## **Supplementary Materials**





of the *Fads1* gene showing location of the retroviral gene-trap vector insertion in Omnibank embryonic stem cell clone OST118368 (accession number M146094). This clone was generated using a vector which disrupts endogenous gene transcription through action of a splice acceptor-neomycin phosphotransferase trapping cassette. Boxes denote coding exons and lines between boxes denote introns. Location of the vector insertion site in intron 1 is shown. LTR, viral long terminal repeat; ATG, translation start codon; Stop, translation stop codon. **B**) Mouse genomic sequence obtained by inverse PCR amplification of the pro-viral insertion site. An asterisk denotes the site of insertion. **C**) RT-PCR expression analysis of *Fads1* transcript. Endogenous *Fads1* transcript was detected in the kidney and spleen of WT but not KO mice. Primers complementary to sequence in *Fads1* exons 1 and 2 were used to amplify the gene-specific product. RT-PCR analysis using primers complimentary to the mouse *beta actin* gene (accession number M12481) was performed in the same reaction to serve as an internal amplification control. Lanes labeled as No Template represent control reactions. RT, reverse transcriptase.



Supplementary Figure 2. Targeted disruption of the *Fads1* gene locus by homologous recombination. A) Targeting strategy used to disrupt the *Fads1* locus. Homologous recombination (represented by X) between the targeting vector and the *Fads1* gene results in the substitution of a LoxP flanked exons 1 and 2 along with a Frt flanked selection cassette. B) Southern hybridization indicating proper gene targeting in the embryonic stem cell clones. Clones 2B7 and 3A3 were used for blastocyst injections; Lex-2 represents untransfected embryonic stem cell DNA.

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Supplementary Figure 3. Effect of *Fads1* KO on food intake, body weight, activity levels and cold tolerance. A) Intake of 45% HFD by group-housed *Fads1* KO mice and their WT littermates (2-3 mice/cage, 4 cages/genotype) between 4 and 6 weeks of age and again between 66 and 67 weeks of age. B) Body weights of these mice at 4 and 66 weeks of age. KO mice different from WT mice, \* p < 0.05. C) Total distance traveled by chow-fed, 11 week-old *Fads1* KO mice (N = 8) and their WT littermates (N = 4) measured in an open field chamber. D) Total activity levels of 45% HFD-fed, 63 week-old male *Fads1* KO mice (n=8) and their WT littermates (n=8), measured over 24 hours in the ER-4000 physiological measurement system (see Materials and methods). In a cold tolerance assay, 45% HFD-fed, 23-55 week-old male *Fads1* KO mice (n=18) and their WT littermates (n=17) had their E) rectal, F) interscapular and G) tail temperatures measured at baseline (Time=0) and then after being individually housed for 20, 40 and 60 minutes at 4°C.



Supplementary Figure 4. Levels of  $\omega$ 3 fatty acids present in phospholipids isolated from brain and liver of *Fads1* KO, HET and WT mice. Individual  $\omega$ 3 fatty acids were quantitated in 5 phospholipid fractions (cardiolipin, phosphatidylserine, phosphatidylethanolamine, phosphatidylcholine and lysophosphatidylcholine) isolated from brain and liver samples of 44 week-old *Fads1* KO (n=2), HET (n=2) and WT (n=2) littermate mice (see Materials and methods for details); data from the 5 phospholipid fractions were then combined to yield a single pooled value for each individual  $\omega$ 3 fatty acid in brain or liver tissue of each mouse. **A)** Enzymes and fatty acids that comprise the  $\omega$ 3 fatty acid pathway. D5D, delta 5 desaturase; D6D, delta 6 desaturase; Fads1, fatty acid desaturase 1; Fads2, fatty acid desaturase 2; E, elongase; OX, peroxisomal oxidation; ALA,  $\alpha$ -linolenic acid; SA, stearidonic acid; ETA, eicosatetraenoic acid; EPA, eicosapentaenoic acid; DPA, n3 docosapentaenoic acid; DHA, **B)** Brain levels of  $\omega$ 3 fatty acids along the  $\omega$ 3 fatty acid pathway. **C)** Brain levels of ETA and EPA, the substrate and product, respectively, of *Fads1*. **D)** Liver levels of  $\omega$ 3 fatty acid present in the 5 phospholipid fractions isolated from 1 gram of tissue.

## **Supplementary Tables**

<u>Cohort</u>	<u>GT</u>	N	Diet	Body weight (g)	Body fat (g)	<u>% Body fat</u>	<u>LBM (g)</u>
1M	WΤ	11	60% HFD	40.1 ± 4.2	13.0 ± 4.0	31.7 ± 7.4	27.1 ± 1.2
1M	KO	12	60% HFD	$35.4 \pm 4.0^*$	8.8 ± 2.6**	24.6 ± 5.8*	26.5 ± 2.5
1F	WΤ	11	60% HFD	30.0 ± 3.2	9.7 ± 3.1	31.8 ± 7.7	20.3 ± 1.6
1F	KO	8	60% HFD	28.9 ± 2.7	8.2 ± 1.8	$28.2 \pm 4.0$	20.7 ± 1.0
2M	WТ	7	45% HFD	41.6 ± 6.6	11.5 ± 4.8	26.6 ± 8.5	30.1 ± 2.7
2M	KO	8	45% HFD	$36.6 \pm 3.7$	$8.6 \pm 2.0$	$23.2 \pm 3.4$	28.0 ± 1.9
ЗM	WТ	11	Chow	$35.6 \pm 5.3$	5.5 ± 3.1	14.8 ± 6.0	30.1 ± 2.7
ЗМ	KO	11	Chow	30.1 ± 3.6**	$3.4 \pm 1.6^{*}$	10.9 ± 4.1	26.7 ± 2.5**
4M	WТ	17	45% HFD	$40.0 \pm 4.9$	10.8 ± 2.9	26.6 ± 5.1	29.2 ± 2.8
4M	KO	15	45% HFD	33.8 ± 3.0***	6.9 ± 1.9***	20.4 ± 3.9***	26.8 ± 2.0**
4F	WΤ	7	45% HFD	32.9 ± 5.8	11.8 ± 4.1	35.0 ± 6.8	21.1 ± 2.1
4F	KO	7	45% HFD	27.2 ± 43.2*	$6.5 \pm 2.2^*$	23.5 ± 5.6**	20.7 ± 1.5
5M	WТ	8	45% HFD	$40.2 \pm 5.4$	11.2 ± 4.0	27.1 ± 7.1	29.0 ± 2.1
5M	KO	15	45% HFD	37.1 ± 4.6	6.7 ± 3.1**	17.6 ± 6.0**	30.3 ± 2.0
5F	WΤ	13	45% HFD	28.2 ± 2.8	$7.0 \pm 3.0$	24.4 ± 8.3	21.2 ± 1.5
5F	KO	9	45% HFD	$25.2 \pm 4.5$	$4.5 \pm 2.8$	17.0 ± 6.6*	20.7 ± 2.3
6M	WТ	15	45% HFD	50.4 ± 6.1	18.0 ± 4.0	35.3 ± 4.7	28.2 ± 2.0
6M	KO	17	45% HFD	37.9 ± 6.5***	10.1 ± 4.5***	25.6 ± 6.9***	23.7 ± 2.2***
6F	WΤ	14	45% HFD	38.1 ± 7.6	15.8 ± 5.8	40.1 ± 7.8	19.4 ± 2.0
6F	KO	15	45% HFD	32.9 ± 6.8	11.8 ± 4.8	34.5 ± 7.3	18.3 ± 2.1

Supplementary Table 1. Body composition of Fads1 KO and WT mice at 15-20 weeks of age

GT = genotype; N = number of mice; M = Male, F = female; LBM, lean body mass; HFD, high fat diet. KO different from WT, \*P < 0.05; \*\* P < 0.01; \*\*\*P < 0.001.

Supplementary Table 2. Body composition of 45% HFD-fed *Fads1* KO, HET and WT mice at 16-22 weeks of age

<u>Cohort</u>	<u>GT</u>	<u>N</u>	Body weight (g)	Body fat (g)	<u>% Body fat</u>	<u>LBM (g)</u>
7M	WT	11	41.7 ± 4.2	12.0 ± 2.1	28.8 ± 3.5	29.7 ± 3.2
7M	HET	9	43.1 ± 5.3	14.6 ± 2.5	33.8 ± 2.7	28.5 ± 3.3
7M	KO	14	35.5 ± 5.0* ++	8.2 ± 3.4** +++	22.4 ± 6.7* +++	27.3 ± 2.4
7F	WT	6	32.2 ± 7.4	11.3 ± 6.3	32.4 ± 13.4	20.9 ± 1.3
7F	HET	11	31.2 ± 5.9	$9.9 \pm 4.0$	30.7 ± 7.4	21.3 ± 2.4
7F	KO	10	28.1 ± 4.5	7.3 ± 3.1	25.3 ± 7.2	20.8 ± 2.1
8M	WT	10	42.2 ± 5.8	12.0 ± 2.6	28.1 ± 3.0	$30.3 \pm 3.6$
8M	HET	8	38.8 ± 6.9	9.7 ± 4.1	24.1 ± 7.4	29.1 ± 3.9
8M	KO	12	34.2 ± 3.8**	6.2 ± 2.6***	17.8 ± 5.9***	28.0 ± 2.7
8F	WT	5	26.8 ± 3.8	6.5 ± 2.7	23.5 ± 6.8	20.3 ± 1.1
8F	HET	7	30.6 ± 5.0	9.0 ± 3.8	28.3 ± 7.0	21.7 ± 1.3
8F	KO	5	25.8 ± 4.0	$4.9 \pm 3.0$	17.8 ± 8.9	21.0 ± 1.6
9M	WT	4	43.5 ± 3.0	15.9 ± 2.2	36.5 ± 2.9	27.6 ± 1.3
9M	HET	4	45.4 ± 7.4	15.1 ± 5.1	$32.5 \pm 6.0$	30.3 ± 2.3
9M	KO	4	37.2 ± 3.0	9.8 ± 3.0	26.2 ± 7.1	27.3 ± 2.0
9F	WT	4	32.8 ± 3.8	11.8 ± 3.5	35.3 ± 6.4	21.1 ± 0.6
9F	HET	3	29.1 ± 3.2	8.5 ± 3.0	28.7 ± 7.8	20.7 ± 2.0
9F	KO	4	28.9 ± 1.8	7.7 ± 2.8	26.2 ± 8.4	21.2 ± 1.4

GT = genotype; N = number of mice; M = Male, F = female; LBM, lean body mass. KO different from WT, \*P < 0.05; \*\* P < 0.01; \*\*\*P < 0.001. KO different from HET, ++P < 0.01; +++P < 0.001.

Supplementary Table 3. Body composition of 16 week old *Fads1* mice generated by homologous recombination

<u>Cohort</u>	<u>GT</u>	<u>N</u>	<u>Diet</u>	Body weight (g)	Body fat (g)	<u>% Body fat</u>	<u>LBM (g)</u>
1hrM	WT	10	45% HFD	40.2 ± 3.8	13.5 ± 1.3	33.7 ± 1.1	26.6 ± 2.6
1hrM	KO	11	45% HFD	31.6 ± 3.1***	5.7 ± 2.2***	17.8 ± 5.5***	25.9 ± 1.9
1hrF	WT	8	45% HFD	27.5 ± 6.1	7.5 ± 4.9	25.4 ± 11.1	20.0 ± 2.1
1hrF	KO	11	45% HFD	$24.0 \pm 4.3$	4.5 ± 2.0	17.9 ± 5.2	19.5 ± 2.5

GT = genotype; N = number of mice; M = Male; F = Female; hr, homologous recombination; LBM, lean body mass.

KO different from WT, \**P* < 0.05; \*\* *P* < 0.01; \*\*\**P* < 0.001.

<u>Cohort</u>	<u>GT</u>	<u>Age (wks)</u>	N	Body weight (g)	Body fat (g)	<u>% Body fat</u>	<u>LBM (g)</u>
5M	WT	66	6	56.1 ± 7.3	21.8 ± 5.2	$38.4 \pm 4.7$	34.3 ± 2.7
5M	KO	66	7	47.4 ± 12.2	14.4 ± 8.4	28.5 ± 10.0*	$33.0 \pm 4.2$
1hrM	WT	74-75	9	67.4 ± 6.2	30.3 ± 5.3	44.6 ± 3.9	37.1 ± 1.3
1hrM	KO	74-75	9	39.7 ± 7.0***	9.8 ± 5.6***	23.4 ± 8.9***	29.8 ± 3.3***
1hrF	WT	74-75	7	44.5 ± 18.7	18.9 ± 14.5	37.1 ± 15.6	25.6 ± 4.7
1hrF	KO	74-75	4	35.4 ± 6.8	12.2 ± 3.3	34.1 ± 5.1	23.2 ± 4.0

Supplementary Table 4. Body composition of 45% HFD-fed *Fads1* KO and WT mice at age > 1 year

GT = genotype; N = number of mice; wks = weeks; M = Male; F = Female; hr = homologous recombination; LBM, lean body mass. KO different from WT, \*P < 0.05; \*\* P < 0.01; \*\*\*P < 0.001.

Supplementary Table 5. Serum total triglyceride, total cholesterol, ALT and AST levels and liver weights in Fads *1* KO mice

<u>Cohort</u>	<u>GT</u>	Age	<u>N</u>	<u>TG (mg/dL)</u>	Chol (mg/dL)	Liver Wt (g)	<u>ALT (U/L)</u>	<u>AST (U/L)</u>
5M	WT	30 wks	8	170 ± 41	248 ± 74			
5M	KO	30 wks	15	121 ± 46*	154 ± 40***			
6M	WТ	30 wks	10	90 ± 27	251 ± 48	2.8 ± 0.7	240 ± 119	232 ± 118
6M	KO	30 wks	10	67 ± 20*	143 ± 42***	1.4 ± 0.4***	74 ± 56***	125 ± 53*
6F	WΤ	30 wks	10	47 ± 12	188 ± 41	$1.4 \pm 0.3$	138 ± 103	268 ± 346
6F	KO	30 wks	10	55 ± 32	141 ± 41*	1.3 ± 0.2	58 ± 33*	265 ± 275
7M	WТ	37 wks	9	158 ± 37	219 ± 48			
7M	KO	37 wks	10	139 ± 32	174 ± 15*			
7F	WΤ	37 wks	6	127 ± 24	158 ± 33			
7F	KO	37 wks	9	116 ± 43	121 ± 25*			
8M	wт	46 wks	6	121 ± 49	215 ± 73			
8M	KO	46 wks	10	91 ± 37	135 ± 41*			
8F	WТ	46 wks	3	85 ± 34	106 ± 10			
8F	KO	46 wks	3	77 ± 18	92 ± 25			
1hrM	wт	31 wks	10	193 ± 42	242 ± 46			
1hrM	KO	31 wks	11	141 ± 49*	166 ± 43***			
1hrF	WΤ	31 wks	8	111 ± 20	106 ± 27			
1hrF	KO	31 wks	11	98 ± 16	115 ± 48			

GT = genotype; N = number of mice; TG, total triglyceride; Chol, total cholesterol; Wt, weight; ALT, alanine aminotransferase; AST, aspartate aminotransferase; wks, weeks KO different from WT, \**P*< 0.05; \*\*\**P*< 0.001.

-		Males		Females		
	Time on					
Measurement	western diet	WT (17)	Fads1 KO (16)	WT (21)	Fads1 KO (15)	
Body weight (g)	4 weeks	29.0 ± 3.6	27.8 ± 4.4	22.9 ± 2.7	21.8 ± 2.0	
Body weight (g)	8 weeks	36.1 ± 4.6	$30.8 \pm 4.0^{**}$	25.3 ± 2.4	23.7 ± 3.2	
Body weight (g)	12 weeks	41.8 ± 6.2	33.8 ± 4.9***	$28.0 \pm 3.3$	25.3 ± 3.7*	
Total Chol (ng/mL)	4 weeks	983 ± 244	1037 ± 212	870 ± 138	950 ± 132	
Total Chol (ng/mL)	8 weeks	1149 ± 218	1210 ± 271	1066 ± 248	1113 ± 245	
Total Chol (ng/mL)	12 weeks	1129 ± 247	1061 ± 274	1015 ± 217	1002 ± 243	
Total TG (ng/mL)	4 weeks	213 ± 51	193 ± 59	179 ± 60	173 ± 52	
Total TG (ng/mL)	8 weeks	177 ± 64	181 ± 66	157 ± 68	141 ± 48	
Total TG (ng/mL)	12 weeks	197 ± 53	182 ± 54	155 ± 53	135 ± 45	

## Supplementary Table 6. Body weight and lipid levels in *Fads1* KO and WT mice on an *ApoE* KO background

(N) = number of mice; Chol = cholesterol. KO different from WT, \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.001.