

Correspondence between general practitioner-reported medication use and timing of prescription dispensation

Sigrun Alba Johannesdottir
Merete Lund Mægþæk
Jens Georg Hansen
Timothy L Lash
Lars Pedersen
Vera Ehrenstein

Department of Clinical Epidemiology,
Institute of Clinical Medicine,
Aarhus University Hospital,
Aarhus, Denmark

Abstract: Epidemiologic studies often rely on drug dispensation records to measure medication intake. We aimed to estimate correspondence between general practitioner (GP)-reported treatment and timing of prescription dispensation. From seven GPs in northern Denmark, we obtained 317 prescription records for 286 patients treated with ten commonly prescribed medication types for chronic diseases. We linked the GP-reported information to the regional prescription database to retrieve patients' prescription records both prospectively and retrospectively in relation to the GP-reported date of treatment (index date, August 20, 2008 for all patients). We computed overall and medication-specific correspondence between GP-reported treatment and the timing of dispensation. We computed correspondence based on both exact medication and therapeutic subgroup agreement. The correspondence for dispensation within ± 90 days of GP-reported treatment was 0.81 (95% confidence interval = 0.76–0.85) with variation by medication type, ranging from 0.55 for ACE-inhibitors to 1.00 for oral glucose-lowering agents. The correspondence was greater when analyzed within therapeutic groups than when analyzed for exact medications within these groups.

Keywords: pharmacoepidemiology, predictive value, drug prescriptions, primary health care

Introduction

Pharmacoepidemiology studies often rely on drug dispensation records in prescription registries to measure medication intake.^{1,2} Despite many advantages (eg, large size and unselected sample),³ registry data merely approximate the true medication intake, reflecting neither its fact nor the timing.^{1,4} This limitation necessitates an assumption of good correspondence between dispensation record and drug intake.⁴ If untenable, such assumption may introduce misclassification of the true drug intake, potentially producing misleading results.⁴

Nevertheless, dispensation data are considered superior to most other measures of drug intake, and validation studies commonly use them as a gold standard to assess data quality on medication intake reported by patients^{5,6} or their proxies.⁷ However, little is known about the correspondence between the actual treatment and the timing of dispensation. We therefore examined the correspondence between general practitioner (GP)-reported treatment with prescription medication and the timing of dispensation, using a prescription registry in Denmark.

Materials and methods

Denmark is a welfare state, with universal tax-funded health care.⁸ GPs are gatekeepers to patients' health care utilization, by providing referrals to hospitals and specialists and by

Correspondence: Sigrun Alba Johannesdottir
Department of Clinical Epidemiology,
Aarhus University Hospital,
Olof Palmes Allé 43-45,
8200 Aarhus N, Denmark
Tel +45 236 95947
Fax +45 871 67215
Email saj@dce.au.dk

prescribing medicine.⁸ The primary care sector is responsible for most of the outpatient prescribing in Denmark, accounting for 96% of the total volume of sold medicinal products in 2009.⁹ Prescriptions dispensed in outpatient pharmacies are recorded in prescription registries, with information on date of dispensation and Anatomical Therapeutic Chemical (ATC) classification code of the medicine.¹⁰

We obtained data on treatment with reimbursed prescription medications from seven general practices in the North Jutland region. On a randomly selected calendar date (August 20, 2008, the index date), each GP was asked to search his or her electronic records to randomly identify up to five patients for each of the ten agents on a pre-determined list of prescription medications, commonly used to treat chronic diseases:⁹ proton pump inhibitors; oral glucose-lowering drugs; acetylsalicylic acid; diuretics; ACE inhibitors; statins; systemic glucocorticoids; nonsteroidal anti-inflammatory drugs (NSAIDs); bisphosphonates; and adrenergic inhalants. Each reported medication corresponded to one prescription record, so that patients using two agents of interest contributed two prescription records to the analysis. The GP report of medication intake was considered to represent the actual treatment with a given medication on the index date. Associated ATC codes are presented in the Tables. Via the unique personal identifier, used in all official records in Denmark,¹¹ we linked the GP-reported treatment data to the patients' records in the Aarhus University Prescription Database, which is a regularly-updated research copy of regional prescription records, maintained at our academic department.¹⁰

We estimated the correspondence between GP report and dispensation record as the proportion of GP-provided prescription records with a corresponding record in the prescription database for the same patient. We computed correspondence based on (1) full ATC code agreement, that is, correspondence of the entire ATC code, and (2) therapeutic subgroup agreement, defined as correspondence of the first three ATC code positions (eg, A02). We estimated the cumulative correspondence for 30, 90, 180, 270, and 365 days before the index date; 30, 90, and 180 days after the index date; ± 30 days; and ± 90 days. Furthermore, we computed the median and interquartile range of retrospective and prospective time intervals between index date and dispensation date. All analyses were performed overall and for categories of medications listed above. Finally, we stratified the results by patient age and gender.

During the month leading up to the index date (July 20–August 19, 2008), using open-ended questions (presented in the Appendix), the study nurse interviewed all patients identified from one GP practice; this was done to estimate patient-reported adherence to the prescribed treatment.

Results

Each GP supplied 39 to 50 prescription records, for a total of 317 prescription records written for 286 patients. Median age of the patients was 63 years (range, 12–93) and 51% were men.

Overall, correspondence based on full ATC code agreement was 0.46 (95% confidence interval [CI] = 0.41–0.52) for dispensation within 30 days before the index date; 0.36 (95% CI = 0.30–0.41) for 30 days after the index

Table 1 Correspondence and 95% confidence intervals of general practitioner-reported treatment and timing of prescription dispensation according to time relative to index date^a: full agreement and therapeutic group correspondence^b

Correspondence of treatment	Days relative to the index date				
	N	± 30	± 90	-365	-270
Full ATC agreement		0.66 (0.60–0.71)	0.81 (0.76–0.85)	0.84 (0.79–0.88)	0.83 (0.78–0.87)
Therapeutic group agreement		0.78 (0.73–0.82)	0.95 (0.92–0.97)	0.97 (0.94–0.98)	0.96 (0.93–0.98)
Correspondence of treatment (full ATC correspondence) by therapeutic subgroup					
A02BC proton pump inhibitors	34	0.71 (0.53–0.85)	0.82 (0.65–0.93)	0.82 (0.65–0.93)	0.82 (0.65–0.93)
A10B oral glucose-lowering drugs	34	0.94 (0.80–0.99)	1.00	1.00	1.00
B01AC06 acetylsalicylic acid	30	0.67 (0.47–0.83)	0.93 (0.78–0.99)	0.97 (0.83–1.00)	0.97 (0.83–1.00)
C03 diuretics	33	0.64 (0.45–0.80)	0.88 (0.72–0.97)	0.88 (0.72–0.97)	0.79 (0.61–0.91)
C09A ACE inhibitors, plain	31	0.45 (0.27–0.64)	0.55 (0.36–0.73)	0.65 (0.45–0.81)	0.61 (0.42–0.78)
C10AA statins	33	0.73 (0.54–0.87)	0.97 (0.84–1.00)	0.97 (0.84–1.00)	0.97 (0.84–1.00)
H02AB systemic glucocorticoids	25	0.40 (0.21–0.61)	0.56 (0.35–0.76)	0.64 (0.43–0.82)	0.64 (0.43–0.82)
M01A nonsteroidal anti-inflammatory drugs	35	0.86 (0.70–0.95)	0.86 (0.70–0.95)	0.86 (0.70–0.95)	0.86 (0.70–0.95)
M05B bisphosphonates	29	0.45 (0.26–0.64)	0.76 (0.56–0.90)	0.83 (0.64–0.94)	0.83 (0.64–0.94)
R03A adrenergics, inhalants	33	0.61 (0.42–0.77)	0.70 (0.51–0.84)	0.73 (0.54–0.87)	0.73 (0.54–0.87)

date; 0.66 (95% CI = 0.60–0.71) for ± 30 days, and 0.81 (95% CI = 0.76–0.85) for ± 90 days (Table 1). In the period preceding the index date, correspondence rose to 0.81 at 180-days and increased only slightly from then until one year before the index date. Correspondence varied by medication and achieved 1.00 (100% agreement) only for oral glucose-lowering agents, within ± 90 days relative to the index date and within 180 days before the index date. For remaining categories, the maximum correspondence achieved during the observation time ranged from 0.64 for systemic glucocorticoids to 0.97 for acetylsalicylic acid and statins within 180 to 365 days before the index date. Within ± 90 days, correspondence ranged from 0.55 for ACE-inhibitors to 1.00 for oral glucose-lowering agents.

The correspondence was greater when computed based on therapeutic subgroup of the ATC code (data not shown). Under this definition, within ± 90 days of the index date correspondence reached a value of 1.00 for proton pump inhibitors, ACE-inhibitors, statins, and systemic glucocorticoids, and exceeded 0.90 for all remaining medications, except for bisphosphonates (correspondence = 0.83).

Median time between the index date and dispensation retrospectively and prospectively was 24 days and 33 days, respectively (Table 2). Median time ranged from 12 days for NSAIDs to 55 days for diuretics retrospectively and from 7.5 days for NSAIDs to 72 days for systemic glucocorticoids prospectively.

The retrospective and prospective time interval between index date and dispensation date was shorter for women than for men, with variations according to medication

category (Table A1). There was no material difference in correspondence according to patient age.

Of the 40 patients who were interviewed about their drug intake, 78.0% (95% CI = 62.0%–89.2%) confirmed taking prescription medication reported by their GP.

Discussion

To our knowledge, the present study is the first to examine the time dependence of correspondence between GP-reported treatment and dispensation for a wide range of medications. Dispensations registered in the prescription database before the GP report corresponded better with that report than prescriptions registered subsequently, for the time window of the same size. The correspondence was greater for therapeutic groups than for specific drugs within these groups, suggesting that physicians sometimes misreported the specific drug prescribed to their patients, but less often misreported the intended therapeutic target. Alternatively, another physician may have prescribed a different medication within the same therapeutic group (eg, during a hospital admission).

The correspondence of GP-reported treatment varied according to the type of medication. Not surprisingly, analgesics (NSAIDs) and medications that prevent life-threatening conditions, such as oral glucose-lowering agents, showed shorter median time to dispensation and higher correspondence within shorter time span, than other medications. Absence of full correspondence between GP-reported treatments and dispensation records in the prescription database may be explained by non-adherence, discontinuation elected by the patient, or use of extra-regional

-180	-90	-30	+30	+90	+180
0.81 (0.76–0.85)	0.73 (0.68–0.78)	0.46 (0.41–0.52)	0.36 (0.30–0.41)	0.63 (0.57–0.68)	0.73 (0.68–0.78)
0.93 (0.90–0.96)	0.85 (0.81–0.89)	0.55 (0.49–0.60)	0.46 (0.41–0.52)	0.77 (0.72–0.81)	0.88 (0.84–0.91)
0.82 (0.65–0.93)	0.71 (0.53–0.85)	0.41 (0.25–0.59)	0.44 (0.27–0.62)	0.68 (0.49–0.83)	0.71 (0.53–0.85)
1.00	0.97 (0.85–1.00)	0.74 (0.56–0.87)	0.56 (0.38–0.73)	0.91 (0.76–0.98)	0.94 (0.80–0.99)
0.93 (0.78–0.99)	0.83 (0.65–0.94)	0.43 (0.25–0.63)	0.30 (0.15–0.49)	0.63 (0.44–0.80)	0.87 (0.69–0.96)
0.73 (0.54–0.87)	0.73 (0.54–0.87)	0.27 (0.13–0.46)	0.39 (0.23–0.58)	0.73 (0.54–0.87)	0.85 (0.68–0.95)
0.61 (0.42–0.78)	0.52 (0.33–0.70)	0.39 (0.22–0.58)	0.10 (0.02–0.26)	0.35 (0.19–0.55)	0.55 (0.36–0.73)
0.97 (0.84–1.00)	0.91 (0.76–0.98)	0.58 (0.39–0.75)	0.30 (0.16–0.49)	0.64 (0.45–0.80)	0.85 (0.68–0.95)
0.64 (0.43–0.82)	0.52 (0.31–0.72)	0.32 (0.15–0.54)	0.20 (0.07–0.41)	0.36 (0.18–0.57)	0.48 (0.28–0.69)
0.83 (0.66–0.93)	0.66 (0.48–0.81)	0.54 (0.37–0.71)	0.60 (0.42–0.76)	0.66 (0.48–0.81)	0.69 (0.51–0.83)
0.79 (0.60–0.92)	0.76 (0.56–0.90)	0.45 (0.26–0.64)	0.14 (0.04–0.32)	0.69 (0.49–0.85)	0.69 (0.49–0.85)
0.73 (0.54–0.87)	0.64 (0.45–0.80)	0.45 (0.28–0.64)	0.42 (0.25–0.61)	0.55 (0.36–0.72)	0.61 (0.42–0.77)

Notes: *The index date is a randomly selected calendar date (August 20, 2008) on which the general practitioners searched their electronic records for patients treated with the listed agents. ^bFull correspondence is defined as full correspondence of the drug's Anatomical Therapeutic Chemical (ATC) code; therapeutic group agreement is defined as correspondence of at least first three positions of the ATC code.

Abbreviation: ACE, angiotensin converting enzyme.

Table 2 Median and interquartile range of time (days) elapsed until dispensation of medication relative to the index date^a

Therapeutic subgroup	ATC-code ^b	Retrospective		Prospective	
		Median	Interquartile range	Median	Interquartile range
Proton pump inhibitors	A02BC	35	10–75	20	6–43
Oral glucose-lowering drugs	A10B	17	12–39	25	13–35
Acetylsalicylic acid	B01AC06	48	7–77	55	22–93
Diuretics	C03	55	13–82	42	15–89
ACE inhibitors, plain	C09A	19	11–69	54	34–97
Statins	C10AA	19	7–53	64	11–92
Systemic glucocorticoids	H02AB	36	7–65	72	15–84
Nonsteroidal anti-inflammatory drugs	M01A	12	4–82	7.5	0–20
Bisphosphonates	M05BA	29	13–58	52	38–67
Adrenergics, inhalants	R03A	18	7–53	27	16–39
Overall	All above	24	8–63	33	13–72

Notes: Notes: ^aThe index date is a randomly selected calendar date (August 20, 2008) on which the general practitioners searched their electronic records for patients treated with the listed agents. ^bAnatomical Therapeutic Chemical (ATC) classification code.

Abbreviation: ACE, angiotensin converting enzyme.

or hospital-based pharmacies. Furthermore, low short-term correspondence may result from a certain proportion of patients having a supply remaining from their last refill, close in time to the index date.

For the medications under study, correspondence between patients' self-report in the month before the index date was similar to the ± 90 -day agreement. Lack of full correspondence between GP and patient report may be related not only to non-adherence, but also to recall bias and the usual variation in medication supply until the next refill on the date of the interview.

Studies similar to the present one are uncommon. In New Zealand, with health care and reimbursement schemes similar to those in Denmark, correspondence between dispensation and electronic prescribing records from a general practice was 0.97 for simvastatin; 0.98 for metoprolol; 0.95 for bendrofluzide; 0.97 for cilazapril; 1.00 for felodipine; and 0.98 for metformin. With the exception of cilazapril, these results are similar to our ± 90 day estimates for the corresponding therapeutic subgroups (we did not include felodipine and metoprolol).¹² A Dutch study found only 65% agreement between prescription and dispensation records, possibly attributable to imperfect individual linkage.¹³

It is reasonable to assume that correspondence, measured in this study, correlates well with adherence. The correspondence between patient and GP report as well as between GP report and dispensation in our study indicate satisfactory overall levels of adherence ($>80\%$) within 3 months of the reported true treatment instance.^{12,14} Most medications examined in this study have a 90-day refill cycle in Denmark. If the refill period was 30 days, the overall ± 30 day correspondence of 78% likewise indicates reasonable adherence. In Sweden, refill adherence was 57% overall, with variation

by medication type and prescriber type (higher for GPs than for specialists).¹⁴ Contrary to that study, however, prescription issue date in our study was unknown.

Our study has several limitations. First, the sample size was relatively small, limiting our ability to obtain meaningful subgroup analysis. Second, despite the fact that we selected patients randomly, we cannot rule out selection bias. Third, because GP records in Denmark allow no search for medication non-users, we were unable to compute negative predictive values of the treatment absence against the dispensation record. Fourth, the estimates of correspondence provided here are applicable to outpatient prescriptions for reimbursed medications taken regularly. Correspondence may be lower for over-the-counter or non-reimbursed medications or for medications prescribed for acute or intermittent conditions such as those with instructions to take 'as needed'.¹⁵ Finally, both the GP-reported treatment and the dispensation records are approximations to the actual intake and its timing, since it is possible that patients filled prescriptions but never took the drug.

Conclusion

The correspondence between GP-reported treatment with prescription medicine and dispensation record differs by medication type. Correspondence is greater for therapeutic group than for specific drugs within therapeutic groups, possibly reflecting situations in which physicians misreported the specific prescription, but accurately reported the therapeutic target.

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Disclosure

The authors report no conflicts of interest in this work.

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Appendix

Questionnaire used by the study nurse

The questions regard your use of medicine, both on prescription and over-the counter.

- Have you used any drugs within the previous week?
 No Proceed to next question.
 Yes What was the name(s) of the drug(s)?

 Why did you take the drug? _____
 Do you remember the dose? _____
- If you answered no to the previous question:
 Have you used any drugs within the previous month?
 No Proceed to next question.
 Yes What was the name(s) of the drug(s)?

- Why did you take the drug? _____
 Do you remember the dose? _____
- Have you used any drugs within the previous three months?
 No Proceed to next question.
 Yes What was the name(s) of the drug(s)?

 Why did you take the drug? _____
 Do you remember the dose? _____
 Thank you for participating.

Table A1 Median and interquartile range of time (days) elapsed until dispensation of medication relative to the index date^a, by gender

Therapeutic subgroup	ATC-code ^b	Retrospective		Prospective	
		Women	Men	Women	Men
Proton pump inhibitors	A02BC	22 (12–85)	52 (8.0–71)	17 (7.0–41)	35 (1.0–74)
Oral glucose-lowering drugs	A10B	18 (13–46)	16 (7.0–39)	20 (13–33)	30 (13–35)
Acetylsalicylic acid	B01AC06	11 (4.0–48)	54.5 (7.0–79)	75 (2.0–78)	51 (26–103)
Diuretics	C03	51 (7.0–78)	63 (13–86)	28 (13–76)	54 (19–90)
ACE inhibitors, plain	C09A	9 (5.0–15)	25 (12–148)	91 (54–99)	39 (27–89)
Statins	C10AA	12 (6.0–28)	46 (9.0–55)	86 (15–100)	57 (6.0–64)
Systemic glucocorticoids	H02AB	54 (9.0–61)	30 (5.0–123)	48 (15–76)	72 (14–92)
Nonsteroidal anti-inflammatory drugs	M01A	43 (0.0–93)	9 (5.0–26)	7.5 (0.0–19)	7.5 (0.0–26)
Bisphosphonates	M05BA	26 (13–55)	50 (50–60)	53 (28–68)	50 (40–58)
Adrenergics, inhalants	R03A	23 (6.0–55)	16 (8.0–34)	24 (18–35)	28 (9.0–45)
Overall	All above	21 (7.5–62)	28 (8.0–71)	26 (9.0–68)	36 (15–72)

Notes: ^aThe index date is a randomly selected calendar date (August 20, 2008) on which the general practitioners searched their electronic records for patients treated with the listed agents. ^bAnatomical Therapeutic Chemical (ATC) classification code

Abbreviations: ACE, angiotensin converting enzyme.

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