Peptide-modified liposomes for selective targeting of bombesin receptors overexpressed by cancer cells: a potential theranostic agent

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Objectives: Drug delivery systems consisting of liposomes displaying a cell surface receptor-targeting peptide are being developed to specifically deliver chemotherapeutic drugs to tumors overexpressing a target receptor. This study addresses novel liposome composition approaches to specifically target tissues overexpressing bombesin (BN) receptors.

Methods: A new amphiphilic peptide derivative (MonY-BN) containing the BN(7–14) peptide, the DTPA (diethylenetriaminepentaacetate) chelating agent, a hydrophobic moiety with two C18 alkyl chains, and polyethylene glycol spacers, has been synthesized by solid-phase methods. Liposomes have been generated by co-aggregation of MonY-BN with 1,2-distearoyl-sn-glycero-3-phosphocholine (DSPC). The structural and biological properties of these new target-selective drug-delivery systems have been characterized.

Results: Liposomes with a DSPC/MonY-BN (97/3 molar ratio) composition showed a diameter of 145.5 ± 31.5 nm and a polydispersity index of 0.20 ± 0.05. High doxorubicin (Dox) loading was obtained with the remote pH gradient method using citrate as the inner buffer. Specific binding to PC-3 cells of DSPC/MonY-BN liposomes was obtained (2.7% ± 0.3%, at 37°C), compared with peptide-free DSPC liposomes (1.4% ± 0.2% at 37°C). Incubation of cells with DSPC/MonY-BN/Dox showed significantly lower cell survival compared with DSPC/Dox-treated cells, in the presence of 100 ng/mL and 300 ng/mL drug amounts, in cytotoxicity experiments. Intravenous treatment of PC-3 xenograft-bearing mice with DSPC/MonY-BN/Dox at 10 mg/kg Dox dose produced higher tumour growth inhibition (60%) compared with nonspecific DSPC/Dox liposomes (36%) relative to control animals.

Conclusion: The structural and loading properties of DSPC/MonY-BN liposomes along with the observed in-vitro and in-vivo activity are encouraging for further development of this approach for target-specific cancer chemotherapy.

Keywords: bombesin peptide, doxorubicin delivery, gastrin-releasing peptide receptors, PC-3 cells, theranostic applications

Introduction

Conventional doxorubicin (Dox) is an established cytotoxic agent for many cancer types (in particular, breast and ovarian cancer), and its use has shown to be clinically effective. However, irreversible cardiac toxicity has been one of the primary dose-limiting factors in the use of this drug1 and, consequently, many research efforts have been directed towards improving its safety profile. A successful strategy for reducing the cardiac toxicity associated with conventional Dox involves encapsulation into liposomes, which alters the tissue distribution and pharmacokinetics of this drug while maintaining efficacy and improving the therapeutic index.2,3 Liposomal Dox formulations (eg, Myocet® and Caelyx®/Doxil®) have shown reduced cardiac toxicity...
compared with free Dox\textsuperscript{4–6} while preserving antitumor efficacy. The prolonged circulation times obtainable with this strategy, in particular for pegylated (Stealth) liposomes, allows preferential accumulation in tumor tissues given their leaky vasculature and poorly operating lymphatic system (enhanced permeability and retention effect).

All liposomal drugs presently marketed, as well as others now in development, are based on “nonspecific” liposomes. The development of new nanovectors able to selectively deliver a chemo-therapeutic agent to cancer cells, may lead to increased therapeutic efficacy of the encapsulated drug, as well as reduce toxic side effects on nontarget cells.\textsuperscript{11} Peptides and antibodies have been largely investigated as bioactive markers used to confer selectivity to liposomes to target cells.\textsuperscript{12–14} It is well known that regulatory peptides, and fragments thereof, bind with high affinity to specific cell-surface receptors. Receptor systems such as the somatostatin (SSTR1–SSTR5) receptors,\textsuperscript{15} the vasoactive intestinal peptide (CCK\textsubscript{2}) receptors,\textsuperscript{16} gastrin-releasing peptide (GRP)/bombesin (BN) receptors,\textsuperscript{17} and several others,\textsuperscript{19} are known to be overexpressed in specific human cancer types.

The authors of this present study have previously studied nanosized delivery systems, such as micelles and liposomes, modified with bioactive peptides on their external surface; these have been obtained by combining two different amphiphilic monomers, one containing a bioactive peptide (CCK8, Octreotide, or BN\textsuperscript{[7–14]}) and the other containing a chelating agent (DTPAGlu, DTPA, or DOTA). Moreover, the authors also studied liposomes prepared by co-aggregation of a synthetic amphiphilic monomer containing both the bioactive peptide and the chelating agent, with commercial phospholipids. In both cases, targeted nanocarriers engineered to conjugate imaging and therapeutic functions\textsuperscript{20–24} were obtained for potential theranostic applications. Derivatized nanosystems, capable of diagnosis, drug delivery, and monitoring of therapeutic response, are expected to play a significant role in the dawning era of personalized medicine.\textsuperscript{25,26}

Interesting results have been obtained by using the BN peptide.\textsuperscript{27} The 14-residue BN peptide, its eight-residue C-terminal peptide sequence (BN\textsuperscript{[7–14]}), or other BN analogues acting as antagonists may be used to target BN receptor subtype 2, also known as gastrin releasing peptide receptor (GRPR). GRP receptors have been found overexpressed in cell lines derived from several human tumor types (ovarian cancer, breast cancer, and prostate cancer).\textsuperscript{28–30} Many studies demonstrate that the BN(7–14) fragment modified on its N-terminus with radiometal complexes, for diagnostic or therapeutic nuclear medicine applications, preserves its affinity for these receptors.\textsuperscript{31–33} In-vitro and in-vivo experiments, carried out on radiolabeled liposomes containing the BN(7–14) peptide fragment, demonstrate that the peptide, exposed on the liposome surface, maintains the capability to selectively target aggregates to GRPR-expressing xenografts.\textsuperscript{27}

This paper describes new BN-conjugated nanosystems for theranostic purposes with improved properties, both in the synthesis and formulation aspects and for their in-vitro and in-vivo behavior. These liposomes are based on the co-aggregation of 1,2-distearoyl-sn-glycero-3-phosphocholine (DSPC) phospholipid with a new synthetic amphiphilic monomer, Mon\textsubscript{Y}-BN (Figure 1), containing in the same molecules the BN(7–14) peptide fragment, the DTPA chelating agent, the hydrophobic moiety with two C\textsubscript{18} alkyl chains, and polyethylene glycol (PEG) spacers.

![Figure 1 Schematic representation of Mon\textsubscript{Y}-Peg27(DTPA)-BN (Mon\textsubscript{Y}-BN).](https://www.dovepress.com/)

**Notes:** Mon\textsubscript{Y}-BN molecule contains five components: a hydrophobic moiety with two C\textsubscript{18} alkyl chains, a long polyoxoethilene spacer (Peg27), the DTPA chelating agent, a short linker (Ahoh), and the BN(7–14) peptide. The peptide sequence is reported using the three-letter amino acid code.

**Abbreviations:** BN, bombesin; DTPA, diethylenetriaminepentaacetate; PEG, polyethylene glycol.

**Peptide sequence:** Gln-Trp-Ala-Val-Gly-His-Leu-Met-Amide

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**Figure 1** Schematic representation of Mon\textsubscript{Y}-Peg27(DTPA)-BN (Mon\textsubscript{Y}-BN).

**Notes:** Mon\textsubscript{Y}-BN molecule contains five components: a hydrophobic moiety with two C\textsubscript{18} alkyl chains, a long polyoxoethilene spacer (Peg27), the DTPA chelating agent, a short linker (Ahoh), and the BN(7–14) peptide. The peptide sequence is reported using the three-letter amino acid code.

**Abbreviations:** BN, bombesin; DTPA, diethylenetriaminepentaacetate; PEG, polyethylene glycol.
Materials and methods

Instrumentation

Preparative high-performance liquid chromatography (HPLC) was carried out on an LC8 Shimadzu HPLC system (Shimadzu Corporation, Kyoto, Japan) equipped with a UV lambda-Max Model 481 detector using a Phenomenex (Torrance) C4 (300 Å, 250 mm × 21.20 mm, 5 μ) column eluted with an H2O/0.1% trifluoroacetic acid (TFA) and CH3CN/0.1% TFA from 20% to 95% over 25 minutes at 20 mL/min flow rate. Liquid chromatography coupled to mass spectrometry (LC–MS) analyses were performed by using Finnigan Surveyor MSQ single quadrupole electrospray ionization (Finnigan/Thermo Electron Corporation, San Jose, CA). Ultraviolet (UV) measurements were performed on a UV-vis Jasco V-550 spectrophotometer equipped with a Jasco ETC-505 T Peltier temperature controller with a 1-cm quartz cuvette (Hellma, Mülheim, Germany).

Pharmaceuticals and reagents

Protected ω-Fmoc-amino acid derivatives, coupling reagents, and Rink amide MBHA resin were purchased from Calbio-chem-Novabiochem (Laufelfingen, Switzerland). The Fmoc-21-amino-4,7,10,13,16,19-hexaoxaheneicosanoic acid (Fmoc-Ahoh-OH) was purchased from Neosystem (Strasbourg, France). N,N-dioctadecylsuccinamic acid was prepared according to the experimental procedure reported in the literature.34 α-(9-Fluorenylmethyloxycarbonyl) amino-ω-carboxy PEG (Fmoc-NH-Peg27-COOH) was purchased from Iris Biotech GmbH (Marktridge, Germany). DTPA(OtBu)4-OH (diethylenetriaminepentaacetate tetra-tert-butyl ester) was purchased from Macrocyclics (Dallas, TX). The Fmoc-21-amino-4,7,10,13,16,19-hexaoxaheneicosanoic acid (Fmoc-Ahoh-OH) was purchased from Neosystem (Strasbourg, France). N,N-dioctadecylsuccinamic acid was prepared according to the experimental procedure reported in the literature.34 α-(9-Fluorenylmethyloxycarbonyl) amino-ω-carboxy PEG (Fmoc-NH-Peg27-COOH) was purchased from Iris Biotech GmbH (Marktridge, Germany). DTPA(OtBu)4-OH (diethylenetriaminepentaacetate tetra-tert-butyl ester) was purchased from Macrocyclics (Dallas, TX). Citrate acid, sodium citrate, sodium chloride, and Dox were prepared by weight using doubly distilled water.

Peptide synthesis

Synthesis of (C18H37)2NCO(CH2)2CO-Peg27-Lys(DTPA)-Ahoh-Gln-Trp-Ala-Val-Gly-His-Leu-Met-Amide (MonY-BN)

Synthesis of MonY-BN was carried out in solid-phase under standard Fmoc strategy,35 with a 433A Applied Biosystems (Foster City, CA) automatic synthesizer. Rink-amide MBHA resin (0.78 mmol/g, 0.5 mmol scale, 0.640 g) was used. The elongation of BN(7–14) peptide (sequence: -Gln-Trp-Ala-Val-Gly-His-Leu-Met-Amide) was achieved by sequential addition of Fmoc-AA-OH with benzotriazol-1-yl-oxytritylpyrrolidinophosphonium hexafluorophosphate/1-hydroxy-1,2,3-benzotriazole/N,N-diisopropylethylamine (PyBOP/HOBt/DIPEA) (1:1:2) as coupling reagents, in N,N-dimethylformamide (DMF) in pre-activation mode. All couplings were performed twice for 1 hour by using an excess of four equivalents of each amino acid derivative. Fmoc deprotection was obtained with a 30% solution of piperidine in DMF. When peptide synthesis was complete, the Fmoc N-terminal protecting group was removed and a residue of Fmoc-Ahoh-OH was condensed in a single coupling by using an excess of two equivalents. The resin was then washed, the terminal Fmoc protection removed and 1.064 g (2.0 mmol) of Dde-Lys(Fmoc)-OH were coupled to the resin by stirring the slurry suspension under standard conditions. The Fmoc-protecting group was removed by standard conditions, and the DTPA(OtBu)4-OH tetraester chelating agent was linked, through its free carboxyl function, to the ε-NH2 of the lysine residue. This coupling step was performed using two equivalents of DTPA-tetraester and O-(7-azabenzotriazol-1-yl)-1,1,3,3-tetramethylyuronium (HATU), and four equivalents of DIPEA in DMF. The coupling time for this step was increased to 2 hours. Removal of the Dde group was obtained by incubation with a DMF/hydrazine (98:2) mixture and the Fmoc-NH-Peg27-COOH linker was coupled overnight by using HATU/DIPEA as activating agents and DMF as solvent. The N-terminal Fmoc protecting group was removed, and 1.244 g (2.0 mmol) of N,N-dioctadecylsuccinamic acid in N,N-dimethylformamide/dichloromethane (DMF/DCM) (1:1) mixture were condensed. Coupling was repeated twice for 1 hour. Peptide derivative was cleaved from the resin with TFA (5 mL) containing 2.5% (v/v) water and 2.0% (v/v) tri-isopropylsilane (TIS) as scavengers at room temperature for 2 hours. Free peptide was precipitated in cold ethyl ether and lyophilized from a H2O/CH3CN (50/50) solution. Crude peptide was purified by reversed phase HPLC, and each fraction was characterized by LC–MS analysis.

(C18H37)2NCO(CH2)2CO-Peg27-Lys(DTPA)-Ahoh-Gln-Trp-Ala-Val-Gly-His-Leu-Met-Amide: MonY-BN; Rt = 15.5 min; (MW = 3669) [M + 4H]/4 = 923 amu.
Synthesis of \((\text{C}_{18}H_{37})_2\text{CONH-Lys-(DTPA)CONH}_2 /[(\text{C}_{18})_2\text{DTPA}]\)  

The \((\text{C}_{18}H_{37})_2\text{CONH-Lys-(DTPA)CONH}_2 /[(\text{C}_{18})_2\text{DTPA}]\) monomer was synthesized according to the experimental procedure previously described.\textsuperscript{23}

**Liposome preparation and Dox loading**

The liposomes were prepared by a modified reverse-phase evaporation technique. The lipid mixture composed of DSPC (7.90 mg) or DSPC//\textit{Mon}Y-BN (7.66 mg DSPC, 1.10 mg \textit{Mon}Y-BN; 1:0.03 molar ratio) was dissolved in a chloroform/methanol (2:1 v/v) mixture. The organic solution was added to a 50 mL round-bottom flask, and the solvent was removed under reduced pressure in a rotary evaporator under nitrogen atmosphere. The resulting lipid film was dissolved in 3 mL diethyl ether, and the solution was emulsified, by sonication for 30 minutes in a bath-type sonicator (Branson 3510, Danbury, CT), with 1 mL of citrate buffer at pH 4.0 (150 mM of citric acid; 150 mM of sodium citrate) or with 1 mL of ammonium sulfate buffer, 250 mM, at pH 5.5, in the presence of glass beads. The resulting emulsion was then placed on a rotary evaporator (Laborota 4010 digital, Heidolph, Schwabach, Germany), and the organic solvent removed under reduced pressure at 30°C in nitrogen atmosphere. When the viscous gel was obtained, the vacuum was broken and the gel was vortexed for about 1 minute. The dispersion was then placed in the rotary evaporator under vacuum for about 15 minutes. Citrate or ammonium buffer (1 mL) was subsequently added, and the suspension heated at 65°C for 30 minutes. The resulting liposome suspension was extruded at 65°C, using a thermobarrel extruder system (Northern Lipids Inc, Vancouver, BC), passing the suspension repeatedly under nitrogen through a polycarbonate membrane (Nucleopore Track Membrane 25 mm, Whatman, Brentford, UK) with 0.1 µm pore size. The external buffer was removed by ultracentrifugation (Optima Max E, Beckman Coulter, Brea, CA; rotor TLA 120.2) at 80,000 rpm, at 4°C for 30 minutes, and the liposomes were resuspended with 1 mL of 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES)-buffered saline (HBS) at pH 7.4 (20 mM of HEPES; 150 mM of sodium chloride), giving a suspension with a total lipid concentration of 0.010 M.

Dox was encapsulated into liposomes by remote loading. Briefly, the liposome suspension was combined with the Dox at a drug/lipid ratio of 0.2 (w/w), and then incubated at 65°C for 1 hour. The amount of unencapsulated Dox was determined as follows: 1 mL of liposome dispersion was ultracentrifuged at 80,000 rpm and 4°C for 30 minutes, the supernatant was carefully removed, and Dox concentration was determined with a UV-visible spectrophotometer at 480 nm. The results have been expressed as encapsulation efficiency, calculated as \(\left(\text{TSDox} - \text{ASDox}\right) / \text{TSDox} \times 100\), where \(\text{TSDox}\) is the theoretical Dox in the supernatant before encapsulation, and \(\text{ASDox}\) is the actual Dox concentration in the supernatant. All liposome preparations were stored at 4°C. Each formulation was prepared in triplicate.

Empty liposomes of DSPC//\textit{Mon}Y-BN (3%) and DSPC// (C18)_2DTPA (0.1%) were also prepared with the same procedure for cell binding experiments.

**Liposomes characterization**

The mean diameter of the liposomes was determined at 20°C by photon correlation spectroscopy (PCS) (N5, Beckman Coulter). Each sample was diluted in deionizer/filtered water (0.22 µm pore size, polycarbonate filters, MF-Millipore, Microglass Heim, Italy) and analyzed with a detector at α 90° angle. As a measure of the particle size distribution, the polydispersity index (PI) was used. For each batch, mean diameter and size distribution were the mean of three measurements. For each formulation, the mean diameter and PI were calculated as the mean of three different batches. The zeta-potential (ζ) of the liposome surface was measured in water by means of a Zetasizer Nano Z (Malvern, UK). Data of ζ were collected as the average of 20 measurements.

**Preparation of radiolabeled liposomes**

Radiolabeling of the DSPC//\textit{Mon}Y-BN (3%) and DSPC// (C18)_2DTPA (0.1%) liposomes was performed at a final concentration of 2 × 10^{-4} M. Trace amounts of ^{111}\text{InCl}_3 (1 µCi) were added to 1 mL of the liposomes, and 1 mL of MilliQ water was added to reach a final volume of 2 mL. The mixture was incubated for 120 minutes at room temperature. Confirmation of incorporation of the label into the liposomes was obtained by gel filtration on Sephadex G-50 pre-packed columns (Pharmacia Biotech, Piscataway, NJ).

**In-vitro studies**

PC-3 cells were seeded into 6-well plates wherein they remained overnight (0.8–1.0 × 10^6 cells per well). On the day of the experiment, the medium was removed, and the...
cells were washed twice with fresh medium (DMEM with 10% fetal bovine serum, 1% L-glutamine) and incubated for 1 hour at 4°C and at 37°C. Internalization experiments of the 111In-labeled liposomes were performed by adding 100 µL 111In-labeled liposomes (0.05 µCi) to triplicate wells at a final concentration of 2 × 10^{-4} M and incubated for 1 hour at 37°C.21 Afterwards, the binding buffer was removed, and the cells were washed twice with ice-cold phosphate-buffered saline (PBS) (pH 7.4). Cell bound radioactivity was subsequently recovered by trypsinization of the wells. Radioactivity in the bound and free fractions was determined with a Wizard gamma-counter (Wallac, Turku, Finland).

**Cytotoxicity assay**

Cytotoxicity of Dox-loaded liposomes, DSPC/MonY-BN/Dox, and DSPC/Dox and of free Dox was determined using the colorimetric MTS (3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium, inner salt) assay. Briefly, 8000 PC-3 cells/well were plated in 96-well plates and incubated overnight to allow cell attachment. The culture medium was removed, and cells were incubated with free Dox and liposomes containing 100 and 300 ng/mL Dox. Total lipid concentration in the cells was 500 ng and 1500 ng for the two Dox amounts, respectively. After 8 hours, the medium was removed and the cells were incubated for an additional 72 hours in fresh medium. Plates were then incubated with 20 µL of MTS in 100 µL of culture medium. Finally, 25 µL of 10% SDS was added to all wells to stop the reaction, and mixed thoroughly. The absorbance was measured with a BioRad 680 microtiter plate reader (BioRad, BioRad, Corston, UK) at a wavelength of 490 nm. Cells incubated with Dox-free liposomes were used as control. Viability was expressed as percentage of control (mean ± standard error of the mean [SEM]) for each treated group. All animal experiments complied with the Italian DL n 116 of 27 January 1992 and associate guidelines in the European Community Council Directive of 24 November 1986 (86/609/ECC).

**Results and discussion**

**Design and synthesis**

The synthetic monomer, herein identified as MonY-BN for its Y shape (Figure 1), is a single molecule containing the following: (a) the hydrophobic moiety with two C_{18} alkyl chains that allows intercalation of the monomer in liposomal structures; (b) the BN(7–14) peptide that allows the interaction of the reconstituted aggregates with GPRs overexpressed by cancer cells; and (c) the DTPA chelating agent able to give stable complexes with different metal ions, such as the 111In(III) gamma-emitting isotope, used to monitor distribution through nuclear imaging techniques. Moreover, PEG and oxoethylene linkers have been introduced to space the bioactive peptide and the chelating agent from the two C_{18} hydrophobic chains. The PEG moiety also increases the overall hydrophilicity of the molecule, improves peptide exposure away from the liposome surface, and should provide lower

In-vivo experiments

Animal experiments were carried out on 6-week-old female BALB/c nude mice (Harlan Nossan, Italy). Mice bearing PC-3 xenografts of PC-3 cells were generated as previously described.13 Briefly, 100 µL of the cell suspensions at a density of 2–3 × 10^7 mL^{-1} in PBS with 0.1% glucose and mixed with an equal volume of Matrigel™ (BD Biosciences, Bedford, MA) were injected subcutaneously into the flank of mice (weighing 17–23 g). All procedures were performed inside a laminar air-flow cabinet using aseptic technique.
clearance of the liposomes through the reticulo-endothelial system.37 The present authors previously studied supramolecular aggregates containing a MonY-CCK8 monomer or MonY-octreotide monomer intercalated in DOPC liposomes; the design of MonY-BN has been further optimized by using a long-chain PEG (MW = 1500 Dalton) spacer to distance the DTPA chelating agent from the hydrophobic moiety in order to favor the packing of the hydrocarbon chains in stable and well defined liposomes.

From a synthetic point of view, the MonY-BN monomer is based on a lysine scaffold. The ahoH oxyethylene spacer is linked on the lysine C-terminus and the BN(7–14) peptide; the DTPA chelating agent is bound, through an amide bond, on the lysine side-chain, while the N-alpha lysine function is functionalized with a long PEG containing 27 oxyethylene groups, acting as spacer, and the hydrophobic moiety consisting of two alkyl chains with 18 carbon atoms each.

The chemical synthesis was performed in solid-phase by using standard solid-phase-peptide-synthesis (SPPS) procedures based on Fmoc/tBu chemistry.35 Rink-amide resin was used to obtain a C-terminal amide peptide and the peptide built on the resin by sequential coupling and deprotection steps for the eight amino acid residues (see Figure 2). When the peptide synthesis was complete, the Fmoc N-terminal protecting group was removed and a residue of Fmoc-AhoH-OH was added. Then, Dde-Lys(Fmoc)-OH was coupled, the Fmoc protecting group removed and the DTPA(OtBu)4-OH tetraester chelating agent was linked, through its free carboxyl function, to the ε-NH2 of the lysine residue. After removal of the Dde group of the lysine residue, Fmoc-NH-Peg27-COOH linker and N,N-dioctadecylsuccinamic acid were sequentially condensed. The peptide derivative was cleaved from the resin, and free peptide precipitated in cold ethyl ether and lyophilized. The crude compound was purified by

**Figure 2** Synthetic procedure for obtaining MonY-BN by solid-phase methods.

**Notes:** The empty circle, ○, represents the solid support (Rink amide resin). The first step of the scheme reports the Fmoc removal by using DMF/Pip (70/30) mixture and the amino acid (Fmoc-aa-OH) coupling under standard SPPS conditions. This step is repeated eightfold to obtain the BN(7–14) sequence (reported according the single-letter amino acid code). Successively, solid-phase synthesis continues to bind on the peptide N-terminus to the other organic components. In the last step, cleavage (TFA/TIS/H2O) from the resin is performed to give a fully unprotected carboxamide product.

**Abbreviations:** BN, bombesin; DMF, N,N-dimethylformamide; DTPA, diethylenetriaminepentaacetate; PEG, polyethylene glycol; SPPS, solid-phase-peptide-synthesis; TFA, trifluoroacetic acid; TIS, tri-isopropylsilylane.
reversed phase HPLC and characterized by LC–MS analysis and Maldi-Tof.

**Liposome preparation and characterization**

Liposomes composed of DSPC (7.90 mg) or DSPC/ MonY-BN (7.66 mg DSPC, 1.10 mg MonY-BN; 97/3 molar ratio) were prepared in HBS buffer solution (1.0 mL) at a final lipid concentration 0.010 M, and fully characterized. This formulation resulted from a preliminary phase of the study in which increasing amounts of MonY-BN were added into the bilayer with different lipid compositions. In this phase, in order to achieve a liposomal formulation with a mean diameter suitable for tumor targeting and with a homogeneous size distribution, a mean diameter lower than 200 nm and a PI lower than 0.2, were considered pre-requisites to propose the formulation for following in-vitro and in-vivo experiments.

The zeta potential (ζ), mean diameter, and PI of the selected formulations, namely liposomes based on DSPC or DSPC/MonY-BN (97/3 molar ratio) are summarized in Table 1. The inclusion of 3% (mol/mol) MonY in the DSPC liposome composition led to reduction of the average size, and this effect could be attributed to the surfactant properties of MonY-BN. Moreover, a significant decrease of the zeta potential value (from about −6.7 to −12.8 mV) was observed when using MonY-BN in the formulation. This result could be attributable to the four negative charges of the DTPA chelating agent and supports the presence of BN in the DSPC/ MonY-BN formulation. This value was selected according to the diameter of liposomes (d = 150 nm). In fact, the encapsulation efficiency of hydrophilic drugs such as Dox is related to the liposome size (eg, for Myocet®, d = 180 nm and drug/lipid is 0.27, while for Doxil®, d = 85 nm and drug/lipid decreases to 0.127).

Table 1 Liposome characteristics

<table>
<thead>
<tr>
<th>Formulations</th>
<th>Composition of the lipid bilayer</th>
<th>Composition of the aqueous phase</th>
<th>Liposome diameter (nm) ± SD</th>
<th>ζ mV ± SD</th>
<th>PI ± SD</th>
<th>Dox encapsulation efficiency (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>DSPC liposomes</td>
<td>DSPC</td>
<td>PBS</td>
<td>161.4 ± 20.1</td>
<td>−6.7 ± 1.8</td>
<td>0.09 ± 0.01</td>
<td>–</td>
</tr>
<tr>
<td>MonY liposomes</td>
<td>DSPC/MonY-BN</td>
<td>PBS</td>
<td>145.5 ± 31.5</td>
<td>−12.8 ± 1.5</td>
<td>0.20 ± 0.05</td>
<td>–</td>
</tr>
<tr>
<td>Dox-MonY</td>
<td>DSPC/MonY-BN</td>
<td>Ammonium buffer</td>
<td>165.2 ± 42.0</td>
<td>−12.8 ± 3.6</td>
<td>0.24 ± 0.07</td>
<td>58.0 ± 19.0</td>
</tr>
<tr>
<td>Dox-MonY</td>
<td>DSPC/MonY-BN</td>
<td>Citrate buffer</td>
<td>150.8 ± 28.3</td>
<td>−12.0 ± 1.0</td>
<td>0.13 ± 0.08</td>
<td>95.0 ± 2.7</td>
</tr>
</tbody>
</table>

Abbreviations: Dox, doxorubicin; DSPC, 1,2-distearoyl-sn-glycero-3-phosphocholine; PBS, phosphate-buffered saline; PI, polydispersity index; SD, standard deviation.

The experimental conditions, namely the buffer used in the internal aqueous phase, the incubation time, as well as the incubation temperature, were optimized to achieve a drug-loading content > 90%. The incubation time and temperature of liposomes in the presence of Dox represent two key parameters, which significantly affect drug loading of liposomes. As expected, drug-loading capability of liposomes was enhanced by increasing temperature (data not shown). Due to the presence of the peptide sequence in the final liposome formulation, an incubation temperature of 65°C was considered the upper limit. As it concerns incubation time, maximal drug loading was obtained at 1 hour while longer incubation time did not significantly change the encapsulation efficiency (data not shown). Moreover, liposome encapsulation efficiency was investigated under ammonium and citrate buffers. Buffer conditions strongly affect the drug-loading capability of liposomes: when ammonium buffer was used, an encapsulation efficiency < 60% was obtained, while a Dox encapsulation efficiency of approximately 95% was observed when using a citrate buffer in the aqueous phase of the liposomes (Table 1). As expected, liposome characteristics do not significantly change after Dox loading (Table 1).

**In-vitro studies**

Receptor-mediated cellular uptake at 1 hour of the targeted BN liposome formulation (DSPC/111In-MonY-BN) in PC-3 cell lines at 4°C and 37°C, was estimated with gamma counting experiments. To confirm the selective binding capability of the targeted liposomes, cellular uptake of radiolabeled pure DSPC liposomes was also performed for comparison. To prepare the radiolabeled control liposomes, a low amount (0.1%) of the amphiphilic monomer (C₁₈H₃₅)DTPA was introduced in DSPC liposomes. A small amount of this monomer does not significantly alter the size and shape of the liposomes (data not shown). A complete radiolabeling of the liposomes was performed at 2 × 10⁻⁴ M concentration by adding trace amounts of ¹¹¹InCl₃. Incorporation of the radioactive label into the aggregates was confirmed by gel filtration.
Specific preferential binding to PC-3 cells of mixed liposomes containing the BN(7–14) peptide sequence was observed (2.7 ± 0.3, at 37°C), compared with the pure DSPC liposomes (1.4 ± 0.2 at 37°C) (see Figure 3), indicating preserved interaction of the BN(7–14) bioactive peptide on the external surface of the liposomes with the GRPR on the surface of the cells.

**Cytotoxicity assays**

The cytotoxic effect of DSPC/MonY-BN/Dox on PC-3 prostate cancer cells was also assessed. PC-3 cells were exposed to liposome formulations (100 µL) containing 500 or 1500 ng of lipids and 100 or 300 ng of Dox, respectively, for 8 hours, and the cell viability was measured by MTS assays (Figure 4). Incubation of cells with DSPC/MonY-BN/Dox showed significantly lower cell survival compared with DSPC/Dox-treated cells in the presence of 100 ng/mL and 300 ng/mL drug amounts. On the other hand, liposomal Dox below 100 ng/mL concentration showed no significant differences on cell survival. In experiments performed with free Dox, 50% cell killing was observed with 85 ng/mL of drug (data not shown). This result suggests a lower toxicity of the liposomal cytotoxic drug compared to the free-drug. This result is expected as when cells are exposed to free Dox and liposomal Dox for the same amount of time, free Dox is taken up much more rapidly.

The increased potency of DSPC/MonY-BN/Dox with respect to DSPC/Dox is fully attributed to Dox because control experiments with empty liposomes had no significant effect on cell viability.

**In-vivo studies**

Preliminary studies on the therapeutic efficacy of DSPC/MonY-BN/Dox targeted liposomes compared with pure DSPC/Dox liposomes were conducted in PC-3 xenograft-bearing mice, by treating mice with intravenous injections of 100 µL of liposome suspensions (1.0 × 10⁻³ M lipid concentration, at a dose of 10 mg of Dox/kg). Control experiments on mice treated with saline buffer were also performed. 1 × 10⁶ cells per animal were injected in the flank of 6-week-old BALB/c nude mice in a solution containing 1:1 Matrigel™.

Matrigel™ is an extract of basement membrane components, which primarily consists of laminin, collagen IV, and heparin sulfate proteoglycan. Its co-injection with cancer cells into subcutaneous tissues aims to stimulate growth of biologically indolent tumors. Once the tumor model was established, another important challenge was to determine the most appropriate treatment experimental conditions with regard to tumor volume at the beginning of treatment, treatment groups, dose escalation, and end point conditions, such as duration of the observation period after treatment. After evaluating the influence of the referred experimental parameters, the treatment protocol was established: a single dose was administered intravenously at an advanced phase of tumor development (200–250 mm³). The experiment was stopped when untreated tumors reached a size close to 1000 mm³. Bodyweights of all mice were recorded periodically to assess nonspecific toxicity. There were no signs of clinical toxicity, and all animals gained weight and survived the entire experimental period (data not shown). Therapeutic efficacy was assessed by measuring tumor volume over

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**Figure 3** Binding assays of DSPC/MonY-BN and DSPC/(C18)2DTPA11In-radiolabeled liposomes on PC-3 cell line overexpressing the GRP at 37°C and 4°C at 1 hour. **Abbreviations:** BN, bombesin; DSPC, 1,2-distearoyl-sn-glycero-3-phosphocholine; DTPA, diethylenetriaminepentaacetate; GRP, gastrin-releasing peptide.

**Figure 4** Cytotoxicity of liposomal Dox against human prostatic cancer cells. **Notes:** PC-3 cells (8000 cells/well) were incubated with DSPC/MonY-BN/Dox, DSPC/Dox, and free Dox at 37°C (liposome formulations containing 500 or 1500 ng of lipids and 100 or 300 ng of Dox, respectively). Control experiments were performed using free Dox, and empty liposomes of DSPC/MonY or DSPC at the same experimental conditions. After 8 hours, the medium was removed, and after an additional 72 hours an MTS assay was performed. Data are expressed as percentage of control. Each value is the mean ± SEM of three experiments performed in triplicate. **Abbreviations:** BN, bombesin; Dox, doxorubicin; DSPC, 1,2-distearoyl-sn-glycero-3-phosphocholine; MTS, 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium; SEM, standard error of the mean.
Data were expressed as mean ± SEM (n = 5) and analyzed using two-way analysis of variance followed by Bonferroni’s test; a value of \( P < 0.05 \) was considered statistically significant.

Treatment with liposomal formulations was effective in slowing tumor progression over an extended period of time (see Figure 5). In particular, treatment with DSPC/MonY-BN/Dox at 10 mg/kg Dox dose produced a TGI of 60%, compared with the treatment with saline buffer. Furthermore, a decrease in tumor growth was also observed (TGI = 36%), compared with mice treated with nonspecific liposomes of DSPC/Dox at the same Dox dose.

**Conclusion**

A new drug-delivery system, DSPC/MonY-BN (97/3 molar ratio), based on liposomes functionalized with the bioactive sequence of the BN peptide and with a chelating agent, has been developed by incorporating a new amphiphilic synthetic monomer, MonY-BN, in a liposome-forming commercial phospholipid, DSPC. The liposomes structure, the drug-loading ability, the selective cellular binding and cytotoxicity, and the in-vivo therapeutic efficacy were assessed. The simultaneous presence of the bioactive BN peptides, provide targeting ability for the liposomes, and of the chelating agents, which allow radiolabeling for diagnostic nuclear medicine applications, makes these liposomes potential target-selective theranostic agents.41

All the structural and loading properties, similar to other drug-delivery systems already in clinical use (eg, Myocet® and Caelyx®/Doxil®), and the observed in-vitro and in-vivo behaviors point toward a potential clinical use of the new liposomes for Dox delivery in cancer therapy. Areas of clinical interest are applications in patients with ovarian, breast, and prostate cancer, where a number of studies have documented the overexpression of GRPRs.28–30 The high incidence of these diseases and the lack of adequate treatment strategies in advanced stages warrant development of more effective strategies.

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**Disclosures**

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