

# Smart Stimuli-Responsive and Mitochondria Targeting Delivery in Cancer Therapy

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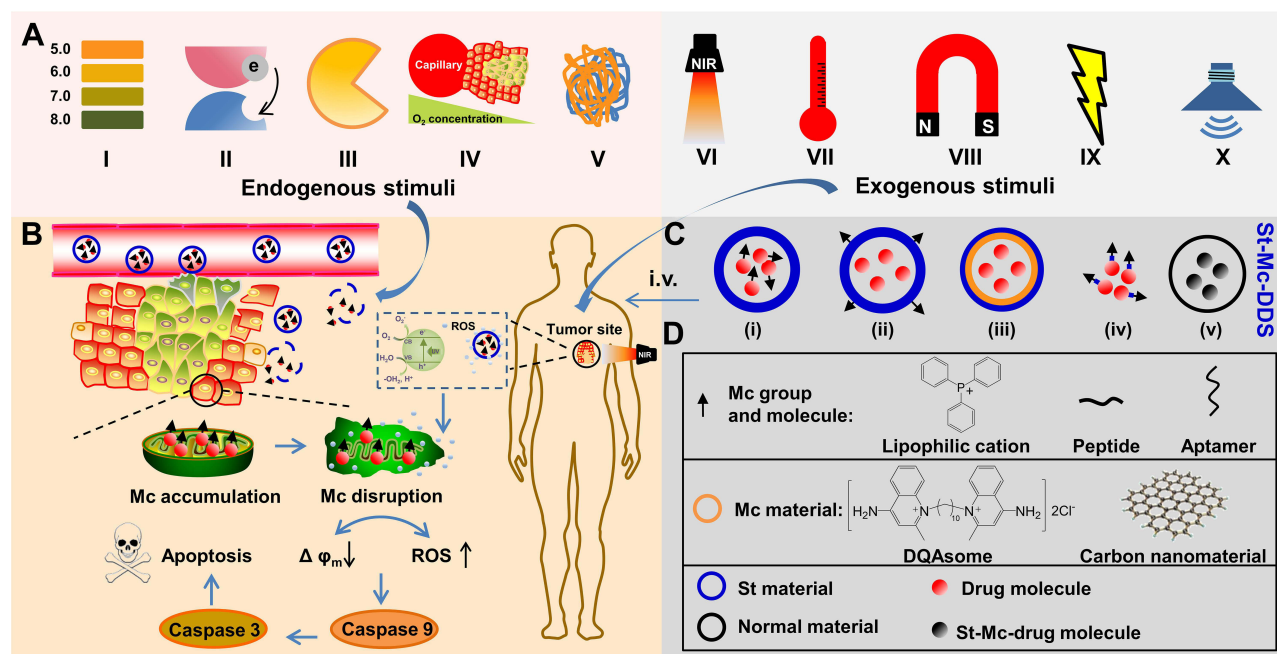
**Abstract:** Dysfunction in the mitochondria (Mc) contributes to tumor progression. It is a major challenge to deliver therapeutic agents specifically to the Mc for precise treatment. Smart drug delivery systems are based on stimuli-responsiveness and active targeting. Here, we give a whole list of documented pathways to achieve smart stimuli-responsive (St-) and Mc-targeted DDSs (St-Mc-DDSs) by combining St and Mc targeting strategies. We present the formulations, targeting characteristics of St-Mc-DDSs and clarify their anti-cancer mechanisms as well as improvement in efficacy and safety. St-Mc-DDSs usually not only have Mc-targeting groups, molecules (lipophilic cations, peptides, and aptamers) or materials but also sense the surrounding environment and correspondingly respond to internal biostimulators such as pH, redox changes, enzyme and glucose, and/or externally applied triggers such as light, magnet, temperature and ultrasound. St-Mc-DDSs exquisitely control the action site, increase therapeutic efficacy and decrease side effects of the drug. We summarize the clinical research progress and propose suggestions for follow-up research. St-Mc-DDSs may be an innovative and sensitive precision medicine for cancer treatment.

**Keywords:** smart delivery, stimuli-responsive, mitochondria-targeting, tumor microenvironment, cancer therapy

## Introduction

In addition to cancer prevention and early detection, an effective cancer treatment strategy is undoubtedly very important.<sup>1,2</sup> In order to achieve maximum efficacy and minimal side effects, it seems to be necessary to precisely control drug location and maintenance at the destined tumor cells.<sup>3,4</sup> Mitochondria (Mc) is linked to many hallmarks of cancer cells and its dysfunction may induce tumor cell death, so Mc has been considered as a pharmacological target over the last decades.<sup>5</sup> Scientists have developed various smart stimuli-responsive (St) and Mc-targeting drug delivery systems (DDSs) (St-Mc-DDSs) (Figure 1). These systems have better efficacy and higher safety compared to Mc-DDSs or Sm-DDSs.<sup>5-10</sup>

St-Mc-DDSs have the added advantages of St-DDS and Mc-DDS (Table 1), including (1) hierarchical targetability. St-Mc-DDSs deliver drugs into tumor cells and cellular Mc organelles successively. (2) Controlled drug release. St-DDSs only release drugs at the target tumor tissue under the stimuli trigger but does not release or leak drugs at nontarget tissue sites. After entering the cells, St-Mc-DDSs further accurately deliver drugs to the target organelle Mc under the guidance of the Mc-targeting group. (3) This system can achieve maximum therapeutic efficacy and produce minimal adverse effects. Drug molecules accumulate as much as possible



at the precise target site organelle to exert efficacy while spending as little time as possible in normal cells and other organelles to reduce nonspecific toxicity. St-Mc-DDSs avoid the respective design based-deficiencies of the single St-DDSs (such as low drug concentration at the Mc) or Mc-DDS (such as high drug leakage at nontarget tissue/cell).

The Mc presenting in most eukaryotic cells has been well recognized as an organelle target.<sup>11,12</sup> The Mc is an organelle with two-layered membrane. It is approximately 0.5 to 1.0  $\mu\text{m}$  in diameter and of variable length. In addition to energizing cells, Mc also play a crucial role in cell differentiation, signaling and apoptosis.<sup>5,13</sup> Mc dysfunction induces various hallmarks of cancer cells, such as

**Table 1** A Comparison of the Characteristics Among St-Mc-DDS, St-DDS and Mc-DDS

Comparison	St-Mc-DDS	St-DDS	Mc-DDS
<b>Advantage</b>			
Precisely Mc targeting	✓	×	✓
Maximum therapeutic response	✓	×	×
Stimulus responsiveness	✓	✓	×
Controlled drug release	✓	✓	×
EPR effect	✓	✓	✓
Long blood circulation	✓	✓	✓
Low clearance	✓	✓	✓
<b>Disadvantage or deficiency</b>			
Low drug concentration at Mc	×	✓	×
High drug leakage at nontarget tissue/cell	×	×	✓
High non-specific toxicity	×	×	✓

**Notes:** ✓ Refers to have the property, × Refers to not have the property.

limitless proliferation, damaged apoptosis, reduced autophagy and increased anabolism.<sup>14,15</sup> However, Mc-targeted therapy is a tedious task.

Before the drug molecule finally reaches the Mc, it needs not to be eliminated from blood circulation, selectively accumulate in the target tissue, pass through the cellular membrane barrier and escape from lysosomal endocytosis.<sup>5</sup> The St-DDS seems to be able to increase the stability of the nanocarriers and reduce nontarget drug release in systemic circulation. The responsiveness of St-DDS to endogenous (En) stimuli (also called biostimulators, include factors such as pH, redox potentials, enzymes and glucose)<sup>7,16,17</sup> and exogenous (Ex) stimuli (also called externally applied triggers, include factors such as temperature, light and ultrasound) shows potential for a variety of biomedical applications<sup>8,18</sup>. The St-DDS senses the stimuli in the surrounding environment, analyzes the stimulus and responds accordingly.<sup>9</sup> In reaction to the differences between tissue/cell microenvironments or blood systems of tumor and normality.

St-DDSs change the physicochemical characteristics (hydrophilicity, diameter or charge) accordingly to acquire greater in-depth tumor penetration, increased cell ingestion, controlled drug delivery, and useful endosomal flee.<sup>7,9</sup> Cellular Mc-specific DDSs may be achieved or strengthened by anchoring cell-specific homing ligands (which bind to overexpressed antigens on tumor cell outside) along with Mc-selective groups on its surface.<sup>19,20</sup> The receptors currently utilized for active cancer cell targeted induction contain epidermal growth factor receptor (EGFR),<sup>21</sup> folate<sup>22,23</sup> and transferrin receptors.<sup>24,25</sup> For further endocytosis, a series of cell penetrating peptides (CPPs), such as cationic trans-activating transcriptional activator (TAT),<sup>26</sup> polyarginine,<sup>27</sup> amphipathic MPG (unabbreviated notation),<sup>28</sup> Pep-1,<sup>29</sup> Pep-7,<sup>30</sup> and hydrophobic C105Y,<sup>31</sup> have been developed to modify drug molecules or nanocarriers. After entering the organelle-rich cytoplasm, bioactive drug molecules need to be delivered directly to their Mc action site to acquire high therapeutic efficacy and low off-target result.<sup>10,32,33</sup> The Mc-targeted groups that are able to carry drugs include micro-molecule ligands,<sup>34</sup> hydrophobic cations,<sup>35,36</sup> Mc protein import machinery,<sup>37,38</sup> Mc-penetrating peptides<sup>10,39</sup> and Mc inner/outer membrane-targeting molecules.<sup>40,41</sup> Through the above analyses, St-Mc-DDS deliver the medicines as much as possible to targeted organelle/cell/tissues and acquire perfect treatment effect and medication safety.

Obviously, there are many ways to combine St- and Mc- DDSs, and we have given a whole list of the documented pathways to achieve smart St-Mc-DDSs by combining St- and Mc-targeting strategies (Figure 2). Here, we systematically collected and analyzed the design theories, implementation method and action mechanisms of St-Mc-DDSs in cancer therapy. We present their smart features and physicochemical and pharmacokinetic properties (Tables 2 and 3), which are closely related to their anti-tumor efficacy and safety (Tables 4 and 5). Compared to conventional DDSs, St-Mc-DDSs exhibit improved curative efficacy and safety. We propose the challenges and future perspectives of St-Mc-DDSs. This is the first review of the combined application of stimuli-responsive St- and Mc-targeted DDSs. This review will help to evaluate and choose the appropriate smart DDS to cure cancer.

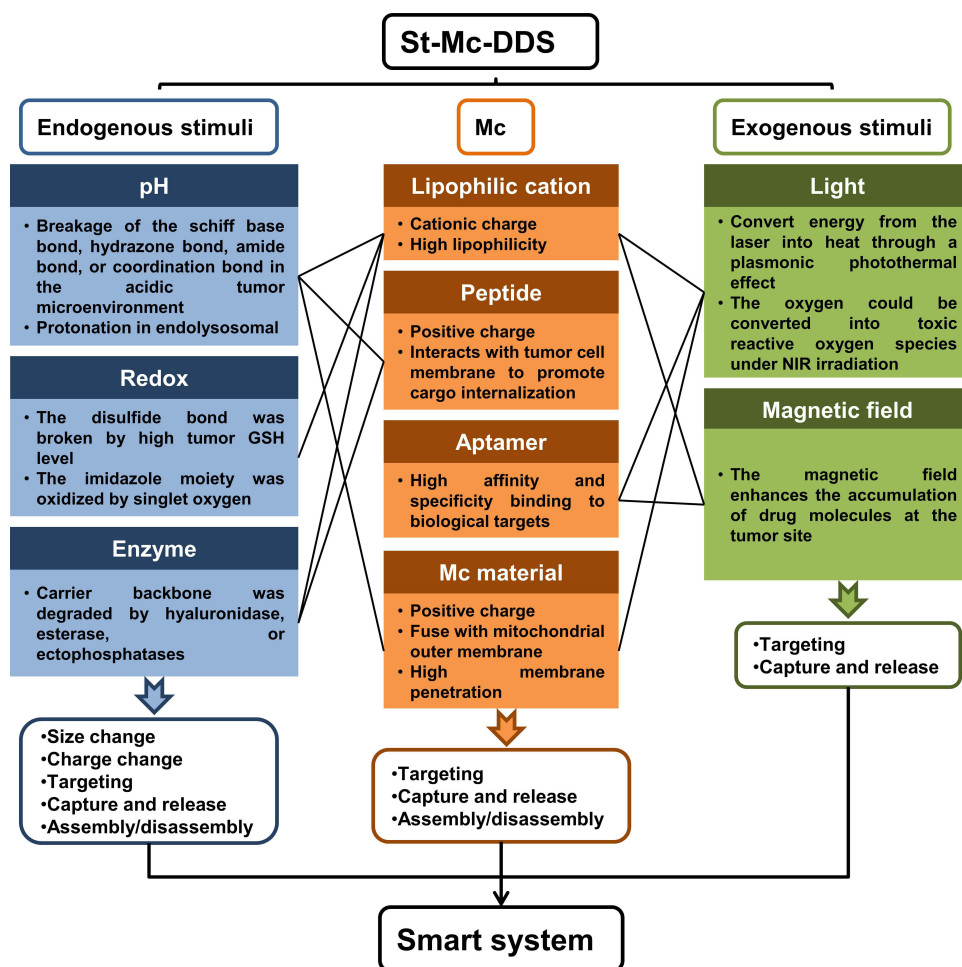
## Mc Targeting Characteristics of St-Mc-DDSs

St-Mc-DDSs usually have 2 types of Mc-targeting modes according to the component structure: an Mc group or an Mc molecule (lipophilic cation, peptide or aptamer), and a material (Figure 1D).

## Mc Group and Molecule-Based St-Mc-DDSs

### Lipophilic Cation-Based St-Mc-DDSs

Mitochondriotropics are low-molecular weight compounds with high intrinsic affinity towards Mc. Mitochondriotropic molecules often have delocalized positive charge and enough hydrophilicity. Once entering inside mammalian cells, mitochondriotropics accumulate either at or inside Mc without requiring the assistance of any Mc-targeted delivery system.<sup>82</sup> Owing to the high Mc targeting of mitochondriotropics, they are widely used as Mc targeting groups to facilitate drug delivery.<sup>19,20,42,54</sup> Hydrophobic cations such as triphenylphosphonium (TPP),<sup>42</sup> (4-carboxybutyl) triphenylphosphonium bromide (CTPP),<sup>20</sup> IR780<sup>54</sup> and 9-O-octadecyl<sup>19</sup> have been used as Mc targeting groups of St-Mc-DDS to deliver a variety of small molecule drugs. TPP consists three phenyl groups. It has positive charge and sufficient lipophilicity that facilitates transportation across the Mc membrane.<sup>83,84</sup> TPP and CTPP moieties are usually conjugated with small molecules<sup>20,42</sup> or decorated on the surface of nanoparticles.<sup>43,44</sup> Owing to their sufficient lipophilicity and delocalized positive charge, TPP-carrying molecules



**Figure 2** A list of documented pathways to achieve smart St-Mc-DDS by combining St- with Mc-targeting methods.

can get easily across lipophilic Mc membrane.<sup>85</sup> The merits of TPP-molecules over other hydrophilic cation-molecules include its good biological stability, amphiphilic properties, ease of modification, inertia toward cellular materials, and deficiency in ultraviolet (UV)-visible light and fluorescence absorption. TPP-ubiquinone is safe for human, thus shows good clinical potential and the translational significance of TPP.<sup>34</sup> IR-780 is a lipophilic heptamethine cyanine dye. It is automatically ingested by tumor cells through organic-anion polypeptide transporters, and accumulated in Mc sites due to its hydrophobic cation.<sup>86</sup> IR-780 is typically used in nanocarriers for photothermography, photodynamic and photothermal therapies (PDT and PTT).<sup>54,56,86</sup>

In addition to the above lipophilic cations, rhodamine 123,<sup>87,88</sup> flupirtine,<sup>89</sup> MKT-077<sup>90</sup> and anthracyclines<sup>91,92</sup> have demonstrated specific affinity to Mc in different Mc-DDSs, but they have not been used in St-Mc-DDSs.

### Mc Targeting Peptide-Based St-Mc-DDS

Two Mc-targeting peptides, ie, KLA peptide ( $[KLAKLAK]_2$ )<sup>47</sup> and MQ peptide (MLFNLRILLNN AAFRNHNFMRNFRGQPLQ),<sup>37</sup> have been used in St-Mc-DDSs for subcellular-targeted delivery of chemical drugs and DNA, respectively. KLA is an Mc-penetrating peptide (MPP) that can be decorated on the surface of liposomes. Positively charged KLA targets Mc, and its lysine unit facilitates cellular uptake since lysine interacts with the cellular membrane via a hydrogen bond and electrostatic force to accelerate internalization.<sup>47</sup> In addition, KLA further disrupts the Mc membrane and initiates apoptotic cell death.<sup>93</sup> MPPs have been confirmed to delocalize lipophilic cations to deliver bioactive compounds to the Mc.<sup>94–97</sup> MPPs usually have positively charged (lysine, arginine) and lipophilic (isoleucine, phenylalanine, tyrosine) amino acids.<sup>98,99</sup> For example, the aromatic cation-containing Szeto-Schiller (SS) peptide<sup>100</sup> was mainly designed to deliver tyrosine or dimethyl tyrosine as an antioxidant motif

Table 2 Smart Features of St-Mc-DDS

St. Type	Mc-Targeted Material	Drug	Preparation	Response Mechanism	Function	Ref.
Endogenous stimuli-responsive En-St-Mc-DDS						
pH	PEG-Schiff base-cholesterol; Dioleoylphosphoethanolamine	<b>TPP-PTX</b>	Liposome	Schiff-based bond hydrolyzes at pH 6; DOPE merge with tumor lysosome membrane at pH 5.0	Remove PEG shell; Release drug into cytoplasm; Ingest drug in Mc	[42]
	<b>CTPP</b> -glucolipid conjugates	Celastrol	Micelle	Celastrol is highly soluble at Mc pH 8.0	Fast drug release at Mc; Low leakage in cytoplasm and lysosome.	[43]
	HER-2 peptide-PEG-Schiff base-cholesterol; Dequalinium chloride vesicle	DOX	Liposome	Schiff-base bond hydrolyzes at pH 5.0–6.8	Remove PEG-shell; Enhance drug release; Lower non-specific toxicity	[36]
	PEG-AIE- <b>TPP</b>	AIE	Micelle	Hydrazone bonds of the micelles are ruptured at pH 5.3 or 6.5	Remove PEG chain; Reduce the side effects; Increase bioavailability	[44]
	N-(2-hydroxypropyl) methacrylamide polymer	<b>MSN-DTX</b>	Nanohybrid	Amide bond hydrolyzed at acidic pH; Nanohybrid dismissed in the endo/lysosomes at acidic pH	Partial presentation of MSN core and positive charge repulsion contribute to cellular internalization; Positive core leakage help endo/lysosome flee and Mc-targeting	[45]
	Phenylboronic acid-PEG	<b>TPP-Que</b>	Nanoparticle	Coordination bond disrupt at acidic pH	De-PEGylation; Facilitate cellular ingestion and arrangement	[46]
	DSPE-KLA-DMA	PTX	Liposome	Amide bond break down at pH 6.8	Reverse charge from negative to positive; Promote cellular internalization	[47]
	PDPA/TPGS	DOX	Micelle	Diisopropyl-substituted tertiary amino groups are protonated at pH 5.5	Dissociate micelle; Release drug; TPGS synergistically enhance DOX effect by accumulating at Mc and lowering transmembrane potential	[48]
	1,5-diiododecyl-L-glutaryl 2-histidyl-hexahydrobenzoic acid [ <b>HHG2C (18)</b> ]	–	Liposome	Reverse charge (negative to positive) at pH 6.5; Hydrolyze hexahydrobenzoic amide at pH 4.5–5.5 in endolysosome	Increase cellular uptake; Uptaken at Mc by electrostatic interaction	[49]
	<b>TPP</b> -OHA-S-S-CCM	CCM	Micelle	Disulfide bonds break at a high GSH level (2–10 mM)	Release drug rapidly	[50]
Redox	PLGA/C18-PEG2000- <b>TPP</b> /DLPE-S-S-mPEG4000	PTX	Nanoparticle	The disulfide bonds break at a high GSH level (2–10 mM)	Detach PEG4000; Recover surface charges; Localize at Mc	[51]

(Continued)

Table 2 (Continued).

St Type	Mc-Targeted Material	Drug	Preparation	Response Mechanism	Function	Ref.
Enzyme	HA/PEG	Berberine derivative	Nanodrug	Degrade HA by hyaluronidase	Expose positive charge contributes to cellular ingestion, lysosome flee and Mc location	[19]
	Non-isocyanate polyurethane- <b>TPP</b>	DOX	Nanocapsule	Ester linkages rupture by esterase.	Degrade polymer backbone; Release drugs site-specifically; Apply organelle-specific imaging	[52]
	Phe-Phe-Tyr-Lys (FFYK)	<b>TPP</b> -peptide	Nanoscale assemblies	Dephosphorylation catalyzed by ectophosphatases	Oligomers self-assemble to form nanoassemblies on cancer cell surface	[53]
	DNA-condensing/cell-penetrating/endosome-disruptive and mitochondria-targeting sequences	pDNA	Peptide/DNA complexes	Lysine-specific interaction	Self-organization of peptide and DNA; Structural rearrangement of complex	[37]
Exogenous stimuli-responsive Ex-St-Mc-DDS						
Light	<b>IR780</b>	IR780	Perfluorooctyl bromide nanoliposome	Convert energy from laser into heat through a plasmonic PTT effect; Convert oxygen into toxic ROS under irradiation at 808 nm	Mc-targeted PTT; PTT/PDT effects; Multiply imaging monitoring	[54]
	Fe <sub>3</sub> O <sub>4</sub>	<b>Iridium</b>	Nanozyme	Convert energy from laser to heat through a PTT effect; Convert H <sub>2</sub> O <sub>2</sub> to toxic hydroxyl group	Induce Mc-targeted PTT; Accelerate H <sub>2</sub> O <sub>2</sub> catalysis	[55]
	IR-780/DPPC/DSPE-PEG2K- <b>TPP</b>	IR-780; Lonidamine	Liposome	Irradiate at 808 nm triggers IR-780 to elevate temperature to further release lonidamine from liposomes; IR-780 release ROS	Achieve Mc-targeting combinative therapy of thermosensitive chemo-, PDT/PTT	[56]
	mPEG-CHO-PAIE- <b>TPP</b>	AIE	Nanoparticle	Benzolic imine bond cleaves in acidic tumor environment; AIE is photoactivated by up-converted energy upon irradiation at 980 nm	Remove PEG shell; Generate ROS in Mc and induce cell apoptosis	[57]
	AuNS-KLA- <b>TPP</b> /HA	DOX	Nanoparticle	Convert energy from laser into heat through a PTT effect of gold nanostars	Achieve Mc-targeted PTT	[58]
	<b>TPP</b> /Ce6/PEG-FA-PEG-Pt@Au	Pt, Au	Nanoparticle	Convert energy from laser (808 nm) into heat through a PTT effect of Pt/Au nanoparticles	Achieve Mc-targeted multifunctional PDT/PTT strategies	[59]
	Au-dcHSA-PEO-TAT- <b>TPP</b>	Au	Nanoparticle	Convert energy from laser (808 nm) into heat through a PTT effect of gold nanoparticles	Probe cellular processes (Mc dynamics and cellular vitality)	[60–63]
	PPa- <b>NGO</b> -mAb	PPa	Nanodrug	Convert oxygen into toxic ROS under irradiation at 633 nm	Enhance Mc-mediated apoptosis of PDT	[64]
	Yb/Tm/TiO <sub>2</sub>	Yb/Tm/TiO <sub>2</sub>	Nanoparticle	Transform NIR light to UV emission to favor TiO <sub>2</sub> absorption; Generate intracellular ROS under irradiation	Achieve photosensitivity to NIR and produce PDT	[65]
	<b>TPP</b> -coumarin-Fe <sub>3</sub> O <sub>4</sub>	Fe <sub>3</sub> O <sub>4</sub>	Nanoparticle	Convert energy from laser (740 nm) into heat through a PTT effect	Achieve Mc-targeted PTT	[66]
	<b>Cyt C aptamer</b> -mesoporous silica-Au	Au	Nanorod	Convert energy from laser (808 nm) into heat through a PTT effect	Integrate targeting, light-triggered release, and chemo-PTT	[67]
	<b>SWNT</b> -PEG	SWNT	Nanotube	Convert energy from laser (980 nm) into heat through a PTT effect	Achieve Mc-targeted PTT; Minimize adverse side effects	[68]



Magnetic field	<b>PK-CP-SPION</b>	DNA	SPION	Magnetism-guided gene delivery	Magnetism-guided deliver gene and achieve Mc-targeting therapy; Enhance therapeutic effect	[69]
	Fe <sub>3</sub> O <sub>4</sub> @mSiO <sub>2</sub> - <b>TPP</b> /CDs	Fe <sub>3</sub> O <sub>4</sub>	Nanoparticle	Magnetism-guided cellular ingestion	Integrate long time imaging, Mc-targeting, and magnetism-guided cellular uptake	[70]
	<b>AMB-I-Cyt c aptamer</b>	AMB-I	Bacterial magnetic nanoparticle	Magnetism-enhanced cellular uptake	Selectively locate at Mc cytochrome C; Remotely control over subcellular elements	[71]
Multi-responsive St-Mc-DDS						
pH/light	Catalase@SiO <sub>2</sub> /Ce6- <b>CTPP</b> /DPEG	Catalase; Ce6	Nanoparticle	Reverse surface charge (negative to slight positive) at pH 6.8; Decompose tumor endogenous H <sub>2</sub> O <sub>2</sub> by catalase; Convert oxygen into toxic ROS under irradiation at 660 nm	Enhance cell ingestion and tumor retention; Produce O <sub>2</sub> to enhance PDT efficacy;	[20]
	Fe <sub>3</sub> O <sub>4</sub> @DMSA/DOX	DOX; Fe <sub>3</sub> O <sub>4</sub>	Nanoparticle	Release DOX by pH and NIR-light triggers; Convert energy from laser (808 nm) into heat through a plasmonic PTT effect	Achieve chem-PTT; Kill cell death by disrupting Mc through ROS generation	[72]
Redox/light/magnetic field	Fe <sub>3</sub> O <sub>4</sub> / <b>TPP</b> -PDA-s-s-mPEG	DOX; Fe <sub>3</sub> O <sub>4</sub>	Nanoparticle	Disulfide bond linker is cleaved at high reduced glutathione; Convert energy from laser (808 nm) into heat through a plasmonic PTT; Disrupt $\pi$ - $\pi$ stacking between aromatic regions of PDA and DOX	Detach mPEG shell from nanoparticles to produce TPP; Release DOX rapidly; Achieve Mc-targeted chem-PTT	[73]
Magnetic field/light	Fe <sub>3</sub> O <sub>4</sub> @PDA@mSiO <sub>2</sub> - <b>TPP</b> -PEG	Fe <sub>3</sub> O <sub>4</sub>	Nanoparticle	Hyperthermia and toxic ROS are induced under a single irradiation at 670 nm	Achieve Mc-targeted chem-PTT; NIR fluorescence imaging and magnetic resonance imaging	[74]
pH/redox/temperature	MBA-PDA-PEG-PNIPMA	<b>Pc 4</b>	Nanogel	Rapid intracellularly self-expand at body temperature and reduce environment; Release Pc 4 at suitable pH and redox potential; Convert oxygen into toxic ROS under irradiation at 670 nm	Control drug release at targeted sites and enhance therapeutic effect	[75]
Redox/light	PPA	<b>TPP-PPA</b>	Micelle	Produce singlet oxygen by TPP-PPA/PPA upon laser irradiation	Disassemble micelle and release cargo rapidly	[76,77]
Redox/enzyme	Glucose-polyethylene glycol (PEG)-peptide- <b>TPP</b> -polyamidoamine (PAMAM)-PTX	PTX	Conjugate	Detach MMP2-sensitive PEG layer from inner PAMAM and release PTX due to GSH-sensitivity	Increase tumor cellular ingestion; Acquire glucose-mediated tumor targeting; Achieve Mc location	[78]

**Note:** Mc-targeting ligand is written in bold face.

**Abbreviation:** PSC, PEG-Schiff base-cholesterol.

Table 3 Physicochemical and Release Properties of St-Mc-DDS

St Type	Nanocarrier	Preparation	Physicochemical and Release Properties				Ref.
			Particle Size (nm)	Zeta Potential (mV)	Encapsulation Efficiency (%)	In vitro Release	
Endogenous stimuli-responsive En-St-Mc-SDDS							
pH	Eph A10/ <b>TPP</b> -DTX liposomes	Thin-film hydration method	131.5 ± 2.6	−16.25 ± 0.38	74.7 ± 1.7	pH 5.0: ~80% pH 7.4: ~30%	[42]
	<b>CTPP</b> -CSOSA/celastrol micelles	Dialysis method	63.5 ± 18.0	22.1 ± 0.3	92.3 ± 0.7	pH 5.0: ~0 pH 7.4: ~40%	[43]
	HER-2/DOX <b>DQAsomes</b>	Thin-film hydration method	112.7 ± 3.3	12.7 ± 2.8	53.4 ± 3.8	pH 8.0: ~90% pH 5.0: 73.5%	[36]
	PEG-AIE- <b>TPP</b> micelle	Solvent evaporation method	~130.0	–	–	pH 7.4: 53.2% pH 5.3: ~90% pH 6.5: ~40%	[44]
	HPMA- <b>MSN</b> /DTX nanoparticles	Stirring-centrifugation method	190.4 ± 4.9	−18.2	8.34 (LC)	pH 7.4: ~30% pH 5.0: 4.2 mV (1 h) pH 6.5: 4.2 mV (2 h) pH 7.4: −16.4 mV	[45]
	PEG- <b>TPP</b> -Que nanoparticles	Dialysis method	93.5 ± 0.1	23.6 ± 1.5	–	–	[46]
	DSPE- <b>KLA</b> -DMA/PTX liposomes	Thin-film hydration method	155.3 ± 2.2	~15.0	81.8 ± 0.7	pH 4.5: 35.0 mV pH 5.5: 25.0 mV pH 6.8: 10.0 mV pH 7.4: ~15.0 mV	[47]
	PDPA/ <b>TPGS</b> /DOX micelles	Thin-film hydration method	57.3 ± 3.4	–	~70	pH 5.5: ~70% pH 7.4: ~35%	[48]
	<b>HHG2C</b> <sub>18</sub> liposomes	Film dispersion method	–	−22.9	96.75 (Tensirolimus) 93.76 (Coumarin 6)	pH 4.5: 25.5 mV pH 5.5: 15.3 mV pH 6.5: 6.3 mV pH 7.4: −22.9 mV	[49]
	Redox	<b>TPP</b> -oHA-S-S-Cur micelles	Dialysis method	122.4 ± 23.4	−26.55 ± 4.99	–	0 μM GSH: 32.5% 10 μM GSH: 37% 2 mM GSH: 57.5% 10 mM GSH: 75.3% 10 μM GSH: 2.4 mV 10 mM GSH: 17.2 mV
	PLGA/C18-PEG- <b>TPP</b> /DLPE-S-S-mPEG/PTX nanoparticles	Singlestep nanoprecipitation strategy	178.6 ± 1.2	2.4 ± 0.8	8.3 ± 0.1 (LC)		[51]



Enzyme	HA/PEG/berberine derivative nanodrugs	nano-precipitation method	151.2 ± 2.7	-25.8 ± 1.4	70.1 ± 2.3	HAase/pH 4.5: 13.47 mV HAase/pH 5.6: 10.39 mV HAase/pH 7.4: slightly negative potential Esterase: 93-fold higher at emission intensity	[19]
	Non-isocyanate polyurethane-TPP/DOX nanocapsule	Inverse miniemulsion process	250~260	—	91~94	—	[52]
	TPP-peptide nanoassemblies	Self-assembly method	L-P: 121 D-P: 58	—	—	ALP: 635 nm (L-P) ALP: 196 nm (D-P)	[53]
	Peptide/DNA complexes	Self-assembly method	130~480	-3~-35	—	—	[37]
Exogenous stimuli-responsive Ex-St-Mc-SDDS							
Light	Perfluorooctyl bromide/IR780 liposomes	One-step emulsion strategy	268.3	—	92.5	Laser exposure: keep 56% of the largest absorbance when IR780 is photobleached	[54]
	Iridium/Fe <sub>3</sub> O <sub>4</sub> nanozyme	Magnet precipitated and separated method	~8	—	—	Temperature increment due to laser and iridium	[55]
	IR-780/DSPE-PEG2K-TPP liposomes	Film-hydration and sonication method	125.0 ± 63.4	23.5 ± 3.1	83.6	37 °C: 34.1% 43 °C: 74.9% NIR: 78.2%	[56]
	mPEG-CHO-PAIE-TPP nanoparticles	Synthetic method	~200	2.96 ± 0.2	—	pH 5.4: hydrolysis pH 6.8: hydrolysis	[57]
	AuNS-KLA-TPP/HA/DOX nanoparticles	Stirring-centrifugation method	94.6	-13.1	—	pH 7.4: mPEG-CHO is undetectable pH 6.8 + HAase + NIR: 75%	[58]
	TPP/Ce6/PEG-FA-PEG-Pt@Au nanoparticles	Ultrasound-stirring-centrifugation method	21.5	-42	—	—	[59]
	Au-dCHSA-PEO-TAT-TPP nanoparticles	Synthetic method	85.2	10.67	—	Stable in phosphate buffer, glucose, NaCl, pH 3.9, pH 10 and protease/trypsin solutions	[60]
	PPa-NGO-mAb nanodrug	Synthetic method	100~400	—	—	Stable in water, PBS, DMEM, serum and different pH solutions	[64]
	Yb/Tm/TiO <sub>2</sub> nanoparticles	Thermal decomposition reaction	~100	—	—	—	[65]
	TPP-coumarin-Fe <sub>3</sub> O <sub>4</sub> nanoparticles	Synthetic method	~15	—	—	—	[66]
	Cyt c aptamer-mesoporous silica-Au nanorods	Synthetic method	~20	—	7.3 (LC)	NIR (no): 5% NIR (first time): 17% NIR (second time): 7%	[67]
	SWNT-PEG nanotubes	Synthetic method	—	—	—	—	[68]
Magnetic field	DNA/PPK-CP-SPION complexes	Grignard reagent reaction method	49.7	32.7	—	—	[69,79]
	Fe <sub>3</sub> O <sub>4</sub> @mSiO <sub>2</sub> -TPP/CDs nanoparticles	Liquid-solid-solid synthetic route	82.30	16.33	—	—	[70]
	AMB-I-Cyt c aptamer bacterial magnetic nanoparticles	Originating from <i>Magnetospirillum</i> sp. AMB-I	50	—	—	—	[71,80]

(Continued)

Table 3 (Continued).

St Type	Nanocarrier	Preparation	Physicochemical and Release Properties				Ref.
			Particle Size (nm)	Zeta Potential (mV)	Encapsulation Efficiency (%)	In vitro Release	
Multi-responsive St-Mc-SDDS							
pH/light	Catalase@SiO <sub>2</sub> /Ce6-CTPP/ DPEG nanoparticles Fe <sub>3</sub> O <sub>4</sub> @DMSA/DOX nanoparticles	Synthetic method	~100	-18	-	Protease K: 70% (remained activity)	[20]
		Synthetic method	102.02 ± 0.6	-	>90	pH 5.0: 80.3% pH 7.4: 19.2% pH 5.0+NIR: 98.5% pH 7.4+NIR: 30.0%	[72]
Redox/light/ magnetic field	DOX/Fe <sub>3</sub> O <sub>4</sub> /TPP-PDA-s-s-mPEG nanoparticles	Synthetic method	165	4	41 (LC)	pH 7.4+ GSH: 18 mV pH 5.0: ~35% pH 7.4: ~15% pH 5.0+NIR: ~65% pH 7.4+NIR: ~40%	[73]
Magnetic field/ light	Fe <sub>3</sub> O <sub>4</sub> @PDA@mSiO <sub>2</sub> -TPP/-PEG nanoparticles	Synthetic method	275	-5.2	-	-	[74]
pH/redox/ temperature	MBA-PDA-PEG-PNIPMA/Pc 4 nanogel	Synthetic method	108.1 ± 11.1	-5.62 ± 1.40	-	pH 7.4: 108 nm, 13.6% pH 5.0: 360 nm, 30.3% DTT/EDTA: 1200 nm Temperature>39 °C: particle size: increase	[75]
Redox/light	TPP-PPA micelles	Modified oil-in-water emulsion- based self-assembly method	176.3 ± 12.3	-	3.1 ± 0.2 (LC)	Low ROS: 30 µg/cm <sup>2</sup> High ROS: 50 µg/cm <sup>2</sup>	[76]
Redox/ enzyme	Glucose-PEG-peptide-TPP- PAMAM-PTX conjugates	Synthetic method	42.5 ± 18.4	2.9 ± 1.1	-	0 µM GSH: 26% 10 µM GSH: 52% 10 mM GSH: 79%	[78]

**Notes:** The bold texts refer to the Mc-targeting components in St-Mc-DDSs. These components include an Mc group or an Mc molecule (lipophilic cation, peptide or aptamer), and a material.  
**Abbreviation:** LC, loading capacity.

**Table 4** In vitro Antitumor Efficacy and Mechanisms of St-Mc-DDS

St Type	St-Mc-DDS	Drugs	Cell Line	Cellular Uptake	Subcellular Localization	MMP ( $\Delta\psi_m$ )	Cytotoxicity (IC <sub>50</sub> )	Apoptosis Promotion	Ref.
pH	Polymer-drug conjugates	DOX	4T1	Endocytosis pathway	Lysosome & mitochondria	1.9-fold higher	2.5-fold lower	Yes (Cas-3 activation)	[8]
	Eph A10/TPP-DTX liposomes	Docetaxel	MCF-7	EphA 10 receptor mediated cell endocytosis	Mitochondria	0.14-fold lower	Lower IC <sub>50</sub> value	Yes (highest Cas-3 and Cas-9 expression)	[42]
	CTPP-CSOSA/celastrol micelles	Celastrol	MCF-7	Endocytosis pathway	Mitochondria	Dropped dramatically	Lower IC <sub>50</sub> value	Yes (obvious increase in Cas-3 and Cas-9 activity)	[43]
	HER-2/DOX DQAsomes	DOX	MCF-7 and MCF-7/ADR	HER-2 peptide-mediated endocytosis	Mitochondria	A 6.9% decrease	2.6-fold lower	Yes (activated Cas-3 and Cas-9)	[36]
	PEG-AIE-TPP micelle	AIE-TPP	MCF-7	Endocytosis pathway	Mitochondria	–	–	Yes	[44]
	HPMA-MSN/DTX nanoparticles	Docetaxel	HeLa	Endocytosis pathway	Mitochondria	Collapse	A lower IC <sub>50</sub> compared to pH7.4	Yes	[45]
	TPP-Que-PEG nanoparticles	Quercetin	HeLa	Endocytosis pathway	Mitochondria	Markedly decrease	–	Yes (Improved activity of Cas-9 and Cas-3)	[46]
	DSPE-KLA-DMA/PTX liposomes	Paclitaxel	A549	Macropinocytosis and clathrindependent endocytosis	Mitochondria	Reduce the most	20-fold lower	Yes (activated Cas-9 and –3)	[47]
	PDPA/TPGS/DOX micelles	DOX	MCF-7/ADR	Endocytosis pathway	Mitochondria	Reduced by 80%	23-fold lower	Yes	[48]
	HHG2C <sub>18</sub> liposomes	Tenisirolimus (CCI-779)	A498	Endocytosis pathway	Mitochondria	–	–	–	[49]
	CAT@S/Ce6-CTPP/DPEG	Catalase	4T1	Endocytosis pathway	Mitochondria	–	–	Yes	[20]
Redox	Glucose-PEG-peptide-TPP-PAMAM-PTX conjugates	Paclitaxel	MCF-7/ADR	Transporter-mediated pathways	Mitochondria	Destruction	Strongest cytotoxicity	–	[78]
	TPP- $\alpha$ HA-S-S-Cur micelles	Curcumin	MDA-MB-231	CD44-mediated endocytosis	Mitochondria	–	Better cellular cytotoxicity	–	[50]
	PLGA/C18-PEG-TPP/DLPE-S-mPEG/PTX nanoparticles	Paclitaxel	MCF-7	Macropinocytosis	Mitochondria	Decrease	Higher cytotoxicity	Yes (activated Cas-9 and –3)	[51]
	TPP-PPA micelles	PPA	4T1	–	Mitochondria	Reduction	Good cytotoxicity	Yes (activated Cas-9 and –3)	[76]

(Continued)

Table 4 (Continued).

St Type	St-Mc-DDS	Drugs	Cell Line	Cellular Uptake	Subcellular Localization	MMP ( $\Delta\mu\text{m}$ )	Cytotoxicity (IC <sub>50</sub> )	Apoptosis Promotion	Ref.
Enzyme	HA/PEG/berberine derivative nanodrugs	Berberine derivative	A549	CD44-mediated endocytosis	Mitochondria	The most significant decrease	A much lower IC <sub>50</sub>	Yes (highest activities of Cas-9 and -3)	[19]
	Non-isocyanate polyurethane-TPP/DOX nanocapsule	DOX	LN229	–	Mitochondria	–	–	–	[52]
	TPP-peptide nanoassemblies	TPP-peptide	Saos2	Caveolae/lipid-raft mediated endocytosis	Mitochondria	–	Higher cytotoxicity	Yes	[53]
Light	Perfluorooctyl bromide/IR780 liposomes	IR780	4T1	Cell endocytosis	Mitochondria	–	Higher cytotoxicity	–	[54]
	Iridium/Fe <sub>3</sub> O <sub>4</sub> nanozyme	Iridium	Hela	–	Mitochondria	Decreased markedly	Higher cytotoxicity	Yes	[55]
	IR-780/DSPE-PEG2K-TPP liposomes	IR-780; Lonidamine	LL/2	Cell endocytosis	Mitochondria	Decrease	Higher cytotoxicity	Yes	[56]
	AuNS-KLA-TPP/HA/DOX nanoparticles	DOX	SCC-7	CD44 receptor mediated endocytosis pathway	Mitochondria	Decrease	Higher cytotoxicity	Yes	[58]
	TPP/Ce6/PEG-FA-PEG-Pt@Au nanoparticles	Ce6	MCF-7	Clathrin-mediated endocytosis pathway	Mitochondria	Loss	Higher cytotoxicity	Yes (activated Cas-3)	[59]
	PPa-NGO-mAb nanodrug	PPa	U87-MG	Integrin $\alpha\beta$ 3 receptor mediated endocytosis	Mitochondria	–	Higher cytotoxicity	Yes	[64]
	Yb/Tm/TiO <sub>2</sub> nanoparticles	Yb/Tm/TiO <sub>2</sub>	Hela	–	Mitochondria	Loss	Higher cytotoxicity	Yes (activated Cas-9 and -3)	[65]
	TPP-coumarin-Fe <sub>3</sub> O <sub>4</sub> nanoparticles	Fe <sub>3</sub> O <sub>4</sub>	Hela	–	Mitochondria	–	Hyperthermic cytotoxicity	Yes	[66]
	Cyt c aptamer-mesoporous silica-Au nanorods	Au	Hela	–	Mitochondria	–	Higher cytotoxicity	Yes	[67]
	DNA/PK-CP-SPION complexes	DNA	Hela	–	Mitochondria	Obviously decreased	Higher cytotoxicity	Yes	[69]

Table 5 In vivo Antitumor Efficacy and Safety Evaluation of St-Mc-DDS

St Type	St-Mc-DDS	Drug	Indication	Animal Model	Targeting Ability and Biodistribution	Tumor Volume	Tumor Mass	Body Weight	Ref.
pH	Polymer-drug conjugates	DOX	Breast cancer	Female BALB/c mice	Increased accumulation in tumors	3.1-fold smaller	54% TGI	Slow and steady increase	[81]
	Eph A10/TPP-DTX liposomes	Docetaxel	Breast cancer	Female BALB/c nude mice	Excellent targetability at tumor site	1.23-fold smaller	Higher tumor inhibition efficacy	Slightly increase	[42]
	CTPP-CSOSA/celastrol micelles	Celastrol	Breast cancer	Nude mice	Mainly concentrated in the liver and tumor, and increased in tumor as time prolonging	Smaller	80.17% TGI	An increase to a certain extent	[43]
	HER-2/DOX DQAsomes	DOX	Breast cancer	Nude mice bearing MCF-7/ADR model		Smaller	72.5% TGI	No obvious weight loss	[36]
	PEG-AIE-TPP micelles	AIE-TPP	Breast cancer	Athymic nude female mice	Better aggregation in tumor site	Much Smaller	Better tumor inhibition efficacy	Gradually increase	[44]
	HPMA-MSN/DTX nanoparticles	Docetaxel	Cervical cancer	Hela cells tumor-bearing nude mice	Abundant tumor tissues accumulation	The growth of the tumors were suppressed	72.6% TGI	No obvious change	[45]
	TPP-Que-PEG nanoparticles	Quercetin	Liver cancer	H22 tumor-bearing Male ICR mice	High accumulation in tumor tissue	Smaller	65.7% TGI	Increase rate is similar to control group	[46]
	DSPE-KLA-DMA/PTX liposomes	Paclitaxel	Lung cancer	A549/Taxol cells xenografted onto nude mice	–	Smaller	86.7% TGI	No weight loss	[47]
	PDPA/TPGS/DOX micelles	DOX	Breast cancer	Nude mouse model bearing orthotopic tumor	Increased accumulation in tumors	3.5-fold smaller	3-fold less	No obvious weight loss	[48]
	HHG2C <sub>18</sub> liposomes	Temsirolimus (CCI-779)	Renal cancer	Murine Renca cell xenograft models	Increased accumulation in tumors	Smaller	–	–	[49]
	CAT@S/Ce6-CTPP/DPEG	Catalase	Breast cancer	4T1 tumor model	Increased accumulation in tumors	Smaller	–	No obvious variation	[20]

(Continued)

Table 5 (Continued).

St Type	St-Mc-DDS	Drug	Indication	Animal Model	Targeting Ability and Biodistribution	Tumor Volume	Tumor Mass	Body Weight	Ref.
Redox	Glucose-PEG-peptide-TPP-PAMAM-PTX conjugates	Paclitaxel	Breast cancer	MCF-7/ADR tumor-bearing nude mice	Increased accumulation in tumors	Smaller	84.27% TGI	Highest body weight increase	[78]
	TPP-OHA-S-S-Cur micelles	Curcumin	Breast cancer	—	—	—	—	—	[50]
	PLGA/C18-PEG-TPP/DLPE-S-S-mPEG/PTX nanoparticles	Paclitaxel	Breast cancer	MCF-7 tumor bearing BALB/c nude mice	High accumulation in tumor tissue	Smaller	90.5% TGI	No significant body weight loss	[51]
	TPP-PPa micelles	PPa	Breast cancer	—	—	—	—	—	[76]
Enzyme	HA/PEG/berberine derivative nanodrugs	Berberine derivative	Lung cancer	A549 tumor-bearing BALB/c nude mice	High accumulation at the tumor location	Smaller	61.7% TGI	No significant differences in body weight	[19]
	Non-isocyanate polyurethane-TPP/DOX nanocapsule	DOX	Brain cancer	Zebrafish embryo	—	—	—	—	[52]
	TPP-peptide nanoassemblies	TPP-peptide	Osteosarcoma cancer	—	—	—	—	—	[53]



Light	IR780	Breast cancer	4T1 tumor-bearing nude mice	The effective accumulation in tumor tissues	Smaller (complete elimination)	Better tumor inhibition efficacy	Negligible weight fluctuations	[54]
	Iridium	Cervical cancer	HeLa tumor-bearing mice	–	Smaller	Better tumor inhibition efficacy	No significant body weight loss	[55]
	IR-780; Lonidamine	Lung cancer	LL/2 tumor-bearing mice	High accumulation in tumor tissue	Smaller (complete eradication)	Better tumor inhibition efficacy	A slight reduction	[56]
	DOX	Squamous carcinoma	SCC-7 tumor-bearing BALB/c nude mice	Effective tumor accumulation	Smaller	Better tumor inhibition efficacy	No obvious body weight reduction	[58]
	Ce6	Breast cancer	–	–	–	–	–	[59]
	PPa	Brain cancer	–	–	–	–	–	[64]
	Yb/Tm/TiO <sub>2</sub>	Cervical cancer	Xenograft HeLa tumor models	–	Smaller (a much slower growth rate)	Good tumor growth inhibition efficacy	–	[65]
	Fe <sub>3</sub> O <sub>4</sub>	Cervical cancer	A549 cell xenografted BALB/c nude mice	Accumulated at the tumor site	A more dramatic decrease	–	–	[66]
Magnetic field	DNA	Cervical cancer	–	–	–	–	–	[69]

**Abbreviations:** DOX, doxorubicin; TGI, tumor growth inhibition.

to the Mc. The SS peptide is taken up by the cell and inner Mc membrane by an energy-independent mechanism.<sup>5</sup> In order to meet different investigative requirements, MPPs are designed to have different functions and structures (eg, different amino acid sequences, hydrophobicities and peptide charges). For example, incorporating the D-isomer of arginine into MPPs protects the peptides from enzymatic degradation,<sup>34,101</sup> integrating the targeting motif for cell ingestion and the proapoptotic motif into MPPs for enhanced anticancer effects.<sup>10,102,103</sup>

The MQ peptide sequence is an Mc-targeting sequence (MTS, also called an Mc signal peptide).<sup>37</sup> MTSs usually consist of 20–30 amino acids, which reach the Mc through the use of a translocase from the outer and inner membrane complexes by mimicking the cellular mechanism of Mc protein delivery.<sup>34,104,105</sup> That is, MTSs create chimeric proteins and are taken up via the Mc protein import machinery.<sup>5</sup> The multifunctional peptide/DNA complex facilitates DNA targeting to the Mc.<sup>37</sup> In a peptide chain having lysine-histidine fragment, cation contributes to cross cellular membrane, lysine condenses DNA for cellular ingestion, and histidine helps DNA to reach cytosol by endosomal lysis through proton sponge effect. Once this type of peptide is attached to a Mc-specific peptide sequence, it will effectively facilitates the targeting of DNA to the Mc.

However, the deep mechanism of Mc-targeting characteristics of peptides is unclear. In contrast to hydrophobic cations, peptides are degradable and cause slight cytotoxicity after Mc deposition. Peptides have large molecular weights, so they might induce undesired immune responses; peptide degradation might cause Mc-targeting failure;<sup>106</sup> some peptides are difficult to synthesize or to be conjugated with targeting materials; and the characteristics and abilities of some targeting materials conjugated with Mc-targeting peptides might be affected.<sup>107</sup>

### Mc Aptamer-Based St-Mc-DDSs

The Mc cytochrome (Cyt) C aptamer<sup>67,71</sup> is employed to make St-Mc-DDSs efficiently accumulate in the Mc of cancer cells. The Cyt C aptamer is a short single-stranded oligonucleotide sequence that specifically recognizes CytC<sup>108,109</sup> which is normally located in the inner Mc membrane and plays a key role in ATP synthesis.<sup>67,71</sup> Cyt C is secreted into the cytosol and induces apoptosis through a Mc pathway.<sup>59,110,111</sup> Cyt C aptamers have been attached on the outside of smart mesoporous silica-encapsulated gold nanorods<sup>67</sup> and bacterial magnetic

nanoparticles<sup>71</sup> to allow them to efficiently accumulate in the Mc of cancer cells. Mc-targeting aptamers are a prospective strategy for St-Mc-DDSs. Compared to peptides, aptamers are much easier to synthesize while harder to be biodegraded and denatured by further modification. Aptamer has large molecule, so its conjugation efficiency with targeting material is low and targeting efficiency is probably influenced. Aptamer is so expensive that the clinical application of aptamer-based St-Mc-DDSs is severely hindered.<sup>107</sup>

In addition to Cyt C aptamers, other Mc-targeted aptamers have been applied. An aptamer containing folding guanine-rich RNA/DNA was designed to modify nanocomplexes for Mc imaging and decrease the Mc membrane potential.<sup>112</sup> A dual-ligand liposomal system was decorated with a Mc RNA aptamer (RNase P) that enhanced cellular uptake and achieved Mc targeting.<sup>113</sup> The short RNA aptamer Mitomer 2 showed good binding affinity to the Mc and resistance to degradation by nucleases.<sup>114</sup>

### Mc Materials-Based St-Mc-DDSs

Mc materials such as colloidal dequalinium vesicles<sup>36</sup> and carbon nanomaterials<sup>64,68,70,115,116</sup> have been used in St-Mc-DDSs. Amphiphilic dicationic dequalinium may self-assemble to form aggregates DQAsomes.<sup>5</sup> DQAsomes display a positive surface charge in aqueous environments and accumulate in the Mc in response to the electrochemical gradient across the Mc membrane system.<sup>36</sup> DQAsomes serve as a mitochondriotropic carriers to deliver hydrophobic drugs and genes to the Mc.<sup>117,118</sup>

Carbon-based nanomaterials (such as graphene, carbon dots and carbon nanotubes) have been emerging as new biomaterials to design and fabricate St-Mc-DDSs due to their high tunability, good biocompatibility and other unique physicochemical characteristics.<sup>64,68,70,116,119,120</sup> They selectively target the Mc based on their polarization and positive charge. In graphene oxide (NGO)-based St-Mc-DDSs, graphene serves not only as a carrier material for Mc targeting but also as a phototherapy agent.<sup>64</sup> The hypericin-functionalized NGO nanoparticles enhance Mc-targeting and the synergistic anticancer effects of phototherapy and chemotherapy.<sup>115</sup> A novel type of fluorescent carbon dot achieved Mc imaging and Mc-targeted PDT without further modification by other mitochondriotropic ligands (such as TPP).<sup>116</sup> A dual Mc-targeting moiety (TPP and carbon dot)-modified biocompatible platform (magnetic mesoporous silica nanovesicles) achieved long-term imaging and magnetic field-enhanced cellular

uptake.<sup>70</sup> Mc-targeting single-walled carbon nanotubes (SWCNs) are used for cancer photothermal therapy.<sup>68</sup>

## Stimuli-Responsive Characteristics of St-Mc-DDSs

### Endogenous Stimuli-Responsive St-Mc-DDSs

En stimuli-responsive St and Mc-targeted platforms (En/St-Mc-DDS) have gradually been used to enhance cancer treatment efficacy. En stimuli in the cancerous microenvironment provide signals for anticancer DDSs to accumulate in tumor tissues/cells and release drugs in an on-demand manner.<sup>119</sup> The physiological signals facilitating tumor targeting include an acidic media,<sup>121</sup> overexpressed enzymes (such as matrix metalloproteinase, cathepsin, phospholipase, and oxidoreductase)<sup>122</sup> or membrane-protein makers,<sup>123</sup> ATP,<sup>124</sup> intracellular glutathione (GSH)<sup>125</sup> or hypoxic features.<sup>126</sup> According to the En/St type,<sup>127,128</sup> En/St-Mc-DDSs are mainly classified into three types (pH-, redox- and enzyme-responsive St-Mc-DDSs). Their recent advances are described as follows. To date, there have been no reports of En (other biomolecules outside of our list) stimuli-responsive St-Mc-DDSs.

### pH-Responsive St-Mc-DDSs

Compared to normal tissues, tumors have higher metabolism and most of them have lower pH values of extracellular and intracellular fluids (6.5~7.0 vs ~7.4; 5.0~6.0 vs ~7.2).<sup>129</sup> The organelles of tumor cells such as Mc (~8.0),<sup>43,130,131</sup> lysosomes (4.5~5.0), endosomes (5.5~6.0) and cytosol (7.4)<sup>132</sup> have different pH values. Therefore, Mc-targeted nanocarriers with a particular responsiveness to pH can intently release drugs at tumor locations, simultaneously preventing the unwanted release in normal tissue. Weakly acidic/basic compounds are suitable constituents for the preparation of pH-responsive Mc-targeted platforms. For example, compounds containing -COOH, -NH<sub>2</sub> or -SO<sub>3</sub>H groups may alter from their neutral to ionized forms,<sup>133</sup> and further induces dramatic alteration in the interaction or affinity between the drug molecule and drug vesicle. The pH gradients are stimuli that release drug from pH-sensitive Mc-targeted systems.<sup>36,42–49</sup>

Two easy measures have been employed to design pH-responsive St-Mc-DDSs.<sup>134</sup> The first is based on acid-cleavable linkers such as a Schiff-base, hydrazone, acetal/ketal, amide or cis-aconityl. The second is based on the degradation of the polymer and destabilization of

the nanocarrier in a pH-sensitive manner. pH-sensitive St-Mc-DDSs usually have the following functional features: they expose the carrier core or overturn the positive charge in the tumor extracellular environment to promote carrier uptake and they degrade the carrier inside the cells to achieve rapid drug release or proton sponge action to promote endosome escape.

The polyethylene glycol (PEG)-Schiff base-cholesterol derivative was synthesized and attached to the liposomes (PSLP).<sup>42</sup> Schiff base bond is hydrolyzed in acidic media, and the PEG shell is removed from the liposomes. The remaining lipophilic PSLP is exposed and easily internalized by tumor cells. Dioleoyl phosphoethanolamine (DOPE) is a constituent of lamellar PSLP that exists in a hexagonal phase at physiological pH but is deformed in acidic medium. After internalization, DOPE merges with the lysosomal membrane and releases the drugs into the cytosol. Then, the drug accumulates in Mc through the guidance of TPP. In addition to the combination of stimuli-triggered St- and Mc-targeted strategies, other active targeted strategies (such as Eph receptor A10 (EphA 10)-mediated cellular endocytosis) and passive targeted strategies (such as the enhanced permeability and retention effect, EPR) have been applied simultaneously to achieve better St-Mc delivery.<sup>42</sup>

A pH-responsive St-Mc nanohybrid comprised a N-(2-hydroxypropyl) methacrylamide (HPMA) copolymer shell and a positively charged nanovesicle core was fabricated via electrostatic interactions.<sup>45</sup> Under mildly acidic environment of the tumor, the first-stage pH-responsiveness took place when the hydrolysis of the amide bonds in the HPMA copolymers occurred and the charge of the copolymer changed from negative to positive, which was beneficial for cellular ingestion. The second-stage occurred in endosomes/lysosomes due to the proton sponge effect, which facilitated Mc location.

Another pH-responsive St-Mc-DDS was prepared to induce cellular apoptosis.<sup>47</sup> This liposome contains a hybrid lipid by synthesizing Mc peptide KLA with dimethylmaleic anhydride via amide bond and 1,2-distearoyl-sn-glycero-3-phosphoethanolamine (DSPE). This liposome exhibited positive charge at pH ~6.8 of extracellular media to facilitate its entrance into cancerous cells. After that, KLA purposely delivered cargo to Mc.

An alkaline pH-responsive St-Mc-DDS was constructed.<sup>43</sup> Lipophilic CTPP conjugated with glucolipid-like conjugates formed micelles in aqueous solution and encapsulated celastrol in the hydrophobic core. These

micelles selectively responded to the Mc alkaline pH (pH 8.0), while reduced drug leakage occurred in the cytoplasm (pH 7.4) and lysosomes (pH 5.0). The acidity/basicity of the loaded drug was relevant to the drug release rate and solubility in different environments.

### Redox-Responsive St-Mc-DDSs

The redox/oxidation states between the intracellular and extracellular matrices of tumors are very different. For example, the GSH level in the cytosol (2–10 mM) of tumor cells is ~1000 times greater than that in the extracellular matrix (2–20  $\mu$ M) or >4 times greater than that in the normal cells, which renders the tumor intracellular redox potential.<sup>135</sup> Redox-responsive functional bonds or groups<sup>8</sup> such as disulfide, phenylboronic acid and ester bonds, and singlet oxygen-responsive imidazoles have been used to design redox-responsive St-Mc-DDSs.

Disulfide bonds are incorporated into either the crosslinker or polymer structure of DDSs. Disulfide bonds are converted to thiol groups by various intracellular stimuli, such as the reducing agent GSH.<sup>8</sup> A Sm-Mc-DDS for overcoming multidrug resistance (MDR) had a dendrimer core co-decorated with paclitaxel (PTX) via a disulfide bond and TPP via an amido bond, and a shell covered with PEG layer via a MMP2-sensitive peptide.<sup>78</sup> Once the core detached from the PEG layer, it targeted the Mc via TPP guidance, and PTX was rapidly released through a reductive reaction. Another Sm-Mc-DDS was TPP-oligomeric hyaluronic acid-S-S-curcumin-loaded micelles.<sup>50</sup>

Phenylboronic acid and ester bonds are sensitive to  $H_2O_2$ . Arylboronic esters and thioketal linkers are oxidized by  $H_2O_2$  at 50  $\mu$ M<sup>136</sup> and 100  $\mu$ M,<sup>137</sup> respectively. The lipophilic neutral ferrocene/lipophobic cation ferrocenium redox pair was utilized for the design of cancer-specific, Mc-targeting moieties to trigger reactive oxygen species (ROS)-mediated drug release.<sup>138</sup>

A polymeric micelle with an imidazole group is singlet oxygen-responsive and able to deliver pyropheophorbide A (PPA)-TPP (a photosensitizer).<sup>76</sup> The imidazole moiety was oxidized to hydrophilic urea upon triggering with light. The amphiphilicity of micelles changed, followed by rapid photosensitizer release and Mc inhibition via TPP. The PDT efficacy was then enhanced.

Generally, these redox-responsive St-Mc-DDSs disassembled and released drug in response to ROS, through lipophobic-lipophilic transition or cleavage of ROS-responsive linkers. The high sensitivity and specificity

have been confirmed by the above St-Mc-DDSs. However, there are still some challenges to be addressed: the degraded linkers should be histobiocompatible, non-toxic and non-immunogenic. Otherwise, they may lead to unwanted side effects and a varied redox state inside tumor cells, which is associated with phenylboronic acid and ester bonds. Due to the ROS dynamic and heterogeneity of tumor cells, it is difficult to control redox balance and understand related molecular mechanism.<sup>139</sup>

### Enzyme-Responsive St-Mc-DDSs

Enzymes such as esterases, hyaluronidases (HAases) and alkaline phosphatases (APases) are concentrated inside the cellular cytoplasm or lysosomes or overexpressed in the extracellular environment of tumor sites.<sup>140</sup> Catalytic reactions refer to the cleavage/formation of chemical bonds or the oxidation/reduction of substrates. Enzymatic activation<sup>141</sup> using different enzymes as stimuli has been applied to design enzyme-responsive St-Mc-DDSs.

A new stable and monodispersing nonisocyanate polyurethane nanocapsule (NIPU) are developed.<sup>52</sup> Their shells had a polyurethane-based<sup>142</sup> polymeric backbone with embedded ester linkages in response to esterases. Their core loaded the hydrophilic drug doxorubicin (DOX) during the polymer synthesis and NIPU preparation process. NIPU was further post-grafted with phosphonium ions to achieve Mc-targeted release of the drug. Song et al<sup>19</sup> first designed a Mc-targeted nanodrug (a positively charged 9-O-octadecyl substituted berberine derivative, BD) that was dually modified with DSPE-PEG2000 to increase the stability and the negatively charged hyaluronic acid to achieve tumor targeting and lysosomal escape through recognition by HAase in tumor tissue and lysosomes. TPP was attached to phosphorylated tetrapeptide enantiomers to obtain oligomers that would self-assemble to form nanosized assemblies in response to APase enzyme-catalyzed reaction.<sup>53</sup> These assemblies further caused Mc dysfunction and killed cancer cells while minimizing acquired drug resistance.

In summary, enzymes as stimuli of St-Mc-DDSs have intrinsic merits: as endogenous components, they have inherent biocompatibility and biosafety; they have extraordinary selectivity for substrates and high catalytic efficiency; and the same enzyme family, such as matrix metalloproteinases, in tumor cells usually have similar active pockets that may lead to similar substrate preferences.<sup>143</sup>

## Exogenous Stimuli-Responsive St-Mc-DDSs

Ex stimuli such as magnetism and light have been employed to control drug release within a Mc-DDS (Ex/Sm-Mc-DDS). Compared to En stimuli, Ex stimuli seem to have been more successful in overcoming the individual variability of controlled drug release.<sup>139,144</sup> We will discuss the rationales and applications of light and magnetic responsive Ex/St-Mc-DDS. To date, the combination of other Ex stimuli (temperature, ultrasound, electric pulse, etc.) and Mc-DDS has not been reported.

### Light-Responsive St-Mc-DDS

UV (200–400 nm) light only has weak penetrating power, and it is harmful to normal cells and tissues. In contrast, NIR light (650–900 nm) has better tissue penetration and an improved safety profile.<sup>145</sup> Therefore, NIR-responsive DDSs with good spatiotemporal control are potential nanocarriers for practical therapy. Based on the NIR-responsive mechanism, there are three types of light-responsive St-Mc-DDS: NIR light-activated PDT-, PTT- and PDT/PTT-based St-Mc-DDSs.

Wei et al<sup>64</sup> used NGO as a smart carrier, which was dually modified with a monoclonal antibody (mAb) for  $\alpha\beta3$ -positive tumor cell location and a PPA-PEG conjugate for phototoxicity in the organic environment of the Mc. The nanodrug PPA-NGO-mAb significantly enhanced Mc-mediated PDT apoptosis by yielding ROS such as singlet oxygen and free radicals. Hou et al<sup>65</sup> designed titanium dioxide (TiO<sub>2</sub>, shell)-decorated upconversion nanosystems.<sup>57</sup> These core/shell nanocomposites (inorganic crystalline nanoparticles, 1–100 nm) transformed NIR light to UV emission, which triggered the cytotoxicity of TiO<sub>2</sub>. Therefore, under NIR irradiation, these nanocomposites served as an effective photosensitizer and generated intracellular ROS in the Mc to kill tumor cells.

PTT usually uses a photothermal conversion agent to convert NIR light into thermal energy for hyperthermia in the tumor region. Chen et al coencapsulated Mc-targeting gold nanostars (AuNSs) and DOX in a hyaluronic acid protective shell to fabricate a St-Mc-DDS, which was ingested into cancer cells upon recognition by CD44 receptor. DOX was then released for chemotherapy. The AuNSs codecorated with the cationic peptide R8 and proapoptotic peptide TPP-KLA acted as a Mc-targeting nanoheater for NIR-triggered PTT.<sup>58</sup> Kong et al<sup>146</sup> designed a microhybrid with two-photon absorption characteristics through coordination interactions between silver and a fluorescent cyano-

carboxylic acid derivative. The decreased quantum fluorescence and improved two-photon absorption caused by the surface plasmon resonance effect led to good photothermal output in Mc of HeLa cancer cells when radiation at 780 nm.

Zhang et al<sup>54</sup> designed a nanosystem by integrating IR780 into perfluorooctyl bromide (PFOB)-based nanoliposomes for synergistic PDT/PTT under NIR irradiation at 808 nm. Mc-targeting IR780 is easily to be encapsulated into nanoliposomes due to its hydrophobicity. IR780 had PTT/PDT effects, and the PDT effect was enhanced by the oxygen carried by PFOB. This Mc-targeting nanoliposome was better than the one consisting of indocyanine green (ICG) and PFOB.<sup>147</sup> The latter had PTT/PDT effects but did not have a Mc-targeting effect. Luo et al<sup>148</sup> synthesized a Mc-targeted NIR photosensitizer for jointly PTT/PDT by modifying heptamethine cyanine dye with different side-chain N-alkyl.

In summary, in order to conquer resistance to chemotherapy, PTT and PDT are often applied jointly in a NIR-responsive St-Mc-DDS to achieve synergistic antitumor effects. However, the biocompatibility and biodegradability of the photosensitizer (especially inorganic nanoparticles) used in such delivery systems must be considered for clinical implications.<sup>149</sup> In addition, the light-responsive St-Mc-DDS is only suitable for the treatment of superficial tumors such as skin surface cancer and breast cancer due to limited light penetration.

### Magnetic Field-Responsive St-Mc-DDSs

The application of magnetic materials along with external magnetic fields was first introduced to medicine by Freeman et al<sup>150</sup> in 1960. Magnetic stimuli-triggered St-DDSs features advantages over chemotherapy:<sup>151</sup> they are a noninvasive approach to control drug release;<sup>152</sup> they scarcely have any physical interaction with the body and are effective over a distance as long as a few centimeters; the nanocarriers can overcome blood flow resistance and arrive at the tumor region under the influence of a magnetic field spatially focused at desired sites; and upon removal of the external magnetic field, there is no residual magnetism or drug effects. Magnetic field-responsive St-Mc-DDSs usually use superparamagnetic iron oxide nanoparticles (SPIONs) 10–20 nm in size. Surface functionalization of SPIONs may overcome their drawbacks, such as a short blood circulation time due to aggregation and oxidization.

Kim et al<sup>69</sup> modified SPIONs with PK11195 (C<sub>21</sub>H<sub>21</sub>ClN<sub>2</sub>O) and chitosan-graft-PEI to fabricate a Mc-targeting gene carrier, which effectively condensed and protected DNA. Under an exterior magnetic field, the



transfection productivity of this gene carrier was comparable to PEI 25 K. PK11195 facilitated the accumulation in the Mc and activated apoptosis. This magnetofection of the magnetic-responsive St-Mc-DDS led to an enhanced therapeutic effect on tumor cells. Zhang et al<sup>70</sup> constructed a Mc-targeting nanoplatform of iron oxide silica nanovesicles decorated with TPP. The cellular uptake efficiency of the nanoplatform was enhanced upon application of a magnetic field of 0.30 T. SPIONs increased temperature under magnism to kill tumor cells by hyperthermia.<sup>153</sup>

## Multi-Responsive St-Mc-DDSs

Compared to single stimuli, multiple stimuli, such as the combination of Ex and En stimuli, may have synergistic effects. Wang et al<sup>73</sup> combined magnetic stimulus and NIR light irradiation with redox responsiveness into a multistage targeted nanocarrier to enhance the efficacy of cancer therapy. The core-shell-S-S-shell nanocarrier was composed of an Fe<sub>3</sub>O<sub>4</sub> core, an inward polydopamine (PDA, a photosensitizer) shell connected to TPP, and an outward methoxy PEG (mPEG) shell linked to PDA via a disulfide bond. The magnetic Fe<sub>3</sub>O<sub>4</sub> core increased nanocarrier location in tumor. Once entering the tumor cells, the outer mPEG shell is detached by redox reaction to disclose TPP for Mc targeting. Upon NIR light irradiation, PDA generated a photothermal effect, and the loaded DOX rapidly entered the Mc, resulting in cell apoptosis. Chen et al<sup>58</sup> combined NIR light stimuli and enzyme responsiveness to deliver dual peptide (Mc-targeting)-decorated AuNSs and DOX to cure tumors. Zhang et al<sup>76</sup> combined NIR light stimuli and redox responsiveness to coprepate a Mc-targeting polymeric micelle.

The combination of different En stimuli (such as redox or pH and enzyme stimuli) may result in the sequential release of drugs or polymers at precise times.<sup>154</sup> Zhou et al<sup>51</sup> constructed lipid polymer nanocarriers containing PTX, which is composed of an amphipathic copolymer containing TPP, poly (D,L-lactide-co-glycolide) (PLGA) and an amphipathic copolymer having redox-responsive property. The hydrophobic drug core (CCM) was decorated with hydrophilic shell (OHA and TPP) via a disulfide bond. The micelles were ingested by cancerous cells through CD44 recognition, entered the Mc and released CCM due to disulfide bond cleavage in response to high levels of GSH. The long-acting PEGylated nanocarriers accumulated in the tumor. PEG4000 detached via redox-triggered activation after uptake by cancer cells. The nanocarriers recovered to carry positive charge, and then enhanced anticancer efficacy was achieved through precise localization at the Mc.

## Relationship Characteristics of St-Mc-DDSs

According to the spatial location relationships of different types of St- or Mc-DDSs, St-Mc-DDS are mainly classified as one of 5 types (Figure 1C): St material loaded with a Mc group or molecule-drug St-Mc-DDS; St material-Mc group or molecule loaded with drug St-Mc-DDS; St material-Mc material loaded with drug St-Mc-DDS; Mc group or molecule-drug St-Mc-DDS; or normal material-loaded with St-Mc-DDS.

## St Material Loaded with Mc Group or Molecule-Drug

The drug molecules conjugated with Mc-targeting groups or molecules are further encapsulated in St materials to form different types (such as pH-, redox-, enzyme- or light-responsive) of St-Mc-DDSs. The Mc group or molecule-drug will be released in response to the tumor micro-environment or local Ex stimulus, which overcomes the nonspecific drug uptake by normal cells to a certain extent, thereby reducing toxicity. However, the linkage of the Mc group or molecule to the drug molecule may have a negative effect on anticancer efficacy. Therefore, an anticancer efficacy comparison between the Mc group or molecule-drug and free drug group is necessary and valuable.

Zhang et al<sup>42</sup> synthesized a docetaxel-TPP (a Mc-targeting molecule) conjugate, and incorporated it into liposomes composed of PEG-Schiff base-cholesterol (a pH-sensitive St material) and DSPE. PEG-Schiff base-cholesterol was hydrolyzed in pH ~6.0 (tumor microenvironment) to get rid of PEG shell, and DSPE merged with the tumor lysosomal membrane (pH ~5.0), resulting in fast drug release into the cytoplasm and accumulation into the Mc under the guidance of TPP. Xing et al<sup>46</sup> developed amphiphilic quercetin-TPP conjugates into a self-assembled nanoparticles composed of phenylboronic acid-PEG (a pH-sensitive St material) via boric acid ester bonds for tumor therapy. Zhang et al<sup>76</sup> encapsulated PPA (a photosensitizer)-TPP (a Mc-targeting molecule) into imidazole (a redox-responsive St material)-bearing polymeric micelles. Song et al<sup>19</sup> constructed a nanodrug self-assembled from a 9-O-octadecyl (a Mc-targeting group)-substituted berberine derivative, further modified with DSPE-PEG2000 to increase stability and coated the nanodrug with HA (an enzyme HAase-sensitive St material) to achieve tumor targeting. Chen et al coencapsulated DOX and TPP-KLA (a Mc-targeting molecule and peptide)-



decorated AuNSs (a light-responsive Sm material) into a HA (an enzyme HAase-sensitive St material) shell.<sup>58</sup>

## St Material-Mc Group or Molecules Loaded with Drug

The Mc targeting group or molecule is directly bonded to a St material to form a composite material that will further encapsulate drug molecules to form different types (such as pH-, redox- or enzyme-responsive) of St-Mc-DDSs. Tan et al<sup>43</sup> conjugated a lipophilic cation CTPP (a Mc-targeting molecule) with CSOSA (an alkaline pH-sensitive St material) to produce a St-Mc-material (CTPP-CSOSA) that formed micelles that simultaneously encapsulated celastrol into the hydrophobic core. Jiang et al<sup>47</sup> conjugated the Mc peptide KLA with DSPE and DMA (a pH-responsive material) to yield a DSPE-KLA-DMA lipid to prepare liposomes containing PTX. Zhou et al<sup>51</sup> mixed C18-PEG2000-TPP (a Mc group) and DLPE-SS-mPEG4000 (a reductive responsive polymer) with PLGA to prepare nanoparticles loaded with PTX. Pramanik et al<sup>52</sup> selected a TPP-modified nonisocyanate polyurethane (an esterase-responsive polymer) to construct biodegradable nanocapsules containing DOX.

As far as St-Mc-DDSs with St material-Mc group or molecules loaded with drugs are concerned, the antitumor effects of the drug can retain intact since it has an unmodified structure. However, Mc groups or molecules are usually positively charged, easily absorbed by non-specific proteins and rapidly eliminated by the reticuloendothelial system in circulation.<sup>47,51,57</sup> Therefore, it is necessary to cover a Mc material with a negatively charged St material. In addition, when reaching the tumor site, the St material should be able to expose the Mc groups or molecules in response to stimuli, which can promote the electrostatic interaction between the nanoparticles and cancer cell membrane for cell internalization.

## St Material-Mc Material Loaded with Drug

St material-Mc material can be a compound material composed of St- and Mc-material<sup>45</sup> or a material that has both smart properties and Mc-targeting abilities.<sup>115,119</sup>

Shi et al<sup>36</sup> incorporated the HER-2 peptide-PEG2000-Schiff base-cholesterol (HPSC) derivative (a pH-responsive material) on the surface of DQAsomes (dicationic dequalinium vesicle, a Mc material) containing DOX to treat drug-resistant breast cancer. Li et al<sup>45</sup> encapsulated

docetaxel in a positively charged mesoporous silica nanoparticle core (MSN, a Mc material) and then wrapped it with a pH-responsive HPMA copolymer shell to cover the positive charge of the mesoporous silica MSN. When St-Mc-DDS is prepared using a compound of St material-Mc material,<sup>36</sup> its structural characteristics and in vivo processes are similar to those of St-Mc-DDSs containing a drug loaded in St material-Mc group or molecule.<sup>47,51</sup> St material-Mc material St-Mc-DDSs usually respond to stimulation of the tumor microenvironment or local Ex stimuli and induce physical property changes, such as particle size and charge. Then, the St-Mc-DDS arrives at the Mc under the guidance of the Mc material.

Carbon nanomaterials can be used not only as Mc-targeted nanocarriers but also as St photosensitizers to induce phototherapy.<sup>119</sup> Han et al<sup>115</sup> constructed a hypericin-functionalized NGO to deliver DOX, which had enhanced Mc targeting and synergistic anticancer effects. St-Mc-DDSs prepared using a single material having both Sm properties and a Mc targeting ability usually first accumulates in the Mc, and then energy conversion occurs under Ex stimulation.<sup>115,119</sup>

## Mc Group or Molecule-St Material-Drug

When the Mc group or molecule, St material and drug are connected together, they form a St-Mc-DDS with a 100% encapsulation rate. Wang et al<sup>50</sup> proposed TPP-OHA-S-SCM micelles (an Mc molecule-enzyme/redox-sensitive multifunctional micelle) to exert anticancer efficacy. Li et al<sup>44</sup> presented TPP-fluorogen-hydrazone bond-PEG micelles (an Mc molecule-pH sensitive micelle), and fluorogen underwent aggregation-induced emission (AIE). The PEG moiety increased blood circulation stability. Guan et al<sup>57</sup> decorated AIE copolymers (PAIE, a photosensitizer able to be photoactivated upon 980 nm laser irradiation to yield ROS) with TPP to form PAIE-TPP, which was further conjugated with mPEG-CHO (a pH-responsive material) via a benzoic imine bond. Wang et al<sup>73</sup> prepared TPP-PDA (a photothermal agent)-S-S (redox sensitive)-mPEG nanoparticles using a similar strategy.

St-Mc-DDSs formed by directly connecting a drug with the Mc group or molecule-St material may reduce the problem of drug leakage during circulation. These compounds can not only change the physical properties in response to stimulation of the tumor microenvironment but also deliver therapeutic agents to produce PDT<sup>44,57</sup> and PTT<sup>73</sup> effects under light irradiation.

## Normal Material Loaded with St-Mc-Drug

(St-Mc) drugs mainly refer to small molecule drugs with Mc targeting ability and light conversion performance. They can be encapsulated inside common materials to form St-Mc-DDSs. IR-780 is a St-Mc drug that can selectively accumulate in the Mc and is commonly used in photothermography, PTT, and PDT.<sup>54,56,86</sup> Zhang et al<sup>54</sup> encapsulated IR780 into nanoliposomes based on perfluorooctyl bromide to form an artificial nanoRBC. These liposomes delivered oxygen to the tumor to alleviate tumor hypoxia and enhanced Mc-targeted phototherapy and multiple imaging guidance/monitoring. The iridium (Ir) complex is another St-Mc drug that targets the Mc and can achieve photoredox reaction in tumor.<sup>55,155–157</sup> Huang et al<sup>157</sup> prepared an Ir photocatalyst. This complex localizes in the Mc and depletes NADH, unbalances intracellular redox and causes immunogenic cellular death upon light irradiation. In another work, Ir and Fe<sub>3</sub>O<sub>4</sub> cooperated to form photothermogenic nanozyme Ir@Fe<sub>3</sub>O<sub>4</sub> NPs, which could increase the local temperature of the tumor, thereby catalyzing H<sub>2</sub>O<sub>2</sub> to generate OH.<sup>55</sup> Similarly, PEGylated SWCNTs were used for Mc-targeted PDT.<sup>68</sup>

Compared with the above four types of St-Mc-DDSs, St-Mc-DDSs with St-Mc drug loading in common materials has a simpler design and preparation requirements for dosage forms. They can even be administered directly.<sup>157</sup> In general, it is necessary to prepare St-Mc-DDSs with suitable structural properties based on the properties of the given drug and material.

## Clinical Research Progress

PDT is considered a prospect effective therapy without obvious side effects. Photofrin® (a hematoporphyrin-derived photosensitizer) is a powder injection to cure various cancers such as colorectal carcinoma,<sup>158</sup> esophageal cancer,<sup>159</sup> and malignant cutaneous neoplasms.<sup>160</sup> The application of micelle nanotechnology further enhances Photofrin® delivery and efficacy at the cellular level.<sup>161</sup> Visudyne® (a liposomal photosensitizer containing a second-generation photosensitizer derived from porphyrin) is clinically used to treat subfoveal choroidal neovascularization<sup>162,163</sup> and has been found to be preclinically effective for cancer treatment.<sup>164</sup> Ameluz® (containing 10% of the photosensitizer 5-aminolevulinic acid) is a non-sterile white-to-yellow nanoemulsion-based gel for topical use to clinically detect and treat bladder cancer<sup>165,166</sup> or cure melanoma skin cancer.<sup>167</sup> In addition to light-

responsive St-DDSs, other stimuli-responsive St-DDSs are developed in different clinical phases. They are thermoresponsive liposomes ThermoDox to cure breast tumor (phase II) and liver cancer (phase III); the enzyme-responsive polymeric nanoparticles Opaxio to cure ovarian carcinoma; and the magnetic field-responsive iron oxide NanoTherm for the treatment of glioblastoma. One significant characteristic of these promising St-DDSs is their simple formulation, which favors their preclinical to clinical transformation.<sup>168,169</sup>

Some synthesized Mc-targeted compounds, such as MitoQ and SkQ1 (also called Visomitin), have already entered the clinical trial stage. Both are lipophilic antioxidants with TPP groups.<sup>170</sup> MitoQ is used to treat aging,<sup>171</sup> pulmonary hypertension, etc.,<sup>172</sup> while SkQ1 is used to treat conjunctivitis<sup>173</sup> in completed clinical trials. MitoQ is currently undergoing other clinical trials for pulmonary hypertension, etc. Unfortunately, all antioxidant tests are not for antitumor therapy. However, it is worth trying to perform the clinical transformation of other Mc-targeted compounds with TPP groups and their DDSs.<sup>34</sup> Some novel compounds with potent anticancer activity have been identified to use the Mc as a target and act on its metabolism in recent years. Venetoclax represents a first-in-class selective and effective Bcl-2 inhibitor.<sup>174</sup> It was approved by the United States FDA in 2016 to treat relapsed-refractory chronic lymphocytic leukemia. Its clinical dosage form is ordinary tablets. Ganetespib is an injectable small molecule drug. It has a favorable safety profile and promising early results by inhibiting heat shock protein 90. It has been investigated in multiple clinical trials of various tumors, such as metastatic pancreatic cancer (phase II),<sup>175</sup> relapsed-refractory small cell lung cancer (phase Ib/II),<sup>176</sup> and advanced carcinomas and sarcomas (phase I).<sup>177</sup>

To date, there are still no clinical antitumor investigations of St-Mc-DDSs or Mc-DDSs. In addition, there are only a few St-DDSs in the clinic or the clinical trial stage. Most of these compounds are still at the basic research or preclinical stages. The possible reasons are listed as follows.

1. Insufficient in vitro pharmaceutical data. The formulation consists of some excipients or critical materials that are not pharmaceutical grade and not approved for pharmaceutical application, and their components, purity, quality, function and toxicity are unclear. Most preparation processes are too

sophisticated for industrial production scale-up. The drug payload and encapsulation efficiency of most St-Mc-DDSs have not been determined, and some may not be high. Formulation stability has not been considered and investigated.

2. Insufficient *in vitro* release, *in vivo* pharmacokinetics and biodistribution data. Some *in vitro* release in suitable release media should be supplemented, and the media type should be chosen based on administrative pathways and designed release microenvironment. There is no *in vivo* pharmacokinetic behavior research or analysis of the bioavailability or pharmacokinetic parameters, such as the area under the plasma drug concentration versus time curve, peak time, clearance, etc. The relationship between the *in vivo* pharmacokinetics and *in vitro* release should be investigated. The biodistribution in different normal tissues and tumors, tissue fluids, cells, and organelles, particularly the Mc, should be clarified.
3. Insufficient pharmacodynamic data. Most studies are limited to one or two cell lines and/or several animal experiments and are still in the proof-of-principle stage. The effects of stimuli and Mc targeting on intracellular trafficking, action pathways, and clinical efficacy require further research. When targeting the Mc alone does not achieve the desired therapeutic effect, designing nanocarriers that target multiple organelles at the same time may be an alternative strategy since in-depth studies on lysosomes, the endoplasmic reticulum and other organelles have shown that these organelles are closely related to apoptosis or autophagy, which can affect tumorigenesis.
4. Insufficient safety data. No preliminary safety evaluation of the Sm-Mc-DDS including toxicity, immunogenicity and side effects in animals has been reported. Additionally, the positive stimuli to rats or mice may not be suitable or safe for patients.
5. The mutual interference or promotion of St stimuli and Mc-targeting in one DDS requires more experimental data. Theoretically, each Sm type may combine with each Mc targeting type or subtype, but in fact, there have been no reports of some En (other biomolecules outside our list) or Ex (temperature, ultrasound, electric pulse, etc.) stimuli-responsive St-Mc-DDSs. The chosen criterion is not clear.
6. Compared to single stimulus-response St-Mc-DDSs, multiple stimuli-response St-Mc-DDSs are more

difficult to achieve transformation. The latter is still in its infancy, their design principles are more complex than the former, and their fabrication and assembly processes are more difficult. Sometimes, failure to respond to one stimulus may lead to ineffectiveness of the whole system. Therefore, the sequence and degree of response to each stimulus should be further assessed.

## Summary and Outlook

Mc dysfunction plays a vital role in programmed cell death, such as apoptosis and necrosis. It is reasonable to choose the Mc as a novel target for an antitumor strategy. However, most drugs or nanocarriers on the market do not have Mc targeting functions, and they need to overcome many obstacles before reaching the tumor tissue, cells and Mc due to the complexity of the tumor tissue environment. The concept of Mc targeting, while seemingly simple in theory, has multiple subtly different practical approaches. Lipophilic cation such as TPP and IR-780 have good safety and clinical potential. IR-780 are also used for PDT/PTT therapy. Mc-targeting peptides such as KLA and MQ peptides, have positively charged and lipophilic amino acids. Mc-targeting aptamers are too expensive to make clinical transformation difficult. Peptides and aptamers may be unstable and cause unwanted side-effects due to large molecular weights. Mc materials form vesicles to deliver drug. NGO nanoparticles may achieve PDT/PTT effects. There are differences on the future status of various Mc-targeted approaches to cancer therapy. In this context, structurally modified and programmed micro/nanoparticles, which can be programmed using computation techniques to obtain En (pH, redox and enzyme) or Ex (light and magnetism) stimuli responsive to increase their accumulation in the Mc. Multifunctional nanocarriers with single/multiple stimuli-responsiveness and Mc targeting properties may better protect and deliver drugs, reduce normal tissue accumulation and enhance therapeutic effects. Stimuli-responsive system may be an effective way to improve Mc targeting delivery. An important biological hypothesis is that the tissue microenvironment can trigger a desirable event to a large extent from stimuli-responsive behavior. However, until now, no evidence supports this. The responsiveness should be considered as an important contributor to therapeutic efficacy, and an urgent necessity to assess in depth *in vivo* responsiveness that is intimately relevant for the functionality. Some

strategies had been proposed to amplify the responsiveness and improve the functionality.<sup>178–180</sup>

Undoubtedly, enormous efforts have been exerted in the design and basic research of St-Mc-DDS for cancer therapy, and the preliminary results are encouraging. However, the clinical transformation of St-Mc-DDSs is comparatively motionless. In order to address the challenges in clinical transformation, there is a great need to consider and perform the following measures in the future, which include but are not limited to choosing the drug using the Mc as a main target; choosing approved pharmaceutical excipients to formulate the St-Mc-DDS; choosing suitable stimuli according to the tumor site (superficial or deep tumor); optimizing the preparation method and choosing a method that is as simple as possible; and performing the necessary experiments (such as stability, pharmacokinetics and safety tests) needed for clinical trial application. Recently, advances in machine learning and artificial intelligence immensely decode and empower the cell-nanomaterial interaction modelling, which give modern to nanomedicine to predict the targeting and efficacy of payload to intracellular compartment<sup>181–183</sup> using in-silico methods.<sup>61</sup> This potentially decipher the quantitative nanostructure activity-relationship (Nano-QSAR) and promote the understanding of bio-physicochemical identity at the nano-bio interface. In this context, structurally modified and programmed micro/nanoparticles, which can be programmed using computation techniques to stimuli responsive and increase their accumulation in the mitochondria. The predictability of targeting and effectiveness, coupled with the clarity of the mechanism of action, may accelerate the clinical transformation of nanomedicine. We should follow innovative advantages and conduct prospective research. In addition, considering the fact that more than 10% of all cancer drugs in use today are nanodrug and irony is less 10% of clinical oncologist know this, future concept must evolve around the why there is a need for education and training in nanomedicine for future doctors? Emphasis must be their incorporation into the general medical curriculum the key concept in nanomedicine.

Role of EPR in cancer barrier is somewhat oversell considering less than 1% nanomedicine formulations follow the trend designed by using EPR. In the last decades, it has been increasingly recognized that there is large inter- and intra-individual heterogeneity in EPR-mediated tumor targeting, explaining the heterogeneous outcomes of clinical trials in which nanomedicine formulations have been

evaluated. To address this heterogeneity, as in other areas of oncology drug development, we have to move away from a one-size-fits-all tumor targeting approach, towards methods that can be employed to individualize and improve nanomedicine treatments.

Overall, St-Mc-DDSs may be innovative and sensitive precision medicines. They provide great potential for enhanced cancer treatment. This new strategy is expected to be applied in clinical practice as soon as possible and to open up new ideas for precision medicine soon.

## Abbreviations

AIE, aggregation-induced emission; APases, alkaline phosphatases; AuNSs, gold nanostars; BD, berberine derivative; CCM, curcumin; CPPs, cell penetrating peptides; CTPP, (4-carboxybutyl) triphenylphosphonium bromide; Cyt, cytochrome; DDSs, drug delivery systems; DMA, dimethylmaleic anhydride; DOPE, dioleoyl phosphoethanolamine; DOX, doxorubicin; DSPE, 1,2-distearoyl-sn-glycero-3-phosphoethanolamine; EGFR, epidermal growth factor receptor; En, endogenous; En/Sm-Mc-DDS, En stimuli-responsive Sm and Mc-targeted platforms; EphA 10, Eph receptor A10; EPR, enhanced permeability and retention effect; Ex, exogenous; GSH, glutathione; HAases, hyaluronidases; HPMa, N-(2-hydroxypropyl) methacrylamide; HPSC, HER-2 peptide-PEG2000-Schiff base-cholesterol; Hsp90, heat shock protein 90; ICG, indocyanine green; LPNPs, lipid polymer hybrid nanoparticles; mAb, monoclonal antibody; Mc, mitochondria; MDR, multidrug resistance; mPEG, methoxy PEG; MPP, Mc-penetrating peptide; MSN, mesoporous silica nanoparticle; MTS, Mc-targeting sequence; NGO, graphene oxide; NIPU, non-isocyanate polyurethane nanocapsule; NIR, near-infrared; OHA, oligomeric hyaluronic acid; PDA, polydopamine; PDT, photodynamic therapy; PEG, polyethylene glycol; PFOB, perfluorooctyl bromide; PLGA, poly (D,L-lactide-co-glycolide); PPA, pyropheophorbide A; PTT, photothermal therapy; PTX, paclitaxel; ROS, reactive oxygen species; St, stimuli-responsive; St-DDSs, stimuli-responsive drug delivery systems; St-Mc-DDSs, smart stimuli-responsive and mitochondria-targeting drug delivery systems; SPIONs, superparamagnetic iron oxide nanoparticles; SS, Szeto-Schiller; SWCNs, single-walled carbon nanotubes; TAT, transactivating transcriptional activator; TPP, triphenylphosphonium; UCNP, upconversion nanoparticle; UV, ultraviolet.



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## Disclosure

The authors declare no conflict of interest.

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