The relationship between intervention in the CD40 signal pathway and choroidal neovascularization

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Abstract: Age-related macular degeneration, pathologic myopia, ocular trauma, and other eye diseases can cause choroidal neovascularization (CNV). In recent years, photodynamic therapy (PDT), anti-vascular endothelial growth factor (anti-VEGF) medications, laser treatment, and other measures against CNV have been gradually applied in the clinical setting and in some cases have achieved good results. However, the pathogenesis of CNV has not been fully elucidated. The costimulatory system made up of cluster of differentiation 40 protein (CD40) and its ligand (CD40L) is an important signal transduction pathway among immune cells. The activation of CD40 can also stimulate the secretion of a variety of angiogenic growth factors (eg, VEGF) and basic fibroblast growth factors that might lead to CNV. The high level expression of CD40 and CD40L has been detected in CNV diseases. Interference with the CD40 signaling pathway may become a new target for CNV treatment. We review the relationship between CD40, CD40L, and CNV.

Keywords: choroidal neovascularization, NV, CD40, angiogenesis factor

Introduction
A variety of reasons including trauma, inflammation, and degeneration can lead to the production of choroidal neovascularization (CNV). Recently, its pathogenesis has been the focus of research in the ophthalmic community. Studies have shown that vascular endothelial growth factor (VEGF) is the central link in the formation of CNV. Some inflammatory cytokines such as monocyte chemoattractant protein-1, elastin, interleukin (IL)-1, IL-6, and tumor necrosis factor (TNF)-α also have an effect on VEGF.¹,² However, the specific pathogenesis of CNV has not been fully elucidated. Cluster of differentiation 40 protein (CD40) – inflammatory molecules which are expressed on the surface of B-cells, monocytes–macrophages, and endothelial cells (EC) – plays an important role in inflammation and the immune response. Reinders et al confirmed that the combination of CD40 and CD40 ligand (CD40L) could promote the expression of the proangiogenic factors of the vascular EC (eg, VEGF) and result in CNV.³

Structure, biological characteristics, and functions of the CD40 signal pathway
CD40 and CD40L are an important pair of costimulatory molecules involved in specific immune response systems in vivo, and are a pair of complementary transmembrane glycoproteins, which are involved in humoral and cellular immune response.
Construction and distribution of the CD40 and CD40L costimulatory system

CD40, also known as leukocyte differentiation antigen (Bp50), is a kind of surface antigen associated with the function of T-cells and B-cells whose relative molecule mass is 45–50 kDa. CD40 is a type I transmembrane glycoprotein. It is composed of 227 amino acids where the ectodomain, transmembrane, and intramembrane areas are respectively made up of 193, 22, and 62 amino acids. The gene, located on chromosome 20q11-q13, belongs to the tumor necrosis factor receptor (TNFR) superfamily members. CD40 has a wide distribution of expression on different cell types, including B-cells, monocytes–macrophages, ECs, dendritic cells, and epithelial cells in vivo. Moreover, its expression is able to increase significantly in malignant B-cell tumors, atherosclerosis, and other pathological cases.

CD40L, also known as CD154, tumor necrosis factor-associated activation protein-1 (TRAP-1), or T-cell B-cell-activating molecule (TBAM), belongs to the type II transmembrane glycoprotein and has a molecular mass of 39 kDa. CD40L consists of 261 amino acids. Among them, there are 215 amino acids in the ectodomain, 24 in the transmembrane region, and 22 in the intramembrane. The CD40L gene is located on the X chromosome Xq26.3-q23.1 and belongs to the TNF superfamily members. CD40L is found mostly on activated T-cells, particularly activated CD4+ T-cells, natural killer cells (NK cells), monocytes–macrophages, B-cells, and platelet cells.

Biological effects of CD40 signal pathway

Because CD40 was found on B-cells for the first time, early researchers focused on the regulation of CD40 on B-cells’ function. The study found that costimulation of CD40 and CD40L could not only mediate the activation, proliferation, and immunoglobulin (Ig) class switching of B-cells, but it also helps promote the generation of humoral immunity. In addition, the combination of CD40 and CD40L could facilitate T-cells’ activation and bone marrow-derived antigen presenting cells (APC) maturity. Therefore, it is able to promote the cellular immune response. Subsequent studies have found that the combination could activate fibroblasts, induce the expression of CD54 and CD106, generate IL-6, and induce cells’ proliferation, thus playing an important role in fibrosis progression. Furthermore, the combination could induce the expression of VEGF on EC and promote angiogenesis, indicating that CD40 has a significant effect on the occurrence and development of neovascularization.

The CD40 signal pathway also plays an important role in the cellular immune response. Yang et al. discovered that CD40L-deficient mice could not produce effective cytotoxic T-cells in transfected hepatocytes. Full reconstitution of cellular and humoral immunity was achieved in CD40L-deficient mice by administration of an activating antibody to CD40 that increased expression of B7.2 on spleen cells. This study suggested that CD40 primarily induced the activation of APC by raising the B7 molecule of APC. The costimulation of CD40 and CD40L played a role in the occurrence, development, and prognosis of the inflammation by raising the expression of adhesion molecules and promoting the generation of proinflammatory cytokines such as interferon (IFN), TNF, and IL.

CD40 and angiogenesis

Angiogenesis

Angiogenesis is a complex process. Shear stress or various angiogenic proteins stimulate vessel permeability and EC activation, proliferation, migration, and differentiation into mature blood vessels as sprouts. These sprouts then form loops to become fully-fledged vessel lumens and build a net connecting neighboring vessels. It can happen not only in normal physiological processes but also in some diseases such as cancer, rheumatism, atherosclerosis, and blinding eye diseases (age-related macular degeneration [AMD], pathologic myopia, etc). A variety of cytokines contribute to the regulation of angiogenesis, especially the imbalance between angiogenic factors and antiangiogenesis factors; pathological angiogenesis comes from the overexpression of angiogenic factors or low expression of antiangiogenic factors. It has been confirmed that various cytokines such as VEGF, TNF-α, basic fibroblast growth factor-α, and transforming growth factor-β can promote angiogenesis; among them, VEGF is the strongest. Studies have demonstrated that in inflammatory response, lymphocytes and monocytes especially activated T-cells, as well as how mononuclear macrophages can secrete angiogenic factors and stimulate angiogenesis.

Relationship between CD40 and angiogenesis

Some studies have proven that because of the role of CD40 in immune response, the costimulation of it and CD40L can lead to the activation and proliferation of lymphocytes, monocytes, macrophages, and other inflammatory cells; these studies have also shown that activated lymphocytes and mononuclear macrophages can secrete a large number of
angiogenic factors including VEGF, inferring that CD40 has an effect on the regulation of angiogenesis.\textsuperscript{19,20}

For instance, after treating confluent cultures of EC with soluble CD40L (sCD40L) and by Western blot, Dormond et al\textsuperscript{21} found a marked increase in the phosphorylation of Akt, 4EBP-1, and S6K1 compared with untreated cells. EC were transfected with a full-length VEGF promoter-luciferase construct and cultured in the absence or presence of rapamycin and sCD40L. They found that rapamycin, which blocks mTORC1 and mTORC2 signaling, inhibited sCD40L-mediated transactivation of VEGF. In addition, by Western blot, they found that transfection of EC with small interfering ribonucleic acid (siRNA) to rictor (to inhibit mTORC2), and not raptor (to inhibit mTORC1), inhibited sCD40L-dependent protein expression of VEGF. In addition, they found that basal levels of both phosphorylated Akt and VEGF were increased in EC transfected with the raptor siRNA. Rapamycin also failed to inhibit VEGF promoter activation and VEGF protein expression in EC transfected with a constitutively active construct of Akt, further demonstrating that mTORC1 is not necessary for CD40- and Akt-induced expression of VEGF. Finally, they injected human CD40L-transfected fibroblasts or mock transfectants into human skin on severe combined immunodeficiency (SCID) mice. They found that the injection of CD40L transfectants – but not mock cells – resulted in VEGF expression and mediated a marked angiogenesis reaction; this response was reduced in mice treated with rapamycin. Together, these observations indicated that mTORC2 and Akt facilitate CD40-inducible expression of VEGF in EC.

**CD40 and CNV**

**Pathogenesis of CNV**

The pathogenesis of CNV has not been fully elucidated. It is commonly believed that the production of CNV is related to a change in the integrity of the retinal pigment epithelium (RPE)-Bruch’s membrane-choriocapillary complex. The new blood vessels of choriocapillaries grow through Bruch’s membrane into the layer between Bruch’s membrane and the RPE or the layer between the RPE and the retinal nerve sensory.\textsuperscript{22}

Some studies suggest that CNV is induced by inflammatory response. With aging, the phagocytosis function of RPE decreases, which causes inadequate degradation of the shedding on the outer end of photoreceptor cells and lipid deposition on Bruch’s membrane and its vicinity. These sediments may be regarded as foreign antigens which lead to inflammation response and eventually give rise to CNV.\textsuperscript{23,24}

**Important role of macrophages in the development of CNV**

The exact pathogenesis of macrophages’ participation in CNV formation is not clear, but it has been proven that the invasion of macrophages has a significant effect on the development of CNV.\textsuperscript{25,26}

After using CC chemokine receptor gene knockout (CRR2KO) mice and B6 mice and performing laser photocoagulation to induce choroid inflammation response, Tsutsumi et al\textsuperscript{1} observed the role macrophages played in CNV through the analysis of reverse transcription polymerase chain reaction (RT-PCR) and histopathology. The experiment was divided into the experimental group (CRR2KO group) and the control group (B6 group). The study found a marked reduction in the number of ocular-infiltrating macrophages by flow cytometry. Additionally, they found that the area of CNV was significantly reduced by fundus fluorescence angiography in the CRR2KO mice compared with the control mice. The results confirmed that macrophage migration was closely associated with CCR2. As chemokines decreased in the CRR2KO mice, the gathering of macrophages in the inflammation response area was inhibited. The results showed a decrease in the number of macrophages and the area of CNV, thus implying that the infiltration of macrophages played an important role in the development of CNV. In addition, the study found that there were more B7.2, CD40 on macrophages than on the lung macrophages by flow cytometry, from which we inferred that T-cells and macrophages could promote the expression of VEGF through the interaction of CD40–CD40L, causing the generation of CNV. Thus it was confirmed that inflammation response played an important role in the occurrence of CNV.

**Participation of CD40 in regulating the retina inflammation response**

As stated above, the combination of CD40 and CD40L can lead to the activation and proliferation of inflammatory cells such as lymphocytes and monocytes, as well the secretion of inflammatory cytokines and chemokines that induce inflammation response. In addition, activated T-cells and monocytes can also lead to the secretion of proangiogenic factors, eventually causing angiogenesis. Thus, it is inferred that CD40 plays an important role in the generation of CNV.

Portillo et al\textsuperscript{27} used one eye of male 57BL/6 (B6), CD40\textsuperscript{−/−}, and C57BL/6TgN (ACTbEGFP) 1Osmb (B6 EGFP, in which EGFP is enhanced green fluorescent protein) mice weighing 25–30 g to make a retinal ischemia model; the other eye of the same animals were set up as the control. The experiment was
CD40 and CD40L plays a role in abnormal antigen commission by inducing hRPE cells to increase the yield of IL-6 and IL-8, thus causing inflammation of the retina and inducing angiogenesis.

**Conclusion**
The pathogenesis of CNV is a complex process involving a variety of signal-mediated pathways. A variety of cytokines participate in the occurrence and development of CNV. The occurrence of CNV involves the rupture of Bruch’s membrane, the proliferation and migration of capillary EC, and angiogenesis. CD40, an important inflammatory marker on the cell surface, plays an important role in inflammation and immune response, as well as angiogenesis. However, there are some studies suggesting that the high expression of CD40 in RPE and the resulting signal transmission can inhibit the proliferation of T lymphocytes. It is also reported that RPE has the function of inhibiting the activation and proliferation of T-cells and B-cells. However, the RPE these researchers studied were from healthy animals; they did not study the role the expression of CD40 in RPE has in animal models of CNV nor the role of the inflammation reaction.

Although there are reports that the occurrence of CNV is related to lipid deposits on Bruch’s membrane and its vicinity, it needs to be further confirmed. Increasingly with age, there is a change in the number of lipid deposits around Bruch’s membrane, but this alone does not mean that CNV will occur. In short, although CD40 is indeed found and highly expressed in CNV cases, the reason and the pathogenesis mechanism require further study.

As VEGF and CD40 are both involved in angiogenesis, it can be inferred that CD40 is essential to the formation of retinal neovascularization and CNV. Currently, the application of antiCD40 antibody to interfere with the CD40 signaling pathway has been successfully used in the treatment of tumor, atherosclerosis, transplant rejection reaction, and autoimmune disease; it has achieved a certain degree of effect. Thus, the interference of CD40 signaling pathway is expected to be a new method for the early prevention and treatment of CNV. Perhaps it can provide a new therapeutic approach for immune therapy of neovascular eye diseases.

**Disclosure**
The authors report no conflicts of interest in this work.

**References**


