## Supplementary materials

Table S1: Sociodemographic correlates of eating disorder epidemiology

Study	Wave	N	RR (%)	Population Population	Year Data Collected	ED Diagnosis	Country	Age	% female	Design	Prevalence	Correlates	Findings
National Latino and Asian American Study [1-3]	Baseline	2554	75.5	Adult Latino and Asian Americans living in the USA	2002-3	Interview: WMH- CIDI	USA	> 18	56	Cross- sectional	Lifetime: 0.08% AN, 1.61% BN, 1.92% BED 12mo: 0.03% AN, 0.82% BN, 0.90% BED	sex, age, education, nativity (USA/Other), parents born overseas, time spent in USA, sexual orientation	Effects: Female sex (lifetime BN, BED; 12mo BN, BED); lower education (lifetime BED); age < 30 years (lifetime BN, BED); more time in USA (lifetime BN).  Null effects: Education (lifetime BN); age (lifetime BED, BN); time in USA (lifetime BED; 12mo BN, BED); nativity (12mo BN, BED), parents born overseas (lifetime BN, BED; 12mo BN, BED); sexual orientation (lifetime AN/BN; 12mo AN/BN)
Western Australian Pregnancy Cohort (Raine) Study [4]	14 year follow-up	1597	56	Participants of the Raine Study: born at a public hospital 1989-91	2004 (est.)	Interview: ChEDE	Australia	13-15	45	Longitudin al	Current: 0.06% AN, 0.56% BN, 0.44% BED, 1.7% PD	sex, paternal age	Effects: Female sex (current EDs); higher paternal age at birth (current EDs).  Null effects: n/a
[5]	2 year follow-up	1076	61	Students originally recruited in their 2nd year of high school from 22 schools in Ciudad Real, Spain	2000-1	Interview: SCAN for ICD-10, DSM-IV, and DSM- III-R	Spain	14-16	46	Longitudin al	Current: 0.1% AN, 0.75% BN, 2.60% EDNOS	sex	Effects: Female sex (current EDs). Null effects: n/a
Netherlands Mental Health Survey and Incidence Study	Baseline	7076	69.7	Household representative sample of the adult	1996	Interview: CIDI for DSM-III-R	The Netherlands	18-64	53.3	Cross- sectional	Lifettime: 0.7% ED, 1.0% AN, 0.6% BN 12mo: 0.4% ED, 0% AN, 0.4% BN 1mo: 0.3% ED, 0% AN, 0.3% BN	sex	Effects: n/a Null effects: Sex (1mo, 12mo, lifetime: EDs, AN, BN).
(NEMESIS) [6, 7]	12-month follow-up	5618	79.4	Netherlands population	1997			19-65	53.5	Longitudin al	12mo incidence: 0.19% ED	sex, age	Effects: Age 25-44 (12mo ED incidence – men); age 18-34 (12mo ED incidence - women)  Null effects: Sex (12-mo ED incidence)

[8]	Follow-up	31406	75.7	Twins on the Swedish twin registry born 1935-58	1998-2002	Interview: SCID for DSM-IV	Sweden	40-67 (est.)	51	Cross- sectional	Lifetime: 0.36% AN, 0.64% broad AN	Age, education	Effects: Younger age (AN, broad AN); higher education (AN, broad AN)  Null effects:
[9]	Baseline	188	n/a	Women responding to newspaper ads and flyers (50% with a focus on EDs) in stores and organizations in Mexican American LA communities	NR	Interview: SCID for DSM-IV- TR	USA	18-48	100	Cross- sectional	Current: 0.02% AN, 13.8% BN, 15.4% BED, 11.2% EDNOS	Age, SES, immigration generation status, Anglo orientation	Effects: Older age (EDs); greater Anglo orientation (EDs). Null effects: SES (EDs), immigration generation status (EDs).
[10]	Baseline	236	n/a	Women responding to newspaper ads and flyers in stores and organizations in LA identified as 'eating disordered' and age/education matched controls	NR	Interview: questions from the EDE to identify 'probable EDs'	USA	18-44	100	Cross- sectional	n/a	Ethnicity (Hispanic, Black, White, Asian), age, education, parental immigration, languages	Effects: Monolingual (EDs); mother born in USA (EDs); father born in USA (EDs).  Null effects: Ethnicity (ED type); age or education (EDs).
[11]	8-year follow-up	290	50.9	18 year-old participants in a longitudinal cohort attending local high schools and technical schools in Reus, Spain	1995	Interview: SCAN for ICD-10 and DSM- III-R	Spain	17.5- 18.5	52	Cross- sectional	Current: 1.4% ICD-10 AN, 0.3% DSM-III- R AN, 0.7% ICD-10 BN, 0.3% DSM-III- R BN, 0.7% ICD-10 menstruating AN, 0.7% DSM-III-R menstruating AN	Education, parental occupation, parental qualifications	Effects: n/a  Null effects: Education, parental occupation, or parental qualifications (EDs)

[12]	2-year follow-up	200	77.5	Adolescent participants selected as 'eating disordered' and controls in a longitudinal cohort recruited from 17 randomly selected primary schools in Tarragona, Spain	NR	Interview: DICA-R for DSM- IV	Spain	13-15	53.5	Cross- sectional	n/a	sex	Effects: Female sex (current EDs).  Null effects: n/a
[13]	Baseline	2103	91.8	Students from middle schools, high schools, and colleges/univers ities from North, South, Central, and Southwest China	2005	Questionn aire: EDDS for ICD-10 and DSM- IV	China	12-22	62.8	Cross- sectional	Current: 0.0% AN, 1.1% subclinical AN, 0.3% BN, 0.3% subclinical BN, 0.4% BED	sex, age, SES	Effects: Female sex (current BN, subclinical BN, BED); age 12-15 (current subclinical AN); age 16-18 (current BN); higher SES (current subclinical AN, subclinical BN).  Null effects: Sex (current subclinical AN); age (current subclinical BN, BED); SES (current BN, BED).
[14]	Baseline 6mo follow-up 12mo follow-up 18mo	2992 2274 1559	58.8 76 68	Young women on GP registry who responded to an ED survey and were identified as 'dieters' but	NR NR NR	Interview: EDE	UK	16-23	100	Longitudin al	2-year incidence: 0.3% AN; 0.64% BN; 2.5% EDNOS	Age	Effects: n/a  Null effects: Aga (EDa)
	follow-up 2-year follow-up	1885 1795	63	without an ED history	NR NR								Age (EDs).
[15]	Baseline	934	78	Females aged 18-25 on the electoral registers of two areas of Padova, Italy	NR	Interview: SCID for DSM-IV	Italy	18-25	100	Cross- sectional	Current: 0.3% AN, 1.8% BN, 0.1% BED, 0.7% atypical AN, 2.4% atypical BN Lifetime: 2.0% AN, 4.6% BN, 0.6% BED, 2.6% atypical AN, 3.1% atypical BN	Urbanicity, education, marital status, occupational status, social class, menarche timing	Effects: Urban residency (lifetime AN, BN, BED, EDs); not being employed (lifetime AN).  Null effects: Urbanicity (lifetime atypical AN, atypical BN), education (lifetime AN, BN, EDs); marital status (lifetime AN, BN, EDs); occupational status (lifetime BN, EDs); social class (lifetime AN, BN, EDs); menarche timing (lifetime AN, BN, EDs);
[16]	Baseline	516	n/a	Lesbian, bisexual, gay (LGB) and straight responders to advertisements in diverse	2004-5	Interview: CIDI for DSM-IV	USA	M = 32 (SD = 9)	50	Cross- sectional	Gay/bisexual men: 1.0% AN, 6.2% BN, 5.2% BED, 3.1% subclinical AN,	Sexual orientation (within sex), sex, ethnicity (White, Black, Latino), age (within sexual	Effects: LGB (male: lifetime BN, subclinical BN); age < 30 (lifetime subclinical BN). Null effects: Sexual orientation (female: lifetime EDs, AN, BN, BED, subclinical AN, subclinical BN, subclinical

				communities of New York City							9.3% subclinical BN, 9.3% subclinical BED Lesbian/bisexua I women: 0% AN, 4.6% BN, 4.6% BED, 0% subclinical AN, 5.6% subclinical BN, 6.2% subclinical BN, 6.2% subclinical BED	orientation)	BED; male: lifetime EDs, AN, BED, subclinical AN, subclinical BED); sex, ethnicity, or sexual orientation (LGB: lifetime EDs, AN, BN, BED, subclinical AN, subclinical BN, subclinical BED); age (LGB: lifetime EDs, AN, BN, BED, subclinical AN, subclinical BED).
[17]	Baseline	1545	97.5	Students in Madrid in 20 randomly selected Secondary Obligatory Education, high school, and university institutes	2001-2	Interview: EDE for DSM-IV	Spain	12-21	59	Cross- sectional	Current: 0.19% AN, 1.42% BN, 1.81% EDNOS	Sex, age, education level, number of siblings, parental occupation, living situation, urbanicity	Effects: Female sex (current EDs); age 12-19 (current EDs); living with single parent (current EDs); only child (current EDs).  Null effects: Education (current EDs); parental occupation (current EDs); urbanicity (current EDs)
[18]	Baseline	3801	90.0	Greek school girls from (1) Munich, Germany, (2) Veria, Greece	1998	Interview: SIAB-EX for DSM- IV	Germany, Greece	10-26	51	Cross- sectional	Current: 0.23% AN, 0.94% BN, 0.48% subclinical BN Lifetime: 0.61% AN, 2.02% BN, 0.95% subclinical BN	Migration, sex (within migration)	Effects: Not being a migrant (current and lifetime subclinical BN); female sex (migrants: current and lifetime BN, lifetime AN; non-migrants: current and lifetime AN, lifetime BN, lifetime subclinical BN).  Null effects: Migration (current and lifetime AN, BN); sex (migrants: current AN, current and lifetime subclinical BN; non-migrants: current BN, subclinical BN)
[19]	Follow-up	16728	60.1	Twins on the Swedish twin registry born 1959-85 and living in Sweden	2005-6	Interview: SCID for DSM-IV	Sweden	20-47	60	Cross- sectional	Lifetime: Gay men: 1.1% ED Lesbian women: 10.3% ED	Sexual orientation	Effects: Same-sex orientation (lifetime EDs).  Null effects: n/a
Ontario Health Survey [20, 21]	Baseline	8116	76.5	Adults residing in households in Ontario, Canada	1990-1	Interview: CIDI for DSM-III-R and ICD- 10	Canada	15-64	53	Cross- sectional	Current: 0.76% BN (0.21% BN-P, 0.55% BN-NP), 0.34% subclinical BN	Age	Effects: n/a  Null effects: Age (current EDs)

Body Satisfaction and Related Issues in Iran Study [22]	Baseline	1181	98	14-55 year-olds residing in households in Kerman, Iran	NR	Questionn aire: EDDS for DSM-IV	Iran	14-55	54	Cross- sectional	Current: 0.8% AN, 6.2% BN, 1.4% sub- threshold AN, 3.0% sub- threshold BED	Education	Effects: Lower education (EDs).  Null effects: n/a
[23]	Baseline	1157	59.3	18-30 year-old women in the Swedish general population	NR	Questionn aire: SEDs modified by Gotestam & Agras for DSM- IV	Sweden	18-30	100	Cross- sectional	Current: 0.0% AN, 1.73% BN, 0.52% BED, 0.34% EDNOS Past: 0.86% AN, 2.85% BN, 1.04% BED, 7.78% EDNOS	Age, marital status, education, work status, county of residence, region of residence	Effects: n/a  Null effects: Age, marital status, education, work status, county of residence, region of residence (current or past EDs)
[24]	Baseline	1849	74.9	Women in the Norwegian general population	1991	Questionn aire: developed by authors for DSM- III-R EDs	Norway	M = 37.1 (SD = 11.9)	100	Cross- sectional	Current: 0.27% AN, 0.7% BN, 1.46% BED, 1.30% EDNOS Lifetime: 0.43% AN, 1.62% BN, 3.24% BED, 3.03% EDNOS	Age, marital status, student status	Effects: Younger age, single/separated, higher education, current student (lifetime EDs).  Null effects: n/a
[25]	3-year follow-up	877	95.3	9 <sup>th</sup> -12 <sup>th</sup> grade girls followed from the 9 <sup>th</sup> to the 12 <sup>th</sup> grade in 4 northern California high schools	NR	Interview: clinical interview based on DSM-III-R BN criteria and the EDE	USA	M = 14.9 (SD = 0.49)	100	Longitudin al	Current: partial ED 7.6%	Acculturation (within ethnicity)	Effects: Higher acculturation (Hispanic: partial EDs).  Null effects: Acculturation (European/Asian: partial EDs).
St Louis Personality Health and Lifestyle Survey (SLPHL) [26]	Baseline	917	28	Adults in St Louis City, St Louis County, and 5 surrounding counties	2001-2	Questionn aire: PHQ for DSM- IV BED	USA	M = 44 (SD=14)	55	Cross- sectional	Current: 7.2% BED	Sex, ethnicity (White, Black, Other), age, education, marital status	Effects: n/a  Null effects: Sex, ethnicity, age, education, marital status (current BED).
Health Omnibus Survey [27]	Baseline	3001	71.5	Adults residing in households in South Australia	1995	Interview: questions based on the EDE and Oxford criteria	Australia	15-94	60	Cross- sectional	Current: 0.7% BN, 2.5% BED	Sex, age	Effects: Female sex (current BN vs. BED).  Null effects: Age (current BN vs. BED).

National Comorbidity Replication Survey [28, 29]	Baseline	9282	70.9	Adults residing in households in the USA	2001-3	Interview: CIDI for ICD-10 and DSM- IV	USA	18-60+	55.4	Cross- sectional	Lifetime: 0.6% AN, 1.0% BN, 2.8% BED, 1.2% sub- threshold BED, 4.64% EDNOS 12mo: 0.3% BN, 1.2% BED, 0.6% sub- threshold BED	Sex, age	Effects: Female sex, younger (12mo AN, BN, BED; lifetime AN, BN, BED, sub-threshold BED).  Null effects: Sex, age (12mo sub-threshold BED).
[30, 31]	Baseline	595	98.2	9 <sup>th</sup> graders from 6 schools in the Jakobstad	2004-5	Interview: RAB-T for	Finland	15-15	48	Cross- sectional	Current: 0.3% AN, 0% BN, 0.8% EDNOS-AN, 0.2% EDNOS-BN Lifetime: 0.8% AN, 0% BN, 2.4% EDNOS-AN, 0.2% EDNOS-BN	Sex	Effects: Female sex (current and lifetime EDs). Null effects: n/a
	3-year follow-up	462	77.6	region of Finland	2007-8	DSM-IV		18-18	50.6	Cross- sectional	Current: 0% AN, 0.2% BN, 0.2% EDNOS- AN, 0.4% EDNOS-BN Lifetime: 1.3% AN, 0.2% BN, 3.9% EDNOS- AN, 0.6% EDNOS-BN		Effects: Female sex (current and lifetime EDs). Null effects: n/a
School Health Promotion Study [32, 33]	Baseline	38517	NR	8 <sup>th</sup> and 9 <sup>th</sup> graders in four regions and 13 towns of Finland	1998	Questionn aire: based on DSM- IV BN criteria	Finland	14-16	50	Cross- sectional	Lifetime: 1.6% BN	Age, onset of menarche/oigar che	Effects: Older age, earlier onset of menarche/oigarche (lifetime BN). Null effects: n/a
School Health Promotion Study [34]	Baseline	8787	>99	8 <sup>th</sup> and 9 <sup>th</sup> graders in four regions and 13 towns of Finland	1995	Questionn aire: based on DSM- III-R BN criteria	Finland	14-16	51	Cross- sectional	Lifetime: 1.0% BN	Sex, age, menarche/oigar che, urbanicity, parental education, parental employment	Effects: Female sex, commenced menarche/oigarche (lifetime BN); older (females: lifetime BN). Null effects: Urbanicity, parental education, parental employment (lifetime BN).
National Comorbidity Survey Replication Adolescent	Baseline	10123	82.5 % (hous ehold ), 83.7	School- attending adolescents from households in the National	2001-4	Interview: CIDI for DSM-IV	USA	13-18	51	Cross- sectional	1mo: 1.1% ED 12mo: 2.8% ED, 0.2% AN, 0.6% BN, 0.9% BED,	Sex, number siblings, age, ethnicity, parental education, parental marital	Effects: Female sex (lifetime BN, BED, sub-threshold AN); Hispanic vs. Black/White/Other ethnicity (lifetime BN); having siblings (EDs). Null effects:

Supplement [29, 35, 36]			% (scho ol)	Comorbidity Survey Replication and a representative sample of schools in the adult sample areas							1.1% sub- threshold BED Lifetime: 4.78% EDNOS, 0.3% AN, 0.9% BN, 1.6% BED, 0.8% sub- threshold AN, 2.5% sub- threshold BED	status, SES, urbanicity	Adult status (lifetime EDNOS); ethnicity (lifetime AN, BED, sub-threshold AN, sub-threshold BED); sex (lifetime AN, subclinical BED); age, parental education, parental marital status, SES, urbanicity (lifetime AN, BN, BED, subclinical BED).
World Health Organization World Mental Health Survey Initiative [37]	Baseline	24124	68.8	Adults from 14 countries	NR	Interview: CIDI for DSM-IV	Colombia, Brazil, Mexico, Romania, Belgium, France, Germany, Italy, The Netherlands, New Zealand, Northern Ireland, Portugal, Spain, USA	18-60+	NR	Cross- sectional	Lifetime: 1.0% BN, 1.9% BED 12mo: 0.4% BN, 0.8% BED	Age, sex, student status, education level, marital status, age of onset	Effects: Younger, female sex, current student, lower education (lifetime BN, BED).  Null effects: Marital status (lifetime BN, BED).
[38]	Baseline	1000	n/s	Tyrolean women	1997	Interview: clinical interview with questions based on DSM-IV	Austria	15-85	100	Cross- sectional	Current: 3.3% BED, 1.2% BN-NP, 0.3% BN-P	Age	Effects: Younger (current BN). Null effects: Age (current BED).
[39]	Baseline	1960	98.6	9 <sup>th</sup> and 10 <sup>th</sup> graders at 13 secondary schools in Sør- Trøndelag County, Norway	NR	Questionn aire: SEDs for DSM- IV and DSM-III-R	Norway	14-15	52	Cross- sectional	Girls lifetime: 0.7% DSM-IV AN, 0.7% DSM-III-R AN, 1.2% DSM-IV BN, 3.6% DSM-III-R BN, 1.5% DSM-IV BED, 1.5% DSM-III-R BED, 14.6% DSM-III-R BED, 14.6% DSM-III-R EDNOS, 12.9% DSM-III-R EDNOS Boys lifetime: 0.2% DSM-IV AN, 0.2% DSM-III-R AN, 0.4% DSM-IV BN, 0.6%	Age, urbanicity	Effects: Older (girls: lifetime EDs).  Null effects: Urbanicity (lifetime EDs); age (boys: lifetime EDs).

											DSM-III-R BN, 0.9% DSM-IV BED, 0.9% DSM-III-R BED, 5.0% DSM-IV EDNOS, 4.8% DSM-III-R EDNOS		
[40]	Baseline	52	n/a	Women who responded to newspaper advertisements, fliers, and from informal and formal self-help groups	NR	Interview: included diagnostic questions for DSM- III-R BN	Germany	17-31	100	Cross- sectional	n/a	Gender identity	Effects: Female gender-typed identity (current BN). Null effects: n/a
[41]	Baseline	2396	NR	Students in Romania from randomly selected high schools	2006	Questionn aire: included diagnostic questions for DSM- IV EDs	Romania	NR	52.4	Cross- sectional	Current: 0.1% AN, 0.5% subclinical AN, 0.6% BN, 0.6% subclinical BN	Ethnicity, sex	Effects: Romanian (vs. Hungarian) ethnicity (current AN, subclinical AN, BN); female sex (current AN, subclinical AN).  Null effects Ethnicity (current subclinical BN); sex (current BN, subclinical BN).
[42]	Baseline	712	NR	High school students	NR	Questionn aire: BEQ for DSM- III BN	USA	13-19	46	Cross- sectional	Current: 7.6% BN	Sex, ethnicity	Effects: Female sex, minority ethnicity (current BN).  Null effects: n/a
[43]	Baseline  18-month follow-up	2862	91.5	Female adolescent population of Navarra Participants in a sample of the female adolescent population of Navarra without EDs at baseline	NR NR	Interview: semi- structured clinical interview for DSM- IV EDs	Spain	13-22	100	Longitudin al	18mo incidence: 4.8% ED, 4.2% EDNOS, 0.3% AN, 0.3% BN	Age	Effects: Age 15-16 or > 18 years (EDNOS 18mo incidence).  Null effects: Age (AN, BN 18mo incidence).
[44]	Baseline	3288	93.2	6 <sup>th</sup> – 12 <sup>th</sup> graders at 23 public schools and 1 private school in Haute- Marne, France	1988	Questionn aire: included diagnostic questions for DSM- III and DSM-III-R BN	France	12-19	52.7	Cross- sectional	Current: 0.7% DSM-III- R BN, 1.3% DSM-III BN	Sex, age, education level, parental marital status, parental occupation, family composition	Effects: Female sex (current BN), older (girls: current BN).  Null effects: Education, parental marital status, parental occupation, family composition (current BN).

[45]	Baseline	1710	61	9 <sup>th</sup> – 12 <sup>th</sup> graders at 9 schools in urban	1987-9	Interview: K-SADS for DSM-	USA	M = 16.6 (SD = 1.2)	52.9	Cross- sectional	Current: 0% AN, 0.18% BN Lifetime: 0.23% AN, 0.53% BN	Sex	Effects: Female sex (lifetime EDs, BN). Null effects: Sex (current EDs, AN, BN; lifetime AN).
	12-month follow-up	1508	88.2	and rural Oregon		III-R		NR	NR	Cross- sectional	Current: 0% AN, 0.27% BN Lifetime: 0.40% AN, 0.93% BN		Effects: Female sex (lifetime EDs, AN, BN).  Null effects: Sex (current EDs, AN, BN).
Mid-Atlantic Twin Registry (MATR); Norwegian Institute of Public Health Twin Panel (NIPHTP); and Swedish Twin study of Adults: Genes and Environment (STAGE)[46]	Baseline	21856	NR	Twins on the MATR, NIPHTP, and STAGE registries	2005 (STAGE registry)	Questionn aire: based on the SCID for DSM-IV	USA, Norway, Sweden	NR	NR	Cross- sectional	For ED prevalence estimates, registry x zygosity, see [46]	Sex (within sample)	Effects: Female sex (MATR: lifetime BN, broad BN, BED, broad BED); female sex (STAGE: lifetime broad AN, BN, broad BN) Null effects: Sex (NIPHTP: lifetime BN).
[47]	Baseline	257	NR	9 <sup>th</sup> – 12 <sup>th</sup> graders at two public high schools in southeastern Georgia	NR	Questionn aire: included diagnostic questions for DSM- III BN	USA	14-18+	65	Cross- sectional	Current: 4.7% BN	Sex, ethnicity, education level, age	Effects: Female sex (current BN). Null effects: Ethnicity, education, age (current BN).
NIMH Collaborative Psychiatric Epidemiologi cal Studies (CPES) [48]	Baseline	14301	70.9- 75.5	Participants in three nationally representative USA samples: The National Survey of American Life (NSAL), The National Latino and Asian American Study (NLAAS), and the National Comorbidity Survey Replication	2001-3	Interview: CIDI for DSM-IV	USA	18+	NR	Cross- sectional	Lifetime:  White: 0.39% AN, 0.51% BN, 1.41% BED Latino: 0.08% AN, 2.03% BN, 2.11% BED Asian: 0.10% AN, 1.50% BN, 1.24% BED African- American: 0.15% AN, 1.31% BN, 1.48% BED	Ethnicity	Effects: Latino (vs. White), African-American (vs. White) ethnicity (12mo and lifetime BN).  Null effects: White vs. Asian ethnicity (12mo BN); White vs. Asian, Latino, or African American ethnicity (12mo AN); White vs. Asian, Latino, or African American ethnicity (lifetime BED); White vs. Asian, Latino, or African American ethnicity (lifetime AN).

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				(NCS-R)							12mo:  White: 0.03% AN, 0.16% BN, 0.55% BED Latino: 0.03% AN, 1.01% BN, 1.11% BED Asian: 0.05% AN, 0.58% BN, 0.70% BED African- American: 0.06% AN, 0.60% BN, 0.60% BN,		
	Baseline	2862			1997	Interview:							Effects:
[49]	18mo follow-up	2509		Female students attending 39 schools in Navarra, Spain	1998-9	clinical interview for DSM- IV EDs	Spain	12-21	100	Longitudin al	18mo incidence: 3.6% ED	Number siblings, birth order, parental marital status	Separated/widowed parents (ED 18mo incidence).  Null effects: Number of siblings, birth order on (ED 18mo incidence).
Health Omnibus Survey [50]	Baseline	3034	60.7	Adults residing in households in South Australia	2008	Interview: self-report lifetime AN	Australia	15+	51	Cross- sectional	Lifetime: 2.9% AN	Sex, age, marital status, urbanicity, country of birth (Australia/Other ), education level, SES	Effects: Female sex, younger, regional residence, higher education, lower SES (lifetime AN).  Null effects: Marital status, country of birth (lifetime AN).
Simmons Longitudinal Study [51]	Follow-up	68	95.8	Subset of eating disordered and non-eating disordered participants from the Simmons Longitudinal Study	NR	Interview: DIS-IV for DSM-IV EDs	USA	27-27	100	Cross- sectional	n/a	Ethnicity (White, other), marital status, child status, educational level, occupational status, SES	Effects: Lower SES (lifetime full/partial EDs).  Null effects: Ethnicity, marital status, child status, education, occupational status on (lifetime full/partial ED).
[52]	Baseline	326	75.5	5 <sup>th</sup> – 10 <sup>th</sup> grade schoolgirls from 2 public and 2 private schools in Amman	2008	Questionn aire: EHQ for DSM- IV EDs	Jordan	10-16	100	Cross- sectional	Current: 31.0% EDNOS, 1.8% BED, 0.6% BN, 0.0% AN	Age, menarche, parental marital status	Effects: Older, commenced menarche, separated/widowed parents (current EDs).  Null effects: n/a
[53]	Baseline	559	92.9	4 <sup>th</sup> – 5 <sup>th</sup> grade schoolgirls from 4 schools in Bradford, UK	NR	Interview: EDE for DSM-III-R	UK	14-16	100	Cross- sectional	Current: 1.6% BN, 0.2% AN	Ethnicity	Effects: Asian (vs. White) ethnicity (current BN). Null effects: Ethnicity (current AN).

1970 British Cohort Study [54]	30-year follow-up	11261	68	Participants in the 1970 British Cohort Study (infants born in the UK in 1970)	2000	Interview: self- reported ED	UK	30-30	NR	Cross- sectional	Lifetime: 0.9% AN	Sex	Effects: Female sex (current AN).  Null effects: n/a
[55]	Baseline	11261	100	Schoolgirls who attended 2nd grade in various types of high schools in Tehran	1998	Interview: clinical interview for DSM- IV EDs	Iran	16-18	100	Cross- sectional	Lifetime: 0.9% AN, 3.2% BN, 1.8% partial AN, 4.8% partial BN	Age, birth order, parental education, parental work status	Effects: Higher maternal education (lifetime BN); at-home maternal work status, private business paternal work status (lifetime partial AN, partial BN).  Null effects: Age, birth order, paternal education (lifetime AN, BN, partial AN, partial BN).
New Zealand Mental Health Survey [56, 57]	Baseline	12992	73.3	New Zealand adult population	2003-4	Interview: CIDI for DSM-IV	New Zealand	16+	NR	Cross- sectional	Lifetime: 0.6% AN, 1.3% BN 12mo: <0.1% AN, 0.4% BN	Age, sex, ethnicity (lifetime only)	Effects: Age 25-44, female sex, Maori/Pacific ethnicity (lifetime AN, BN); younger, female sex (12mo BN).  Null effects: n/a
[58]	Baseline	1947	95.8	14-15 year-olds from 44 high schools in Victoria,	1992	Questionn aire: The BET for	Australia	14-15	53	Cross- sectional	Current: 0.1% BN, 1.4% partial BN, 0.0% AN, 0.2% partial AN	Age, sex, country of birth (Australia/Other	Effects: Female sex (current EDs); younger (3-year ED incidence). Null effects:
	3-year follow-up	1530	75.3	Australia.	1995	DSM-IV		17-18	NR	Longitudin al	3-year incidence: 2.1% partial BN, 0.0% other EDs	), parental marital status, urbanicity	Age (current ED); country of birth, parental marital status, urbanicity (current ED, 3-year ED incidence).
[59]	Baseline	394	n/a	Women (judged to be < 60yrs) at state-regulated bingo tournaments, in 3 lower and 6 upper income communities in Massachusetts	NR	Questionn aire: EDs Questionn aire (Pope) for DSM- III and DSM-III-R EDs	USA	18-60	100	Cross- sectional	Current: 15.5% DSM- III/DSM-III-R BN, 9.6% DSM-III-R BN, 1.0% DSM- III/DSM-III-R AN	Upper/lower class community, household income	Effects: Lower household income (current DSM-III/R BN, DSM-III-R BN).  Null effects: Upper/lower class community (current DSM-III/R BN, DSM-III-R BN, DSM-III/R AN); household income (current DSM-III/R AN).
European Study of the Epidemiolog y of Mental Disorders (ESEMeD) project [60]	Baseline	4139	61.2	Adults in Belgium, France, Germany, Italy, the Netherlands and Spain	2002-3	Interview: CIDI for DSM-IV	Belgium, France, Germany, Italy, the Netherlands and Spain	M = 47.1	51.6	Cross- sectional	Lifetime: 0.48% AN, 0.51% BN, 1.12% BED, 0.72% sub- threshold BED 12mo: 0% AN, 0.15% BN, 0.31% BED, 0.09% sub-threshold BED	Age	Effects: Younger (lifetime EDs, AN, BN, BED).  Null effects: n/a

Teen Health 2000 (TH2K) [61, 62]	Baseline	4175	66	Adolescents from households in Houston, enrolled in local health maintenance organizations	2000	Interview: DISC-IV for DSM- IV	USA	11-17	48.9	Cross- sectional	12mo: 0.28% AN, 0% BN	Ethnicity (African, European, Mexican American), sex, age, family income, parental education, parental marital status	Effects: Female sex (12mo EDs).  Null effects: Ethnicity, age, family income, parental education, parental marital status (12mo EDs).
[63]	2-year follow-up	1076	60.9	Participants who were originally recruited at age 12-13 from 22 schools in Ciudad Real, Spain	1998-9	Interview: SCAN for DSM-IV	Spain	14-15	53.5	Cross- sectional	Current: 0.1% AN, 0.75% BN, 2.88% EDNOS	Sex	Effects: Female sex (EDs).  Null effects: n/a
[64]	Baseline	544	NR	Adolescents in Valencia, Spain	1998-9	Interview: clinical interview for for ICD-10 EDs	Spain	12-18	NR	Cross- sectional	Current: 0.22% AN, 0.20% BN	Sex, age	Effects: Female sex, older (EDs). Null effects: n/a
[65]	Baseline	678	67.8	15 year-olds in public schools from Buskerud county, Norway	NR	Interview: DSED for DSM-IV EDs	Norway	15-15	68	Cross- sectional	Current: 1.0% BED, 0.7% BN, 0.3% AN-BP, 0.7% subclinical BN	Sex	Effects: Female sex (EDs).  Null effects: n/a
	Baseline	258		Students from	2002			9.4-13.5	51.4		Current: 0% AN, 0% BN, 0.07% BED, 2.3% EDNOS, 1.04% subclinical ED		Effects:
[66]	2-year follow-up	200	77.5	17 primary schools in Tarragona, Spain	2004	Interview: DICA for DSM-IV	Spain	13-15	54	Longitudin al	Current: 0% AN, 0.22% BN, 0.22% BED, 0.81% EDNOS, 2.39% subclinical AN, 0.14% subclinical BN	Sex	Female sex (2-year ED incidence).  Null effects: n/a
[67, 68]	Baseline 3-year	1164	NR	6 <sup>th</sup> – 9 <sup>th</sup> grade school girls from Tucson,	NR NB	Interview: McKnight EDE for	USA	NR NB	100	Longitudin al	Current: 2.0% ED 3-year	Ethnicity (within region)	Effects: Hispanic ethnicity (Arizona: 3-year ED incidence).
	3-year follow-up	1103	60%	from Tucson, Arizona and	NR	EDE for DSM-IV		NR		al	3-year incidence:	(within region)	Null effects:

				Hayward, California							2.9% ED		Ethnicity (current EDs).
Coronary Artery Risk Development in Young Adults (CARDIA) study [69]	Follow-up	5115	51	18-30 year-olds recruited using community- based sampling and membership of a large health care plan	NR	Questionn aire: QEWP-R for DSM- IV BED	USA	18-30	54	Cross- sectional	Current: 1.5% BED	Ethnicity (within sex)	Effects: White (vs. black) ethnicity (males: current BED).  Null effects: Ethnicity (female: current BED).
[70]	Baseline	496	56%	Adolescent girls from 4 public and 4 private Metropolitan middle schools in southwestern USA	NR	Interview: EDE for DSM-IV	USA	11-15	100	Cross- sectional	Current: 1.6% AN, 4.8% BN, 1.0% BED	Menarche status	Effects: n/a  Null effects: Menarche status (current AN, BN, BED).
New England Women's Health Project (NEWHP) [71]	Baseline	212	n/a	BED cases and matched psychiatric and healthy controls from the NEWHP study: 18-40 year-old White or Black US born females in Boston and New York	NR	Interview: SCID-IV and EDE for DSM- IV	USA	18-40	100	Cross- sectional	n/a	Ethnicity, education level, age	Effects: Older (current BED vs. BN-P).  Null effects: Age (BED vs. BN-NP); ethnicity, education (BED vs. BN-P vs. BN-NP).
National Growth and Health Study- Wave II (NGHS- Wave II) [72, 73]	10-year follow-up	1560	86	Participants recruited in the NGHS study as 9-10 year-old White and Black USA- born females from California, Ohio, and District of Columbia	NR	Interview: SCID and EDE for DSM-IV Questionn aire: DEMQ for NES	USA	M = 21.5 (SD = 0.7)	100	Cross- sectional	Current: 1.6% NES Lifetime: 1.5% AN, 1.3% BN, 2.1% BED	Ethnicity. For NES (within Black participants): age, parental education, welfare status, child status.	Effects: White ethnicity (lifetime EDs); Black ethnicity (current NES); parent to more than one child (Black: current NES).  Null effects: Age, parental education, welfare status (Black: current NES).

Mexican National Comorbidity Survey (MNCS), National Latino and Asian American Study (NLAAS), and the National Comorbidity Survey	Baseline	2268	70.9- 76.6	Participants of Mexican origin from 2 US and 1 Mexican nationally representative adult population surveys	2001-3	Interview: CIDI for DSM-IV	USA, Mexico	18-89	49.8	Cross- sectional	Current: 1.7% BED	Country of residence, parental migration status	Effects: USA residence, both parents USA-born (current BED). Null effects: n/a
Replication (NCS-R) [74]	Baseline	3615	94	Young females attending and not attending school in Hungary	1998	Questionn aire: included diagnostic questions for DSM- IV EDs	Hungary	15-24	100	Cross- sectional	Current: 0.03% AN, 0.41% BN, 1.09% subclinical AN, 1.48% subclinical BN	Student status, parental education	Effects: Current student (current EDs, subclinical AN), higher parental education (current EDs).  Null effects: Student status (current BN, subclinical BN)
National Survey of American Life (NSAL) [76]	Baseline	6361	73 (adult s) 81 (adole scents	Adults and adolescents residing in households in the USA	2001-3	Interview: CIDI for DSM-IV- TR	USA	13-94	NR	Cross- sectional	12mo (adults): 0.05% AN, 0.69% BN, 0.78% BED 12mo (adolescents): 0.07% AN, 0.40% BN, 0.28% BED Lifetime (adults): 0.17% AN, 1.49% BN, 1.49% BN,	Ethnicity (African American, Black Carribean), sex	Effects: Female sex (adults: 12mo BN, BED).  Null effects: Sex (adults: lifetime AN, BN, BED; adolescents: 12mo BN, BED); ethnicity (lifetime and 12mo AN, BN, BED)
[77]	Baseline	301	65.1	Participants with chronic fatigue and controls selected from a representative telephone survey of residents in Chicago, USA	NR	Interview: SCID for DSM-IV	USA	18-59+	70.4	Cross- sectional	NR	Sex	Effects: n/a  Null effects: Sex (EDs).

The Longitudinal Study of Kindergarten Children in Quebec [78]	10-year follow-up	798	56.2	Participants of a representative cohort recruited as 6 year-olds entering French- speaking schools in Quebec, Canada	1996-7	Interview: DISC-2 for DSM-III-R	Canada	16-16	100	Cross- sectional	Current: 0.6% AN, 0% BN, 3.5% subclinical AN, 3.8% subclinical BN, 10.8% subclinical BED	Parental education, parental employment status, parental immigrant status	Effects: n/a  Null effects: Parental education, parental employment status, parental immigrant status (current AN, BN, subclinical AN, subclinical BN, subclinical BED).
[79]	Baseline	2907	96.9	10 <sup>th</sup> - 11 <sup>th</sup> graders attending high schools in Edirne, Turkey	NR	Interview: SCID for DSM-III-R	Turkey	ED group: M = 17.04 (SD = 0.8) Controls : M = 16.9 (SD = 0.7)	54	Cross- sectional	Current: 0.03% AN, 0.79% BN, 1.51% EDNOS, 1.00% BED	Sex, age	Effects: n/a Null effects: Sex, age (current EDs).
Australian NHMRC Twin Register (ATR) [80]	Follow-up	3845	79	Females on the ATR	1992-3	Interview: SSAGA for DSM- III-R	Australia	28-90	100	Cross- sectional	Lifetime: 0.4% AN, 1.8% BN	Age	Effects: Age < 45 (lifetime BN).  Null effects: Age (lifetime AN).
Virginia Twin Registry (VTR) [81, 82]	Follow-up	2163	NR	Caucasian female same- sex twins on the VTR		Interview: SCID for DSM-III and DSM- III-R	USA	M = 30.1 (SD = 7.6)	100	Cross- sectional	Lifetime: 0.51% AN, 2.5% broad BN-P, 3.2% broad BN-NP	Parental education. For BN subtype comparison: age, education, marital status, family income	Effects: Higher parental education (lifetime AN).  Null effects: Age, education, marital status, parental education, family income (lifetime broad BN-P vs. broad BN-NP).
Early Development al Stages of Psychopathol ogy study [83]	Baseline	3021	71	14-24 year olds on the Bavarian government registry of residents in metro Munich	1995	Interview: CIDI for DSM-IV	Germany	14-24	50.1	Cross- sectional	12mo: 0.1% AN, 0.5% atypical AN, 0.3% BN, 0.6% atypical BN Lifetime: 0.6% AN, 0.8% atypical AN, 0.9% BN, 1.1% atypical BN	Sex, age, education, living arrangement (parent/alone/pa rtner/spouse), SES, urbanicity	Effects: Female sex (12mo and lifetime AN, atypical AN, atypical BN); older, female sex, lower SES (lifetime EDs).  Null effects: Education, living arrangement, urbanicity (lifetime EDs).

Mental Health Supplement to the Ontario Health Survey [84]	Baseline	9953	76	Adults residing in households in Ontario		Interview: CIDI for DSM-III-R	Canada	15-64		Cross- sectional	Lifetime (males): 0.16% AN, 0.76% partial AN, 0.13 BN, 0.95% partial BN Lifetime (females): 0.66% AN, 1.15% partial AN, 1.46% BN, 1.70% partial BN	Sex, marital status	Effects: Female sex (lifetime EDs); not living with a spouse (males: lifetime EDs).  Null effects: n/a
[85]	Baseline	1849	74.9	Norwegian	1991	Questionn aire: SEDs		M = 36.9 (SD = 11.9)		Cross- sectional	Current: 0.0% AN, 1.2% BN, 0.5% BED, 2.7% EDNOS Lifetime: 0.1% AN, 2.0% BN, 0.9% BED, 6.3% EDNOS		Effects: Younger (current and lifetime EDs). Null effects: n/a
	Baseline	1521	45.8	female adult population	2004	for DSM- III-R	Norway	M = 46.4 (SD = 12.7)	100	Cross- sectional	Current: 0.0% AN, 1.8% BN, 0.3% BED, 1.8% EDNOS Lifetime: 0.2% AN, 4.1% BN, 0.7% BED, 5.0% EDNOS	Age	Effects: Younger (current and lifetime EDs). Null effects: n/a
Epidemiologi cal Catchment Area study [86]	Baseline	18152	76	White, Black, Hispanic, Asian and Pacific Islander adults from 5 community catchment areas: New Haven (Connecticut), Baltimore (Maryland), St. Louis (Missouri), Durham (North Carolina), and Los Angeles (California)	1980s	Interview: NIMH Diagnostic Interview Schedule (DIS) for DSM-III	USA	18-64+	53.4	Cross- sectional	Lifetime: 0.9% AN (White), 0.4% AN (Black), 0.4% AN (Hispanic), 0.6% AN (Asian)	Ethnicity	Effects: White (vs. Black) ethnicity (lifetime AN).  Null effects: White vs. Hispanic vs. Asian ethnicity (lifetime AN).

Table S2: Environmental correlates of eating disorder epidemiology

Study	Wave	N	RR (%)	Population	Year Recruited	ED Diagnosis	Country	Age Range	% Female	Design	Prevalence	Correlates	Findings
[87]	Baseline	414		National Collegiate Athletic Association, Division-I female collegiate gymnasts and swimmers/divers		Questionn aire: QEDD for DSM-IV	USA	M = 19.1 (SD = 1.9)	100	Cross- sectional	Current: 4.8% sub- threshold BN, 1.0% PD, 0.5% BED	Sport	Effects: n/a  Null effects: Sport - swimmer vs. gymnast (current EDs).
[88]	Baseline	898		Female students from 4 Norwegian universities: Oslo, Bergen, Tronso, Trondheim	1997	Questionn aire: SEDs for DSM- IV	Norway	18-50	100	Cross- sectional	Current: 4.7% BN, 0.2% AN, 0.7% BED, 9.% EDNOS	Hours of physical activity	Effects: Fewer hours of physical activity (current BED).  Null effects: Hours of physical activity (current BN, AN, EDNOS).
[89]	Baseline	458		Women in the community with AN, or who are aesthetic athletes, non-aesthetic athletes, or controls		Questionn aire	Israel	13-35	100	Cross- sectional	Lifetime (aesthetic athletes): 4.5% AN, 1.8% BN, 11.7% EDNOS Lifetime (non-aesthetic athletes): 1.4% AN, 1.4% BN, 5.8% EDNOS Lifetime (controls): 3.2% AN, 2.8% BN, 4.4% EDNOS	Sport category	Effects: Aesthetic vs. non-aesthetic/no sport (lifetime EDNOS, ED).  Null effects: Sport category (lifetime AN, BN)
Virginia	Follow-up A	412		Female twins on	1987-94	Interview:					Current:	Child sexual abuse characteristics,	Effects: Child sexual abuse involving intercourse, child sexual abuse involving the use of force/threats (current BN).
Twin Registry [90]	Follow-up B			the VTR, born 1934-74	1995-7	SCID for DSM-III-R	USA		100	Longitudinal	3.16% BN	perpetrator characteristics, others response to abuse	Null effects: Perpetrator age, perpetrator gender, perpetrator family status, receiving negative response/s after disclosure of the child sexual abuse on (current BN).

Dunedin Multidiscipli nary Health and Development Study [91]	Follow-up	941	92	Participants of the Dunedin Multidisciplinary Health and Development Study, a nationally representative cohort born in 1972-3	1993-4	Interview: DIS for DSM-III-R	New Zealand	21-21	49	Cross- sectional	Current: 1.38% ED (AN or BN)	Females only: any partner violence, severe partner violence Males only: perpetrators of any partner violence, perpetrators of severe partner violence	Effects: Victim of any or severe partner violence (females: current EDs).  Null effects: Perpetrator of partner violence (males: current EDs).
National Women's Study [92]	3-year follow-up	3006	75	Participants of the National Women's Study, a nationally representative cohort of women recruited in 1989	1992	Interview: clinical interview for DSM- IV BN and BED	USA	M = 46.1 (SD = 7.3)	100	Cross- sectional	Lifetime: 2.4% BN, 1.0% BED	Rape, sexual molestation, aggravated assault	Effects: Rape victim, sexual molestation victim, aggravated assault victim (lifetime BN).  Null effects: Rape, sexual molestation, aggravated assault (lifetime BED).
Netherlands Mental Health Survey and Incidence Study (NEMESIS) [93]	Baseline	7076	69. 7	Dutch general population aged 18–64 years	1996-7	Interview: CIDI	The Netherlands	18-64		Cross- sectional	1mo: 0.2% EDs (AN, BN)	Season	Effects: n/a  Null effects: Season (1 mo EDs).
[94]	Baseline	360		Participants (with BED, BN, other psychiatric diagnoses, and controls) selected from a sample of 16-35 year-old females on GP registers of practices in urban and rural areas of Oxfordshire		Interview: EDE for DSM-IV	England		100	Cross- sectional	N/A	Sexual assault, physical assault, bullying, parental separation, parental death, change of parent figure, frequent house moves, pregnancy, abortion.	Effects: Pregnancy, sexual assault victim, physical assault victim, bullying victim (current BED).  Null effects: Parental separation, parental death, change of parent figure, frequent house moves, abortion (current BED).
[95]	Baseline	72	100	Rape victims consecutively referred to a women's association and who were raped 4 to 9 months before; and demographically- matched controls		Interview: The Florence Psychiatric Interview for DSM- IV	Italy		100	Cross- sectional		Sexual assault: Rape	Effects: Rape victim (current EDs).  Null effects: n/a

[96]	Baseline	N = 193		White, black, Latino gay, and bisexual men were sampled from community venues in NY	2004-5	Interview: CIDI for DSM-IV	USA	M = 33 (SD = 9)	0	Cross- sectional	Lifetime: 0.01% AN, 6.22% BN, 5.18% BED, 3.11% subclinical AN, 9.33% subclinical BN	Childhood sexual abuse	Effects: Childhood sexual abuse victim (lifetime subclinical BN).  Null effects: Childhood sexual abuse (lifetime AN, BN, BED, subclinical AN).
[97]	Baseline	45		Competitive female body- builders and recreational female weight training controls, recruited through gyms in Ottawa, Canada		Questionn aire: ED section of the Computeri zed Diagnostic Interview Schedule for DSM- III-R	Canada		100	Cross- sectional	Lifetime: 13.33% BN	Level of body- building	Effects: n/a Null effects: Level of body-building (lifetime BN).
[98]	Baseline	74		Men with BN (recruited from ED treatment clinics), and competitive and recreational male bodybuilders (recruited from gyms) from Ottawa, Canada		Questionn aire: ED section of the Computeri zed Diagnostic Interview Schedule for DSM- III-R	Canada		0	Cross- sectional	Lifetime (body builders): 19.2% BN, 7.7% EDNOS	Level of body- building	Effects: Competitive vs. recreational (lifetime BN) Null effects: Level of body-building (lifetime EDNOS).
Virginia Twin Registry (VTR) [99]	Follow-up A Follow-up B	854	79	Female twin pairs on the VTR, born 1934-74	1987-9 1992-5	Interview: SCID for DSM-III-R	USA	17-55 22-59	100	Longitudinal		Significant positive experiences, trauma, sexual abuse, pregnancy < 16yrs	Effects: n/a  Null effects: Significant positive experiences, trauma, sexual abuse, pregnancy < 16yrs (lifetime BN).
[100]	Baseline	320		Newly committed offenders at the Iowa Medical and Classification Center	2003-5	Interview: MINI-Plus for DSM- IV-TR	USA	Males: M = 31.1 (SD = 9.7) Females : M = 31.3 (SD = 8.4)	17.5	Cross- sectional	Lifetime: 2.0% ED (men), 7.0% (women)	Traumatic events	Effects: n/a Null effects: Traumatic events (lifetime EDs).

[101]	Baseline	106		Dancers from national and regional ballet companies; and non-dancers		Interview: clinical interview for DSM- III and DSM-III-R EDs	USA	13-31	100	Cross- sectional	Lifetime: 21.7% AN, 28.3% DSM- III BN, 13.2% DSM- III-R BN	Dancing	Effects: n/a  Null effects: Dancing (lifetime AN, BN).
[102]	Baseline	355		Running athletes (UK: highest ranked female distance runners. Kenya: from major race meetings, local schools and training camps) and age-matched controls (high school and university students and teachers)		Questionn aire: EDE- Q	UK, Kenya	15-30	100	Cross- sectional	Current: 0.6% AN, 0.6% BN, 9.2% EDNOS	Athlete status	Effects: Athlete in UK vs. Kenya (current EDs); UK non-athlete vs. Kenyan athlete (current EDs). Null effects:
[103]	Baseline	184	81. 4	Female elite running athletes sourced from ranking lists and race results published in Athletics Weekly, Britain	1996-7	Questionn aire: EDE- Q	Britain	M = 28.5	100	Cross- sectional	Current: 3.8% AN, 1.1% BN, 10.9% EDNOS	Racing distance, hours per week training	Effects: n/a  Null effects: Racing distance, hours per week training (current EDs).
Millennium	Baseline		36	All US military personnel on rosters as of	2001-3	Questionn aire:					3-year incidence: 2.81% ED	Deployment status, number	Effects: Deployment with combat exposure (women: 3-year ED incidence); active duty, major life
Cohort Study [104]	3-year follow-up	48378	71	October 2000 who completed baseline and follow-up surveys	2004-6	Patient Health Questionn aire	USA		26.13	Longitudinal	(BN, BED, subclinical BN, subclinical BED)	of deployments, service branch, life stressors	stressors (men: ED incidence).  Null effects: Number of deployments, service branch (3-year ED incidence).
	Baseline			Randomly selected mothers	1975			M = 6			16yr prevalence:		
Children in the Community	8-year follow-up			and one of their offspring from two upstate New	1983	Interview: DISC for	USA			Longitudinal	0.1% AN, 1.3% BN, 1.2% BED,	Physical neglect, child	Effects: Physical neglect victim, child sexual abuse victim (16vr EDs).
Study [105]	10-year follow-up			York counties recruited into the Children in the	1985-6	DSM-IV					1.2% subclinical AN, 2.3%	sexual abuse	Null effects:
	16-year follow-up	782	80. 1	Community Study in 1975	1991-3			M = 22			other EDNOS		
School Health Promotion Study [106]	Baseline	8787	86	8 <sup>th</sup> and 9 <sup>th</sup> grade school children attending 52 schools in Finland	1995	Questionn aire: included questions for DSM- III-R BN	Finland	14-16	50.7	Cross- sectional	Current: 1.8% BN (girls), 0.3% BN (boys)	Bullying (within sex)	Effects: Bullying victim and perpetrator (boys: current BN).  Null effects: Bullying victim (girls: current BN).

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[107]	Baseline	296		Collegiate female lightweight rowers; collegiate female runners; control collegiate women Army enlisted and officer female personnel from the general population	1998	Questionn aire: EDE- Q for DSM-IV Interview: clinical interview	USA	17-53	100	Cross-sectional	Current: 1.0% BN, 7.8% EDNOS Current: 0.2% AN, 0.7 BN, 2.6%	Sport  External	Effects: n/a  Null effects: Running, rowing (current EDs, BN, EDNOS).  Effects: Higher external pressures (current EDs).
[100]	-			on active duty at Fort Lewis, Washington		for DSM- IV EDs	22.1			sectional	EDNOS, 1.2% BED	pressure	Null effects: n/a
[109]	-	966	90 (ath lete s), 84 (co ntro ls)	Adolescent elite athletes attending 16 Elite Sport High Schools; age-matched controls from 2 randomly selected regular high schools, Buskerud County	2008-9	Interview: based on the EDE for DSM- IV	Norway	16-16		Cross- sectional	Current: 0.10% AN, 0.83% BN, 3.00% EDNOS	Training volume	Effects: Lower training volume (males: current EDs)  Null effects Training volume (females: current EDs).
[110]	20-year follow-up	1531	61. 6 (bus hfir e gro up), 61. 2 (co ntro ls)	Children attending primary school in a region devastated by bushfires, Victoria, Australia; control children attending primary schools in a neighbouring region	1983-5	Interview: CIDI for DSM-IV	Australia			Longitudinal	lmo: 1.11% ED Lifetime: 1.11% ED	Bushfire exposure	Effects: n/a  Null effects: Bushfire exposure (1 mo or lifetime EDs).
[111]	-	1278	34	Active duty females at 3 major medical centres for the US Army, Navy, and Air Force; females in the US Marines	1997-9	Questionn aire: included questions for DSM- IV AN, BN, and EDNOS	USA	18-55+	100	Cross- sectional	Current: 1.1% AN, 8.1% BN, 62.8% EDNOS	Corps	Effects: Marines vs. Army, Navy, or Air Force (current AN, BN, EDNOS).  Null effects: n/a
1970 British Cohort Study [54]	30-year follow-up	11261	68	Participants in the 1970 British Cohort Study (infants born in the UK in 1970)	2000	Interview: self- reported ED	UK	30-30		Cross- sectional	Current: 0.9% AN	Separation from mother > 1mo old; being in social/public care	Effects: n/a  Null effects: Separation from mother > 1mo old, social/public care (current AN).

New England Women's Health Project [112, 113]	Baseline	483		BED cases and matched psychiatric and healthy controls recruited in the NEWHP study: 18-40 year-old White or Black US born females residing in Boston or New York	Interview: SCID-IV and EDE for DSM- IV	USA	18-40	100	Cross- sectional	N/A	Events in past 12mo: house move, pregnancy, bereavement of loved one, change in family structure, end of intimate relationship, sexual abuse, physical abuse, parental absence/death.	Effects: House move, bereavement, change in family structure, end of intimate relationship, physical abuse (current BED).  Null effects: Pregnancy, sexual abuse, parental absence/death (current BED).
[114]	Baseline	165		Female fashion models working for 3 agencies in Cagliari and Oristano, Sardinia; Control group of girls born in Sardinia, not employed in 'beauty' jobs	Interview: EDE for DSM-IV	Italy	15-34	100	Cross- sectional	Current: 1.8% AN or BN, 6.7% partial AN, 2.4% partial BN	Model status	Effects: Modelling (current partial AN).  Null effects: Modelling (current AN/BN, partial BN).
[115]	Baseline	179	8.6	Female running participants in 4 road races of 4 to 13 miles in length.	Questionn aire: Binge Scale for DSM-III-R BN	USA		100	Cross- sectional	Current: 19.0% BN	Miles per week running	Effects: n/a  Null effects: Miles per week running (current BN).
FinnTwin16 [116]	Follow-up	4388		Finnish twins with known zygosity from birth cohorts born 1974–1979	Interview: SCID for DSM-IV	Finland	22-28	55.3	Cross- sectional	Lifetime: 1.32% AN, 2.51% broad AN, 1.00% BN, 1.39% broad BN	Zygosity groups (same-sex, opposite-sex)	Effects: n/a  Null effects: Zygosity (lifetime AN, BN, broad AN, broad BN).
[117]	Baseline	169	94	Female dancers from the 7 largest nonprofessional ballet schools; non-physically active female controls from intermediate and high schools	Interview: SCID and EDE for DSM-IV	Italy		100	Cross- sectional	Current: 0.59% AN, 2.37% BN, 4.73% EDNOS-AN, 5.33% EDNOS-BN	Dancing	Effects: n/a  Null effects: Dancing (current AN, BN, or EDNOS).

[118]	Baseline	346		Female non-elite ballet dancers, female gymnasium users, male non- competitive body- builders, female and male non- physically active controls		Interview: EDE for DSM-IV	Italy		78.6	Cross- sectional	Current: 0.87% AN, 1.73% BN, 12.72% EDNOS	Dance category (classical/moder n), sport	Effects: Ballet dancing, gymnasium attendance (current EDs).  Null effects: Dance category (current EDs); ballet dancing (current AN, BN, EDNOS); gymnasium attendance (current AN, EDNOS).
Harvard Study of Moods and Cycles: Survey of Interpersonal Relationships [119]	2-4 year follow-up	732	81	Participants in the Harvard Study of Moods and Cycles, a representative population cohort of women aged 36-44 years recruited in 1995- 7	1999	Interview: clinical interview for DSM- IV EDs	USA		100	Cross- sectional	Lifetime: 6.69% any ED (AN, BN, or BED)	Sexual abuse, physical abuse, type of abuse, severity of abuse	Effects: Sexual or physical abuse victim, physical abuse victim, physical and sexual abuse victim, severe abuse victim (lifetime EDs).  Null effects: n/a
[120]	Baseline	64		ED cases and non- cases drawn from a study of a population of 12- 18 year-olds in 263 townships within Valencia	1998-9	Interview: clinical interview for DSM- IV EDs	Italy	12-18		Cross- sectional	N/A	Stressful life events and provoking agents	Effects: Provoking agent in past 12-months (current EDs).  Null effects: Number or severity of life events (current EDs).
[121]	Baseline	477	80	Women reporting child sexual abuse < 16 years-old and controls who did not report abuse drawn from a population study of adult women on the electoral rolls of Otago, New Zealand.		Interview: Present State Examinati on (PSE) with additional questions for ICD-10 AN and BN	New Zealand	18+	100	Cross- sectional	Lifetime: 3.9% AN, 5.5% BN, 1.3% AN+BN	Child sexual abuse	Effects: Child sexual abuse victim (lifetime AN, BN, EDs).  Null effects: Child sexual abuse (lifetime AN+BN).
[122]	Baseline	64		Swimmers in the 1989 and 1990 Mjos-Svom, an open Norwegian contest; sex and age matched non- physically active controls	1989-90	Interview: clinical interview for DSM- III-R	Norway			Cross- sectional	Current: 0% AN, 1.6% BN, 0% partial AN, 4.7% partial BN	Swimming	Effects: n/a Null effects: Swimming (current EDs).
Victorian Adolescent Health Cohort Study [123]	Baseline			9th grade females from 44 public, Catholic, and independent schools in Victoria, Australia	1992	Interview: The Branched Eating Disorders Test for	Australia		100	Longitudinal	2-year incidence: 3.5% BN, 3.2% AN	Child sexual abuse	Effects: > 2 instances of child sexual abuse with/without physical contact (2-year BN incidence).  Null effects: Child sexual abuse (2-year AN incidence).

	10-year follow-up	999	82. 4		2002-3	DSM-IV EDs		24-24					
[124]	Baseline	189	74 (mo dels ), 78 (co ntro ls)	Professional fashion models from 3 important modelling agencies in Milan, Italy; controls from a population study of 18-25 year-olds in Padua		Questionn aire: based on the EDE for DSM-IV EDs, self- reported past EDs	Italy	Models: M = 21.7 (SD = 3.2) Controls : M = 21.8 (SD = 2.8)	100	Cross- sectional	Current: 1.1% AN, 5.8% partial AN, 1.6% BN, 3.7% partial BN Past: 2.1% AN, 3.2% BN	Modelling	Effects: Modelling (current partial AN, past AN).  Null effects: Modelling (current partial BN, past BN).
Netherlands Mental Health Survey and Incidence Study (NEMESIS) [125]	Baseline	1987	69. 7	Female BN cases, and psychiatric, substance use disorder, dual diagnosis, and healthy controls in NEMESIS, a Dutch general population cohort aged 18–64 years	1996-7	Interview: CIDI for DSM-III-R	The Netherlands	18-64	100	Cross- sectional	N/A	Child abuse	Effects: Child psychological abuse victim, child multiple abuse victim (current BN).  Null effects: Child sexual abuse, child physical abuse (current BN).
[126]	Baseline	1069	71 (co ntro ls), 88 (ath lete s)	Total population of elite female athletes in the Norwegian national senior and junior teams organized by the Norwegian Olympic Committee and Confederation of Sports; agematched group of Norwegian females from the Norwegian Population Register		Interview: clinical interview for DSM- IV EDs	Norway	15-39	100	Cross-sectional	Current: 15.81% ED	Athlete status, sexual harassment and abuse (within athletes)	Effects: Athlete (current EDs); sexual harassment and abuse victim (athletes: current EDs). Null effects: n/a
[127]	Baseline	970		Female athletes who qualified for a junior or senior national team or one of the recruiting squads for those teams; age-matched group of female controls		Questionn aire: self- reported ED	Norway	15-35	100	Cross- sectional	Current: 11.44% ED	Athlete status	Effects: n/a Null effects: Athlete status (current EDs).

[128]	Baseline	2547	82. 9 (ath lete s), 70. 9 (co ntro ls)	Athletes in the Norwegian national senior and junior teams organized by the Norwegian Olympic Committee and Confederation of Sports; age- matched group of controls from the Norwegian Population Register	1997	Interview: EDE for DSM-IV EDs	Norway	15-35	45.7	Cross- sectional	Current: 8.83% ED	Athlete status, sport type (within sex)	Effects: Athlete (current EDs); anti-gravitation and weight- class sports vs. ball-game and endurance sports (males: current EDs); aesthetic sports vs. technical, ball-game, and endurance sports (females: current EDs).  Null effects: n/a.
[129]	Baseline	2746	36. 5	Icelandic women who were either married or cohabitating with their partner	2005-6	Questionn aire: self- reported EDs	Iceland	22-67	100	Cross- sectional	Current: 4.26% EDs	Intimate partner abuse	Effects: Intimate partner abuse victim (current EDs).  Null effects: n/a
[130]	Baseline	300		Female collegiate cross-country runners in the USA		Questionn aire: self- reported ED	USA	M = 19.6 (SD = 1.6)	100	Cross- sectional	Lifetime: 19.3% EDs	Exercise load	Effects: n/a  Null effects: Exercise load (lifetime EDs).
[131]	Baseline	529		Adolescent dance students at the Barcelona Theatre Institute; female adolescent controls in general population of Barcelona		Questionn aire: Eating Disorders Assessmen t Questionn aire (CETCA) for DSM- IV EDs	Spain	12-17	100	Cross-sectional	Current: 0.95% probable AN, 14.18% probable BN	Dancing	Effects: n/a  Null effects: Dancing (current AN, BN).
[132]	Baseline	1276	69. 4	Female athletes in the Norwegian national senior and junior teams organized by the Norwegian Olympic Committee and Confederation of Sports; agematched group of female controls from the Norwegian Population Register		Interview: EDE for DSM-IV EDs	Norway	13-39	100	Cross- sectional	Current: 2.72% AN, 6.34% BN, 18.71% EDNOS	Athlete status, leanness sport	Effects: Leanness sports (current EDNOS, AN).  Null effects: Athlete status (current An, BN, EDNOS); leanness sport (current BN).

[133]	Baseline	195		Female weight lifters at a gym and at the registration of a university weight lifting club; control students in introductory university classes	Questionn aire: self- reported current and past AN and BN	USA	18-35	100	Cross- sectional	Current (weight lifters): 1% AN, 6% BN Current (controls): 1% AN, 1% BN Past (weight lifters): 17% AN, 6% BN Past (controls): 5% AN, 3% BN	Weight lifting status	Effects: Weight lifting (past AN). Null effects: Weight lifting (current BN, AN; past BN).
[134, 135]	Baseline	306		BN cases and age and SES matched controls selected from a sample of 16-35 year-old females on 23 GP registers of practices in urban and rural areas of Oxfordshire	Interview: EDE for DSM-III-R	England	16-35	100	Cross- sectional	N/A	Life events 12- months prior to disordered eating onset, sexual and physical abuse prior to disordered eating onset	Effects: 12-months prior to disordered eating onset: major house move, pregnancy, change in family structure, sexual abuse victim, physical abuse victim (current BN); sexual abuse victim, physical abuse victim, sexually abused by a relative (current BN).  Null effects: 12-months prior to disordered eating onset: bereavement, new or ended intimate relationship (current BN).
[136]	-	150		BN cases and age and SES matched healthy controls selected from a sample of females on 12 GP registers in urban and rural areas of Oxfordshire	Interview: EDE for DSM-III-R	England	16-35	100	Cross- sectional	N/A	Sexual abuse, child sexual abuse	Effects: Sexual abuse victim, repeated sexual abuse victim, sexually abused by a relative (current BN). Null effects: Child sexual abuse (current BN).
Western Australian Pregnancy Cohort (Raine) Study [4]	14 year follow-up	1597	56	Participants of the Raine Study: born at a public hospital 1989-91	Interview: ChEDE	Australia	13-15	45	Longitudinal	Current: 0.06% AN, 0.56% BN, 0.44% BED, 1.7% PD	Family stress	Effects: Greater family stress at age 5, 8, and 10 years (current EDs).  Null effects: n/a
[15]	Baseline	934	78	Females aged 18- 25 on the electoral registers of two areas of Padova, Italy	Interview: SCID for DSM-IV	Italy	18-25	100	Cross- sectional	Current: 0.3% AN, 1.8% BN, 0.1% BED, 0.7% atypical AN, 2.4% atypical BN Lifetime: 2.0% AN, 4.6% BN, 0.6% BED, 2.6% atypical	Child abuse, sexual abuse, physical abuse	Effects: Child abuse victim (lifetime AN, BN, EDs); child physical abuse victim (lifetime BN, EDs).  Null effects: Child sexual abuse (lifetime AN, BN, EDs); child physical abuse (lifetime AN).

										AN, 3.1% atypical BN		
Ontario Health Survey [20, 21]	Baseline	8116	76. 5	Adults residing in households in Ontario, Canada	Interview: CIDI for DSM-III-R and ICD- 10	Canada	15-64	53	Cross- sectional	Current: 0.76% BN (0.21% BN- P, 0.55% BN-NP), 0.34% subclinical BN	Child sexual abuse, foster care	Effects: Sexual abuse victim (current BN-P vs. BN-NP).  Null effects: Lived in a foster/group home (current BN-P vs. BN-NP).
[79]	Baseline	2907		10 <sup>th</sup> - 11 <sup>th</sup> graders attending high schools in Edirne, Turkey	Interview: SCID for DSM-III-R	Turkey		54	Cross- sectional	Current: 0.03% AN, 0.79% BN, 1.51% EDNOS, 1.00% BED	Physical abuse, sexual abuse	Effects: Physical abuse victim (current EDs).  Null effects: Sexual abuse (current EDs).
Mental Health Supplement to the Ontario Health Survey [84]	Baseline	9953	76	Adults residing in households in Ontario	Interview: CIDI for DSM-III-R	Canada	15-64		Cross- sectional	Lifetime (males): 0.16% AN, 0.76% partial AN, 0.13 BN, 0.95% partial BN Lifetime (females): 0.66% AN, 1.15% partial AN, 1.46% BN, 1.70% partial BN	Sexual abuse (within males)	Effects: n/a Null effects: Sexual abuse (males: lifetime EDs).

Table S3: Genetic correlates of eating disorder epidemiology

Study Wave N (%) Population Recruited Diagnosis Country Range Female Design Prevalence Correlates Findings		Study	Wave	N		Population		ED Diagnosis	Country	Age Range	Female	Design	Prevalence	Correlates	Findings
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European Youth Heart Study (EYHS) [137]	10-year follow-up	484	88.	Female participants in the EYHS cohorts, originally recruited as children in Estonia in 1998-9.	2007-9	Questionn aire: included questions for DSM- IV EDs	Estonia	M = 21.6 (SD = 3.5)	100	Cross- sectional	Current: 1.65% BN-P, 2.07% BED, 2.48% sub- threshold BN, 0.83% AN-R, 1.03% sub-threshold AN, 4.34% EDNOS, 0% BN-NP, 0% AN-BP	5-HTTLPR gene	Effects: 5-HTTLPR gene associated with higher state anxiety and bulimia (current BN, BED, subthreshold BN).  Null effects: 5-HTTLPR gene AN, EDNOS, sub-threshold AN
[138]	Baseline	202 (AN)		AN women (and their immediate family), who responded to advertisements on college campuses, in newspapers, and the internet; control women (and their immediate family) recruited by word of mouth or who responded to advertisements on university campus notice boards.		Interview: SCID for DSM-IV			100	Cross- sectional	N/A	DRD4 gene	Effects: DRD4 gene (lifetime AN, AN-BP).  Null effects: DRD4 gene (lifetime AN-R)
[139]	Baseline	166		25-45 year-olds with BED (and normal weight and obese controls) who responded to advertisements at universities, hospitals, public institutions, and in newspapers.		Interview: EDE for DSM-IV	Canada		81.3	Cross- sectional	N/A	DRD2 gene	Effects: DRD2 gene associated with greater reward sensitivity (current BED vs. normal weight controls). Null effects: DRD2 (current BED vs. obese controls).
Virginia	Wave 1	2163	92		1987-9	Interview: SCID for		17-55		Cross- sectional	Lifetime: 4.3% broad BN		Estimated heritability of broad BN = 52% Estimated heritability of narrow BN = 55% Estimated heritability of broad AN = 58%
Twin Registry (VTR) [140-	Wave 3			Female twins on the population- based VTR, born	1992-5	DSM-III-R	USA	22-59	100	Cross- sectional	Lifetime: 5.6% broad BN	Heritability	Estimated heritability of broad BN = 60%
143]	Wave 4	1024		between 1934-71, in Virginia, USA		Questionn aire: questions based on SCID for DSM-IV				Cross- sectional	2.64% DSM- IV BN		Estimated heritability of DSM-IV BN = 62%

[144]	Baseline	1188		Overweight and obese adults with BED from Boston; age and sex matched overweight and obese controls from Boston; first-degree relatives	2002-4	Interview: SCID for DSM-IV BED	USA	18-91	75.7 (BED)	Cross- sectional	N/A	Heritability	Estimated heritability of BED = 57%
Minnesota Twin Family Study (MTFS) [145]	Follow-up	672		Reared together female twins from the MTFS		Interview: Eating Disorders Structured Clinical Interview (EDSCI) for DSM- III-R and DSM-IV AN	USA	16-18	100	Cross- sectional	Current: 1.9% AN, 1.9% sub- threshold AN	Heritability	Estimated heritability of AN/sub-threshold AN = $76\%$
Danish Twin Register [146]	Follow-up	29424	86. 2	Young Danish twins born 1953- 82	1994	Questionn aire: self- reported and other- reported AN and BN	Denmark	11-41		Cross- sectional	Lifetime: 4.32% AN/BN	Heritability (female twins only)	Estimated heritability of narrow AN = $48\%$ Estimated heritability of broad AN = $52\%$ Estimated heritability of BN = $61\%$
Norwegian Institute of Public Health Twin Panel (NIPHTP) [147]	Follow-up	1430		Female twins on the NIPHTP	1999	Interview: CIDI for DSM-IV and ICD- 10	Norway	19-36	100	Cross- sectional	Lifetime: 1.9% AN	Heritability	Estimated heritability of AN = 22%
Australian NHMRC Twin Registry (ATR) [148]	6-year follow-up	325		Female twins on the ATR who were aged 30-45 years at baseline and either 1.) had possible lifetime history of BN; or 2.) were randomly selected	1994-5	Interview: EDE	Australia		100	Cross- sectional	N/A	Heritability	Estimated heritability of BN = 62%

[149]	Baseline	63	Women with and without BED who responded to newspaper advertisements and flyers in medical centres		Interview: SCID for DSM-IV Questionn aire: Binge Eating Scale (BES) for DSM-IV BED	USA	BED: M = 39.5 (SD = 10.5) Controls : M = 38.1 (SD = 9.5)	100	Cross- sectional	N/A	Psychiatric morbidity in first-degree biological relatives	Effects: BED relatives have greater prevalence of lifetime: AN, BED, any ED, any depressive disorder, bipolar disorder, social phobia, specific phobia, obsessive compulsive disorder, agoraphobia, panic disorder, generalised anxiety disorder, and any anxiety disorder.  Null effects: BED relatives lifetime prevalence: BN, EDNOS, major depressive disorder, dysthymic disorder, post-traumatic stress disorder, or any of the substance use disorders.
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