

Supplementary Table S1

Questionnaire

Sociodemographic characteristics

Gender	Male
	Female
Age	10-19 years
	20-29 years
	30-39 years
	40-49 years
	50-59 years
	>60 years
Living place	Rural
	Urban
Social life	Living alone
	With family
Education level	Primary/Middle (0-8 yrs.)
	Secondary/Intermediate (9-12 yrs.)
	University degree (≥ 13 yrs.)

Risk Factors and Lifestyle characteristics

BMI (Kg/m²)	18.5-24.9 (normal)
	25-29.9 (overweight)
	30-39.9 (obese)
Any Past GIT disease history? (Dyspepsia, Peptic Ulcer, Heartburn etc.)	Yes
	No
Smoking History	Yes (Former smoker or Current smoker)
	No (Never Smoked)
Chew Pan masala	Yes (Former chewer Or Current chewer)
	No (Never Chewed)
Frequently use NSAIDs	Yes (Daily or ≥ 3 times in a week)
	No (Rare < 3 times in a week)
Frequently use CCB/Nitrate	Yes
	No
Frequently consume soft drinks	Yes (Daily or ≥ 3 times in a week)
	No (Rare < 3 times in a week)
Frequently consume tea	Yes (Daily or ≥ 3 times in a week)
	No (Rare < 3 times in a week)
Frequently use of fried food	Yes (Daily or ≥ 3 times in a week)
	No (Rare < 3 times in a week)
Frequently eat pickles	Yes (Daily or ≥ 3 times in a week)
	No (Rare < 3 times in a week)
Frequently eat spicy meals	Yes (Daily or ≥ 3 times in a week)
	No (Rare < 3 times in a week)