A novel small peptide as an epidermal growth factor receptor targeting ligand for nanodelivery in vitro

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Abstract: The epidermal growth factor receptor (EGFR) serves an important function in the proliferation of tumors in humans and is an effective target for the treatment of cancer. In this paper, we studied the targeting characteristics of small peptides (AEYLR, EYINQ, and PDYQQD) that were derived from three major autophosphorylation sites of the EGFR C-terminus domain in vitro. These small peptides were labeled with fluorescein isothiocyanate (FITC) and used the peptide LARLLT as a positive control, which bound to putative EGFR selected from a virtual peptide library by computer-aided design, and the independent peptide RALEL as a negative control. Analyses with flow cytometry and an internalization assay using NCI-H1299 and K562 with high EGFR and no EGFR expression, respectively, indicated that FITC-AEYLR had high EGFR targeting activity. Biotin-AEYLR that was specifically bound to human EGFR proteins demonstrated a high affinity for human non-small-cell lung tumors. We found that AEYLR peptide-conjugated, nanostructured lipid carriers enhanced specific cellular uptake in vitro during a process that was apparently mediated by tumor cells with high-expression EGFR. Analysis of the MTT assay indicated that the AEYLR peptide did not significantly stimulate or inhibit the growth activity of the cells. These findings suggest that, when mediated by EGFR, AEYLR may be a potentially safe and efficient delivery ligand for targeted chemotherapy, radiotherapy, and gene therapy.

Keywords: EGFR, small peptide, tumor targeting, lung cancer, NLC

Introduction

The discovery of suitable ligands that bind to cancer cells is important for drug delivery specifically targeted to tumors.1 Monoclonal antibodies and fragments that serve as ligands have specific targets; however, they are limited in terms of their immunogenicity.2–6 Natural ligands have strong mitogenic and neoangiogenic activities. Currently, small peptides are pursued as targeting moieties because of their small size, low immunogenicity, and their ability to be incorporated into certain delivery vectors.7–12

The epidermal growth factor receptor (EGFR) is a transmembrane protein on the cell surface that is overexpressed in a wide variety of human cancers. EGFR is an effective tumor-specific target because of its significant functions in tumor cell growth, differentiation, and migration.13–15 EGFR-targeted small molecule peptides such as YHWGYTPQNVI have been successfully identified using phage display library screening;8 by contrast, the peptide LARLLT has been generated using computer-assisted design (CAD).10 These peptides can be conjugated to the surfaces of liposomes that are then delivered selectively to tumors by the specific and efficient binding of these peptides to cancer cells that express high levels of EGFR.10,16
In this study, we focused on determining whether small peptides are targeted from the amino acid sequence of the receptor C-terminus. EGFR has three major autophosphorylation sites (Y1068, Y1148, and Y1173) in the C terminus. We designed 5- to 6-mer synthetic peptides that were derived from the amino acid sequences of these sites (EY1068IQ, PDY1148QD, and AEY1173LR, respectively). We then studied the ability of these peptides and NYQQN to target EGFR in vitro, using LARLLT as a positive control and RALEL (AEY1173LR, substituted and scrambled) as a negative control.

Materials and methods

Antibodies and reagents

EGFR (D38B1 XP) Rabbit monoclonal antibody was obtained from Cell Signaling Technology (Danvers, MA, USA). Alexa Flour 488-labeled goat anti-rabbit immunoglobulin G (IgG) and horseradish peroxidase (HRP)-streptavidin were obtained from Beyotime Inc (Haimen, People’s Republic of China). Purified EGFR derived from human carcinoma A431 cells and polyoxyethylene (40) stearate were both obtained from Sigma (Shanghai, People’s Republic of China). Goat anti-rabbit IgG, HRP-IgG, and FITC-avidin were obtained from Boster Biotechnology Co, Ltd (Fremont, CA, USA). Alexa Flour 488-labeled secondary antibody (1:200) for 30 minutes at room temperature, followed by incubation with Alexa Flour 488-labeled secondary antibody (1:200) for 30 minutes at room temperature.

Binding assays

The binding affinities between the peptides and the NCI-H1299 or K562 cells were measured using flow cytometry. The cells were treated using the methods described above. FITC-labeled peptides (6 µM) were incubated with 4 × 10^5 NCI-H1299 or K562 cells in PBS/BSA in tubes for 1 hour at room temperature. Cells were then centrifuged at 1500 rpm for 5 minutes, after which the supernatant was discarded. Subsequently, the cells were rinsed three times with 0.7 mL PBS. Stained cells were analyzed using flow cytometry. Only viable cells were gated for fluorescence analysis.

Internalization assay

NCI-H1299 cells (1 × 10^5 cells) were cultured overnight on cover slips in a 24-well plate. When the cells had grown to 70%–80% confluence, the medium was replaced with 300 µL of fresh, serum-free medium that contained 10 µM FITC-labeled peptides. The plate was incubated for 3 hours at 37°C. The slices were fixed with 4% paraformaldehyde for 10 minutes at 37°C and then chilled on ice for 1 minute. The cells were rinsed twice with 2 mL of PBS-bovine serum albumin (BSA) (PBS, 5 mg/mL BSA) and blocked with PBS-BSA, then incubated with an anti-EGFR antibody (1:100) for 1 hour at room temperature, followed by incubation with Alexa Flour 488-labeled secondary antibody (1:200) for 30 minutes at room temperature.

Immunohistochemistry of selected peptides

Paraffin sections of human non-small-cell lung cancer tissue were provided by the pathologic diagnosis center at Qiqihar Medical University (Qiqihar, People’s Republic of China). Immunohistochemistry was conducted overnight.
using EGFR antibodies at a dilution of 1:100 and 10 μM biotin-AEYLR or biotin-RALEL at 4°C. HRP-IgG and HRP-streptavidin were added the following day. The resulting solutions were incubated at room temperature for 1 hour and then stained with diaminobenzidine (Maixin Bio, Jinan City, People’s Republic of China). After rinsing with PBS, the tissue slides were visualized and imaged using a fluorescence microscope.

Characterization of selected peptides via enzyme-linked immunosorbent assay (ELISA)

Up to 0.5 μg of human EGFR or BSA in 50 μL of 0.1 M NaHCO₃ was used to coat a 96-well plate overnight. The following day the wells were washed three times with PBS and blocked with 200 μL of PBS-BSA (PBS, 10 mg/mL BSA). Biotin peptides of approximately 25 μM were diluted in 100 μL of PBS-BSA and added to each well. After incubating at 4°C for 3 hours, the wells were again washed three times with PBST (PBS, 0.5% Tween-20). The bound peptides were incubated with HRP-conjugated streptavidin at room temperature for 1 hour and were developed with color using an HRP substrate solution (Beyotime Inc). The color development was stopped after the addition of 2 M H₂SO₄ and was then measured at 450 nm using an ELISA reader (Safire², Tecan Group Ltd, Männedorf, Switzerland). An unrelated peptide was also included in the experiment as a control.

MTT assay

Cell growth or inhibition was measured by MTT (Sigma-Aldrich, St Louis, MO, USA) assay. Briefly, 5 × 10³ NCI-H1299 cells were seeded overnight in each well of a 96-well plate in RPMI-1640 medium, each containing 10% FBS. Cells were cultured in 100 μL of fresh medium that contained various concentrations of AEYLR or RALEL for 48 hours. The MTT solution (20 μL, 5 mg/mL in PBS) was added to each well and the plate was incubated for 4 hours at 37°C. The solution was removed and 200 μL of dimethyl sulfoxide (DMSO) was added to each well. After 10 minutes of vibration mixing, the optical density (OD) at 570 nm was measured using an ELISA reader.

Fluorescence microscopy and flow cytometry of nanostructured lipid carriers (NLCs) incubated with NCI-H1299 cells

The NLCs were prepared using melt emulsification followed by ultrasonography (Branson Sonifier® S-250D Digital Ultrasonic Cell Disruptor/Homogenizer; Thermo Fisher Scientific, Waltham, MA, USA). The mixture included glyceryl monostearate, lecithin, soybean oil, DSPE-PEG₂₀₀₀-COOH, and polyoxyethylene (40) stearate. AEYLR and RALEL were conjugated with NLCs using the method of Almifana et al. During preparation of the FITC-NLC, the DSPE-PEG₂₀₀₀ was used as a lipid and the NLCs were prepared as previously described. The FITC was coupled with the NLCs through the biotin-avidin system. The internalization analysis of the NLCs was performed by incubating the NCI-H1299 cells with FITC-NLC, FITC-AEYLR-NLC, or FITC-RALEL-NLC. The cells were then seeded in a 12-well plate at a density of 2 × 10⁵ cells per well and incubated overnight at 37°C. The growth medium was removed and the cells were washed twice with PBS. The FITC-labeled NLCs with serum-free medium was added. The cells were incubated for 3 hours at 37°C and were subsequently fixed in 4% paraformaldehyde for 20 minutes. The fluorescence in the cells was observed using an inverted fluorescence microscope. Afterward, all of the cells were harvested by trypsinization and were washed three times in PBS. The cell-associated fluorescence was quantitatively determined using flow cytometry in which 10,000 events were counted. Only viable cells were gated for fluorescence analysis.

Results

Binding activities of the small peptides of the EGFR C-terminus

To test the feasibility of the peptides as ligands for specific molecular recognition, the FITC-labeled peptides (AEYLR, EYINQ, PDYQQD, NYQQN, LARLLT, and RALEL) and monoclonal antibodies were used to detect the expression of EGFR on NCI-H1299 and K562 cell surfaces. Flow cytometry was carried out using Alexa Flour 488-labeled antibodies. Our analysis revealed that the NCI-H1299 cells expressed substantial levels of EGFR (Figure 1A) while the K562 cells did not (Figure 1B).

The binding activities between the peptides and the NCI-H1299 or K562 cells were measured using flow cytometry. The sequence of the binding activities between the NCI-H1299 and FITC-labeled peptides was AEYLR > LARLLT > PDYQQD > NYQQN > EYINQ > RALEL, as shown in Figure 1C and D. The FITC-AEYLR peptide had the highest binding activities among the peptides we surveyed. The binding rates of FITC-AEYLR and FITC-LARLLT to NCI-H1299 were 93.09% ± 3.42% and 73.81% ± 1.16%, respectively. The binding rates of all peptides to K562 cells were less than 15% (Figure 1D and E). Our results suggest
that AEYLR can recognize cells expressing high levels of EGFR and that our methods can select high affinity ligands for those cells.

**Internalization assay**

To examine whether the peptides may be internalized into EGFR-expressing cells, the NCI-H1299 and K562 cells were incubated with the FITC-labeled peptides. As expected, significant fluorescence was observed after incubating the FITC-AEYLR and FITC-LARLLT peptides with the NCI-H1299 cells at 37°C for 3 hours. Minimal fluorescence was observed after incubating the peptides with the K562 cells (Figure 2). These results indicate that FITC-AEYLR was efficiently taken up by cells expressing high levels of EGFR and are consistent with the results from flow cytometry.

**Immunohistochemistry**

The specific binding activity of the AEYLR peptide with human non-small-cell lung tumors was evaluated using immunohistochemistry. The EGFR expression in human non-small-cell lung cancer paraffin tissues was detected by monoclonal antibodies (Figure 3A). Biotin-labeled peptides were used to evaluate the targeting of non-small-cell lung cancer tissues. Compared with the negative control peptide and PBS, treatment with biotin-AEYLR yielded a more intense color in the cytoplasm of the cells (Figure 3B–D).

Immunohistochemical experiments on frozen sections of non-small-cell lung cancer tissues were also conducted. Fresh tissues were obtained in patients undergoing surgery according to the guidelines of Qiqihar Medical University. After freezing the tissue, 7 µM thick tissue sections were prepared using a cryostat and fixed in 4% paraformaldehyde for 20 minutes. The tissues were then blocked with PBS-BSA (PBS, 20 mg/mL BSA) at room temperature for 30 minutes and incubated with a solution of 10 µM FITC-labeled peptides in PBS at room temperature for 1 hour. The fluorescence detection results from these frozen sections were similar to those acquired using paraffin sections (data not shown).

**Characterization of the selected peptide**

To confirm the specificity of the AEYLR peptide's binding to EGFR, AEYLR was labeled with biotin to evaluate
and compare its binding affinities for human EGFR and BSA by use of a colorimetric peroxidase assay. Figure 4A reveals that significantly more biotin-AEYLR was bound to EGFR than to BSA. The OD of biotin-AEYLR bound to EGFR was five times higher than the OD of biotin-AEYLR bound to BSA. No significant binding was found between biotin-AEYLR and BSA, or between biotin-RALEL and EGFR or BSA. These data further support specific binding of AEYLR to EGFR.

Biologic activity of AEYLR

To evaluate whether the AEYLR peptide inhibited or stimulated cell proliferation, we carried out a standard MTT assay using NCI-H1299 cells. The survival rates of cells exposed to AEYLR and RALEL at concentrations ranging from 0.5 µM to 50 µM were close to 100% (Figure 4B). The MTT assay indicated that AEYLR might be safely targeting the ligand because it did not significantly stimulate or inhibit cell growth.

Fluorescence microscopy and flow cytometric analysis of the NLCs incubated with the NCI-H1299 cells

The mean particle size of a FITC-AEYLR-NLC was 123.30 nm ± 2.52 nm (polydispersity index 0.336 ± 0.010). The controls, FITC-NLC and FITC-RALEL-NLC, had mean particle sizes of 115.62 nm ± 1.98 nm (polydispersity index 0.228 ± 0.011) and 126.90 nm ± 2.17 nm (polydispersity index 0.393 ± 0.012), respectively, which indicates that the average ligand coupling efficiency was 3.63% ± 2.93%. The function of AEYLR as an EGFR-targeting ligand conjugated onto the surface of NLCs was determined in vitro. Figure 4C–E summarize the results obtained using flow cytometry and fluorescence microscopy after incubating.
the NCI-H1299 cells with the FITC-labeled NLCs. FITC-AEYLR-NLC showed strong fluorescence, whereas FITC-NLC and FITC-RALEL-NLC showed minimal fluorescence after being incubated with inherently EGFR-overexpressing NCI-H1299 cells. No significant difference in the fluorescence intensity was detected among the cells treated with FITC-RALEL-NLC or FITC-NLC.

According to the experiments, AEYLR could mediate the active targeting of the NLCs. The higher cytotoxicity of the AEYLR-NLC may be the result of stronger internalization. We concluded that AEYLR-NLC designed to bind specifically to EGFR may be used to deliver chemotherapeutic drugs to tumor cells in vivo.

Discussion
Small peptides are attractive target ligands because of their size. Screening of phage display libraries, CAD, hydropathic complementarity, hydropathic analysis, and comparative sequence/structure analysis have been used to design small peptide ligands. In this study, we demonstrated different methods of screening for small molecule peptide ligands. Flk-1(A-3) is a mouse monoclonal anti-vascular endothelial growth factor receptor (VEGFR)-2 antibody raised against amino acids 1158–1345 that map the C-terminus of the VEGFR-2 (Flk-1). Liu et al found that Flk-1(A-3)-conjugated NLCs enhanced specific cellular uptake. We believe that the small peptide of the receptor C-terminus has certain targeting abilities. A peptide sequence was also designed based on the findings of Abe et al. Abe et al designed 5- to 7-mer synthetic peptides originating from the amino acid sequences of Y992, Y1068, Y1148, and Y1173 and investigated the effects of the synthetic peptides on the phosphorylation of EGFR. The results indicated that the small peptides of major autophosphorylation sites exhibited different degrees of inhibition, while small peptides of minor autophosphorylation sites did not. Furthermore, the peptide NYQQN, which was modified from DY1148QD, a small peptide from a major autophosphorylation site, may improve the inhibitory potencies and was not affected by the concentration of adenosine.

Figure 3. Immunohistochemical results of human non-small-cell lung cancer tissue. (A) EGFR expressed on human non-small-cell lung cancer tissue identified by EGFR mAb (1:100). (B) Biotin-AEYLR (10 µM) co-localized with human non-small-cell lung cancer tissue, but (C) the control peptide biotin-RALEL did not. (D) The same result as (C) were observed for PBS.

Note: Magnification: ×200.

Abbreviations: EGFR, epidermal growth factor receptor; mAb, monoclonal antibody; PBS, phosphate-buffered solution.
triphosphate (ATP).\textsuperscript{18,26} According to Abe et al's\textsuperscript{26} experimental results, we focused on amino acid sequences from the major autophosphorylation sites of EGFR. Specifically, we designed five amino acid sequences from the Y1068 and Y1173 sites (EY\textsuperscript{1068}INQ, AEY\textsuperscript{1173}LR), investigated the targeting of NYQQN, and designed six amino acid sequences from the Y1148 site (PDY\textsuperscript{1148}QQD). RALEL is the arranged sequence of the disrupted AEY\textsuperscript{1173}LR in which tyrosine residue (Y) was replaced by leucine (L).

Flow cytometry has been widely used in a variety of aptamer screening procedures.\textsuperscript{30,31} Lee et al selected two stablin-2-specific, FITC-conjugated synthetic peptides, CRTLTVRKC and C1KRGKGLC, using phage display technology, and found that CRTLTVRKC bound to stablin-2-expressing cell lines, while C1KRGKGLC did not.\textsuperscript{11} This finding suggests that the identification of a peptide ligand by FITC labeling is feasible. We labeled our peptides with FITC, incubated them with cells that highly expressed EGFR to be used for flow cytometric analysis, and then carried out several tests. Our experiments indicated that the binding rates of the peptides with targeted cells varied with cell numbers and changes in experimental conditions; however,
the overall trend was consistent. FITC-AEYLR showed a higher targeting activity than the other peptides designed, and internalization assay experiments further confirmed this finding. Since we believe that evidence of the AEYLR acting as a targeting ligand was only based on flow cytometric analyses and internalization, our assay experiments may be insufficient, and the selection of a suitable peptide as a positive control was necessary. LARLLT, which is a ligand that specifically binds to EGFR receptors, has been identified using a CAD approach.\(^\text{10}\) The LARLLT peptide-conjugated liposomes could bind to the highly expressing EGFR cells (NCI-H1299) and efficiently enter the cells via endocytosis.\(^\text{10}\) Our flow cytometric analysis showed that the binding rate of the FITC-AEYLR peptide with the NCI-H1299 cells was higher than that of the FITC-LARLLT peptide. Strong fluorescence from two peptides was detected in our internalization assay experiments. The experimental results indicated that AEYLR had targeting activities toward EGFR. AEYLR could specifically bind to both the human EGFR protein and the human non-small-cell lung tumors that expressed EGFR. We prepared the NLCs by conjugating AEYLR as a targeting element to evaluate whether it was able to deliver a variety of therapeutic agents directly to the cells as a target ligand.

It is well known that epidermal growth factor (EGF) is the natural ligand of EGFR, but it will stimulate cell proliferation when used as targeting ligand of drug carriers; therefore, small peptides derived from EGF would not be safe due to the risk of stimulating cell proliferation. Small peptides derived from the C-terminal of EGFR show inhibition effects of autophosphorylation, so if we employ these small peptides as targeting ligands of drug carriers, synergistic effects will be obtained, and it will be of great significance in increasing therapeutic effects and decreasing adverse effects in tumor treatment and in improving the quality of life of the patients. The present research was developed based on the objectives declared above, and our results have showed that the small peptide AEYLR, derived from the C-terminal of EGFR, did not stimulate cell proliferation and is safe for use as a targeting ligand of drug carriers.

**Conclusion**

This is the first study to identify a small peptide derived from the C-terminus of EGFR for targeted delivery. We demonstrated that the selected peptide was conjugated to NLCs and enhanced the binding and in vitro entry into overexpressing EGFR cells. Further investigations of peptide conjugations to other delivery systems in various preclinical models will be required. The findings in this paper provide new directions for the study of small peptide ligand selection for the delivery of cancer therapies.

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**Disclosure**

The authors report no conflicts of interest in this work.

**References**


