# Appendix A

Text

Description automatically generated with medium confidence

A picture containing text

Description automatically generated

Graphical user interface

Description automatically generated with medium confidence

Graphical user interface

Description automatically generated with low confidence

Graphical user interface, text

Description automatically generated with medium confidence

Notes: The Hospital Anxiety and Depression Scale reprinted with permission from: Zigmond AS, Snaith RP. The Hospital Anxiety and Depression Scale. *Acta Psychiatr Scand*. 1983;67(6):361-370. doi:10.1111/j.1600-0447.1983.tb09716.x. © John Wiley & Sons A/S. Published by John Wiley & Sons Ltd.