

# Monitoring the use of nifurtimox-eflornithine combination therapy (NECT) in the treatment of second stage gambiense human African trypanosomiasis

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**Abstract:** After inclusion of the nifurtimox-eflornithine combination therapy (NECT) in the Model List of Essential Medicines for the treatment of second-stage gambiense human African trypanosomiasis (HAT), the World Health Organization, in collaboration with National Sleeping Sickness Control Programs and nongovernmental organizations set up a pharmacovigilance system to assess the safety and efficacy of NECT during its routine use. Data were collected for 1735 patients treated with NECT in nine disease endemic countries during 2010–2011. At least one adverse event (AE) was described in 1043 patients (60.1%) and a total of 3060 AE were reported. Serious adverse events (SAE) were reported for 19 patients (1.1% of treated), leading to nine deaths (case fatality rate of 0.5%). The most frequent AE were gastrointestinal disorders (vomiting/nausea and abdominal pain), followed by headache, musculoskeletal pains, and vertigo. The most frequent SAE and cause of death were convulsions, fever, and coma that were considered as reactive encephalopathy. Two hundred and sixty-two children below 15 years old were treated. The characteristics of AE were similar to adults, but the major AE were less frequent in children with only one SAE and no deaths registered in this group. Gastrointestinal problems (vomiting and abdominal pain) were more frequent than in adults, but musculoskeletal pains, vertigo, asthenia, neuropsychiatric troubles (headaches, seizures, tremors, hallucinations, insomnia) were less frequent in children. Patient follow-up after treatment is continuing, but initial data could suggest that NECT is effective as only a low number of relapses have so far been reported (19 cases). However, additional monitoring is required to assess the efficacy of the treatment, particularly in children. NECT has given satisfactory results of safety in the usual conditions where HAT patients are managed and it is currently the best option for treatment of second stage of gambiense HAT.

**Keywords:** human African trypanosomiasis, sleeping sickness, *T. b. gambiense*, nifurtimox, eflornithine, pharmacovigilance

## Introduction

Human African trypanosomiasis (HAT) (sleeping sickness) is a neglected tropical disease considered as lethal without treatment. It is found in sub-Saharan countries with a patchy distribution in foci.<sup>1</sup> Many of these foci are in remote rural areas with difficult access to health services, such that treatment of HAT patients often relies on limited human and material resources.<sup>2</sup>

Most of the medicines used for the treatment of HAT are cumbersome to use and have a non-negligible toxicity.<sup>3</sup> Choice of medicine depends on the form (HAT due to infection with *Trypanosoma brucei gambiense* or with *T. b. rhodesiense*) and stage of

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disease: early or first stage, with presence of trypanosomes in lymph, blood, and peripheral organs, or late or second stage, characterized by trypanosomes invading the central nervous system (CNS).<sup>4</sup>

For second-stage gambiense HAT, available medicines are melarsoprol (a toxic arsenical derivative) and eflornithine (less toxic but complicated to use).<sup>5</sup> In March 2009, however, the World Health Organization (WHO) Expert Committee on the Selection and Use of Essential Medicines recommended inclusion of nifurtimox in combination with eflornithine in the Model List of Essential Medicines (EML), to be used for treatment of second stage of *T. b. gambiense* infection.<sup>6</sup> This decision was mainly supported by results from a multicenter clinical trial comparing eflornithine monotherapy with the nifurtimox-eflornithine combination treatment (NECT);<sup>7,8</sup> this trial concluded that the NECT combination had comparable safety and efficacy with eflornithine monotherapy but improved treatment feasibility,<sup>8</sup> reducing the costs and the logistic difficulties. The eflornithine in monotherapy is administered at the daily dose of 400 mg/kg in slow infusion every 6 hours for 14 days for a total of 56 infusions, meanwhile eflornithine in NECT is used at the same dose but with slow infusions every 12 hours for 7 days, for a total of 14 infusions, combined with nifurtimox orally at the daily dose of 15 mg/kg, three times a day for 10 days.

NECT has since been adopted as first-line treatment for second-stage gambiense HAT in the majority of endemic countries.<sup>9</sup> The nifurtimox and eflornithine are donated to WHO through a Public-Private-Partnership by the pharmaceutical companies, Sanofi and Bayer, and are then supplied free-of-charge by WHO as a medical kit that includes basic material needed for administration of the combination treatment. WHO has also organized training of key staff in the use of NECT.

By 2010, 59% of reported new cases of second-stage gambiense HAT were treated with NECT<sup>10</sup> and the proportion of cases treated with NECT has since been increasing. Considering the short experience in the use of this combination, however, and in accordance with the Committee on the Selection and Use of Essential Medicines, WHO took the responsibility to set up a pharmacovigilance system in collaboration with Sleeping Sickness National Control Programs (SSNCP) and non-governmental organizations (NGOs).

## Methods

In 2010, an active pharmacovigilance system for assessing the safety and efficacy of NECT in routine use was set up

through WHO. The system was based on the collection and analysis of NECT safety and efficacy in regular use in different settings. Safety is assessed from characterization of adverse events (AE) during treatment, and efficacy assessed from the register of relapses in patients during the 2 years following treatment. For the pharmacovigilance of safety, simplified forms (see Appendix) were developed by expert consensus and validated with a group of the users. The qualifications of health staff in charge of HAT case management, the limited resources, the isolation, and difficulties in communication of the centers treating the cases were considered as well as the attempt to avoid overload of work.

The forms were filled for each patient presenting any adverse event during the treatment with NECT by the professional in charge of the patient (medical officer, clinical officer, or nurse) and sent quarterly straight to WHO or through the SSNCP.

Adverse events were considered as any undesirable sign, symptom, or medical condition occurring at the same time as treatment with NECT, which may or may not have been causally related. A major AE was defined when the intensity of the event was described as severe, very severe, or lethal, by the reporter, and a serious adverse event (SAE) was considered as any event that was fatal, life-threatening, permanently or significantly disabling, or that required or prolonged hospitalization, or caused a congenital anomaly.<sup>11</sup>

Training in pharmacovigilance and the use of the report forms was included during the guidance sessions for staff of disease endemic countries in the use of the NECT kit. The report forms were provided to the centers implementing NECT and all forms received by WHO from January 2010 to January 2012 were included in the present analysis.

The AE referred were listed and classified according to the common toxicity criteria for adverse events (CTCAE; version 4), of the National Cancer Institute (NCI).<sup>12</sup>

Information from the report forms was compiled into a database built in Access Microsoft® software (IBM, Armonk, NY). For the safety data, the following variables were considered:

- Putative relationship between the AE and treatment – graded by the health staff in charge of the treatment as: lack of relationship, unlikely relationship, possible relationship, probable relationship, or certain relationship.
- Intensity of the AE – graded over five levels: mild, moderate, severe, very severe, and lethal, following the criteria referred in the CTCAE/v 4/NCI.<sup>12</sup>

- Action taken to mitigate the AE – noted as: NECT continued, temporarily suspended, or stopped definitively.
- Outcome of the AE – as completely disappeared, still present at the end of NECT, or if there were any sequelae or lethal outcome.

Treatment efficacy was assessed from the frequency of relapses, according to the criteria of the SSNCPs and WHO recommendations. A patient is considered cured when during a follow-up period of 24 months after treatment, no trypanosomes were detected and when the CSF returned to normal.<sup>13</sup>

As required by current regulation in pharmacovigilance, these data have been communicated to the manufacturers. Ethical approval was not required because this study is limited to analyzing data that were collected within the standard medical data recording and did not involve any experimental intervention. Treatment and patient management were all part of the routine activities of the SSNCP. The anonymity of the patients has been always maintained and the identification of the patients has never been available for authors.

## Results

This analysis includes all the data reported to WHO from January 1, 2010 to January 31, 2012. Twenty-two

sites in nine countries reported information (Table 1). Pharmacovigilance forms were filled in by medical officers (76%), medical assistants (1%), and nurses (22%), although in 1% of the cases it was not described who filled in the form. Of the 1735 cases treated, 1043 patients (60.1%) reported AE during NECT.

## Safety: analysis of AE

There were 3060 AE reported, with an average of 2.9 events for each patient reporting any AE. The AE were classified and grouped as 83 different AE according to CTCAE/v 4/NCI (Table 2).<sup>12</sup>

The most frequent adverse events were related to gastrointestinal disorders, followed by neuropsychiatric disorders. The most common were vomiting, headache, gastrointestinal pain, nausea, abdominal pain, vertigo, and anorexia. Other infections were uncommon.

## Safety: relationship with treatment

Of the total AE reported, 2794 (91%) were considered as having a possible, probable, or clear relationship with the treatment (Table 2), while the remainder (9%) were considered to be unrelated to the treatment.

**Table 1** Centers reporting NECT pharmacovigilance data

Country	Treatment center	Cases treated with NECT	Patients with AE
Central African Republic (CAR)	Hôpital Sous-préfectoral Batangafo	234 (13.5%)	152 (14.5%)
	Hôpital Maitikoulou	30 (1.7%)	21 (2.0%)
Chad	Hôpital Moissala	23 (1.3%)	3 (0.3%)
	Centre de Santé Bodo Est	131 (7.5%)	76 (7.3%)
Democratic Republic of Congo (DRC)	Hôpital, Roi Baudouin, Kinshasa	60 (3.6%)	31 (3.0%)
	HGR (Hôpital General de Reference) de Doruma	378 (21.8%)	236 (22.6%)
	HGR de Dingila	538 (31.0%)	450 (43.1%)
	CDTC (Centre de Dépistage, Traitement et Contrôle) de Katanda	20 (1.1%)	2 (0.2%)
	CRT (Centre de Référence et de Traitement) de Dipumba	40 (2.3%)	2 (0.2%)
Equatorial Guinea	Hospital Regional de Bata	12 (0.7%)	8 (0.8%)
South Sudan	Juba Teaching Hospital	7 (0.4%)	1 (0.1%)
	Yei Civil Hospital	72 (4.1%)	23 (2.2%)
	Lui Hospital	38 (2.2%)	10 (1.0%)
	Nimule Hospital	14 (0.8%)	6 (0.6%)
	Yambio Hospital	27 (1.6%)	2 (0.2%)
Uganda	Adjumani District Hospital	13 (0.7%)	3 (0.3%)
	Omugo Health Center	47 (2.7%)	11 (1.0%)
	Yumbe District Hospital	12 (0.7%)	1 (0.1%)
	Moyo District Hospital	23 (1.3%)	0 (0.0%)
Cote d'Ivoire	PRCT Daloa	3 (0.2%)	1 (0.1%)
Congo	Hôpital Ngabe	3 (0.2%)	2 (0.2%)
Guinea	Hypnosserie Dubreka	10 (0.6%)	2 (0.2%)
Total		1735	1043

**Abbreviations:** AE, adverse events; NECT, nifurtimox-eflornithine combination therapy.

**Table 2** Total adverse events reported (according to CTCAE classification)

AE	Total		Adults (≥15 years)		Children (<15 years)	
	Total	Related to NECT	Total	Related to NECT	Total	Related to NECT
Gastrointestinal disorders	1214	1138	1017	955	196	183
Vomiting	429	413	339	327	90	86
Gastrointestinal pain	242	239	228	226	14	13
Nausea	214	212	179	178	35	34
Abdominal pain	201	171	158	134	42	37
Diarrhea (including dysentery)	100	82	88	71	12	11
Others	28	21	25	19	3	2
Nervous system disorders	522	474	478	439	40	32
Headache	308	271	281	249	25	21
Seizure	106	102	100	97	6	5
Tremor	68	63	65	61	3	2
Others	40	38	32	32	6	4
General disorders	257	212	220	189	34	21
Fatigue, asthenia, malaise	121	121	115	115	5	5
Fever	94	53	69	41	25	12
Others	42	38	36	33	4	4
Musculoskeletal and connective tissue disorders	245	205	232	199	12	6
Back pain	100	81	91	78	9	3
Neck pain	77	68	75	66	2	2
Others	68	56	66	55	1	1
Psychiatric disorders	242	233	228	222	10	9
Insomnia	102	101	101	100	1	1
Agitation, anxiety	48	42	39	35	7	6
Others	92	90	88	87	2	2
Ear and labyrinth disorders	201	199	195	195	6	4
Vertigo/dizziness	190	190	186	186	4	4
Others	11	9	9	9	2	0
Metabolism and nutrition disorders	166	165	140	139	26	26
Anorexia	164	163	138	137	26	26
Others	2	2	2	2	0	0
Skin and subcutaneous tissue disorders	59	50	53	45	6	5
Pruritus	50	44	46	41	4	3
Others	9	6	7	4	2	2
Vascular disorders	55	42	47	37	8	5
Respiratory, thoracic and mediastinal disorders	31	23	21	15	9	7
Infections and infestations	19	10	15	8	4	2
Eye disorders	19	17	18	16	1	1
Renal and urinary disorders	14	12	13	12	0	0
Cardiac disorders	12	12	12	12	0	0
Blood and lymphatic system disorders	4	2	3	2	1	0
Total	3060	2794	2692	2485	353	301

**Abbreviations:** CTCAE, common toxicity criteria for adverse events; NECT, nifurtimox-eflornithine combination therapy.

## Safety: outcome of the AE and actions taken to mitigate the AE

The majority of the patients with AE (82.4%) recovered completely before the end of the treatment. One hundred and seventy-one patients (16.4%) had AE still present at the end of treatment, three patients (0.3%) remained with sequelae, and nine (0.9%) died during treatment.

Vertigo (55 patients), fatigue, asthenia, or malaise (52 patients), anorexia (33 patients), headaches (19 patients),

gastrointestinal pain (15 patients), tremor (12 patients), vomiting (10 patients), nausea (9 patients), abdominal pain (9 patients), pruritus (8 patients), and seizure (8 patients) were the AE that more often were still present after treatment. Fifty point five percent of patients having vertigo during treatment and 43.0% having asthenia remained with these symptoms at the end of treatment.

Out of the 1043 patients presenting any AE, treatment had to be suspended temporarily due to an AE in 30 patients

(2.9%) and in 12 cases (1.1%) had to be definitely stopped for the same reason.

## Safety: intensity of AE, serious AE, lethality

Of the 1735 patients treated with NECT, 202 individuals presented a major AE: 189 individuals (10.9%) had a severe AE, and 23 (1.3%) had very severe or fatal events. The majority of AE were mild or moderate (90.5%) but there were 290 major AE recorded, of which 262 (90%) were considered as having a possible, probable, or clear relationship with treatment. The most frequent major AE were vomiting, seizures, nausea, vertigo, headache, and agitation/anxiety.

A total of 36 SAE were reported in 19 patients (1.1% of treated patients), leading to death in nine patients. Convulsions (eight patients), fever (seven patients), and coma (six patients) were the most frequent SAE (Table 3). In 11 of these 19 patients, the SAE were consistent with the concept of reactive encephalopathy, or encephalopathic syndrome (rate of reactive encephalopathy of 0.63%), which is defined as a life-threatening event taking place during treatment for HAT, and characterized by a sudden deterioration of neurological status with either convulsions, progressive coma or psychotic reactions, or abnormal behavior.<sup>14</sup> Of the nine deaths occurring during treatment (0.52% case fatality rate), five were compatible with the clinical signs of reactive encephalopathy

(high fever, coma, and convulsions) and can be assumed to be related to the treatment. The other four deaths were due to causes considered as not related to treatment: two probably related to sleeping sickness, one to severe anemia, and one to an acute abdomen (Table 3).

## Safety: data in children

There are no data on the safety and efficacy in the use of NECT in children as the clinical trial was limited to individuals above 14 years old.<sup>7,8</sup> Nevertheless, eflornithine for HAT and nifurtimox for Chagas disease have been largely used in children, and even nifurtimox has showed a safer profile in children.<sup>15</sup>

Amongst the 262 children below 15 years included in this dataset, AE were as frequent as in adults ( $\chi^2 = 0.075$ ,  $P > 0.5$ ) (Table 4). Three hundred and fifty-three AE were reported in 155 of these children (59.2% of those treated, with an average of 2.3 AE per case). Three hundred and one AE (85.3%) were considered as possibly, probably, or certainly related to the NECT.

The most frequent AE in children were gastrointestinal (vomiting, nausea, and abdominal pain), nervous system disorders (headache), general troubles (fever), and anorexia. The gastrointestinal problems (vomiting and abdominal pain) were more frequent in children than in adults ( $\chi^2 = 7.23$ ,  $P < 0.001$ ), but the musculoskeletal pains

**Table 3** Patients with serious adverse events reported

No	Event	Considered related to NECT	Death	Compatible with reactive encephalopathy?
1	Depressed level of consciousness with fever and death	No	Yes	No
2	Coma with seizures and death	Yes	Yes	Yes
3	Coma with seizures and fever	Yes	No	Yes
4	Coma with hypotension, seizures, fever, and death	Yes	Yes	Yes
5	Ataxia and urinary retention	Yes	No	No
6	Psychotic reaction	Yes	No	No
7	High fever and death	No	Yes	No
8	High fever and death	Yes	Yes	Yes
9	Agitation, abnormal behavior, fever, and encephalopathy	Yes	No	Yes
10	Severe anemia and death	No	Yes	No
11	Fever and seizures	Yes	No	Yes
12	Fever, seizures, coma, and death	Yes	Yes	Yes
13	Repeated seizures	Yes	No	Yes
14	Severe dyspnea	Yes	No	No
15	Seizure and encephalopathy	Yes	No	Yes
16	Paralysis	Yes	No	No
17	Seizure, confusion, paralysis	Yes	No	Yes
18	Acute abdomen and death	No	Yes	No
19	Confusion, coma, and death	Yes	Yes	Yes

**Abbreviation:** NECT, nifurtimox-eflornithine combination therapy.



**Table 4** Distribution of cases treated and presenting AE according to age group

Age	Cases treated	Patients with AE
0–4 years	40 (2.3%)	26 (2.5%)
5–14 years	222 (12.8%)	129 (12.4%)
> 14 years	1452 (83.7%)	876 (84.0%)
NA	21 (1.2%)	12 (1.1%)
Total	1735	1043

**Abbreviations:** AE, adverse events; NA, not available.

( $\chi^2 = 25.6$ ,  $P < 0.001$ ), vertigo ( $\chi^2 = 28.9$ ,  $P < 0.001$ ), asthenia ( $\chi^2 = 13.1$ ,  $P < 0.001$ ), nervous system (headaches, seizures, tremors) ( $\chi^2 = 41.3$ ,  $P > 0.001$ ), and psychiatric disorders (hallucinations, insomnia) ( $\chi^2 = 28.5$ ,  $P < 0.001$ ) were relatively more frequent in adults (Table 2).

There were 26 major AE registered in 19 children (7.2% of all children treated), with the most frequent being vomiting and nausea, and agitation/anxiety. Only one SAE was reported in a child (a case of paralysis with sequelae), but no reactive encephalopathy or death was registered in children.

There was no difference in the analysis of data for children below 5 years. Twenty-six children (65.0%) of this group presented AE, in a proportion not significantly higher than the rest of patients ( $\chi^2 = 0.401$ ,  $P > 0.5$ ). Sixty-four AE were reported in this group and the most frequent were vomiting, fever, nausea, anorexia, and abdominal pain. Fever was significantly more frequent in small children than in the rest ( $\chi^2 = 16.98$ ,  $P < 0.001$ ). Seven of the AE in five children were considered as major and none as a SAE.

## Efficacy: analysis of relapses

So far, 19 relapses have been reported after NECT, from six different treatment centers. These were detected between 5 to 13 months after treatment (average 8.6 months).

Although patient follow-up after HAT treatment can be limited,<sup>16–19</sup> it is often seen that relapsing patients do tend to come for assessment because of their clinical symptoms.<sup>20</sup> Cautiously therefore, the data can be taken to indicate the apparent rate of relapse: 551 cases have completed at least 1 year after finishing the treatment, and during this time, ten relapses have been reported – a relapse rate of 1.8% at 1 year after treatment.

There were six relapses (32%) reported in children below 15 years with an estimated relapse rate at 1 year of 3.6%. These data could suggest a minor efficacy in children but it is not statistically significant and more completed data are needed.

## Discussion: comparison with previous data

Previous data about the use of NECT derived primarily from a clinical trial comparing NECT and eflornithine in the treatment of second-stage gambiense HAT.<sup>8</sup> Other series of cases treated with NECT were short and used different schemas.<sup>21,22</sup> During the referred clinical trial, a limited number of patients (143) received NECT subject to specified criteria for inclusion in the study. Treated patients were in hospital under daily supervision during treatment and for at least 1 week afterwards. By contrast, the current dataset derives from treatment taking place in the normal routine of treatment centers, including all the cases in second stage, as for instance patients with serious health conditions or patients with 6–20 leukocytes per  $\mu\text{L}$  in the cerebrospinal fluid, that were not included in the clinical trial.

In the clinical trial, reports of adverse events took into account all the biological and clinical events occurring during treatment, whereas from the routine treatment system described here, the AE were reported just on the basis of clinical manifestations. As expected therefore, the frequency of AE registered in the clinical trial was higher (94% of patients treated), but data about major clinical AE, SAE, and deaths during treatment, are similar (Table 5).

The most frequent AE in both datasets included vomiting, nausea, headache, musculoskeletal pain, abdominal pain, and anorexia. Patients affected by vomiting and nausea, tremors, and hallucination, also had the same frequency in both studies. The number of patients reported with fever, seizures, other infections, and cardiovascular events was higher in the clinical trial, but lower for those with abdominal pain.

Previous first-line treatment for second-stage HAT gambiense was eflornithine in monotherapy. Compared to this treatment,<sup>9,18,23</sup> the NECT has shown fewer serious adverse events and fewer deaths (Table 5), which may reflect reduced drug-related toxicity due to the shorter eflornithine regimen.<sup>24</sup>

Since April 2009, the Drug Neglected Diseases Initiative (DNDi) has sponsored a further clinical trial (NECT Field) of the feasibility, safety, and efficacy of NECT in second stage cases of gambiense sleeping sickness in DRC (hospitals of Bandundu, Dipumba, Katanda, Kwamouth, Ngandajika, Yasa Bonga). Six hundred and twenty-nine patients have been included in the study and treated with NECT. Thirty-nine SAE have so far been reported in 32 patients, with ten deaths during treatment (O Valverde, personal communication).<sup>25</sup> This study has a close active follow-up of the patients, and

**Table 5** Comparison of eflornithine monotherapy treatment (in the NECT clinical trial,<sup>7,8</sup> and during routine use in the Ibba MSF treatment Centre, South Sudan),<sup>20</sup> and NECT (in the NECT clinical trial<sup>7,8</sup> and in routine use as monitored by WHO)

	Eflornithine				NECT			
	NECT clinical trial		Control program Ibba (S. Sudan)		NECT clinical trial		Routine use PV system	
	n	%	n	%	n	%	n	%
Cases treated (n)	143		1055		143		1735	
Cases with at least one AE	134	93.7	962	91.2	134	93.7	1043	60.1
Cases with major clinical AE	33	23.1	138	13.1	18	12.6	189	10.9
Cases with SAE	6	4.2			1	0.7	19	1.1
Cases requiring treatment interruption	9	6.3	109	10.3			45	2.6
Deaths during treatment	3	2.1	16	1.5	1	0.7	9	0.5

**Abbreviations:** AE, adverse event; MSF, Médecins Sans Frontières; NECT, nifurtimox-eflornithine combination therapy; SAE, serious adverse event; WHO, World Health Organization.

should provide important further information mainly about the efficacy of the clinical use of NECT.

Nifurtimox has been used in monotherapy, mainly in the treatment of Chagas disease, showing a significant risk of AEs, mainly gastrointestinal (anorexia, nausea, abdominal pain, vomiting), neuropsychiatric (headache, insomnia, mood alteration), and fatigue. SAEs are also described and mainly related to allergic reactions (eosinophilia, rash, pruritus, edema, dyspnea).<sup>26</sup> Nevertheless, the duration of treatment with nifurtimox is much longer in Chagas disease (60–120 days).

A limitation of pharmacovigilance data is the subjective component in the report of AEs and SAEs. In the present analysis, the heterogeneity between the different sites and the judgment of the different reporters is an added limitation. However, at the same time, this heterogeneity gives added value to the results as it includes different settings with different circumstances, making the situation closer to real life. Comparison with previous studies has to be cautiously considered as the conditions of the studies were not the same.

## Conclusion

A simplified pharmacovigilance system has provided key information in the routine use of the NECT protocol for gambiense trypanosomiasis. In spite of the isolation and limited resources in most of the treatment centers, awareness of the importance and usefulness of the system has given a satisfactory reporting rate.

The reports from the routine use of NECT are consistent with the results of the original clinical trial. NECT generates a number of adverse events, mainly linked to gastrointestinal and neuropsychiatric problems. However, the severity of these events is relatively low compared to previous treat-

ments, and the majority of patients treated make a good recovery.

Safety in children does not show important differences compared with adults but more complete data are needed.

For the moment, the data suggest the treatment to be effective against gambiense trypanosomiasis, since only a low number of relapses have been reported during the analysis period, and no critical problems in efficacy have been detected. However, further patient follow-up is required to provide a full measure of efficacy, stressing the collection of data in children.

With the data obtained so far and despite the frequent adverse events, it can be considered that use of NECT in second-stage gambiense sleeping sickness has given satisfactory safety results in the usual conditions where HAT patients are managed, and it is currently the best option for treating this disease.

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## Disclosure

The authors report no conflicts of interest in this work. As stated in the paper, drugs used in the treatment of HAT are provided free of charge by Sanofi and Bayer.

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## Appendix

### Sleeping Sickness National Control Program

### Pharmacovigilance for nifurtimox-eflornithine combination treatment

#### ADVERSE EVENTS DURING NIFURTIMOX-EFLORNITHINE COMBINATION TREATMENT REPORT FORM

<b>Country:</b>	<b>Year:</b>	<b>Treatment center:</b>
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<b>PATIENT INITIALS:</b>	<b>CODE:</b>	<b>AGE:</b>	<b>SEX:</b>
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Starting date Nifurtimox-Eflornithine combination treatment \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Description of the adverse event	Starting date of the adverse event	Duration in days	Intensity	Relationship with the treatment	Action	Outcome
			1. Mild 2. Moderate 3. Severe 4. Life-threatening 5. Death	1. Unrelated 2. Unlikely 3. Possible 4. Probable 5. Certain	0. Treatment continued 1. Treatment suspended (temporary) 2. Treatment stopped (definite)	1. Complete recovery 2. Still present 3. Sequelae 4. Death
	__/__/__					
	__/__/__					
	__/__/__					
	__/__/__					
	__/__/__					

Other drugs used	Date started	Duration in days	Indicate the underlying pathology for which the drug was administered
	__/__/__		
	__/__/__		
	__/__/__		
	__/__/__		

Date:

Reporter:

Qualification:

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