Radiological evaluation of the fetal face using three-dimensional ultrasound imaging

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Abstract: This paper reviews screening and three-dimensional diagnostic ultrasound imaging of the fetal face. The different techniques available for analyzing biometric and morphological items of the profile, eyes, ears, lips, and hard and soft palate are commented on and briefly compared with the respective bi-dimensional techniques. The available literature supports the use of three-dimensional ultrasound in difficult prenatal diagnostic conditions because of its diagnostic accuracy, enabling improved safety of perinatal care. Globally, a marked increase has been observed in the accuracy of three-dimensional ultrasound in comparison with the bi-dimensional approach. Because there is no consensus about the performance of the different three-dimensional techniques, future studies are needed in order to compare them and to find the best technique for analysis of each of the respective facial elements. Universal prenatal standards may integrate these potential new findings in the future. At this time, the existing guidelines for prenatal facial screening should not be changed.

Keywords: prenatal three-dimensional ultrasound, prenatal screening, prenatal diagnosis, cleft lip and palate, fetal profile, retrognathism

Introduction

Prenatal ultrasound of the fetal face is viewed by parents as a means of obtaining a first picture of their baby. The discovery of fetal anomaly is followed by fear and culpability, as parents suffer the loss of the expected normal infant.¹ When this anomaly is localized to the face of the fetus, the emotional distress might naturally be more amplified for parents because of the additional social and psychological impact. At the time of detection, the clinician is confronted with a difficult situation because the parents are not really capable of absorbing information or understanding their child's anomaly. Therefore, the clinician's words should be as cautious as possible. Some countries propose a multidisciplinary approach and family follow-up in the event of fetal malformation. This depends on the clinician having the opportunity to talk to parents in the setting of a prenatal multidisciplinary counseling team consisting of obstetricians, sonographers, geneticists, pediatricians, radiologists, and surgeons. The team evaluates the malformation and its extension, a potential syndromic association, indications for other imaging techniques such as three-dimensional ultrasound or magnetic resonance imaging (MRI), indications for invasive diagnostic procedures, and finally prognostic considerations.

Prenatal imaging of the fetal face has been the subject of several publications in the past. Bidimensional ultrasound remains the type of imaging which is recognized to be the most cost-effective and useful screening method for facial malformations.

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In many developed countries, prenatal screening ultrasound is subject to professional recommendations. The screening principle is based on interest in detection of an illness with regard to its incidence, the therapeutic consequences, and cost-effectiveness.² Since the advent of prenatal three-dimensional ultrasound techniques for medical purposes in 1973, many efforts have been made to visualize the fetal face.³

As a result of research, the role of three-dimensional ultrasound visualization of the face in screening and in particular diagnostic procedures has been highlighted.⁴ For prenatal screening, the standard recommendation is to visualize the tip of the nose, nostrils, and upper and lower lip.^{5,6} These elements are sufficiently visible on bi-dimensional ultrasound imaging, and there are no guidelines for use of three-dimensional ultrasound for this purpose. A recent French recommendation mandates supplementary visualization and analysis of the fetal profile and eyes for diagnostic purposes.⁷

If the prenatal counseling team is confronted by a facial malformation in a baby, every member of the team needs to transmit precise information about the diagnosis and prognosis to the parents. The precision depends on evaluation being as complete as possible. Prenatal ultrasound lies at the heart of such an assessment, because all decisions that follow can be adequate only if the imaging is accurate. Genetic counseling, indications for invasive diagnostics, indications for termination of pregnancy, postnatal development, and follow-up are necessarily different if there are associated malformations.¹

Prenatal imaging by bi-dimensional ultrasound is considered the gold standard for prenatal screening and diagnosis, although past publications point to increasing accuracy in diagnostics when three-dimensional ultrasound is used.⁸

MRI plays a role in the recognition of facial anomalies, especially for localization of facial tumors of the surface and buccal cavity,⁹ in fetal ocular measurements,¹⁰ and assessment of cleft lip alone and cleft lip and palate.^{11,12} Computed tomography can complete the diagnosis in the event of suspected bony anomalies of the fetal skull.¹³ In the following sections, we review the three-dimensional ultrasound methods used for visualization of the ears, eyes, bony and surface profile, lips and nostrils, and hard and soft palate.

Imaging of the ears

When the prenatal counseling team is confronted with an environmental, familial, or genetic risk, especially in the event of various associated symptoms seen on ultrasound, such as polyhydramnion and other facial anomalies,¹⁴

evaluation of the biometry and morphology of the ears is interesting. Biometric nomograms have been established by bi-dimensional and three-dimensional ultrasound for the length of the ears.¹⁵ Other authors report that ear length is nearly one-third the biparietal diameter throughout pregnancy.¹⁶

A biometric anomaly such as microtia is a congenital anomaly, characterized by a small, abnormally shaped auricle. The prevalence of microtia is 0.8–4.2 per 10,000 births, and the condition is more common in males. Anotia is characterized by the absence of the external ear. Microtia-anotia is usually accompanied by a narrow, blocked, or absent ear canal.¹⁷ Microtia-anotia can occur either as an isolated defect or in association with other defects. A genetic or environmental etiology might be found, and microtia-anotia is a component of isotretinoin, thalidomide, alcohol, and diabetes embryopathy. It occurs with single gene disorders, such as Treacher-Collins syndrome (Figure 1), as part of seemingly nonrandom patterns of multiple defects, such as Goldenhar syndrome,¹⁸ branchiootorenal and branchiootic syndromes, and oculoauricular syndrome, as well as in the context of chromosomal syndromes, such as trisomy 18.^{19–21} A recent publication recommends using three-dimensional ultrasound and the combination of three ear growth indexes (length, width, and ear area) to enhance the detection rate of aneuploidy in comparison with bi-dimensional ultrasound alone.²⁰ However, fetal ear measurements should not be used as a solitary ultrasonographic parameter in identifying aneuploid fetuses.²⁰

Morphological analytical descriptions of the ears are not available in the prenatal literature. The rotation of the ears has been described to have an influence on increased risk of autosomal trisomies.²² However, such extraordinarily specific evaluations should be the subject of further studies. Accurate three-dimensional ultrasound analysis of morphology can help the practitioner to identify and describe the pathology, and to relate it to a syndromic entity.

Imaging of the eyes

The interorbital diameter of the fetal eye increases from 8.2 mm at 11 weeks' gestational age (GA) to 37.6 mm at 35 GA. The interorbital to biparietal diameter ratio decreases from 0.52 at 11 GA to 0.42 at 35 GA.²³ The extraorbital diameter increases from 15 mm at 11 GA to 50 mm at 35 GA, and the interocular diameter increases from 7 mm at 11 GA to 18 mm at 35 GA.²⁴ Three-dimensional approaches evaluate the interorbital diameter with precision.²⁵ The volume of the eyeball has positive correlations with gestational age and biparietal diameter. The following index using

Figure 1 Three-dimensional ultrasound of microtia in a case of Treacher-Collins syndrome at 24 weeks of gestation.

the biparietal diameter has been proposed: square of the eyeball = $-0.180 + 0.187$ biparietal diameter.²⁶

When analysis of the eyes is required, several syndromes and associations can be involved. Anomalies such like hypotelorism, hypertelorism, microphthalmia, exophthalmos, cyclopia, and cataract can prompt the prenatal diagnostic team to investigate for a syndromic association. The eyes are visible in a bi-dimensional ultrasound axial approach. Three-dimensional ultrasound might improve analysis of biometric anomalies and the anatomy of the eyes, lenses, or orbits. An axial acquisition seems to render the best results, but sagittal acquisition planes can be used in the case of prone fetuses.²⁷ Prenatal biometric nomograms have been established by three-dimensional ultrasound in order to analyze microphthalmia. Microphthalmia or anophthalmia demonstrates biometric anomalies of the globe in the axial view through the expected level of the orbits. The most common causes of unilateral anophthalmia are Goldenhar syndrome and trisomy 13.²⁸ Microphthalmia should prompt chromosomal analysis as well as a search for associated biometric or anatomic anomalies.

Hypertelorism is associated with a variety of syndromes and conditions. Hypotelorism is associated with generally severe abnormalities, such like holoprosencephaly.

Cataract is indicated by a double echogenic ring inside the orbit. Infectious or genetic etiologies are usual.²⁸ Dacrocystocele is a dilatation of the lacrimal system secondary to ductal obstruction; in prenatal life, a typical anechoic round mass is apparent medially to the orbit and usually of smaller diameter than that of the orbit. Three-dimensional ultrasound also allows determination of the degree of intra-nasal extension and swelling below the medial canthal area. It is typically bilateral and isolated. Spontaneous in utero restitutio ad integrum has been described.²⁹

Imaging of the profile

When searching for facial anomalies or associated syndromes, investigation of the fetal profile is a fundamental part of the morphological evaluation. Detection of an anomaly is essential because it can help in the diagnosis of genetic disorders or chromosomal abnormalities. Adequate analysis of an anomaly involving the profile is a challenge for the prenatal counseling team, even for experienced practitioners.

Bi-dimensional ultrasound visualization of the profile is a part of the first trimester screening scan, ie, visualization of crown rump length and nuchal translucency. The skill necessary to obtain an adequate view in later pregnancy is commonly available and realized, but is not required by minimal screening programs. Some authors propose a reference axis with the transducer parallel to the long axis of the nose and at about 45 degrees to the echogenic line of the palate.³⁰ Previous studies have used qualitative methods, but a more quantitative and objective approach may be useful. Three-dimensional ultrasound has been used to complement bi-dimensional ultrasound for evaluation of the fetal profile.³¹ Studies have investigated the additional value of three-dimensional ultrasound.³²

Analysis of nasal bone length, prefrontal thickness, frontomaxillary facial angle, maxilla-nasion-mandible angle, nose length (distance between nasion at intersection of the frontal bones and nasal bones and upper anterior corner of maxilla), nose protrusion (distance between pronasale landmark and line used for nose-length measurement perpendicular to nose length line), distance between pronasale and subnasale landmarks, philtrum length, facial height (distance from nasion to lower anterior corner of the mandible) can lead the prenatal counseling team to adjust diagnostic and prognostic considerations.³³

Nasal bone length is obtained by bi-dimensional ultrasound measurement of the nasal bone from one end to the other. The optimal way to measure its length or its absence is to take a 90 degree angle of insonation to the prenasal skin

and a 45 degree angle to the palate.³⁴ There is progressive overestimation of nasal bone length when measuring in the parasagittal and oblique views compared with measurements taken in the exact mid sagittal plane. When measured in the exact mid sagittal plane and care is taken to exclude the frontal bone, three-dimensional ultrasound measurements of the nasal bone are systematically smaller than those reported using bi-dimensional ultrasound. Three-dimensional ultrasound might allow more exact acquisition of the strict mid sagittal plane by post-acquisition correction.³⁵

A small nose is a common facial feature of individuals with trisomy 21.³⁶ First-trimester nasal bone length has been proposed to be a component of aneuploidy screening.³⁷ Further, in 62.1% of fetuses with trisomy 21, the nasal bones were divergent, whereas in 131 of 135 (97.0%) euploid fetuses, the bones were entirely fused in the midline.^{38,39}

Nasal bone hypoplasia had a sensitivity and specificity of 49% and 92%, respectively, for diagnosis of trisomy 21, compared with 61% and 84%, respectively, for the biparietal diameter/nasal bone index.⁴⁰ Absence of nasal bones is associated with a higher risk of Down syndrome than delayed ossification. Subtle ossification patterns may be less distinguishable on bi-dimensional ultrasound compared with three-dimensional ultrasound.⁴¹

Prefrontal thickness increases with gestation from a mean of 2.4 mm at 16 weeks to 4.6 mm at 24 weeks. Fetuses with trisomy 21 tend to show an increased prefrontal thickness. Studies report 70% sensitivity for trisomy 21. The landmarks defining the acquisition plane can be identified by bi-dimensional ultrasound, but the three-dimensional ultrasound multiplanar mode might enable more accurate measurement.⁴²

Both prefrontal thickness and nasal bone length show growth with gestation, with less pronounced growth for nasal bone length after 28 weeks.³⁵ In normal fetuses, the mean prefrontal thickness and nasal bone length increase between 15 and 33 weeks' gestation from 2.3 mm to 6.1 mm and from 3.3 mm to 9.6 mm, respectively. The prefrontal thickness to nasal bone length ratio is stable throughout gestation, with a mean of 0.61 (ranging from 0.48 to 0.80 from the 5th to 95th percentiles, respectively). In fetuses with trisomy 21, mean prefrontal thickness and nasal bone length increase between 14 and 34 weeks from 3.0 mm to 9.2 mm and from 1.9 mm to 7.8 mm, respectively. The prefrontal thickness to nasal bone length ratio is higher than in normal fetuses, but also stable throughout gestation, with a mean of 1.50 (95% confidence interval 1.20–1.80). Seventy-seven percent of fetuses with trisomy 21 have a prefrontal thickness above the

95th percentile, and 67% have a nasal bone length below the 5th percentile. All fetuses with trisomy 21 have a prefrontal thickness to nasal bone length ratio above the 95th percentile, with a detection and false-positive rate for trisomy 21 corresponding to 100% and 5%, respectively.⁴³

Evaluation of the profile might be available at the levels of the profile surface and bony structures of the forehead. An objective evaluation might be more feasible for bony structures than for surface structures. The bony structures and their ratios and angles do not seem to change significantly during pregnancy,³⁵ and craniofacial growth remains linear throughout this time.⁴⁴

In three-dimensional ultrasound studies, the frontomaxillary angle has been proposed to quantify the analysis of the profile.³⁷ In the mid sagittal view of the fetal face, the palate is visible as a single homogeneously hyperechogenic rectangular structure at the first trimester screening scan. In the second and third trimester, there are two echogenic structures, the inferior one representing the palate and the superior one representing the vomer. For measurement of the frontomaxillary facial angle, the first ray is drawn along the superior edge of the palate and the second ray from the upper anterior corner of the maxilla extending to the external surface of the frontal bone.⁴⁵

A common phenotypic feature of individuals with trisomy 21 is a flat face. Thus, a three-dimensional ultrasound method for quantifying the flat face of fetuses with trisomy 21 has been described.⁴⁵ Another tentative to point out an objective three-dimensional ultrasound analysis of the profile has been proposed by the construction of the maxilla-nasion-mandible angle.⁴⁶ The angle is defined as the angle between the intersection of the maxilla-nasion and the mandible-nasion lines in the exact mid sagittal plane. The mean angle seems to be 13.5 degrees and does not change during pregnancy. It might be above the 95th percentile (17 degrees) in the case of retrognathia, and below the 5th percentile (10 degrees) in syndromes accompanied by a flat face, such like trisomy 21, achondroplasia, or Gorlin syndrome (Figure 2). In this situation, mandible growth is judged relative to the profile and not according to the growth of its rami. The most common pathology of the profile described in prenatal life may be retrognathia.⁴⁷ Multiple syndromes are potentially associated with retrognathia. The most common are Pierre-Robin syndrome (Figure 3), Goldenhar syndrome, Treacher-Collins syndrome, velocardiofacial syndrome, and trisomies 13 and 18.⁴⁸ In general, the risk of an adverse outcome is elevated when a prenatal diagnosis of retrognathia is made.²⁸

Figure 2 Three-dimensional ultrasound of the profile in a case of Gorlin syndrome at 33 weeks of gestation.

The fetal mandible can be evaluated by measurement of the biometry of the mandibular rami and the relationship of the jaw to the profile. Biometric nomograms exist especially for evaluation of the length and symmetry of the rami.^{49–51} Axial bi-dimensional ultrasound acquisition throughout the totality of both rami allows measurement of the mandible index, ie, the quotient between the diameter linking the two bases of the corpus and the distance between the symphysis menti and its diameter. Using this index, retrognathia might be detectable.⁵² Another biometric approach is the mandibular ratio with gestational age.⁵³ Three-dimensional ultrasound techniques have been described in the axial acquisition plane,⁵⁴ and normative data values have been established.⁵⁵

Imaging of the lips and nostrils

In some countries, minimal ultrasound screening guidelines recommend bi-dimensional ultrasound visualization of the nose tip, nostrils, and upper and lower lips.^{6,56,57} A bi-dimensional ultrasound view is considered to be sufficient to detect the most common facial malformation, ie, cleft lip.⁵⁸ In France, such guidelines have existed since 2005.⁶ Publications prior to that date report a sensitivity for detection of facial anomalies of 18%–74%.^{59–63} However, the different reports

Figure 3 Three-dimensional ultrasound of the profile in a case of Pierre-Robin syndrome at 26 weeks of gestation.

suffer from discrepancies in their study design. After 2005, there are no statistical sources reporting detection rates of cleft lip. Professional imperatives obviously require a 100% detection rate within this minimal screening program. Three-dimensional ultrasound does not play any role in scientific reviews concerning screening for cleft lip. However, three-dimensional ultrasound might be helpful and eventually more rapid when there are difficulties in obtaining accurate bi-dimensional ultrasound images of the fetal mouth.⁶¹

Imaging of the hard palate

Maxilla and palatine bone constitute the hard palate. The velum and uvula constitute the soft palate. This anatomical classification⁶⁴ differs from the embryological classification which distinguishes between the primary (hard palate anterior to incisive fossa) and secondary (hard and soft palate posterior to incisive fossa) palate.⁶⁵ Diagnostic conditions which may lead the practitioner to visualize the hard palate might include the following: when a cleft lip is screened for in the mid trimester scan, information about the maxilla and the palatine bone is required in order to make an accurate decision as to whether there is an association with a cleft of the alveolar ridge of the maxilla, with a cleft of both the alveolar ridge of the maxilla and the palatine bone (cleft lip and palate), or with a cleft of the palatine bone without cleft of the alveolar ridge of the maxilla. Further, in the event of polymalformative syndromes, polyhydramnion, or a familial history of cleft of the palatine bone, information about the integrity of the fetal palate is required.

When there is cleft lip, the incidence of cleft lip and palate is approximately one per 1000.⁵⁸ However, it might be more frequent in the fetal population since a considerable number of fetuses with cleft lip and palate are affected by associated abnormalities, which might be accompanied by intrauterine demise.⁶⁶

In the case of cleft lip, the probability of isolated cleft lip is 15%, that of cleft of the alveolar ridge of the maxilla is 6%, and that of cleft lip and palate is 75%. In 1% of cases of cleft lip, cleft of the palatine bone occurs without cleft of the alveolar ridge of the maxilla.⁵⁸ The present authors report one single case of a cleft lip associated to a cleft of the palatine bone without cleft of the alveolar ridge of the maxilla among 126 facial clefts examined over a period of eight years from 2004 to 2012 (unpublished personal observation). Three percent of cases are represented by complex facial clefts, as classified by Tessier.⁶⁷ The risk of associated genetic karyotypic anomalies and associated malformations is elevated when the hard palate is also cleft.⁵⁸ Further, the functional, esthetic, orthodontic, and surgical follow-up will depend on the diagnosis.

Bi-dimensional ultrasound diagnosis of cleft lip and palate was described for the first time in 1981.⁶⁸ Since then, several publications have reported improvements using different techniques in the imaging of cleft of the alveolar ridge of the maxilla, cleft lip and palate, and cleft of the palatine bone.^{69–74} Three-dimensional ultrasound seems to perform better than bi-dimensional ultrasound in the diagnosis of cleft anomalies.^{8,62,75–77}

Ultrasound visualization of the maxilla and palatine bone suffers with several technical difficulties. The alveolar ridge of the maxilla (primary palate) is visible by axial bi-dimensional acquisition;⁷⁸ on the other hand, structures that are posterior to the alveolar ridge are theoretically invisible by ultrasound as a consequence of reduced axial resolution and posterior shadowing. However, when the sonographer smoothly inclines the ultrasound probe into the cranial or caudal axial direction, shadowing can be avoided and the secondary palate might be identified. Therefore, bi-dimensional⁷⁹ and three-dimensional⁸⁰ ultrasound studies use the axial view to enable accurate visualization of the normal entire hard palate. Other studies suggest possible visualization of both the normal and cleft hard palate using sagittal,⁷¹ oblique,⁷⁴ or coronal^{81,82} three-dimensional ultrasound.

Past publications have reported variable visualization rates and accuracy for the different techniques cited above. This difference might be due to inhomogeneous and non-standardized study designs which do not distinguish clearly

between three-dimensional and bi-dimensional ultrasound, between different study populations, between screening or diagnostic conditions (context bias⁸³), between cleft lip and cleft of the alveolar ridge of the maxilla,⁸⁴ between cleft lip and palate and cleft of the palatine bone alone, between different terminologies, such as “hard palate” “primary palate” and “secondary palate”, between a normal versus a pathological palate, or between different three-dimensional ultrasound techniques. Three-dimensional ultrasound axial,⁸⁰ coronal,^{81,82} sagittal,⁷¹ and oblique⁷⁴ acquisition planes have been evaluated for imaging of the secondary palate. In the case of cleft lip and palate, the axial,⁷³ coronal,⁸² and sagittal⁷¹ three-dimensional ultrasound techniques have a sensitivity of 97%, 90%, and 100%, respectively. Oblique⁷⁴ techniques need confirmation of their accuracy in the case of a pathological secondary palate. As already indicated, no prospective comparison of these studies has been reported to date. Recent studies evaluating three-dimensional ultrasound techniques do not, at this time, provide a valuable comparison. In consequence, there is no commonly agreed technique for the visualization of the hard palate as yet.^{69,72}

The etiopathology of cleft of the palatine bone alone is distinct from that of cleft lip and palate.^{65,82} Visualization of the secondary palate might be of interest when there are signs such as polyhydramnion or retrognathism, ie, fetal signs that orientate to a risk of cleft of the palatine bone. Another diagnostic consideration might be a family history of an isolated cleft of the palatine bone. Our team has found that axial three-dimensional ultrasound has high sensitivity and specificity for normal⁸⁰ and cleft hard palate.⁷³ We also found this technique to be accurate in a case of isolated cleft of the palatine bone, diagnosed in a woman with a personal history.⁸⁵

Past publications report moderate visualization rates for cleft of the palatine bone in low-risk populations. Published opinions continue to state that both screening for and diagnosis of cleft of the palatine bone remain problematic, and sensitivity is low (35%), even with adjunctive use of three-dimensional ultrasound.^{86,87} However, if the palate is well visualized in the case of an intact palate⁸⁰ (Figure 4) and in the case of cleft lip and palate^{73,82} (Figure 5), it will also be well visualized in the case of cleft of the palatine bone^{85,88} (Figure 6).

Imaging of the soft palate

Part of a cleft of the palatine bone might be submucosal, and isolated clefts of the soft palate might also exist. Given that the palatine bone is not cleft in some cleft cases, visualization of an intact palatine bone might lead to a false-negative diagnosis. Three-dimensional ultrasound plays an important

Figure 4 Three-dimensional ultrasound of the intact hard palate at 32 weeks of gestation.

Note: Axial acquisition.

role in this situation. Three-dimensional ultrasound visualizes soft tissue better than bi-dimensional ultrasound. Further, the soft palate is inclined about 30 degrees with regard to the palatine bone;⁸⁹ in consequence, post-acquisition three-dimensional ultrasound rotation in the axial axis of about 30 degrees allows visualization of the soft palate in its physiological⁸⁹ (Figure 7) or pathological⁸⁵ formation (Figure 8).

Discussion

In this review, we discuss three-dimensional ultrasound imaging of the fetal face. A comparison with the performance of

Figure 6 Three-dimensional ultrasound of cleft palate (arrow) at 28 weeks of gestation.
Note: Axial acquisition.

bi-dimensional ultrasound permits us to clarify the clinical utility of both techniques. It is emphasized that, in clinical practice, practitioners should always make the distinction between imaging for screening or diagnostic purposes. This distinction might be of great value in aiding communication with parents, and within the prenatal multidisciplinary counseling team. The practitioner should clearly communicate under which circumstances the fetus has been examined, and which method, ie, bi-dimensional or three-dimensional ultrasound, has been used.

With regard to the national guidelines commonly used in our country, we continue to consider that bi-dimensional ultrasound visualization of the nostrils and lips is sufficient

Figure 5 Three-dimensional ultrasound of cleft lip and palate (arrows) at 29 weeks of gestation.

Note: Axial acquisition.

Figure 7 Three-dimensional ultrasound of the soft palate (arrows) at 32 weeks of gestation.

Note: Axial acquisition and 30° post-acquisitional rotation.

Figure 8 Three-dimensional ultrasound of the cleft soft palate (arrows) at 29 weeks of gestation.
Note: Axial acquisition and 30° post-acquisitional rotation.

for screening of the fetal face. The coronal view screens for the most frequent facial malformation, ie, cleft lip.⁵⁸ This bi-dimensional view should be present in all screening reports. When screening using the bi-dimensional view is normal, we consider that the three-dimensional view does not provide additional information. In contrast, when cleft lip is screened for, a three-dimensional view can specify the degree of extension of the cleft into the nostrils (personal observation).

In the case of screening for an anomaly of the face or other organs, or where there is a family history, the practitioner is faced with a diagnostic situation. In this case, recent French guidelines require supplementary bi-dimensional visualization of the profile, orbits, and lenses.⁷ Analysis of these morphological elements ensures that additional information about other frequent facial anomalies, ie, retrognathism and anophthalmia/microphthalmia, will be collected.⁴⁸

Visualization of these elements orientates the diagnostic considerations and reduces the risk of error. Additionally, several recent publications consider that complementary three-dimensional ultrasound assists analysis of the profile⁴⁶ and the eyes.²⁶ In our opinion, three-dimensional analysis of the bony profile at the maxilla-nasion-mandible angle as proposed by De Jong-Pleij et al⁴⁶ is an interesting tool because it seems coherent, objective, and easy to assess.

Furthermore, visualization of other facial elements, ie, the ears, and the hard and the soft palate provide additional information about eventual associated anomalies. Biometrics of the ears¹⁹ and the integrity of the hard palate⁷⁹ can be visualized by bi-dimensional ultrasound. Several publications and the clinical experience of our team indicate that analysis of these structures can be improved by use of three-dimensional ultrasound.^{73,80,85,90,91} Three-dimensional morphological analysis of the ears is interesting because of the clear and detailed visualization. Three-dimensional visualization of the hard palate probably provides better definition than bi-dimensional ultrasound. Without doubt, visualization of the soft palate is only accessible by three-dimensional and not bi-dimensional ultrasound.⁸⁹ Table 1 shows the most important malformations and aspects determined on bi-dimensional ultrasound versus three-dimensional ultrasound.

Concerning comparison with MRI, past publications indicate promising results,^{10–12} but future investigations should show more convincing results. To date, in our clinical experience, three-dimensional ultrasound is accurate, defined, realistic, and rarely erroneous. MRI does not add complementary information when investigating the fetal face. The differences between bi-dimensional and three-dimensional ultrasound in terms of financial costs have not yet been quantified; in France, public illness insurance does not distinguish between screening and diagnostic ultrasound, and the financial cost of

Table 1 Facial malformations on bi-dimensional versus three-dimensional ultrasound

Facial parameter	Malformation on 2D US	Malformation on 3D US
Ear	Anotia/microtia	Subtle morphological anomalies
Eye	Anophthalmia/microphthalmia	Anophthalmia/microphthalmia
	Hypertelorism/hypotelorism	Hypertelorism/hypotelorism
Profile	Flat profile	Flat profile
	Retrognathism	Retrognathism
	Absent/short nasal bone	Absent/short nasal bone
		Subtle anomalies of the angles
Lips	Cleft lip	Cleft lip and its extension to nostrils
Primary palate	Cleft alveolus	Cleft alveolus
Secondary palate	Cleft lip and palate, cleft palate	Cleft lip and palate, cleft palate and their extension
Soft palate	–	Submucosal cleft soft palate

Abbreviations: 2D US, bi-dimensional ultrasound; 3D US, three-dimensional ultrasound.

additional time spent on more exhaustive examination cannot be taken into account.

Ramos et al⁹² found that: use of three-dimensional ultrasound for visualization of the profile took about 60 seconds and about 73 seconds for the primary palate; that this period might be shorter in expert hands; and a standardized teaching program might improve the use and accuracy of bi-dimensional⁹³ and three-dimensional ultrasound.⁹² However, there are no statistics permitting a precise comparison of the financial aspects of the two approaches.

We estimate that, in comparison with bi-dimensional ultrasound, use of three-dimensional ultrasound might prolong the examination by 30–60 seconds. Bi-dimensional ultrasound analysis of the hard or soft palate,^{73,80,85,89} as usually employed by our team, provides satisfactory information in the second and third trimester. As already published and confirmed by our clinical experience, information about the anatomy of the palate and its accuracy in the case of cleft lip and palate satisfies our prenatal counseling colleagues, especially the pediatric surgeons, because the information is mostly exact. Although these techniques are employed exclusively by experts, they can be used by regular practitioners after appropriate tuition. In our opinion, universal use of these techniques might accelerate individual learning curves, even for screening. Teaching and improvement in learning can probably be ameliorated by ultrasound techniques which allow to work “offline”, ie, to analyse the images after acquisition in presence of an expert.⁹⁴

In the future, comparisons of the different three-dimensional ultrasound techniques when evaluating the hard palate (by distinguishing between screening or diagnosis and by specifying analysis of cleft of the alveolar ridge of the maxilla, cleft lip and palate, or cleft palate alone) and the angles of the profile are needed in order to find a consensus in these challenging prenatal counseling situations. In regard of the actual analysis of the recent 3D techniques, we think that they constantly permit to ameliorate the imaging of the fetal face in difficult diagnostic conditions. In contrast, the techniques are not expected to gain diffusion in uncomplicated screening conditions. Prenatal standards should be based on the latest evidence.⁹⁵

Disclosure

The authors report no conflicts of interest in this work.

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