Supplementary file 1- Search Strategy for PubMed

```
1.Aged (MESH)
2.Aged, 80 and over (MESH)
3.Frail elderly (MESH)
4."Older adults" [tw]
5."Older adult" [tw]
6."Old adult" [tw]
7."Old adults" [tw]
8."Older people" [tw]
9."Old people" [tw]
10."Older persons" [tw]
11."Older person" [tw]
12."Old person" [tw]
13."Old persons" [tw]
14.Senior [tw]
15.seniors[tw]
16.Elder[tw]
17.elderly [tw]
18. 1 OR 2 OR 3 OR 4 OR 5 OR 6 OR 7 OR 8 OR 9 OR 10 OR 11 OR 12 OR 13 OR 14 OR 15 OR 16 OR 17
19. Reablement [tw]
20. re-ablement [tw]
21. "restorative care" [tw]
22. "restorative home care" [tw]
23. "restorative home support" [tw] - - "restorative interventions" [tw]
24. "restorative intervention" [tw]
25."active service model" [tw]
26."home independence program" [tw]
27. "everyday rehabilitation" [tw] "home rehabilitation" [tw]
28."home care rehabilitation" [tw]
29. "home-based rehabilitation" [tw]
30.home rehabilitation [ti, ab]
31. 19 OR 20 OR 21 OR 22 OR 23 OR 24 OR 25 OR 26 OR 27 OR 28 OR 29 OR 30
```

Filters: publication date between 1996- current.

32. 18 AND 31

Pub Med was searched September 24th 2018, with updated searches July 30th 2019 and June 20th 2020.

Supplementary file 2 – Extended data extraction

Author Year Country Intervention	Title n studies - RCTs (n=8)	Aim	Design/ method	Intervention	Comparison intervention (if applicable)	Duration of inter-vention	HCPs	Reablement receivers + mean age each group (SD)	Sample size/ informants (each group)	Characteristics of general PA facilitation	Exercise characteristics	Experiences/ barriers related to PA	of physical	Assess- ment of PA levels
Burton et al. ²⁶ 2013 Australia	Effectiveness of a lifestyle exercise program for older people receiving a restorative home care service: a pragmatic randomized controlled trial	To determine whether a lifestyle exercise program would be undertaken more often and result in greater functional gains than the current structured exercise program delivered as part of a restorative home care service for older adults	Parallel	care + LIFE (lifestyle	Restorative care + standard/ structured exercise program	8 weeks	OTs PTs RNs Aides	Participants of restorative care over 65 years, who were to have an exercise program. Mean age 80.2 (SD 6.4)/ 79.58 (SD 6.2)	80 (40, 40)	Include promotion of active engagement in activities of daily living; care managers offered support and encouragement	Yes. Detailed descriptions provided, including intensity of exercises	Not reported	Functional reach Sit-to stand TUG Tandem walk	Exercise adheren ce diary
Burton et al. ⁴¹ 2014 Australia	Long-term Benefits of a Lifestyle Exercise Program for Older People Receiving a Restorative Home Care Service: A Pragmatic Randomized Controlled Trial	(LiFE) compared to the current, structured	Pragmatic RCT long term follow-up	Restorative care + LIFE (lifestyle exercise program)	Restorative care + standard exercise program	8 weeks	OTs PTs RNs Aides	Participants of restorative care over 65 years, who were to have an exercise program. Mean age 80.2 (SD 6.4)/79.58 (SD 6.2)	80 (40, 40)	Refers to Burton 2013	Same as Burton 2013	Not reported	Same as Burton 2013	Exercise adheren ce diary

											Exercise programs			
										Training in daily	were			
										activities such as	recommended as			
		To investigate the								dressing, food	individual			
		effectiveness of								preparation,	features, such as			
		reablement in					ОТ				indoor or outdoor			
							OT PT			vacuuming, bus				
		home-dwelling					I			transport, visiting	walking with or			
		older adults					Nurses			friends at a club, or	without walking			
		compared with					Auxiliary			being able to knit.	aids, climbing			
		usual care in					nurses	Adults >18 with		HCPs encouraged	stairs, transferring			
	Reablement in	relation to daily					Assistants	functional decline		•	and performing			
	community-dwelling	activities, physical				Max 3	/	in one or more		training and	exercises to			
al. ²⁹	older adults: a	functioning, and	group			months	students	activities. Mean		stimulated to	improve strength,		TUG	
2015	randomised	health-related	Superiority			(average:	Social	age 79.9 (SD 10.4)		perform daily	balance or fine		Grip	
Norway	controlled trial	quality of life	RCT	Reablement	Usual care	10weeks)	educator	/78.1 (SD 9.8)	61 (31,30)	activities themselves	motor skills	Not reported	strength	No
		To test the												
		effectiveness of												
	A randomised	the Home												
	controlled trial of	Independence												
	the Home	Program (HIP), a		HIP (the				Older adults						
	Independence	restorative home-		home				referred for home			Strength, balance			
	Program, an	care program for		independence				care, that have			and endurance			
Lewin	Australian	older adults, in		program). A			RNsOTsP	chosen to attend			programs for		TUG(Result	
et al. ²⁷	restorative home-	reducing the need		restorative			Ts	to HIP. Mean age		Promotion of active	improving or		s for TUG	
2013	care program me for	for ongoing		home-care	Usual home	Max 12	Support			engagement in daily	maintaining		not	
Australia	older adults	services	RCT	program	care	weeks	workers*	(7.19)/82.73(7.70)		activities.	mobility.	Not reported	reported)	No
		To test the		F 8				(**===), ==***=(****=)						
		feasibility of												
		conducting a												
		randomized												
		controlled trial												
		(RCT) of an												
		intervention												
	Occupational	targeted at												
	Therapy in	activities of daily					Social							
	HomEcare Re-	living (ADL),					care	Adults with a need						
Whitehead	ablement Services	delivered by an					workers	for homecare						
et al. ³⁰	(OTHERS): results of	•												
		occupational	Foodibility	Dooblomort:				support. Mean		Dracticing ADI				
	a feasibility	therapist, in	Feasibility	Reablement + OT			nt team	age: 82.93		Practicing ADL-				
United	randomized	homecare	parallel		Dealelana ant	Caalaa . /	leader	(9.02)/81.93		activities was part of	Nat was a start	Natura anti-	Nama	NI-
Kingdom	controlled trial	reablement	group RCT	intervention	Reablement	b weeks +/-	UI	(12.96)	30 (15/15)	the intervention	Not reported	Not reported	ivone	No

Parsons et al. ²⁸ 2018 New Zealand	Supported Discharge Teams for older people in hospital acute care: a randomised controlled trial	To determine whether older people referred to a Supported Discharge Team have: (i) reduced length-of-stay in hospital; (ii) reduced risk of hospital readmission; and (iii) reduced healthcare costs	RCT	Supported discharge team	Usual care	Max 6 weeks	Health care Assistants RNs PTs OTs Geriatrici an	Older hospitalized people >65 + additional eligibility criteria. 79.8 (7.2)/78.7(8.2)	183 (97,86)	Utilize functional rehabilitation principles to maximize recovery through incorporating exercises within ADL tasks. Health care assistants provided up to 4 visits a day; 7 days a week following a program of graduated reduction of inputs.	Exercises progressively incorporated within ADL tasks, eg progressively increasing walking distance, sit-to stand, lying in bed to standing, carrying groceries home from shops and putting away in cupboards.	Not reported	None	No
Hattori et.al. ³¹ 2019 Japan	Effects of Reablement on the Independence of Community- Dwelling Older Adults with Mild Disability: A Randomized Controlled Trial	To assess the efficacy of the CoMMIT program for older adults with mild disability	Parallel, two-arm, randomized controlled, superiority trial	Reablement + Standard care	Usual care	5 months	PTs OTs Care managers	Older adults with a current use of long-term care services. Median age 80.0	375 (190/185)	Encouraged to regain physical activities and participation in ADL/IADL, based on motivational interviewing. Aimed to improve body function, activities and participation in accordance with the International Classification of Functioning, disability and health (ICF).	Not reported	Not reported	Not reported	Not reported
Jeon et.al. ³² 2019 Australia	Feasibility and potential effects of interdisciplinary home-based reablement program (I-HARP) for people with cognitive and functional decline: a pilot trial	To test the feasibility and potential effects of I-HARP, which integrates evidence-based strategies and cognitive rehabilitation techniques into a dementia-specific, person-centred reablement package, within an Australian context.	Feasibility study; Parallel-	I-HARP (Interdisciplin ary Home- bAsed Reablement Program)	Usual care		OTs RNs Neuropsy chologist. (Addition al allied health services were recom- mended when necessary)	Older adults (≥60)with early/moderate stage dementia and difficulties in ADL or IADL. Mean age 79 (range 64-85)/81	18 (9/9)	Not reported	Balance and strength exercises were included as needed	Some reported	Not reported	Not reported

Intervention	studies - not RCTs (n	=8)												
	(1)													
	A non-randomised													
	controlled trial of					Up to 12					Interventions			
		To compare		HIP (the		weeks (with					included strength,			
	Independence	programs for		home		some		Older clients over		Interventions	balance and			
	, ,	personal		independence		exceptions).		60 years, referred		included promotion	endurance			
Lewin et	Australian	(functional gain	Non-	program). A		Average		for home-care		of active	programs for			
al. ³⁴	, ,	and well-being)	randomized	restorative		length of	Nurses	services. Mean		engagement in a	improving or			
2010	for older home-care	and service	controlled	home-care		stay was 62		age: 79.6 (SD		range of daily living	maintaining			
Australia	clients	outcomes	trial	program	Usual care	days	OTs	7.8)/79.8 (SD 3.9)	200 (100/100)	activities	mobility	Not reported	TUG	No
		To determine if												
		there was a												
		difference in												
		Outcome and												
		Information Data												
		Set (OASIS-C)												
		activities of daily												
		living (ADL)												
		outcomes as well												
		as the duration												
		and number of												
		home care visits		Usual home										
		between usual		care										
		home care	Datus	rehabilitation							Tauaatad awasiaa			
		rehabilitation	Retro-	service							Targeted exercise			
	Outcomes of usual	services and a	spective	specially trained in falls		Maan		Doonlo roccivina			programs focusing		TUG is	
M/hitmay.cot	Outcomes of usual	home care rehabilitation	quasi-		Usual home	Mean duration in		People receiving Medicare			on improving mobility and		mentioned,	
Whitney et al. ³⁷	versus a specialized falls and balance	team that was	experi- mental	and			Nivers	beneficiaries.			safety in the home		· ·	
2015		specially trained in		prevention	care rehabilitation	interventio n group was	Nurses		3902 (2121/	Not specifically	were mentioned		but results are not	
USA	program in the home	falls identification		(Safe Strides)	service	52.6 days	OTs		1781)	reported		Not reported		No
USA	nome	ians identification	uesigii	(Sale Strides)	Sel vice	32.0 uays	013	(9.9)/79.9 (10.7)	1701)	reported	iii tile discussion	Not reported	reported	NO
								Older adults >65		The role of the				
		To evaluate if a								home carer was to				
		home-based						years applying for home care		verbally and				
		reablement						services or an		physically support				
Winkel et		program						increase of home		and motivate the				
al. ³⁹		influenced the	Non-				Home	care services.		participant to				
2015	Reablement in a	ADL ability of	randomized		(No		carer	Mean age 79.6		perform the ADL				
Denmark		older adults		Reablement	comparison)	12 weeks	OT	_	91	tasks.	Not mentioned	Not reported	None	No
Dellillark	community setting	oluei auults	phot study	readicilicit	companison)	TT MCCV2	01	(30 0.0)	71	tasks.	I vot mentioned	ivot reported	INOTIE	INU

	1	1	1		ı	ı	ı	ı	1	1	1	1	T	
								Older persons >65						
								at risk for						
								functional decline			The treatment			
		To compare						after acute illness			plan included			
		functional status						or hospitalization			various			
	Evaluation of	and the likelihood					Nurses	who were			combinations of			
	restorative care vs	of remaining at					PTs	referred to the			exercises and			
Tinetti et	usual care for older	_					OTs	restorative and						
al. ³⁵		home for persons									training (not further			
-	adults receiving an	receiving	Cantuallad	Danta until la	Harral harra		Home	usual care offices.	1202					
2002	acute episode of	restorative care vs		Restorative	Usual home	2	health		1382	No. 1	elaborated, refers	N - 1 1	N	
USA	home care	usual home care.	clinical trial	care	care	3 months	staff	(6.9)/78.8 (6.9)	(691,691)	Not reported	to Baker 2001)	Not reported	NO	No
1		_								Treatment plans	1			
		To compare								targeted physical	L			
		readmissions of								impairments and	Treatment plan			
		Medicare								tasks of daily living.	included various			
	Effect of a	recipients of usual					Nurses	People >65		Included training	combinations of			
	Restorative Model	home care and a	experi-				PTs	receiving home		and counseling of	exercise			
Tinetti et	of Posthospital	matched group of				Mean	OTs	care after		participant, family	(Refers to Baker			
al. ³⁶	Home Care on	recipients of a	matched			duration	Home	hospitalization		and caregivers	2001 for further			
2012	Hospital	restorative model	and	Restorative	Usual home	20.3 days +-	health	Mean age 77.4		(content of training	description of			
USA	Readmissions	of home care.	unmatched	care	care	14.8 days	staff	(6.7)/ 77.0 (6.7)	770 (410/360)	not specified).	intervention)	Not reported	None	No
											Exercise programs			
											such as			
											performing			
		To investigate the									exercises to			
		effects of								Intensive attention	improve strength,			
		reablement in								was given to	balance, or fine			
		home-dwelling								encourage	motor skills. The			
		adults on daily					OTs	Home-dwelling		participation and	exercises will be			
		activities, physical	Multicenter				PTs	adults >18 that		stimulate daily	incorporated into			
	A multicenter	function, health-	clinical				Nurses	recently had		training for the	daily routines and			
Langeland	investigation of	related quality of	controlled				Auxiliary	experienced		participants,	the participant			
et al. ³³	reablement in	life and coping as	trial (in 36			4-10 weeks;	,	functional decline.		including performing				
2019	Norway: a clinical	a sense of	municipaliti			(mean 5.7	Home		828	their daily tasks	encouraged to			
Norway	controlled trial	coherence	es)	Reablement	Standard care	`	helpers	(11.2)/79.5 (9.3)	(707/121)	themselves.	train on their own.	Not reported	SPPB	None
,	controlled that	To examine the	237		5.4.144.4.54.6		петрего	(22.2), 73.3 (3.0)	(/0//121/		cram on them own		05	110
		impact of												
		reablement on												
1	An evaluation of the	physical									1			
Slater et	reablement service	independence,									1			
al. ³⁸		care plans and	A retro-				OTs	Reablement			1			
	programme on	•												
2018	physical ability, care	care packages	spective		No		Health	receivers >18						
United	needs and care plan	post-discharge for	cohort	Daablasses	No	C	care	years. Mean age:	416	Nint name of the	Nat same start	Nat and a set of	NI-	N.
Kingdom	packages	older adults	design	Reablement	comparison	6 weeks*	assistants	76.5 (10.8)	416	Not reported	Not reported	Not reported	NO	No

Beresford et.al. ⁴⁰ 2019 United Kingdom		reablement in	Prospective cohort	Three different reablement services	No comparison	duration was 3.9	OTs Health care assistants	Reablement receivers. Mean age 80.85 (SD9.1)/ 80.83 (SD 9.0)/81 (8.8)		Not reported	Not reported	Not reported	No	No
Mixed meth	od studies/other (n=4)												
Burton et al. ⁴² 2013	Barriers and Motivators to Being	To identify the motivators and barriers to being physically active for older people	mixed method study using questionnai re and	HIP (the home independence program). A restorative home-care program	Usual home care services (HACC)	generally 6-	OTs	People Aged 70+ that had received HIP/HACC	Questionnaire : 506 older adults. Interviews: 20 older adults		Not reported	Facilitators/ barriers for PA among previous reablement receivers are reported	N/A	PASE
Whitehead	Content and acceptability of an Occupational Therapy	detailed description of the content of the occupational therapy intervention that was provided in the OTHERS trial,	Feasibility/ evaluation study (Part of a feasibility	ОТ		Median length of reablement	OT Social	Receivers of home care reablement services. Mean	Interviews: 5					
et al. ⁴⁴	intervention in	intervention was	RCT);	intervention		episode	care	age 83 (8.9) in	older adults	Practicing ADL				
2018 United	HomEcare Re- ablement Services	acceptable to the participants who	questionnai re and	within reablement		1.	reableme nt	questionnaire, 82.4 (9.86) in	Questionnaire : 8 older	activities was included in		Some		
Kingdom	(OTHERS)	received it			N/A		workers	interviews.			Not reported		No	No

Program for lancusion in a latin lanculuding latitive was uitable alta latin land latin latitive borne 2014 Care Service: A Pilot Care Service. Possible the development of a restorative model of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design	
Determining the Feasibility of a Ulfestyle Activity program was one of Ulfestyle Activity and balance whether a lifestyle exercise program and balance whether a lifestyle exercise program (Lifestyle Activity and functional exercise program (Lifestyle activity in a whether a lifestyle exercise program (Lifestyle activity and functional exercise program (Lifestyle was suitable intervention in a study, Pilot exercise program (Lifestyle exercise program (Lifestyle exercise program (Lifestyle exercise program (Lifestyle exercise program exercise program (Lifestyle exercise program e	
Determining the Feasibility of a Lifestyle Activity Program for Inclusion in a Australia Study Australia Study To determine whether a lifestyle allowed by the care service. To determine whether a lifestyle intervention and functional a service program as intervention, including strength and balance program was one of several key components. The care managers discussed how the exercise program (Lifestyle and functional and functional and functional and functional and functional and functional study. Program for least of the development of a restorative home and ready and service program and assessed as care managers discussed how the exercise program discussed how the ex	
Determining the Feasibility of a Lifestyle Activity Program for Program for Burton et Australia Study Determining the Feasibility of a Lifestyle Activity Program for Burton et Australia Study To determine whether a lifestyle whether a lifestyle whether a lifestyle whether a lifestyle intervention and functional exercise program (Lifestyle Activity program was one of several key components. The care managers dativities; a standardized exercise program and functional exercise program and assessed as requiring an exercise program dativities; a standardized exercise program and assessed as requiring an exercise program and assessed as requiring an exercise program and functional exercise program and assessed as requiring an exercise program and assessed as requiring an exercise program and functional exercise program and assessed as requiring an exercise program and assessed as requiring an exercise program exercise program and exercise program and exercise program exercise program and exercise program and exercise program exercise program and exercise program exercise program and exercise program exe	
Determining the Feasibility of a Lifestyle Activity Program for Lifestyle Activity Program for all-state and assertive Home Australia Study To describe the development of a restorative managers with personal care designed to integrate medical treatments for a cut conditions with personal care and rehabilitation for chronic of design to the for foreign and rehabilitation for chronic of design to the foreign and follows a comparative program and balance and b	
Determining the Feasibility of a Lifestyle Activity on the Feasibility of a Lifestyle Intervention and functional of the Feasibility of a Lifestyle Intervention and care at Life Intervention and assessed as requiring an exercise program and assessed as care managers discussed how the exercise might fit into the client's froutine daily on how to some Tan and care exercise or program of the development of a restorative model of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation of rocknoric of design Mean Nurses Mean Nurses health aides.	
Determining the Feasibility of a whether a lifestyle Lifestyle Activity and functional exercise program for liculusion in a last altast altast altast altast altast and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a rectorative mode of forms and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a restorative mode of forms and the development of a restorative model of forms care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design	
Determining the Feasibility of a Lifestyle Activity and functional Program for exercise program including Inclusion in a Lass Restorative Home Care Service: A Pilot To describe the development of a restorative model of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation of a create conditions with personal care and rehabilitation of for chronic of design of the program of the program of the care intervention and functional study, Pilot whether a lifestyle study, Pilot whether a lifestyle intervention intervention and functional and functional and functional and functional study. Restorative care + LIFE (lifestyle and assessed as requiring an exercise program exercises program exercises program exercises program exercises into the client's routine daily activities and care manager. Mean a program wask of the care whether a lifestyle into the client's routine daily and the care agency. Work group included two researchers within a branch of a home care agency. Work group included two researchers with personal care and rehabilitation of design of	
Determining the Feasibility of a Lifestyle Activity Program for Exercise program for Lifestyle Activity Program for Exercise program for Lifestyle Activity Program for Exercise	
Determining the Feasibility of a Unifestyle Activity Program for Burton et al.43 Burton et al.43 Restorative Home Care Service: A Pilot Australia Australia To determine whether a lifestyle interviews interviews and care managers and care care service. Australia To determine whether a lifestyle interviews interviews and care care managers and assessed as requiring an exercise program exerc	
Feasibility of a Lifestyle Activity Program for Program for Inclusion in a Australia Study To describe the development of a restorative mode of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design To describ the development of a restorative mode of home care and rehabilitation for chronic of design To description of design Whether a lifestyle and functional and functional and functional and functional and functional and functional and assessed as requiring an as comparative and assessed as requiring an assessed as reasessed as reasessed as reasessed as reasessed as reasessed as reasessed as reasess	
Lifestyle Activity Program for Inclusion in a Including	PASE
Program for luclusion in a lucluding latituding al. 43 Restorative Home 2014 Care Service: A Pilot Australia Study care service. Australia Austra	Actica
Program for luclusion in a lucluding latituding al. 43 Restorative Home 2014 Care Service: A Pilot Australia Study care service. Australia Austra	ctional accele
al. ⁴³ Restorative Home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Care Service: A Pilot Study For delivery in a restorative home Addes Pilot Study For delivery in a restorative home Addes Pilot Study For delivery in a restorative home Addes Pilot Study For delivery in a restorative home Addes Pilot Study For delivery in a restorative home Addes Pilot Study For delivery in a restorative model of home Care Service: Average 7-8 PTS was activities which in the client's and care routine daily and care routine daily activities on how to Some Tance For delivery in the service on how to Pilot Study For delivery in the service on how to Pilot Study For delivery in the service on how to Pilot Study For delivery in the service on how to Pilot Study For delivery in the service on how to Pilot Study For delivery in the service on how to Pilot Study For delivery in the service on how to Pilot Study For delivery in the service on how to Pilot Study For d	h Sit- meter
2014 Care Service: A Pilot Australia Study restorative home care service. managers managers program) N/A weeks Aides* manager. Mean age 80.8 (5.87) 9 clients activities progress exercises reported walk on how to progress exercises reported walk manager. Mean age 80.8 (5.87) 9 clients activities programs on how to progress exercises reported walk manager. Mean age 80.8 (5.87) 9 clients activities programs on how to progress exercises reported walk manager. Mean age 80.8 (5.87) 9 clients activities programs on how to progress exercises reported walk manager. Mean age 80.8 (5.87) 9 clients activities programs activities p	tand tivity
Australia Study care service. managers program) N/A weeks Aides* age 80.8 (5.87) 9 clients activities progress exercises reported walk Model development within a branch of a nestorative model of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design Mean Nurses Model development within a branch of a home care agency. Work group included two researchers (RN, PT), two RNs, 2 PTs, two home themselves. Help patients safely patients safely patients follow	assess
Australia Study care service. managers program) N/A weeks Aides* age 80.8 (5.87) 9 clients activities progress exercises reported walk Model development within a branch of a restorative model of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design Mean Nurses Aides* age 80.8 (5.87) 9 clients activities progress exercises reported walk Model development within a branch of a home care agency. Work group included two researchers (RN, PT), two adults perform acute conditions two home health aides.	dem ent
Model development within a branch of a restorative model of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design Mean Nurses Model development within a branch of a home care agency. Work group included two researchers (RN, PT), two adults perform acute conditions two home themselves. Help patients safely patients follow	sheets
To describe the development of a restorative model of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design Mean Nurses Mean Nurses	
To describe the development of a restorative model of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design described by the design described by the design described by the described by the development of a branch of a home care agency. Work group included two researchers (RN, PT), two adults perform adults perform acutive some themselves. Help trained to help patients follow	
development of a restorative model of home care of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design development of a restorative model of home care agency. Work group included two researchers (RN, PT), two RNs, 2 PTs, two home themselves. Help trained to help patients safely patients follow	
restorative model of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design Mean Nurses home care agency. Work group included two researchers (RN, PT), two RNs, 2 PTs, two home themselves. Help patients safely patients safely patients follow	
of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of home care designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of home care agency. Work group included two researchers (RN, PT), two RNS, 2 PTS, two home themselves. Help patients safely patients safely patients safely patients safely patients follow	
designed to integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design designed to integrate medical treatments for acute conditions with personal care and rehabilitation of design d	
integrate medical treatments for acute conditions with personal care and rehabilitation for chronic of design integrate medical treatments for acute with personal care and rehabilitation of design included two researchers (RN, PT), two RNs, 2 PTs, activities with personal care two home themselves. Help trained to help patients safely patients follow	
treatments for acute conditions with personal care and rehabilitation for chronic of design treatments for acute conditions with personal care and rehabilitation for chronic of design treatments for acute conditions with personal care and rehabilitation for chronic of design treatments for acute conditions (RN, PT), two adults perform acutivities HHAs were themselves. Help trained to help patients safely patients follow	
acute conditions with personal care and rehabilitation Description for chronic of design Mean Nurses (RN, PT), two adults perform RNs, 2 PTs, activities two home themselves. Help trained to help patients follow	
with personal care and rehabilitation Description for chronic of design Mean Nurses RNs, 2 PTs, activities two home themselves. Help trained to help patients follow	
and rehabilitation Description	
for chronic of design Mean Nurses health aides. patients safely patients follow	
The design and disabilities in and duration of PTs Staff and six practice regaining through on	
Baker et implementation of a order to improve implementation or order to improve improv	
al. ⁴⁵ restorative care older adults' tation of a Restorative Restorative Home home care, of participated focus on prevention exercises and gait	
2001 model for home functional restorative care model care was health whom 75% in focus of sedentary and transfer Some Not	[
USA care outcomes. care model for home care N/A 24.8 days * laides were >65 years. groups behavior. training. reported repo	Not report

Quantitative studies (n=4)

	To compare the activity levels of older people who										Over three quarters of both HIP		
	had received a restorative home										(76.7%, n = 135) and		
	care service with										HACC (78.5%,		
	those of people who had received										n = 172) respondents		
	"usual" home										were		
	care, explore the								A third (n = 63) of		sufficiently		
	predictors of physical activity in								HIP clients, compared with	30% (n = 43) of	active as defined by		
	these 2 groups,								24.8% (n = 62) of	, ,	the Australian		
	and determine		HIP (the						HACC	could recall being	government's		
	whether either		home						clients, reported	,	recommendat		
Burton et Physical activity	group met the minimum	Cross- sectional	independence program). A			RNs	Older adults>70 years that		having been encouraged to be	program as part of their home care	ions (minimum 30		
al.46 levels of older adults		descriptive	restorative	Home and		OTs	,	506 Older	more physically	service, compared	`		
2013 receiving a home	activity levels for	questionnai		Community	Generally 6-		received HIP or	adults	active by their care	to 7.7% (n = 15) of			
Australia care service	their age group	re study	program	care (HACC)	12 weeks	Aides*	HACC	(215,291)	manager.	HACC clients.	day)	No	PASE
Predictors of Tuntland et outcomes following al. 48 reablement in 2017 community-dwelling Norway older adults	To determine the potential factors that predict occupational performance and satisfaction with that performance at 10 weeks follow-up.	Prospective cohort study; pre- post analysis of outcome data from a clinical trial (Langeland 2019)	Reablement	N/A	Max 3 months	OT PT nurseAuxi liary nurseHo me helper	experienced a	712 Reablement receivers	Same as Langeland 2019	Same as Langeland 2019	Not reported	SPPB (only baseline walking speed reported)	No
,	To explore which	,								J			
	occupations older												
	people with functional decline												
	find important to	A cross-											
	improve, which of					0.7							
Everyday	these they prioritize as their	study based on data			Mean 5.7	OT PT	>65, home-					Baseline	
occupations	rehabilitation	from a			weeks	nurse	dwelling,					walking	
Tuntland et prioritised by older	goals, and what	nationwide			(majority	Auxiliary	experiencing					speed	
al. 47 adults participating	factors are	trial	1	1	between	nurse	functional decline.	738				reported	
2019 in reablement. A	associated with	(Langeland			four and six		Mean age 81.2	reablement	Same as Langeland	Same as		(based on	

	I .			1						F .	I			
		To explore the												
		characteristics and												
		differences of												
		occupational												
		therapy and												
		physiotherapy in					OTs							
		terms of focus					PTs							
		(what the					home							
		intervention was					care staff							
		aimed to					Collabora							
	Characteristics of	improve), content					tion with						Tests for	
	occupational	(what actions					other						balance,	
	therapy and	were					professio			OTs focused mostly			strength	
	physiotherapy	implemented) and				In most	nals, e.g.			on activities such as			and	
						cases the	district			walking indoors and			mobility	
Zingmark	reablement in	the context of				duration	nurses,			self-care. PTs			were	
et.al. ⁴⁹	Swedish	reablement in				was within	social			focused mainly on			reported by	
2020	municipalities: A	Swedish				a period of		Adults, mean age:	1.393 OTs.	walking indoors and			PTs in some	Not
Sweden	national survey		Surveys	Reablement	N/A	6 weeks		78.4 years	1,005 PTs		Not reported	Not reported		reported
			·	1	1,	10 11 00 110		,	1=,000 : 10	10007 10111010111	[1	
Qualitative	studies; professionals	s perspectives (n=18	3)	,	T	1				1		T	1	
			Focus											
			groups.Qual											
			itative											
	The reablement	To explore and	phenomeno						14 HCPs; 1					
	team's voice: a	describe how an	-logical				OTsPTsSo		physio, 2 OT,					
	qualitative study of	integrated	hermeneu-				cial		1 social					
	how an integrated	multidisciplinary	tic study.				educators		educator, 2					
Hjelle et	multidisciplinary	team in Norway	Part of an				NursesAu		nurses, 2					
al. ⁵⁹	team experiences	experienced	RCT				xiliary	Home-dwelling	auxiliary					
2016	participation in	participation in	(Tuntland			Max 3		adults (main focus		Same as Tuntland	Same as Tuntland		Not	Not
Norway	reablement	reablement	2015)	Reablement	N/A	months		on older adults)	assistants			Not reported		reported
			- ,							1				p

	1	1		1	1		1	1	1		1		1	1
			Focus group											
			discussions											
			and											
			interviews.											
			Qualitative				OTs							
			approach			Max 3	PTs							
		To explore and	drawing on			months in	Social							
		describe the roles	hermeneu-			the rural	educators							
	Reablement teams'	of interdisciplinary	tic			setting,	Nurses		27 HCPs					
Hjelle et	roles: a qualitative	teams in	and			max 4	Auxiliary		(PTs, OTs,					
al. ⁵⁸	study of	reablement	phenomeno			weeks	nurses		Nurses,					
2018	interdisciplinary	services in a	-logical			duration in	Care		Auxiliary	Same as Tuntland	Same as Tuntland	Some	Not	Not
Norway	teams' experiences	Norwegian setting	methods.	Reablement	N/A	the city	assistants	Older adults	nurses)	2015	2015	reported	reported	reported
									22.1105					
			_				PTs		33 HCPs					
		To elucidate how	Focus				OTs		(9 PTs, 9					
		the	groups, part of a				Nurses Social		nurses, 7 OTs, 4 social					
		interdisciplinary collaboration in	national				educators		educators, 3					
Rirkeland et	Interdisciplinary	reablement	evaluation			3 weeks - 3	Auxiliary		auxiliary					
al. ⁵⁰	collaboration in	worked in a	project			months	nurses	Mostly older	nurses and					
2017	reablement–a	Norwegian	(Langeland			(mostly 3-4	Social	adults 65 years	one social				Not	Not
Norway	qualitative study	context	2016)	Reablement	N/A	weeks)*	workers	and above*	worker)	Not reported	Not reported	Not reported	reported	reported
,	, ,		,		•	,			,	'	'			i i
		To soin les surles des												
		To gain knowledge												
	Interdisciplinary	about employees' experiences with							6 HCPs					
	collaboration	establishing a new					ОТ		(One OT, two					
Moe et	experiences in	multidisciplinary				6 weeks	Care		care workers,					
al. ⁶³	creating an everyday	team and				(with some	workers		a nurse, a PT					
2016	rehabilitation	developing a team	Focus	Everyday		exceptions)			and a project				Not	Not
Norway	model: a pilot study	based work mode		rehabilitation	N/A	*	PT	Older adults	leader)	Not reported	Not reported	Not reported	reported	reported
									·	·	·	·		•
]]	PTs							
							OTs							
							RNs							
							Social							
			Focus				educators		49 HCPs					
		To describe health					Other	Older adults +65	(Registered					
		professionals'	Construct-						nurses, Health		Professionals			
	Health professionals'		ivist]	s of the	received home	workers, OTs,	assisted the older	assisted the older			
al. ⁶⁰	perspectives of next	next of kin in the	grounded			00.	home	care services or	students, PTs,		adults with an		<u> </u>	.
2018	of kin in the context	context of	theory	Daablassas	N. / A	Often 4-6	care	referred	Social	practicing everyday	individual physical		Not	Not
Norway	of reablement	reablement.	approach	Reablement	N/A	weeks	services	otherwise	educators)	activities	training program	reported	reported	reported

	T	1		1	1	1	1		1		ı		1	
Gustafsson et al. ⁵⁶ 2019 Sweden	Working with short- term goal-directed reablement with older adults: Strengthened by a collaborative approach	To illuminate the meaning of working with short-term goal-directed reablement of older adults as experienced by an interprofessional team	Written narratives from staff were analyzed in relation to a randomized inter- vention project	Reablement	N/A	3 months	RNs Nurses OTs PTs Social worker	Older adults	20 HCPs (1 RN, 13 enrolled nurses, 2 PTs, 3 OTs, 1 social worker)	Not reported	Not reported	Not reported	Not reported	Not reported
Jokstad et al. ⁶¹ 2018 Norway	Ideal and reality; Community healthcare professionals' experiences of user- involvement in reablement	To explore healthcare professionals' experiences of user-involvement in reablement	Focus groups	Reablement	N/A	Up to 6 weeks	Nurse assistants Nurses PTs OTs	Older adults	18 HCPs (6 nurses, 6 nurse assistants, 3 OTs, 3 PTs)	Not reported	Not reported	Not reported	Not reported	Not reported
Meldgaard Hansen ⁶² 2016 Denmark	Rehabilitative bodywork: cleaning up the dirty work of homecare	To analyze and discuss how the bodywork of homecare develops and is framed as clean, non-dirty work in the context of rehabilitative homecare	Ethno- graphic fieldwork	Rehabilitative home care	N/A	Average of 8 weeks in one unit, not specified in the other unit*	PTs OTs Nurses Social and health- care workers	Older adults	Two home care units; 30 interviews with homecare workers, managers and administrator s, shadow observations of 20 homecare workers	Not reported	Not reported	Some reported	Not reported	Not reported
Bødker et al. ⁵² 2018 Denmark	Potentiality made workable–exploring logics of care in reablement for older people	To explore how elder-care professionals translate the abstract notion of 'potentiality' into practice.	graphic	Reablement	N/A	8 weeks (info from more recent study)	care	Participants from one municipality. 67-94 years old	Two municipal units, more than 50 HCPs and 31 older people (of which 8 received reablement). Interviews with 13 HCPs	Training and performing activities (either leisure activities or ADL/domestic) are mentioned.	Not reported	Not reported	Not reported	Not reported

	1	1		1	1	1	ı		1	1			1	
											Exercises were			
											provided in all			
											teams, either as			
											standardized			
											exercises or			
		To explore how								Daily activities were	individual adapted		SPPB was	
		physiotherapy								included in	exercises.		used in all	
		practice is								reablement plans	The exercises		cases.	
		performed in					PTs			and could involve	mainly targeted			
		reablement					OTs			getting dressed,	balance, leg		+ extended	
		settings and the	Field study,				Nurses			showering, and	strength, and gait		examinatio	
Eliassen et	Variations in	content of the	including			4-6 weeks	Home	7 reablement		walking to the	endurance (see		ns and	
al. ⁵⁴		service provided	observation			(with some	trainers/	participants	7 PTs and 7	grocery store (see	also Eliassen 2018		assessment	
	· · · · · · · · · · · · · · · · · · ·					`						C		Net
2018	practices across	to reablement	and	Daablamaant	N1/A	exceptions)	assistants		home trainers	also Eliassen 2018 b	b, 2018 c and	Some	s in some	Not
Norway	reablement settings	users	interviews	Reablement	N/A	T	*	study	(+ 7 clients)	and 2018 c)	2020)	reported	teams.	reported
											In some teams			
											minimal			
											adjustments and			
											progression of			
											standardized			
										Some teams	exercise programs			
										emphasized daily	were made. In			
										activities in the	other teams			
										reablement plan,	movement quality			
							PTs			while in other teams	and adaptation of			
	The practice of	To explore how					OTs			the focus were	exercises were			
	support personnel,	the home trainers	Field study.				Nurses			mainly on exercises,	more			
Eliassen et	supervised by	follow up	including			4-6 weeks	Home	7 reablement		not activity-based	emphasized.(see			
al. ⁵³	physiotherapists, in	instructions and	observation			(with some	trainers/	participants	7 PTs and 7	goals. (see also	also Eliassen			
2018		supervision by PTs				exceptions)		included in the		Eliassen 2018a and	2018a, 2018c and	Somo	Not	Not
Norway	_	in reablement		Reablement	N/A	*	*	study	(+ 7 clients)	2018c)	2020)	reported	reported	reported
NOIWay	reablement services	Птеавіеніені	interviews	Readiement	IN/A			Study	(+ / clients)	20160)	2020)	reported	reported	reporteu
			ĺ				PTs							
			ĺ				OTs							
	Physiotherapy	To explore the	Field study,				Nurses							
Eliassen et		content of PTs'	including			4-6 weeks	Home	7 reablement						
al. ⁵⁵	trainers in	supervision of	observation			(with some	trainers/	participants	7 PTs and 7					
2018	interprofessional	home trainers in	and		1		assistants	•		Samo as Eliasson	Same as Eliassen	Somo	Not	Not
	·			Dooblomort	NI/A	exceptions)	*			Same as Eliassen		Some		
Norway	reablement teams	reablement teams	interviews	keabiement	N/A	1]*	study	(+ 7 clients)	2018a and 2018b)	2018a and 2018b)	reportea	reported	reported

Moe et al. ⁶⁴ 2017	Tailoring reablement: A grounded theory study of establishing reablement in a community setting	To generate a grounded theory of practitioners' patterns of action when establishing				Average duration of 6 weeks, maximal duration of	Nurse OTs PTs Nurse		17 informants (Reablement team, project manager, home care managers, key individuals for establishing reablement				Not	Not
Norway	in Norway	reablement		Reablement	N/A	6 months*	assistants	Seniors	service)	Not reported	Not reported	Not reported		reported
Hansen et al. ⁵⁷ 2018	From Carers to Trainers: Professional Identity and Body Work in Rehabilitative	To explore how a nationwide reform initiative, calling for a rehabilitative, activating and 'training' approach to elderly people in Danish homecare services, may transform gendered and embodied conceptions of 'the professional	Ethno- graphic	Rehabilitative		Average of	Social and healthcar e helpers (home trainers) PTs		therapists (including visits to citizens and	Encouragement of doing tasks themselves ('standing with hands behind my			Not	Not
Denmark	Eldercare	care worker	case study	eldercare	N/A	8 weeks	OTs	Older adults	interviews)	back')	Not reported	Not reported	reported	reported
Bodker et al. ⁵¹ 2019 Denmark	What constitutes 'good care' and 'good carers'? The normative implications of introducing reablement in Danish home care	To explore how transitioning from compensatory care to reablement care is not merely a practical process, but also a deeply normative one	Ethno- graphic field work	Reablement	N/A	8 weeks	OTs RNs PTs Social and health- care helpers/ assistants	People >65 years in need of assistance with practical tasks and/or personal care	One municipality, involving 31 older people (of which 8 received reablement) Interviews with 13 HCPs	Individualized reablement program includes reablement training. Home helper (upon instruction by the program manager) works to re-enable the older person to manage ADLs	Not reported	Some reported	Not reported	Not reported
Jokstad et al. ⁶¹ 2019 Norway	Ideal and reality; Community healthcare professionals' experiences of user- involvement in reablement	To explore healthcare professionals' experiences of user-involvement in reablement	Focus groups. Qualitative content analysis	Reablement	N/A	Up to 6 weeks	OTs PTs RNs Nurse assistants	Older adults	18 HCPs (6 nurse assistants, 6 nurses, 3 PTs, 3 OTs)	Not reported	Not reported	Not reported	Not reported	Not reported

	I		I	T	1	1	T				I	T	1	1
	December on	To provide knowledge							25 HCPs (2 OTs, 11, RNs, 4 Health workers, 1 Specialist auxiliary nurse, 4 auxiliary					
	Becoming an enabler of everyday	regarding how							nurses, 1					
	activity: Health	home care service				Time-	OTs		student					
	professionals in	providers working	Focus			limited	PTs		nurse, 1					
Liaanen et	home care services	with reablement	groups,			within 6-8	RNs		Trainee					
al. ⁶⁵	experiences of	in the home care	grounded			weeks, with			health worker					l
2019	working with	setting describe	theory	Daablamaast	N1 / A	some	home	014	and 1 social	Nint was autod		Some	Not	Not
Norway	reablement	their experiences	approach	Reablement	N/A	exceptions*	care starr	Older adults	educator)	Not reported	Not reported	reported	reported	reported
		To investigate and discuss how PTs	Field study,				PTs			Identified three main categories of interventions: (i) exercise-based				
		on reablement	observation				OTs			training, (ii) activity-				
	Enhancing	teams plan and	and				Nurses			based training, or				
Eliassen et	functional	adapt training	interviews			4-6 weeks	Home	7 reablement		(iii) a combination of	Exercise strategies			
al. ⁶⁶	improvement in	interventions to	Thematic			(with some	trainers/	participants	7 PTs and 7	both exercise and	were emphasized			
2020	reablement – a	enhance users'	content					included in the	home trainers	activity-based	differently		Not	Not
Norway	qualitative study	functional abilities	analysis	Reablement	N/A	*	*	study	(+ 7 clients)	training.	between cases.	Not reported	reported	reported
Qualitative	studies; older adults'	nersnectives (n=7)											
Quantative :	lancs, oraci addits	perspectives (ii=7	, 				ОТ							
							PT							
			Qualitative;				Nurses							
			Interviews				Auxiliary							
	Driving forces for		(part of				nurses							
	home-based		larger				Assistants							
Hjelle et al. ⁶⁹	reablement; a qualitative study of	To describe older	research				/ students							
2017	older adults'	adults experience	program; Tuntland			Max 3	Social	Older adults aged;		Same as Tuntland	Same as Tuntland	Some	Not	Not
Norway	experiences	of reablement	2015)	Reablement	N/A	months		64-92	8 older adults		2015	reported	reported	reported
			1,		1		- 3 4 6 6 6 6 7	- · - -	- side. dudits			1150. 000	- P 0 . C 0	. spo. cou

Wilde et al. ⁷² 2012 United Kingdom	'If they're helping me then how can I be independent?' The perceptions and experience of users of home-care re-	Not clearly stated, but the title informs that the perceptions and experience of users of home- care reablement services are in focus.	Interviews	Home-care re-ablement	N/A	Normally up to 6 weeks, with some flexibility*	Home care staff that had received additiona I training. OTs regarded as essential members of the team*	users were >65	34 service users 10 carers	Focuses on increasing service users ability to perform tasks such as getting up, washing, bathing, moving around the home and other daily living activities such as preparing drinks and light meals	Not reported	Some reported	Not reported	Not reported
Gustafsson et al. ⁶⁸ 2019 Sweden	of an interprofessional team in short-term goal-directed reablement: older		a phenomeno -graphic approach based on	Reablement	n/A	3 months	Nurse Enrolled nurse PT Social worker OT Social assessme nt officers.	•	23 older adults	Not reported	Not reported	Not reported	Not reported	Not reported
											Exercises and other therapeutic activities are based on a detailed screening that identifies activity goals and functional impairments. Physical strengthening primarily involves remedying			
Moe et al. ⁷¹ 2016 Norway	Optimising Capasity–A Service User and Caregiver	To generate a grounded theory of service users' and their caregivers' experiences of reablement	Grounded theory; focus groups, interviews and observation	Reablement	N/A	6 weeks, maximal	Nurse OTs PTs Nurse assistants	Older adults	17 services users, 10 carers	neighborhood. Professionals	weakness evoked through long-time passivity or immobility after disease and	Some reported	Not reported	Not reported

A coloring to the search of the status of the search of the status of th			1	1				ı	ı		1		1	1	1
Patient influence in															
Patient influence in				Δ											
Patient influence in				aualitative											
Patient Influence in home based more state of about prevention of policy and patient influence in home based more state in filluence in home state as a more state in filluence in home state as real-lement or home state as in home state as real-lement or home state as real-lement or home state as real-lement or home state as in home state as real-lement or home state as in home state as real-lement or home state as in home state as real-lement or home st				•						8 older adults					
To gain knowledge cases of a control of the patient influence in conversation of conversation on the patient influence in conversation of conversation on the patient influence in conversation of conversation of the patient influence in conversation of conversation of the patients goal of the patients g															
Patient influence in home-based more stated processes and home-based more other planement for other plan			To gain knowledge	_											
Patient influence in beased processes and now beased processes and now beased processes and now beased processes and now beased processes and normalizing the patient influence in between participation of the patients influence in between participation of the patients influence in between participation and patients in patients															
Nome teal Interviews and set al Interviews a		Patient influence in						ОТ							
Moe et al., Personant and a proper description of the properties o				_				_							
Description	Moe et al. ⁷⁰		•							•					
Norway research patients' goals and HCPs Reablement N/A 4-6 weeks. workers 67-90. conversations Not reported Not reported Not propried Not propried propried propried individualized training program, and including 28 reported to expend the activity of the conversation of the conversatio			•						Older adults aged	1				Not	Not
To explore how the assumptions about mome care as realterment or enabling arrangements? An independence in the context of received precarious of the processor of th	Norway		_	-	Reablement	N/A	4-6 weeks.				Not reported	Not reported	Not reported	reported	reported
To explore how the assumptions about independence in the assumptions about in independence in the assumption of explore and independence in the assumption of the assumption of explore and independence in the assumption of the assumption of the properties of the pr	,					•					·		·		
Home care as independence enablement or enab			To explore how												
Mome care as enabling Independence Independen										Fieldwork in					
Mome care as elabelment or enabling arrangements? An elablement or enablement or ena			about							two municipal	home training in				
analyzed receiving with the context of large and large a		Home care as	independence							units,	everyday activities				
arrangements? An exploration of the precarious al. "Ingustic parts — rec', 'able' and ment' — map onto investment'— map onto investment — map onto investm		reablement or	embedded in the							including 28	(e.g. vacuum				
Bodder et al. 62 al. 62 al. 63 al. 64 al. 64 al. 64 al. 65		enabling	concept's												
Bodker et al.67 dependencies in blow dependencies in living with functional al.67 living with functional decline decline which 8 meak depending on living with functional decline which 8 living week depending on the activity which 8 living week depending on which 8 living week depending on learning week depending on learning week depending on learning week depending on which 8 living week depending on learning week depending on lear		_													
dependencies in lives characterized graphic long with functional by functional and purpose decline of leidwork decline of leidwork examination of the extinction of the extinc		•	're', 'able' and							31 older					
2019 Iving with functional decline decli		•	•												
Denmark decline decline fieldwork Reablement N/A 8 weeks Nurse Older adults reablement) the activity Not reported Not reported reported reported reported not reported adults engage in daily activities within the context of receiving using reablement and to sal. "31 Activities Through Norway Olderlatives Study Roberts of Context of the		•													
To describe how older adults' engage in daily activities within the context of using Wallard Pormoting Promoting Pro		_	-					-							
older adults engage in daily activities within the context of receiving receiving al. 73 Activities Through 2020 Reablement A Norway Qualitative Study daily activities on (STC) Reablement N/A exceptions* less, with 50 PTS Norway Qualitative Study daily activities on PTS Norway Qualitative Students on PTS Norway PTS Norway Qualitative Students on PTS Norway	Denmark	decline		fieldwork	Reablement	N/A	8 weeks	Nurse	Older adults	reablement)	the activity	Not reported		reported	reported
engage in daily activities within the context of receiving reablement and to sale alignment of text of receiving activities within the context of receiving reablement and to sale alignment of text of receiving reablement and to sale alignment of text of															
Activities within the context of receiving using vertice within the context of engaging in the context of receiving using vertice with the context of engaging in daily activities and exercises when receiving and exercises when receiving not participation in participation in program; the context of engaging in vertice with the context of engaging in daily activities. And with the context of engaging in daily activities and exercises when daily activities and exercises when receiving not participation in participation in program; the context of experience with the context of engaging in daily activities and exercises when daily activities and exercises when vertices when we when receiving not participation in program; the context of experience with the context of experience with the context of experience and the context of experience with the context of experience and the context of experience															
Magne et al. 73 Perspectives of family members (n-equive) Activities and daily activities and daily activities and exercises when participation in daily activities and exercises when receiving participation in daily activities and exercises when participation in daily activities and exercises when receiving participation in															
Promoting Participation in Daily Participation in Program;															
Magne et al. 74 Activities Through Activities Through Reablement and to explore text condensati al. 75 explore and daily activities. Activities Through Activities Through Reablement and to explore text condensati daily activities. Norway Qualitative Study daily activities. Noway The relatives voice: how do relatives how do relatives experience experience experience et al. 74 experience et al. 74 participation in reablement Tuntland Perspectives of family members (n=2) To explore and describe how relatives relatives at al. 74 participation in participation in participation in reablement Tuntland Not reported Not reported Not reported now lolder adults (aged 10 Older adults (aged 10 Older adults). Not reported new receiving receiving receiving receiving receiving receiving reported new receiving reported reported. Not reported reablement receiving now now now adults. Not reported Not reported new receiving now now now receiving receivi		Dramatina		-											
Activities Through Reablement: A Qualitative Study Qualitative Study Reablement: A Qualitative Study Reablement: A Qualitative Study Reablement: A Qualitative Study Reablement	Magna ot	_	_	_			C wooks or	OTo					-		
Reablement: A Qualitative Study Qualitative Study Reablement in daily activities. on (STC) Reablement N/A some exceptions* e workers (PPT) Not reported adults. Not reported Not reported reablement reported repo	ol 73	•													
Norway Qualitative Study daily activities. on (STC) Reablement N/A exceptions* le workers 70-94 years) adults. Not reported Not reported r									Older adults (aged	10 Oldor				Not	Not
Perspectives of family members (n=2) To explore and describe how do relatives how do relatives experience experience experience esperience participation in reablement? A reablement? A reablement Tuntland Nax 3 Social in one or more or other Same as Tuntland Same as Tuntland Some Not			F		Reablement	N/Δ			, , ,		Not reported	Not reported			
OT PT Nurses Auxiliary nurses how do relatives experience experience et al. 74 participation in program; reablement? A the reablement Tuntland	,			Jon (310)	neablement	111/13	caccptions	C WOINCIS	70 Ja years)	Juduits.	into reported	not reported	reabicinent	Геропси	reported
Hjelle experience experience experience et al. ⁷⁴ participation in program; 2017 reablement? A the reablement Tuntland PT Qualitative; Narses Assistants PT Nurses Nurses	Perspectives	of family members (n=2)	I	1	T T	<u> </u>	1			I	<u> </u>	<u> </u>		
Hjelle experience experience experience et al. ⁷⁴ participation in program; 2017 reablement? A the reablement Tuntland PT Qualitative; Narses Assistants PT Nurses Nurses								ОТ							
Audits > 18 with Six relatives Six relat															
To explore and describe how relatives how do relatives experience et al. 74 participation in reablement Tuntland To explore and describe how (part of larger research participation in program; Tuntland Nax 3 Social in one or more or other Same as Tuntland Same as Tuntland Some Not Not				Qualitative:											
The relatives' voice: how do relatives relatives experience experience et al. 74 participation in reablement? A the reablement Tuntland (part of larger participation in program; Tuntland (part of larger research participation) Max 3 Social in one or more or other (part of larger relatives experience) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (spouse, child in one or more or other (part of larger relatives) Adults >18 with Six relatives (part of larger relatives) Adults >18 with Six relatives (part of larger relatives) Adults >18 with Six relatives (part of larger relatives) Adults >18 with Six relatives (part of larger relatives) Adults >18 with Six relatives (part of larger relatives) Adults >18 with Six relatives (part of larger relatives) Adults >18 with Six relatives (part of larger relatives) Adults >18 with Six relatives (part of larger relatives) Adults >18 with Six relatives (part of larger relatives) Adults >18 with Six relatives (part			To explore and												
how do relatives relatives relatives experience experience et al. 74 participation in program; 2017 reablement? A the reablement Tuntland Assistants Max 3 Social in one or more or other Same as Tuntland Same as Tuntland Some Not Not		The relatives' voice:						,							
Hjelle experience experience research participation in program; 2017 reablement? A the reablement Tuntland Max 3 Social in one or more or other Same as Tuntland Same as Tuntland Some Not Not															
et al. ⁷⁴ participation in participation in reablement? A the reablement Tuntland Max 3 Social in one or more or other Same as Tuntland Same as Tuntland Some Not Not	Hjelle			_				/	Adults >18 with	Six relatives					
2017 reablement? A the reablement Tuntland Max 3 Social in one or more or other Same as Tuntland Same as Tuntland Some Not Not	et al. ⁷⁴	-	•					students							
							Max 3				Same as Tuntland	Same as Tuntland	Some	Not	Not
	Norway	qualitative study	process		Reablement	N/A	months		activities		2015	2015	reported		reported

		To identify how												
		adult children	Interviews.						15 adult					
	The art of	perceive the	Qualitative						children					
	maintaining	collaboration	research						(Eight					
	everyday life:	between older	design with						daughters, six					
	collaboration among	parents, family	а						sons and a					
	older parents, their	members, and	constructi-						daughter-in-					
Jakobsen et	adult children, and	health care	vist						law of older					
al. ⁷⁵	health care	professionals in	grounded				PTsOTsR		adults					
2019	professionals in	reablement	theory				NsAuxilia	Older adults 74-93	receiving			Some	Not	Not
Norway	reablement	services.	approach.	Reablement	N/A	4-6 weeks	ry nurses	years old	reablement)	Not reported	Not reported	reported	reported	reported

^{*} information from personal contact with author.

PA = Physical activity, HCPs = Healthcare providers, OT= Occupational therapist, PT= Physiotherapist, RN= Registered nurse, TUG= Timed up and go, RCT = Randomized controlled trial, ADL = Activities of daily living, SPPB= Short Physical Performance Battery, PASE= physical activity scale for the elderly