

# Disrupted Alpha-Ketoglutarate Homeostasis: Understanding Kidney Diseases from the View of Metabolism and Beyond

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**Abstract:** Alpha-ketoglutarate (AKG) is a key intermediate of various metabolic pathways including tricarboxylic acid (TCA) cycle, anabolic and catabolic reactions of amino acids, and collagen biosynthesis. Meanwhile, AKG also participates in multiple signaling pathways related to cellular redox regulation, epigenetic processes, and inflammation response. Emerging evidence has shown that kidney diseases like diabetic nephropathy and renal ischemia/reperfusion injury are associated with metabolic disorders. In consistence with metabolic role of AKG, further metabolomics study demonstrated a dysregulated AKG level in kidney diseases. Intriguingly, earlier studies during the years of 1980s and 1990s indicated that AKG may benefit wound healing and surgery recovery. Recently, interests on AKG are arising again due to its protective roles on healthy ageing, which may shed light on developing novel therapeutic strategies against age-related diseases including renal diseases. This review will summarize the physiological and pathological properties of AKG, as well as the underlying molecular mechanisms, with a special emphasis on kidney diseases.

**Keywords:** alpha-ketoglutarate, kidney diseases, metabolism, diabetic nephropathy, acute kidney injury

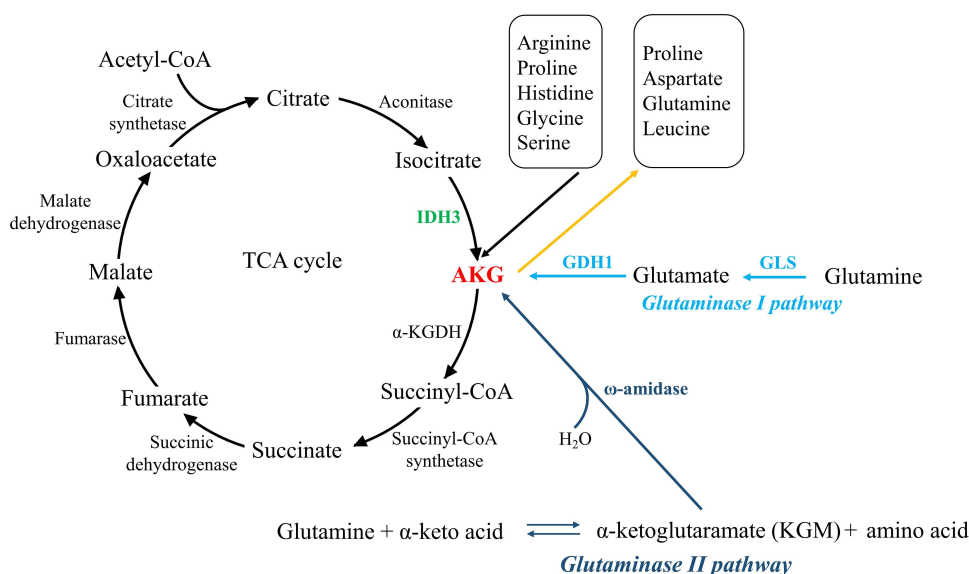
## Introduction

Kidney diseases are a globally life-threatening burden and increase the incidence of end-stage renal disease (ESRD). Accumulating evidence has shown that metabolic reprogramming is not only a feature but also contributor to the progression and prognosis of kidney injury.<sup>1</sup> Of these, energy metabolism attracts more attention. Alpha-ketoglutarate (AKG), as a rate-determining intermediate of tricarboxylic acid (TCA) cycle, its dysregulation has been found to be associated with declined renal function.<sup>2</sup> Moreover, AKG has long been used as a key component of the histidine-tryptophan-ketoglutarate (HTK) preservation solution for kidney transplantation, although little is known about the mechanism.<sup>3</sup> Particularly, recent studies have demonstrated that AKG benefits healthy ageing, fertilization capacity, and stemness maintaining.<sup>4</sup> This sheds light on a clinical application. However, a systematic review on the advances of AKG, especially its association in kidney diseases is missing. Therefore, this review will delineate the biochemical properties of AKG, summarize pathological alterations of AKG levels in kidney diseases and the underlying molecular mechanisms, and discuss future directions.

## Physiological Aspects on AKG

### Production of AKG

AKG can be generated via three major metabolic pathways (Figure 1). The first one is oxidative decarboxylation of isocitrate in the TCA cycle catalyzed by NAD-dependent isocitrate dehydrogenase 3 (IDH3) in mitochondrion.<sup>5,6</sup> The second is called glutaminase I pathway, in which glutamine is deaminated by glutaminase (GLS) to generate glutamate, subsequently converted to AKG by glutamate dehydrogenase (GDH1) or one of the several transaminases, like alanine aminotransferase



**Figure 1** Three major metabolic pathways that generating and consuming AKG. The left part shows TCA cycle, in which isocitrate is converted to AKG by IDH3 in mitochondrion, and subsequently AKG is catalyzed by  $\alpha$ -KGDH to generate succinyl-CoA. The right part illustrates the other two signaling which utilize glutamine to generate AKG, namely glutaminase I pathway (occurring mostly in mitochondrion) and glutaminase II pathway (both in the cytosol and mitochondrion). Besides, AKG is also involved in amino acids metabolism, as demonstrated in the upper right.

and aspartate aminotransferase. This cascade reaction is also a part of the glutaminolysis pathway.<sup>7,8</sup> The third one is glutaminase II pathway, through which glutamine is transaminated to  $\alpha$ -ketoglutarate (KGM), subsequently deaminated to AKG by  $\omega$ -amidase.<sup>9</sup> It is noteworthy that the glutaminase I pathway is confined largely to mitochondria, whereas glutaminase II pathway occurs in both the cytosol and mitochondria.<sup>10</sup>

Besides, AKG is also produced via several other amino acid metabolic pathways, mainly arginine, proline, histidine, glycine, and serine.<sup>11,12</sup> In serine synthesis pathway, glycolytic or gluconeogenic intermediate 3-phosphoglycerate is used for de novo synthesis with three steps involving enzymes of phosphoglycerate dehydrogenase (PHGDH), phosphoserine aminotransferase 1 (PSAT1), and phosphoserine phosphatase (PSPH). Among these steps, AKG is generated by PSAT1 in a glutamate (Glu)-dependent transamination reaction.<sup>13</sup>

AKG is ubiquitously distributed in most of the tissues, whereas dominantly produced or uptook via kidney, intestine/gastrointestinal tract. In kidney, AKG mainly participates in the maintenance of acid–base balance,<sup>2</sup> while in gastrointestinal tract, AKG mainly functions as a source of energy.<sup>14</sup> Muscle is another tissue where AKG is enriched for conservation of amino acids and protein synthesis.<sup>15</sup> In addition, AKG inhibited hepatic gluconeogenesis in liver and can serve as a biomarker for non-alcoholic fatty liver disease (NAFLD).<sup>16</sup>

## Utilization of AKG

AKG is the main precursor of glutamine. It is first transaminated by glutamate dehydrogenase (GDH) to glutamate, and subsequently aminated by glutamine synthetase (GS) to generate glutamine.<sup>17</sup> Meanwhile, AKG also participates in the synthesis of other nonessential amino acids, such as aspartate and proline. As a pre-source of aspartate, AKG is converted to oxaloacetate in TCA cycle, oxaloacetate can further be converted to aspartate by glutamic-oxaloacetic transaminase 2 (GOT2). Interestingly, a study in cancer cells found that addition of AKG in OXPHOS-incompetent cancer cells can exhaust aspartate and thus conferred cytotoxicity.<sup>18</sup> Proline synthesis includes a first step utilizing pyrroline-5-carboxylate (P5C) synthase to convert glutamate to P5C, subsequently generating proline by P5C reductase.<sup>19</sup>

In TCA cycle, AKG is dominantly utilized by ketoglutarate dehydrogenase ( $\alpha$ -KGDH) to converted to succinyl-CoA. Noteworthy, there is no net synthesis of AKG in TCA cycle, and these AKG cannot be utilized for the biosynthesis of amino acids or other cellular functions.<sup>20</sup> The other way around, a reductive reaction can reverse AKG to citrate. In hypoxia and cells with defective mitochondria, AKG is reductively metabolized to citrate by IDH1 to provide precursors

for macromolecular synthesis and replenish intermediates for TCA cycle.<sup>21</sup> Noteworthy, this reaction undertakes both in mitochondrion and cytoplasm. While in cytoplasm, either exogenous AKG or mitochondrial citrate transported by SLC25A1 can further generate acetyl-coenzyme A, which consequently inhibits autophagy.<sup>22</sup>

## Enzyme Regulation on AKG Metabolism

In line with the enzyme-catalyzed production and utilization of AKG, regulation of the enzyme activity can therefore affect AKG metabolism. IDH3 consists of the  $\alpha\beta$  and  $\alpha\gamma$  heterodimers and using NAD(+) as the electron acceptor, and its activity can be regulated by conformational change.<sup>23</sup> Glutaminase pathways can be regulated by post-translational modifications of the enzymes. For example, Ser314 phosphorylation site on glutaminase C by protein kinase C epsilon (PKC $\epsilon$ ) results in an upregulation of its activity.<sup>24</sup> SUCLA2-coupled succinylation of glutaminase at Lys311 also promoted its activity.<sup>25</sup> Moreover, glutaminolysis is a major endogenous source of AKG production; thus, modulation of glutaminolysis affects AKG metabolism.<sup>8</sup>

$\alpha$ -KGDH plays a key role not only in TCA cycle catalyzing AKG to succinyl-CoA but also functions as a hub between energy production and nitrogen metabolism. Its regulation involved ATP/ADP ratio, NADH/NAD<sup>+</sup> ratio, calcium and the substrate availability in mitochondria.<sup>26</sup>

## Cell Availability of AKG

Normally, AKG is considered as membrane non-permeable. Thus, membrane-permeable esters, such as dimethyl  $\alpha$ -ketoglutarate (DM-KG) and octyl  $\alpha$ -ketoglutarate (O-KG) are utilized, which is crucial to cultured cells. Although these derivatives will undergo hydrolyzation by esterases to generate cell impermeable AKG, a compound remaining trapped within the cell, a systematic study has shown that each of the precursor itself (or another yet-to-be-discovered degradation product) rather than AKG itself may lead to different biological functions.<sup>27</sup>

However, absorption of AKG seems to be cell-specific, since fibroblasts collected from human amniotic fluid demonstrated effective uptake.<sup>28</sup> This may depend on whether cells harbor a transporter or receptor. The main transporter is called sodium-dicarboxylate cotransporters (also called SLC13 transporters), which utilize inward movement of Na<sup>+</sup> to drive the uptake of AKG.<sup>29</sup> The AKG receptor is denominated as OXGR1, which is also known as GPR99 or GPR80, and predominantly expressed in the renal distal tubules.<sup>30,31</sup> In terms of absorption and transportation in vivo, AKG is freely filtered in the glomerulus and actively reabsorbed in the proximal tubule and Henle's loop, as well as gut, especially the upper small intestine.<sup>2,32</sup> A pharmacokinetic study showed that the in vivo half-life time of AKG is quite short, from several minutes to less than 1 hour, depending on the administration routes. Therefore, this suggests that a consecutive supplementation via drinking water is more reasonable for animal experiments.<sup>32</sup> A caution should be taken is that AKG solution is acidic, which may also affect cell response. Thus, the pH should be adjusted to neutral prior to addition to culture medium.

## AKG on Metabolism and Its Bioenergetics

As an inheritor of the glutamine carbon, as well as the most important nitrogen transporters (by transamination), AKG is broadly involved in cellular metabolism, including glucose metabolism, biosynthesis of amino acids and lipid metabolism. For instance, AKG could ameliorate lipid peroxidation and lipid accumulation in kidney induced by ammonium acetate.<sup>33</sup> Moreover, administration of AKG has also been reported to reduce fat mass, decrease the levels of hypercholesterolaemic markers, and confer other anti-obesity effects.<sup>34</sup> In parallel with these positive effects mentioned-above, AKG response to T2D-associated acidosis, accelerating gluconeogenesis via performing as a substrate for of this pathway.<sup>35</sup>

In terms of its bioenergetics, firstly, AKG is further catabolized to succinyl-CoA and subsequently succinate, accompanied with generation of GTP and NADH.<sup>36</sup> NADH can facilitate ATP generation via electron transport chain (ETC).<sup>37</sup> However, excessive AKG may inhibit ATP synthase.<sup>38</sup> Besides, glutamate and aspartate also serve as fuel sources.<sup>39</sup>

## Islet and Insulin Secretion

It has long been discovered that AKG can potentiate insulin secretion.<sup>40</sup> AKG participates in TCA cycle, thus further increasing the ATP/ADP ratio and consequently promoting insulin secretion, especially in a sustained phase, rather than the ATP-sensitive K<sup>+</sup> (KATP) channel-mediated acute influence.<sup>41,42</sup> Intriguingly, it is also recently discovered that AKG

may accelerate insulin secretion via a “counterclockwise” TCA cycle flux initiated by isocitrate dehydrogenase-2 (IDH2).<sup>5</sup> Besides, AKG also shows a protective effect on pancreatic  $\beta$ -cell, which may also contribute to a benefit effect against diabetic kidney diseases.<sup>43</sup>

## Gluconeogenesis and Glucose Homeostasis

Renal gluconeogenesis accounts for ~40% of endogenous gluconeogenesis during fasting, occurring mainly in the kidney proximal tubule. While only few hints indicate that AKG is involved in renal gluconeogenesis, the role of AKG in hepatic gluconeogenesis provides implications.<sup>44</sup> Yuan et al demonstrated that AKG treatment inhibits hepatic gluconeogenesis in diabetes.<sup>16</sup> Miller and colleagues also found a reduction of AKG is accompanied with glucagon-triggered hepatic gluconeogenesis.<sup>45</sup> Interestingly, a recent study showed that renal gluconeogenesis is impaired in chronic kidney disease, consequently resulting in decreased glucose, metabolic changes and aggravated renal prognosis.<sup>46</sup>

## Acid-Base Homeostasis

Metabolic acidosis has been identified as an independent risk factor for progression of chronic and acute kidney injury.<sup>47,48</sup> Interestingly, it has been shown that AKG is critical to maintain acid-base balance in kidney to ameliorate injury. During the onset of metabolic acidosis, the apical  $\text{Na}^+/\text{H}^+$  antiporter activity is activated, stimulating the reabsorption of AKG, thus resulting in a drop in urinary output of AKG.<sup>2</sup> AKG can be further catabolized to yield two bicarbonate ions, which partially compensate for the acidosis via transportation into the venous blood.<sup>49</sup> Under base loading conditions, urinary excretion of AKG increased, which results in a loss of “potential  $\text{HCO}_3^-$ ”, thus providing the advantage of minimizing bicarbonaturia under alkali load, and thereby reducing the formation of calcium–phosphate precipitates.<sup>2</sup>

## Stemness Maintaining

It has also been discovered that AKG contributes to stem maintenance. Chaperone-mediated autophagy (CMA) is suppressed when the stem cells preserve a pluripotent state, whereas CMA-mediated IDH1/2 degradation is upregulated during differentiation. Thereby the intracellular AKG level is reduced and in turn pluripotency-associated epigenome is modified.<sup>50</sup> However, in primed stem cells, AKG boosts the initial differentiation, which suggests that the pluripotent state (naive or primed) determines the effect of AKG on self-renewal or differentiation.<sup>51</sup> Interestingly, considering that stem/progenitor cells may exist in the kidney, pluripotency acquisition and maintenance may also contribute to AKG-induced benefits against renal impairment.<sup>52,53</sup>

## Collagen Metabolism and Fibrosis

Noteworthy, AKG also participates in collagen metabolism. The main mechanism is based on facilitating the endoplasmic reticulum-located prolyl-4-hydroxylase (P4H), which catalyzes the formation of 4-hydroxyproline and consequently produces mature collagen.<sup>54</sup> Meanwhile, AKG can also increase the proline pool, which is a fundamental substrate for collagen biosynthesis.<sup>19</sup> Additionally, AKG also reduces the degradation of collagen in fibroblasts.<sup>55</sup> Although biosynthesis of collagen is a critical process for wound healing, its dysregulation results in fibrosis characterized by excessive accumulation of fibrous connective tissue.<sup>56</sup> Therefore, the role of AKG in organ repair and fibrosis should be carefully evaluated.

## Disrupted AKG Homeostasis in Kidney Diseases

In line with the pivotal role of AKG in physiology, extensive researches have shown a dysregulated AKG level in kidney diseases. Alterations of AKG in different kidney diseases are summarized in this section, and providing an insight that AKG may be regarded as a biomarker to predict the risk of disease progression.

## AKG in Acute Kidney Injury

Acute kidney injury (AKI) is a major kidney disease in hospitalized patients with surgery, and increases the risk of developing chronic kidney disease (CKD). Major causes include a shortage of nutrition and oxygen supply, which further leads to metabolic disturbances.<sup>57</sup> Therefore, metabolites, including AKG, have shown abnormal responses.

In detail, a lipopolysaccharide- (LPS-) treated AKI model showed that there is a net renal glutamine efflux, and activity of glutamine biosynthesis was increased and glutaminase remained unchanged, indicating that the concentration of AKG in kidney may be decreased.<sup>58</sup> In line with this, beforehand supplementation of AKG attenuates LPS-induced acute liver injury by counteracting oxidative stress and improving energy metabolism.<sup>59</sup>

### Ischemia-Induced AKI

Ischemia/reperfusion injury (IRI) results in decreased cellular uptake of AKG due to a suppressed activity of Na<sup>+</sup>/dicarboxylate cotransporter 3.<sup>60</sup> In vitro research on HK-2 cells suggested that AKG has protective effect on hypoxia-induced AKI.<sup>61,62</sup> As indicated in other model, this is possibly involved in the modulation of NF-κB-mediated inflammation and macrophage polarization.<sup>63</sup> However, another further in vitro model demonstrated that supplementation with AKG/malate did not show benefits in mice undergoing AKI; this possibly results from cardiovascular depressive effects, such as a reduction in mean arterial blood pressure and heart rate.<sup>64</sup> Moreover, as mentioned above, ischemia results in a reduction of AKG, thus leading to accumulation of FOXO3, thereby stimulating autophagy and antioxidative response.<sup>65</sup>

### Cyanogens-Induced AKI

Uptake of cyanogens results in an increased oxidative stress by depleting GSH. Post-treatment supplementation of AKG not only reacts directly with cyanogens but also exerts antioxidant effect, thus further ameliorating kidney injury.<sup>66,67</sup>

## AKG in Chronic Kidney Diseases (CKD)

### Diabetic Kidney Diseases (DKD)

Both glycolysis and level of AKG have been frequently reported to be aberrantly regulated in diabetic kidney, thus further contributing to kidney fibrosis as indicated in other organs.<sup>55,68</sup> While glycolysis is usually enhanced, alterations of AKG concentration in DKD remain controversial. In a diabetic mice model (db/m vs db/db), AKG concentration in kidney cortex is elevated in 12-week-old diabetic versus control mice.<sup>69</sup> A follow-up research by the same group further found that at 24 weeks of age, AKG in kidney cortex significantly increased as well, while there was no significant difference between the two groups in either plasma or urine.<sup>70</sup>

In contrast, Liang et al reported that AKG concentration in plasma of diabetic patients with disordered bone metabolism declined compared with healthy volunteers.<sup>71</sup> Besides, two published research based on Joslin Medalist cohort showed different trends, the Medalist with CKD (patients with diabetes and stage 3b CKD) had lower plasma AKG compared with Medalist protected from CKD (diabetes, without CKD).<sup>72</sup> Medalist with DN (class IIb–III) retained higher plasma AKG, compared with Medalist protected from DN (class 0–I).<sup>73</sup> These controversies may be partially due to disease background and progression stage, and sample source. On the other hand, it also indicates that the benefits of AKG complement may attribute to molecular regulation, rather than simply compensating AKG concentration.

Besides, urinary excretion of AKG in diabetic nephropathy was also inconsistent in different reports. An increase in 28-week-old Akita mice was reported,<sup>74</sup> while another clinical study reported that AKG was increased in a discovery study, but a further validation study showed no significance.<sup>75</sup>

### Unilateral Ureteral Obstruction (UUO)

In a complete unilateral ureteral obstruction (CUUO) model established in rabbit, urine specimens of operated groups were drawn from hydronephrosis of the obstructed kidney, while control group (sham operated) was only obtained from the bladder under asepsis. NMR-based metabolomic analysis revealed that urinary AKG was reduced in relieved obstructed side of CUUO 1 week postrelief (P1) in comparison with obstructed side of CUUO for 2 weeks (O2), although AKG in P1 remained higher than control. As a key intermediate of the TCA cycle, abnormal of AKG may indicate a mitochondrial dysfunction, and its reduction in P1 (versus O2) suggests a metabolic recovery.<sup>76</sup>

### Kidney Ageing

In 2014, AKG was first reported to extend the lifespan of adult *Caenorhabditis elegans*.<sup>38</sup> Thereafter, this beneficial effect has been further discovered in *Drosophila*,<sup>77</sup> and mice.<sup>78</sup> Consistently, it has been reported that circulatory AKG concentration was reduced in ageing mice.<sup>79</sup> This reduction was also found in ageing human beings.<sup>80</sup> Recently, the anti-ageing effect of



AKG is emerging; a translational research has been carried out and shown that a compound formulation with AKG and vitamins reduces an average 8-year reduction in biological aging measured by epigenetic clock.<sup>81</sup>

## AKG in Other Kidney Diseases

### Renal Cancer

AKG also participated in cancer development. The cancer microenvironment usually undergoes nutrient deprivation, which further results in reduced intracellular AKG levels due to GDH1 degradation.<sup>82</sup> In line with this, supplementation of AKG in p53-deficient cancer cells restored a p53-like chromatin and transcriptional profile, thereby suppressing tumor.<sup>83</sup> Similarly, decreased levels of AKG have been frequently found in other cancers, while AKG supplementation restricted tumor growth and extending survival.<sup>84,85</sup> Besides, abnormal metabolism of AKG due to mutation of the IDH1, or loss-of-function of D-2-hydroxyglutarate dehydrogenase (D2HGDH), leads to the accumulation of D-2-hydroxyglutarate (D-2HG), a widely recognized oncometabolite, and resulting in cancers including Wilm's tumor.<sup>86</sup> The underlying mechanism involved in competitive inhibition of enzymes using AKG as a co-substrate, including histone demethylases and DNA demethylases, since the chemical structure of D-2HG is similar to AKG.<sup>87</sup>

### Cystinosis

Nephropathic cystinosis is a lysosomal storage disease characterized by lysosomal cystine accumulation. Both cellular and plasma levels of AKG increased in cystinosis patients. In contrast to its usually considered antioxidant effect, upregulated AKG bridged cystinosis loss to increased oxidative stress, stimulation of autophagy and proximal tubule injury in cystinosis.<sup>88</sup>

### Chronic Renal Failure (CRF)

A CRF model induced by 5/6 nephrectomy showed that oxidation of AKG was reduced. This is involved in a secondary hyperparathyroidism, which further impaired the activity of  $\alpha$ -KGDH.<sup>89</sup> Consistently, administration of calcium-AKG in CRF patients undergoing hemodialysis improved kidney functions, including increased plasma concentrations of arginine, proline and histidine, as well as decreased inorganic phosphate and urea.<sup>90</sup>

### Lupus Nephritis (LN) and Immune System

In murine LN, the kidney becomes hypoxic, and consequently the renal-infiltrating T cells showed an increased concentration of AKG to support glycolysis, which further resulted in an enhanced T cell function and promoted kidney injury.<sup>91</sup> Immune homeostasis is also regulated by AKG via metabolic reprogramming, and epigenetic alterations. This has been extensively studied in different immune responses, such as macrophage polarization,<sup>92</sup> mucosal-associated invariant T (MAIT) cell effector response,<sup>93</sup> B cell and T cell proliferation and differentiation<sup>94</sup> and other immune context.<sup>95</sup>

## Molecular Mechanisms

### AMPK and mTOR Pathway

AMPK and mTOR signaling are involved in the beneficial effects of AKG promoting lysosomal translocation and activation of mTORC1; consequently, autophagy is blocked.<sup>96</sup> Conversely, it is also reported that AKG suppressed ATP synthase and TOR in nematodes, thereby inducing autophagy and extending the lifespan.<sup>38,97</sup> In line with this, phospho-Akt is inhibited after supplementation of AKG.<sup>98</sup> Following research in *Drosophila* also found that activation of AMPK was also involved in the anti-ageing effect.<sup>77</sup> The same mechanism was also reported in mouse model, in which they found that level of AKG declined with aging in the follicle fluids of human, while supplementation of AKG to mice can delay fertility ageing by down-regulation of mTOR and activation of AMPK signaling not only in the ovary but also in the kidney.<sup>99</sup> The binding of AKG to calcium/calmodulin-dependent protein kinase kinase 2 (CamKK2), an upstream kinase of AMPK, may be involved.<sup>100</sup>

### FOXO Signaling

AKG increased the mRNA expression of FOXO in *Drosophila* [60]. Moreover, FOXO maintains the cytosolic levels of  $\alpha$ -ketoglutarate by promoting IDH1 expression.<sup>101</sup> Besides, AKG is a co-substrate of prolyl hydroxylase domain protein

(PHD), which catalyzes proline hydroxylation and further facilitates FOXO3 degradation. Consistently, reduction of AKG in hypoxic tubules results in stabilization of FOXO3, thus leading to FOXO3 accumulation and activation, and promoting autophagy. This may explain the renal protective effect of FOXO on attenuating chronic kidney disease development.<sup>65</sup>

## Sirtuins

Sirtuins (SIRT) belong to class III histone deacetylases (HDACs) that participate in diverse cellular functions including mitochondrial energy homeostasis, antioxidant activity, cell proliferation and DNA repair. Mammals express seven different SIRT (SIRT1-7).<sup>102</sup> A large body of literature describes that SIRT perform renal protective effects against acute kidney injury, diabetic kidney disease, renal fibrosis, and kidney aging. Of these, SIRT1, SIRT3 and SIRT6 are the most studied ones in kidney, although the molecular mechanisms may be quite different, due to their distinct intracellular localization and a broad range of target proteins.<sup>103</sup> For example, SIRT3 localizes in the mitochondrial matrix and boosts ATP generation via direct binding to and regulating complex I, succinate dehydrogenase A of complex II, and ATP synthase (complex V). SIRT3 is attenuated after tubular cell injury.<sup>104</sup> The underlying mechanism may be involved in AKG accumulation via SIRT3-regulated glutaminolysis.<sup>105</sup>

## Transcription Factors

Transcription factors are associated with the onset or progression of kidney disease, and AKG regulates transcriptional activity by serving as a co-factor of epigenetic modulation. Nuclear factor erythroid 2-related factor 2 (Nrf2) is known as a master regulator against oxidative stress, and AKG could upregulate its expression.<sup>106</sup> Hypoxia-inducible factor (HIF)-1 plays a pivotal role in response to low oxygen concentrations or hypoxia, and AKG facilitates its degradation in the presence of oxygen.<sup>107</sup> In addition, a large number of other transcription factors such as mitochondrial transcription factor A (TFAM),<sup>108</sup> transcriptional intermediary factor 1 gamma (tif1 $\gamma$ )<sup>109</sup> and CCCTC-binding factor (CTCF)<sup>110</sup> can be regulated by AKG as well.

## Other Signaling Pathways

Other involved signaling pathways include JNK, NF- $\kappa$ B, Ras-ERK, and glucocorticoid receptor (GR)-mediated signaling. For instance, AKG significantly phosphorylate JNK to trigger apoptosis, while the AKG receptor GPR99 was not activated.<sup>111,112</sup> The other way around, activity of JNK pathway may also regulate the production of AKG via modulating glutaminase (GLS) activity.<sup>113</sup> Besides, it is recently defined that AKG can directly bind with IKK $\beta$  to activate NF- $\kappa$ B signaling. Interestingly, in vivo study demonstrated that the AKG is from on-site production, thus requiring an interaction between IKK $\beta$  with GDH1.<sup>114</sup> Meanwhile, in oxidative stress-induced AKI, treatment with *tert*-butyl hydroperoxide (TBHP), which is a well-recognized compound to induce oxidant injury in in vitro models of TEC, resulted in the activation of Raf-MEK1/2-ERK1/2 pathway, while AKG can reverse this activation and ameliorated mitochondrial function and cell apoptosis.<sup>115</sup> However, another research showed that ERK1/2 pathway was inhibited after AKG treatment.<sup>111</sup> In addition, a recent study showed that glucocorticoid (GC) promoted TCA cycle flow rate via accelerating glutamine to AKG.<sup>116</sup> Intriguingly, another investigation reported that GC decreased the concentration of AKG in acute lymphoblastic leukemia cells.<sup>117</sup>

Last but not least, other signaling pathways that are frequently reported to be associated with kidney diseases, such as TGF $\beta$  signaling,<sup>118</sup> Wnt signaling,<sup>85</sup> Sonic hedgehog (Shh),<sup>119</sup> JAK/STAT can also be regulated by AKG, and mostly showing inhibitory effect.

## DNA Damage

Interestingly, AKG also participates in repairing DNA alkylation damage. DNA alkylation refers to the introduce of alkyl carbon groups to specific bases, resulting in alkylation products such as O<sup>6</sup>-methylguanine, O<sup>6</sup>-ethylguanine, O<sup>2</sup>-alkylthymine and O<sup>4</sup>-alkylthymine, which cause DNA mutations.<sup>120</sup> A recent research in *E. coli* found that AKG contributes to DNA damage repair via its role as a cofactor of DNA repair enzyme AlkB.<sup>121,122</sup> At least eight homologs of AlkB in human have been found, namely hABH1-8.<sup>123</sup> Since aberrant alkylation can induce kidney tumor, it is reasonable to hypothesize that the anticancer effect of AKG at least partially due to facilitating DNA damage repair.<sup>124,125</sup> Besides, an evolutionary analysis suggested that cytosine DNA methyltransferase activity can result in DNA alkylation damage as a byproduct.<sup>126</sup> Meanwhile,

abnormal DNA methylation was reported in DKD.<sup>127</sup> Therefore, it is worthy to investigate whether increased nucleic acids alkylation exists in DKD. This may shed light on the utilization of AKG in DKD treatment.

## Epigenetic Modifications

Moreover, AKG is a cofactor of several demodification enzymes. One of the largest enzyme families is called  $\text{Fe}^{2+}$ /AKG-dependent hydroxylases, which utilize a mononuclear  $\text{Fe}^{2+}$  site to react with oxygen by coupling oxidative decomposition of AKG (forming  $\text{CO}_2$  and succinate) to the hydroxylation of the primary substrate, such as polynucleotides, proteins, lipids, and a wide array of small molecules.<sup>128</sup> Several main subfamilies are discussed as follows:

**AlkB dioxygenase.** Alkbh5 is an RNA demethylase, which controls the epigenetic mark of N6-methyladenosine (m6A) by modulating transcription, translation, and cellular localization of RNA.<sup>129</sup> AKG is indispensable for the oxidative demethylation of N6-methyladenosine (m6A).

**Tet dioxygenase.** Ten-eleven translocation enzymes (Tet1-3) catalyze the oxidation of 5-methylcytosine in DNA to 5-hydroxymethylcytosine (5hmC), which is an intermediate product generated during cytosine demethylation.<sup>130</sup>

**Fat mass and obesity-associated protein (FTO).** FTO is another AKG-dependent dioxygenase, which functions as m6A demethylase that reduces m6A methylation and contributes to inflammation in obesity. A genetic association study demonstrated that FTO polymorphism is a risk factor for mortality in chronic kidney disease of various severity.<sup>131</sup>

**Prolyl hydroxylases.** AKG is a substrate of cytoplasmic prolyl hydroxylases (PHD) 1–3 that decrease cellular levels of the hypoxia-inducible factor 1 $\alpha$  (HIF-1 $\alpha$ ) in a ubiquitin-mediated degradation manner.<sup>107</sup> Thus, supplementation of AKG ameliorates hypoxia injury or pseudohypoxia in cancer.<sup>132,133</sup> Meanwhile, there is also a crosstalk between PHD and Akt, thus AKG supplementation could accelerate PHD2 activity, subsequently degraded Akt.<sup>98</sup>

**Histone modification.** AKG decreases the accumulations of histone-3-lysine-9 trimethylation (H3K9me3) and H3K27me3, which are mostly associated with regions of transcriptionally silenced chromatin. In addition, JHDM1 (JmjC domain-containing histone demethylase 1) depends on the presence of  $\alpha$ -ketoglutarate and Fe(II) to specifically demethylates H3K36, which is associated transcriptionally active regions.<sup>134,135</sup> Moreover, via promoting histone/DNA demethylation, including H3K9me3, H3K27me3 and ten-eleven translocation (Tet)-dependent DNA demethylation, AKG contributes to maintaining pluripotency and self-renewal.<sup>136</sup>

Considering that AKG is mainly generated in mitochondria, it is poorly understood that how it is available in the nucleus to exert an epigenetic modification function. The finding of on-site production of AKG in nucleus is a reasonable explanation, Traube et al found that the glutamate dehydrogenase in neurons, which catalyzes glutamate into AKG, translocates to the nucleus by Tet3, suggesting an on-site production of AKG.<sup>137</sup>

## AKG and Reactive Oxygen Species (ROS)

AKG is mostly considered as an antioxidant reagent. On one hand, AKG can be a precursor of glutamine, which exerts antioxidative function as well. On the other hand, AKG improved the enzyme activities of SOD, CAT, and glutathione peroxidase. Furthermore, other antioxidant mechanism included  $\text{H}_2\text{O}_2$  decomposition via a nonenzymatic oxidative decarboxylation, clearing damaged mitochondria by promoting mitophagy.<sup>138,139</sup> Besides, AKG can also protect kidney from the cytotoxicity of cyanide by counteracting ROS and lipid peroxidation.<sup>140</sup> Noteworthy, a recent study also showed that AKG can induce ROS.<sup>141</sup> Thus, autophagy induction by AKG may also be involved in ROS elevation.

## Off-Target Effect of AKG

Notably, in contrast to prevailing assumptions that AKG esters can permeabilize cell membrane, a recent research found that esters perform a spurious metabolic effect, because they undergo a rapid hydrolysis in aqueous solution like cell culture medium. Consequently,  $\alpha$ -ketoglutaric acid and alcohol are released, which may result in off-target effect, considering the acidified microenvironments and unappreciated contributions to other cellular responses.<sup>142</sup>

The off-target effect also leads to another question, namely, among the oral versus intravenous and bolus versus continuous administration, as well as the mode of release (controlled versus rapid), which is a more effective route in humans? Further studies are yet to be conducted.



## Targeting AKG as Therapeutic Strategy

Since AKG is normally considered safe and well bioavailable, oral or intravenous infusion supplementation of AKG is an effective therapeutic strategy. A study showed that infusion of AKG enhanced renal blood flow and benefited renal function after cardiac surgical procedures.<sup>143</sup> Meanwhile, it has also been found that addition of AKG can ameliorate energy deficit and rescue kidney injured by ischemia and related insults.<sup>61</sup> Besides, the proximal tubular Na<sup>+</sup>-glucose cotransporter 2 (SGLT2) inhibitor empagliflozin, which is a new antihyperglycemic drug with protective effects on the kidney in type 2 diabetes, was recently reported to increase renal levels of AKG, indicating that the therapeutic effect is at least partially mediated by AKG.<sup>144</sup>

## Future Perspectives and Concluding Remarks

Although AKG is emerging as a promising therapeutic intervention for preventing or control metabolic diseases, the exact role and concentration change in these diseases are complex and controversial. Future investigation is needed to clarify details of different diseases and stages of disease development. Meanwhile, the underlying mechanisms are yet to be further studied. Moreover, clinical trials are urgently needed to conduct, and different esters such as dimethyl-ketoglutarate (DMKG), trifluoromethylbenzyl AKG (TFMKG), octyl AKG, and ornithine AKG should be evaluated.<sup>27,145,146</sup> Besides, the physiological concentration of AKG in the plasma ranges around tens of micromolar, which is much lower than the typically utilized concentrations (in millimolar range) in published studies.<sup>147</sup> Whether this high concentration contributes to the above-mentioned spurious effect is unknown, and a comparative study between the high and physiological concentrations should be explored. In addition, epithelial mesenchymal transition (EMT) and endothelial mesenchymal transition (EndMT) programs have been involved in the progression of fibrosis in the kidney, and preliminary hints indicate that AKG may play a role in this pathology.<sup>148,149</sup> Thus, this aspect also deserves further investigation.

In summary, as a rate-determining metabolic intermediate and co-substrate of multiple enzymes, AKG regulates kidney function via the metabolism–epigenetics axis. Meanwhile, its chemical properties such as acid–base balance and ion transportation may also participate in renal homeostasis. Since AKG has long been used as a nutritional supplement in athletes to increase the size and strength of their muscles, its safety has been proved. This makes it a promising therapeutic agent. However, dysregulated AKG is disease- and progression stage-dependent. Therefore, a comprehensive understanding of the role and mechanisms of AKG can accelerate novel insights into the pathogenesis of kidney diseases, which consequently facilitates the translation to clinical therapeutic strategies.

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## Disclosure

The authors report no conflicts of interest in this work.

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