

**Supplementary Figure 1** Directed acyclic graph showing the causal pathway from baseline self-rated health (SRH) to death, including assumed confounders.

Supplementary Table 1 Cancer diagnoses in the Norwegian Women and Cancer cohort, by
International Classification of Diseases Revision 10 (ICD-10) category.

ICD-10 codes	Cancer sites	N
C00-C14	Lip, oral cavity, and pharynx	190
C15-C26	Digestive organs	2967
C30-C39	Respiratory and intrathoracic organs	1345
C40-C41	Bone and articular cartilage	13
C43-C44	Skin	1113
C45-C49	Mesothelial and soft tissue	142
C50	Breast	5075
C51-C58	Female genital organs	2104
C64-C68	Urinary tract	463
C69-C72	Eye, brain, and other parts of CNS	343
C73-C75	Thyroid and other endocrine organs	249
C76	Other ill-defined sites	107
C81-C96	Lymphoid, haemopoietic, and related tissue	1115
D37-D48	Neoplasms of uncertain or unknown behaviour	193

Supplementary Table 2 Associations between baseline self-rated health (SRH) and mortality after cancer diagnosis in the Norwegian Women and Cancer cohort (N=15 412), assessed with flexible parametric modelling using restricted cubic splines with 2 knots to baseline SRH. We stratified by the cancer sites listed in supplementary table 1.

	Age-adjusted <sup>a</sup>		Multivariable <sup>b</sup>	
	HR	95% CI	HR	95% CI
Good vs. very good SRH (N=9742)	1.03	0.97-1.12	0.99	0.91-1.07
Poor vs. very good SRH (N=1268)	1.25	1.10-1.41	1.14	1.00-1.30

- a) Age adjustment was performed using age as the underlying timescale
- b) In the multivariable models, we adjusted for age (timescale), physical activity level, body mass index, smoking habits, alcohol consumption, duration of education, household income, and living with spouse or partner.

**Supplementary Table 3** Associations (hazard ratios [HRs] with 95% confidence intervals [Cls]) between baseline self-rated health (SRH) and all-cause mortality or cancer diagnosis at median age at the end of follow-up in the Norwegian Women and Cancer cohort.

	Median age	Age-adjusted <sup>a</sup>		Multivariable <sup>b</sup>	
		HR	95% CI	HR	95% CI
Full cohort (N=110 104)	68				
Good vs. very good SRH (N=67 244)		1.42	1.34-1.50	1.19	1.12-1.26
Poor vs. very good SRH (N=7487)		2.66	2.46-2.88	1.81	1.66-1.97
Transition 1: entry to cancer diagnosis (N=110 104)	62				
Good vs. very good SRH (N=67 244)		1.12	1.06-1.17	1.14	1.08-1.20
Poor vs. very good SRH (N=7487)		1.40	1.28-1.53	1.44	1.32-1.58
Transition 2: entry to death, cancer-free women (N=94 685)	68				
Good vs. very good SRH (N=9742)		2.00	1.81-2.22	1.59	1.44-1.77
Poor vs. very good SRH		5.68	4.99-6.47	3.34	2.91-3.84
Transition 3: cancer diagnosis to death (N=15 412)	68				
Good vs. very good SRH (N=9742)		1.06	0.97-1.16	1.01	0.93-1.11
Poor vs. very good SRH (N=1268)		1.34	1.17-1.53	1.20	1.04-1.39

- a) Age adjustment was performed using age as the underlying timescale
  - b) In the multivariable models, we adjusted for age (timescale), physical activity level, smoking habits, education length, household income, living with spouse or partner, BMI, and alcohol consumption.

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