

Appendix 2. The 5-item Medication Adherence Report Scale (MARS-5)

	Always	Often	Sometimes	Rarely	Never
1. I forget to take them	0	0	0	0	0
2. I alter the dose	0	0	0	0	0
3. I stop taking them for a while	0	0	0	0	0
4. I decide to miss out a dose	0	0	0	0	0
5. I take less than instructed	0	0	0	0	0