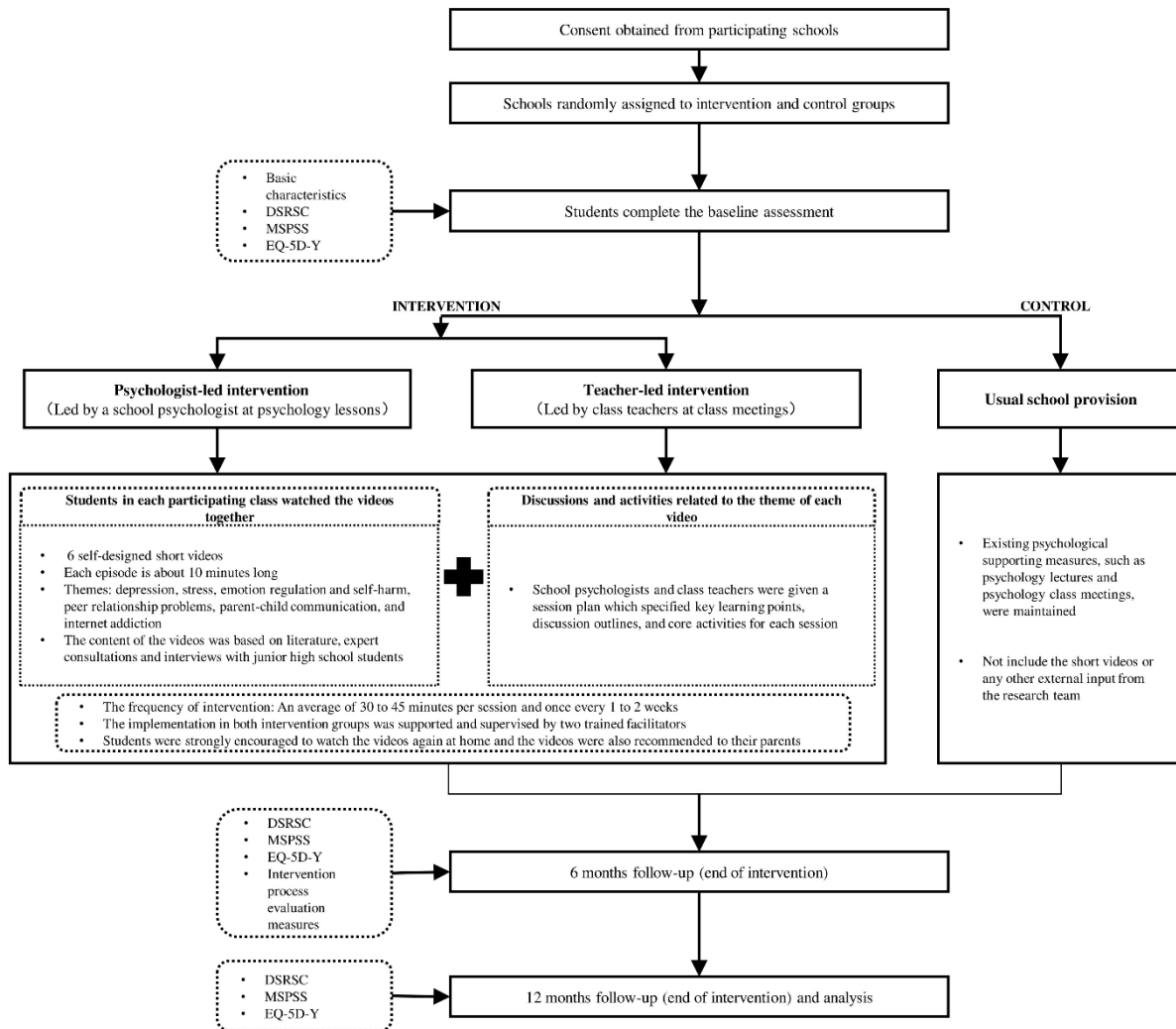


# Supplement Material



**Supplement Figure 1.** Schematic Illustration of the research design

**Supplement Table 1.** Analysis of the effect of intervention process variables on the primary outcome (DSRSC score at 6-month follow-up)

	Psychologist-led intervention			Teacher-led intervention		
	Mean (SD)/N (%)	$\beta$ (95%CI)	p value*	Mean (SD) /N (%)	$\beta$ (95%CI)	p value*
The number of videos watched by students at school	5.54 (1.28)	0.07(-0.38 to 0.51)	0.769	3.76 (2.14)	-0.40(-0.64 to -0.16)	<b>0.001</b>
The number of videos watched by students at home	4.68 (2.22)	-0.37(-0.64 to -0.11)	<b>0.006</b>	2.79 (2.47)	-0.52(-0.72 to -0.31)	<b>&lt;0.001</b>
The number of videos watched by parents	4.28 (2.45)	-0.52(-0.76 to -0.28)	<b>&lt;0.001</b>	2.53 (2.52)	-0.55(-0.75 to -0.35)	<b>&lt;0.001</b>
Communicated with parents about the videos (Reference: No)	251 (70.7%)	-3.39(-4.66 to -2.12)	<b>&lt;0.001</b>	160 (44.2%)	-2.67(-3.72 to -1.61)	<b>&lt;0.001</b>

Data are mean (SD) or n (%) unless otherwise indicated. Bold text indicates a statistically significant difference with a p-value less than 0.05.

\*Adjusted for baseline DSRSC score, sex, grade, only-child family, household registration, family economic status, study hours per day, and relationships with mother and father