Oxidative stress-mediated antibacterial activity of graphene oxide and reduced graphene oxide in *Pseudomonas aeruginosa*

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Background: Graphene holds great promise for potential use in next-generation electronic and photonic devices due to its unique high carrier mobility, good optical transparency, large surface area, and biocompatibility. The aim of this study was to investigate the antibacterial effects of graphene oxide (GO) and reduced graphene oxide (rGO) in *Pseudomonas aeruginosa*. In this work, we used a novel reducing agent, betamercaptoethanol (BME), for synthesis of graphene to avoid the use of toxic materials. To uncover the impacts of GO and rGO on human health, the antibacterial activity of two types of graphene-based material toward a bacterial model *P. aeruginosa* was studied and compared.

Methods: The synthesized GO and rGO was characterized by ultraviolet-visible absorption spectroscopy, particle-size analyzer, X-ray diffraction, scanning electron microscopy and Raman spectroscopy. Further, to explain the antimicrobial activity of graphene oxide and reduced graphene oxide, we employed various assays, such as cell growth, cell viability, reactive oxygen species generation, and DNA fragmentation.

Results: Ultraviolet-visible spectra of the samples confirmed the transition of GO into graphene. Dynamic light-scattering analyses showed the average size among the two types of graphene materials. X-ray diffraction data validated the structure of graphene sheets, and high-resolution scanning electron microscopy was employed to investigate the morphologies of prepared graphene. Raman spectroscopy data indicated the removal of oxygen-containing functional groups from the surface of GO and the formation of graphene. The exposure of cells to GO and rGO induced the production of superoxide radical anion and loss of cell viability. Results suggest that the antibacterial activities are contributed to by loss of cell viability, induced oxidative stress, and DNA fragmentation.

Conclusion: The antibacterial activities of GO and rGO against *P. aeruginosa* were compared. The loss of *P. aeruginosa* viability increased in a dose- and time-dependent manner. Exposure to GO and rGO induced significant production of superoxide radical anion compared to control. GO and rGO showed dose-dependent antibacterial activity against *P. aeruginosa* cells through the generation of reactive oxygen species, leading to cell death, which was further confirmed through resulting nuclear fragmentation. The data presented here are novel in that they prove that GO and rGO are effective bactericidal agents against *P. aeruginosa*, which would be used as a future antibacterial agent.

Keywords: graphene oxide, reduced graphene oxide, beta-mercaptoethanol, oxidative stress, antimicrobial activity

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Introduction

Nanotechnology involves the application of nano- or quantum-sized materials that possess unique properties in comparison to bulk materials of similar composition.¹

Environmental carbon-based nanotechnology is a promising area of research due to its potential applications in the fields of sensors, water treatment, and alternative energy.² These excellent properties may be relevant at the nanoscale if graphite can be exfoliated into thin nanoplatelets, and even down to the single graphene-sheet level.³ Graphite nanoplatelets have often been made from expanded graphite, which basically is produced from graphite intercalation compounds via rapid evaporation of the intercalant at high temperatures.³ Graphene is a single atomic plane of graphite (Gt)^{4,5} that was first obtained from the micromechanical exfoliation of Gt.⁶ From the chemistry point of view, graphene oxide (GO) is a graphene sheet with carboxylic groups at its edges and phenol hydroxyl and epoxide groups on its basal plane.^{7,8} Accordingly, GO can be chemically exfoliated from GtO.⁷ For production of reduced graphene oxide (rGO), thermal annealing or chemical treatment is needed to eliminate functional groups on GO.⁹ These graphene-related materials exhibit unique electronic, thermal, and mechanical properties,^{5,10} and hold great promise in potential applications, such as nanoelectronics, conductive thin films, supercapacitors, nanosensors, and nanomedicine.^{6,11}

In recent times, carbon nanotubes (CNTs) have been widely studied in the biomedical field for drug delivery, biosensing, and molecular imaging.^{12–14} Biomedical properties like pharmacokinetics, toxicity, and cytocompatibility of graphene and GO have not been systematically explored. Yang et al¹⁵ have reported pharmacokinetics and biodistribution of graphene functionalized with polyethylene glycol (PEG) and examined its toxicity in mice. Their results revealed that graphene/PEG does not induce appreciable toxicity at an administered dose of 20 mg/kg for 3 months. PEGylated GO in a physiological solution has been employed in cell imaging and drug delivery.^{16,17} Wang et al¹⁸ have suggested that dose- and time-dependent cytotoxicity of GO, which can enter the cytoplasm and nucleus, decreases cell adhesion and induces apoptosis. Recently, Akhavan et al¹⁹ reported the biomedical application of biocompatible glucose-reduced GO in photothermal cancer therapy (without any PEGylation). In addition, other research groups have investigated the application of nanoscale reduced GO–quantum dot nanocomposites in magnetically targeted drug delivery, photothermal therapy, and fluorescence, photoacoustic, and magnetic resonance imaging.^{20–22}

Several reports on graphene-related materials are currently available in comparison to other synthetic carbon nanomaterials, such as fullerenes and CNTs.^{23–27} There are some

interesting studies explaining the possible mechanisms of graphene-sheet cytotoxicity, eg, the interaction of graphene-sheet sharp edges with the cell wall.²⁵ Accordingly, the potential and toxic effects of graphene-related materials should be thoroughly evaluated. Recently, there have been some reports describing the strong antibacterial activity of GO.^{24,25} This potent antibacterial has been attributed to membrane stress induced by sharp edges of graphene nanosheets, which may result in physical damage to cell membranes, leading to the loss of bacterial membrane integrity and the leakage of RNA.²⁵ Several studies have reported that most carbon-based nanomaterials are cytotoxic to bacteria^{28–30} in a dose-dependent manner.^{15,26} Specifically, single-walled CNTs (SWNTs) show the strongest antimicrobial activity.^{31–34} Liao et al³⁵ reported a concentration-dependent toxicity of GO and graphene in human erythrocytes and skin fibroblasts. Involvement of the reactive oxygen species (ROS) generated by graphene was proposed as one of the main mechanisms for the cytotoxicity of graphene at high concentrations (100 mg/mL) in neural pheochromocytoma-derived PC12,³⁶ and the size of GO sheets has an effect on the toxicity of GO of high concentration, ie, larger sheets have better biocompatibility in A549 cells.³⁷ The direct-contact interaction of extremely sharp edges of graphene nanowalls with the membrane of cells is also known as one of the mechanisms effectively involved in the cytotoxicity of graphene sheets.³⁸ Trapping microorganisms within aggregate-reduced graphene sheets was also suggested as another mechanism for describing the cytotoxicity of graphene sheets, especially in a suspension.³⁸ The size-dependent cyto- and genotoxic effects of graphene sheets and nanoplates have been evaluated in human mesenchymal stem cells.³⁹

Taking this literature into account, we investigated the antibacterial activity of graphene materials in *Pseudomonas aeruginosa*, which is a common Gram-negative bacterium that can cause disease in humans and animals. Herein, a systematic study was carried out on the antibacterial activity of graphene materials against *P. aeruginosa*, using cell-growth and viability assays in both saline and rich media. Further, our results suggest that the mechanism of antibacterial activity of GO and rGO depends on oxidative stress, ROS generation, and DNA fragmentation.

Materials and methods

Materials

P. aeruginosa (GS1), a strain obtained from the GS Center for Life Sciences, Coimbatore, India, was characterized based on 16s rRNA technique, and the sequence has been

submitted to GenBank with the accession number JQ968459. Gt powder was purchased from Sigma-Aldrich (St Louis, MO). Analytical-grade betamercaptoethanol (BME), NaOH, KMnO_4 , anhydrous ethanol, 98% H_2SO_4 , 36% HCl, and 30% H_2O_2 aqueous solution were also purchased from Sigma-Aldrich and used directly without further purification. All aqueous solutions were prepared with deionized water. All other chemicals were purchased from Sigma-Aldrich unless stated otherwise.

Preparation of Gt

Gt was prepared as described earlier.^{32,40,41} Briefly, Gt dispersion was obtained by sonication of Gt powders (synthetic, $<20\ \mu\text{m}$) in deionized water using a sonicator for 1 hour.

Preparation of GtO

Preparation of GtO was carried out as described earlier.⁴² Eight grams of $\text{K}_2\text{S}_2\text{O}_8$, 8 g of P_2O_5 , and 24 mL of 98% H_2SO_4 were mixed in a 200 mL beaker and then heated to 80°C in a water bath. One gram of Gt powder (synthetic, $<20\ \mu\text{m}$) was added to the mixture and kept at 80°C for 6 hours. Then the mixture was diluted using distilled water and filtered through $0.20\ \mu\text{m}$ nylon membrane, followed by thorough washing with water and drying. Afterwards, the as-treated dry Gt powder was added to 368 mL of H_2SO_4 in an ice bath. Sixty grams of KMnO_4 were added slowly with stirring. The mixture was heated to 40°C under vigorous stirring and kept for 1 hour. Next, 736 mL of water was slowly added; 15 minutes later, 2240 mL of water and 40 mL H_2O_2 were added. Finally, GtO powder was suspended in distilled water, and metal ions and acids were removed by dialysis.

GO synthesis

GO was prepared from Gt powder using a modified method of Hummers and Offeman.^{40–43} Gt powder (2 g) was mixed with 80 mL H_2SO_4 and 20 mL HNO_3 in an ice bath. KMnO_4 (12 g) was slowly added to the mixture. The solution was heated at 35°C for 30 minutes, and then diluted with 160 mL of 18 M Ω water. In 1 hour, the solution was further diluted by adding 400 mL of 18 M Ω water, followed by the slow addition of 12.0 mL of H_2O_2 (30% v/v). After these steps, the black Gt suspension was converted into a bright-yellow GtO solution. The precipitate of GO was isolated by centrifugation at 3000 rpm/minute for 15 minutes and washed with and then re-suspended in 18-M Ω water. The aqueous GO solution was then sonicated for 2 hours to facilitate the exfoliation of stacked GtO sheets into monolayer or multilayered GO sheets. The

as-prepared GO yellow-brown solution (mg/mL) was used for further experiments.

Reduction of GO

The reduction of GO was performed as described earlier,⁴⁰ with modification. Reduced GO was obtained from the reaction of BME with GO. Typically, the final concentration of 10 mM of BME was dissolved in 20 mL GO aqueous suspension (0.1 mg/mL), and then the mixture was kept in a tightly sealed glass bottle and stirred at 60°C for 2 hours. Firstly, the black product was isolated by centrifugation at 5000 rpm/minute for 10 minutes, and then 200 μL of 10 N NaOH aqueous solution was added into the product to dissolve black precipitate. Then the solution was centrifuged at 10,000 rpm/minute, and the obtained black slurry was washed with adequate deionized water and ethanol up to pH = 7.0. Finally, one part of the as-prepared product was dissolved in water to prepare the suspension of BME-rGO, and suspended rGO was used for further analysis.

Characterization

Ultraviolet-visible (UV-Vis) spectra were obtained using a WPA Biowave II (Biochrom Cambridge, UK). The aqueous suspension of GO and rGO was used as the UV-vis sample, and the deionized water was used as the reference. The particle size of dispersions was measured by a Zetasizer Nano ZS90 (Malvern Instruments, Malvern, UK). A refractive index ($n = 1.3$) matching bath of filtered ($0.2\ \mu\text{m}$) surrounded the scattering cell, and the temperature was fixed at 25°C . X-ray diffraction (XRD) analyses were carried out on an X-ray diffractometer (Bruker D8 Discover; Bruker, Karlsruhe, Germany). The high-resolution XRD patterns were measured at 3 Kw with Cu target using a scintillation counter ($\lambda = 1.5406\ \text{\AA}$) at 40 kV and 40 mA and recorded in the range of $2\theta = 5^\circ\text{--}80^\circ$. A JSM-6700F semi-in-lens field-emission scanning electron microscope (JEOL, Tokyo, Japan) operating at 10 kV was used to acquire scanning electron microscopy (SEM) images. The solid samples were transferred to a carbon tape and held in an SEM sample holder for analyses. The analyses of the samples were carried out at an average working distance of 6 mm. Raman spectra of GO and rGO were measured by an Alpha300 (WITec, Ulm, Germany) with a 532 nm laser and 100 $\times$ objective lens mounted on an Olympus (Tokyo, Japan) optical microscope. The calibration was initially made using an internal silicon reference at $500\ \text{cm}^{-1}$ and gave a peak-position resolution of less than $1\ \text{cm}^{-1}$. The spectra were measured from 500 to $4500\ \text{cm}^{-1}$. All samples were deposited on glass slides in powder form without using any solvent.

Media and bacterial growth analysis

Briefly, *P. aeruginosa* cultures were first grown aerobically at 37°C in Luria-Bertani (LB) broth containing tryptone 10 g, yeast extract 5 g, and NaCl 10 g/L. The cells were harvested by centrifugation, then washed twice with phosphate-buffered saline (PBS; pH 7.3) and resuspended in the appropriate fresh medium, such as the LB or saline, to bring the desired initial optical density. Inoculated cultures were grown in a shaker (120 rpm) in 50 mL tubes (medium volume/tube volume – 1/10) at 37°C until they reached the stationary phase. Growth was monitored spectrophotometrically by periodic measuring of the absorbance at 600 nm. The bacteria were routinely maintained on LB agar slants and preserved in glycerol stock solutions at –70°C. Unless otherwise stated, three independent runs were made for all experiments.

Turbidity assay

Bacterial growth was measured as turbidity at OD₆₀₀ using the WPA Biowave II. The *P. aeruginosa* was treated with Gt, GtO, GO, and rGO in LB medium. The untreated sample was used as a control. The treated and untreated samples were measured at a single wavelength, 600 nm, at 3-hour intervals. After the incubation of cells with graphene materials, cells were spun down at 5000 rpm for 10 minutes and the supernatant (soluble graphene materials) removed and pellet (bacterial cells) redissolved in PBS. Three independent runs were made for all experiments.

Cell preparation

P. aeruginosa was grown in Luria-Bertani (LB) medium at 37°C and harvested in the midexponential growth phase. Cultures were centrifuged at 5000 rpm/minute for 10 minutes to pellet cells. Then cells were washed three times with isotonic saline solution to remove residual macromolecules and other growth-medium constituents. Then the pellets were resuspended in isotonic saline solution. Bacterial cell suspensions were diluted up to the desired concentration of 10⁶ colony forming units/mL.

Cell-viability test

Bacterial growth after treatment was measured by quantifying cell viability after incubation with two different graphene materials. *P. aeruginosa* cells were incubated with fresh GO and rGO from 0, 25, 50, 75, 100, 125, and 150 µg/mL in isotonic saline solutions at 37°C under 200 rpm shaking speed for 2 hours. After the treatment, 100 µL of reaction mixture was made up to 1 mL, and then from 1 mL, 50 µL

was taken for plating. Loss of viability was evaluated by the colony-counting method. Briefly, a series of 20-fold cell dilutions (100 µL each) were spread onto LB plates and left to grow overnight at 37°C. Colonies were counted and compared with those on control plates to calculate changes in cell-growth inhibition. For control, we used isotonic saline solution without graphene-based materials. All treatments were prepared in triplicate and repeated at least in three independent experiments.

Measurement of ROS generation

ROS generation was determined using nitro blue tetrazolium (NBT) reduction assay, as described previously,⁴⁴ with minor modifications. Briefly, ROS generation was determined in extracts from bacterial cells grown in liquid cultures. Bacteria (0.1 mL) suspension (OD₆₀₀ 1.0) in Hanks' buffered salt solution was incubated with 0.1 mL of GO and rGO (100 µg/mL) for 2 hours and 0.5 mL of 1 mg/mL NBT for 30 minutes at 37°C. Then 0.1 mL of 0.1 M HCl was added and the tubes were centrifuged at 1500 g for 10 minutes. The blue color of the supernatants was measured at 560 nm (ROS extracellular). The separated pellets were treated with 0.6 mL dimethyl sulfoxide to extract the reduced NBT. Finally, 0.8 mL Hanks' buffered salt solution was added, and the optical density was determined at 560 nm (ROS intracellular). Cells were pretreated with *N*-acetylcysteine (NAC) and reduced glutathione (GSH) to a final concentration of 1 mM. Positive control for ROS generation was obtained by the addition of H₂O₂ to a final concentration of 3 mM.

DNA fragmentation

P. aeruginosa cells were grown in LB medium, washed with PBS buffer, and resuspended in PBS at a concentration of 2 × 10⁸ viable cells. The cells were incubated with 100 µg/mL of GO, rGO, and silver nanoparticles (NPs) for 24 hours. Then the cells were lysed in 250 µL cell lysis buffer containing 50 mM Tris-HCl, pH 8.0, 10 mM ethylenediaminetetraacetic acid, 0.1 M NaCl, and 0.5% SDS. The lysate was incubated with 0.5 mg/mL RNase A at 37°C for 1 hour, and then with 0.2 mg/mL proteinase K at 50°C overnight. Phenol extraction of this mixture was performed, and DNA in the aqueous phase was precipitated by 25 mL (1/10 vol) of 7.5 M ammonium acetate and 250 mL (1/1 vol) isopropanol. DNA electrophoresis was performed in 1% agarose gel containing 1 mg/mL ethidium bromide at 70 V, and the DNA fragments were visualized by exposing the gel to UV light, followed by photography.

Results and discussion

Characterization of GO and rGO by UV-Vis spectroscopy

Figure 1 shows Gt, GtO, GO, and rGO produced by the modified method of Hummers and Offeman,⁴⁰ and shows the dispersion of Gt, GtO, GO, and rGO at a concentration of 600 µg/mL. The GO dispersion was obtained by the oxidation of GtO, and it is opaque yellow in color (Figure 1C); the resulting solution is clear and is a homogeneous yellow-brown GO dispersion. The obtained GO and rGO are appearing differently because of their distinct structural and physicochemical properties.^{3,32} The change of color from brown to dark indicates a reduction of GO. The aqueous dispersions of GO and the resulting rGO reveal a distinct color change from pale-yellow to black after chemical reduction. Such observations provide evidence to support the formation of rGO.^{45,46} The changing of color is due to the large amount of hydrophilic functional groups, such as carboxyl, hydroxyl, and epoxy groups, on GO nanosheets.^{3,32} After the visibility check, the reduction of GO was determined by UV-Vis spectroscopy. As shown in Figure 2, a UV-Vis spectrum shows that pure GO shows two absorption peaks: one at <230 nm, presumably due to the $\pi \rightarrow \pi^*$ transition of the C–C bonds, and another shoulder at <300 nm corresponds to the $n \rightarrow \pi^*$ transition of the C=O bonds.^{45–47} While reducing by BME, the plasma peak gradually red-shifts to 260 nm, suggesting that GO is reduced and the electronic conjugation within graphene sheets is restored upon BME reduction, reflecting increased π -electron concentration and structural ordering, which is

Figure 1 (A–D) Digital photograph of Gt, GtO, GO, and rGO at a concentration of 600 µg/mL. Gt, GtO, GO, and rGO were prepared as described in the Materials and methods section. Gt dispersion was obtained after sonication for 1 hour (A). The GtO dispersion was obtained by the oxidation of Gt, and it is opaque yellow in color (B). GO nanosheets were exfoliated from the GtO, resulting in the clearest and homogeneous yellow-brown GO dispersion (C). rGO was obtained from the reaction of BME with graphene oxide, resulting in the homogeneous dark color (D). **Abbreviations:** Gt, graphite; GtO, graphite oxide; GO, graphene oxide; rGO, reduced graphene oxide; BME, betamercaptoethanol.

Figure 2 Ultraviolet-visible (UV-Vis) spectra of GO and rGO showing the restoration of electronic conjugation in the rGO.

Notes: The reduction was measured by UV-Vis spectroscopy at ambient temperature by using a UV-Vis spectrophotometer. GO shows two absorption peaks: one at ~230 nm and another shoulder at ~300 nm. After reduction by BME, the peak at 230 nm shifted to 260 nm.

Abbreviations: GO, graphene oxide; rGO, reduced graphene oxide; BME, betamercaptoethanol.

consistent with the restoration of sp^2 carbon and possible rearrangement of atoms.^{48,49} Similar features and trends were observed for the reduction of GO with L-ascorbic acid^{26,50} and L-cysteine.^{26,42} In addition, UV-Vis spectra analysis shows a shoulder at 400 nm in rGO, which suggests an emission peak due to BME.

XRD analysis

The distance between two layers is an important parameter to evaluate the structural information of the graphene.⁴² The XRD patterns of GO and rGO reduced by BME are compared and shown in Figure 3A and B. Due to the presence of oxygen-containing functional groups attached on both sides of the graphene sheet and the atomic-scale roughness arising from structural defects (sp^3 bonding) generated on the originally atomically flat graphene sheet,³ the d -spacing of the GO (Figure 3A) is about 0.76 nm ($2\theta \approx 11.7^\circ$), after reduction of GO by BME, and the (002) peak of GO gradually disappears, whereas the broad diffraction peak was observed from 24° to 29° ($d \approx 0.35$ nm). This shift in the interlayer spacing can be attributed to the reduction of the GO, where the reduction makes the rGO pack tighter than the GO (Figure 3B).⁷ Though there is a decrease in the interlayer spacing compared with GO, the basal spacing of rGO is higher than that of well-ordered Gt (single-layer pristine graphene). The higher basal spacing may be due to the presence of residual oxygen functional groups, indicating incomplete reduction of GO. The fact that (002) reflection in these samples is very broad suggests that the samples are very poorly ordered along the stacking

Figure 3 (A and B) X-ray diffraction (XRD) pattern of GO and rGO. In the XRD pattern of GO, the strong and sharp peak at $2\theta = 11.7^\circ$ corresponds to an interlayer distance of 7.6 Å (d002) (A). rGO shows two peaks: one small peak centered at $2\theta = 11.7^\circ$ and another broad peak at $2\theta = 25.8^\circ$, corresponding to interlayer distances of 4.47 and 3.53 Å, respectively (B).

Note: These XRD results are related to the exfoliation and reduction processes of GO and the processes of removing intercalated water molecules and the oxide groups.

Abbreviations: GO, graphene oxide; rGO, reduced graphene oxide.

direction. It indicates that these samples comprise largely free rGO nanosheets.⁵¹ Similarly, Shen et al⁵² observed after reduction a gradual change in the patterns to finally accomplish a randomly ordered carbonaceous layered solid, with basal spacing of 0.34 nm instead of 0.78 nm for the parent GO, indicating that the bulk of the oxygen-containing functional groups is removed from GO. GO has a large interlayer distance due to the formation of

hydroxyl, epoxy, and carboxyl groups. After reduction, the interlayer distance decreases due to the removal of some oxygen-containing functional groups. This suggests the conjugated graphene network (sp^2 carbon) is reestablished during the reduction process, which is associated with the ring-opening of the epoxides. The changes of structure during the reduction process are also reflected in the Raman spectra of GO and rGO.

Particle-size distribution

Furthermore, we characterized the aqueous dispersions of GO and rGO by using DLS at the scattering angle $\theta = 90^\circ$. The standard spherical particle models were used in DLS. The size of GO (Figure 4A) and rGO (Figure 4B) were $0.525 \mu\text{m}$ and $3.40 \mu\text{m}$ respectively. Our results are similar to the results obtained by Liu et al³² regarding the size of GO and rGO. As described earlier, because most graphene-based materials are not spherical particles, the model-derived diameters are not their real sizes. DLS results only show the size differences between the two materials.

SEM analysis

The dispersions were further dropped on aluminum foil, and dozens of SEM images were taken randomly for each sample. SEM images of GO (Figure 5A) sheets are smooth with small wrinkles and folded at the edges, and SEM images of reduced GO revealed that the material consists of stacked and aggregated, thin, crumpled sheets closely associated with each other and forming a disordered solid (Figure 5B) which also look rigid, with transparent plates and silk sheets.

Raman spectral analysis

Raman spectroscopy is considered to be a popular technique for characterization of the structural and electronic properties of graphene, including disorder and defect structures, defect density, and doping levels.⁵³ Raman spectroscopy is highly sensitive to electronic structure, and has proven to be an essential tool for the characterization of carbon-based materials, especially C=C double bonds that lead to high Raman intensities.⁵⁴ Raman spectroscopy of graphene is generally characterized by two main features: the G-peak, which arises from first-order scattering of the E_{2g} phonon from sp^2 carbon atoms (generally observed at 1575 cm^{-1}); and the D-peak (1355 cm^{-1}), which arises from breathing mode of κ -point photons of A_{1g} symmetry. Our results show that the G-band and D-band of GO appear at 1595 cm^{-1} and 1347 cm^{-1} , respectively (Figure 6A). The Raman spectrum of GO, as expected, displays a prominent G (the E_{2g} mode of sp^2 carbon atoms) peak as the characteristic feature at 1595 cm^{-1} . The Raman spectra further support the structural change before and after the reduction of GO by BME. In the Raman spectrum of GO after the reduction by BME, the D-band was

Figure 4 (A and B) Dynamic light-scattering (DLS) spectra of GO and rGO dispersions. At least 200 particles were measured for each sample to obtain the size distribution. The GO (A) and rGO (B) sizes were measured by a Zetasizer Nano ZS90 with a scattering angle $\theta = 90^\circ$.

Notes: The standard spherical particle models were used in DLS. DLS results provide a quick indication of their different solubility.

Abbreviations: GO, graphene oxide; rGO, reduced graphene oxide.

Figure 5 (A and B) Scanning electron microscopy images of GO and rGO. 0.1 mg/mL of GO and rGO was dispersed in aluminum foil and dried, and then images were taken using scanning electron microscopy. GO sheets are smooth with small wrinkles and folded at the edges (**A**), and reduced GO material consists of stacked and aggregated, thin, crumpled sheets (**B**).

Abbreviations: GO, graphene oxide; rGO, reduced graphene oxide.

broadened and shifted to around 1342 cm^{-1} and the G-band shifted to 1603 cm^{-1} (Figure 6B). The D-band at 1342 cm^{-1} of BME became prominent, indicating the reduction in size of the in-plane sp^2 domains due to the extensive oxidation with BME. Interestingly, the Raman spectrum of GO after reduction by BME shows a higher D/G intensity ratio than GO. Compared to pure GO, the D/G ratio of the BME-reduced GO increased significantly (1.9), indicating the introduction of sp^3 defects after functionalization and incomplete recovery of the structure of graphene.⁵⁵ The variation of relative

intensities of the G-band and D-band in the Raman spectra of the GO during the reduction usually reveals the change of the electronic conjugation state. This change indicates an increase in the number of sp^2 domains after reduction of GO.⁴⁹ This observation is in good agreement with previous findings,⁴² which revealed that sulfur containing amino acid, namely L-cysteine, used as reducing agent from GO to rGO nanosheets. Additionally, another study developed a green and a facile approach to synthesis of graphene nanosheets using reducing sugars.⁵³

Figure 6 (A and B) Raman spectra of GO and rGO. The G-band and D-band of GO appear at 1595 cm^{-1} and 1347 cm^{-1} , respectively (**A**). In the Raman spectrum of GO after the reduction by BME, (**B**) the D-band is broadened and shifted to around 1342 cm^{-1} and G band shifted to 1603 cm^{-1} .

Note: rGO after reduction by BME shows a higher D/G intensity ratio than GO.

Abbreviations: GO, graphene oxide; rGO, reduced graphene oxide; BME, betamercaptoethanol.

Effect of Gt, GtO, GO, and rGO on bacterial growth

Regarding graphene materials, there have been lots of contradictory reports about biocompatibility and antimicrobial activity. Recently, Ruiz et al⁵⁶ showed that bacteria grew faster and to a higher optical density when GO was added to a bacterial culture at 25 µg/mL than cultures without GO, and also they explained bacterial growth on filters coated with 25 and 75 µg of GO grew two and three times better than on filters without GO. Liu et al³² observed strong antibacterial activity of four types of graphene-based materials (Gt, GtO, GO, and rGO). In addition, Hu et al²⁴ employed a classic colony-counting method to measure the microbial viability of *Escherichia coli* treated with 85 µg/mL GO for 2 hours, and GO almost completely suppressed the growth of *E. coli*, leading to a significant loss of viability. In order to scrutinize efficient graphene materials for antibacterial activity in the presence of media components, we performed a systematic study with Gt, GtO, GO, and rGO in LB medium (rich medium) and LB medium without graphene material used as control.

First, we evaluated the growth curve of *P. aeruginosa* under aerobic conditions in LB medium with and without Gt, GtO, GO, and rGO (75 µg/mL) for 15 hours. As a result, *P. aeruginosa* control strains displayed identical exponential growth trends. In the early period of growth, Gt- and GtO-treated *P. aeruginosa* displayed a similar trend; however this started to decline in the late exponential phase. GO and rGO had a negative effect on bacterial growth, as the turbidity measurements decreased steadily over a 6-hour period. Interestingly, there was significant growth inhibition up to 92% after 15 hours' exposure to GO and rGO. As shown in Figure 7, GO and rGO had a significant effect on bacterial growth when compared to the control. The growth of *P. aeruginosa* decreased after treatment with GO and rGO. However, the rate of antibacterial activity of GO was higher than rGO. Our results concluded that Gt and GtO show lower antibacterial activity in comparison to GO and rGO. Therefore, our further experiments focused on only two graphene materials: GO and rGO.

Concentration-dependent antibacterial activity of GO and rGO

The concentration dependence of antibacterial activities on graphene-based materials were studied. GO or rGO dispersions at different concentrations (0, 25, 50, 75, 100, 125,

Figure 7 Effect of various graphene materials (Gt, GtO, GO, and rGO) on growth of *Pseudomonas aeruginosa*.

Notes: Cells were incubated with Gt, GtO, GO, and rGO (75 µg/mL) separately. Samples were withdrawn at different time points of growth, and cells were centrifuged, washed with distilled water, and analyzed for growth at 600 nm. Data are averages from triplicate experiments. Error bars represent standard deviations of triplicate incubations. The results represent the means of three separate experiments, and error bars represent the standard error of the mean. Treated groups showed statistically significant differences from the control group by Student's *t*-test ($P < 0.05$).

Abbreviations: Gt, graphite; GtO, graphite oxide; GO, graphene oxide; rGO, reduced graphene oxide.

150, 175, and 200 µg/mL) were incubated with *P. aeruginosa* cells for 2 hours at 37°C. As shown in Figure 8, the loss of *P. aeruginosa* viability progressively goes up with increases of GO or rGO concentration. When the cells were exposed to GO and rGO, significant loss of viability was observed at concentrations of 75 and 100 µg/mL, respec-

Figure 8 Effect of concentration-dependent GO and rGO in *Pseudomonas aeruginosa* cell viability.

Notes: Cells were incubated at 37°C with various concentrations of GO and rGO separately for 2 hours at 200 rpm shaking speed. Cell-viability rates were determined by the colony-counting method and expressed as a percentage of control. The results represent the means of three separate experiments, and error bars represent the standard error of the mean. Treated groups showed statistically significant differences from the control group by Student's *t*-test ($P < 0.05$).

Abbreviations: GO, graphene oxide; rGO, reduced graphene oxide.

tively. However, maximum loss of *P. aeruginosa* viability was detected after incubation with 150 µg/mL of GO and rGO. In both graphene materials, there was no colony observed over concentrations of 175 µg/mL. These results suggest that antibacterial activities of graphene-based materials are also concentration- and material-dependent. As suggested earlier, regarding the GO antibacterial mechanism, cellular damage of *P. aeruginosa* might arise from the effects of either oxidative stress or physical disruption that have been observed in the cellular effects of related carbon nanomaterial CNTs and fullerene.²⁴ Recently, Liu et al³² demonstrated that most *E. coli* cells become flattened and lose their cellular integrity after exposure to GO or rGO dispersions. This highlights that irreversible damage can be induced in bacterial cells after direct contact with graphene-based materials. Our results further agree with previous findings by other research teams,^{24,25,32} where it was proven that graphene materials exert the same effect on Gram-negative bacteria.

Time-dependent antibacterial activity of GO and rGO

We examined the time-dependent antibacterial efficiency of GO and rGO. GO and rGO dispersions (75 µg/mL) were incubated with *P. aeruginosa* with equal concentration of cell biomass. The loss of *P. aeruginosa* viability was counted at

Figure 9 Time-dependent antibacterial activities of GO and rGO.

Notes: *Pseudomonas aeruginosa* (10^6 – 10^7 colony forming units/mL) cells were treated with GO or rGO (100 µg/mL) at 37°C for 4 hours at 200 rpm shaking speed. Cell-viability rates were determined by the colony-counting method and expressed as a percentage of control. The results represent the means of three separate experiments, and error bars represent the standard error of the mean. Treated groups showed statistically significant differences from the control group by Student's *t*-test ($P < 0.05$).

Abbreviations: GO, graphene oxide; rGO, reduced graphene oxide.

different time points: 1, 2, 3, and 4 hours (Figure 9). The loss of *P. aeruginosa* viability increased after 1-hour incubation with GO and rGO from 0% to 23% and 14%, respectively. By increasing the incubation time, the loss of viability increased to 49% and 40% for 2-hour incubation. Finally, after 4-hour incubation, the loss of *P. aeruginosa* viability was 87% and 86% treated with GO and rGO, respectively. The division of cell death occurred in all 4 hours of incubation; however, a large fraction of cell death occurred in the earlier hour of incubation. Our results revealed that comparing GO and rGO dispersions, GO dispersions have much higher antibacterial activity than rGO dispersions at all tested incubation intervals.

Oxidative stress induced by GO and rGO

Oxidative stress is a highly recognized mechanism of various NPs. A systematic study was performed to evaluate the toxicity/biocompatibility of GO to A549 cells, a widely used model cell line for toxicity studies.³⁷ Recent studies have indicated that GO is highly biocompatible; however, some studies reported that GO has a higher toxicity to cells and animals at high concentrations,^{24,57,58} and found that GO is toxic to human fibroblast cells at concentrations of 50 µg/mL and higher, which is due to the structural and physiochemical properties of carbon nanomaterials such as fullerene, which induce oxidative stress as a key antibacterial mechanism,²⁹ and CNTs.^{59,60} Liu et al³² concluded that based on XTT (sodium 2,3-bis[2-methoxy-4-nitro-5-sulfophenyl]-5-[phenylamino-carbonyl]-2H tetrazolium inner salt) results, graphene-based materials mediate a little superoxide anion production and a trace amount of ROS may be produced; this plays a minor role in the antibacterial activity of graphene-based materials. To investigate ROS production as one of the key factors for cell death, we measured ROS levels using NBT assay. The levels of ROS in GO and rGO treated cells were 3.8-fold and 2.7-fold higher, respectively, compared to the level of ROS in control cells throughout the experiment (Figure 10). Since H_2O_2 induced ROS, it was employed as a positive control. H_2O_2 led to a 5.6-fold increase in ROS levels compared to the level of ROS in the control. Reduced GSH is an important molecule for protecting cells from toxic compounds, and intracellular GSH levels can be increased by the antioxidant compound NAC. Thus, we tested if pre-incubation of cells with GSH or NAC could prevent ROS generation by GO and rGO, and found that these intracellular antioxidants protected *P. aeruginosa* from GO and rGO (Figure 10) and reduced the levels of ROS in GO- and rGO-treated cells. Taken together, all these results indicate that cell death is mediated by ROS production, which might

Figure 10 Effect of GO and rGO on ROS generation in *Pseudomonas aeruginosa*.

Notes: ROS generation was measured by nitro blue tetrazolium (NBT) assay. Cells were treated separately with GO and rGO (100 µg/mL) for 2 hours. Cells were pretreated with NAC and GSH to a final concentration of 1 mM. NBT reduction was stopped by adding acetic acid to the incubation medium. Reduced NBT was dissolved in dimethyl sulfoxide, and the absorbance was determined at 560 nm. The results represent the means of three separate experiments, and error bars represent the standard error of the mean. Treated groups showed statistically significant differences from the control group by Student's *t*-test ($P < 0.05$). Positive control for ROS generation was obtained by the addition of H₂O₂ to a final concentration of 3 mM.

Abbreviations: GO, graphene oxide; rGO, reduced graphene oxide; ROS, reactive oxygen species; NBT, nitro blue tetrazolium; NAC, N-acetylcysteine; GSH, glutathione.

alter the cellular redox status. Akhavan and Ghaderi²⁵ suggested that the higher bacterial toxicity of the reduced nanowalls was attributed to more sharpening of the edges of the nanowalls, providing stronger contact interaction with the cell membrane and/or better charge transfer between the bacteria and the reduced nanowalls, resulting in more cell membrane damage of the bacteria.

DNA fragmentation

To elucidate the mechanism of cell death induced by GO and rGO, we chose DNA fragmentation assay, which is a good indicator of cellular dysfunction. Oxidative stress and ROS generation were revealed to be some of the key mechanisms in cellular defense after particle uptake. Intracellular oxidative stress could be hastened by NPs by disturbing the equilibrium between the oxidant and antioxidant processes.^{59,60} ROS typically include the superoxide radical (O₂⁻), hydrogen peroxide (H₂O₂), and hydroxyl radical (OH), which cause damage to cellular components, including DNA and proteins.^{61,62} ROS generation is also an important factor in the apoptosis process, and the excess generation of ROS induces mitochondrial membrane permeability and damages the respiratory chain to trigger the apoptotic process.^{63,64} Specific DNA smearing is a characteristic feature of cell

death. In order to examine whether ROS generation by graphene materials leads to DNA damage in *P. aeruginosa*, DNA was extracted from *P. aeruginosa* cells treated with 100 µg/mL GO and rGO for 24 hours and analyzed for the occurrence of DNA fragmentation. The results show that the cells treated with GO for 24 hours show laddering of DNA, but rGO and silver NPs did not show significant fragmentation (Figure 11), which suggests that cells require longer time exposure of rGO to generate DNA fragmentation or that the mechanism of cell death caused by rGO could be different from GO. Recently, Akhavan et al⁶⁵ demonstrated that the reduced GO nanoplatelets-PEG exhibited concentration-dependent cyto- and genotoxicity (resulting in >72% cell destruction and >29% DNA fragmentation after 24 hours in the dark) in human glioblastoma cell line U87MG. The potential effect of GO on DNA fragmentation is due to irreversible damages that can be induced in bacterial cells after direct contact with GO. Liu et al³² demonstrated that most *E. coli* cells were individually wrapped with thin layers of GO nanosheets. In contrast, *E. coli* cells were usually embedded in large rGO aggregates. The different behavior of GO and rGO suggests the aggregation/dispersion of graphene-based materials may play an important role in their antibacterial activities.³² Akhavan and Ghaderi²⁵ suggest that

Figure 11 Detection of GO and rGO induced apoptosis by cellular DNA fragmentation.

Notes: For DNA fragmentation, cells were incubated with GO and rGO (100 µg/mL) for 24 hours. After incubation, DNA extracted from cells and resolved on agarose gel electrophoresis. Lane M, 1 kb ladder; lane 1, control; lane 2, GO; lane 3, rGO; lane 4, silver nanoparticles.

Abbreviations: GO, graphene oxide; rGO, reduced graphene oxide.

that the direct-contact interaction of the bacteria with the very sharp edge of the nanowalls resulted in more damage to the cell membrane of the Gram-positive *Staphylococcus aureus* bacteria lacking the outer membrane compared to the Gram-negative *E. coli* ones owning the outer membrane. From our results, we concluded that the antibacterial activity of GO and rGO not only depends on density of functional groups, size, conductivity, and the amount of cells deposited on graphene-based materials but also membrane oxidative stress caused by direct contact with sharp nanosheets, and the generation of ROS and DNA fragmentation consequently leads to cell death. Further studies are required to address which factors are playing an important role in the antibacterial activity of GO and rGO.

Conclusion

Among various nanomaterials, graphene is a novel carbon-based nanomaterial, and has attracted a great deal of attention due to its remarkable physical, chemical, and biological characteristics. The results presented here demonstrate the antibacterial activity of GO and rGO against *P. aeruginosa*. rGO was synthesized from GO using BME as a novel reducing agent, which is nontoxic when compared to

hydrazine. The novelty of this work includes the antibacterial activity of GO and rGO being evaluated in systematic analysis of cell growth and cell viability using saline and rich medium and explored. GO and rGO showed significant antibacterial activity in a concentration- and time-dependent manner. Further, our results demonstrated that oxidative stress is a key mechanism for the antibacterial activity of GO and rGO through ROS generation. This study opens an exciting opportunity for the use of graphene materials as an antibacterial agent.

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Disclosure

The authors report no conflicts of interest in this work.

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