**Supplement**

**Table S1.** Multidimensional Prognostic Index

|  |  |  |  |
| --- | --- | --- | --- |
| **Assessments** | **Mild** **(value = 0)** | **Moderate** **(value = 0.5)** | **Severe** **(value = 1)** |
| MMSE | 30 – 28 | 27 – 25 | ≤ 24 |
| ESS | 20 – 16 | 15 – 10 | 9 – 5 |
| Katz | 6 – 5 | 4 – 3 | 2 – 0 |
| Lawton | 8 – 6 | 5 – 4 | 3 – 0 |
| MNA-SF | ≥ 12 | 11 – 8 | ≤ 7 |
| CIRS-CI | 0 | 1 – 2 | ≥ 3 |
| No. of medications | ≤ 3 | 4 – 6 | ≥ 7 |
| Living situation  | Living with family | Institutionalized | Living alone |
| *Abbreviations: CIRS-CI, Cumulative Illness Rating Scale Comorbidity Index; ESS, Exton-Smith Scale; MMSE, Minimal Mental State Exam; MNA-SF, Mini Nutritional Assessment Short Form.*  |

**Table S2**. Physical functioning measurements

|  |  |
| --- | --- |
| Frailty according physical functioning measurement  | **All patients****N = 163** |
| Hand grip strength Men < 27 kg ≥ 27 kg Women < 16 kg ≥ 16 kg | 14 (12.7)96 (87.3)6 (12.2)43 (87.8) |
| Gait speed ≤ 0.8 m/s > 0.8 m/s | 26 (16.9)128 (83.1) |
| TUGT ≥ 20 s < 20 s | 12 (7.6)145 (92.4) |
| *Abbreviations: TUGT, Timed Up and Go Test;**Data incomplete for: handgrip strength (Men :N= 110, Women: N = 49), gait speed (N = 154), TUGT (N = 157).* |