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### Study of Uptake Mechanisms of Halloysite Nanotubes in Different Cell Lines

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Correspondence: Francesco Di Blasi Institute for Innovation and Biomedical Research (IRIB), CNR, Via Ugo La Malfa 153, Palermo, 90146, Italy Tel +39 0916809514 Email francesco.diblasi@irib.cnr.it **Purpose:** Halloysite nanotubes (HNTs) are a natural aluminosilicate clay with a chemical formula of  $Al_2Si_2O_5(OH)_4 \times nH_2O$  and a hollow tubular structure. Due to their peculiar structure, HNTs can play an important role as a drug carrier system. Currently, the mechanism by which HNTs are internalized into living cells, and what is the transport pathway, is still unclear. Therefore, this study aimed at establishing the in vitro mechanism by which halloysite nanotubes could be internalized, using phagocytic and non-phagocytic cell lines as models.

**Methods:** The HNT/CURBO hybrid system, where a fluorescent probe (CURBO) is confined in the HNT lumen, has been used as a model to study the transport pathway mechanisms of HNTs. The cytocompatibility of HNT/CURBO on cell lines model was investigated by MTS assay. In order to identify the internalization pathway involved in the cellular uptake, we performed various endocytosis-inhibiting studies, and we used fluorescence microscopy to verify the nanomaterial internalization by cells. We evaluated the haemolytic effect of HNT/CURBO placed in contact with human red blood cells (HRBCs), by reading the absorbance value of the supernatant at 570 nm.

**Results:** The HNT/CURBO is highly biocompatible and does not have an appreciable haemolytic effect. The results of the inhibition tests have shown that the internalization process of nanotubes occurs in an energy-dependent manner in both the investigated cell lines, although they have different characteristics. In particular, in non-phagocytic cells, clathrin-dependent and independent endocytosis are involved. In phagocytic cells, in addition to phagocytosis and clathrin-dependent endocytosis, microtubules also participate in the halloysite cellular trafficking. Upon internalization by cells, HNT/CURBO is localized in the cytoplasmic area, particularly in the perinuclear region.

**Conclusion:** Understanding the cellular transport pathways of HNTs can help in the rational design of novel drug delivery systems and can be of great value for their applications in biotechnology.

**Keywords:** halloysite nanotubes, endocytic pathway, cellular internalization, biocompatibility, hemocompatibility

#### Introduction

Drug carrier systems based on nanomaterials have attracted a lot of attention over the past few years thanks to their great potential and the biocompatibility of biomaterials has gained great significance. In the study of biological responses to materials, evaluation of cytotoxicity is the preliminary screening test used for almost all materials.<sup>1</sup> Halloysite is a two-layered aluminosilicate, with chemical composition similar to kaolinite, which has the following chemical formula  $(Al_2Si_2O_5 (OH)_4 \cdot nH_2O)^{2,3}$  and a hollow tubular structure in the sub-micrometer range.<sup>4–7</sup> Lately, pristine or

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functionalized HNTs have obtained increasingly attention as drug delivery systems into cells. They have been reported to have a good biocompatibility and safety profile following the cellular internalization.<sup>8–12</sup> Due to their properties, HNTs could be used for the encapsulation of drugs, biologically active molecules<sup>3,13–19</sup> and as potential non-viral vector for oral gene therapy.<sup>12,20</sup> Moreover, thanks to their large specific surface area, high biocompatibility and nanotubular structure, HNTs are used as support materials and for the loading and controlled release study of various substances.<sup>21–25</sup>

For example, understanding which pathways could be involved in the cellular uptake of this non-viral vector may help designing more effective gene carriers. Generally, nanoparticles internalization by cells is mainly dependent on size, surface charge and functionalization.<sup>26</sup> Although it is known that hallovsite nanotubes can pass through the plasma membrane and enter cells, the exact mechanism by which they are internalized in the cells is not vet well established.<sup>27</sup> For further development of HNTs as a drug carrier system, it is essential to further investigate this topic, in order to better understand the specific mechanism by which they are internalized in living cells. Therefore, our aim in this work is to study the mechanisms involved in the cellular uptake of halloysite nanotubes by various endocytosis-inhibiting studies and fluorescence microscopy. To this end, since nanotubes do not possess photo-luminescent properties, the hybrid system HNT/CURBO has been used, in which the fluorescent probe CURBO is supramolecularly loaded into the HNT lumen (Figure 1).<sup>28</sup>

The peculiarity of this hybrid system is that the fluorescent probe has a great affinity for the lumen, so is very similar to pristine halloysite nanotubes because the external surface does not have any type of functionalization. This allowed us to study the interaction with the plasma membrane, without any influence that could be given by the addition of functional groups on the external surface. The focus of our study was on two cell types that have distinct barrier functions. In particular, different endocytic uptake mechanisms were

investigated using a mouse macrophage cell line (Raw 264.7) that is widely used as a model for primary macrophages,<sup>29</sup> and a human epithelial cell line (HeLa) as models. The different characteristics of the two cell lines studied could involve distinct internalization pathways. The cell membrane is a thin semi-permeable membrane that protects all the intracellular components from the surrounding environment. The cell membrane is therefore involved in maintaining cell homeostasis, serves as structural support for the cell and helps maintaining its shape, maintaining ion concentration gradients and controlling the entry and exit of nutrients and small molecules.<sup>30-33</sup> Entry through the cell membrane can occur by passive diffusion or through other mechanisms, for example channel, receptor, or transporter.<sup>34–36</sup> Currently, several mechanisms have been identified by which nanoparticles enter inside the cells. Various endocytic processes enclose nanoparticles in membrane vesicles in an energy-dependent manner. Mainly, endocytosis can be classified into two categories: phagocytosis and pinocytosis. Phagocytosis is a relevant process that occurs in specialized cells as mononuclear phagocytes and neutrophils. Particle internalization consists mainly in the interaction, recognition and ingestion by a vesicle derived by plasmatic membrane called phagosome.<sup>37–39</sup> Pinocytosis can be divided into micropinocytosis, clathrin-dependent (CDE) and clathrin-independent endocytosis (CIE).40,41 In order to identify the internalization pathway of the HNT/ CURBO, we used different drugs to selectively inhibit the various endocytic processes: Sodium azide (NaN<sub>3</sub>); Chlorpromazine hydrochloride; Cytochalasin D and Nocodazole. Sodium azide, is commonly used to deplete cellular ATP levels and to generally inhibit endocytosis or energy-dependent process.<sup>42–45</sup> Chlorpromazine hydrochloride is used to inhibit CDE, it can inhibit clathrin-coated pit formation by a reversible translocation of clathrin and its adapter proteins from the plasma membrane to intracellular vesicles.41,46-48 Cytochalasin-D-induced depolymerization of f-actin,49 can be used to inhibit phagocytosis, and



Figure I Hybrid system HNT/CURBO obtained by supramolecular inclusion with the fluorescent probe CURBO in the lumen of the tubes.

clathrin/caveolin-independent endocytosis.50-54 Nocodazole is a pharmacological inhibitor for microtubule polymerization, which is responsible for a variety of cell movements, including intracellular transport.55 Before proceeding with internalization studies, as these drugs can induce adverse effects, the cytotoxicity was tested by MTS assay in both cell lines used as model, examining cell respiration by mitochondrial dehydrogenase activity. The use of nanomaterials for applications in the biomedical field requires that these induce, upon contact with red blood cells (RBCs), a percentage of hemolysis that is less than or equal to 5%<sup>1</sup> Blood compatibility is another important prerequisite for biomaterials, despite the cytocompatibility of HNTs has been widely considered, little is known about halloysite and hemocompatibility. Herein, we performed a hemocompatibility test, to study the red blood cells stability when in contact with the HNT/CURBO. The hemolysis ratio of HNTs, CURBO and HNT/CURBO was tested in vitro on human red blood cells (HRBCs).

#### Materials and Methods Materials

Cytochalasin D, Chlorpromazine H, Sodium azide and Nocodazole were obtained from Sigma-Aldrich. Fetal bovine serum (FBS), Roswell Park Memorial Institute (RPMI) 1640 medium, trypsin and penicillin-streptomycin were purchased by Gibco Life Technologies. Halloysite was purchased from Sigma-Aldrich by Merck and used without further purification. Halloysite has an average tube diameter of 50 nm and inner lumen diameter of 15 nm. Typical specific surface area is 65 m<sup>2</sup> g<sup>-1</sup>; pore volume of ~1.25 cm<sup>3</sup> g<sup>-1</sup>; refractive index 1.54 and specific gravity 2.53 g cm<sup>-3</sup>.

HNT/CURBO was synthetized as reported elsewhere.<sup>28</sup>

#### Cell Culture

Human cervical cancer cells (HeLa cells) were purchased by ATCC (American Type Culture Collection) and cultured in Roswell Park Memorial Institute (RPMI) 1640 medium supplemented with 5% Fetal Bovine Serum (FBS) and 2 mM L-glutamine, 100 units per mL penicillin and 100 mg/mL streptomycin and incubated in a humidified atmosphere at 37 °C in 5% CO<sub>2</sub>. Murine macrophage cells (Raw 264.7 cells) were purchased by ATCC and were maintained in RPMI medium supplemented with 10% FBS and 2 mM L-glutamine, 100 units per mL penicillin and 100 mg/mL streptomycin and incubated in a 5% CO<sub>2</sub> humidified atmosphere at 37 °C in CO<sub>2</sub> incubator.

### Biocompatibility of HNT/CURBO on HeLa and Raw 264.7 Cells

HeLa and Raw 264.7 cells were seeded at a density of  $1 \times 10^4$  cells per well in a flat-bottom 96-well plate and incubated for 24h at 37 °C in 5% CO<sub>2</sub>. Afterwards, cells were treated with different concentrations of HNT/CURBO ranging from 44 to 176 µg/mL and incubated at 37 °C in 5% CO<sub>2</sub> atmosphere for 24h. After treatment, cell viability was assayed using 3-(4,5-dimethylthiazol-2-yl)-5-(3 carboxymethoxyphenyl)-2(4-sulfophenyl)-2H-tetrazolium (MTS), added to the cells and allowed to develop for 1h at 37 °C. Colorimetric measurements were performed at 490 nm using an ELISA plate reader. The cell viability percentage was expressed by equation: Cell viability = (D sample/D control) x 100%; where D sample and D control are the absorbance of the sample and the control.

#### MTS Assay Chlorpromazine H, Cytochalasin D, Nocodazole and Sodium Azide

HeLa and Raw 264.7 cells were seeded at a density of  $1 \times 10^4$  cells per well on 96-well plates and incubated overnight at 37 °C in 5% CO<sub>2</sub>. Afterwards, cells were treated with different concentrations of Cytochalasin D and Nocodazole ranging from 5  $\mu$ M to 20  $\mu$ M, Chlorpromazine Hydrochloride ranging from 5 to 10  $\mu$ g/mL, and NaN<sub>3</sub> 0.05–0.005%. Cells were incubated at 37 °C in 5% CO<sub>2</sub> atmosphere for 2h 30' and 24h. After treatment, cell viability was assayed using 3-(4,5-dimethylthiazol-2-yl)-5-(3 carboxymethoxyphenyl)-2(4-sulfophenyl)-2H-tetrazolium (MTS), added to the cells and allowed to develop for 1h at 37 °C. Colorimetric measurements were performed at 490 nm using an ELISA plate reader.

#### Statistics MTS Assay

All experiments were performed in triplicate and repeated at least twice. The results were expressed as mean  $\pm$  SEM. The responses were calculated as a percentage compared to the untreated group results.

## Inhibition Studies and Distribution of HNT/CURBO in Living Cells

HeLa cells were seeded at a density of  $2 \times 10^4$  cells per well on chamber slide for cell culturing and incubated for 24h at 37 °C in 5% CO<sub>2</sub>. Subsequently, cells were

treated for 2h 30' with Chlorpromazine Hydrochloride (10 µg/mL), Cytochalasin D (10 µM) and Sodium azide 0.005%. Once finished the treatment, cells were washed with phosphate buffer saline 1X (PBS-1X) and then HNT/CURBO (88 µg/mL) was added for 24h. Raw 264.7 cells were seeded at a density of  $2 \times 10^4$ cells per well on chamber slide for cell culturing and incubated for 24h at 37 °C in 5% CO2. Subsequently, cells were treated for 2h 30' with Chlorpromazine Hydrochloride (10 µg/mL), Cytochalasin D (10 µM), Nocodazole (10 µM) and Sodium azide 0.005%. Once finished the treatment, cells were washed with PBS-1X and then HNT/CURBO (88 µg/mL) was added for 4h. At the end, cells were washed with PBS-1X and fixed with 4% paraformaldehyde for 20 minutes. After this passage cells were washed with PBS-1X and nuclei were stained with 1 µg/mL of the nuclear stain Hoechst 33342 (Invitrogen) for 20 minutes. After nuclear staining, cells were further washed with PBS 1X, and the slide was observed under fluorescence microscope.

#### Hemocompatibility

In order to evaluate the interaction of nanomaterials with human blood, we employed a procedure reported elsewhere with minor modifications.55 Fresh blood was collected from 12 healthy subjects (1:1 men/women). Five milliliters of blood were centrifuged (1000×g 20 minutes) and washed with PBS-1X pH 7.4 (10 mL) three times, according to completely remove serum and obtain human red blood cells (HRBCs). After that, the HRBCs were diluted with PBS 1X pH 7.4 solution (1:5). Then, 0.25 mL of the diluted HRBCs suspension was transferred to a 1.5 mL Eppendorf tube, which was filled with 0.5 mL of water (as positive control), PBS 1X buffer (as negative control), and different concentration of HNT (10, 20, 50, 100, 200 µg/mL), HNT/CURBO (10, 20, 50, 100, 200 µg/mL), CURBO (1.08, 2.16, 5.4, 10.8, 21.6 µM) and acetonitrile as further control (solvent of CURBO). All the samples were incubated at 37 °C for 12h then centrifuged at 1000×g 4 °C for 20 minutes. The absorbance at 570 nm of supernatant liquid was measured with microplate reader. Written informed consent was obtained from each subject. The hemolysis rate was calculated as follows:

 $\frac{Hemolysis}{ratio(\%)} = \frac{\text{Sample absorbance - Negative control}}{\text{Positive control - Negative control}} \times 100\%$ 

#### Results

### Biocompatibility of HNT/CURBO on HeLa and Raw 264.7 Cells

Considering that low cytotoxicity is one of the essential properties of an ideal carrier system, the in vitro effects of the HNT/CURBO hybrid on HeLa and Raw 264.7 cells were investigated by MTS assay prior to internalization studies. The cell viability was examined upon exposure to different concentrations of HNT/CURBO as depicted in Figure 2 for 24h, 48h and 72h. The results reveal that this new nanomaterial, as raw HNT, exhibits low cytotoxicity; viability is almost 80% for the highest concentration of HNT/CURBO in HeLa cells and close to 100% in Raw 264.7 following a 24h incubation (Figure 2A). Even after treatments of 48h (Figure 2B) and 72h (Figure 2C), cell viability remained high for both cell lines. As regards Raw 264.7 macrophages, cell viability values exceeding 100%, demonstrating that HNT/CURBO is not toxic to cells and highly biocompatible. The HNT/CURBO nanomaterial was synthesized by following a procedure previously reported. Briefly, the biocompatible probe was obtained by the loading of CURBO molecules into pristine HNT by vacuum cycling of an HNT suspension in a MeCN solution of CURBO. Following this procedure, the percent loading of the CURBO into HNT lumen, estimated by thermogravimetric analysis, was ca. 4 wt%. The physicochemical characterization highlighted the successful loading of CURBO into HNTs. FT-IR spectroscopy indeed showed the presence of CURBO characteristic vibration bands in the HNT/CURBO spectrum. The presence of the organic moieties into the lumen was esteemed by morphological studies and by DLS measurements. We estimated a hydrodynamic radius of ca. 340 nm, highlighting the absence of the formation of clusters between the modified nanotubes. Furthermore, solid-state fluorescent measurements showed that the HNT/CURBO emits in both green and red while excited in the blue portion of the electromagnetic spectrum. In order to evaluate the internalization pathway of HNT/CURBO, it is also essential to estimate the cellular toxicity of each of the pharmacological inhibitors. To this end, the cell viability was investigated upon exposure to different concentrations of Cytochalasin D, Chlorpromazine H, Nocodazole and Sodium azide for 2h 30' (Figures 3A and 4A). It is



Figure 2 Cell viability assay on HeLa and Raw 264.7 cells. Cells were treated with different concentrations of HNT/CURBO, HNT, and CURBO for 24h (A), 48h (B) and 72h (C).

known in the literature that to establish an optimal protocol for their use, it is necessary to evaluate the in vitro cellular toxicity because treatments for prolonged periods of time turn out to be toxic to cells.<sup>47</sup> As it is possible to observe, as a result of the treatment with inhibitor drugs, there is an alteration in cell morphology, but despite this, MTS assay confirms that cells are still viable (except for the highest concentration of Chlorpromazine H). In addition, to assess cell viability, cells were also observed under microscope to evaluate possible changes in morphology in response to treatment with these drugs (Figures 3B and 4B). Chlorpromazine H (10  $\mu$ g/mL), Sodium azide



Figure 3 (A) Cell viability assay performed on HeLa cells after treatment of 2h 30' with different concentrations of inhibitory drugs Chlorpromazine H, Cytochalasin D, Nocodazole and Sodium Azide. (B) Microscope images of HeLa cells following the treatment of 2h 30' with the different concentrations of the inhibitory drugs.



Figure 4 (A) Cell viability assay performed on Raw 264.7 cells after treatment of 2h 30' with different concentrations of inhibitory drugs Chlorpromazine H, Cytochalasin D, Nocodazole and Sodium Azide. (B) Microscope images of Raw 264.7 cells following the treatment of 2h 30' with the different concentrations of the inhibitory drugs.

0.005%, Cytochalasin D and Nocodazole (10  $\mu$ M) were the optimal concentration of drugs to use for inhibition studies.

# Inhibition Studies and Distribution of HNT/CURBO in Living Cells

Before analyzing the possible pathway involved in HNTs cellular uptake, live HeLa and Raw 264.7 cells were incubated with HNT/CURBO and were observed under fluorescence microscope to verify the nanomaterial internalization by cells. HeLa cells were treated for 24h with different concentrations of HNT/CURBO, while Raw 264.7 cells were subjected to a 4h treatment. Indeed, it is known in literature that macrophages are able to degrade halloysite.<sup>56</sup> The green fluorescence signal can be clearly seen inside both cell lines (Figure 5A and B) by fluorescence microscopy. Green fluorescent signals inside the cells indicate that the compound can be internalized and that is localized in the cytoplasmic area, particularly in the perinuclear region. In Figure 6 we show that HeLa cells are treated for 24h with HNT/ CURBO (88 µg/mL) after pre-treatment of 2h 30' with different inhibitors. As it is possible to observe, in HeLa cells pre-treated with Sodium azide (Figure 6D), Cytochalasin D (Figure 6E) and Chlorpromazine H (Figure 6F), there is a considerable reduction in FITC signal inside cells, related to a decrease inside the cells of HNT/CURBO compared to the condition where cells are not treated with inhibitors (Figure 6C). In Figure 6B, control cells were treated with unlabeled HNTs, no fluorescence signals can be detected. Also, in Raw 264.7 cells (Figure 7) pre-treated with Sodium azide (Figure 7D), Cytochalasin D (Figure 7E), Chlorpromazine H (Figure 7F), and Nocodazole there is a decrease in FITC signal, due to the presence of HNT/CURBO inside the cells, compared to the condition where cells are not treated with inhibitors (Figure 7C). In Figure 7B, Raw 264.7 were treated only with unlabeled HNTs, and as shown, no fluorescence signals can be detected. To analyze the number of internalized nanoparticles under the different conditions, we used the "ImageJ" software, which allowed us to analyze the fluorescence given by HNT/CURBO inside the cells following treatment with the different drugs Sodium azide, Cytochalasin D, Chlorpromazine H and Nocodazole, compared to the control. We analyzed a different number of fields (n=6) for each condition, the columns marked with (\*) in

Figure 8 indicate that there is a significant statistical difference (p < 0.01) in fluorescence between cells without treatment and those treated with the different inhibitors. The result for Hela cells (Figure 8A) shows that HNT/CURBO is internalized into cells by energydependent manner. In fact, when cells are treated with Sodium azide 0.005% there is a significant reduction of HNT/CURBO internalization. It is also evident that Chlorpromazine hydrochloride and Cytochalasin D are able to greatly inhibit clathrin-mediated endocytosis and clathrin/caveolin-independent endocytosis, respectively. Even in Raw 264.7 cells (Figure 8B), HNT/CURBO internalization is primarily dependent by energy (condition with Sodium azide). Even the presence of other inhibitors reduces the cellular uptake of HNT/CURBO. In particular, in this cell line also, Nocodazole reduces the cellular uptake of HNT/CURBO, indicating that microtubules also participate in the cellular trafficking of this nanomaterial. We can therefore conclude that in macrophage cells, HNT/CURBO internalization depends on clathrin-mediated endocytosis and phagocytosis.

#### Hemocompatibility

As regard the nanomaterials for applications in the biomedical field, it is important to verify their haemolytic potency when contacting the blood. In this study, we investigate the effects on Human Red Blood Cells (HRBCs) exposed to pristine halloysite and HNT/CURBO for 24h at 37 °C. After exposure to different concentrations (Figure 9), a nonnoticeable haemolytic event can be observed, except for the positive control (water). To quantify the hemolytic effect of each concentration of HNT and HNT/CURBO on HRBCs, absorbance of the supernatant at 570 was measured. This provides us with an indication of a possible red blood cells membrane damage. Looking at the results, it is evident that there is a significant difference in the absorbance at 570 nm, associated with red blood cells (RBCs) membrane damage and release of haemoglobin, between the positive control (RBCs exposed to water) and condition treated with different concentrations of HNT - HNT/CURBO. The hemolysis percentage values induced by exposition of HRBCs to different concentrations of HNT/CURBO (Figure 9B) were all less than 5%. This result suggests that the nanomaterial does not exhibit a significant haemolytic effect, also in relation to pristine HNT (Table 1), conforming to the national biological material hemolysis rate security specified requirements.





**Figure 5** Fluorescence microscopy images. (**A**) HeLa cells treated for 24h with HNT/CURBO at a final concentration of 88 µg/mL. Scale bar: 10 µm, magnification 20x (**B**) Raw 264.7 cells treated for 4h with HNT/CURBO at a final concentration of 88 µg/mL. The nuclei are highlighted in blue (DAPI), and HNT/CURBO in green (FITC) which is localized in the perinuclear region. Scale bar: 5 µm, magnification 20x.

#### Discussion

The mechanism by which HNTs are internalized could be dependent, not only on the properties of HNTs but also on the phagocytic nature of cells. Since surface charge could affect the ability of internalization and the uptake mechanisms,  $\zeta\zeta$ potential of HNT/CURBO was measured after Halloysite modification and it turned out to be still

negative. Furthermore, the release of the fluorescent probe from the lumen of the tube is very slow. The study of release kinetics of CURBO from the lumen of the nanotubes, at different time intervals in phosphatebuffered saline (PBS) at pH 7.4, revealed that after about 8h the release percentage is equal to 4.6% and that this remains constant after 24h.<sup>28</sup> Therefore, the HNT/CURBO



Figure 6 Inhibition of HNT/CURBO internalization in HeLa cells. (A) Untreated HeLa cells; (B) HeLa cells treated for 24h with pristine HNT (88  $\mu$ g/mL); (C) HeLa cells treated for 24h with HNT/CURBO (88  $\mu$ g/mL); HeLa cells treated with: (D) Sodium azide (0.005%); (E) Cytochalasin D (10  $\mu$ M); (F) Chlorpromazine H (10  $\mu$ g/mL) for 2h 30' and then with HNT/CURBO (88  $\mu$ g/mL) for 24h. The nuclei are highlighted in blue (DAPI), and HNT/CURBO in green (FITC), which is localized in the perinuclear region. Scale bar: 10  $\mu$ m, magnification 20x.

could be used as an efficient imaging agent for biological purposes. Furthermore, due to the localization of the fluorescent probe into the HNT lumen, the developed system

can be similar to pristine HNT since its external surface is unmodified. The latter could be crucial to investigate the halloysite uptake mechanism. With this idea in mind, both

	DAPI	FITC	MERGE
Raw 264.7	A		
HNT (88 μg/ml)	B		
HNT/CURBO (88 μg/ml)	C		
Sodium azide 0.005% + HNT/CURBO	D		
Cytochalasin D (10 μM) + HNT/CURBO	E		
Chlorpromazine Η (10 μg/ml) + HNT/CURBO	F		
Nocodazole (10 μM) + HNT/CURBO	G		

Figure 7 Inhibition of HNT/CURBO internalization in Raw 264.7 cells. (A) Untreated Raw 264.7 cells; (B) Raw 264.7 cells treated for 4 h with pristine HNT (88  $\mu$ g/mL); (C) Raw 264.7 cells treated for 4 h with HNT/CURBO (88  $\mu$ g/mL); Raw 264.7 cells treated with: (D) Sodium azide (0.005%); (E) Cytochalasin D (10  $\mu$ M); (F) Chlorpromazine H (10  $\mu$ g/mL); (G) Nocodazole (10  $\mu$ M) for 2h 30' and then with HNT/CURBO (88  $\mu$ g/mL) for 4h. The nuclei are highlighted in blue (DAPI), and HNT/CURBO in green (FITC), which is localized in the perinuclear region. Scale bar: 5  $\mu$ m, magnification 20x.



Figure 8 Quantitative analysis of cellular uptake of HNT/CURBO in the presence of various inhibitors in HeLa (A) and Raw 264.7 (B) cells. The column marked with \* (p< 0.01) indicates that there is a significant statistical difference in fluorescence signal between treated and untreated cells.



Figure 9 In vitro hemocompatibility assay of (A) raw HNT and (B) HNT/CURBO after incubation at 37 °C for 12h. The positive control is in ultrapure water (100% lysis), and negative control is in PBS 1X (0% lysis).

non-phagocytic and phagocytic cells were used as models. In particular, we chose HeLa cells (human epithelial adenocarcinoma cell line) and Raw 264.7 (murine macrophage cell line) cells which are often used as a model for primary macrophages.<sup>29</sup> As regard the nanomaterials for applications in biomedical field, it is important to verify their biocompatibility and their hemolytic potency when in contact with blood. MTS assay demonstrated that HNT/ CURBO is not cytotoxic and that is highly biocompatible for both cell lines. In addition, the nanomaterial does not exhibit an appreciable haemolytic effect. Based on the information obtained by fluorescence microscopy, it is clear that the HNT/CURBO hybrid system can enter in the cytoplasm of living cells. The transport process of the hybrid starts probably with a cell membrane interaction and continues in energy-dependent internalization in both cell lines. In particular, in HeLa cells, clathrin-dependent and independent endocytosis are involved. In Raw 264.7 cells, in addition to phagocytosis and clathrin-dependent endocytosis, microtubules also participate in the cellular trafficking of HNT/CURBO. We can therefore say that there is a combination of several endocytic mechanisms **Table I** Hemolysis ratio (%) of Human Red Blood Cells (HRBCs) exposed to different concentrations of HNT and HNT/CURBO, obtained from the average of the values resulting from the 12 samples tested

Samples	Hemolysis Ratio (%)	
Positive control	100	
Negative control	0	
RBCs + HNT (200 µg/mL)	13.8	
RBCs + HNT (100 µg/mL)	8.9	
RBCs + HNT (50 µg/mL)	5.3	
RBCs + HNT (20 µg/mL)	2.4	
RBCs + HNT (10 µg/mL)	1.8	
RBCs + HNT/CURBO (200 µg/mL)	4.5	
RBCs + HNT/CURBO (100 µg/mL)	2.4	
RBCs + HNT/CURBO (50 µg/mL)	0.7	
RBCs + HNT/CURBO (20 µg/mL)	0.7	
RBCs + HNT/CURBO (10 µg/mL)	0.8	

involved in the uptake of HNT/CURBO in both the epithelial cells and macrophages. The relatively wide range of sizes for HNTs may be the reason why the internalization of HNTs is mediated by more than one cellular uptake pathways.<sup>57,58</sup>

#### Conclusion

Understanding the cellular transport pathways of HNTs may help in the rational design of novel drug delivery systems and may be of great value for their applications in biotechnology. Thanks to the high biocompatibility, HNT/CURBO could be a valuable system for drug delivery and future applications in the biomedical field. The predominantly perinuclear localization, as a result of cellular internalization, leads us to believe that halloysite nanotubes could be excellent allies for intracellular drug delivery.

#### Disclosure

The authors report no conflicts of interest in this work.

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