Appendices

A Pathway distal pancreatectomy

B Pathway pancreatectomy

NAME:		SURNAME:			DATE OF BIRTH:		DATE OF SUR- GERY:	DATE OF DIS- CHARGE:
A Distal pancre- atectomy	PRE-ADMISSION	INPATIENT TREAT- MENT Admission	Day of surgery	1st postoperative day	2nd postoperative day	3rd-12th. postopera- tive day	DAY OF DIS- CHARGE 12th postoperative day	POST-DISCHARGE
DIAGNOSTICS/ MONITORING/	 medical history clinical examination laboratory (blood count, electro- lytes, liver- and kidney-specific val- ues, coagulation, HbA1c for all pa- tients, CEA, CA 19-9) CT or MRI upper abdomen, chest X-ray, if suspicious-> chest CT after staging: case review at multidisciplinary tumor conference if albumin <30 g/l: presentation at nutrition clinic in case of AP-elevation or clinical sings of cholestasis: ERCP + EPT consent for anesthesia (including epidural catheter), additional ex- ams on demand define date of admission/surgery (patient management) 	 laboratory (blood count, electrolytes, liver- and kidney- specific values, co- agulation; CEA, CA 19-9 if not done pre- admission) crossmatch blood and prepare 2 RCC ECG if not already performed at pre- admission 	Intraoperative monitoring: □ BP/HR □ body temperature (aim >36°C) □ BS (target 120-200 mg/dl) every hour, correct with infusion of 5%-glucose or insulin bolus □ FiO2 (desired value 0,7) □ CVP Postoperative □ intermediate care unit □ monitor BP/HR □ monitor surgical drains/ epidural anesthesia □ blood sugar measurements every hour (target 150 mg/dl)) □ at night: small laboratory routine, blood count and coagulation □ chest X-ray after central venous catheter insertion	 monitor BP/HR/ temperature twice a day. blood count, electrolytes, liver- and kidney-specific values, coagula- tion, amylase/ li- pase, CRP blood sugar day profile transfer to general ward 	 monitor BP/HR/ temperature twice a day. blood sugar day profile endocrinological consultation in case of necessary insulin application 	 monitor BP/HR/ temperature twice a day. blood count, electrolytes, liver- and kidney-specific values, coagula- tion, amylase/ li- pase (3rd and 5th POD), CRP blood sugar day profile endocrinological consultation in case of necessary insulin application after discontinuity of Octreotide 	monitor BP/HR/ temperature in the morning.	 medical history clinical examination temperature blood count, electrolytes, liver- and kidney- specific values, coagulation, am- ylase/lipase, CRP abdominal sonography
ANAESTHESIA			 cefazolin 2g IV (in case of allergy ciprofloxacin 400 mg IV) / metro-nidazole 500 mg IV <u>30-60 minutes before surgery</u> prewarming general anesthesia 					
LINES			 G16 venous cannula central venous catheter arterial cannulation (only in case of high-risk patient) removal of nasogastric tube soon after extubation epidural anesthesia (Th 8-10) 	 if applicable re- move arterial can- nula before trans- fer to general ward 	 remove venous cannula remove central venous catheter 	 remove thoracic epidural catheter (in the morning of day 3 after sur- gery) 		
FOLEY CATHE- TER			 insertion of transurethral foley catheter before surgery 		 remove tran- surethral foley catheter 			

SURGICAL TECHNIQUE DRAINS			 Treatment of pancreas stump: fish-mouth closure in back-and- forth sutured (4-0) Treatment of pancreas duct: cross stich (5-0) 					
			1 EF on pancreas stump, 1 EF subphrenic (left-sided)			On 3. + 5. POD Amylase in target drains, remove target drains on day 5 after surgery if Amylase <250 U/l in drain fluid	 Double sewing of target drains 	 Check target drain sewing; if necessary renew
NUTRITION	 balanced diet, supplementary nutrition as required (nutrition clin- ic) 	 balanced diet, sup- plementary nutrition as required (nutrition clinic) 	 sweetened tea up to two hours prior to surgery two hours after surgery tea (max. 1500 ml); 2 portions of yoghurt 	 □ soft diet / diabetes diet □ drink >1500 ml 	 □ soft diet / diabetes diet □ drink >1500 ml 	 □ soft diet / diabetes diet □ drink >1500 ml 	 soft diet / diabe- tes diet drink >1500 ml 	balanced diet / diabetes diet
IV MANAGE- MENT			 maintain normovolaemia during surgery Intraoperative/ postanaesthesia care unit /IMC:. glucose G5% IV if blood sugar <120 mg/dl, insulin perfusor, glucose G5% IV if blood sugar >160 mg/dl (accord- ing to endocrinological consulta- tion) Postoperative fluid management according to CVP (target <5 cmH₂0 	□ none	□ none	□ none	□ none	
DEFECATION				 magnesium 5 mmol/l as solution po till until first def- ecation 	 magnesium 5 mmol/l as solution po till until first def- ecation 	 magnesium 5 mmol/l as solution po till until first def- ecation 		
MEDICATION	 continue medication stop coagulation inhibitors, in case of warfarin or direct oral anticoagu- lants: Fraxiparine 0,1 / 10 kg body weight bid Stop oral antidiabetic medication on admission day, (Metformin 48h prior to surgery) If splenectomy is planned: vaccina- tion with Pneumovax 23, Mence- vax ACWY, Act-HiB >14 days be- fore surgery 	 home medication with stated re- strictions blood sugar meas- urements every 6 hours BS (target 120-200 mg/dl) I insulin scheme: BS 180-210: +2 iE; BS 210-240: +3 iE; BS 240-270: +4 iE BS 300-350: +6 iE BS 350-400: +8 iE basal insulin sc in case of full antico- agulation and planned thoracic 	 home medication up to two hours before surgery (consider above mentioned exceptions) premedication as recommended by anesthesiologist in the morning: no Fraxiparine in case of soft pancreas tissue or small duct (< 3 mm): intraopera- tive Octreotide 1 x 100 µg sc 	 home medication with stated re- strictions blood sugar meas- urements every 6 hours BS (target 120-200 mg/dl) insulin scheme: BS 180-210: +2 iE; BS 210-240: +3 iE; BS 240-270: +4 iE BS 300-350: +6 iE BS 350-400: +8 iE basal insulin sc Pantoprazole 40 mg p.o. 1-0-0 Fraxiparine 0,3 ml 	 home medication with stated re- strictions, restart oral antidiabetic medication after 48h after surgery blood sugar meas- urements every 6 hours BS (target 120-200 mg/dl) insulin scheme: BS 180-210: +2 iE; BS 210-240: +3 iE; BS 210-240: +3 iE; BS 300-350: +6 iE BS 350-400: +8 iE basal insulin sc 	 home medication with stated re- strictions blood sugar meas- urements every 6 hours BS (target 120-200 mg/dl) insulin scheme: BS 180-210: +2 iE; BS 210-240: +3 iE; BS 240-270: +4 iE BS 300-350: +6 iE BS 350-400: +8 iE basal insulin sc Pantoprazole 40 mg p.o. 1-0-0 Fraxiparine 0,3 ml 	 home medication with stated restrictions Pantoprazole 40 mg p.o. 1-0-0 Fraxiparine 0,3 ml sc 0-0-1 (in case of full anticoagulation: Fraxiparine 0,1 / 10 kg body weight twice a day pancreatic enzymes 3 x 25000 iE in case of steatorrhea after splenecto- 	 home medication, restart anticoagulant medication 14 days after surgery pancreatic enzymes 3 x 25000 iE in case of steatorrhea if vaccination could not be realized on ward or by family physician after splenectomy: vaccination with Pneumovax 23, Mencevax ACWY, Act-HiB

	EDC: Fraxiparine 0,1 / 10 kg body weight only in the morning		sc 0-0-1 (in case of full anticoagulation: Fraxiparine 0,1 / 10 kg body weight twice a day □ in case of soft pancreas tissue or small duct (< 3 mm): Octreotide 3 x 100 µg sc □ pancreatic en- zymes 3 x 25000 iE in case of stea- torrhea	 Pantoprazole 40 mg p.o. 1-0-0 Fraxiparine 0,3 ml sc 0-0-1 (in case of full anticoagulation: Fraxiparine 0,1 / 10 kg body weight twice a day; in case planned re- moval the next day no Fraxiparine at nighttime in case of soft pancreas tissue or small duct (< 3 mm): Octreotide 3 x 100 μg sc pancreatic en- zymes 3 x 25000 iE in case of stea- torrhea 	sc 0-0-1 (in case of full anticoagulation: Fraxiparine 0,1 / 10 kg body weight twice a day; in case planned re- moval the next day no Fraxiparine at nighttime □ in case of soft pancreas tissue or small duct (< 3 mm): Octreotide 3 x 100 µg sc: (until POD 5) □ pancreatic en- zymes 3 x 25000 iE in case of stea- torrhea	my: vaccination with Pneumovax 23, Mencevax ACWY, Act-HiB	
TRANSFUSION		if Hb <8 g/dl or cardiopulmonary disorders	□ if Hb <8 g/dl or cardiopulmonary disorders	 if Hb <8 g/dl or cardiopulmonary disorders 	 if Hb < 8g/dl or cardiopulmonary disorders 		
ANALGESIA intravenous		Intraoperative □ metamizole 1 g I.V. Postoperative □ □ metamizole 1 g I.V. □ piritramide 7,5 mg IV only in case of failed epidural anesthesia	□ to avoid	□ to avoid	□ to avoid		
oral			Pain ladder Step 1: metamizole 4x1 g p.o, on demand. paracetamol 4x1g p.o. Step 2: additional oxycodone/naloxone 10/5 mg p.o., oxyco- done 5-10 mg on demand Step 3: pain consulta- tion oxycodone/naloxone 5/2,5 mg at age>75	Pain ladder Step 1: metamizole 4x1 g p.o, on demand. paracetamol 4x1g p.o. Step 2: additional oxycodone/naloxone 10/5 mg p.o., oxyco- done 5-10 mg on demand Step 3: pain consulta- tion oxycodone/naloxone 5/2,5 mg at age>75	Pain ladder Step 1: metamizole 4x1 g p.o, on demand. paracetamol 4x1g p.o. Step 2: additional oxycodone/naloxone 10/5 mg p.o., oxyco- done 5-10 mg on demand Step 3: pain consulta- tion oxycodone/naloxone 5/2,5 mg at age>75	Pain ladder Step 1: metamizole 4x1 g p.o, on de- mand. paracetamol 4x1g p.o. Step 2: additional oxyco- done/naloxone 10/5 mg p.o., oxycodone 5-10 mg on demand Step 3: pain consul- tation oxyco- done/naloxone 5/2,5 mg at age>75	on demand
EPIDURAL CATHETER		 thoracic epidural delivery pump: ropivacaine 0,2% + 20 µg sufen- tanil epidural (46 ml ropivacaine 0,2% + 4 ml sufentanil epidural = 0,4 µg sufentanil/ml), 3-7 ml/h 	 thoracic epidural catheter (T8-10) as stated before 	 thoracic epidural catheter (T8-10) as stated before 	remove thoracic epidural catheter in the morning of day 3 after surgery (in case of full antico- agulation pause Fraxiparine 24h before removal and 2-4h thereaf- ter)	3	

REHAB						request rehabilita-		☐ inquire about
NEIIAD						tion treatment,		rehabilitation
						when no adjuvant		treatment
						treatment is		
						planned		
QUALITY MAN-			collect tissue samples for re-			check pathology		
AGEMENT/			search			report	hand discharge	
MEDICAL RE-							letter to patient	
PORT/			request pathology report (sur-			case review at	□ hand chart to	
DRG (diagnosis			geon)			multidisciplinary	chief resident for	
related groups)			 brief operation report (surgeon) 			tumor conference	DRG coding	
			□ detailed operation report (written					
			by surgeon)			plan outpatient		
			, , ,			follow up appoint-		
						ment on day 8 af-		
						ter surgery		
						prepare discharge		
						letter for referring		
						physicians (includ-		
						ing postoperative		
						recommendations		
						and post discharge		
						appointment)		
INFORMATION		pre-operation discus-	information of next-of-kin by				final discussion	discuss histolog-
AND CONSENT	avoid alcohol and smoking 14 days	sion	surgeon (red sheet)				with patient and	ical result and
	before surgery						next-of-kin (his-	further recom-
	5		inform patient postoperatively				tological result	mendations with
	□ informed consent						and postopera- tive recommen-	patient (if not
			inform referring physicians				dations)	happened be- fore), communi-
							□ phone call to	cate further ap-
	hand out patient brochure						referring physi-	pointments
							cian	pointmento
		PAT-admission +	Postoperative:			prepare discharge	□ PAT-discharge	
		information	□ PAT-information			documents		
NURSING		PAT-history	□ counseling/guidance			schedule outpa-		
		"red sheet ": next-of-	effectuation of orders from			tient follow-up ap-		
patient admis-		kin phone number	operative report			pointment on day 8		
sion/						after surgery		
discharge						discharge talk		
-		nortigination in ward				portioinction in	portioination in	
		participation in ward round	 participation in ward round effectuation of ward round orders 	participation in ward round	participation in ward round	participation in ward round	participation in ward round	
medical round /		□ effectuation of ward	□ print laboratory results	□ effectuation of	□ effectuation of	□ effectuation of	□ effectuation of	
elaboration		round orders		ward round orders	ward round orders	ward round orders	ward round orders	
		□ print laboratory		□ print laboratory			printout of	
		results		results			laboratory re-	
							sults	
	□ insert CP sheet into inpatient chart	☐ insert CP sheet into	document secondary diagnosis	document second-	document second-	document second-	□ document	
documentation		inpatient chart	(DRG form)	ary diagnosis (DRG	ary diagnosis (DRG	ary diagnosis (DRG	secondary diagnosis	
		•	document nursing activities	form)	form)	form)	(DRG form)	
				document nursing	document nursing	document nursing	document	
				activities	activities	activities	nursing activities	

patient care	 care according to nursing standard drug administration 	 care according to nursing stand- ard drug administration 	□ care according to nursing standard	 care according to nursing standard drug administration 	 care according to nursing standard drug administration 	 □ care according to nursing standard □ drug administration 	
			 drug administration BT (spirometer prophylaxis, expecto- rant, Pine menthol) thromboprophylax- is 	☐ BT (spirometer prophylaxis, expecto- rant, Pine menthol) ☐ thromboprophylax- is	□ BT (spirometer prophylaxis, expecto- rant, Pine menthol) □ thromboprophylax- is □ schedule discharge appointment at outpa- tient diabetes clinic	 □ BT (spirometer prophylaxis, expec- torant, Pine men- thol) □ thromboprophy- laxis 	
mobilization/ physiotherapy		mobilization: 5 h after surgery to edge of bed depending on age/GH/time	 mobilization: >4h out of bed; walk on aisle twice, de- pending on age/ GH PT in case of COPD, impaired mobility, prolonged bedriddenness 	 mobilization: >4h out of bed; walk on aisle twice, de- pending on age/ GH PT in case of COPD, impaired mobility, prolonged bedriddenness 	 complete mobilization (in bed only during nap and at night) PT in case of COPD, impaired mobility, prolonged bedriddenness 	 complete mobili- zation (in bed only during nap and at night) 	
patient control	 vital signs (HR, BP, temperature) pain intensity (1-10) 	 vital signs (HR, BP, temperature) pain intensity (1-10) 	 vital signs (HR, BP, temperature, breath- ing) pain intensity (1- 10) 	 vital signs (HR, BP, temperature) pain intensity (1-10) 	□ vital signs (HR, BP, temperature) □ pain intensity (1- 10)	☐ vital signs (HR, BP, temperature) ☐ pain intensity (1- 10)	 vital signs (HR, BP, temperature) pain intensity (1- 10)
wound / drains			☐ change wound dressing	☐ change wound dressing	☐ change wound dressing	change wound dressing remove drain after order	☐ remove wound staples after order

NAME:		SURNAME:			DATE OF BIRTH:		DATE OF SUR- GERY:	DATE OF DIS- CHARGE:
B Pancreatec- tomy	PRE-ADMISSION	INPATIENT TREAT- MENT admission	Day of surgery	1st postoperative day	2nd postoperative day	3rd-12th. postopera- tive day	DAY OF DIS- CHARGE 12th postoperative day	POST-DISCHARGE
DIAGNOSTICS/ MONITORING/	 medical history clinical examination laboratory (blood count, electro- lytes, liver- and kidney-specific values, coagulation, HbA1c for all pa- tients, CEA, CA 19-9) CT or MRI upper abdomen, chest X-ray, if suspicious-> chest CT after staging: case review at multidisciplinary tumor conference if albumin <30 g/l: presentation at nutrition clinic consent for anesthesia (including epidural catheter), additional ex- ams on demand define date of admission/surgery (patient management) appointment at diabetes clinic 	 laboratory (blood count, electrolytes, liver- and kidney- specific values, co- agulation; HbA1c for all patients, CEA, CA 19-9 if not done pre- admission) crossmatch blood and prepare 2 RCC ECG if not already performed at pre- admission 	Intraoperative monitoring: BP/HR Relaxation body temperature (aim >36°C) BS (target 120-200 mg/dl) every hour, correct with infusion of 5%-glucose or insulin bolus FiO2 (desired value 0,7) CVP Postoperative intermediate care unit monitor BP/HR monitor surgical drains at night: small laboratory routine, blood count and coagulation chest X-ray after central venous catheter insertion inspect dressings start insulin perfusor according to the Yale Insulin Infusion Protocol (blood sugar measurements every hour)	 monitor BP/HR/ temperature twice a day. blood count, electrolytes, liver- and kidney-specific values, coagula- tion, CRP insulin according to the Yale Insulin Infusion Protocol (blood sugar measurements every hour) endocrinological consultation 	 monitor BP/HR/ temperature. twice a day blood sugar day profile transfer to general ward insulin according to the Yale Insulin Infusion Protocol (blood sugar measurements every hour) 	 monitor BP/HR/ temperature. twice a day blood count, electrolytes, liver- and kidney-specific values, coagula- tion, CRP (on day 3 and 7 after sur- gery) blood sugar day profile, endocrino- logical consulta- tion I (day 5), BS target: 140- 180mg/dl in case of nausea/ vomiting: ab- dominal sonogra- phy (paralytic ile- us? Gastropare- sis?) 	□ monitor BP/HR/temperat ure/BS in the morning	 medical history clinical examina- tion temperature in case of symptoms: elec- trolytes, liver- and kidney- specific values, coagulation, CRP, abdominal sonography
ANAESTHESIA			 cefazolin 2g IV (in case of allergy ciprofloxacin 400 mg IV) / metro-nidazole 500 mg IV <u>30-60 minutes before surgery</u> prewarming general anesthesia G16 venous cannula central venous catheter arterial cannulation removal of nasogastric tube soon after extubation epidural anesthesia (Th 8-10) 	 remove arterial cannula 	 remove venous cannula 	 remove thoracic epidural catheter (in the morning of day 3 after sur- gery) remove central venous catheter (on day 3 after surgery) in case of paralytic ileus / gastropare- sis: insert naso- gastric tube 		
FOLEY CATHE- TER			 insertion of transurethral foley catheter before surgery 		 remove transurethral foley catheter 			

AC= anticoagulation, AP= alkaline phosphatase, BP= blood pressure, BS= blood sugar, ca.= circa, CRP= C-reactive protein, CVP= central venous pressure, DRG= diagnosis related groups, ECG= electrocardiogram, EDC= epidural catheter, EF= Easyflow-Drain, ERCP= endoscopic retrograde cholangiopancreatography, EPT= endoscopic papillotomy, G= Gauge, GH= general health, HPB= hepato-pancreatico-biliary, HR= heart rate, I.V. = intravenous, PAT= patient, POD= postoperative day, PT= physiotherapy, RCC= red cell concentrate, RT= respiratory therapy, sc= subcutaneous. This clinical pathway does not absolve therapists from their responsibility of impact, adverse effect, dosage, contraindications of substances for patients. Recommended dosage is for normal weight adults without contraindications.

SURGICAL TECHNIQUE DRAINS NUTRITION	 balanced diet if possible supplementary nutrition as required (nutrition clinic) 	 balanced diet if possible supplementary nutrition as required (nutrition clinic) 	 pancreatectomy with hepati- cojejunostomy and gastroenter- ostomy one drain placed on hepati- cojejunostomy sweetened tea up to two hours prior to surgery postoperative nil-by-mouth 	□ tea in sips (600 ml)	 □ tea at will (1500 ml) □ protein drinks 	 remove target drain on day 3 af- ter surgery if no bilirubin in drain fluid soft diet on day 3 after surgery diabetes diet on day 4 after surgery drink >1500 ml 	 □ diabetes diet □ drink >1500 ml 	□ diabetes diet
IV MANAGE- MENT			 maintain normovolaemia during surgery insulin perfusor, glucose G5% IV, blood sugar measurements every hour fluid management according to CVP (target <5 cmH₂0) 	 according to fluid balance 	 according to fluid balance 	 1000 ml electrolyte solution (only on day 3 after sur- gery) 	□ none	
DEFECATION					 magnesium 5 mmol/l as solution po till until first def- ecation 	 magnesium 5 mmol/l as solution po till until first def- ecation 		
MEDICATION	 continue medication stop coagulation inhibitors, in case of warfarin or direct oral anticoagu- lants: Fraxiparine 0,1 / 10 kg body weight bid stop oral antidiabetic medication on admission day ASS 100 to be continued in case of justified indication If splenectomy is planned: vaccina- tion with Pneumovax 23, Mence- vax ACWY, Act-HiB >14 days be- fore surgery 	 home medication with stated re- strictions insulin scheme: BS 140-200: 4 iU; BS 200-280: 8 iU; BS > 280 12 iU basal insulin sc, con- trol after 2 h in case of full antico- agulation and planned thoracic EDC: Fraxiparine 0,1 / 10 kg body weight only in the morning in case of choles- tasis: vitamin K 10 mg I.V. 	 home medication up to two hours before surgery (consider above mentioned exceptions) premedication as recommended by anesthesiologist insulin scheme according to the Yale Insulin Protocol Pantoprazole 40 mg IV at nighttime in case of cholestasis: vitamin K 10 mg I.V. in the morning: no Fraxiparine 	 home medication (consider above mentioned excep- tions) insulin scheme according to the Yale Insulin Proto- col Pantoprazole 40 mg IV 1-0-1 Fraxiparine 0,3 ml sc 0-0-1 (in case of full anticoagulation: Fraxiparine 0,1 / 10 kg body weight only in the morn- ing) in case of choles- tasis: vitamin K 10 mg I.V. 	 home medication (consider above mentioned excep- tions), insulin scheme according to the Yale Insulin Proto- col Pantoprazole 40 mg IV 1-0-1 Fraxiparine 0,3 ml sc 0-0-1 (in case of full anticoagulation: Fraxiparine 0,1 / 10 kg body weight only in the morn- ing) in case of choles- tasis: vitamin K 10 mg I.V. 	 home medication (consider above mentioned excep- tions) insulin sc accord- ing to endocrino- logical consulta- tion Pantoprazole 40 mg IV 1-0-1 Fraxiparine 0,3 ml sc 0-0-1 (in case of full anticoagulation: Fraxiparine 0,1 / 10 kg body weight twice a day in case of gastro- paresis: erythro- mycin 4 x 250 mg I.V. once normal diet achieved: pancre- atic enzymes 3 x 25000 iE in case of steatorrhea 	 home medication (consider above mentioned exceptions) insulin sc according to endocrinological consultation Pantoprazole 40 mg IV 1-0-1 stop Fraxiparine (in case of full anticoagulation: Fraxiparine 0,1 / 10 kg body weight twice a day, overlap with warfarin or direct oral anticoagulants) pancreatic enzymes 3 x 25000 iE in case of steatorrhea after splenectomy: vaccination with Pneumovax 23, Mencevax 	 home medication, restart anticoagulant medication 14 days after surgery if vaccination could not be realized on ward or by family physician after splenectomy: vaccination with Pneumovax 23, Mencevax ACWY, Act-HiB

					ACWY, Act-HiB	
TRANSFUSION	□ if Hb <8 g/dl or cardiopulmonary disorders	□ if Hb <8 g/dl or cardiopulmonary disorders	□ if Hb <8 g/dl or cardiopulmonary disorders	□ if Hb < 8g/dl or cardiopulmonary disorders		
ANALGESIA	Intraoperative	□ Metamizole 1 g I.V.	□ to avoid	to avoid		
intravenous	 Metamizole 1 g I.V. <u>Postoperative</u> Metamizole 1 g I.V. Piritramide 7,5 mg IV only in case of failed epidural anesthe- sia 	IV only in case of failed epidural an- esthesia				
oral			Pain ladder	Pain ladder	Pain ladder	on demand
			Step 1: metamizole 4x1 g p.o, on demand. paracetamol 4x1g p.o. Step 2: additional oxycodone/naloxone 10/5 mg p.o., oxyco- done 5-10 mg on demand Step 3: pain consulta- tion	Step 1: metamizole 4x1 g p.o, on demand. paracetamol 4x1g p.o. Step 2: additional oxycodone/naloxone 10/5 mg p.o., oxyco- done 5-10 mg on demand Step 3: pain consulta- tion	Step 1: metamizole 4x1 g p.o., on de- mand. paracetamol 4x1g p.o. Step 2: additional oxyco- done/naloxone 10/5 mg p.o., oxycodone 5-10 mg on demand Step 3: pain consul- tation	
EPIDURAL			oxycodone/naloxone 5/2,5 mg at age>75	oxycodone/naloxone 5/2,5 mg at age>75	oxyco- done/naloxone 5/2,5 mg at age>75	
CATHETER	thoracic epidural delivery pump: ropivacaine 0,2% + 20 µg sufen- tanil epidural (46 ml ropivacaine 0,2% + 4 ml sufentanil epidural= 0,4 µg sufentanil /ml), 3-7 ml/h	 thoracic epidural catheter (T8-10) as stated before 	 thoracic epidural catheter (T8-10) as stated before 	remove thoracic epidural catheter in the morning of day 3 after surgery (in case of full antico- agulation pause Fraxiparine 24h before removal and 2-4h thereaf- ter)		
REHAB _				 request rehabilita- tion treatment, when no adjuvant treatment is planned 		inquire about rehabilitation treatment
QUALITY MAN- AGEMENT/ MEDICAL RE- PORT/ DRG (diagnosis related groups)	 collect tissue samples for research request pathology report (surgeon) brief operation report (surgeon) detailed operation report (written by surgeon) 			 check pathology report case review at multidisciplinary tumor conference plan outpatient follow up appoint- ment on day 8 af- ter surgery prepare discharge 	 hand discharge letter to patient hand chart to chief resident for DRG coding 	

						letter for referring physicians (includ- ing postoperative recommendations and post discharge appointment)	- fact damain	
INFORMATION AND CONSENT	 avoid alcohol and smoking 14 days before surgery informed consent hand out patient brochure 		 information of next-of-kin by surgeon (red sheet) inform patient postoperatively inform referring physicians 				 final discussion with patient and next-of-kin (his- tological result and postopera- tive recommen- dations) phone call to referring physi- cian 	discuss histolog- ical result and further recom- mendations with patient (if not happened be- fore), communi- cate further ap- pointments
NURSING patient admis- sion/ discharge		 PAT-admission + information PAT-history "red sheet ": next-of- kin phone number 	Postoperative: PAT-information counseling/guidance effectuation of orders from operative report			 prepare discharge documents schedule outpa- tient follow-up ap- pointment on day 8 after surgery discharge talk 	PAT-discharge	
medical round / elaboration		 participation in ward round effectuation of ward round orders print laboratory results 	 participation in ward round effectuation of ward round orders print laboratory results 	 participation in ward round effectuation of ward round orders print laboratory results 	 participation in ward round effectuation of ward round orders 	 participation in ward round effectuation of ward round orders 	participation in ward round effectuation of ward round orders printout of laboratory re- sults	
documentation	☐ insert CP sheet into inpatient chart	☐ insert CP sheet into inpatient chart	 document secondary diagnosis (DRG form) document nursing activities 	document second- ary diagnosis (DRG form) document nursing activities	document second- ary diagnosis (DRG form) document nursing activities	 document second- ary diagnosis (DRG form) document nursing activities 	 document secondary diagnosis (DRG form) document nursing activities 	
patient care		 care according to nursing standard drug administration 	 care according to nursing stand- ard drug administration 	 care according to nursing standard drug administration 	care according to nursing standard drug administration DT (asissmetter)	 care according to nursing standard drug administration BT (asignmeta) 	□ care according to nursing standard □ drug administra- tion	continue diabe- tes counseling
				□ BT (spirometer prophylaxis, expecto- rant, Pine menthol) □ thromboprophylax- is	 BT (spirometer prophylaxis, expecto- rant, Pine menthol) thromboprophylax- is 	□ BT (spirometer prophylaxis, expecto- rant, Pine menthol) □ thromboprophylax- is □ schedule discharge appointment at outpa- tient diabetes clinic	 BT (spirometer prophylaxis, expectorant, Pine menthol) thromboprophylaxis 	
mobilization/ physiotherapy			mobilization: 5 h after surgery to edge of bed depending on age/GH/time	 mobilization: >4h out of bed; walk on aisle twice, de- pending on age/ GH PT in case of COPD, impaired mobility, prolonged bedriddenness 	 mobilization: >4h out of bed; walk on aisle twice, de- pending on age/ GH PT in case of COPD, impaired mobility, prolonged bedriddenness 	 complete mobilization (in bed only during nap and at night) PT in case of COPD, impaired mobility, prolonged bedriddenness 	complete mobili- zation (in bed only during nap and at night)	

patient control	 vital signs (HR, BP, temperature) pain intensity (1-10) 	 vital signs (HR, BP, temperature) pain intensity (1-10) BS-monitoring (according to the 	 vital signs (HR, BP, temperature) pain intensity (1- 	 vital signs (HR, BP, temperature) pain intensity (1- 		□ vital signs (HR, BP, temperature) □ pain intensity (1-	 vital signs (HR, BP, temperature) pain intensity (1-
		intensive Yale Protocol, blood sugar measurements every hour)	10) BS-monitoring (according to the intensive Yale Proto- col, blood sugar measurements every hour)	10) (according to the intensive Yale Proto- col, blood sugar measurements every hour)	10) □ on general ward: BS day profile	10)	10)
wound / drains			☐ change wound dressing	☐ change wound dressing	C C	 change wound dressing remove drain after order 	☐ remove wound staples after order