety signal has not been replicated in subsequent trials with much larger sample sizes. Moreover, a pooled analysis of 598 patients from early phase pertuzumab trials suggested low rates of cardiotoxicity.9 In this study, the rates of asymptomatic L VEF decrease and symptomatic L VSD were approximately 5% and 1%, respectively, and varied little depending upon whether pertuzumab was administered as a single agent or concurrent with nonanthracycline chemotherapy or trastuzumab. A reassuring cardiotoxicity profile was also observed in CLEOPATRA.37,38,46 In this trial, the incidence of cardiac adverse events was 16.4% in 402 patients treated with docetaxel plus trastuzumab plus placebo and 14.5% in 406 patients treated with docetaxel plus trastuzumab plus pertuzumab. The incidence of significant decline in L VEF, defined as a decline of ≥10% to a value of <50%, was 6.6% in the placebo group and 3.8% in the pertuzumab group. The rate of symptomatic L VSD among patients in the placebo and pertuzumab groups was 1.8% and 1.0%, respectively.

The apparent cardiac safety of pertuzumab and trastuzumab with concurrent or sequential anthracycline-based chemotherapy has also been demonstrated in the neoadjuvant setting.46 In TRYPHAENA, significant decreases in L VEF (again defined as ≥10% to <50%) were infrequent, and only 0.4% of patients treated with concurrent pertuzumab plus trastuzumab plus anthracycline-based chemotherapy developed symptomatic L VSD during the neoadjuvant period. As a whole, the trial experience with single-agent and combination regimens including pertuzumab supports its cardiac safety in appropriately selected patients undergoing close monitoring. Routine assessments of L VEF continue to be recommended at baseline and every 3 months while on treatment.

Other adverse effects
Pertuzumab has demonstrated a favorable adverse-effect profile overall. During Phase I and II trials of pertuzumab with or without trastuzumab in the metastatic setting, the most common observed adverse events were diarrhea, asthenia, nausea, and rash.28–31,34–36 The majority of these events were mild, graded 1–2 by the National Cancer Institute Common Toxicity Criteria. Pertuzumab also appears to be well tolerated when given concurrently with chemotherapy.37,45,46 In CLEOPATRA, pertuzumab was compared to placebo in
addition to docetaxel plus trastuzumab. Adverse events present in at least 5% of this population are shown in Table 3 and divided based on occurrence during or after docetaxel therapy. Adverse events present at least 5% more frequently in the pertuzumab group were diarrhea, rash, mucositis, febrile neutropenia, and dry skin. Among these, the only grade 3–4 events were febrile neutropenia, which occurred at rates of 13.8% and 7.7% in the pertuzumab and placebo groups, respectively. As expected, more adverse events took place during concurrent docetaxel treatment, including all episodes of febrile neutropenia.

Pertuzumab, like other monoclonal antibodies, has also been associated with hypersensitivity reactions that are generally mild and readily controlled with treatment, but may rarely be serious and life-threatening. No routine premedication is required. Finally, pertuzumab has been associated with fetal toxicity in animal studies, and is therefore not recommended for use in pregnancy or in women who may become pregnant. For this reason, a Phase IV observational study including pregnancy outcomes in women treated with pertuzumab is ongoing.

Ongoing trials

Multiple ongoing trials are further examining the role of pertuzumab in HER2-positive breast cancer (Table 4). In the setting of first-line therapy for metastatic disease, several trials are currently open to accrual testing pertuzumab in combination with various other chemotherapy, endocrine, and targeted agents. A noteworthy Phase III trial has been designed based on promising results from a Phase IB/II trial of combined pertuzumab plus trastuzumab emtansine. MARIANNE (A Study of Trastuzumab Emtansine [TDM-1] Plus Pertuzumab/Pertuzumab Placebo Versus Trastuzumab [Herceptin] Plus a Taxane in Patients with Metastatic Breast Cancer) is a multicenter, randomized trial comparing three regimens in the first-line treatment of HER2-positive metastatic breast cancer: trastuzumab emtansine plus pertuzumab, trastuzumab emtansine plus placebo, and trastuzumab plus a taxane. Beyond first-line treatment, pertuzumab is being tested in addition to chemotherapy among patients who have not already received pertuzumab in PHEREXA (A Study of a Combination of Trastuzumab and Capecitabine with

<table>
<thead>
<tr>
<th>Treatment setting</th>
<th>Trial</th>
<th>Phase</th>
<th>Treatment groups</th>
<th>Primary end point</th>
<th>Target enrollment</th>
<th>Estimated completion</th>
<th>Comments</th>
</tr>
</thead>
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<tr>
<td>Neoadjuvant</td>
<td>Opti-HER Heart (NCT01669239)</td>
<td>II</td>
<td>Liposomal doxorubicin + paclitaxel + T + P</td>
<td>Cardiac safety</td>
<td>83</td>
<td>2015</td>
<td></td>
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<tr>
<td></td>
<td>NCT01796197</td>
<td>II</td>
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<td>pCR</td>
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<td>2015</td>
<td>Inflammatory</td>
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<tr>
<td>Adjuvant</td>
<td>Aphinity (NCT01358877)</td>
<td>III</td>
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<td>DFS</td>
<td>4,800</td>
<td>2023</td>
<td></td>
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<tr>
<td>Metastatic</td>
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<td>II</td>
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<td>69</td>
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<td></td>
<td>VELVET (NCT01565083)</td>
<td>II</td>
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<td>ORR</td>
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<td>NCT01730833a</td>
<td>II</td>
<td>NAb-paclitaxel + T + P</td>
<td>PFS</td>
<td>45</td>
<td>2017</td>
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<td></td>
<td>PERUSE (NCT01572038)</td>
<td>IIIb</td>
<td>Taxane + T + P</td>
<td>Safety</td>
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<td></td>
<td>HELENA (NCT01777958)</td>
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<td>T + P</td>
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<td>2017</td>
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or Without Pertuzumab in Patients with HER2-Positive Metastatic Breast Cancer). 62

Pertuzumab is also currently undergoing evaluation in the adjuvant setting. Aphinity is a multicenter, randomized, double-blind, placebo-controlled trial of pertuzumab added to adjuvant treatment including chemotherapy plus trastuzumab. 58 The primary end point of this large, Phase III trial is invasive disease-free survival. With a reported target enrolment of 4,800 patients, the estimated completion date is 2023. In addition to assessing the value of pertuzumab in the adjuvant setting, clinically meaningful results from Aphinity will also help in interpretation of published surrogate outcomes from the neoadjuvant setting. 45,46

Clinical and economic perspectives
Pertuzumab, the first in a new class of HER dimerization inhibitors, is clearly a promising agent for the treatment of HER2-positive breast cancer, and demonstrates substantial efficacy in combination with trastuzumab and chemotherapy. Dual HER2 blockade with this combination of targeted agents is well tolerated, allowing it to be safely combined with cytotoxic chemotherapies. However, important questions remain regarding pertuzumab’s incorporation into routine clinical use.

What is the optimal indication for pertuzumab?
In the metastatic setting, the methodologically robust CLEOPATRA trial has shown significantly improved OS with pertuzumab when added to the first-line regimen of docetaxel plus trastuzumab. 38 But is this regimen the ideal or only efficacious use for pertuzumab in metastatic HER2-positive breast cancer? Based on earlier phase data, it appears doubtful that pertuzumab’s benefit is limited to the first-line setting or this particular regimen. 34–36 Ongoing trials of pertuzumab in addition to regimens including various cytotoxic/targeted therapies in several lines of therapy will likely show significant benefits in other scenarios. 55–57,62 Therefore, while its currently approved indication is first-line treatment in addition to docetaxel plus trastuzumab, time-limited use of pertuzumab in subsequent lines of therapy for those patients who did not receive pertuzumab in the first line may not be unreasonable.

The optimal combination and/or sequence with other novel HER2-targeted therapies, such as trastuzumab emtansine, is also yet to be determined. The three-arm MARIANNE trial of first-line treatment for metastatic HER2-positive breast cancer will examine trastuzumab emtansine with or without pertuzumab compared to taxane plus trastuzumab. 57 However, as the study does not include a comparator arm of taxane plus trastuzumab plus pertuzumab, it is unlikely to provide a definite answer with regard to the preferred first-line regimen for women with HER2-positive metastatic breast cancer. Ultimately, in the not-too-distant future, clinicians may have a wealth of HER2-targeted therapies at their disposal that may be used in sequence or in combination based on prior therapies, potential adverse events, and drug access. Similar to the current paradigm for use of cytotoxic agents in metastatic breast cancer, current research is unlikely to identify a single ideal algorithm for use of HER2-targeted agents.

Results from NEOSPHERE and TRYPHAENA suggest that pertuzumab use in combination with neoadjuvant therapies is promising and safe, though questions persist. Does pertuzumab improve pCR rates when added to optimal neoadjuvant therapy? This question is difficult to answer, as a single optimal neoadjuvant therapy remains undefined. National Comprehensive Cancer Network guidelines recommend one of several chemotherapy regimens in addition to trastuzumab for neoadjuvant treatment. These preferred regimens include doxorubicin plus cyclophosphamide followed by taxane, taxane followed by FEC, or docetaxel plus carboplatin. The lowest number of cycles recommended among these regimens is six. Published experience with these regimens in combination with trastuzumab has reported pCR (ypT0N0) rates of up to 65.2%. 63 In NEOSPHERE, the backbone preoperative chemotherapy regimen consisted of single-agent docetaxel given for four cycles, which resulted in a pCR (ypT0N0) rate of 39.3% in combination with trastuzumab plus pertuzumab and only 21.5% in combination with trastuzumab alone. While cross-trial comparison is fraught with difficulties, these differences highlight the possibility that the control regimen in NEOSPHERE may not be an optimal neoadjuvant therapy comparator. This leads to the questions: can the observed benefit of pertuzumab in this trial be replaced by improving the regimen’s cytotoxic backbone, or does pertuzumab add incremental benefit when combined with optimal neoadjuvant therapy? With these questions unanswered to date, further data supporting pertuzumab’s role in the neoadjuvant setting are needed. Ultimately, results from Aphinity, the adjuvant Phase III trial designed to test the addition of pertuzumab to chemotherapy plus trastuzumab, may clarify pertuzumab’s role in early stage disease, both adjuvant and neoadjuvant. Until further data are available, pertuzumab use as a component of neoadjuvant treatment has received temporary approval in some jurisdictions, and its use appears reasonable.
Does pertuzumab provide “good value for money”?

Cost-effectiveness analyses (CEAs) and cost-utility analyses (CUAs) examine the economic cost of novel technologies in the context of their clinical benefit, and have become a standard part of new health-technology assessment in jurisdictions with publicly funded health care systems. CEAs and/or CUAs have the potential to improve the aggregate health of a population by allowing for the allocation of limited health care resources to technologies that provide the greatest value for money, and could potentially mediate the rapidly rising costs of cancer care in the developed world.

No academic CEAs or CUAs of pertuzumab exist in the literature to date. However as part of drug-approval assessments, pertuzumab’s manufacturer has submitted its own economic evaluations of pertuzumab in addition to docetaxel plus trastuzumab for first-line treatment of metastatic HER2-positive breast cancer. Limited details of one such evaluation have been publicly released following an application to the pan-Canadian Oncology Drug Review (pCODR). This submission included a CUA that employed economic modeling to estimate the monetary cost and quality-adjusted life years saved (QALYs) by pertuzumab in this setting. Model input included survival and HRQoL data from CLEOPATRA, as well as costs of drug acquisition, drug administration, adverse effects, and subsequent treatments. Using a submitted confidential price of pertuzumab, the pCODR’s Economic Guidance Panel estimated that palliative pertuzumab therapy is associated with cost utility ranging from CA$262,263–$303,726 per QALY, which is above the commonly reported North American threshold (CAS100,000 per QALY). Based on this estimate, the pCODR concluded that despite its demonstrated efficacy and safety, “pertuzumab could not be considered cost-effective at the submitted confidential price”.

The UK’s National Institute for Health and Care Excellence (NICE) has also reviewed a submission from the manufacturer for approval of pertuzumab in addition to docetaxel and trastuzumab as first-line treatment of metastatic HER2-positive breast cancer. In this submission, the listed price is noted to be £2,395 per 420 mg vial. A similar CUA was performed, many details of which remain confidential. In the model, which met NICE methodological criteria, probabilistic sensitivity analysis suggested a 0% probability that pertuzumab is cost-effective at the commonly quoted UK threshold of £30,000 per QALY. In sensitivity analysis, the model’s cost-utility estimate was also noted to be highly sensitive to changes in pertuzumab cost. Based on this the committee’s draft guidance states that “pertuzumab plus trastuzumab and docetaxel would not be a cost-effective use of NHS resources for treating HER2-positive metastatic or locally recurrent unresectable breast cancer compared with trastuzumab and docetaxel alone”. The final NICE guidance is currently in development.

While regulatory bodies from two independent jurisdictions with publicly funded health care systems have concluded that pertuzumab does not appear to be cost-effective, it is important to recognize that pertuzumab’s cost-effectiveness in these analyses was highly dependent on its drug acquisition-costs. A more favorable cost-effectiveness for pertuzumab in this setting could be achieved by a lower drug price and/or identifying a subpopulation of patients who may derive larger benefit than those already reported in clinical trials. Based on the observation that the HER2–HER3 heterodimer is a potent cell-signaling inducer and hypotheses generating observations that response to pertuzumab-based therapy in ovarian cancer varies with HER3 expression, HER3 has been proposed as a rational candidate for predictive biomarker evaluations. To date, HER3 has yet to be identified as a discriminator of pertuzumab benefit in trials, and therefore the search for a predictive marker is ongoing.

Conclusion

Pertuzumab, the first HER dimerization inhibitor, has shown significant promise for the treatment of early and late-stage HER2-positive breast cancer in combination with trastuzumab and/or chemotherapy. While many ongoing trials explore pertuzumab use in other settings, completed trials have demonstrated survival benefit when pertuzumab is added to docetaxel plus trastuzumab in first-line treatment of patients with metastatic disease, and improved pCR when pertuzumab is added to similar treatment in the neoadjuvant setting. However, the value for money associated with pertuzumab therapy at its current drug-acquisition cost appears unfavorable in jurisdictions with publicly funded health care systems. Therefore, access to this promising treatment may remain limited in certain jurisdictions based on economic factors, including its high drug-acquisition costs.

Disclosure

The authors report no conflicts of interest in this work.

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