Effect of nanoparticles binding β-amyloid peptide on nitric oxide production by cultured endothelial cells and macrophages

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Background: As part of a project designing nanoparticles for the treatment of Alzheimer’s disease, we have synthesized and characterized a small library of nanoparticles binding with high affinity to the β-amyloid peptide and showing features of biocompatibility in vitro, which are important properties for administration in vivo. In this study, we focused on biocompatibility issues, evaluating production of nitric oxide by cultured human umbilical vein endothelial cells and macrophages, used as models of cells which would be exposed to nanoparticles after systemic administration.

Methods: The nanoparticles tested were liposomes and solid lipid nanoparticles carrying phosphatidic acid or cardiolipin, and PEGylated poly(alkyl cyanoacrylate) nanoparticles (PEG-PACA). We measured nitric oxide production using the Griess method as well as phosphorylation of endothelial nitric oxide synthase and intracellular free calcium, which are biochemically related to nitric oxide production. MTT viability tests and caspase-3 detection were also undertaken.

Results: Exposure to liposomes did not affect the viability of endothelial cells at any concentration tested. Increased production of nitric oxide was detected only with liposomes carrying phosphatidic acid or cardiolipin at the highest concentration (120 µg/mL), together with increased synthase phosphorylation and intracellular free calcium levels. Macrophages exposed to liposomes showed a slightly dose-dependent decrease in viability, with no increase in production of nitric oxide. Exposure to solid lipid nanoparticles carrying phosphatidic acid decreased viability in both cell lines, starting at the lowest dose (10 µg/mL), with increased production of nitric oxide detected only at the highest dose (1500 µg/mL). Exposure to PEG-PACA affected cell viability and production of nitric oxide in both cell lines, but only at the highest concentration (640 µg/mL).

Conclusion: Liposomal and PEG-PACA nanoparticles have a limited effect on vascular homeostasis and inflammatory response, rendering them potentially suitable for treatment of Alzheimer’s disease. Moreover, they highlight the importance of testing such nanoparticles for production of nitric oxide in vitro in order to identify a therapeutic dose range suitable for use in vivo.

Keywords: nanoparticles, nitric oxide, endothelial cells, macrophages, Alzheimer’s disease

Introduction

In previous studies carried out within the framework of a project designing nanoparticles for the diagnosis and treatment of Alzheimer’s disease (http://www.nanproject.eu), a series of candidate nanoparticles (liposomes, solid lipid nanoparticles, poly-(alkyl cyanoacrylate) nanoparticles [PACA]) binding with high affinity to β-amyloid (present in high amounts in the brains of patients with Alzheimer’s disease) were synthesized and characterized in vitro.1–3 For this purpose, liposomes and solid lipid nanoparticles were functionalized with phosphatidic acid (PA-LIP and PA-SLN, respectively) or cardiolipin
(CL-LIP), while PACA was decorated with poly-(ethylene glycol) chains (PEG-PACA). Testing of the biocompatibility of these nanoparticles in vitro is an essential step in order to anticipate and understand any problems which may arise during their in vivo administration, and some experiments in this direction have been already carried out.\(^5\) Given that these nanoparticles are likely to interact either with the cells lining the vascular bed or with cells circulating in the blood after administration in vivo, in this study we used cultured human umbilical vein endothelial cells (HUVECs) and mouse macrophages (RAW264.7) as cellular models in which to explore the biocompatibility issue.

The endothelium is a highly heterogeneous and widely disseminated tissue with a variety of functional properties, including control of vascular homeostasis and tone, which is partially maintained by the nitric oxide produced by the endothelial nitric oxide synthase (eNOS) enzyme.\(^6\) An increase in intracellular calcium ions induces phosphorylation of eNOS, increasing its activity, with consequent production of nitric oxide.\(^7\)–\(^10\)

With regard to interaction with macrophages, it has already been demonstrated that nanoparticles are taken up by these circulating cells both in vitro and in vivo.\(^11\)–\(^12\)

Macrophages have many important functions, ie, participating actively in host defense against infections by phagocytosis and killing of pathogens, and in inflammatory reactions. During the inflammatory response, macrophages release a number of proinflammatory mediators, including nitric oxide.\(^13\)

For these reasons, in this study we evaluated the response of the cell, in terms of nitric oxide production, in combination with viability assays, upon exposure to PA-LIP, CL-LIP, PA-SLN, or PEG-PACA.

Materials and methods

Materials

Commercial chemicals were used, and were of the highest available grade. Sphingomyelin from bovine brain, cholesterol (1:1 molar ratio) mixed or not with 5 molar percent of phosphatidic acid or cardiolipin, were prepared according to an extrusion procedure which has been described previously.\(^1\) Liposomes composed of sphingomyelin-cholesterol are referred to here as “plain liposomes”. Briefly, lipids were dissolved in chloroform/methanol (2:1, v:v) and dried using a vacuum pump to remove any traces of the organic solvent. The resulting lipid film was rehydrated in 10 mM phosphate-buffered saline (pH 7.4), vortexed, and extruded 10 times at 55°C through a stack of two polycarbonate filters (100 nm pore size, Millipore Corporation, Bedford, MA, USA) under 20 bar nitrogen pressure using an extruder (Lipex Biomembranes, Vancouver, Canada). The liposomes were characterized for size, polydispersity, zeta potential, and stability by dynamic laser light scattering using a ZetaPlus particle size and zeta potential analyzer (Brookhaven Instruments Corporation, Holtsville, NY USA), as previously described.\(^1\)

Preparation and characterization of nanoparticles

The liposomes and PACA used had been previously prepared and characterized,\(^1\) while the solid lipid nanoparticles were developed and characterized in the present work.

Liposomes

Liposomes, composed of a matrix of sphingomyelin-cholesterol (1:1 molar ratio) mixed or not with 5 molar percent of phosphatidic acid or cardiolipin, were prepared according to an extrusion procedure which has been described previously.\(^1\) Liposomes composed of sphingomyelin-cholesterol are referred to here as “plain liposomes”. Briefly, lipids were dissolved in chloroform/methanol (2:1, v:v) and dried using a vacuum pump to remove any traces of the organic solvent. The resulting lipid film was rehydrated in 10 mM phosphate-buffered saline (pH 7.4), vortexed, and extruded 10 times at 55°C through a stack of two polycarbonate filters (100 nm pore size diameter, Millipore Corporation, Bedford, MA, USA) under 20 bar nitrogen pressure using an extruder (Lipex Biomembranes, Vancouver, Canada). The liposomes were characterized for size, polydispersity, zeta potential, and stability by dynamic laser light scattering using a ZetaPlus particle size and zeta potential analyzer (Brookhaven Instruments Corporation, Holtsville, NY USA), as previously described.\(^1\)
Solid lipid nanoparticles
Solid lipid nanoparticles were prepared using the melt-emulsification process. The lipids Compritol 888 ATO (0.2%, w/v) and Phospholipon 80H (0.1%, w/v), were melted at approximately 10°C above their melting point. Next, 5 mL of heated steric stabilizer (Lutrol F68) solution, prepared in ultrapure water (0.1%, w/v), was added and stirred for 10 minutes at 12,000 rpm using a rotor-stator homogenizer (Ultra-Turrax® T 25, Daigger Laboratory Equipment and Supplies, Vernon Hills, IL, USA) to yield a dispersion of small liquid droplets in water. This dispersion was diluted with 5 mL of cold Lutrol solution and cooled to room temperature (10 minutes of stirring at 5000 rpm). Under these conditions, the lipids solidified and particles were formed with a solid lipid core (Compritol 888 ATO) having an outer layer composed of adsorbed phospholipid (Phospholipon) and steric stabilizer (Lutrol).

PA-SLN were prepared according to a method described previously with slight modifications, whereby 2.5% mol of Phospholipon 80H was substituted with phosphatidic acid. Phosphatidic acid was dissolved in chloroform/methanol (2:1, v:v) and dried under a gentle stream of nitrogen followed by vacuum pumping for 3 hours to remove any traces of the organic solvent. The other lipids, Compritol 888 ATO and Phospholipon 80H, were then added and melted as described above. Being an amphiphilic molecule, phosphatidic acid localizes to the interphase of a microemulsion, allowing the negatively charged hydrophilic portion to remain exposed on the surface of the solid lipid nanoparticles. The solid lipid nanoparticles and PA-SLN were characterized for size, polydispersity index, and zeta potential as described above for the liposomes. Stability was measured in phosphate-buffered saline by observing the particle size and polydispersity index by dynamic laser light scattering for up to 48 hours.

Poly-(alkyl cyanoacrylate) nanoparticles
PACA (non-PEGylated, molecular weight 1000 g/mol) and PEG-PACA (molecular weight 3200 g/mol) nanoparticles were prepared according to previously published protocols using poly-(hexadecyl-cyanoacrylate), and poly[hexadecyl cyanoacrylate-co-methoxypropylene glycol] cyanoacrylate, respectively. Next, 10 mg of the copolymer was dissolved in 2 mL of acetone, and this solution was added dropwise to 4 mL of an 0.5% (w/v) aqueous solution of Pluronic F68 under vigorous mechanical stirring. A milky suspension was observed almost immediately. The acetone was removed under reduced pressure and the nanoparticles were purified by ultracentrifugation (150,000 g for one hour at 4°C) in order to eliminate the free polymer and the quasi-totality of Pluronic F68. The supernatant was discarded and the pellet was resuspended in MilliQ water to yield the required concentration of nanoparticles. PACA and PEG-PACA were characterized in terms of particle size and zeta potential by dynamic laser light scattering using a Nano ZS (Malvern, Worcestershire, UK) with a 173° scattering angle at 25°C, as previously reported.

HUVECs and RAW264.7 cell cultures
HUVECs were cultured in endothelial cell growth medium-2 containing the EGM-2 SingleQuot kit supplement in a humidified chamber at 37°C with a 5% CO₂ and 95% air atmosphere. The cells were cultured in T75 flasks and 12-well tissue culture plates. For these studies, the cells were used for up to six passages, according to the manufacturer’s instructions. The RAW264.7 murine monocytic macrophage cell line was grown in a plastic culture flask in Dulbecco’s modified Eagle’s medium (Gibco, Grand Island, NY, USA) supplemented with L-glutamine, 10% fetal bovine serum, and 1% penicillin/streptomycin in a 5% CO₂ atmosphere. The cells were cultured in T75 flasks and 12-well tissue culture plates.

Treatment of cell lines with nanoparticles
HUVECs and macrophages at 80%–90% confluence were treated for 24 hours with the different nanoparticles. Small aliquots of more highly concentrated nanoparticle solution were added to the culture medium in order to obtain the required concentrations at a final volume of 500 µL or 100 µL for HUVECs and macrophages, respectively. The liposomes were used at concentrations ranging from 6 µg/mL to 120 µg/mL; solid lipid nanoparticles were used at concentrations ranging from 10 µg/mL to 1500 µg/mL; and PACA were used at concentrations ranging from 0.64 µg/mL to 640 µg/mL. As a negative control, cells were incubated in culture medium containing aliquots of phosphate-buffered saline or MilliQ water in the same amounts as those of the nanoparticles to which the cells were exposed. The HUVECs and macrophages were also treated with resveratrol 100 µM (22.8 mg/mL) and 1 µg/mL lipopolysaccharide from Escherichia coli, respectively, as positive controls for observation of production of nitric oxide.
Assessment of cell viability by MTT assay

The cells were treated with the different doses of nanoparticles for 24 hours, and cell viability was then evaluated by MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) assay.\textsuperscript{20} MTT was dissolved in phosphate-buffered saline (0.5% w/v), added to the cells, and incubated for 2 hours at 37°C in a humidified chamber. After incubation, ethanol was added to each well to dissolve the formazan crystals formed. Absorbance at 550 nm was measured using a microplate reader (Victor3 1420 Multilabel Counter, Perkin Elmer, Boston, MA, USA). Untreated cells were used as a negative control. Each sample was analyzed at least in triplicate.\textsuperscript{17}

Measurement of nitric oxide production after exposure to nanoparticles

Production of nitric oxide by cells was measured in conditioned medium using the Griess method.\textsuperscript{21} The colorimetric Griess reaction for nitrite was used to determine the concentration of nitric oxide. Because nitric oxide present in biological fluids is recovered in nitrate form, the media were treated with nitrate reductase (10 U/mL) and nicotinamide adenine dinucleotide phosphate oxidase (5 mM in Tris-Cl) for 3 hours at room temperature in order to reduce nitrate to nitrite. Finally, the samples were mixed with an equal volume of freshly prepared Griess reagent (0.05% N-[1-naphthyl] ethylenediamine dihydrochloride and 0.5% sulfanilamide in 2.5% orthophosphoric acid) for 20 minutes. Absorbance of each sample was measured at 540 nm using the microplate reader. Concentrations of nitric oxide in the samples were determined using a calibration curve generated with standard NaNO\textsubscript{2} solutions (0.1–100 μM).

Detection of eNOS phosphorylation

Total cell lysates were obtained by resuspending the cells in 100 μL of lysis buffer (containing 2% sodium dodecyl sulfate, 50 mM Tris-HCl, pH 6.8, 1 mM complete protease inhibitor cocktail, and phosphatase inhibitors, ie, 2 mM sodium orthovanadate, 1 mM sodium fluoride, 1 mM sodium pyrophosphate) and harvested by scraping with a rubber policeman spatula. An aliquot of the total cell lysate was analyzed for protein content using the bicinchoninic acid assay (Sigma-Aldrich). After boiling for 5 minutes at 100°C, equal amounts of the samples (loaded with 15 μg of proteins) were subjected to sodium dodecyl sulfate polyacrylamide gel electrophoresis using precast NuPAGE 4%–12% gel, and the proteins were transferred to a nitrocellulose membrane.

For detection of β-actin, the membrane was blocked for 30 minutes at 37°C in Tris-buffered saline buffer containing 0.1% Tween and 5% nonfat milk and incubated overnight at 4°C with anti-β-actin (1:1500). For eNOS and eNOS phosphorylation, the membrane was blocked for 30 minutes at 37°C in Tris-buffered saline buffer containing 0.1% Tween and 5% bovine serum albumin and then incubated overnight at 4°C with anti-eNOS (1:1000) or anti-eNOS phosphorylation (1:1000). Immunoreactive proteins were revealed by enhanced chemiluminescence after incubation for 2 hours at room temperature with horseradish peroxidase-conjugated secondary antibodies.\textsuperscript{22} The intensity of the chemiluminescent spots was estimated semiquantitatively using Kodak Molecular Imaging software and expressed as the ratio between intensity of the spot of interest and intensity of the β-actin bands.\textsuperscript{23}

Analysis of apoptosis by caspase-3 detection

HUVECs were exposed to the experimental nanoparticles for 24 hours at concentrations that induced cell death. After exposure, total cell lysates were obtained and analyzed using sodium dodecyl sulfate polyacrylamide gel electrophoresis/ Western blotting as described above. For detection of caspase-3, the membrane was blocked for 30 minutes at 37°C in Tris-buffered saline buffer containing 0.1% Tween and 5% nonfat milk and incubated overnight at 4°C with anticaspase-3 antibody (1:1000). Immunoreactive proteins were revealed as above, and described by enhanced chemiluminescence. Untreated cells were used as a negative control.

Measurements of free intracellular calcium

The calcium ion fluorescence experiments were performed by culturing HUVECs in black, clear-bottomed 96-well plates (Greiner Bio-one, Solingen, Germany). Changes in intracellular free calcium levels were measured using Fluo4-AM fluorescent dye as an indicator. The cells were loaded with 5 μM Fluo-4 AM dissolved in medium for 60 minutes at 37°C, followed by an additional 30 minutes at room temperature to allow de-esterification of Fluo4-AM into its active dye form, Fluo-4. The cells were continuously exposed to 280 μM of probenecid during cell loading and measurements to reduce or prevent dye leakage. The dye was excited at 488 nm, and emissions at 520 nm were measured at 5 Hz using a plate reader. The results were expressed as changes in fluorescence intensity as a function of time. Different amounts of
liposomes (from 30 to 120 µg/mL) were applied as a bolus from a micropipette located in the vicinity of the well and the fluorescence changes were measured. Medium or phosphate-buffered saline and ATP (100 µM) were used as the negative and positive control, respectively.24

**Statistical analysis**

All experiments were carried out at least in triplicate. The statistical analysis was performed using OriginPro8 (Origin-Lab Corporation, Northampton, MA, USA). The data were compared using the unpaired Student’s *t*-test and expressed as the mean ± standard error of the mean.

**Results**

**Characterization of nanoparticles**

The liposomes and PACA were characterized by dynamic laser light scattering, as described elsewhere.1,2 The plain liposomes had a mean diameter of 120 ± 10 nm with a negative zeta potential of −25.5 ± 0.9 mV, that was slightly smaller in liposomes embedding anionic phospholipids (phosphatidic acid or cardiolipin). The particle size and zeta potential remained constant for up to 72 hours, within the experimental error. The PACA had a mean diameter of 160 ± 3 nm and a negative zeta potential of −24 ± 4 mV, that was decreased slightly for PEG-PACA. These data are very similar to those already reported.1,2 The solid lipid nanoparticles had a mean diameter of 250 ± 20 nm and a negative zeta potential of −41 ± 1.60 mV, that decreased slightly after functionalization with phosphatidic acid (−44 ± 1.78 mV), and were stable for the 72 hours of observation, within the experimental error, as measured by dynamic laser light scattering.

**Cell viability after exposure to nanoparticles**

The viability of HUVECs and RAW264.7 cells in response to exposure to the different doses of nanoparticles was assessed. Treatment of macrophages with plain liposomes and PA-LIP significantly decreased cell viability in a dose-dependent manner (from 6 µg/mL to 120 µg/mL of total lipids), whereas treatment with CL-LIP decreased cell viability by about 30% at all concentrations tested (Figure 1). None of the liposomes tested induced a reduction in the viability of HUVECs (data not shown).

When using solid lipid nanoparticles or PA-SLN, a dose-dependent decrease in cell viability was found for both HUVECs (Figure 2A) and macrophages (Figure 2B). In general, macrophages showed much higher cellular suffering (IC$_{50}$ solid lipid nanoparticles, 100 ± 10 µg/mL; IC$_{50}$ PA-SLN, 110 ± 9 µg/mL) than HUVECs (IC$_{50}$ solid lipid nanoparticles, 7000 ± 510 µg/mL; IC$_{50}$ PA-SLN, 3500 ± 210 µg/mL) after exposure to solid lipid nanoparticles or PA-SLN. The viability of HUVECs was significantly reduced after exposure to PACA (IC$_{50}$, 7050 ± 450 µg/mL) or PEG-PACA (IC$_{50}$, 6180 ± 290 µg/mL), starting from 640 µg/mL for PACA and 64 µg/mL for PEG-PACA (Figure 3A). A dose-dependent decrease in viability of the macrophages was detected at 64 µg/mL for PACA (IC$_{50}$, 110 ± 9 µg/mL) and 6.4 µg/mL for PEG-PACA (IC$_{50}$, 95 ± 11 µg/mL, Figure 3B).

![Figure 1 Viability of RAW264.7 macrophages after treatment with liposomes.](image)

**Notes:** The cells were incubated with different concentrations (6–120 µg/mL) of plain LIP, PA-LIP or CLCL, CL-LIP for 24 hours and viability was determined by MTT assay. The results are reported as the percentage of cell viability using untreated cells as a control. The data are reported as the mean ± standard error of the mean of triplicate experiments. The results were compared using the Student’s *t*-test. *P* < 0.05; **P** < 0.01.

**Abbreviations:** LIP, liposomes; CL, cardiolipin; PA, phosphatidic acid.

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**Figure 1 Viability of RAW264.7 macrophages after treatment with liposomes.**

**Figure 2A** and **Figure 2B** show the results for HUVECs and macrophages, respectively. The viability is expressed as a percentage of the control. The bars represent the mean ± standard error of the mean.

**Figure 3A** presents the results for macrophages. The viability is expressed as a percentage of the control. The bars represent the mean ± standard error of the mean.
Nitric oxide production by cells exposed to nanoparticles

Nitric oxide levels in HUVECs and RAW264.7 cells were measured after exposure to the different doses of nanoparticles. PA-LIP and CL-LIP at the highest dose (120 µg/mL of total lipids) significantly increased nitric oxide production in HUVECs (by approximately 21% and 27%, respectively) compared with nonexposed cells (Figure 4). The macrophages did not show an increase in nitric oxide production (data not shown).

Increased nitric oxide production was detected when HUVECs were exposed to solid lipid nanoparticles and PA-SLN, starting from 100 µg/mL for solid lipid nanoparticles and from 150 µg/mL for PA-SLN (Figure 5A). In macrophages,

![Figure 2 Viability of human umbilical vein endothelial cells and RAW264.7 macrophages after treatment with solid lipid nanoparticles. (A) Human umbilical vein endothelial cells and (B) RAW264.7 macrophages were incubated with different concentrations (10–1500 µg/mL) of solid lipid nanoparticles or PA-SLN for 24 hours and viability was determined by MTT assay. Notes: The results are reported as the percentage of cell viability using untreated cells as a control. The data are reported as the mean ± standard error of the mean of triplicate experiments. The results were compared using the Student’s t-test. **P < 0.01. Abbreviations: cnt, untreated cells; SLN, solid lipid nanoparticles; PA, phosphatidic acid.](image)

![Figure 3 Viability of human umbilical vein endothelial cells and RAW264.7 macrophages after treatment with PACA. (A) Human umbilical vein endothelial cells and (B) RAW264.7 macrophages were incubated with different concentrations (0.64–640 µg/mL) of PACA or PEG-PACA for 24 hours and viability was determined by MTT assay. Notes: The results are reported as the percentage of cell viability using untreated cells as a control. The data are reported as the mean ± standard error of the mean of triplicate experiments. The results were compared using the Student’s t-test. *P < 0.05; **P < 0.01. Abbreviations: cnt, untreated control cells; PEG-PACA, PEGylated poly(alkyl cyanoacrylate) nanoparticles.](image)
a significant increase in nitric oxide production compared with untreated cells (from +57% to +71%), was detected only at the highest nanoparticle dose (1500 µg/mL, Figure 5B).

In HUVECs, PACA and PEG-PACA induced a significant increase in nitric oxide production compared with untreated cells, but only at the highest doses (640 µg/mL and 64 µg/mL, respectively) (Figure 6A). Increased nitric oxide production by macrophages was detected starting from lower concentrations of nanoparticles (64 µg/mL, Figure 6B). Of note is that all nanoparticle treatments, except for solid lipid nanoparticles at the highest dose (1500 µg/mL), induced production of nitric oxide at a significantly lower level than the positive control.

**Levels of eNOS phosphorylation after exposure to nanoparticles**

The degree of phosphorylation of eNOS was also assessed, given that production of nitric oxide is correlated with phosphorylation of this protein. Levels of eNOS phosphorylation were measured in HUVECs using the nanoparticle concentration at which nitric oxide production was detectable (PA-LIP or CL-LIP 120 µg/mL). Phosphorylation of eNOS was increased by about 50% in cells exposed to PA-LIP or CL-LIP compared with nonexposed cells, whereas cells exposed to plain liposomes did not show any change in phosphorylation of eNOS (Figure 7).

**Detection of caspase-3 cleavage after exposure to nanoparticles**

The caspase-3 analysis, which excluded apoptosis-mediated cell death, was carried out in HUVECs after exposure to the nanoparticles. No cleavage of caspase-3 was detected after treatment with any of the nanoparticles tested (data not shown).

**Free intracellular calcium ion levels**

Because production of nitric oxide and intracellular Ca\(^{2+}\) levels are biochemically related, the amount of free Ca\(^{2+}\) were measured in HUVECs treated with PA-LIP or CL-LIP 120 µg/mL, the concentration at which nitric oxide production was detectable.

The Fluo-4 fluorescence changes induced by exposure of HUVECs to liposomes are shown in Figure 8, and demonstrate that when the cells were treated with plain liposomes or vehicle (phosphate-buffered saline), no significant change was observed in the fluorescence signal, indicating no change in the intracellular free calcium (Figure 8A). However, when the cells were treated with a bolus of PA-LIP or CL-LIP at a total lipid concentration of 120 µg/mL, they showed an initial increase and a subsequent sustained fluorescence signal corresponding to an increase in free intracellular free calcium (Figure 8B and C, respectively). HUVECs treated with PA-LIP (Figure 8B) showed an increase in fluorescence of about 6.5% that was maintained throughout the measurements, and cells treated with CL-LIP (Figure 8C) showed a fluorescence increase of about 8.5%. Fluo-4-loaded HUVECs showed a strong increase in intracellular fluorescence after treatment with 100 µM ATP, compared with HUVECs loaded with Fluo-4 (Figure 8D).

**Discussion**

Engineered nanomaterials are now being shown to be interesting biomedical tools, and are potentially able to resolve concerns about efficacy, cellular uptake, and specific transport of drugs and/or imaging agents to target organs, in particular in the case of neurodegenerative diseases like Alzheimer’s Disease.\(^{25,26}\)
In a series of investigations carried out within the framework of the FP7 EU project known as NAD (Nanoparticles for therapy and diagnosis of Alzheimer’s Disease), we designed a series of lipid and polymer-based nanoparticles able to bind with high affinity to aggregate forms of β-amyloid peptide and to reduce cytotoxicity or aggregation of the peptide in vitro.

In order to evaluate cytotoxicity after administration in vivo, we measured nitric oxide production by cultured primary HUVECs and mouse macrophages (RAW264.7 cells) after exposure to these nanoparticles. Certain types of nanoparticles, particularly those composed of silica or metal, have been shown to affect the endothelial system, retarding cell growth, modifying endothelium-dependent vasodilation, and enhancing secretion of proinflammatory cytokines, apoptosis, and/or endothelial cell adhesion (see Supplementary Table).

In this study, liposomes functionalized with phosphatidic acid or cardiolipin as β-amyloid ligands were tested at concentrations commonly used in vivo for delivery of therapeutics. Exposure to liposomes of any type and concentration did not have toxic effects on HUVECs in terms of cell viability, but an increase in nitric oxide production was detected at the highest dose of PÂ-LIP or CL-LIP. It is known that production of nitric oxide by the eNOS protein requires its enzymatic dissociation from the caveolae and successive phosphorylation. This dissociation can occur as a result of an increase in intracellular levels of free Ca²⁺. Our results show that levels of intracellular Ca²⁺ and of eNOS phosphorylation were increased after exposure of HUVECs to PA-LIP or CL-LIP, so it is likely that these nanoparticles could be responsible for production of nitric oxide by activating the intracellular calcium-eNOS phosphorylation cascade.

RAW264.7 macrophages exposed to any type of liposome showed a mild dose-dependent decrease in viability when compared with nonexposed cells, along with detectable changes in cell morphology. No changes in nitric oxide production were detected on exposure to any concentration.

**Figure 5** Production of nitric oxide by human umbilical vein endothelial cells and RAW264.7 macrophages after treatment with solid lipid nanoparticles. (A) Human umbilical vein endothelial cells and (B) RAW264.7 macrophages were incubated with different concentrations (10–1500 μg/mL) of solid lipid nanoparticles or PA-SLN for 24 hours, and production of nitric oxide was measured in conditioned medium using the Griess method.

Notes: Human umbilical vein endothelial cells treated with resveratrol and RAW264.7 macrophages treated with lipopolysaccharide were used as a positive control; untreated cells were used as a negative control. The data are reported as the mean ± standard error of the mean of triplicate experiments. The results were compared using the Student’s t-test. *P < 0.05; **P < 0.01.

Abbreviations: cnt pos, positive control; cnt, untreated cells; SLN, solid lipid nanoparticles; PA, phosphatidic acid.
Figure 6. Production of nitric oxide by human umbilical vein endothelial cells and RAW264.7 macrophages after treatment with PACA. (A) Human umbilical vein endothelial cells and (B) RAW264.7 macrophages were incubated with different concentrations (0.64–640 µg/mL) of PACA or PEG-PACA for 24 hours, and production of nitric oxide was measured in conditioned medium using the Griess method. Notes: Human umbilical vein endothelial cells treated with resveratrol and RAW264.7 macrophages treated with lipopolysaccharide were used as a positive control; untreated cells were used as a negative control. The data are reported as the mean ± standard error of the mean of triplicate experiments. The results were compared using the Student’s t-test. *P < 0.05; **P < 0.01.

Abbreviations: cnt pos, positive control; cnt, untreated cells; PEG, poly(ethylene glycol); PACA, poly(alkyl cyanoacrylate).

Figure 7. Levels of eNOS phosphorylation in human umbilical vein endothelial cells after treatment with liposomes. Cells were treated with 120 µg/mL of plain LIP, PA-LIP, or CL-LIP for 24 hours, and total cell lysates were submitted for sodium dodecyl sulfate polyacrylamide gel electrophoresis and Western blot analysis. (A) eNOS phosphorylation and eNOS were detected by immunoblotting, followed by enhanced chemiluminescence detection. Immunodetection of β-actin was used to confirm equal protein loading in the different lanes. (B) The spot intensity was estimated semiquantitatively and expressed as the ratio between intensity of the spot of interest and intensity of the β-actin bands. Notes: The data are shown as the mean ± standard error of the mean of three separate experiments performed in triplicate. The results were compared using the Student’s t-test. **P < 0.01.

Abbreviations: eNOS, endothelial nitric oxide synthase; cnt, untreated cells; LIP, liposomes; CL, cardiolipin; PA, phosphatidic acid.
of liposomes. These data suggest that liposomes cause mild metabolic stress in the cell, which is probably not sufficient to trigger an inflammatory response. Previously, Afergan et al and Cohen-Sela et al reported that RAW264.7 cells exposed to nanoparticles, including liposomes, were transiently inactivated, thereby compromising the function of cultured macrophages and leading to a diminished inflammatory response. Overall, our results suggest that PA-LIP and CL-LIP could potentially be used in vivo without triggering a negative response in endothelial cells or macrophages, but this needs further confirmation.

Exposure to solid lipid nanoparticles or PA-SLN at the range of concentrations previously used in vivo resulted in decreased viability of HUVECs, which was not mediated by apoptosis, and increased production of nitric oxide only at the highest doses. Further, excessive production of nitric oxide and distress was seen in the macrophages after exposure to the solid lipid nanoparticles. These effects may have been due to the type of lipid matrix and/or surfactant used for preparation of solid lipid nanoparticles, as already discussed in the literature. However, solid lipid nanoparticles with a lipid matrix and surfactant similar to those used in the present study but of a different size have been found to have no toxic effects on other cell types in vitro. Overall, these results suggest that the chemical design of solid lipid nanoparticles plays an important role in determining their biocompatibility, and that the lipid matrix and size, in particular, should be chosen carefully. Further studies are needed to investigate the biocompatibility of solid lipid nanoparticles and the influence of chemical formulation on their safety and efficacy.

Finally, we assessed the effect of PACA nanoparticles, whether PEGylated or not, on production of nitric oxide and cell viability, and found a decrease in viability (not apoptosis-mediated) only at the highest concentrations tested.
and for both cell lines used. Further, excessive production of nitric oxide was detected at the highest nanoparticle doses, particularly for macrophages. These nanoparticles may cause production of even more nitric oxide than that seen in this study because of underestimation of their effect on cell death. It is important to highlight that, unlike in our study, the clinical application of these nanoparticles for biomedical purposes in the past has used doses which were too low to affect production of nitric oxide or cell viability. Moreover, given that more prolonged treatment would be required in the clinical setting than that used in this study, these experiments will now be carried out in vivo with longer incubation times.

**Conclusion**

The nanoparticles tested in this study, in particular liposomes and PACA nanoparticles, are potentially promising for the treatment of Alzheimer’s disease. At the concentrations commonly used in vivo, they do not affect nitric oxide production in vitro and are not toxic to the types of cells present in blood. Moreover, the results of this study highlight the importance of testing nitric oxide production in vitro in order to establish the therapeutic dose range for nanoparticles intended for medical use.

**Acknowledgments**

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**Disclosure**

The authors report no conflicts of interest in this work.

**References**


### Table S1: Effect of nanoparticles binding β-amyloid peptide on production of nitric oxide, cell viability, phosphorylation of eNOS, and intracellular free Ca^{2+} concentration by cultured endothelial cells and macrophages

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**Notes:** Effect of nanoparticles on cell toxicity: -, no toxic effect; +, 10%–20% cell death compared with untreated cells; ++, 20%–50% cell death compared with untreated cells; ++++, 50%–100% cell death compared with untreated cells. Effect of nanoparticles on overproduction of nitric oxide: -, no overproduction of nitric oxide after cell treatment with nanoparticles; +, overproduction of nitric oxide after exposure of cells to nanoparticles. Effect of nanoparticles on eNOS phosphorylation: -, no detectable increase in eNOS phosphorylation compared with untreated cells; +, increased eNOS phosphorylation after exposure of cells to nanoparticles. Effect of nanoparticles on intracellular levels of free Ca^{2+}: -, no detectable increase in Ca^{2+} levels compared with untreated cells; +, increased Ca^{2+} levels after exposure of cells to nanoparticles. Abbreviations: HUVECs, human umbilical vein endothelial cells; LIP, liposomes; NP, nanoparticles; NO, nitric oxide; PA, phosphatidic acid; CL, cardiolipin; SLN, solid lipid nanoparticles; PEG, poly(ethylene glycol); PACA, poly(alkyl cyanoacrylate); eNOS, endothelial nitric oxide synthase.