

# Use of biotin targeted methotrexate–human serum albumin conjugated nanoparticles to enhance methotrexate antitumor efficacy

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**Abstract:** Biotin molecules could be used as suitable targeting moieties in targeted drug delivery systems against tumors. To develop a biotin targeted drug delivery system, we employed human serum albumin (HSA) as a carrier. Methotrexate (MTX) molecules were conjugated to HSA. MTX-HSA nanoparticles (MTX-HSA NPs) were prepared from these conjugates by cross-linking the HSA molecules. Biotin molecules were then conjugated on the surface of MTX-HSA NPs. The anticancer efficacy of biotin targeted MTX-HSA NPs was evaluated in mice bearing 4T1 breast carcinoma. A single dose of biotin targeted MTX-HSA NPs showed stronger in vivo antitumor activity than non-targeted MTX-HSA NPs and free MTX. By 7 days after treatment, average tumor volume in the biotin targeted MTX-HSA NPs-treated group decreased to 17.6% of the initial tumor volume when the number of attached biotin molecules on MTX-HSA-NPs was the highest. Average tumor volume in non-targeted MTX-HSA NPs-treated mice grew rapidly and reached 250.7% of the initial tumor volume. Biotin targeted MTX-HSA NPs increased the survival of tumor-bearing mice to  $47.5 \pm 0.71$  days and increased their life span up to 216.7%. Mice treated with biotin targeted MTX-HSA NPs showed slight body weight loss (8%) 21 days after treatment, whereas non-targeted MTX-HSA NPs treatment at the same dose caused a body weight loss of  $27.05\% \pm 3.1\%$ .

**Keywords:** biotin, targeted drug delivery, in vivo anticancer delivery, human serum albumin, methotrexate, conjugates

## Introduction

The side effects of anticancer drugs could limit the efficacy of cancer chemotherapy.<sup>1–2</sup> Targeted drug delivery systems could diminish the adverse cytotoxic effects of anticancer drugs on normal tissues.<sup>3</sup> Specific drug delivery to cancers could be achieved by adding a suitable targeting moiety on drug delivery systems.<sup>4</sup> These targeting moieties could bind to certain types of receptors on the tumor cells and deliver cytotoxic drug to these cells specifically. Several targeting agents such as antibodies,<sup>5,6</sup> peptides,<sup>7,8</sup> vitamins,<sup>9</sup> folic acid,<sup>10–14</sup> and integrin<sup>15</sup> could be used as suitable targeting moieties in targeted drug delivery systems. Among vitamins, biotin (vitamin H) has been used as a suitable targeting agent in several studies.<sup>16–18</sup> Biotin receptors overexpressed on the surface of different cancer cells could internalize sufficiently the biotin targeted drug delivery system into these cells.<sup>18</sup>

In this study biotin was used as a targeting moiety to design a tumor targeted drug delivery system based on a human serum albumin (HSA) conjugation strategy. The biotin targeted drug delivery system consisted of (i) HSA as carrier; (ii) methotrexate (MTX) as anticancer drug; and (iii) biotin as a targeting moiety. MTX was conjugated

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to HSA and then MTX-HSA nanoparticles (MTX-HSA NPs) were prepared by cross-linking the HSA molecules using EDC cross-linker. The surface of MTX-HSA NPs was then functionalized by biotin molecules using a carbodiimide reaction. The targeting effect of biotin targeted MTX-HSA NPs to tumor cells were confirmed successfully *in vitro*.<sup>19</sup>

4T1 breast carcinoma derived from the Balb/c mammary carcinoma is a transplantable tumor cell line that is a highly malignant and invasive tumor model and can metastasize from the primary tumor in the mammary gland to other sites including lymph nodes, blood, liver, lung, brain, and bone.<sup>20</sup> The 4T1 tumor resembles advanced breast cancer in humans and can be used as a suitable experimental model for human mammary cancer.<sup>21</sup> The 4T1 model can be used for determination of the effects of anticancer drugs such as MTX on breast tumor growth and metastasis efficiently. Moreover the 4T1 model can be used as a model for evaluation of biotin targeted drug delivery systems because of the overexpression of biotin receptors on the surface of these tumor cells.<sup>22</sup> The aim of this study was to evaluate the antitumor effect of biotin targeted MTX-HSA NPs compared with non-targeted MTX-HSA NPs on mice bearing 4T1 tumor *in vivo*. The effects of biotin targeted MTX-HSA NPs on the survival and body weight loss of 4T1 tumor-bearing mice were also evaluated.

## Materials and methods

### Materials

Methotrexate USP was kindly donated by Cipla Pharmaceutical Co, India. Biotin was obtained from Sigma-Aldrich (St Louis, MO). 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide HCl (EDC), N-hydroxysuccinimide (NHS) and human serum albumin, HABA/Avidin and fluorescein isothiocyanate (FITC) were purchased from Sigma-Aldrich (Steinheim, Germany). RPMI-1640 modified medium and penicillin–streptomycin solution were obtained from Gibco Invitrogen (Calsbad, CA). Deionized water was used throughout the experiment. All other chemicals used were of reagent grade.

### Preparation of biotin functionalized MTX-HSA NPs

MTX was conjugated to HSA by a carbodiimide reaction using EDC and NHS.<sup>23</sup> Then MTX-HSA conjugates were cross-linked using EDC to form MTX-HSA NPs. For determination of MTX/HSA molar ratio in MTX-HSA NPs, free MTX was dissolved in 0.1 N NaOH. The absorbance of MTX solution was determined using UV spectrophotometry in 372 nm. The calibration plot of MTX solution was linear in the range of 0.005–0.2 mg/mL. It could be assumed that the

molar absorptivity of MTX was not changed by conjugation to HSA.<sup>24</sup> Thus, 12.5 mg of MTX-HSA NPs was accurately weighed and redispersed in 4 mL of 0.1 N NaOH. MTX content was determined using UV absorbance of the MTX-HSA NPs solution at 372 nm. Moreover, HSA absorbance was negligible at this wavelength. HSA content of NPs was determined using a Total Protein Kit, Micro Lowry, Peterson's Modification (Sigma-Aldrich). In this study, we used MTX-HSA NPs with an MTX/HSA molarity ratio of  $8 \pm 0.18$ . For conjugation of biotin on the surface of MTX-HSA NPs, 50 mg of biotin, 25 mg of NHS, and 40 mg of EDC were dissolved in dimethyl sulfoxide (DMSO) (5 mL). The DMSO solution was placed at room temperature for 1 hour. Thirty milligrams of MTX-HSA NPs (MTX/HSA molar ratio = 8) were resuspended in 1 mL sodium bicarbonate solution (0.1 M). The MTX-HSA NPs solution was divided into three equal parts. Different amounts of the DMSO solution (600, 1000, and 1500  $\mu$ L) were added to MTX-HSA NPs solutions. The obtained mixtures of MTX-HSA NPs and DMSO solution were stirred constantly at room temperature for 16 hours. After an appropriate time the mixture was dialyzed against phosphate-buffered saline (PBS) (pH 7.2) using cellulose membrane (cutoff 12 kDa; Merck, Germany) overnight for removing unreacted biotin, N-hydroxysuccinimide, EDC, and DMSO. The biotin functionalized MTX-HSA NPs were lyophilized at  $-40^{\circ}\text{C}$  for 48 hours using a Lyotrap Plus lyophilizer (LTE, Scientific Ltd, Oldham, UK). The amount of biotin attached on the surface of MTX-HSA NPs was determined using HABA/Avidin complex. Biotin functionalized MTX-HSA NPs (1 mg) were resuspended in 1 mL of deionized water. HABA/Avidin solution (900  $\mu$ L, 20 mg in 1 mL deionized water) was added to 100  $\mu$ L of the solution containing biotin functionalized MTX-HSA NPs. Biotin content of the NPs was determined using UV spectrophotometry at 500 nm wavelength.<sup>25</sup> The amount of biotin molecules was determined using the following formula:

$$\Delta A_{500} = 0.9 \times (\text{HABA/Avidin absorbance}) - (\text{HABA/Avidin and biotin functionalized MTX-HSA NPs absorbance})$$

$$\text{Biotin concentration } (\mu\text{M}) = (\Delta A_{500}/34) \times 10$$

Three types of biotin functionalized MTX-HSA NPs with  $3.66 \pm 0.22$ ,  $7.01 \pm 0.14$  and  $9.41 \pm 0.34$  biotin/HSA molar ratios were prepared. Biotin functionalized MTX-HSA NPs with  $3.66 \pm 0.22$ ,  $7.01 \pm 0.14$  and  $9.41 \pm 0.34$  biotin/HSA molar ratios were named biotin 3.66-MTX-HSA NPs, biotin 7.01-MTX-HSA NPs and biotin 9.41-MTX-HSA NPs, respectively.

## Particle size and zeta potential measurement of biotin functionalized MTX-HSA NPs

One milligram of the lyophilized biotin functionalized MTX-HSA NPs was resuspended in 1 mL deionized water. Particle sizes, polydispersity, and zeta potential of the biotin functionalized MTX-HSA NPs were determined using Zetasizer ZS (Malvern Instruments, Malvern, UK).

Further characterization of NPs (eg, transmission electron microscopy images, fluorescence microscopy images of cellular uptake of NPs) and their in vitro drug release profile are given as supplementary data.

## Cell line

Breast tumor 4T1 cell line was purchased from the American Type Culture Collection (Manassas, VA) and cultured in RPMI-1640 supplemented with 10% fetal bovine serum and 1% penicillin–streptomycin.

## Animal tumor model

The ability of biotin-functionalized NPs to target MTX to tumors was evaluated in the 4T1 tumor model. The effect of single-dose biotin targeted MTX-HSA NPs, non-targeted MTX-HSA NPs, and free MTX treatment on tumor growth was investigated in mice bearing 4T1 tumor, which are known to overexpress biotin receptors.<sup>22</sup> All in vivo experiments were conducted according to the guidelines of ethical committee of the Pharmaceutical Research Centre, Faculty of Pharmacy, Tehran University of Medical Sciences, Iran. The female Balb/c mice of body weight 17–20 g were purchased from the Pasteur Institute (Tehran, Iran). 4T1 breast tumor cells ( $10^6$ – $10^7$ ) were inoculated subcutaneously into the breast region of each female Balb/c mouse (6–8 weeks old) in a volume of 0.2 mL. Animals had free access to food and water. When the tumor sizes of 95% of tumor-bearing mice were  $> 200 \pm 105 \text{ mm}^3$ , the mice were divided into 11 groups. There were 22 mice in the group treated with normal saline and seven mice in each of the other groups; five to six mice that had approximately the same tumor size were placed in one group. Two different doses of biotin targeted MTX-HSA NPs, non-targeted MTX-HSA NPs, and free MTX were injected to mice intravenously via the tail vein. The doses were equivalent to 6.25 and 12.5 mg/kg of free MTX. Normal saline was injected in to all animals of the control group. On day 0 before treatment, the mean tumor volumes of animals in groups treated with normal saline, free MTX (6.25 mg/kg), free MTX

(12.5 mg/kg), MTX-HSA NPs (equivalent MTX 6.25 mg/kg), MTX-HSA NPs (equivalent MTX 12.5 mg/kg), biotin 3.66-MTX-HSA NPs (equivalent MTX 6.25 mg/kg), biotin 3.66-MTX-HSA NPs (equivalent MTX 12.5 mg/kg), biotin 7.01-MTX-HSA NPs (equivalent MTX 6.25 mg/kg), biotin 7.01-MTX-HSA NPs (equivalent MTX 12.5 mg/kg), biotin 9.41-MTX-HSA NPs (equivalent MTX 6.25 mg/kg), and biotin 9.41-MTX-HSA NPs (equivalent MTX 12.5 mg/kg) were  $242.91 \pm 181.17$ ,  $281.22 \pm 158.34$ ,  $318.52 \pm 141.44$ ,  $202.37 \pm 376$ ,  $237.23 \pm 111.71$ ,  $262.02 \pm 146.70$ ,  $304.04 \pm 101.34$ ,  $348.01 \pm 98.56$ ,  $255.67 \pm 88.45$ ,  $313.29 \pm 111.23$ ,  $258.78 \pm 67.45$ , respectively. The size of tumors at day 0 was taken as 100%. Tumor sizes of each group were determined until 3 weeks after treatment with free MTX, biotin targeted MTX-HSA NPs, and non-targeted MTX-HSA NPs. The volume of tumors was measured using digital caliber and calculated using the following formula:

$$0.4 (L \cdot W^2)$$

L was the length and W was the width of the tumors.<sup>26</sup>

## Determination of median survival time and percentage increase in life span

Animal survival time was monitored by recording the median survival time (MST) in days and percentage increase in life span (ILS%) of mice treated with biotin targeted MTX-HSA NPs, non-targeted MTX-HSA NPs, and free MTX. Median survival time and percentage increase in lifespan (ILS%) was calculated using the following formula:<sup>27</sup>

$$\text{Median survival time (MST)} = (\text{day of 1st death} + \text{day of last death})/2$$

$$\text{Percentage increase in life span} = [(MST \text{ of treated group} / MST \text{ of control group}) - 1] \times 100$$

## Evaluation of body weight loss

The antitumor efficacy of biotin targeted MTX-HSA NPs could be evaluated by inhibitory effects of these NPs on the weight loss of tumor-bearing mice.<sup>28</sup> Consequently the body weight of 4T1 tumor-bearing mice treated with free MTX, non-targeted and biotin targeted MTX-HSA NPs was also recorded every 3 days during the study. The doses were equivalent to 6.25 mg/kg of free MTX.

## Data analysis

Data were analyzed by one-way analysis of variance (ANOVA).  $P < 0.05$  was considered statistically significant.

## Results

### Characterization of biotin functionalized MTX-HSA NPs

The conjugation of biotin on the surface of MTX-HSA NPs (MTX/HSA molar ratio: 8) increased the size of these NPs from  $111.7 \pm 4.6$  to  $125\text{--}145$  nm according to the amount of attached biotin molecules. The biotin functionalization of MTX-HSA NPs increased the negative surface charge of these NPs from  $-12.1 \pm 0.5$  mV to  $-20.45 \pm 0.2$  mV. Particle size, zeta potential, and biotin content for biotin functionalized and non-functionalized MTX-HSA NPs are summarized in Table 1. Further information regarding preparation and characterization of fractionalized MTX-HSA NPs are reported as supplements.

### In vivo anticancer efficacy of biotin targeted NPs

As can be seen in Figure 1 tumor volumes in saline-treated mice increased rapidly (Figure 1). At the doses used (equivalent to 6.25 and 12.5 mg/kg free MTX), free MTX did not have a significant inhibitory effect on tumor growth compared with the control group (saline group). The inhibitory tumor growth effect of non-targeted MTX-HSA NPs was only 1.54- to 1.98-fold more than free MTX at similar concentration. Conjugation of biotin molecules on the surface of MTX-HSA NPs significantly enhanced inhibitory tumor growth effects of MTX-HSA NPs on the 4T1 tumor model. Biotin 7.01-MTX-HSA NPs at doses of 6.25 and 12.5 mg/kg of equivalent free MTX significantly ( $P < 0.05$ ) reduced tumor volume in a dose-dependent manner compared with non-targeted NPs. A significant antitumor effect in mice treated with biotin targeted NPs was observed after 4 days and up to 21 days ( $P < 0.05$ ) of treatment. At the end of the study of antitumor effect (day 21), mean tumor volume in the groups treated with biotin 9.41-MTX-HSA NPs, biotin 7.02-MTX-HSA NPs, and biotin 3.66-MTX-HSA NPs was  $8.46 \pm 2.3$ -,  $4.88 \pm 1.23$ -, and  $3.74 \pm 1.05$ -fold lower than that in the

group treated with non-targeted MTX-HSA NPs (at doses equivalent to 12.5 mg/kg of free MTX) (Figure 2). By 7 days after injection, average tumor volume in groups treated with biotin 9.41-MTX-HSA NPs, biotin 7.02-MTX-HSA NPs, and biotin 3.66-MTX-HSA NPs (12.5 mg/kg of equivalent free MTX) was only  $17.67\% \pm 7.78\%$ ,  $28.56\% \pm 8.46\%$ , and  $34.44\% \pm 8.22\%$  of the initial tumor volume, whereas the average tumor volume in mice treated with non-targeted MTX-HSA NPs (equivalent to 12.5 mg/kg free MTX) grew rapidly and reached  $250.78\% \pm 29.01\%$  of the initial tumor volume. Increasing the amount of attached biotin molecules on the surface of MTX-HSA NPs increased the antitumor effect of biotin targeted NPs (Figure 2).

### Biotin targeted NPs prolonged survival of tumor-bearing mice

The effect of biotin targeted NPs on the survival of 4T1 tumor-bearing mice is shown in Figure 3 and Table 2. Biotin targeting increased the median survival time of 4T1 tumor-bearing mice significantly compared with non-targeted MTX-HSA NPs. MST of the control group that received only saline was  $15.01 \pm 0.79$  days, whereas it was  $17.51 \pm 0.60$ ,  $22.52 \pm 0.5$ ,  $32.5 \pm 0.41$ ,  $37.5 \pm 0.67$ , and  $47.5 \pm 0.71$  days for groups treated with free MTX, non-targeted MTX-HSA NPs, biotin 3.66-MTX-HSA NPs, biotin 7.02-MTX-HSA NPs, and biotin 9.41-MTX-HSA NPs, respectively (equivalent to 6.25 mg/kg free MTX). The increase in the life span of 4T1 tumor-bearing mice treated with free MTX and non-targeted MTX-HSA NPs was 16.66% and 50.10%, respectively. The increase in the life span of mice treated with biotin 3.66-MTX-HSA NPs, biotin 7.02-MTX-HSA NPs, and biotin 9.41-MTX-HSA NPs was 116.66%, 150.1%, and 216.66%, respectively.

### Evaluation of body weight loss

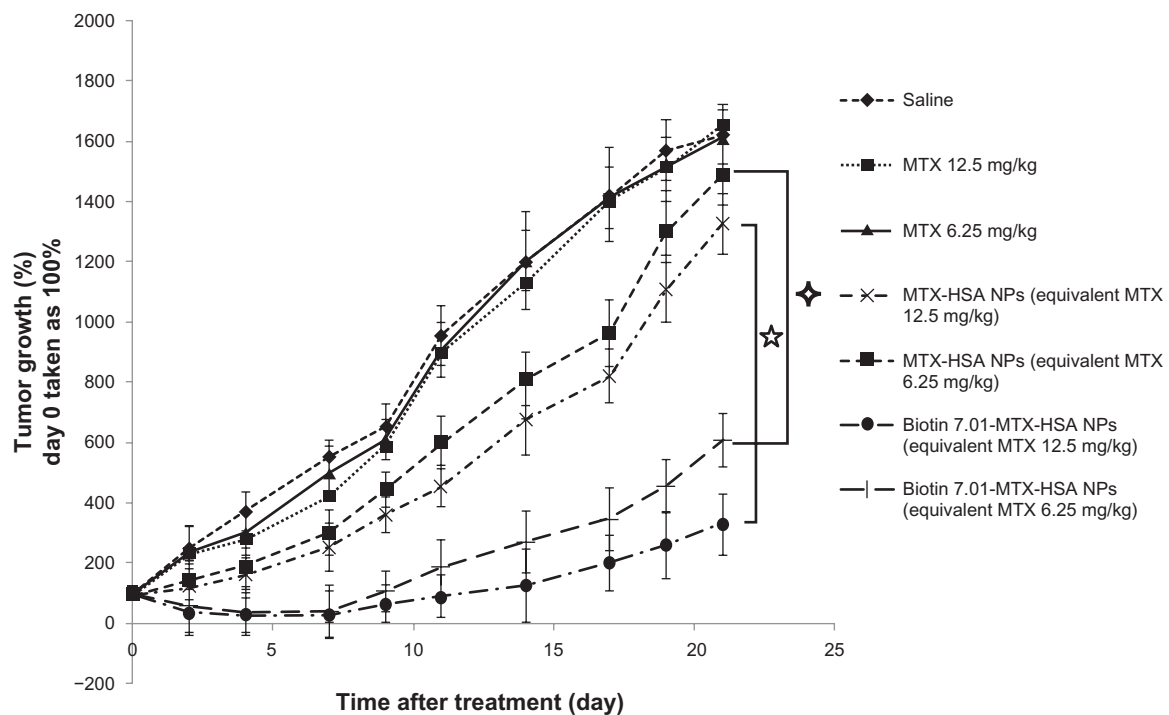
There were no significant differences in weight change among the groups treated with biotin 3.66-MTX-HSA NPs,

**Table 1** Physico-chemical characteristics of MTX-HSA NPs (MTX/HSA molar ratio = 8) and biotin functionalized MTX-HSA NPs (mean  $\pm$  standard deviation; n = 3)

Biotin/HSA molar ratio	MTX-HSA NPs	Biotin 3.66-MTX-HSA NPs	Biotin 7.01-MTX-HSA NPs	Biotin 9.41-MTX-HSA NPs
	0	3.66 $\pm$ 0.22	7.01 $\pm$ 0.14	9.41 $\pm$ 0.34
Particle size (nm)	111.70 $\pm$ 4.60	125.10 $\pm$ 3.40	132.40 $\pm$ 2.14	144.36 $\pm$ 3.80
Poly dispersity index	0.10 $\pm$ 0.01	0.21 $\pm$ 0.07	0.19 $\pm$ 0.04	0.24 $\pm$ 0.05
Zeta potential (mV)	-12.10 $\pm$ 0.5	-20.23 $\pm$ 1.11	-19.56 $\pm$ 2.01	-21.54 $\pm$ 1.25

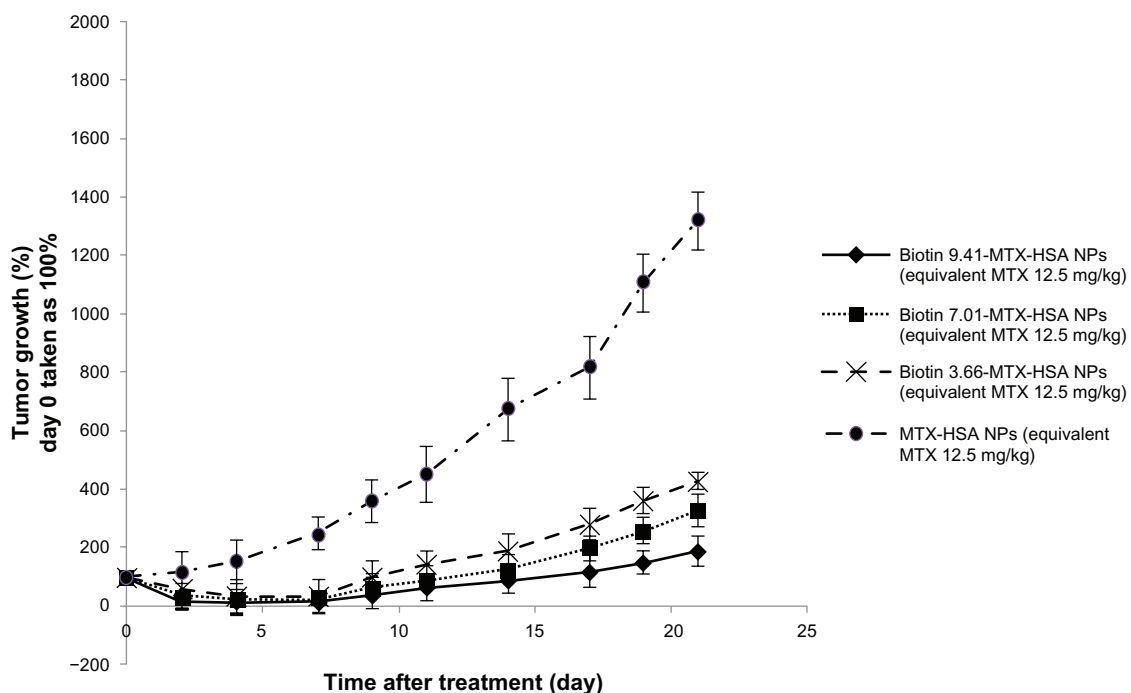
**Abbreviations:** MTX-HSA NPs, methotrexate-human serum albumin conjugated nanoparticles; biotin 3.66-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles: 3.66  $\pm$  0.22 biotin/human serum albumin molar ratio; biotin 7.01-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles: 7.01  $\pm$  0.14 biotin/human serum albumin molar ratio; biotin 9.41-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles: 9.41  $\pm$  0.34 biotin/human serum albumin molar ratio.





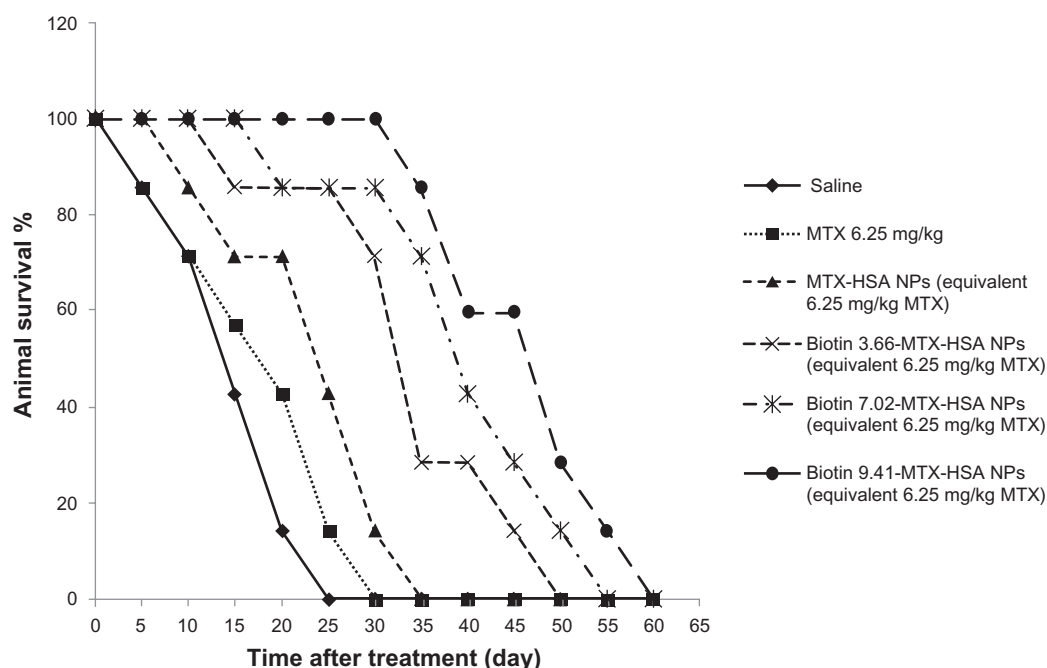
**Figure 1** Antitumor effect of free MTX, MTX-HSA NPs, and biotin 7.01-MTX-HSA NPs on 4T1 tumor-bearing mice. 4T1 tumor cells were implanted subcutaneously in Balb/c mice. The drugs were injected intravenously in a single dose (day 0). The doses were equivalent to 6.25 and 12.5 mg/kg of free MTX. Data are presented as mean  $\pm$  standard deviation of relative tumor volumes (day 0 taken as 100%).

**Abbreviations:** MTX, methotrexate; MTX-HSA NP, methotrexate-human serum albumin conjugated nanoparticle; biotin 7.01-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles: 7.01  $\pm$  0.14 biotin/human serum albumin molar ratio.



**Figure 2** Antitumor effect of MTX-HSA NPs, biotin 3.66-MTX-HSA NPs, biotin 7.01-MTX-HSA NPs, and biotin 9.41-MTX-HSA NPs on 4T1 tumor-bearing mice. 4T1 tumor cells were implanted subcutaneously in Balb/c mice. The drugs were injected intravenously in a single dose (day 0). The doses were equivalent to 12.5 mg/kg of free MTX. Data are presented as mean  $\pm$  standard deviation of relative tumor volumes (day 0 taken as 100%).

**Abbreviations:** MTX, methotrexate; MTX-HSA NP, methotrexate-human serum albumin conjugated nanoparticle; biotin 3.66-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles: 3.66  $\pm$  0.22 biotin/human serum albumin molar ratio; biotin 7.01-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles: 7.01  $\pm$  0.14 biotin/human serum albumin molar ratio; biotin 9.41-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles: 9.41  $\pm$  0.34 biotin/human serum albumin molar ratio.



**Figure 3** Animal survival study. The 4T1 tumor-bearing mice were treated with free MTX, MTX-HSA NPs, biotin 3.66-MTX-HSA NPs, biotin 7.02-MTX-HSA NPs, and biotin 9.41-MTX-HSA NPs. The drugs were injected intravenously in a single dose (day 0). The doses were equivalent to 12.5 mg/kg of free MTX. The curve shows the number of 4T1 tumor-bearing mice still alive on different days.

**Abbreviations:** MTX, methotrexate; MTX-HSA NP, methotrexate-human serum albumin conjugated nanoparticle; biotin 3.66-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles:  $3.66 \pm 0.22$  biotin/human serum albumin molar ratio; biotin 7.02-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles:  $7.01 \pm 0.14$  biotin/human serum albumin molar ratios; biotin 9.41-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles:  $9.41 \pm 0.34$  biotin/human serum albumin molar ratio.

biotin 7.02-MTX-HSA NPs, and biotin 9.41-MTX-HSA NPs (Figure 4), nor were there significant differences between groups treated with free MTX and non-targeted MTX-HSA NPs and the group that received only saline. But the weight change of the groups treated with biotin targeted MTX-HSA NPs differed significantly from that of the group treated with non-targeted MTX-HSA NPs, especially between days 9 and 21. A body weight loss of  $<8\%$  of initial body weight would be almost tolerable.<sup>28</sup> The body weight loss of tumor-

bearing mice treated with biotin targeted MTX-HSA NPs was  $<8\%$  of initial body weight, but mice treated with free MTX and non-targeted MTX-HSA NPs lost  $21.9\% \pm 5.1\%$  and  $18.7\% \pm 6.4\%$  of their body weight, respectively, after 12 days.

## Discussion

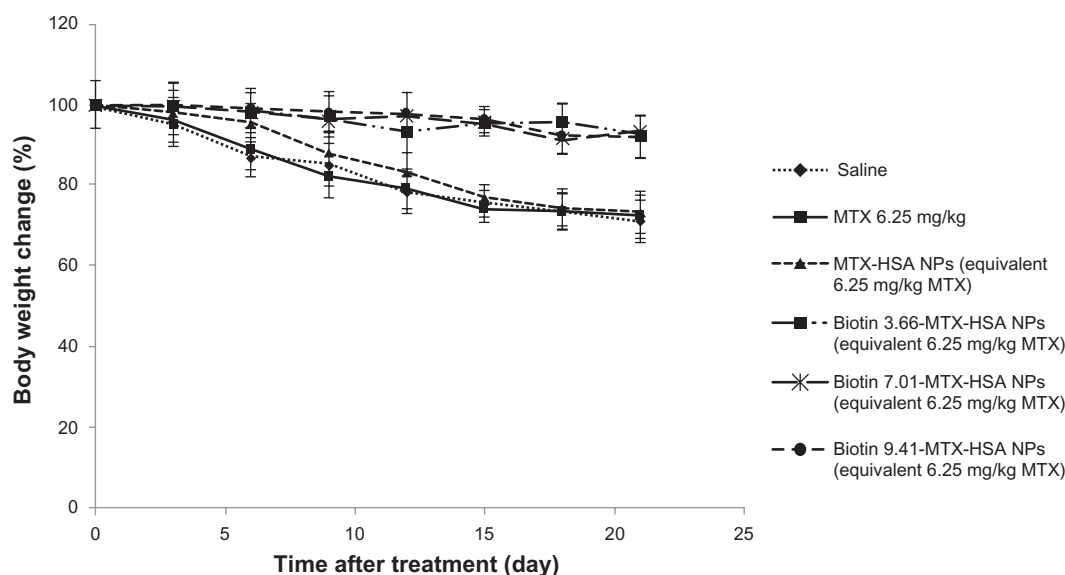
The use of HSA NPs in targeted drug delivery systems has been well reported.<sup>29,30</sup> HSA represents a biodegradable drug carrier system with the capacity to deliver a large payload of cytotoxic drug to the tumor site.<sup>31,32</sup> The free amino and carboxylic acid groups of HSA could be used for covalent coupling of cytotoxic drugs and targeting moieties.<sup>31,33–35</sup> Therefore HSA NPs have been proposed as a suitable drug carrier system for targeted drug delivery to specific tumor sites.<sup>36</sup> Conjugation of cytotoxic drugs to HSA could improve their antitumor efficacy and decrease their toxic side effects.<sup>32</sup> Because of the overexpression of biotin receptors on the surface of many tumor cells, biotin molecules could be used as a suitable targeting moiety in targeted drug delivery systems. Exploring this approach, Patil et al<sup>17</sup> recently have reported the specific targeting of MCF-7 and 4T1 tumor cells with biotin molecules coupled on the PEG-PLA NPs containing paclitaxel and tariquidar (a P-gp modulator). They showed

**Table 2** Effect of biotin targeting on the survival of 4T1 tumor-bearing mice

Group	Median survival time (day)	Life span increase (%)
Saline	$15.01 \pm 0.79$	–
MTX	$17.51 \pm 0.60$	16.66
MTX-HSA NPs	$22.52 \pm 0.50$	50.10
Biotin 3.66-MTX-HSA NPs	$32.5 \pm 0.41$	116.66
Biotin 7.01-MTX-HSA NPs	$37.5 \pm 0.67$	150.10
Biotin 9.41-MTX-HSA NPs	$47.5 \pm 0.71$	216.66

**Note:** \*The dose was equivalent to 6.25 mg/kg of free MTX.

**Abbreviations:** MTX, methotrexate; MTX-HSA NPs, methotrexate-human serum albumin conjugated nanoparticles; biotin 3.66-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles:  $3.66 \pm 0.22$  biotin/human serum albumin molar ratios; biotin 7.02-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles:  $7.01 \pm 0.14$  biotin/human serum albumin molar ratio; biotin 9.41-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles:  $9.41 \pm 0.34$  biotin/human serum albumin molar ratio.



**Figure 4** Change in body weight of 4T1 tumor-bearing mice treated with free MTX, MTX-HSA NPs, biotin 3.66-MTX-HSA NPs, biotin 7.01-MTX-HSA NPs, and biotin 9.41-MTX-HSA NPs. The drugs were injected intravenously in a single dose (day 0). The doses were equivalent to 6.25 mg/kg of free MTX.

**Abbreviations:** MTX, methotrexate; MTX-HSA NPs, methotrexate-human serum albumin conjugated nanoparticles; biotin 3.66-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles:  $3.66 \pm 0.22$  biotin/human serum albumin molar ratio; biotin 7.01-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles:  $7.01 \pm 0.14$  biotin/human serum albumin molar ratios; biotin 9.41-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles:  $9.41 \pm 0.34$  biotin/human serum albumin molar ratios.

that the uptake of biotin functionalized PEG-PLA NPs by tumor cells in vitro was specific. Moreover, biotin targeted paclitaxel loaded NPs had much higher antitumor effects than non-targeted NPs in vivo.

In our previous study, we first developed MTX-HSA conjugates, and then MTX-HSA conjugated NPs by cross-linking of HSA molecules using EDC cross-linker.<sup>23</sup> MTX-HSA NPs showed suitable cytotoxic effects in vitro but their delivery to the tumor site is through passive targeting. Active targeting, mediated by specific receptors on the surface of tumor cells, could increase the uptake of targeted NPs by tumor cells. To increase the antitumor effect of MTX-HSA NPs, we functionalized these NPs by biotin molecules.<sup>19</sup> Three types of biotin functionalized MTX-HSA NPs with biotin/HSA molar ratios of 3.66, 7.01, and 9.41 were prepared. After biotin conjugation, the size of MTX-HSA NPs was increased slightly in proportion to the amount of attached biotin molecules. The zeta potential of these NPs was decreased to  $-20$  mV when functionalized with biotin molecules. The decrease in zeta potential may be attributed to the decrease of the free amino groups on the MTX-HSA NPs after conjugation of the biotin molecules to these groups. The results of a previous study showed that the cytotoxic effects of biotin targeted MTX-HSA NPs on T47D and HeLa tumor cells increased significantly compared with non-targeted MTX-HSA NPs and free MTX in vitro.<sup>19</sup> Moreover, decreasing the cellular uptake of biotin targeted MTX-HSA NPs in the presence of

free biotin molecules confirmed the specific biotin receptor-mediated endocytosis of biotin targeted NPs. Fluorescence microscopy images also confirmed the much higher uptake of biotin targeted MTX-HSA NPs in T47D and HeLa tumor cells compared with non-targeted MTX-HSA NPs.<sup>19</sup> In the present study, the antitumor efficacy of biotin targeted MTX-HSA NPs on 4T1 tumor-bearing mice was investigated, and the results reinforced the results of in vitro studies. The results of in vivo study showed that free MTX alone could not inhibit tumor growth sufficiently and there were no significant differences between the tumor size of the group treated with free MTX and the control group. The inhibitory effect of non-targeted MTX-HSA NPs on tumor growth was slightly better than that of free MTX in 4T1 tumor-bearing mice. But tumor growth in groups treated with biotin targeted MTX-HSA NPs was significantly slower than in those treated with non-targeted MTX-HSA NPs. Tumor volume 21 days after treatment in mice treated with biotin 9.41-MTX-HSA NPs, biotin 7.02-MTX-HSA NPs, and biotin 3.66-MTX-HSA NPs (equivalent to 12.5 mg/kg free MTX) was, respectively,  $1134.11\% \pm 89\%$ ,  $994.10\% \pm 34\%$ , and  $899.02\% \pm 48\%$  less than that of those treated with non-targeted MTX-HSA NPs. Similar to in vitro results, biotin targeted MTX-HSA NPs with more attached biotin molecules on their surfaces had more in vivo antitumor effects compared to NPs with less biotin molecules. Moreover, biotin targeted MTX-HSA NPs prolonged survival time of 4T1 tumor-bearing mice compared

with non-targeted MTX-HSA NPs. Prolonged survival time of groups treated with biotin targeted MTX-HSA NPs could be related to potent inhibitory effects of tumor growth of these NPs, as evidenced by antitumor efficacy results. Lower body weight loss in groups treated with biotin targeted MTX-HSA NPs might be related to the better antitumor effects or lower toxicity (side effects) of biotin targeted NPs compared with non-targeted MTX-HSA NPs and free MTX. MTX has various side effects such as weakness, tiredness, and body weight loss. MTX may also disturb food uptake and consequently cause body weight loss.<sup>37</sup> It is possible that biotin targeting decreased the uptake of MTX-HSA NPs in normal organs and decreased the side effects of MTX in these organs. Consequently, biotin targeting could transport MTX to the tumor site with great efficiency and increase its antitumor effect sufficiently in tumor-bearing mice.

## Conclusion

Biotin targeted human serum albumin-anticancer drug conjugated NPs were developed as a suitable targeted drug delivery system to enhance therapeutic effects of MTX and reduce its side effects. Biotin targeted MTX-HSA NPs could accumulate in cells with overexpression of biotin receptors. The in vivo anticancer experiment showed that biotin targeted MTX-HSA NPs had stronger antitumor activity and lower toxic effect than non-targeted MTX-HSA NPs and free MTX in a mouse breast tumor model. Therefore, biotin targeted MTX-HSA NPs could be used as a potent anticancer drug for treatment of tumors.

## Disclosure

The authors declare no conflicts of interest in relation to this paper.

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## Supplementary data

The biotin targeted MTX-HSA NPs were characterized in vitro as below:

### Methods

#### Transmission electron microscopy

The morphology of the biotin functionalized MTX-HSA NPs was studied by transmission electron microscopy (TEM). A drop of the biotin functionalized MTX-HSA NPs in water was placed on a graphite surface and was analyzed by TEM (Zeiss EM 900, Jena, Germany) at a voltage of 8 kV.

#### In vitro release of MTX from biotin functionalized NPs

The release of free MTX from biotin functionalized MTX-HSA NPs was evaluated in PBS pH 7.4 and serum. Twenty milligrams of biotin 3.6-MTX-HSA NPs, biotin 7.0-MTX-HSA NPs and biotin 9.4-MTX-HSA NPs were redispersed separately in 2 mL of PBS pH 7.4. The solutions were introduced in to a dialysis tube (cellulose membrane, cutoff 12,000 Da, Merck, Germany). The tubes were placed into capped, wide-mouth jars containing 10 mL of PBS pH 7.4 as release medium. These jars were placed in a shaker water bath (37°C) for 72 hours. The amount of free MTX was determined in 0.1 mL of release medium every 24 hours using high-performance liquid chromatography (HPLC) on a Teknokroma C18, 4.6 × 250 mm column using a mobile phase consisting of phosphate buffer pH 7.2:acetonitrile in the volume ratio of 88:12 (flow rate of 1.20 mL/min) at 305 nm (UV detector, WellChrom, K-2600, Knauer, Germany).

#### Stability of biotin functionalized MTX-HSA NPs

To determine the stability of biotin functionalized MTX-HSA NPs, these NPs were resuspended in PBS pH 7.4 (25 mg in 4 mL) and incubated at 4°C for 6 weeks. The size and zeta potential of NPs were measured every week. Every week 100 µL of nanoparticle suspension was removed and diluted by deionized water to 1 mL. The diluted suspension of NPs were centrifuged using Amicon® Ultra-4 Centrifugal Filter Devices (cutoff: 30 kDa) (Millipore, USA). The filtrate was evaluated for the amount of free MTX by HPLC on a Teknokroma C18, 4.6 × 250 mm column using a mobile phase consisting of phosphate buffer pH 7.2:acetonitrile in the volume ratio of 88:12 (flow rate of 1.20 mL/min) at 305 nm (UV detector, WellChrom, K-2600, Knauer, Germany). Moreover the amount of free biotin in filtrate was analyzed using HABA/Avidin.

### Fluorescence microscopy

To obtain direct evidence of the internalization of biotin functionalized MTX-HSA NPs compared with non-functionalized MTX-HSA NPs, biotin functionalized MTX-HSA NPs and non-functionalized MTX-HSA NPs were labeled by FITC. T47D and HeLa cells were seeded in 6-well plates (Costar, IL at a density of 300,000 cells per well for 24 hours. After 24 hours, T47D and HeLa cells were incubated with fresh culture medium containing FITC-labeled biotin functionalized MTX-HSA NPs and FITC-labeled non-functionalized MTX-HSA NPs at a concentration of 1 mg/mL for 4 hours at 37°C. After 4 hours, cells were washed 3 times with PBS and the internalization of NPs to cells was visualized using fluorescence microscopy (Olympus IX 71, Japan).

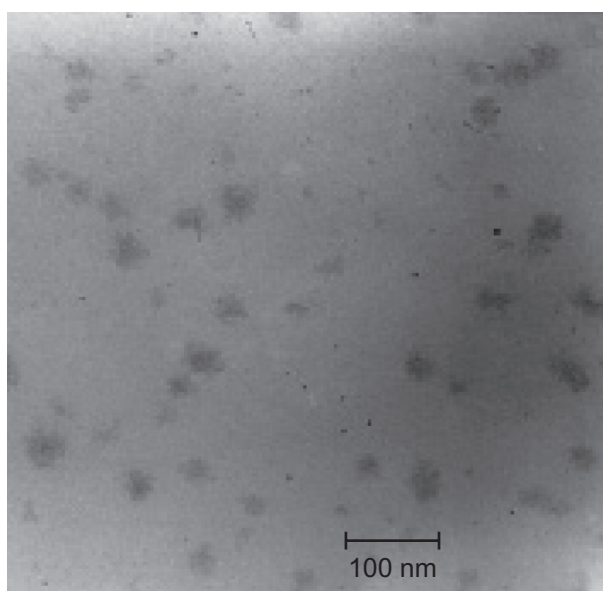
## Results

### TEM image

TEM image of biotin functionalized MTX-HSA NPs (Figure S1) reveals their homogeneous size distribution.

#### In vitro release of MTX from biotin functionalized NPs

After 72 hours incubation of biotin functionalized MTX-HSA NPs in PBS pH 7.4 only 4.22% ± 0.21%, 5.10% ± 0.34%, and 4.56% ± 0.55% of MTX were released from biotin 3.6-MTX-HSA NPs, biotin 7.0-MTX-HSA NPs, and biotin



**Figure S1** Transmission electron microscopy image of biotin 7.01-MTX-HSA NPs. **Abbreviations:** MTX-HSA NP, methotrexate-human serum albumin conjugated nanoparticle; biotin 7.01-MTX-HSA NPs, biotin targeted methotrexate-human serum albumin nanoparticles: 7.01 ± 0.14 biotin/human serum albumin molar ratio.

9.4-MTX-HSA NPs, respectively. After incubation of biotin targeted MTX-HSA NPs in serum,  $9.35\% \pm 0.45\%$ ,  $10.46\% \pm 0.12\%$  and  $10.11\% \pm 0.33\%$  of MTX were released.

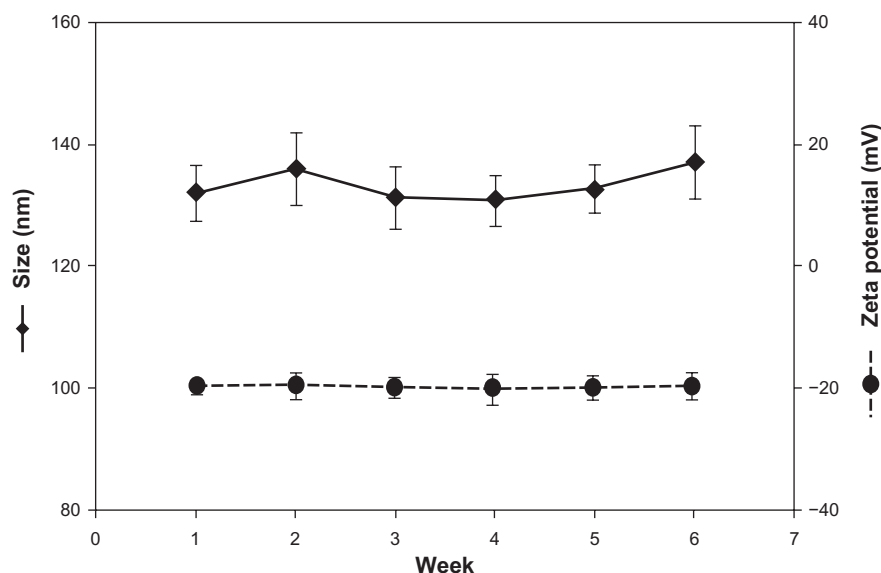
### Stability studies

The release of free MTX and biotin from biotin functionalized MTX-HSA NPs was estimated in aqueous buffered solution at  $4^{\circ}\text{C}$ . After storage, at least 96.2% of MTX was still

linked to HSA and only 1.2% of biotin molecules had been released. The size and zeta potential of these NPs remained unchanged after 6 weeks at  $4^{\circ}\text{C}$  (Figure S2).

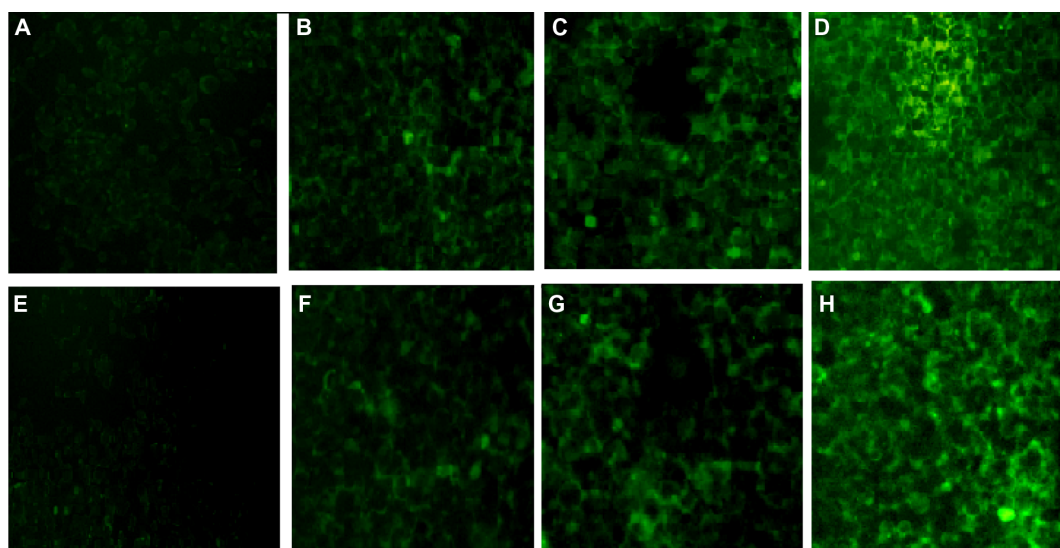
### Fluorescence microscopy

Internalization of FITC-labeled biotin functionalized MTX-HSA NPs and FITC-labeled non-functionalized MTX-HSA NPs by T47D and HeLa cells was also investigated by



**Figure S2** Storage stability of biotin 7.01-MTX-HSA NPs. Size and zeta potential of NPs were recorded for 6 weeks.

**Abbreviations:** NP, nanoparticle; MTX-HSA NP, methotrexate–human serum albumin conjugated nanoparticle; biotin 7.01-MTX-HSA NPs, biotin targeted methotrexate–human serum albumin nanoparticles: 7.01  $\pm$  0.14 biotin/human serum albumin molar ratio.



**Figure S3** The uptake of FITC-labeled non-targeted MTX-HSA NPs (A) biotin 3.66-MTX-HSA NPs (B), biotin 7.01-MTX-HSA NPs (C), biotin 9.41-MTX-HSA NPs (D) at concentration of 1 mg/mL to T47D tumor cells after 4 hours at  $37^{\circ}\text{C}$ . The uptake of FITC-labeled non-targeted MTX-HSA NPs (E), biotin 3.66-MTX-HSA NPs (F), biotin 7.01-MTX-HSA NPs (G), biotin 9.41-MTX-HSA NPs (h) at concentration of 1 mg/mL to HeLa tumor cells after 4 hours at  $37^{\circ}\text{C}$ .

**Abbreviations:** FITC, fluorescein isothiocyanate; MTX, methotrexate; MTX-HSA NP, methotrexate–human serum albumin conjugated nanoparticle; biotin 3.66-MTX-HSA NPs, biotin targeted methotrexate–human serum albumin nanoparticles: 3.66  $\pm$  0.22 biotin/human serum albumin molar ratio; biotin 7.01-MTX-HSA NPs, biotin targeted methotrexate–human serum albumin nanoparticles: 7.01  $\pm$  0.14 biotin/human serum albumin molar ratio; biotin 9.41-MTX-HSA NPs, biotin targeted methotrexate–human serum albumin nanoparticles: 9.41  $\pm$  0.34 biotin/human serum albumin molar ratio.

fluorescence microscopy. After 4 hours incubation of T47D cells with the FITC-labeled biotin functionalized MTX-HSA NPs and FITC labeled non-functionalized MTX-HSA NPs at 37°C, T47D cells treated with FITC-labeled biotin functionalized MTX-HSA NPs (Figure S3B–D) showed significantly more intense fluorescence than T47D cells

treated with FITC-labeled non-functionalized MTX-HSA NPs (Figure S3A). The uptake of FITC-labeled biotin functionalized MTX-HSA NPs in HeLa cells (Figure S3F–H) was also greater than that of FITC-labeled non-functionalized MTX-HSA NPs (Figure S3E).

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