

# Bibliometric Analysis of Global Research Landscape and Hotspots on Dysmenorrhea: Where are We Now?

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**Purpose:** Dysmenorrhea is the most common gynecological condition among women of childbearing age and remains a challenging public health issue. This study aimed to visualize profiles and hotspots in dysmenorrhea research through a bibliometric analysis to deepen the understanding of knowledge in this field.

**Methods:** Articles and reviews on dysmenorrhea published from 2000 to 2021 were collected. We summarized standard bibliometric indicators. Publications were systematically assessed in terms of country, institution, author, journal, reference, and keywords using Citespace, VOSviewer, Bibliometric, and an online platform. Besides, correlation analyses of country-specific characteristics and bibliometric indicators were performed.

**Results:** 3407 publications were included. Dysmenorrhea-related publications have been increasing steadily annually. China and the United States were the most productive and academically influential countries, respectively. Correlation analysis revealed that economic power is an essential factor influencing scientific activity. However, collaboration in dysmenorrhea research remained weak. Natl Yang Ming Univ and Vercellini P were the most productive institution and influential author, respectively. A significant proportion of dysmenorrhea research was published in high-impact journals and it was explored at a multidisciplinary level. Current research topics focus on two primary areas: (1) pathophysiology, such as pathogenesis, oxidative stress, and functional connectivity, and (2) public health impacts, such as quality of life, burden, depression, and exercise.

**Conclusion:** Dysmenorrhea research has received extensive attention from scholars and is rapidly evolving. Improved collaboration and interdisciplinary exploration may advance this field. Public health research and pathophysiological exploration of dysmenorrhea are current research hotspots and may also be a focus of research in the coming years.

**Keywords:** bibliometric analysis, dysmenorrhea, women, pain, research hotspots

## Introduction

Dysmenorrhea is recurrent episodes of moderate-to-severe lower abdominal pain occurring before or during menstruation, usually accompanied by systemic symptoms such as headache, nausea, and diarrhea.<sup>1</sup> Primary dysmenorrhea is menstrual pain without a definite pelvic pathology. Changes in pain intensity and duration suggest the possible coexistence of underlying pelvic lesions, ie secondary dysmenorrhea, which requires further investigation. Dysmenorrhea is considered the most common gynecological condition among adolescents and young women, with prevalence rates reported in the literature varying from 16% to 95%, although it is likely highly underestimated.<sup>1-3</sup> For many women, it is a debilitating disease that can negatively impact multiple aspects of an individual's life, such as limited social interaction,<sup>4</sup> reduced productivity,<sup>5</sup> exacerbated psychological distress,<sup>6,7</sup> increased medical expenditures,<sup>8</sup>

and even disability.<sup>9</sup> In the United States alone, absenteeism due to menstrual pain results in a loss of approximately two billion dollars annually.<sup>10</sup> While, in developing countries, it can pose a heavier disease burden than any other gynecological complaint.<sup>8</sup> However, dysmenorrhea's pathogenesis and risk factors are still not completely elucidated,<sup>1,11,12</sup> and the optimal treatment strategy has not yet been determined.<sup>13</sup>

Given the aspects mentioned above, dysmenorrhea has become a significant public health issue and has received considerable attention from scholars.<sup>14</sup> To date, a substantial amount of literature has been published in the field of dysmenorrhea, and the rapid accumulation of knowledge has made it increasingly tricky to identify critical information and track the latest research hotspots, especially for those new to the field. Furthermore, although some systematic reviews can provide conclusions from quantitative analyses, they currently focus on a specific subfield, eg, Armour et al<sup>15</sup> investigated the prevalence of dysmenorrhea, while more studies focus on evaluating different treatment modalities.<sup>16,17</sup> However, macroscopic analyses of this field, such as research profiles and the evolution of topics, are still unavailable. Although extensive research has been conducted on dysmenorrhea, various scientific issues related to dysmenorrhea still require continued academic exploration. Therefore, assessing the research performance in this field is necessary to better prepare for further studies.

The bibliometric analysis provides an excellent solution to systematically and quantitatively analyze large-scale publications, presenting the development history and scientific status.<sup>18</sup> It has been employed in various primary care and public health fields, including COVID-19,<sup>19</sup> chronic postsurgical pain,<sup>20</sup> rheumatoid arthritis,<sup>21</sup> and central sensitization.<sup>22</sup> Whereas bibliometric analysis in the field of dysmenorrhea is scarce. This study aimed to comprehensively analyze the scientific publications on dysmenorrhea to provide a global perspective on the scientific performance and research hotspots in this field.

## Materials and Methods

### Data Source

We selected Science Citation Index Expanded (SCI-Expanded) as the search data source. SCIE includes a wide range of journals with academic impact in the natural sciences and is one of the well-recognized databases for conducting bibliometric research. In addition, reference files in various formats are available to meet the requirements of the bibliometric software directly.<sup>23</sup>

### Searching Strategy

The included bibliography needs to be an original article or review. Two investigators conducted the bibliographic search independently and downloaded the bibliometric data in plain text or UTF-8 format. The search strategies were set as follows: TS (Topic) = (dysmenorrh\* OR algomenorrh\* OR menalgia OR menorrhagia OR "menstrual pain") AND Language= English AND Time= (2000–2021). A total of 3666 publications were retrieved, then 3407 publications were considered the final data set for further analysis after excluding document types such as editorial materials, corrections, conference proceedings, and correspondence. The bibliographic search and data retrieval was performed on September 5, 2022, to avoid any bias due to database updates.

### Data Analysis and Visualization

The bibliometric indicators of publications were summarized, including the number of publications, sources, authors, affiliations, countries, keywords, references, and collaborations. A publication is defined as a multiple-countries publication (MCP, inter-country collaboration) if its authors are from at least two countries; otherwise, it is a single-country publication (SCP, intra-country collaboration). The citations, H-index or G-index, were used to assess the academic impact of authors or journals. Besides, we extracted the categories (Q1, Q2, Q3, and Q4) and impact factors (IF) of the journals from Journal Citation Reports (JCR) 2021. Moreover, the number of publications per million people and the number of publications per trillion gross domestic product (GDP) were evaluated, considering the unevenness in the economies and populations of different countries.<sup>23,24</sup>

To explore the association between the country's demographic and economic status and academic impact, Spearman correlation analyses of country-specific characteristics (GDP, GDP per capita, and population size) and bibliometric indicators (number of publications, total citations, average article citations, percentage of MCP) were performed using SPSS 22.0 (IBM Corp., Armonk, NY, USA). A  $P$ -value < 0.05 was defined as statistically significant. We conducted a comprehensive bibliometric analysis by the Java-based Citespace (version 5.8.R3), VOSviewer (version 1.6.18), the R software-based Bibliometric (version 3.0), and an online analytics platform (<https://bibliometric.com/>). Co-citation, co-occurrence, collaborative, co-authorship analysis, burst detection, and a dual-map overlap of journals were performed to construct knowledge networks of dysmenorrhoea.

## Results

### General Information and Publication Trends

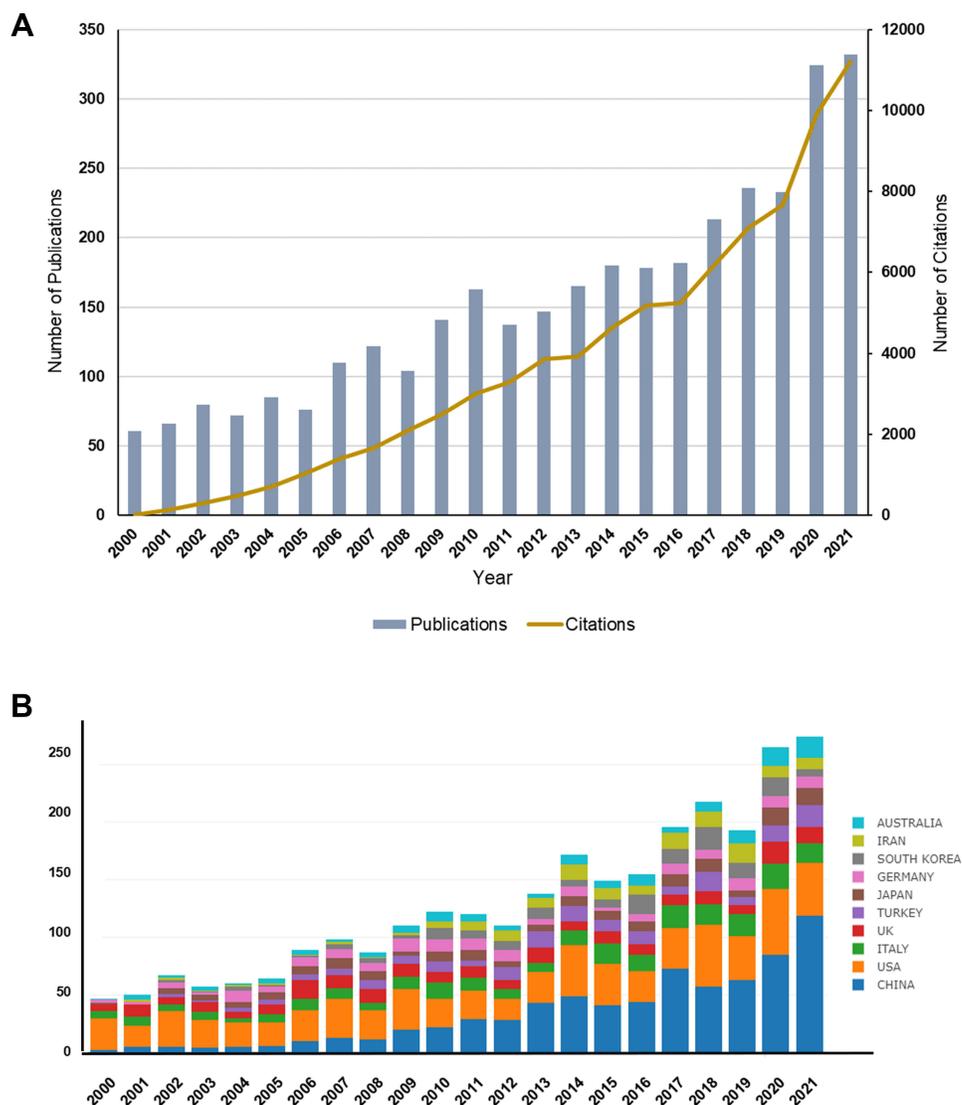
Table 1 presented the basic information of 3407 publications, including 2838 original articles and 569 reviews. These publications were written by 12,435 authors, published in 791 journals, and cited 76,027 references. The average number of citations per document was 25.94. Figure 1A showed the trend in annual publications of dysmenorrhea research. As can be seen, there is a noticeable upward trend in the number of publications and citations, peaking in 2021 with 332 publications and 11,206 citations.

### Publication Performances: Countries

Dysmenorrhea-related publications came from 81 countries, indicating wide participation in this field. As shown in Table 2, China was the most productive country ( $n = 697$ , 20.6%), followed by the United States (US,  $n = 569$ , 16.8%)

**Table 1** Main Information About Bibliometric Analysis

Description	Results
<b>DATA</b>	
Timespan	2000:2021
Journals	791
Documents	3407
Average Years from Publication	8.6
Average Citations per Document	25.94
Average Citations per Year per Doc	2.574
References	76,027
<b>DOCUMENT TYPES</b>	
Original Article	2838
Review	569
<b>DOCUMENT CONTENTS</b>	
Keywords Plus	5396
Author's Keywords	5747
<b>AUTHORS</b>	
Authors	12,435
Author Appearances	18,144
Authors of Single-Authored Documents	152
Authors of Multi-Authored Documents	12,283
<b>AUTHORS COLLABORATION</b>	
Single-Authored Documents	177
Documents per Author	0.274
Authors per Document	3.65
Co-Authors per Documents	5.33
Collaboration Index	3.8



**Figure 1** Annual publication trends worldwide (**A**) and in the top ten most productive countries (**B**). The number of studies related to dysmenorrhea has been increasing rapidly since the 21st century.

and Italy ( $n = 220$ , 6.5%). Of the top ten most productive countries, four are from Europe, four are from Asia, and the other two are from North America and Oceania. Publications from these ten countries are also on the rise, with an impressive increase in publications from China over the last decade (Figure 1B). After adjusting for population size and GDP, Australia ranked first with 4.4 publications per million people, and Iran was first with 102.3 publications per trillion GDP. As for the citations, the US ranked first ( $n = 18860$  average article citation (AAC) = 33.2), followed by China ( $n = 9794$ , AAC = 14.1) and Italy ( $n = 9389$ , AAC = 42.7).

Moreover, correlation analysis revealed a moderate-to-high positive correlation between GDP and the number of publications (Table 3,  $r = 0.678$ ,  $P = 0.001$ ) or citations ( $r = 0.707$ ,  $P < 0.001$ ). A similar association was found for population size. GDP per capita, on the other hand, was positively correlated with the AAC ( $r = 0.561$ ,  $P = 0.010$ ) or the percentage of MCP ( $r = 0.788$ ,  $P < 0.001$ ). It indicated that literature from wealthy countries experienced more international collaborations and had a higher impact.

We constructed a collaborative network for dysmenorrhea research. Although international collaborations were widespread, the proportion of MCPs remained low (Figure 2A). Further mapping of collaborations on a global map revealed that collaborations were mainly clustered in US-Europe and US-China (Figure 2B).

**Table 2** Top 10 Productive Countries and Citations per Country

Sort by NP	Country	Articles (%)	SCP	MCP (%)	NP Per Trillion GDP	NP Per Million People	Sort by Total Citations	Country	Total Citations	Average Article Citations
1st	CHINA	697(20.6)	639	58(8.3)	39.4	0.5	1st	USA	18860	33.2
2nd	USA	569(16.8)	488	81(14.2)	24.7	1.7	2nd	CHINA	9794	14.1
3rd	ITALY	220(6.5)	187	33(15.0)	81.2	3.7	3rd	ITALY	9389	42.7
4th	TURKEY	173(5.1)	172	1(0.6)	66.8	2.0	4th	UK	8601	55.5
5th	JAPAN	158(4.7)	147	11(7.0)	29.3	1.3	5th	FRANCE	4835	62.0
6th	UK	155(4.6)	113	42(27.1)	46.4	2.3	6th	AUSTRALIA	3398	30.3
7th	KOREA	149(4.4)	126	23(15.4)	61.3	2.9	7th	GERMANY	3256	27.1
8th	IRAN	136(4.0)	111	25(18.4)	102.3	1.6	8th	CANADA	2922	53.1
9th	GERMANY	120(3.5)	92	28(23.3)	28.4	1.4	9th	JAPAN	2628	16.6
10th	AUSTRALIA	112(3.3)	78	34(30.4)	77.8	4.4	10th	IRAN	2498	18.4

**Abbreviations:** NP, number of publications; MCP, multiple countries publications (inter-country collaboration); SCP, single country publications (intra-country collaboration); GDP, gross domestic product.

**Table 3** Correlation Analysis Between Country-Specific Characteristics and Bibliometric Indicators

Country-Specific Characteristics	Bibliometric Indicators	r	P
GDP	Number of publications	0.678	<b>0.001</b>
	Total citations	0.707	<b>&lt;0.001</b>
	Average article citations	0.104	0.663
	Percentage of MCP	0.299	0.200
GDP per capita	Number of publications	0.228	0.334
	Total citations	0.188	0.427
	Average article citations	0.561	<b>0.010</b>
	Percentage of MCP	0.788	<b>&lt;0.001</b>
People	Number of publications	0.688	<b>0.001</b>
	Total citations	0.430	<b>0.048</b>
	Average article citations	0.290	0.216
	Percentage of MCP	-0.723	<b>&lt;0.001</b>

**Note:** Bold values indicate statistical significance ( $P < 0.05$ ).

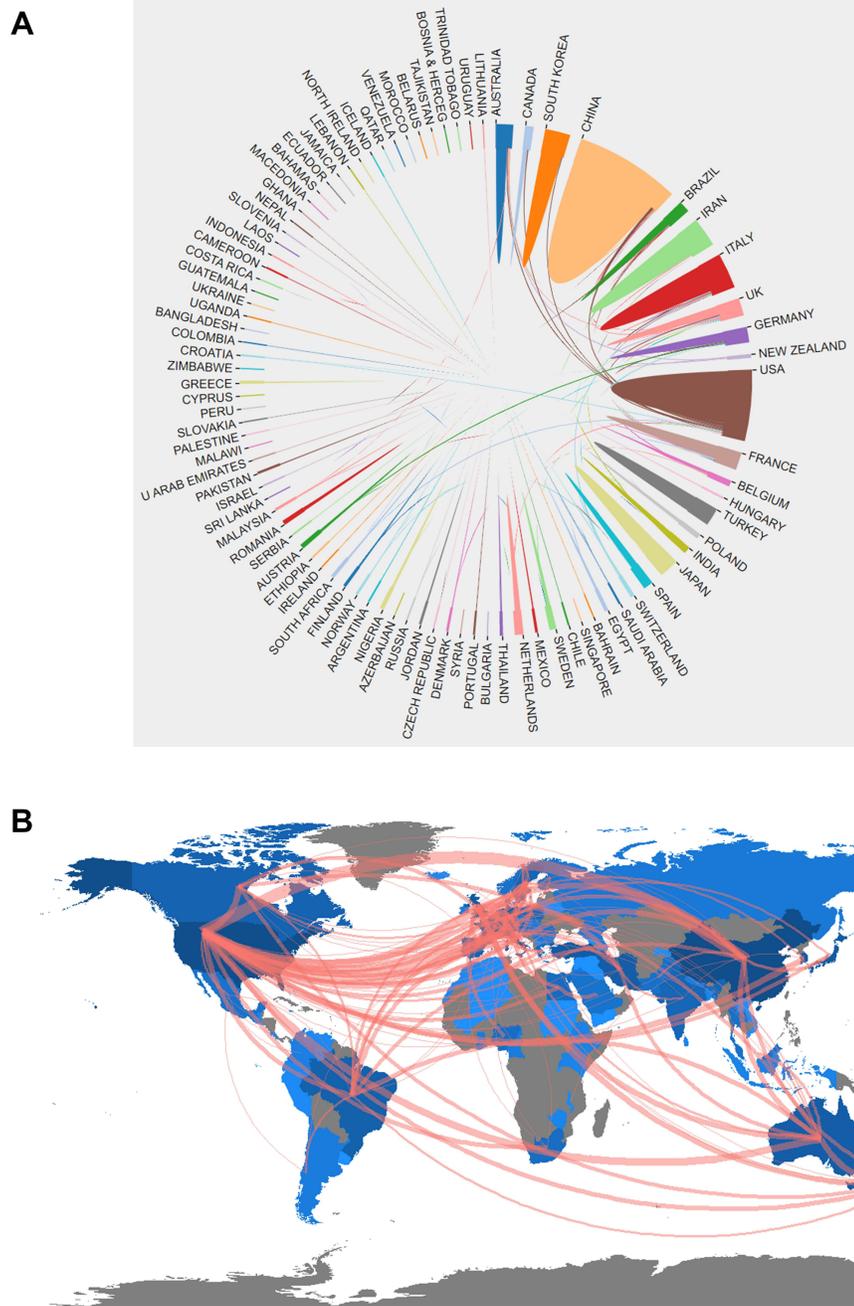
**Abbreviations:** GDP, Gross Domestic Product; MCP, multiple countries publications.

## Publication Performances: Institutions

Over 3200 institutions have contributed to the field of dysmenorrhea. As shown in [Figure 3A](#), six of the top ten most productive institutions were from China, as Natl Yang Ming Univ ranks first with 81 publications. Six major clusters were identified in the collaborative network: Natl Yang Ming Univ, Beijing Univ Chinese Med, Univ Milan, Shahid Beheshti Univ, Fudan Univ, and Univ Sao Paulo at the center of the clusters, respectively ([Figure 3B](#)). [Figure 3C](#) demonstrated a detailed co-authorship analysis based on the timeline, highlighting the complex collaborative relationships between institutions, with collaborations primarily scattered across the United States, China, and Europe. Besides, many new institutions participating in dysmenorrhea research have emerged recently, such as Xi'an Jiao Tong Univ, Jilin Univ, Boston Children's Hosp, and Indiana Univ Sch Med.

## Publication Performances: Authors

[Figure 4A](#) demonstrated the top ten most productive authors, five of whom were from China. Vercellini P and Yang J ranked in the top two, with 34 and 33 publications, respectively. As for the most cited authors, Vercellini P received 3477 citations with an H-index of 26, followed by Chapron C and Fedele L with 3023 and 2105 citations, respectively ([Table 4](#)). It is noteworthy that the top ten most cited authors are all from developed countries in Europe and US. The collaborative

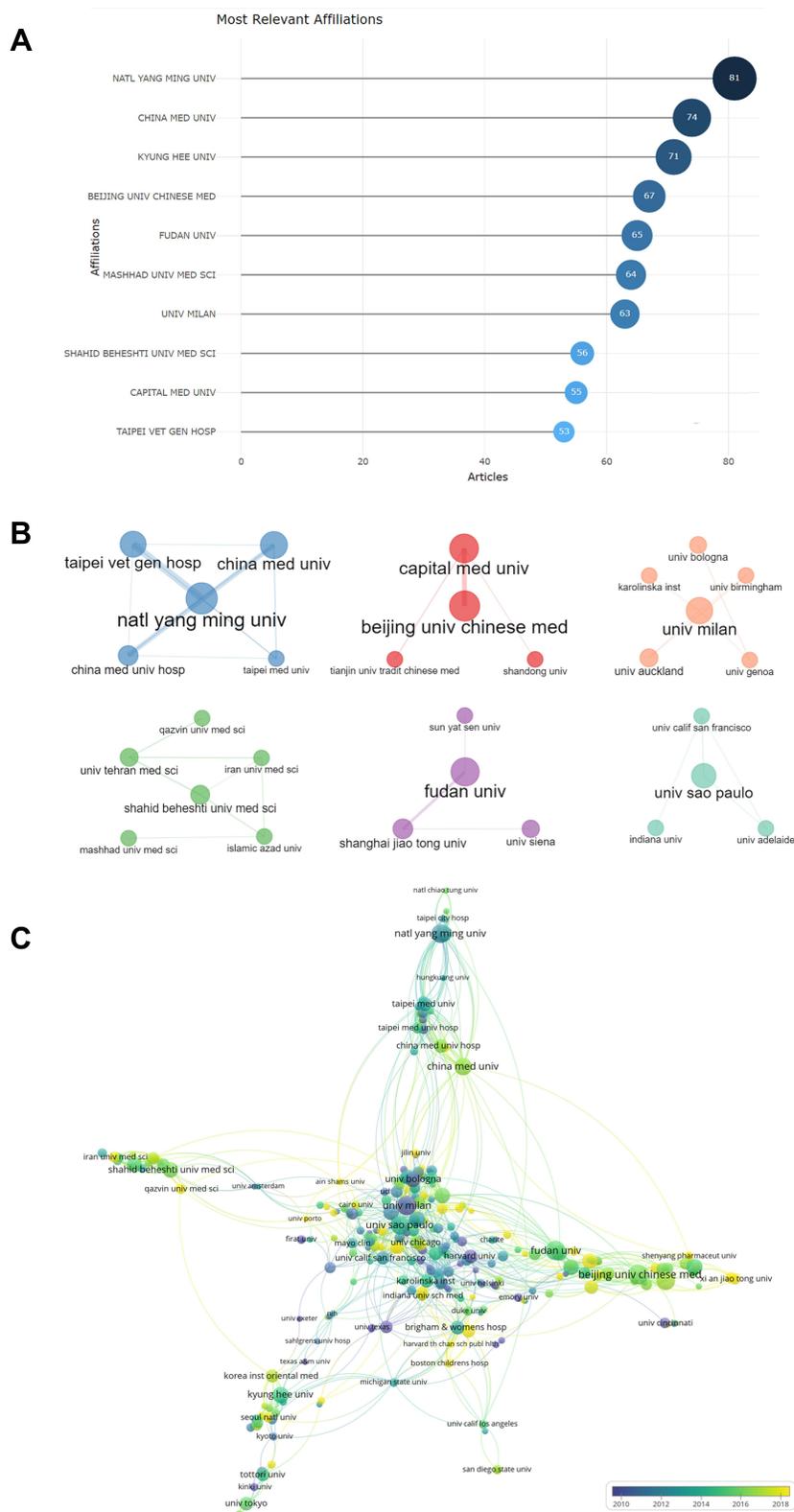


**Figure 2** The country distribution (**A**) and international collaboration (**B**) of publications in the field of dysmenorrhea. The thicker the line, the higher the frequency of cooperation. International collaboration in dysmenorrhea-related research has not been extensive. The collaborations were mainly clustered in US-Europe and US-China.

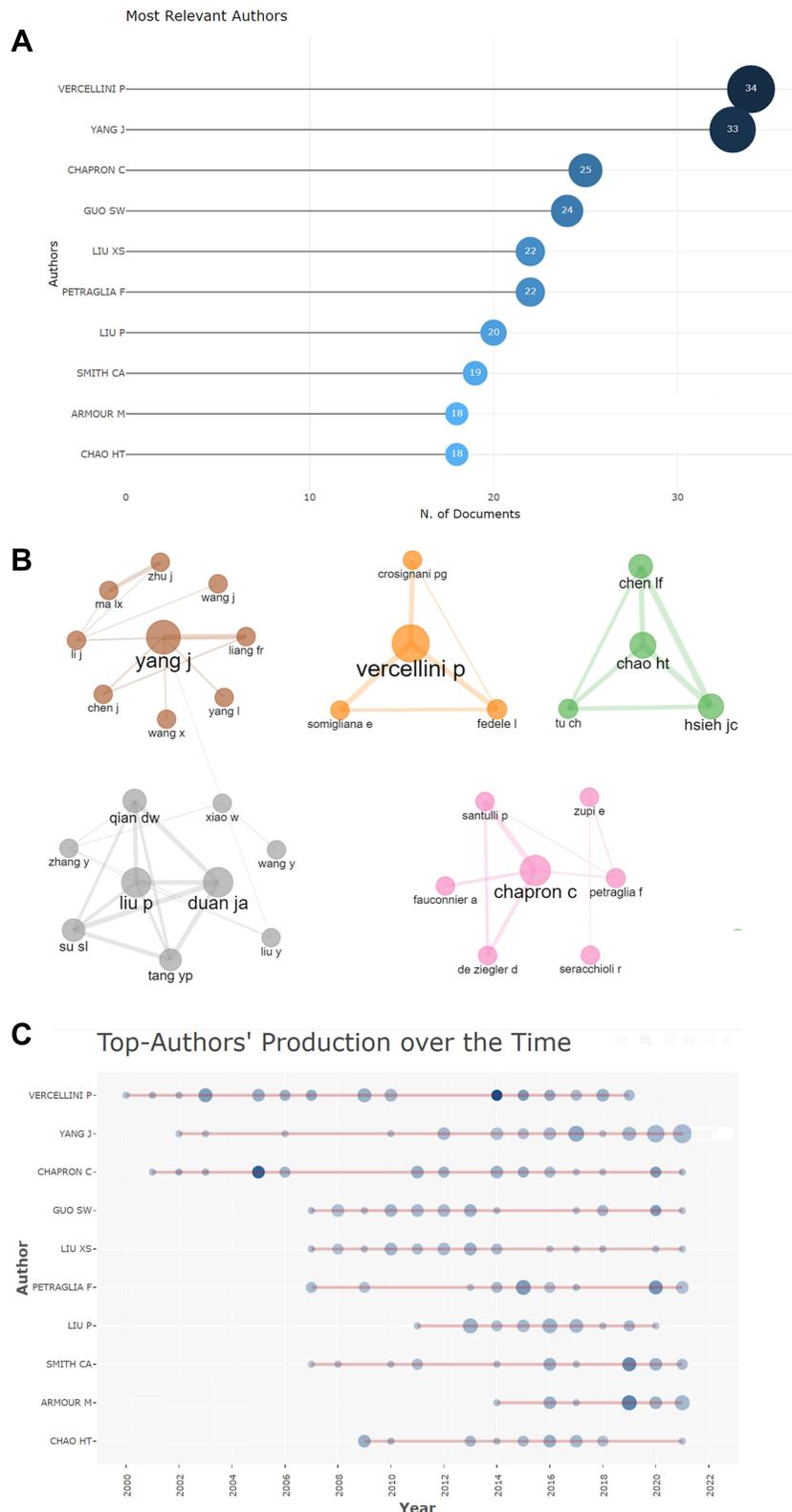
network analysis revealed five major author clusters, with Vercellini P, Yang J, Chao HT, Liu P, and Chapron C at the center of their respective clusters (Figure 4B). All five authors were on the list of highly productive authors. We also analyzed the top authors' production over time (Figure 4C). Vercellini P, Yang J, and Chapron C have been deeply involved in this field for almost 20 years. Most of the authors started working in dysmenorrhea research after 2007.

## Highly Contributive Journals

Table 5 summarized the characteristics of the top productive journals, four of which belong to JCR Q1. The most productive journal was *Fertility and Sterility*, with 112 publications, and received a remarkable 7046 citations. *Journal of*



**Figure 3** Publication performance of the institution: the top ten most productive institutions (A); inter-institutional collaboration network (B); and co-authorship analysis of institutions (C). These networks highlighted the collaborative relationships between institutions, with collaborations primarily scattered across the United States, China, and Europe.



**Figure 4** Publication performance of the authors: the top ten most productive institutions (**A**); the inter-author collaboration network (**B**); and top authors' production over time (**C**). The top ten most cited authors are all from developed countries, and most of them have been working on dysmenorrhea for more than a decade.

**Table 4** Top ten Most Cited Authors

Author	TC	H-Index	G-Index	NP	Country
VERCELLINI P	3477	26	34	34	Italy
CHAPRON C	3023	19	25	25	France
FEDELE L	2105	13	15	15	Italy
D'HOOGHE T	1954	7	10	10	Germany
HUMMELSHOJ L	1948	4	4	4	UK
CROSIGNANI PG	1909	15	15	15	Italy
GIUDICE LC	1651	5	6	6	USA
ZONDERVAN KT	1588	7	8	8	UK
KENNEDY S	1455	5	5	5	UK
SOMIGLIANA E	1422	12	14	14	Italy

**Abbreviations:** NP, number of publications; TC, total citations.

**Table 5** The Top 10 Most Productive Journals

Sort by Number of Articles	Relevant Sources	Articles	TC	H-Index	JCR	IF (2021)
1st	<i>Fertility and Sterility</i>	112	7046	49	Q1	7.490
2nd	<i>Journal of Minimally Invasive Gynecology</i>	100	2310	27	Q1	4.314
3rd	<i>Journal of Pediatric and Adolescent Gynecology</i>	84	1294	21	Q3	2.046
4th	<i>European Journal of Obstetrics &amp; Gynecology and Reproductive Biology</i>	83	1635	23	Q3	2.831
5th	<i>Journal of Ethnopharmacology</i>	76	2471	26	Q1	5.195
6th	<i>Journal of Obstetrics and Gynaecology Research</i>	70	881	16	Q3	1.697
7th	<i>Human Reproduction</i>	68	6016	39	Q1	6.353
8th	<i>Evidence-Based Complementary and Alternative Medicine</i>	60	568	13	Q2	2.650
9th	<i>Archives Of Gynecology and Obstetrics</i>	57	938	16	Q3	2.493
10th	<i>Contraception</i>	57	1598	24	Q2	3.051

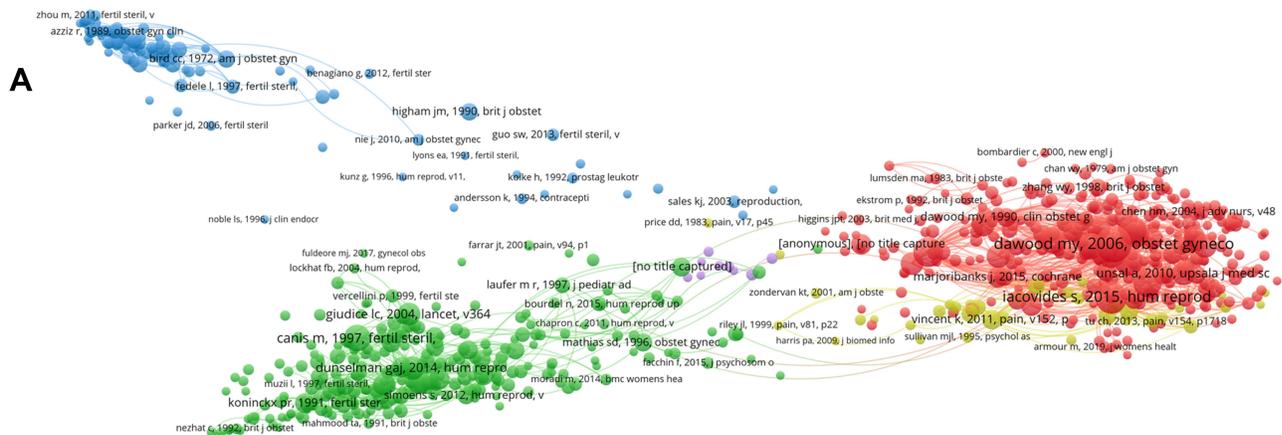
**Abbreviations:** NP, number of publications; MCR, multiple countries publications (inter-country collaboration); SCP, single country publications (intra-country collaboration); GDP, gross domestic product; TC, total citations; JCR, Journal Citation Reports; IF, impact factor.

*Minimally Invasive Gynecology* (n=100, citations=2310) and *Journal of Pediatric and Adolescent Gynecology* (n=84, citations=1294) came in second and third place. *Fertility and Sterility* also had the highest impact factor of 7.490. The complex co-citation network among journals was depicted in [Figure 5A](#). It revealed several significant journal clusters, including the Obstetrics and Gynecology cluster represented by *Fertility and Sterility*, the Pain and Neuroscience cluster represented by *Pain*, the Public Health cluster represented by *Cochrane Database of Systematic Reviews*, and the Endocrinology and Basic Research cluster represented by *J Clin Endocrinol Metab*. [Figure 5B](#) showed a dual-map overlap of the research journals. The citing papers were primarily focused on two areas: (1) Medicine, Medical, Clinical; (2) Molecular, Biology, immunology. At the same time, the cited papers were mainly concentrated on: (1) Molecular, Biology, Genetics; (2) Health, Nursing, Medicine. The above results suggest that dysmenorrhea research has attracted widespread attention from various disciplines.

## Highly Contributive Papers

We used local citations to assess the articles' impact on dysmenorrhea research. The top three most contributing publications were three reviews by Dawood et al,<sup>25</sup> Iacovides et al<sup>2</sup> and Ju et al,<sup>1</sup> which focused on the incidence, risk factors, pathogenesis, and advances in the management of dysmenorrhea. The co-citation network ([Figure 6A](#)) showed four major clusters containing many references, suggesting an extensive association between references.





**B Top 25 References with the Strongest Citation Bursts**

References	Year	Strength	Begin	End	2000 - 2021
Chapron C, 2003, HUM REPROD, V18, P760, DOI 10.1093/humrep/deg152, DOI	2003	10.58	2005	2008	-----
French L, 2005, AM FAM PHYSICIAN, V71, P285	2005	16.69	2006	2010	-----
Dawood MY, 2006, OBSTET GYNECOL, V108, P428, DOI 10.1097/01.AOG.0000230214.26638.0c, DOI	2006	14.95	2007	2011	-----
Bumett MA, 2005, J OBSTET GYNAECOL CA, V27, P765, DOI 10.1016/S1701-2163(16)30728-9, DOI	2005	9.84	2007	2010	-----
Kennedy S, 2005, HUM REPROD, V20, P2698, DOI 10.1093/humrep/dei135, DOI	2005	8.74	2007	2010	-----
Harel ZEEV, 2006, J PEDIATR ADOLESC GYNECOL, V19, P363, DOI 10.1016/j.jpaa.2006.09.001, DOI	2006	11.9	2008	2011	-----
Polat A, 2009, ARCH GYNECOL OBSTET, V279, P527, DOI 10.1007/s00404-008-0750-0, DOI	2009	11.25	2010	2014	-----
Unsal A, 2010, UPSALA J MED SCI, V115, P138, DOI 10.3109/03009730903457218, DOI	2010	17.87	2012	2015	-----
Zahradnik HP, 2010, CONTRACEPTION, V81, P185, DOI 10.1016/j.contraception.2009.09.014, DOI	2010	10.48	2012	2015	-----
Parker MA, 2010, BJOG-INT J OBSTET GY, V117, P185, DOI 10.1111/j.1471-0528.2009.02407.x, DOI	2010	9.42	2012	2015	-----
Vincent K, 2011, PAIN, V152, P1966, DOI 10.1016/j.pain.2011.03.029, DOI	2011	11.18	2013	2016	-----
Marjoribanks J, 2010, COCHRANE DB SYST REV, V0, P0, DOI 10.1002/14651858.CD001751.pub2, DOI	2010	10.54	2013	2015	-----
Ortiz MI, 2010, EUR J OBSTET GYN R B, V152, P73, DOI 10.1016/j.ejogrb.2010.04.015, DOI	2010	8.87	2013	2015	-----
Ju H, 2014, EPIDEMIOLOG REV, V36, P104, DOI 10.1093/epirev/mxt009, DOI	2014	29.99	2015	2019	-----
Dunselman GAJ, 2014, HUM REPROD, V29, P400, DOI 10.1093/humrep/det457, DOI	2014	15.04	2015	2019	-----
Berkley KJ, 2013, PAIN, VXXI, P1	2013	11.37	2015	2018	-----
Tu CH, 2013, PAIN, V154, P1718, DOI 10.1016/j.pain.2013.05.022, DOI	2013	9.54	2015	2018	-----
Iacovides S, 2014, ACTA OBSTET GYN SCAN, V93, P213, DOI 10.1111/aogs.12287, DOI	2014	8.45	2015	2019	-----
Osayande AS, 2014, AM FAM PHYSICIAN, V89, P341	2014	8.45	2015	2019	-----
Vercellini P, 2014, NAT REV ENDOCRINOL, V10, P261, DOI 10.1038/nrendo.2013.255, DOI	2014	10.86	2016	2019	-----
Bourdel N, 2015, HUM REPROD UPDATE, V21, P136, DOI 10.1093/humupd/dmu046, DOI	2015	8.68	2016	2019	-----
Iacovides S, 2015, HUM REPROD UPDATE, V21, P762, DOI 10.1093/humupd/dmv039, DOI	2015	33.66	2017	2021	-----
De Sanctis V, 2015, PEDIATR ENDOCR REV P, V13, P512	2015	13.6	2017	2021	-----
Marjoribanks J, 2015, COCHRANE DB SYST REV, V0, P0, DOI 10.1002/14651858.CD001751.pub3, DOI	2015	13.25	2017	2021	-----
Hailemeskel S, 2016, INT J WOMENS HEALTH, V8, P489, DOI 10.2147/IJWH.S112768, DOI	2016	9.81	2018	2021	-----

**Figure 6** Highly contributive papers: a co-citation network of references (A); and the top 20 references with the strongest citation bursts (B). The network showed four major clusters containing many references, suggesting an extensive association between references. Besides, half of top references were published after 2015.

Marjoribanks et al<sup>27</sup> explored the effectiveness and safety of non-steroidal anti-inflammatory drugs (NSAIDs) in treating primary dysmenorrhea.

**Keyword Co-Occurrence**

Keyword co-occurrence allowed us to identify research hotspots and thus deepen our understanding of knowledge in the field of dysmenorrhea. As shown in Figure 7A, the keywords can divide into five clusters. The blue clusters are mainly epidemiology-related keywords, including prevalence, female, risk factors, and adolescent. The cyan and green clusters correspond to two secondary dysmenorrhea conditions, endometriosis and adenomyosis. Pathogenesis-related terms such



## Top 25 Keywords with the Strongest Citation Bursts

Keywords	Year	Strength	Begin	End	2000 - 2021
disease	2000	10.28	2000	2007	
menorrhagia	2000	7.64	2000	2007	
young women	2000	6.94	2000	2007	
pelvic endometriosis	2000	6.35	2000	2008	
rheumatoid arthritis	2000	5.84	2000	2004	
nonsteroidal antiinflammatory drug	2000	9.31	2001	2005	
localization	2000	6.42	2001	2007	
osteoarthritis	2000	5.56	2001	2004	
sensitivity	2000	5.54	2002	2006	
non dysmenorrheic women	2000	5.5	2002	2007	
pregnancy	2000	6.67	2003	2006	
stage	2000	6.02	2003	2009	
uterus	2000	5.03	2003	2007	
rectovaginal endometriosis	2000	5.76	2006	2011	
girl	2000	6.3	2008	2012	
surgery	2000	5.91	2009	2012	
acupressure	2000	5.13	2011	2015	
rat	2000	4.94	2011	2014	
pathogenesis	2000	5.62	2015	2021	
functional connectivity	2000	6.5	2017	2021	
validation	2000	6.25	2017	2021	
chronic pain	2000	6.25	2017	2021	
life	2000	5.93	2018	2021	
safety	2000	5.72	2018	2021	
burden	2000	7.01	2019	2021	

**Figure 8** Top 25 keywords with the strongest citation bursts. Some keywords that emerged after 2015 and continue to be influential to 2021 include pathogenesis, functional connectivity, validation, chronic pain, life, safety, and burden.

as expression, oxidative stress, and inflammation were concentrated in the red cluster. Additionally, the temporal evolution of the keywords was presented in Figure 7B. Emerging terms focus on two primary areas: (1) pathophysiology, such as mechanism, pathogenesis, oxidative stress, and functional connectivity, and (2) public health impacts, such as quality of life, anxiety, depression, and exercise. The keyword burst detection further confirmed the above results (Figure 8). Some keywords that emerged after 2015 and continue to be influential to 2021 include pathogenesis, functional connectivity, validation, chronic pain, life, safety, and burden.

## Discussion

To our knowledge, this study is the first bibliometric analysis of dysmenorrhea research. We summarized 3407 original articles and reviews published from 2000 to 2021 to identify milestone achievements. We found that dysmenorrhea has received increasing attention from researchers, with related publications steadily growing annually. China and the United States were the most productive and academically influential countries, respectively, while economic power was an essential factor influencing scientific activity. Natl Yang Ming Univ and Vercellini P were the most productive institution and influential author, respectively. A significant proportion of dysmenorrhea research was published in high-impact journals and was explored at a multidisciplinary level. Current emerging topics focused on two primary areas: (1) pathophysiology, such as pathogenesis, oxidative stress, and functional connectivity, and (2) public health impacts, such as quality of life, burden, depression, and exercise. This report may serve as a reference and guide for more in-depth studies in the future.

The present study revealed that publications and citations about dysmenorrhea have continued to increase since the 21st century (Figure 1A). According to the above trends, we believe that dysmenorrhea has attracted broad interest from scholars and will remain a crucial topic with great potential in the future. This development trend may be related to the high prevalence of dysmenorrhea and the improved awareness of women's health care. The prevalence of dysmenorrhea reported in the literature is not consistent.<sup>1–3</sup> A recent meta-analysis included 21,573 young women from countries with different income levels and found a prevalence of dysmenorrhea as high as 71.1%.<sup>15</sup> Another large-scale study showed that 29% of women would experience severe pain.<sup>28</sup> Nevertheless, this alarming figure may still be underestimated, as some women consider pain a normal physiological phenomenon and therefore do not report it or seek medical help.<sup>2,3</sup> As public health awareness improves, it is foreseeable that more studies will investigate this common but debilitating disease.

Regarding national contribution, China marginally surpassed the United States as the most productive country. As seen in Figure 1B, the increase in Chinese publications has been primarily concentrated in the last decade, and China has performed well in collaboration networks, indicating that China is an emerging country in the field of dysmenorrhea research. On the other hand, the United States was the most academically influential country, with publications receiving the most citations, almost twice as many as in China. It also had very close ties with nearly all other regions in the global collaborative network. We should be aware that there was a significant correlation between the number of publications and GDP or population size. Countries with higher GDP per capita would receive more citations and international collaborations. These findings suggested that economic power was an essential factor influencing scientific activity, and those wealthy countries would invest heavily in scientific research and yield more scientifically impactful results.<sup>23,29</sup> Besides, regional imbalances in dysmenorrhea research were still noticeable, encouraging greater international communication to promote in-depth research in this field. Meanwhile, Middle Eastern countries have made remarkable contributions to dysmenorrhea-related research, with Iran being the eighth most productive country. Rafique et al<sup>30</sup> explored the relationship between body mass index and primary dysmenorrhea and found that underweight individuals were more likely to have moderate to severe dysmenorrhea, receiving 51 citations.

Our study showed that four of the top ten most productive journals belonged to JCR Q1, and two to JCR Q2. Meanwhile, the journal co-citation network identified several major journal clusters, including obstetrics and gynecology, pain and neuroscience, public health, endocrinology, and basic research. It indicated that interdisciplinary communication in dysmenorrhea research was frequent. Vercellini P was the most academically influential author. His research focused on secondary dysmenorrhea due to endometriosis, with a primary investigation of the pharmacological treatment of secondary dysmenorrhea, postoperative pharmacological adjunctive therapy, and the relationship between pain and disease stage or localization.<sup>31–34</sup> Yang J ranked second in the most productive author list with 33 publications. She has conducted extensive research in the field of primary dysmenorrhea, primarily focusing on the role of traditional Chinese medicine such as acupuncture and moxibustion,<sup>35–37</sup> and has also done in-depth studies on the alterations of brain function in patients with dysmenorrhea.<sup>38–40</sup>

More importantly, bibliometric analysis can help us gain insight into disciplinary development. Our study revealed the current research topics focus on two primary areas: (1) pathophysiology, such as pathogenesis, oxidative stress, and functional

connectivity, and (2) public health impacts, such as quality of life, burden, depression, and exercise. Several investigations have been conducted to explore these two research areas preliminarily. Although the pathophysiology of dysmenorrhea is not yet clear, increased secretion of prostaglandin F<sub>2α</sub> (PGF<sub>2α</sub>) and prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) during endometrial shedding seems to play an essential role.<sup>41</sup> The brain pathophysiological alterations of dysmenorrhea are a recent hot research topic. Long-term recurrent pain may cause abnormalities in structural and functional connectivities of the brain and further aggravate dysmenorrhea. Neuroimaging studies have identified several regions associated with dysmenorrhea, including the amygdala, thalamus, precuneus, and anterior cingulate cortex.<sup>42–45</sup> The abnormal networks appear to be located in the attention networks, reward system dorsal, and default mode network.<sup>42</sup> Additionally, studies revealed that baseline functional connectivity patterns could predict patients' response to acupuncture.<sup>46</sup> Recently, Yang et al<sup>37</sup> also found that acupuncture can modulate brain activity across multiple frequency bands to achieve therapeutic effects. Oxidative stress in dysmenorrhea has also received increasing attention, reporting an association with endometrial dysfunction and the severity of dysmenorrhea.<sup>47–49</sup> Eroglu et al<sup>50</sup> investigated the diagnostic value of oxidative stress and ischemic markers for dysmenorrhea, suggesting the value of serum ischemia-modified albumin in determining the severity of endometrial ischemia and pain in dysmenorrhea patients. Another recent systematic review by Szmidt et al implied the need for higher quality studies to determine whether oxidative stress or antioxidant status is involved in the pathophysiology of primary dysmenorrhea.<sup>51</sup> Besides, due to the high prevalence and adverse effects, dysmenorrhea has become an increasingly significant public health issue. In addition to impaired physical health, dysmenorrhea was closely related to psychological disorders such as anxiety and depression.<sup>52–54</sup> While self-care and lifestyle interventions such as exercise have been proven to be promising treatment modalities for dysmenorrhea.<sup>55</sup> Further exploration in these areas will contribute to a better understanding of dysmenorrhea's pathophysiological mechanisms and public health implications.

It should be noted that our study still has some limitations. First, selecting SCIE as the data source and ignoring other databases may lead to selection bias. Second, it takes a period for an article to reach a high academic impact from publication, which leads to a possible underestimation of the impact of newly published articles. Third, we evaluated only English-language publications. Fourth, there are no objective criteria for the selection of the study period. We chose 2000–2021 as the period of the study to obtain the most recent information on dysmenorrhea research. However, we should also note that a change in the time period may lead to differences in the study results. Fifth, this study is a traditional bibliometric analysis that cannot reveal research gaps in the field or adequately addressed topics. Finally, the search algorithm is not full-text based and may miss some relevant articles.

## Conclusion

Our study provided insight into the global knowledge landscape and hotspots in dysmenorrhea through bibliometric analysis. Dysmenorrhea-related publications have been increasing steadily annually. China and the United States were the most productive and academically influential countries, respectively, and economic power was an essential factor influencing scientific activity. Collaboration between regions, institutions, and authors still needs to be further strengthened and could be explored scientifically at a multidisciplinary level. Public health implications and pathophysiology, especially brain function studies, are current research hotspots and likely to be an important direction for dysmenorrhea research in the coming period.

## Data Sharing Statement

The raw data can be directly obtained from the Web of Science Core Collection (WoSCC) database.

## Ethics Approval and Informed Consent

This study did not include any patient information. Thus, the requirement for ethics approval was waived.

## Disclosure

The authors report no conflicts of interest in this work.

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