

Hutt Valley DHB Gastroscopy Access Guidelines

Priority A

Upper GI haemorrhage/stable/minor episode

Dysphagia: <3 months or progressive

Priority AB

Dysphagia: >3 months and stable

Dyspepsia/heartburn: >50 years or “alarm” symptoms

Priority B

Iron deficiency anaemia

Dyspepsia/heartburn: <50 years and no alarm symptoms

Priority C

Surveillance of Barrett’s epithelium

Colonoscopy triage decision model

	Yes/No	Triage
Does examination or imaging show suspected cancer?	Yes	A
Rectal bleeding		
Anaemia (with low ferritin)		
Diarrhoea (greater than 6 weeks)		
Age \geq 50 years		
Age 40-50 years		
Category 2 family history: one first degree relative with CRC diagnosed before the age of 55 years or two first degree relatives with CRC diagnosed at any age		
Rectal bleeding + anaemia	Yes	A
Rectal bleeding + Diarrhoea + \geq 50 years	Yes	A
Rectal bleeding + Diarrhoea + 40-50 years	Yes	AB
Rectal bleeding + \geq 50 years	Yes	AB
Diarrhoea + \geq 50 years	Yes	AB
Anaemia	Yes	AB
Rectal bleeding + 40-50 years + Cat 2 family history	Yes	AB
Diarrhoea + 40-50 years + Cat 2 family history	Yes	AB
Polyp $>$ 5mm on imaging or examination	Yes	AB
Insufficient information to categorise		
All others refer to gastroenterologist for triage		

Instructions: From the referral complete all the Yes/No statements in red. Working down the page, apply the highest triage category that the referral meets. If none of the categories are met or there is insufficient information to categorise the referral then refer to the gastroenterologist and record this in the yellow boxes.

Gastroscopy triage decision model

	Yes/No	Triage
Haematemesis or melaena		
Dysphagia <3 months or progressive		
Dysphagia >3 months and stable		
Dyspepsia (epigastric pain) or heartburn		
Age >50 years		
Age <= 50 years		
Weight loss		
Anaemia and low ferritin		
Haematemesis	Yes	A
Dysphagia <3 months or progressive	Yes	A
Dysphagia >3 months and stable	Yes	AB
Dyspepsia (epigastric pain) or heartburn + Age >50 years	Yes	AB
Dyspepsia (epigastric pain) or heartburn + Weight loss	Yes	AB
Dyspepsia (epigastric pain) or heartburn + Anaemia and low ferritin	Yes	AB
Anaemia and low ferritin	Yes	B
Dyspepsia (epigastric pain) or heartburn + <= 50 years	Yes	B
Insufficient information to categorise		
All others refer to gastroenterologist for triage		

Instructions: From the referral complete all the Yes/No statements in red. Working down the page, apply the highest triage category that the referral meets. If none of the categories are met or there is insufficient information to categorise the referral then refer to the gastroenterologist and record this in the yellow boxes.