



#### ORIGINAL RESEARCH

# Systematic Metabolic Profiling of Mice with Dextran Sulfate Sodium-Induced Colitis

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Purpose: Inflammatory bowel diseases (IBD) are a chronic inflammatory disease, which affects almost all tissues in the body. Previous studies mainly focused on breathing, fecal, and urine samples of patients with IBD. However, there is no comprehensive metabolomic analysis of the serum, colon, heart, liver, kidney, cortex, hippocampus, and brown fat tissues. Therefore, the aim of our study is to evaluate the utility metabolomic analysis of target tissues in the pathogenesis of IBD in exploring new biomarkers for early diagnosis and treatment.

Methods: Male Sprague—Dawley rats were randomly allocated to control and DSS-treated groups (n = 7). Dextran sulfate sodium (DSS) was orally administered for 6 weeks. Gas chromatographymass spectrometry (GC-MS) was used for metabolite determination, multivariate statistical analysis was used to identify metabolites that were differentially expressed in two groups.

Results: Our results showed that 3, 11, 12, 6, 5, 13, 13, and 11 metabolites were differentially expressed between the DSS treatment group and the control group in the serum, colon, heart, liver, kidney, cortex, hippocampus, and brown fat tissues, respectively. The most significant change of metabolites in the study was amino acid (L-alanine, L-glutamic acid, L-phenylalanine, L-proline, L-lysine, L-isoleucine, L-tryptophan, L-norleucine, L-valine, glycine, serine, L-threonine), organic acid (citric acid, 3-hydroxybutyric acid, propanoic acid), glucide (D-arabinose, D-fructose) and purine (9H-purin-6-ol, D-ribose) profiles. Several pathways were affected according to the integrated pathway analysis. These pathways ranged from amino acid metabolism (such as alanine, aspartate, and glutamate metabolism, glutathione metabolism) to purine metabolism (aminoacyl-tRNA biosynthesis).

**Conclusion:** Using GC-MS-based profiling of metabolite changes, these results may provide a more comprehensive view for IBD and IBD-related diseases and improve the understanding of IBD pathogenesis.

**Keywords:** inflammatory bowel disease, metabolite, GC-MS, dextran sodium sulfate, biomarker

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#### Introduction

Inflammatory bowel diseases (IBD) are a group of digestive tract inflammatory conditions. The two major forms of IBDs are ulcerative colitis (UC) and Crohn's disease (CD), both of which involve symptoms of fatigue, abdominal pain, diarrhea, and weight loss. However, IBD should be regarded as a systemic disorder because some patients with IBD have extraintestinal symptoms not limited to the gastrointestinal tract, including skin lesions, arthritis, hepatic dysfunction, even affects lungs, heart and vascular system. The exact pathogenesis of IBD is still not fully understood, but it is widely accepted to have multifactorial etiology, including an inappropriate immune response to gut microbiota, genetic predisposition, and environmental and lifestyle factors.<sup>2</sup> Currently, there are no specific biological marker to aid in IBD diagnosis, and the diagnosis of IBD is mainly based on detailed history, physical examination and endoscopic.<sup>3</sup>

Metabolomics is a powerful tool that can be used for biomarker discovery and for illuminating the pathophysiology of diseases, disease subtyping, and developing specific treatment strategies.<sup>4</sup> Mass spectrometry-based metabolomics techniques are sensitive approaches for the simultaneous analysis of a large number of compounds, involving surface enhanced laser desorption ionization time-of-flight mass spectrometry (SELDI-TOFMS), matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF-MS), gas chromatography-mass spectrometry (GC-MS), and liquid chromatography-mass spectrometry (LC-MS). In this study, GC-MS was used to evaluate the DSS-induced colitis model, which can provide detailed information about the patterns of metabolite change in metabolic networks.

Recently, many studies have examined human metabolites in patients with IBD, using breath,<sup>5</sup> fecal,<sup>6</sup> and urine<sup>7</sup> samples. Colitis affects other tissues and organs in addition to the digestive system, highlighting the need for metabolomic research to validate metabolites in other biological samples. To the best of our knowledge, this is the first report providing a systematic overview of the identification and quantification of small molecules in the biological systems of a DSS-induced colitis rat model to identify potential disease biomarkers. Our results may provide a valuable alternative to IBD diagnosis and for improvements in metabolic performance.

#### Materials and Methods

#### **Animals**

The study protocol was approved by the Medical Ethics Committee of the Jining First People's Hospital, Jining Medical University (No. JNMC-2019-DW-RM-002). Animal procedures were conducted in accordance with the National Institutes of Health guide for the care and use of Laboratory animals.

Eight-week-old male Sprague-Dawley (SD) rats (200–230 g) were randomly divided into two groups: the control group (n = 7) and the dextran sulfate sodium (DSS) group (n=7). Each rat in the DSS group was orally administered 5% DSS for 5 days and pure water for 2 days for 6 consecutive weeks. Control group rats were administered the same volume of normal saline. Body weights, stool

consistency and the presence of occult blood were measured daily.

### Clinical Disease Score

Disease activity index (DAI) of the rats was estimated by the score of body weight loss (no weight loss: 0; 5–10% weight loss: 1; 11–15% weight loss: 2; 16–20% weight loss: 3; 20% weight loss: 4), stool consistency (formed: 0; mild soft: 1; very soft: 2; watery stool: 3) and the degree of stool occult blood (normal color stool: 0; brown color stool: 1; reddish color stool: 2; bloody stool: 3). The DAI was tested at the last day of the experiment to assess the overall disease severity.

## Reagents

DSS was purchased from MP Biomedicals (Beijing, China). N, O-bis(trimethylsilyl)trifluoroacetamide (with 1% trimethylchlorosilane; v/v; lot no. B-023), and heptadecanoic acid (as an internal standard, IS, purity ≥ 98%; lot no.H3500) were purchased from Sigma-Aldrich (Saint Louis, USA). O-methylhydroxylamine hydrochloride (purity: 98.0%; lot no. 542171) was purchased from J&K Scientific Ltd. (Beijing, China). Pyridine (lot no. C10486013) was obtained from Macklin Biochemical (Shanghai, China). Chromatographic-grade methanol was purchased from Thermo Fisher Scientific (Waltham, USA). Pure water was obtained from Wahaha Company (Hangzhou, China).

## Sample Preparation

All rats were euthanized with 1% sodium pentobarbital (50 mg/kg) via intraperitoneal injection. Blood was collected and centrifuged ( $4500 \times g$ , 5 min) to obtain the serum. Rats were placed on an ice surface, and quickly dissected to obtain colon, heart, liver, kidney, cortex, hippocampus samples, and brown fat. All samples were washed with phosphate-buffered saline (PBS, pH = 7.2), and were rapidly frozen at  $-80^{\circ}$ C until required for use.

Serum samples (100  $\mu$ L) were mixed with 350  $\mu$ L methanol (containing 100  $\mu$ g/mL heptadecanoic acid), centrifuged at 20,913  $\times$  g, at 4°C for 10min. Supernatants were transferred to 15 mL tubes and dried at t 37°C under nitrogen gas. Then, the extracts were mixed with 80  $\mu$ L O-methylhydroxylamine hydrochloride (dissolved in pyridine at 15 mg/mL) and incubated at 70°C for 90 min. Subsequently, 100  $\mu$ L N, O-bis(trimethylsilyl)trifluoroacetamide (containing 1% trimethylchlorosilane) was added to the extracts and incubated at 70°C for 1 h. The solution

was then vortexed and centrifuged at  $20,913 \times g$ , at  $4^{\circ}C$  for 2 min, and filtered for GC-MS analysis using a filter membrane with  $0.22~\mu m$  pores.

Tissue samples (50 mg; colon, heart, liver, kidney, cortex, hippocampus samples, and brown fat) were homogenized with 1 mL methanol (containing 1 mg/mL heptadecanoic acid), and centrifuged at  $20.913 \times g$ , at 4°C for 10 min. The remaining steps of tissue preparation were the same as those for the serum samples.

# Histopathological Staining

The colons were fixed by 10% phosphate buffered paraformaldehyde for 48 h and then embedded in paraffin wax. 5 µm thick sections were cut by sledge microtome and stained with hematoxylin-eosin (H&E) for histopathological evaluation.

# Real-Time PCR Analysis

According to the manufacturer's instructions, RNA was extracted by using Trizol reagent (Invitrogen, USA) from the colon. Quantitative PCR was performed on Bio-rad Cx96 Detection System (Bio-rad, USA) using SYBR green PCR kit (Applied Biosystems, USA) and gene-specific primers (ILforward,5'-AGGTCGTCATCATCCCACGAG-3', reverse, 5'-GCTGTGGCAGCTACCTATGTCTTG-3'; IL-6: forward, 5'-CACAAGTCCGGAGAGAGAC-3', reverse, 5'-ACAGTGCATCATCGCTGTTC-3'; TNF-α: forward, 5'-GAGAGATTGGCTGCTGGAAC-3', reverse, GAGAGATTGGCTGCTGGAAC-3'). Each cDNA was tested in triplicate. Thermoprofile conditions were: 50°C for 2 min, 95°C for 10 min and 40 cycles of amplification at 95°C for 15 s and 60°C for 1 min. Relative quantitation for PCR product was normalized to β-actin as an internal standard.<sup>9</sup>

# GC-MS Analysis

The retention time (RT) of the internal standard was used to evaluate the stability of RT. The main analysis instrument used was the 7890B GC system/7000C mass spectrometer (Agilent Technologies, USA). Samples were separated on an HP-5MS fused-silica capillary column. Using helium as the carrier gas, a 1 μL aliquot of the derivatized solution was run in split mode (50:1). The front inlet purge flow rate was 3 mL/min and the gas flow rate was 1 mL/min. The transfer line, injection, and ion source temperatures were 250, 280, and 230°C, respectively. The GC temperature program began at 60°C for 1 min, increased 8°C/min, and held at 300°C for 5 min. Electrospray ionization (ESI) in full-scan

mode was conducted for MS detection, and the range of mass/charge (m/z) values was 50-800.

# Multivariate Statistical Analysis

GC-MS data were preprocessed using the Unknowns Analysis and Agilent MassHunter Quantitative Analysis software (Agilent Technologies, USA). SIMCA 14.0 (Umetrics, Sweden) was used for statistical analysis. Unsupervised principal component analysis (PCA), and orthogonal projections to latent structures discriminant analysis (OPLS-DA) were used to distinguish the DSS-treated and control groups. The permutation test (200 permutations) was used to further verify the model validation. SPSS 19.0 was used to perform *t*-tests. Variable importance in projection (VIP) value > 1.0 and p-value < 0.05 were considered statistically significant. MetaboAnalyst 5.0 (http://www.metaboanalyst.ca) and the KEGG (Kyoto Encyclopedia of Genes and Genomes; http://www.kegg.jp) were used for pathway analysis, Raw p < 0.05 and impact > 0 were considered significant.

#### Results

#### Evaluation of Colitis in DSS-Induced Rats

DAI is combined with the score of body weight loss, stool consistency and the degree of stool occult blood. As shown in Figure 1A, the DAI of DSS-treated group was significantly higher than that in the control group.

The histopathological results in Figure 1B showed the representative H&E-stained images of the colons for rats treated with 5% DSS and the untreated rats. Colons of the untreated rats had intact mucosa, whereas inflammatory cell infiltration, the thickness of the mucosa and submucosa and erosion of the epithelium were found in the colons of the rats in DSS-treated group. Moreover, proinflammatory cytokine IL-1β (Figure 1C), IL-6 (Figure 1D) and TNF-α (Figure 1E) in DSS-treated group were greatly higher than that in control group.

# GC-MS Total Ion Chromatograms (TIC) of Tissues Samples

The representative GC-MS TIC of quality control (QC) of tissue samples (a mixture of control and DSS-treated groups) is shown in Figure 2. All samples showed strong signals and good RT reproducibility.

# Multivariate Statistics Analysis

OPLS-DA and SPSS analyses were performed to evaluate the model using GC-MS data. There were 3, 11, 12, 6, 5, 13, 13,

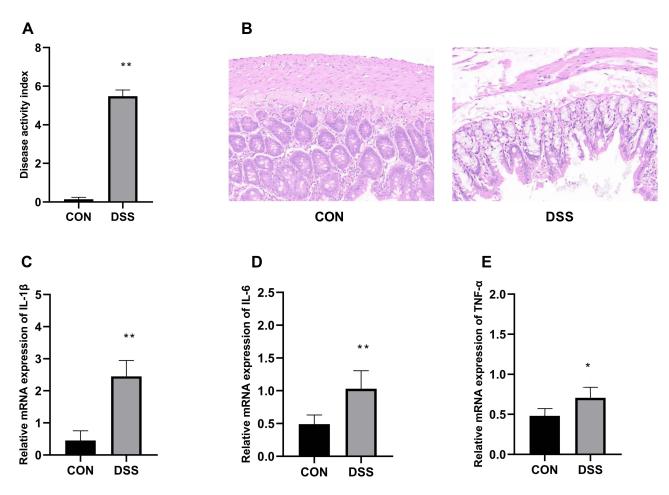


Figure I Assessment of disease activity index (**A**). Histopathological analysis of the colon of the control and DSS groups colitis (**B**), colon tissues were stained with H&E (200×magnification). mRNA expression of the proinflammatory cytokines IL-1 $\beta$  (**C**), IL-6 (**D**), TNF- $\alpha$  (**E**). Data are means±SD (n=7), \*p<0.05, \*\*p<0.01 compared to the control group.

and 11 differentially low molecular metabolites in the serum, colon, heart, liver, kidney, cortex, hippocampus, and brown fat samples, respectively, when the DSS group and control group were compared (VIP > 1, p < 0.05, Table 1). The parameters (serum: R2X = 0.735, R2Y = 0.992, Q2 = 0.386; colon: R2X = 0.9920.538, R2Y = 0.977, Q2 = 0.792; heart: R2X = 0.76, R2Y = 0.992, Q2 = 0.966; liver: R2X = 0.819, R2Y = 1, Q2 = 0.935; kidney: R2X = 0.89, R2Y = 1, Q2 = 0.944; cortex: R2X =0.87, R2Y = 0.999, Q2 = 0.963; hippocampus: R2X = 0.718, R2Y = 0.988, Q2 = 0.961; brown fat: R2X = 0.86, R2Y = 1, Q2 = 0.951) showed that the model was effective, and could clearly distinguish DSS and control groups. Each parameter value was close to 1.0, representing a stable model that is reliably predictive. Permutation tests verified the model validation and the intersection of the blue regression lines (the Q2points) and the vertical axis (on the left) are all below zero (Figure 3).

We used MetaboAnalyst 5.0 to investigate metabolic differences between the two groups. Cluster analysis of the

expression of metabolites in tissues revealed that most samples were grouped into two differentiated clusters with only a small part of the sample cluster overlapping (Figure 4). These results agree with those of the OPLS analysis.

# Analysis of Metabolic Pathways

MetaboAnalyst 5.0 was used to analyze the pathways associated with the differential metabolites identified by comparing the control and the DSS groups. We identified 11 significant metabolic pathways (raw p < 0.05, impact > 0). In the serum, these pathways included alanine, aspartate, and glutamate metabolism. In the colon, these pathways included aminoacyl-tRNA biosynthesis, glycine, serine, and threonine metabolism, glyoxylate and dicarboxylate metabolism, and GSH metabolism. In the heart, these pathways included alanine, aspartate, and glutamate metabolism, arginine biosynthesis, arginine and proline metabolism, D-glutamine and D-glutamate metabolism,

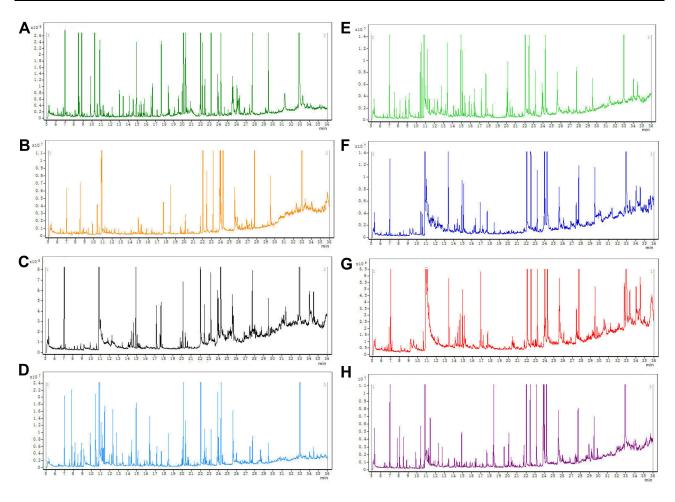


Figure 2 Representative GC-MS total ion current (TIC) chromatograms of the serum (A), colon (B), heart (C), liver (D), kidney (E), cortex (F), hippocampus (G), and brown fat (H) samples from a mixture of DSS and control groups.

and phenylalanine, tyrosine, and tryptophan biosynthesis. In the cortex, these pathways included arginine biosynthesis, alanine, aspartate, and glutamate metabolism, arginine and proline metabolism, GSH metabolism, glyoxylate and dicarboxylate metabolism, purine metabolism, and phenylalanine, tyrosine, and tryptophan biosynthesis; In the hippocampus, these pathways included arginine biosynthesis, alanine, aspartate, and glutamate metabolism, glyoxylate and dicarboxylate metabolism, purine metabolism, and GSH metabolism, phenylalanine, tyrosine, and tryptophan biosynthesis. In the brown fat, these pathways included aminoacyl-tRNA biosynthesis, alanine, aspartate, and glutamate metabolism, and cysteine and methionine metabolism. The pathway analysis details are shown in Table 2 and Figure 5, and a summary is shown in Figure 6.

### **Discussion**

IBD is a disorder of chronic intestinal inflammation. The current leading hypothesis suggests that IBD is an

aggressive inflammatory response to gastrointestinal microflora. Additionally, host genetics, intestinal microflora, and immune responses play important roles in IBD pathogenesis. Metabolomics is useful for investigating the mechanism of pathogenesis and diagnostic metabolites in disease, through the application of comprehensive information on precursors of proteins and carbohydrates, energy metabolism, gene expression regulation, and signaling molecules. 11–13 Currently, there are no IBD-related metabolic biomarkers suitable for diagnostic use. The identification of symptoms, differential diagnosis, and colonoscopy are the main diagnostic basis of IBD. Therefore, the development of non-invasive metabolic biomarkers is necessary to provide an effective screening method for IBD diagnosis.

In this study, the disease rats were identified by evaluation of DAI, histopathological analysis and increased proinflammation cytokine (Figure 1). DSS was able to induce significant colon injury, with

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**Table I** List of Assigned Statistically Significant Metabolites of the Serum, Colon, Heart, Liver, Kidney, Cortex, Hippocampus, and Brown Fat with Differential Levels in the DSS and Control Groups

Metabolites	HMDB	VIP	p-value	Fold Change
Serum		I		
L-alanine	HMDB0000161	1.88	4.52E-02	4.30E+00
L-proline	HMDB0000162	2.01	3.34E-02	5.14E+00
L-aspartic acid	HMDB0000191	2.19	4.51E-02	1.45E+01
Colon				
L-lysine	HMDB0000182	1.75	2.40E-12	2.38E-02
L-threonine	HMDB0000167	1.67	8.26E-06	1.55E-02
Putrescine	HMDB0001414	1.66	2.61E-04	1.96E-02
L-norleucine	HMDB0001645	1.64	3.78E-04	1.19E-02
L-valine	HMDB0000883	1.57	6.26E-04	3.37E-02
L-isoleucine	HMDB0000172	1.56	5.28E-04	4.33E-02
L-alanine	HMDB0000161	1.53	1.71E-03	1.71E-02
L-tryptophan	HMDB0000929	1.54	4.19E-04	7.44E-02
Glycine	HMDB0000123	1.54	1.11E-03	2.96E-02
Serine	HMDB0000187	1.60	6.64E-04	8.84E-03
Arachidonic acid	HMDB0001043	1.08	4.05E-04	2.66E+00
Heart				
Taurine	HMDB0000251	1.30	4.19E-06	1.28E-04
Urea	HMDB0000294	1.28	7.91E-07	2.02E-02
Uracil	HMDB0000300	1.28	5.79E-08	2.45E-02
Oleamide	HMDB0002117	1.30	5.15E-07	1.54E-02
Inosine	HMDB0000195	1.30	4.57E-06	2.05E-03
L-tyrosine	HMDB0000158	1.28	1.25E-06	1.94E-02
L-glutamic acid	HMDB0000148	1.32	3.51E-07	3.28E-04
L-alanine	HMDB0000161	1.31	4.84E-07	5.87E-04
D-mannose	HMDB0000169	1.02	1.57E-02	2.52E-02
L-proline	HMDB0000162	1.31	6.56E-08	4.99E-03
Myo-inositol	HMDB0000211	1.31	2.04E-07	1.84E-03
D-ribose	HMDB0000283	1.02	2.04E-02	2.32E-02
Liver				
Acetamide	HMDB0031645	2.15	9.24E-03	6.07E+00
Acrylic acid	HMDB0031647	2.32	9.42E-03	8.65E-02
Beta-alanine	HMDB0000056	2.22	5.76E-03	1.47E-01
Beta-D-glucopyranuronic	HMDB0010314	1.85	2.83E-02	2.42E-01
acid				
Myo-inositol	HMDB0000211	2.01	1.75E-02	1.91E-01
Oleamide	HMDB0002117	2.25	1.28E-02	9.87E-02
Kidney				
Asparagine	HMDB0000168	1.67	2.96E-02	4.69E+00
Azelaic acid	HMDB0000784	2.06	8.03E-03	1.15E+01
Benzeneacetic acid	HMDB0000209	1.16	2.95E-02	1.90E+00
D-arabinose	HMDB0029942	1.46	6.65E-03	2.42E+00
Phenol	Hmdb0000228	1.11	8.77e-03	1.65e+00

(Continued)

Table I (Continued).

Metabolites	HMDB	VIP	p-value	Fold Change		
Cortex						
9H-purin-6-ol	HMDB0000157	1.47	2.23E-09	5.27E-04		
L-aspartic acid	HMDB0000191	1.37	1.38E-04	1.12E-03		
Citric acid	HMDB0000094	1.33	2.98E-04	1.76E-02		
Cysteine	HMDB0000574	1.16	1.89E-04	1.62E-01		
Inosine	HMDB0000195	1.24	2.15E-03	2.97E-02		
Oleamide	HMDB0002117	1.23	3.65E-03	2.14E-02		
L-tyrosine	HMDB0000158	1.34	1.06E-04	2.73E-02		
L-proline	HMDB0000162	1.27	2.02E-03	2.12E-02		
L-alanine	HMDB0000161	1.35	2.13E-04	3.57E-03		
L-glutamic acid	HMDB0000148	1.31	1.09E-03	3.86E-04		
Myo-inositol	HMDB0000211	1.36	1.01E-04	1.22E-02		
Urea	HMDB0000294	1.42	2.48E-07	2.05E-02		
L-leucine	HMDB0000687	1.30	4.68E-04	3.39E-02		
Hippocampus						
9H-purin-6-ol	HMDB0000157	1.54	3.36E-09	3.85E-04		
Acetic acid	HMDB0000042	1.05	5.58E-05	2.90E-01		
Citric acid	HMDB0000094	1.37	6.75E-05	1.40E-02		
Myo-inositol	HMDB0000211	1.50	4.08E-10	2.03E-02		
3-hydroxybutyric acid	HMDB0000357	1.22	2.61E-04	1.64E-01		
inosine	HMDB0000195	1.43	5.65E-06	2.02E-02		
L-alanine	HMDB0000161	1.50	1.42E-05	7.28E-03		
L-aspartic acid	HMDB0000191	1.49	8.53E-07	1.71E-03		
L-glutamic acid	HMDB0000148	1.52	6.37E-08	3.89E-04		
L-phenylalanine	HMDB0000159	1.51	2.83E-10	2.41E-02		
Propanoic acid	HMDB0000237	1.06	1.19E-02	8.53E+00		
Pyroglutamic acid	HMDB0000267	1.38	4.36E-05	2.89E+01		
Urea	HMDB0000294	1.45	1.08E-05	1. <del>44</del> E-02		
Brown fat						
Acetamide	HMDB0031645	1.39	1.49E-02	3.53E+00		
D-fructose	HMDB0000660	1.19	4.71E-03	2.17E+00		
L-alanine	HMDB0000161	1.13	2.96E-02	4.23E-01		
L-aspartic acid	HMDB0000191	1.55	2.70E-02	7.02E+00		
L-isoleucine	HMDB0000172	1.74	1.91E-02	1.95E+01		
L-leucine	HMDB0000687	1.65	1.65E-02	8.71E+00		
L-methionine	HMDB0000696	1.72	1.33E-02	1.23E+01		
L-serine	HMDB0000187	1.73	1.70E-02	1.60E+01		
Oleamide	HMDB0002117	2.08	9.58E-06	6.59E-02		
Phenol	HMDB0000228	2.02	8.64E-05	1.48E+01		
Pyroglutamic acid	HMDB0000267	2.02	6.18E-04	3.05E+01		
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**Abbreviations**: HMDB, the Human Metabolome Database, Fold change, CUMS/ Control; VIP, variable influence on projection.

inflammatory cell infiltration and epithelial barrier disruption in the colon of rats, which is pathologically similar with patients with UC. All these data showed that the rats model of colitis was successfully established. Dovepress

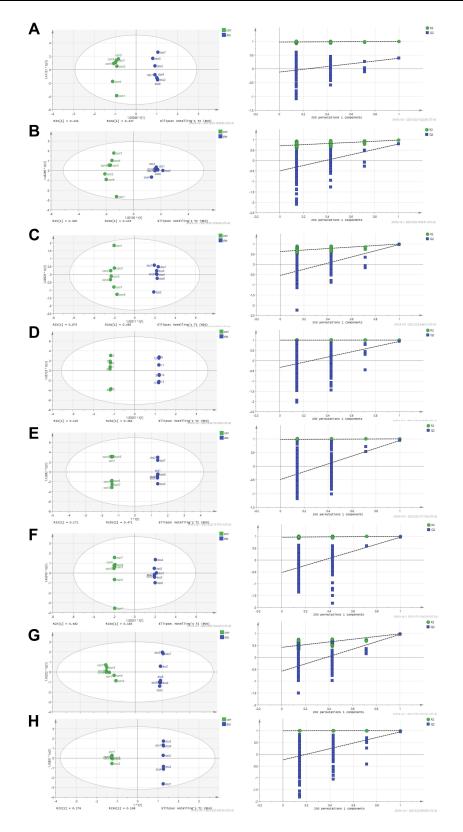


Figure 3 Orthogonal projections to latent structures (OPLS) scores and 200 permutation tests for the OPLS-discriminant analysis models: serum (**A**), colon (**B**), heart (**C**), liver (**D**), kidney (**E**), cortex (**F**), hippocampus (**G**), and brown fat (**H**).

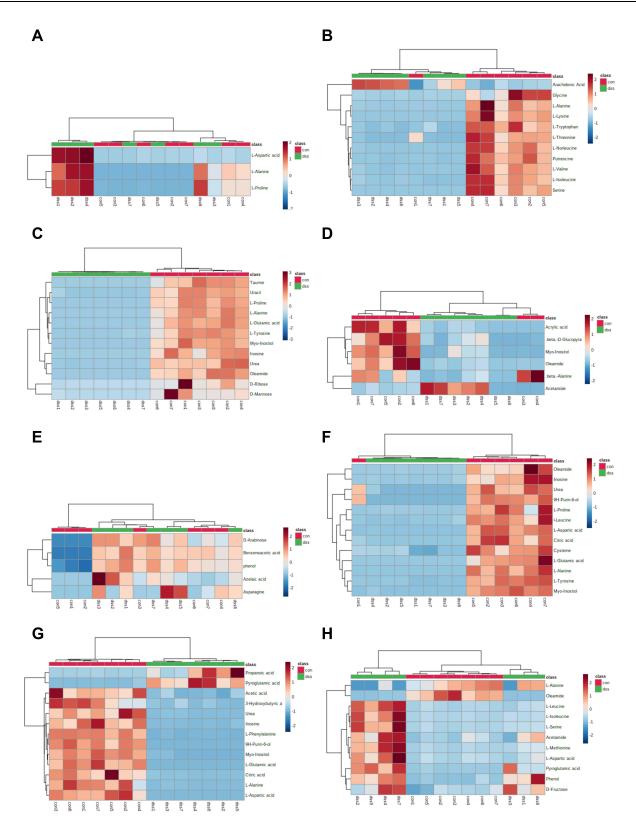


Figure 4 Heatmap of differentially expressed metabolites in the serum (A), colon (B), heart (C), liver (D), kidney (E), cortex (F), hippocampus (G), and brown fat (H) samples in dextran sulfate sodium and control groups. The color of each section is proportional to the significance of the change in metabolites (red, up-regulated; blue, down-regulated). Rows correspond to the samples, columns correspond to the metabolites.

Table 2 Pathway Analysis Results Produced Using MetaboAnalyst 5.0

Pathway Name	Raw p	Impact				
Serum						
Alanine, aspartate, and glutamate metabolism	9.50e-04	0.22				
Colon						
Aminoacyl-trna biosynthesis	8.85E-11	0.17				
Glycine, serine, and threonine metabolism	1.53e-03	0.50				
Glyoxylate and dicarboxylate metabolism	2.13e-02	0.15				
Glutathione metabolism	1.65e-02	0.10				
Heart						
Arginine biosynthesis	5.01E-03	0.12				
Alanine, aspartate, and glutamate metabolism	1.95E-02	0.20				
Phenylalanine, tyrosine, and tryptophan biosynthesis	3.15E-02	0.50				
D-glutamine and D-glutamate metabolism	4.69E-02	0.50				
Arginine and proline metabolism	3.48E-02	0.16				
Cortex	·					
Alanine, aspartate, and glutamate metabolism	6.06E-05	0.42				
Arginine biosynthesis	1.72E-04	0.12				
Arginine and proline metabolism	4.04E-02	0.16				
Purine metabolism	1.67E-02	0.02				
Glutathione metabolism	2.28E-02	0.02				
Glyoxylate and dicarboxylate metabolism	2.94E-02	0.03				
Phenylalanine, tyrosine, and tryptophan biosynthesis	3.41E-02	0.50				
Hippocampus						
Alanine, aspartate, and glutamate metabolism	6.06E-05	0.42				
Arginine biosynthesis	1.72E-04	0.12				
Glyoxylate and dicarboxylate metabolism	2.15e-03	0.03				
Purine metabolism	1.67e-02	0.02				
Glutathione metabolism	2.28e-02	0.03				
Phenylalanine, tyrosine, and tryptophan biosynthesis	3.41e-02	0.50				
Brown fat						
Aminoacyl-trna biosynthesis	3.09E-07	0.17				
Cysteine and methionine metabolism	2.26E-02	0.13				
Alanine, aspartate, and glutamate metabolism	1.65E-02	0.22				

We identified the systemic alterations in the main target tissues (serum, colon, heart, liver, kidney, cortex, hippocampus and brown fat) for the first time using metabolomic profiling. There were 3, 11, 12, 6, 5, 13, 13, and 11 metabolites differentially expressed in the serum, colon, heart, liver, kidney, cortex, hippocampus and brown fat tissues of control and DSS groups (Table 1). These metabolites are closely associated with each other (Figure 4), and are involved in 11 significant pathways related to amino acid, nucleotide, and energy metabolism (Figure 5). The identified metabolites and corresponding

pathway analysis provide us with a deeper understanding of metabolome alterations in IBD. These metabolites have the potential to be used as biomarkers for IBD diagnosis, as well as providing a comprehensive understanding of disease pathogenesis.

This analysis revealed notable changes in amino acid metabolism. Amino acids are important regulators and substrates of most metabolic pathways. In our study, amino acid metabolites significantly differed between the DSS-treated and control groups, including L-alanine, L-aspartic acid, L-isoleucine, L-leucine, L-methionine,

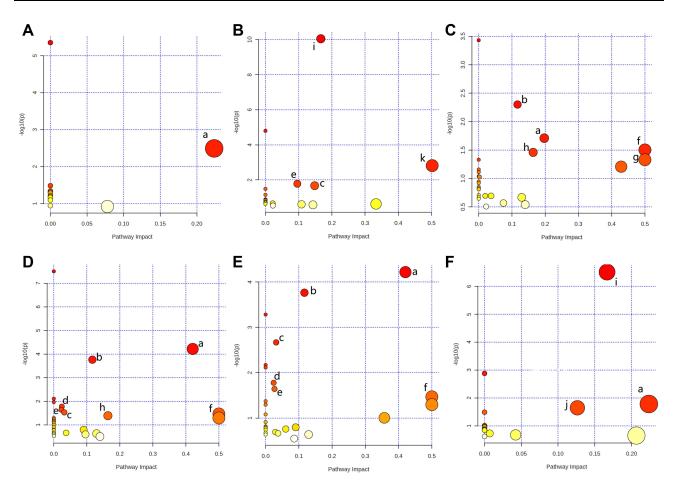


Figure 5 Summary of pathway analysis using MetaboAnalyst 5.0. Serum (A), colon (B), heart (C), cortex (D), hippocampus (E), and brown fat (F). (a) Alanine, aspartate, and glutamate metabolism, (b) arginine biosynthesis, (c) glyoxylate and dicarboxylate metabolism, (d) purine metabolism, (e) glutathione metabolism, (f) phenylalanine, tyrosine, and tryptophan biosynthesis, (g) D-glutamine and D-glutamate metabolism, (h) arginine and proline metabolism, (i) aminoacyl-tRNA biosynthesis, (j) cysteine and methionine metabolism, and (k) glycine, serine, and threonine metabolism.

L-phenylalanine, L-tyrosine, L-proline, L-serine, L-leucine, taurine, L-lysine, L-threonine, L-norleucine, L-valine, L-isoleucine, and glycine (Table 1). Moreover, associated pathways were involved in arginine biosynthesis, arginine and proline metabolism, alanine, aspartate, and glutamate metabolism, cysteine and methionine metabolism, D-glutamine and D-glutamate metabolism, GSH metabolism, glycine, serine, and threonine metabolism, and phenylalanine, tyrosine, and tryptophan biosynthesis (Table 2).

Proline is critical for protein synthesis and cell growth, it also has roles in osmoregulation, protein stability, cellular bioenergetics, and antibacterial or antifungal properties. 15 Proline levels changed in serum, colon, heart, and cortex tissues indicating that proline may help reduce osmotic stress and resist bacteria to maintain intestinal homeostasis. Proline is thought to serve as an important energy source for some bacteria, potentially explaining why proline levels were decreased in serum samples. Glycine is the simplest amino acid, and is involved in energy release and DNA production and which could be used to protect chemical-induced colitis by inhibiting inflammatory cytokines and chemokines. 16 The previous study have observed that the level of glycine increased in patients of the active phase of IBD.<sup>17</sup> Compared with the control group, the level of glycine in the colon of DSS-treated group is increased, which possibly indicating glycine is protective against colitis and ameliorates inflammation in the colonic mucosa. Branched-chain amino acids, including L-valine, L-leucine, and L-isoleucine, are involved in inflammation, stress, muscle metabolism, and energy generation. 18,19 The changing L-valine, L-isoleucine, and L-leucine levels observed in this study suggest that these amino acids are related to inflammation in DSS-induced colitis. In our study, the changes in amino acid levels observed in the target tissues of the DSS-treatment group may help us determine the pathological mechanism of intestinal inflammation.

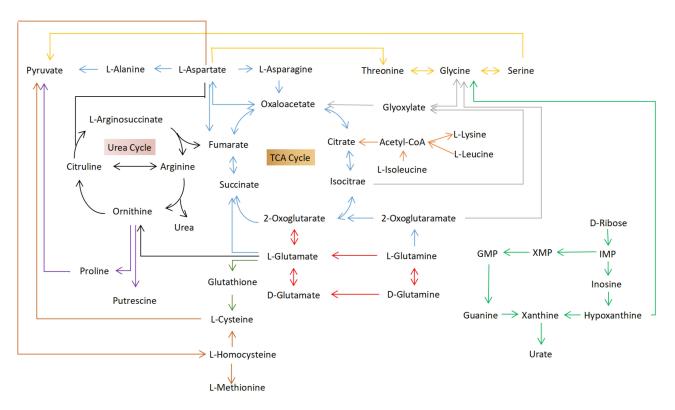


Figure 6 Schematic diagram of the metabolites and metabolic pathways in the target tissues of the Dextran sulfate sodium-treated group compared to the control group (black arrows: arginine biosynthesis; red arrows: D-glutamine and D-glutamate metabolism; blue arrows: alanine, aspartate, and glutamate metabolism; light green arrows: purine metabolism; orange arrows: glycine, serine, and threonine metabolism; purple arrows: arginine and proline metabolism; gray arrows: cysteine and methionine metabolism; green arrows: glutathione metabolism; and silvery arrows: glyoxylate and dicarboxylate metabolism).

The intestine of patients with IBD is a complex pathological environment, including oxidative stress, osmotic damage, and abnormal response.<sup>20,21</sup> Lih-Brody found increased oxidative stress in colonic mucosal biopsies of patients with IBD.<sup>22</sup> L-glutamic acid, is an essential amino acid for protein synthesis and plays a key role in cellular metabolism, protecting cells from oxidative stress.<sup>23</sup> L-glutamic acid also supports the immune and digestive systems and aids in energy production in the body. In our study, L-glutamic acid levels were significantly increased in DSS-treated rats, suggesting that L-glutamic acid can prevent DSSinduced oxidative stress. Moreover, glutamate combined with glycine and cysteine are involved in the synthesis of glutathione (GSH). GSH metabolism is associated with many cellular reactions, such as cellular antioxidant defense, drug detoxification, and cell signaling.<sup>24</sup> High GSH levels increase cellular antioxidant capacity and resistance to oxidative stress, while low GSH levels decrease antioxidant capacity.<sup>25</sup> Some researches showed that a significant increase of GSH in inflamed mucosa of patients.<sup>26,27</sup> Therefore, regulation of GSH

metabolism is critical for the development of effective strategies to treat colitis.

Aspartic acid is related to the chronic visceral pain and hypersensitivity that is experienced by individuals with colonic inflammation. The RGD (arginine-glycine-aspartic acid) peptide motif displays intestinal anti-inflammatory properties and protects intestinal wall integrity by increasing the expression of certain genes including trefoil factor-3 and mucins. Therefore, aspartic acid could function as an indicator of IBD severity. Tryptophan as a precursor of serotonin is widely expressed metabolite in the gut. However, serotonin is associated with pathogenesis of colitis. In our study, it was found that the level of tryptophan increased significantly in colon tissue, which implied that tryptophan could contribute to colitis as a pathogenic mediator.

We also found the levels of hypoxanthine, inosine and uracil, which are linked with nucleotide synthesis and act against inflammation and DNA damage, were changed in our study. The expression of ILC3 and Th17 genes related to purine metabolism were altered in colons of patients with IBD compared with individuals without IBD.<sup>32</sup> Thus, hypoxanthine, inosine and uracil may be the potential

metabolic biomarkers. The TCA cycle is the major source of energy by oxidizing glucose in organisms. Ketone bodies are used as alternative energy when glucose is insufficient. The increase concentration of 3-hydroxybutyric acid and citric acid was observed in DSS-treated rats, indicating a high demand for energy in DSS-induced UC. Likewise, clinical studies also found the level of TCA cycle-related molecules is changed significantly in the UC patients, indicating that these molecules might be potential diagnostic biomarkers for UC.<sup>33</sup>

To obtain insight into the pathophysiological mechanisms of IBD, future studies should focus on metabolic, gene expression, and protein data. There were several limitations in our study. Only a single metabolomic method, the GC-MS method, was used. Therefore, multiomics or other technologies, like LC-MS, are needed to confirm these findings. Additionally, metabolomics data of small intestine tissue was not included in this analysis. Although UC usually occurs at colon, it's meaningful to compare the metabolite differences in different part of the whole intestine tissue. Future studies need to explore the different part of the whole intestine to achieve a complete understanding of IBD mechanisms.

#### **Conclusion**

We identified several specific metabolites in key DSS-treated rat model target tissues using GC-MS based profiling. The amino acid metabolic profile of DSS-treated groups differed from that in control groups, suggesting that there might be a relationship between amino acid composition and pathogenesis of DSS-induced colitis. Some amino acids may be suitable as potential biomarkers for patients with IBD. These studies will help to determine the role of these amino acids in the pathogenesis of IBD and identify future novel treatments. Additionally, some of these metabolites are likely to be microbial metabolites, indicating that the intestinal microflora may be a future therapeutic target. Further investigation should pay attention to the relationship between metabolic changes, intestinal flora alteration, and IBD activity.

# **Data Sharing Statement**

The datasets used and analyzed during the current study are available from the corresponding author on reasonable request.

# Ethics Approval and Informed Consent

Our study was approved by the medical ethics committee of the Jining First People's Hospital, Jining Medical University (No. JNMC-2019-DW-RM-002).

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#### **Disclosure**

The authors report no conflicts of interest in this work.

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