# Initial (OCTRI 10346)

Please complete this survey as best you can. Your answers are greatly appreciated and will help the study of psoriasis.

Office Use	
Subject ID	
Visit Date	
Form Version	
Weight (kg)	
% BSA	
Systolic Blood Pressure (mmHg)	
Diastolic Blood Pressure (mmHg)	
PATIENT INFORMATION	
Height (cm)	
Date of Birth	
Gender	
□ M □ F	
Ethnicity	
	lispanic or Latino 🛛 Other (please specify) Hawaiian / Pacific Islander
If Other Ethnicity, please specify	
Are you currently employed	
□ Yes □ No	
If Yes, what is your personal yearly salary?	
□ 0-\$24,999 □ \$25,000-\$49,999 □ \$50,000-\$74,999 □ \$75,0	000-\$99,999 🔲 >\$100,000
What is your occupation? (past and present)	
Please list any materials/chemicals you are in contact with:	



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🗌 Yes 🗌 No

If Yes, please describe the reason for disability. Reason 1

Reason 2

# Alcohol, Tobacco, Other

Do you drink alcohol?
If Yes, what type of alcohol do you consume?
How often did you have a drink containing alcohol? (Frequency)
□ Never □ Less than Monthly □ 2-4 times per month □ 2-3 times per week □ 4 or more times per week
How many drinks containing alcohol did you have on a typical day when you were drinking? (Frequency)
□ 0 - Don't drink □ 1 to 2 □ 3 to 4 □ 5 to 6 □ 7 to 9 □ 10 or more
How often did you have six or more drinks on one occasion? (Frequency)
Never Less than Monthly Monthly Weekly Daily or almost daily
Have you felt that you might have an alcohol problem, been diagnosed with an alcohol problem, or been in detox, hospitalized, or otherwise treated for an alcohol problem?
Are you currently smoking cigarettes?
If yes, how many cigarettes consumed per day? (Cigarettes/day)
How many years have you smoked cigarettes? (Years)
If No, do you have a Past history of cigarette use?
If Yes, how many cigarettes consumed per day? (Cigarettes/day)
How many years have you smoked cigarettes? (Years)



Do you use recreational, nonprescribed drugs?

Yes	🗌 No
-----	------

Have you felt that you might have a drug problem, been diagnosed with a drug problem, or been in detox, hospitalized or otherwise treated for a drug problem? (Frequency)

□ Never □ Ir	n the Past 🛛	In the Last Year
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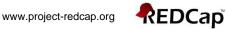
## Psoriasis

Age at time psoriasis began

Age at time psoriasis was diagnosed by a doctor

RASHES AND LESIONS Please select "Current" for areas where you have Current rashes or lesions from psoriasis. Please select "Past" for areas where you've had lesions of psoriasis in the Past.

Scalp	
Current	Past
Ears	
Current	Past
Elbow/knees	
Current	Past
Arms/legs	
Current	Past
Trunk	
Current	Past
Buttocks	
Current	Past
Face	
Current	Past
Perianal/gen	ital
Current	Past
Under arms/	in folds
Current	Past
Palms/soles	
Current	Past
Nails	
Current	Past



on	fidential
	Do you or have you had pus bumps on your palms or soles?
	□ Yes □ No
	Have you had complete body redness with scale?
	Have you had a sudden eruption of numerous teardrop-shaped lesions?
	Do you know of any blood relatives who have had psoriasis?
	□ No □ Yes □ Not Sure
	If Yes, which family members have had psoriasis?
	Mother
	Father
	Brother
	Sister

- 🗌 Yes 🗌 No
- Son

🗌 Yes	🗌 No
-------	------

Daughter

🗌 Yes 🗌 No

Maternal Grandmother

🗌 Yes 🗌 No

Maternal Grandfather

🗌 Yes 🗌 No

Paternal Grandmother

🗌 Yes 🗌 No

Paternal Grandfather

🗌 Yes 🗌 No

Maternal Cousin

🗌 Yes 🗌 No

Paternal Cousin



Maternal Aunt	
Maternal Uncle	
Paternal Aunt	
Paternal Uncle	
Other	
Have you noticed anything that makes your psoriasis worse?	☐ Yes ☐ No
If Yes, what makes your psoriasis worse? (Select all that apply)	
Stress	
Summer season	
Skin trauma	
Strep throat	
Medications	
Winter season	
Hormonal	
Other	
If Other, please describe Other	
Have you noticed anything that makes your psoriasis better?	

🗌 Yes 🗌 No

If Yes, what improves your psoriasis? (Select all that apply)



🗌 Yes 🗌 No

Summer season

🗌 Yes 🗌 No

Pregnancy

🗌 Yes 🗌 No

Treatment

🗌 Yes 🗌 No

If Treatment, please describe Treatment

Other

🗌 Yes 🗌 No

If Other, please describe Other

Psor	iatic	Arth	ritis
------	-------	------	-------

Do you have psoriatic arthritis?

|--|

If Yes, what type of doctor told you?

Rheumatologist	Dermatologist	Other
----------------	---------------	-------

lf	Other,	please	describe	Other
----	--------	--------	----------	-------

What age were you diagnosed? (Years)

Do you have stiffness in the morning?

🗌 Yes 🗌 No

If Yes, how long does the stiffness last? (Minutes)

Do you currently have joint stiffness after being still for periods of time?

🗌 Yes	🗌 No
-------	------

Do you have a history of joint pain or swelling?

🗌 Yes		No
-------	--	----

Please select "Current" for areas where you have Current joint pain or swelling or select "Past" for areas where you've had joint pain or swelling in the Past. Select all that apply.



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Hands			
Current Past			
Elbows			
Current Past			
Shoulders			
Current Past			
Spine/Back			
Current Past			
Feet			
Current Past			
Ankles			
Current Past			
Knees			
Current Past			
Hips			
Current Past			
Have you had X-rays taken of your joints?			
If Yes, when were the X-rays first taken? (Year)			
Does psoriasis or psoriatic arthritis affect your ability to work?			
If yes, to what extent is your ability to work decreased? (fill one)			
Mildly Moderately Severely Unable to work			
Life Effects			
Please select the ONE best answer for your abilities at this time. Over the LAST WEEK, were you able to:			
Dress yourself, including tying shoelaces and doing buttons?			
UNABLE to DO			
Get in and out of bed?			
Without ANY Difficulty With SOME Difficulty With MUCH Difficulty UNABLE to DO			



Lift a full cup or glass to yo	ur mouth?		
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
Walk outdoors on flat grou	nd?		
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
Wash and dry your entire b	oody?		
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
Bend down to pick up cloth	ing from the floor?		
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
Turn regular faucets on an	d off?		
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
Get in and out of a car, bus	s, train or airplane?		
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
Walk 2 miles or 3 kilometer	rs, if you wish?		
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
Participate in recreation an	d sports as you would like,	if you wish?	
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
Get a good night's sleep?			
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
Deal with feelings of anxiet	ty or being nervous?		
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
Deal with feelings of depre	ssion or feeling blue?		
U Without ANY Difficulty	U With SOME Difficulty	U With MUCH Difficulty	UNABLE to DO
How much pain have you pain has been No pain = 0			EEK? Please indicate how severe your
0 1 2 3		″ <u>□</u> 8 <u>□</u> 9 <u>□</u> 10	
Considering all the ways in you are doing Very well =		conditions may affect you	at this time, please indicate below how
	□ 4 □ 5 □ 6 □ 7	Z □ 8 □ 9 □ 10	

#### **Psoriasis Treatments**

"The next section will ask you to provide information about your treatment history for Psoriasis. Please answer to the best of your ability. Consider medications you are currently taking or have taken in the past. Select ""Current"" to indicate you are Currently taking a medication. Select ""Past"" to indicate a medication you have taken in the Past. If you have never taken a medication leave it blank and skip to the next medication. Please list how long you have been taking or how long you took a medication in the past. Mark whether they have helped and what side effects or reactions you experienced. Please include over the counter and naturopathic products.

TOPICAL



Tar/anthralin
Current Past
Length of time taking/taken (Months)
Helped?
A lot Some Not at all
Side Effects / Reactions
Vitamin D3 (Dovonex)
Current Past
Length of time taking/taken (Months)
Helped?
A lot Some Not at all
Side Effects / Reactions
Topical steroids
Current Past
Length of time taking/taken (Months)
Helped?
A lot Some Not at all
Side Effects / Reactions
Topical retinoids (Tazorac)
Current Past
Length of time taking/taken (Months)
Helped?
A lot Some Not at all
Side Effects / Reactions

LIGHT



U	VB
---	----

Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

Narrowband UVB

Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

PUVA

Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

Grenz Ray

Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions



Excimer	Laser

Current Past

Length of time taking/taken (Months)

Helped?

□ A lot □ Some □ Not at all

Side Effects / Reactions

#### SYSTEMIC

Oral retinoids (Soriatane, Tegison)

Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

Methotrexate (Rheumatrex)

Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

Cyclosporine (Neoral, Sandimmune)

Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions



Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

Alefacept (Amevive)

Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

Efalizumab (Raptiva)

Current Past

Length of time taking/taken (Months)

Helped?

□ A lot □ Some □ Not at all

Side Effects / Reactions

Etanercept (Enbrel)

Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions



Infliximab (Rem	licade)
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Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

Ustekinumab (Stelara)

Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

Golimumab (Simponi)

Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

OTHER

Other - (please specify)

Currently taking or Past

Current Past

Length of time taking/taken (Months)

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Helped	?
--------	---

A lot Some Not at all

Side Effects / Reactions

Other - (please specify)

Currently taking or Past

Current Past

Length of time taking/taken (Months)

Helped?

A lot Some Not at all

Side Effects / Reactions

#### **Emotional Factors**

Has there been a time in the last year when for most of the day, every day for at least two weeks you felt down, depressed, hopeless, or blue?

🗌 Yes 🗌 No

Has there been a time in the last year when for most of the day, every day for at least two weeks you felt little interest or pleasure in doing things you normally enjoy?

🗌 Yes 🗌 No

Have you ever been told by a doctor, nurse, or other health care professional that you had major (or clinical) depression

🗌 Yes 🗌 No

Have you ever been prescribed an anti-depressant medication such as Prozac (fluoxetine), Zoloft (sertraline), Paxil (paroxetine), Serzone (nefazodone), Effexor (venlafaxine), Elavil (amitriptyline), Tofranil (imipramine), nortriptyline, desipramine, etc.?

🗌 Yes 🗌 No

If Yes, did the medication help?

🗌 Yes 🗌 No

Have you ever been told by a doctor, nurse, or other health care professional that you had manic-depression or bipolar disorder?

🗌 Yes 🗌 No

Have you ever been prescribed a mood-stabilizing medication such as lithium, Tegretol (carbamazepine), or Depakote (divalproex)?



If Yes, did the medication help?

🗌 Yes 🗌 No

Has there been a time, lasting at least a month, when you were bothered by memories, dreams, or flashbacks of a traumatic event, or went out of your way to avoid reminders of the event?

🗌 Yes 🗌 No

Have you ever been told by a doctor, nurse, or other health care professional that you had post-traumatic stress disorder (PTSD)?

🗌 Yes 🗌 No

Have you ever been told by a doctor, nurse, or other health care professional that you had schizophrenia or schizoaffective disorder?

🗌 Yes 🗌 No

Have you ever been prescribed an anti-psychotic medication such as Haldol (haloperidol), Thorazine (chlorpromazine), Risperdal (risperidone), Zyprexa (olanzapine), Seroquel (quetiapine), Geodon (ziprazodone), etc.?

🗌 Yes 🗌 No

If Yes, did the medication help?

🗌 Yes 🗌 No

Have you ever been hospitalized for treatment of psychiatric or emotional problems?

🗌 Yes 🗌 No

On average, how many hours of sleep do you get per night? (Hours)

Please rate your sleep 0 is 'Very Poor' while 7 is 'Like a Baby'

0 🗌	🗌 1	2	🗌 3	4	5 🗌	6 🗌	7
-----	-----	---	-----	---	-----	-----	---

Please rate your average level of life stress 0 is 'No Stress' while 7 is 'Extremely High'

0 []	□ 1	□2	□ 3	4	5	□6	□ 7

Please rate your average level of pain (not specific to psoriasis) 0 is 'No Pain' while 7 is 'Extremely High'

0 []	<b>□</b> 1	□ 2	□ 3	□ 4	□ 5	□ 6	□ 7

Do you currently live alone?

🗌 Yes 🗌 No

Are you currently sexually active?

🗌 Yes 🗌 No

What is the average number of times per month that you are sexually active? (times/month)

Are you currently using a form of birth control?



If Yes, are you currently taking birth control pills (oral contraceptives) ?

Please list your current method of birth control:
Are you currently pregnant?
Are you currently breastfeeding?
Pain Today
Please rate your pain level today. Zero '0' is no pain and ten '10' is the worst imaginable pain
0 1 2 3 4 5 6 7 8 9 10
Symptoms
Please select if you have experienced any of the following over the last month:
Back pain
Constipation
Cough
Dark or bloody stools
Diarrhea
Dizziness
Dry eyes
Dry mouth



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Fainting	spells
🗌 Yes	□ No
Fever	
🗌 Yes	□ No
Gynecol	ogical (female) problems
🗌 Yes	□ No
Hand co	lor changes in cold weather
🗌 Yes	□ No
Headach	nes
🗌 Yes	□ No
Heart po	unding (palpitations)
🗌 Yes	□ No
Heartbur	n or stomach gas
🗌 Yes	□ No
Joint pai	n
🗌 Yes	□ No
Losing y	our balance
🗌 Yes	□ No
Loss of a	appetite
🗌 Yes	□ No
Loss of h	nair
🗌 Yes	□ No
Lump in	your throat
🗌 Yes	□ No
Muscle p	pain, aches, or cramps
🗌 Yes	□ No
Muscle v	veakness
🗌 Yes	□ No
Nausea	
🗌 Yes	□ No
Neck pai	n
🗌 Yes	🗌 No

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Numbness or tingling of arms/legs

🗌 Yes 🗌 No

Pain in chest

🗌 Yes 🗌 No

Paralysis in arms or legs

🗌 Yes 🗌 No

Problems with hearing

🗌 Yes 🗌 No

Problems with memory

🗌 Yes 🗌 No

Problems with sleeping

🗌 Yes 🗌 No

Problems with smell or taste

🗌 Yes 🗌 No

Problems with thinking

🗌 Yes 🗌 No

Problems with urination

🗌 Yes 🗌 No

Ringing in the ears

🗌 Yes 🗌 No

Sexual problems

🗌 Yes 🗌 No

Shortness of breath

🗌 Yes 🗌 No

Skin rash or hives

🗌 Yes 🗌 No

Soaking night sweats

🗌 Yes 🗌 No

Sores in the mouth

🗌 Yes 🗌 No

Stomach pain or cramps



Stuffy	nose
Otany	11000

🗌 Yes 🗌 No

Sun-induced rash (not sunburn)

🗌 Yes 🗌 No

Swelling in ankles

🗌 Yes 🗌 No

Swelling in other joints

🗌 Yes 🗌 No

Swelling of hands

🗌 Yes 🗌 No

Swollen glands

🗌 Yes 🗌 No

Trouble swallowing

🗌 Yes 🗌 No

Unusual bruising or bleeding

🗌 Yes 🗌 No

Unusual fatigue

🗌 Yes 🗌 No

Use of drugs not sold in stores

🗌 Yes 🗌 No

Vomiting

🗌 Yes 🗌 No

Weight gain (> 10lbs)

🗌 Yes 🗌 No

Weight loss (< 10lbs)

🗌 Yes 🗌 No

Wheezing

🗌 Yes 🗌 No

Please select "Current" for medication(s) you are Currently Taking and Please select "Past" for medication(s) you have taken in the Past. Please fill all that apply.

**Beta-blockers** 

Current Past



ACE Inhibitors
Current Past
Interferon
Current Past
Corticosteroids
Current Past
Gold salts
Current Past
Anti-inflammatory drugs
Current Past
Antimalarials
Current Past
Lithium
Current Past
Allergies to medications (Please include reaction)
Allergic to latex
Allergic to lidocaine
Please list any current allergies and type of reaction
1. Allergy
Reaction
2. Allergy
Reaction
3. Allergy
Reaction

Have you received the following vaccines:



1. Pneumonia vaccine?

🗌 Yes 🗌 No

Year of last vaccination? (Year)

2. Influenza (Flu) vaccine?

🗌 Yes 🗌 No

Year of last vaccination? (Year)

## **Other Conditions**

Do you or any blood relatives currently have or have had in the past any of the following medical conditions?

ALOPECIA AREATA
Self
□ Yes □ No
Family
ANGINA
Self
Family
ANKYLOSING SPONDYLITIS
Self
□ Yes □ No
Family
□ Yes □ No
ANXIETY
Self
□ Yes □ No
Family
□ Yes □ No
AUTOIMMUNE DISEASE/DISORDER



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Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
CANCER	2
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
CELIAC	DISEASE
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
CONGE	STIVE HEART FAILURE
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
CROHN'	S DISEASE/ULCERATIVE COLITIS
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
DEPRES	SSION
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
DERMA	TOMYOSITIS/POLYMYOSITIS
Self	



Family	
🗌 Yes	□ No
DIABETE	ES
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
ECZEMA	A (OR ATOPIC DERMATITIS)
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
ENDOCF	RINE DISEASE
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
EYE DIS	EASE/DISORDER
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
HASHIM	OTO'S OR GRAVES' THYROIDITIS
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
HEART	ATTACK
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No

HEPATIC (LIVER) DISEASE/DISORDER



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Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
HEPATI	TIS/JAUNDICE
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
HIGH CI	HOLESTEROL
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
HIGH TR	RIGLYCERIDES
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
HIV/AID	S
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
HYPER	TENSION
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
LUPUS	
Self	
🗌 Yes	□ No



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Family	
🗌 Yes	□ No
MULTIPI	LE SCLEROSIS
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
MUSCLE	OR BONE DISEASE/DISORDER
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
MYASTH	IENIA GRAVIS
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
NEUROL	OGIC DISEASE/DISORDER
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
OBESIT	1
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
EAR, NC	SE, OR THROAT DISEASE/DISORDER
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No

POLYMYALGIA RHEUMATICA



Self
□ Yes □ No
Family
□ Yes □ No
BIPOLAR DISEASE (MANIC DEPRESSION)
Self
□ Yes □ No
Family
□ Yes □ No
RECURRENT 'STREP THROAT'
Self
□ Yes □ No
Family
□ Yes □ No
RENAL (KIDNEY) DISEASE/DISORDER
Self
🗌 Yes 🔲 No
Family
🗌 Yes 🔲 No
RESPIRATORY DISEASE/DISORDER
Self
🗌 Yes 🔲 No
Family
🗌 Yes 🔲 No
RHEUMATOID ARTHRITIS
Self
□ Yes □ No
Family
□ Yes □ No
SCLERODERMA
Self
🗌 Yes 🔲 No



Family	
🗌 Yes	□ No
SEBOR	RHEIC DERMATITIS
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
SEIZUR	E
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
SJOGRI	EN'S DISEASE
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
SKIN CA	ANCER
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
SKIN DI	SEASE OTHER THAN PSORIASIS
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
STROKI	Ξ
Self	
🗌 Yes	□ No
Family	
🗌 Yes	□ No
TEMPO	RAL ARTERITIS



Self
Yes No
Family
THYROID DISEASE/DISORDER
Self
Family
TRANSPLANT
Self
□ Yes □ No
Family
UVEITIS
Self
□ Yes □ No
Family
VITILIGO
Self
□ Yes □ No
Family
□ Yes □ No
General Health
1. In general, would you say your health is:
(please select)
🗌 Excellent 🔲 Very Good 🔲 Good 🔲 Fair 🔛 Poor

2. The following questions are about activities you might do during a typical day. DOES YOUR HEALTH NOW LIMIT YOU in the activities? If so, how much?

a. MODERATE ACTIVITIES, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf

 $\hfill Yes,$  Limited A Lot  $\hfill Yes,$  Limited A Little  $\hfill No,$  Not Limited At All



b. Climbing several flights of stairs
🗌 Yes, Limited A Lot 🔄 Yes, Limited A Little 🔄 No, Not Limited At All
3. During the PAST 4 WEEKS, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?
a. ACCOMPLISHED less than you would like
$\Box$ All of the time $\Box$ Most of the time $\Box$ Some of the time $\Box$ A little of the time $\Box$ None of the time
b. Were limited in the KIND of work or other activities
All of the time Most of the time Some of the time A little of the time None of the time
4. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?
a. ACCOMPLISHED less than you would like
All of the time Most of the time Some of the time A little of the time None of the time
b. Did work or other activities LESS CAREFULLY THAN USUAL
All of the time Most of the time Some of the time A little of the time None of the time
5. During the PAST 4 WEEKS, how much did pain interfere with your normal work (including both work outside the home and housework)?
,
(please select)
(please select)
<ul> <li>(please select)</li> <li>Not at All A Little bit Moderately Quite a Bit Extremely</li> <li>6. These questions are about how you feel and how things have been with you DURING THE PAST 4 WEEKS. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time</li> </ul>
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(please select)         □ Not at All       □ A Little bit       □ Moderately       □ Quite a Bit       □ Extremely         6. These questions are about how you feel and how things have been with you DURING THE PAST 4 WEEKS. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the PAST 4 WEEKSâ€!         a. Have you felt calm and peaceful?         □ All of the time       □ Most of the time       □ Some of the time       □ A little of the time       □ None of the time         b. Did you have a lot of energy?       □ All of the time       □ Most of the time       □ Some of the time       □ A little of the time       □ None of the time         c. Have you felt downhearted and depressed?       □ All of the time       □ Most of the time       □ Some of the time       □ A little of the time       □ None of the time         7. During the PAST 4 WEEKS, how much of the time has your PHYSICAL HEALTH OR EMOTIONAL problems
(please select)         □ Not at All       □ A Little bit       □ Moderately       □ Quite a Bit       □ Extremely         6. These questions are about how you feel and how things have been with you DURING THE PAST 4 WEEKS. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the PAST 4 WEEKSâ€!         a. Have you felt calm and peaceful?         □ All of the time       □ Most of the time       □ Some of the time       □ A little of the time       □ None of the time         b. Did you have a lot of energy?       □ All of the time       □ Most of the time       □ Some of the time       □ A little of the time       □ None of the time         c. Have you felt downhearted and depressed?       □ All of the time       □ Most of the time       □ Some of the time       □ A little of the time       □ None of the time         7. During the PAST 4 WEEKS, how much of the time has your PHYSICAL HEALTH OR EMOTIONAL problems interfered with your social activities (like visiting with friends, relatives, etc.)?



How self-conscious do you feel with regard to your psoriasis? Not at All = 0,Very Much = 10
0 1 2 3 4 5 6 7 8 9 10
How helpless do you feel with regard to your psoriasis? Not at All = 0, Very Much = 10
0 1 2 3 4 5 6 7 8 9 10
How embarrassed do you feel with regard to you psoriasis? Not at All = 0, Very Much = 10
$\square 0 \square 1 \square 2 \square 3 \square 4 \square 5 \square 6 \square 7 \square 8 \square 9 \square 10$
How angry or frustrated do you feel with regard to your psoriasis? Not at All = 0, Very Much = 10
$\square 0 \square 1 \square 2 \square 3 \square 4 \square 5 \square 6 \square 7 \square 8 \square 9 \square 10$
To what extent does your psoriasis make your appearance unsightly? Not at All = 0, Very Much = 10
$\Box 0 \Box 1 \Box 2 \Box 3 \Box 4 \Box 5 \Box 6 \Box 7 \Box 8 \Box 9 \Box 10$
How disfiguring is your psoriasis? Not at All = 0, Very Much = 10
$\Box 0 \Box 1 \Box 2 \Box 3 \Box 4 \Box 5 \Box 6 \Box 7 \Box 8 \Box 9 \Box 10$
How much does your psoriasis impact your overall emotional well-being? Not at All = 0, Very Much = 10
$\Box 0 \Box 1 \Box 2 \Box 3 \Box 4 \Box 5 \Box 6 \Box 7 \Box 8 \Box 9 \Box 10$
Overall, to what extent does your psoriasis interfere with your capacity to enjoy life? Not at All = 0, Very Much = 10
$\Box 0 \Box 1 \Box 2 \Box 3 \Box 4 \Box 5 \Box 6 \Box 7 \Box 8 \Box 9 \Box 10$
How much have each of the following been affected by your psoriasis during the past month.
Itching? Not at All = 0, Very Much = 10
$\Box 0 \Box 1 \Box 2 \Box 3 \Box 4 \Box 5 \Box 6 \Box 7 \Box 8 \Box 9 \Box 10$
Physical irritation? Not at All = 0, Very Much = 10
$\Box 0 \Box 1 \Box 2 \Box 3 \Box 4 \Box 5 \Box 6 \Box 7 \Box 8 \Box 9 \Box 10$
Physical pain or soreness? Not at All = 0, Very Much = 10
$\Box 0 \Box 1 \Box 2 \Box 3 \Box 4 \Box 5 \Box 6 \Box 7 \Box 8 \Box 9 \Box 10$
Choice of clothing to conceal psoriasis? Not at All = 0, Very Much = 10
$\Box 0 \Box 1 \Box 2 \Box 3 \Box 4 \Box 5 \Box 6 \Box 7 \Box 8 \Box 9 \Box 10$

Thanks for completing the survey. Please click on the "Save" button. You will be directed to another page that will provide you with a validation code. Please remember this code. You will need this code to return to your survey. Please do NOT click on the "Next" button.

STOP! Do NOT click on the "Submit" button.

