Anterior segment biometry using ultrasound biomicroscopy and the Artemis-2 very high frequency ultrasound scanner

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Purpose: To compare the precision of anterior chamber angle (ACA) and anterior chamber depth (ACD) measurements taken with ultrasound biomicroscopy (UBM) and the Artemis-2 Very High Frequency Ultrasound Scanner (VHFUS) in normal subjects.

Design: Prospective study.

Methods: We randomly selected one eye from each of 59 normal subjects in this study. Two subjects dropped out of the study; the associated data were excluded from analysis. ACA and ACD measurements were obtained using the VHFUS and the UBM. The results were compared statistically using repeated-measures analysis of variance for the intraobserver repeatability, unpaired t-test, and limits of agreement.

Results: The average ACA values for the UBM and the VHFUS (±standard deviation) were 41.83° ± 5.03° and 33.36° ± 6.03°, respectively. The average ACD values were 2.96 ± 0.34 mm and 2.87 ± 0.31 mm. The intraobserver repeatability analysis of variance P-values for ACA and ACD measurements using UBM were 0.10 and 0.68, respectively; for the Artemis-2 VHFUS, the respective values were 0.68 and 0.09. The difference in ACA measurements was statistically significant (t = 8.41; P < 0.0001), while the difference in ACD values was not (t = 1.51; P < 0.13). The mean ACA difference was 8.50° ± 2.50°, and the limits of agreement ranged from 0.61 mm to −0.43 mm. The mean difference percentage of ACD was 3.1% for both instruments.

Conclusion: In case of the ACD, both instruments can be used interchangeably; however, with the ACA instruments, they cannot be used interchangeably.

Keywords: anterior chamber angle, anterior chamber depth, Artemis-2 VHF scanner, ultrasound biomicroscope, normal eyes

Introduction

Glaucoma is the second leading cause of blindness worldwide. Quigley and Broman estimated that by 2010, 1,440,849 and 177,869 individuals in the Middle East would have open angle glaucoma and angle closure glaucoma, respectively; the corresponding estimates for 2020 were 2,043,721 and 251,686. Several studies have reported that eyes with primary angle closure tend to share certain biometric characteristics such as shallow central anterior chamber depth (ACD), a thick lens, anterior lens position, small corneal diameter, small radius of curvature, and short axial length.

The standard technique used for estimating the anterior chamber angle (ACA) width is gonioscopy; however, there are certain disadvantages with this method. The technique requires the use of minimal illumination to visualize the angle. In addition,
placing the goniolens in direct contact with the cornea may alter the angle’s configuration. The interpretation of angle configuration is also dependent on the examiner’s skill and experience. More precise quantitative and objective assessment tools for the measurement of ACA and ACD will allow for more accurate predictions of the risk of angle closure.

Recently, a number of instruments have been introduced to provide precise, objective, and quantitative measurements of the anterior ocular segment. These instruments use ultrasound or optical techniques to obtain measurements. Accurate measurements of the ACA and ACD can be obtained using Visante anterior segment optical coherence tomography (AS-OCT; Carl Zeizz Meditec, Dublin, CA, USA), ultrasound biomicroscopy (UBM), Artemis-2 Very High Frequency Ultrasound Scanner (VHFUS; Scott Phillips Engineering, Victoria, Canada), and Orbscan® II topography (Bausch and Lomb Incorporated, Rochester, NY, USA). The Artemis-2 VHFUS is an eye scanner that uses a probe of 50 MHz. The main advantages of the Artemis-2 VHFUS are the incorporation of an interface eye transducer and the use of saline as an acoustic coupling medium between the cornea and the probe. During scanning, the probe is moved in an arc-shaped trajectory that is matched approximately to the corneal curvature, which allows for near-normal incidence in all positions. The main disadvantage of this technique is the uncomfortable head position required of the patient.

Numerous studies have compared the ACA and ACD measurements obtained using UBM with those obtained using other devices such as the OCT, Visante AS-OCT, and Orbscan® II. However, to the best of our knowledge, this is the first study to compare ACA and ACD measurements obtained with UBM and Artemis-2 VHFUS on normal eyes.

The aim of this study was to assess the agreement of ACA and ACD measurements obtained using the UBM and the Artemis-2 VHFUS.

Subjects and methods
Fifty-nine eyes from 59 consecutive, healthy, oculovisually normal subjects (32 men; mean age, 22 ± 2 years; range, 19–30 years) were enrolled in this prospective study. All subjects submitted to a comprehensive slit-lamp anterior segment examination. The exclusion criteria included a positive history (or objective signs) of ocular disease, systemic disease with ocular implications such diabetes mellitus, and an intraocular pressure > 20 mmHg. The ACA measurement is affected by the increase in crystalline lens thickness that occurs with age and/or the position of iris insertion. A change in ACA can also be induced by spherical equivalent refractive error ≥ ±4.00 diopters (D) and/or corneal astigmatism ≥ −3.00 D, or corneal curvature ≥ 48 D. In this study, corneal curvature was determined using an autorefractometer (Auto Kerato-Refracto-Tonometer TRK-1P; Topcon Corporation, Tokyo, Japan). One eye was randomly selected from each subject using a table of random numbers generated using Microsoft Excel (Microsoft Corporation, Redmond, WA, USA). A single investigator performed all of the ACA and ACD measurements. The ACD has been shown to increase overnight and return to baseline within 3 hours of awakening. Thus, all ACD and ACA measurements were collected during the period from 12:00 noon to 2:00 pm. Ishikawa et al reported that inadvertent corneal indentation during UBM can result in overestimation of the ACA. Therefore, all measurements were initially obtained using the Artemis-2 VHFUS. After an hour of rest, the same measurement was taken using the UBM. Three consecutive measurements were performed using each method, for each subject. All of the measurements were conducted in the same clinic, under mesopic conditions.

Notably, two subjects dropped out of the study, as they were apprehensive about being examined with UBM. All of their associated data were excluded from the analysis. The purpose of the study was explained to all subjects, and informed consent was obtained from each subject before the examination. The study was conducted in conformance with the ethical considerations laid out in the 2008 Declaration of Helsinki, and the study protocol was approved by the research ethics review board of the College of Applied Medicine Science at King Saud University.

For the Artemis-2 VHFUS measurements, the patient sat and positioned his or her face on a three-point forehead and chin rest while placing the eye into a soft-rimmed eye-cup akin to a swimming goggle. The sterile coupling fluid filled the compartment in front of the eye, and the scanning was performed via an ultrasonically transparent (sterile) membrane, without the need for a speculum. Thus, the scanner probe did not make contact with the eye. On the Artemis-2 VHFUS, the set of three-dimensional scans used for the technique’s ACA and ACD measurements required 2–3 minutes per eye. The image was obtained with Artemis-2 VHFUS for ACA and ACD (Figure 1).

There are two types of ultrasonic techniques: contact and immersion. The ultrasound A-scan is a contact ultrasound technique that uses one thin, parallel sound beam, which is
emitted from the probe tip at a frequency of approximately 10 MHz. The disadvantages associated with contact ultrasound are corneal indentation, relatively low resolution, and only moderate precision. The UBM is an immersion technique that uses a high-frequency (50 MHz) ultrasound beam to measure various ocular parameters. The examiner must manually adjust the transducer head to maximize the centrality and perpendicularity of the images, which can be a time-consuming process. Analog-based UBM does not yield consistent images of the interface because analog processing does not produce a high enough signal-to-noise ratio between the interface echo complex and the surrounding tissue.

Prior to use of the VuMAX™ UBM (Sonomed Inc, New Hyde Park, NY, USA), one drop of topical anesthesia (0.4% benoxinate hydrochloride) was instilled in the patient’s eye. The cup was disinfected with an alcohol swab, and then filled with a 1% methylcellulose solution. The transducer head was immersed in this solution, and then the eye cup was placed on the sclera. The subject was then asked to look at a fixation target on the ceiling in order to maintain accommodation and fixation. The image was obtained with UBM for ACA and ACD (Figure 2).

Statistical methods
The demographic data for all subjects were analyzed using Microsoft Excel 2007 (Microsoft Corporation). The repeated-measures analysis of variance for ACA and ACD measurements was performed using InStat statistical software version 3.06 (GraphPad Software Inc, La Jolla, CA, USA). MedCalc software version 11.4.4.0 (MedCalc Software bvba, Mariakerke, Belgium) was used to test the Bland–Altman analysis to assess the limits of agreement between repeated measurements of the instruments, and an unpaired t-test was used to test the differences for statistical significance.

Results
The study included 59 normal subjects (32 right eyes, 27 left eyes). The mean (±standard deviation) intraocular pressure was 14.00 ± 1.50 mmHg. The mean refractive error (spherical equivalent) was −0.50 ± 1.00 D.

Intraobserver repeatability of ACA and ACD measurements
The intraobserver repeatability analysis of variance P-values for ACA and ACD measurements obtained using UBM and Artemis-2 VHFUS were 0.10 and 0.68, and 0.68 and 0.09, respectively.
Comparison of the ACA and ACD measurements

The unpaired t-test for ACA and ACD measurements obtained using the UBM as compared to the Artemis-2 VHFUS were 8.41 and 1.51, respectively. The unpaired t-test for the UBM and Artemis-2 VHFUS comparison revealed a statistically significant difference for the ACA measurements ($P = 0.0001$) but not for the ACD measurements ($P = 0.13$). The mean difference percentage for ACD measurements was 3.1% for both measurements.

Agreement between the instruments

The mean differences, standard deviations, and limits of agreement for the ACA and ACD measurements obtained using the UBM versus the Artemis-2 VHFUS are summarized in Table 1. The Bland–Altman diagrams show the mean differences and agreement limits for the ACA and ACD measurements as obtained using the UBM versus the Artemis-2 VHFUS (Figures 3 and 4), respectively.

Discussion

Intraocular lens (IOL) implantation requires accurate measurements of ACD not only to determine IOL power and effective lens position, but also to prevent endothelial cell damage.\textsuperscript{28,29} Precise preoperative ACD measurement is needed to predict the exact postoperative IOL position. It has been reported that errors in the prediction of the effective lens position might account for 20%–40% of the inaccuracy in predicting total refractive error.\textsuperscript{30}

Our results demonstrated good repeatability for the ACA and ACD measurements obtained using the UBM and the Artemis-2 VHFUS. The unpaired t-test revealed a significant difference between UBM and Artemis-2 VHFUS measurements of ACA ($P = 0.0001$), which suggests that the two instruments cannot be used interchangeably. In the case of ACD, this difference was not significant, which means that UBM and Artemis-2 VHFUS can be used interchangeably in young, healthy, oculovisually normal subjects. The Bland–Altman analysis of ACD measurements reveals a poor level of agreement between the UBM and the Artemis-2 VHFUS. The mean difference for the ACA measurements was 8.50°, which is higher than the threshold used for clinical acceptability. Bland–Altman analysis of the mean difference in UBM and Artemis-2 VHFUS ACD measurements revealed a high level of agreement. The mean difference was 0.09 mm, which was insufficient to affect decisions related to refractive surgery in clinical practice. The mean difference percentage for ACD measurements was 3.1%, which further indicates that UBM and Artemis-2 VHFUS ACD measurements are equally valid.

In studies assessing the precision and agreement of various techniques or instruments, the repeatability and

Table 1 The mean ± SD, mean differences ± SD, and LOA of ACA and ACD measurements with UBM and the Artemis-2 VHFUS

<table>
<thead>
<tr>
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<th>UBM</th>
<th>Artemis-2 VHFUS</th>
<th>Mean difference</th>
<th>LOA</th>
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<tbody>
<tr>
<td>ACA (degree)</td>
<td>41.83 ± 5.03</td>
<td>33.36 ± 6.03</td>
<td>8.50 ± 2.50</td>
<td>13.30/3.60</td>
</tr>
<tr>
<td>ACD (mm)</td>
<td>2.96 ± 0.34</td>
<td>2.87 ± 0.31</td>
<td>0.09 ± 0.27</td>
<td>0.61/-0.43</td>
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Abbreviations: SD, standard deviation; LOA, limits of agreement; ACA, anterior chamber angle; ACD, anterior chamber depth; UBM, ultrasound biomicroscopy; VHFUS, very high frequency ultrasound scanner.

Figure 3 Bland–Altman diagram showing the difference and agreement limits of the ACA measurements obtained with UBM and the Artemis-2 VHFUS.

Abbreviations: ACA, anterior chamber angle; UBM, ultrasound biomicroscopy; VHFUS, very high frequency ultrasound scanner.

Figure 4 Bland–Altman diagram showing the difference and agreement limits of the ACD measurements obtained with the UBM and Artemis-2 VHFUS.

Abbreviations: ACD, anterior chamber depth; UBM, ultrasound biomicroscopy; VHFUS, very high frequency ultrasound; SD, standard deviation.
reproducibility of each technique must be high. Several studies have reported that the intraobserver repeatability of UBM measurements with normal eyes was good for ACA,\textsuperscript{11–33} and excellent for ACD.\textsuperscript{14,31,34} We found intraobserver repeatability to be high for both ACA and ACD UBM measurements. The same high level of intraobserver repeatability was observed for both ACA and ACD measurements obtained using the Artemis-2 VHFUS, as reported previously.\textsuperscript{16}

Previous studies that investigated the accuracy of optical versus contact ultrasonic techniques for ACD measurement reported small differences (<5%) with the use of optical techniques, but large differences (10%–15%) for contact techniques.\textsuperscript{28,33} The difference percentage observed in this study (3.1%) is similar to that reported previously for optical techniques. This might be because both instruments in this study utilized immersion ultrasound techniques that reduce mechanical applanation effects, while previous studies did not. The mechanical applanation involved in contact ultrasound is reported to reduce ACD estimates by 0.3 mm.\textsuperscript{14,35,36}

Measurements of ACA opening distance (AOD) or anterior chamber volume (ACV) may also be used to characterize the ACA. Notably, both ACA and AOD measurements are reported to have high variability.\textsuperscript{33,34} The unpaired t-test revealed significant differences between UBM and Artemis-2 VHFUS ACA measurements. This could be due to human error in identifying the position of the scleral spur and the deepest point of the iris recess. The reproducibility of these measurements may also have suffered because of the inclusion of patients with irregular iris profiles among the study population.\textsuperscript{14,37}

It is well documented that the ACD changes according to the accommodative status of the eye.\textsuperscript{38} Since there is no fixation system to block accommodation in UBM, underestimation of the ACD due to accommodation is expected.\textsuperscript{39} To overcome this limitation, the subject was instructed to fixate on a ceiling target to maintain accommodation. During the scan session, the examiner attempted to visually detect any instance of decentration and/or loss of fixation.\textsuperscript{40} The Artemis-2 VHFUS incorporates a fixation light and optical camera for visualization of the eye to ensure fixation. The unpaired t-test and Bland–Altman analyses reflect these differences.

Overall, our results were comparable with those from previous studies on normal subjects. For instance, Yazici et al\textsuperscript{27} reported mean ACD measurements of 2.94 mm, 2.84 mm, and 2.98 mm for the Visante OCT, Orbscan\textsuperscript{®} II (Bausch and Lomb), and Pentacam, respectively.\textsuperscript{27} Our ACD measurements were 2.96 mm and 2.87 mm for the UBM and Artemis-2 VHFUS, respectively. Notably, ACD measurements obtained using the Visante OCT tend to be slightly higher than those obtained using the Artemis-2 VHFUS.\textsuperscript{11,16} Orbscan\textsuperscript{®} II ACD measurements are typically lower than those obtained using UBM or the Artemis-2 VHFUS; this could be because the Orbscan\textsuperscript{®} II does not use a fixation point to block accommodation.\textsuperscript{39} Pentacam and UBM ACD measurements are similar. Artemis-2 VHFUS measurements are higher than corresponding values obtained using the Pentacam (Pentacam, Oculus Inc, Lynnwood, WA, USA), again owing to the lack of patient fixation.\textsuperscript{39} Piñero et al\textsuperscript{16} reported mean ACD mean values of 3.07 mm and 3.16 mm for the Artemis-2 VHFUS and Visante OCT, respectively. Our ACD values were slightly lower, possibly because of differences in the study population (eg, age, sample size) or to the fact that the Piñero et al\textsuperscript{16} study failed to consider refractive status, which was considered in the study presented here.

Rabsilber et al\textsuperscript{41} reported a mean ACA value of 36.28° in normal subjects with the Pentacam. We found values of 41.83° and 33.36° using the UBM and the Artemis-2 VHFUS, respectively. It is possible to pinpoint the exact location of the angle being imaged with the Pentacam but not with the UBM. In a study of 20 normal eyes, Piñero et al\textsuperscript{16} reported a mean ACA of 37.40° with use of the Artemis-2 VHFUS; that value is higher than the results reported here. This may be due to differences between the studies in terms of sample size, subject age, and attention to refractive error.

**Conclusion**

In case of the ACD, both instruments can be used interchangeably; however, with the ACA instruments cannot be used interchangeably.

**Acknowledgments**

We certify that we have participated sufficiently in the conception, design, and the interpretation of the data for this work, as well as in the writing of the manuscript, to take public responsibility for it. Neither this manuscript nor one with substantially similar content under our authorship has been published or is being considered for publication elsewhere.

**Disclosure**

The authors report no conflicts of interest in this work. We also certify that, where applicable, any affiliations with, or involvement in, any organization or entity with a direct financial interest in the subject matter or materials discussed...
References


