

# Enhanced Antibacterial Activity of Silver Nanoparticles Combined with Hydrogen Peroxide Against Multidrug-Resistant Pathogens Isolated from Dairy Farms and Beef Slaughterhouses in Egypt

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Fatma A El-Gohary<sup>1</sup>  
Lina Jamil M Abdel-Hafez<sup>2</sup>  
Amira I Zakaria<sup>3</sup>  
Radwa Reda Shata<sup>3</sup>  
Amin Tahoun<sup>4</sup>  
Amany El-Mleeh<sup>5</sup>  
Eman A Abo Elfadl<sup>6</sup>  
Ehab Kotb Elmahallawy<sup>7,8</sup>

<sup>1</sup>Department of Hygiene and Zoonoses, Faculty of Veterinary Medicine, Mansoura University, Mansoura 35516, Egypt;

<sup>2</sup>Department of Microbiology and Immunology, Faculty of Pharmacy, October 6 University, October 6 City, Giza, Egypt;

<sup>3</sup>Department of Food Hygiene and Control, Faculty of Veterinary Medicine, Mansoura University, Mansoura 35516, Egypt;

<sup>4</sup>Department of Animal Medicine, Faculty of Veterinary Medicine, Kafrelshkh University, Kafrelsheikh 33511, Egypt;

<sup>5</sup>Department of Pharmacology, Faculty of Veterinary Medicine, Menoufia University, Shebin Elkom 32511, Egypt;

<sup>6</sup>Department of Animal Husbandry and Development of Animal Wealth (Biostatistics), Faculty of Veterinary Medicine, Mansoura University, Mansoura 35516, Egypt;

<sup>7</sup>Department of Biomedical Sciences, University of León (ULE), León 24071, Spain;

<sup>8</sup>Department of Zoonoses, Faculty of Veterinary Medicine, Sohag University, Sohag 82524, Egypt

Correspondence: Fatma A El-Gohary  
Email fatmagohary@mans.edu.eg

Ehab Kotb Elmahallawy  
Department of Zoonoses, Faculty of Veterinary Medicine, Sohag University, Sohag 82524, Egypt  
Email eehaa@unileon.es

**Purpose:** The last few decades have witnessed a rapid and global increase in multidrug-resistant bacteria (MDR) emergence.

**Methods:** The aim of the current study is to isolate the most common MDR bacteria from dairy farms and beef slaughterhouses followed by evaluation of their antimicrobial resistance pattern and assessment of the antibacterial activity of AgNPs-H<sub>2</sub>O<sub>2</sub> as an alternative to conventional antibiotics. In this regard, 200 samples were collected from two dairy farms and one beef slaughterhouse located in Dakhliya Governorate, Egypt.

**Results:** Interestingly, out of 120 collected samples from dairy farms, the prevalence of the isolated strains was 26.7, 23.3, 21.7, 16.7, and 11.7% for *S. typhimurium*, *E. coli* O157:H7, *L. monocytogenes*, *K. pneumoniae* and *P. aeruginosa*, respectively. Meanwhile, the overall prevalence was 30, 25, 22.5, 17.5, and 5% for *E. coli* O157:H7, *L. monocytogenes*, *S. typhimurium*, *P. aeruginosa*, and *K. pneumoniae*, respectively, for the 80 samples collected from a beef slaughterhouse. The antimicrobial susceptibility pattern elucidated that all isolated strains exhibited resistance to at least four of the tested antimicrobials, with multiple-antibiotic resistance index values (MAR) ranging between 0.44 and 0.88. Furthermore, the commercial AgNPs-H<sub>2</sub>O<sub>2</sub> product was characterized by transmission electron microscopy (TEM) and zeta potential that showed spherical particles with a surface charge of -0.192 mV. The antimicrobial activity of synergized nano-silver (AgNP) with H<sub>2</sub>O<sub>2</sub> product toward MDR strains was assessed via measuring minimum inhibitory concentration (MIC), minimum bactericidal concentration (MBC), and time-kill curve.

**Conclusion:** The present data report high prevalence rates of MDR pathogens in dairy farms and abattoirs. More importantly, AgNPs-H<sub>2</sub>O<sub>2</sub> exerted broad-spectrum bactericidal activity toward MDR bacterial strains, suggesting their promising usage as safe, ecofriendly, cost-effective antibacterial agents. To our knowledge, this study is a pioneer in investigating the potential alternative antimicrobial role of silver nanoparticles for control of multiple drug-resistant pathogens in Egypt.

**Keywords:** MDR pathogens, MIC, MBC, time-kill curve, AgNPs-H<sub>2</sub>O<sub>2</sub>

## Introduction

Antimicrobial resistance (AMR) has been considered a serious global threat for animal and human health, food security, and development.<sup>1</sup> This global threat primarily results from the indiscriminate use of antimicrobial agents, which in

turn leads to a marked reduction or even losing their effectiveness.<sup>2,3</sup> It should be stressed that the antimicrobial-resistant pathogens jeopardize the treatment capacity of infectious diseases within human and veterinary medicine.<sup>4,5</sup> Clearly, the application of antimicrobials in food-producing animals, either for prophylactic and/or treatment purposes, generates a considerable selection pressure that contributes to the emergence, persistence, and transmission of antimicrobial resistance over the food supply.<sup>6,7</sup> The food of animal origin could be contaminated with various zoonotic pathogens that might result from inappropriate production, processing methods in animal farms and/processing feed lines, which in turn results in transmission of these pathogens to the consumers.<sup>8–10</sup> Among other diseases, mastitis is a multifactorial disease affecting milk production and quality in dairy farms.<sup>11</sup> Taken into account, the major sources of milk contamination in dairy farms include handling, management type, and hygienic practices within the farm,<sup>12</sup> and consequently numerous microorganisms can be derived from milk and the surrounding environment at farm level, representing vital sources of foodborne pathogens.<sup>13</sup> This issue constitutes a major public health hazard, whereas the most frequently causing and isolated pathogens are *Salmonella enterica*, *Escherichia coli* O157:H7, *Pseudomonas aeruginosa*, *Listeria monocytogenes*, and *Klebsiella pneumoniae*.<sup>14–16</sup> It is noteworthy to state that foodborne pathogens like *Staphylococcus aureus*, *Streptococcus agalactiae*, *Escherichia coli*, *Pseudomonas aeruginosa*, *Corynebacterium bovis*, and *Bacillus cereus* are considered primary causes of mastitis, which in turn leads to production losses and human illness due to the consumption of contaminated milk products.<sup>17</sup> Additionally, *L. monocytogenes* is also considered a foodborne pathogen, which is transmitted via meat, poultry, dairy, and vegetable products,<sup>18</sup> while *E. coli* O157:H7 is widely known as a main pathogen associated with foodborne illnesses observed in dairy products.<sup>19</sup> Taken into consideration, beef cattle also harbor pathogenic *E. coli*.<sup>20</sup> Moreover, *Klebsiella pneumoniae* is considered one of the environmental agents causing clinical and subclinical mastitis and reduces milk quality.<sup>21</sup> This pathogen causes severe mastitis owing to its antibiotic resistance, rapid development of toxic shock and animal deaths.<sup>22</sup> Furthermore, most human infections caused by *Salmonella* are foodborne origin acquired through foods of animal origin like milk and meat, or via animal contact and contaminated environments.<sup>23</sup> Clearly, the

inappropriate farm practices during the production, handling, and meat marketing facilitate transfer of foodborne pathogens to the meat and meat products. For combating this problem, the use of antibiotics has been considered the first choice of bacterial infection treatment in dairy cattle, particularly mastitis, resulting in dissemination of antibiotic residues in milk combined with potential risks of microbial resistance in the environment.<sup>24,25</sup> Furthermore, cattle are exposed to a wide range of contaminants, including bacterial type through feces, feed, or the environment, resulting in transfer of these organisms during slaughtering on the carcass, which poses high risk to food safety.<sup>26,27</sup> Moreover, the existence of commensal and environmental bacteria in the farm environment represents a major reservoir for transferring of antimicrobial resistance genes to pathogenic bacteria.<sup>28</sup> In addition, some actions during slaughter at abattoirs, such as evisceration and splitting, could contribute to carcass contamination.<sup>29,30</sup> This challenge is usually aggravated by the asymptomatic cattle carriers that represent a major public health hazard along the food chain.<sup>31,32</sup> Hence, more strict hygienic measures combined with law enforcement at abattoirs and during slaughter procedures are the key elements to reduce meat contamination chances.<sup>33</sup> Likewise, there is an urgent necessity to find environmentally ecofriendly alternatives to conventional antibiotics for combating the problem of widespread multidrug resistance (MDR) and its rapid emergence make.<sup>34</sup>

It is noteworthy to state that the recent years have witnessed a great progress about exploring the role played by nanotechnology in providing a great development and modification of nanoparticles (NPs) with exclusive physicochemical characters as a promising tool for use in medicine and farming to overcome the limitations caused by conventional antibiotics.<sup>35–38</sup> The application of nanomaterials, principally Silver nanoparticles (AgNPs), boosted the attention in various aspects; academic side, industry, and nanomedicine field.<sup>39,40</sup> AgNPs exhibited an amazing biocidal activity on a wide range of Gram-positive, Gram-negative bacteria, including foodborne pathogens such as *Escherichia coli* O157:H7, *Salmonella*, *Listeria monocytogenes*, *Campylobacter jejuni*, and *Staphylococcus aureus*.<sup>41–43</sup> The suggested mechanism behind AgNPs's actions includes their induction of cell death through generation of reactive oxygen species (ROS) in some bacteria including *E. coli*, *K. pneumoniae*, and *Pseudomonas aeruginosa*.<sup>36,44,45</sup> Importantly, less reports of bacterial resistance have

been documented towards AgNPs than against conventional antimicrobials.<sup>46</sup> The antimicrobial activity of NPs is guarded by various factors, such as the size, shape, stability, and the used concentration of NPs.<sup>47–49</sup> Taken into account, the most common and useful determinants of the relative biocidal activity of various synthetic nano-materials are minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) values.<sup>50</sup>

Given the above information, the present study was initially undertaken to display the prevalence rates and the existence of MDR foodborne pathogens, mainly five major species, that include *Salmonella enterica*, *Escherichia coli* O157:H7, *Pseudomonas aeruginosa*, *Listeria monocytogenes*, and *Klebsiella pneumoniae* isolated from various sources. These sources include milk, bulk tank milk, milking utensils, beef carcasses, walls, knives, and workers' hands (swabs) from dairy farms and slaughterhouse in Dakahliya Governorate, Egypt. We also aimed to assess the antimicrobial activity of commercially synthesized AgNPs-H<sub>2</sub>O<sub>2</sub> on representative MDR isolated pathogens combined with exploring the bactericidal mechanism of AgNPs using various cellular assays.

## Materials and Methods

### Ethical Considerations

The ethical approval of the present study was obtained from guidance of Research, Publication and Ethics of the Faculty of Veterinary Medicine, Mansoura University, Egypt, which complies with all relevant Egyptian legislations on research and publications. The dairy workers who participated provided informed consent during swab collection and the study was in accordance with the guidelines outlined in the Declaration of Helsinki.

### Study Area, Samples Collection, and Preparation

In the present study, a total of 200 samples were collected from two dairy farms and one beef slaughterhouse located at El-Dakahlia Province, Egypt, during the period from September to November 2018. Regarding their distribution, the total number of samples collected from dairy farms was 120 at a rate of 20 samples from each source/farm, whereas these samples were collected and included samples from bulk tank milk (BTM) (100 mL), milking utensils, and dairy workers' hand swabs. Regarding the beef slaughterhouse, the total number of collected samples was 80, at a rate of 20 samples from each source, and the samples

included beef carcass samples (25 gm), wall, knives, and workers' hand swabs that were collected under complete aseptic conditions. All samples were then transported into an icebox to the laboratory of Hygiene and Zoonoses Department, Mansoura University, and subjected for further processing. Later on, five major types of bacteria were isolated and characterized from collected samples; including *E. coli* O157: H7, *Listeria monocytogenes*, *Salmonella typhimurium*, *Pseudomonas aeruginosa*, and *Klebsiella pneumoniae*, following the protocol described elsewhere.<sup>51</sup> The isolation and characterization steps were carried out using appropriate selective culture media, and various incubation conditions then the colony characters, morphology, and biochemical profiles were done. Furthermore, the confirmation of the identified strains was carried out through serological identification and molecular characterization as described elsewhere.<sup>21,52–55</sup>

### Antimicrobial Susceptibility Testing and Isolation of MDR Bacteria

The antimicrobial susceptibility patterns for confirmed *E. coli* O157:H7, *Listeria monocytogenes*, *Salmonella typhimurium*, *Pseudomonas aeruginosa*, and *Klebsiella pneumoniae* strains to selected antibiotics (Oxoid, Hampshire, UK) are mentioned in Table 1. These patterns were done by Kirby–Bauer disc diffusion test using Mueller-Hinton Agar (MHA) (BioMérieux, Vienna, Austria) according to the guidelines of the Clinical and Laboratory Standards Institute (CLSI).<sup>56</sup> The isolates were classified as resistant, intermediate, or susceptible via measuring the inhibition zone diameter around each disk, as described by CLSI.<sup>56</sup> The multiple drug resistance (MDR) index for each resistance pattern was then calculated from the number of resistances to antimicrobials of each strain, divided by total number of antimicrobials tested.<sup>57</sup> The isolates that exhibited resistance to three or more antimicrobials were considered as multidrug-resistant strains.<sup>58</sup>

### Bacterial Preparation and Culture Conditions

The bacterial strains (N=10) which exhibited MDR to three or more antibiotics were prepared according to methods mentioned elsewhere.<sup>36</sup> Briefly, all bacterial cultures were inoculated in Mueller Hinton broth (MHB) (BioMérieux, Vienna, Austria) and grown aerobically at 37°C/24 hours, then a loopful was streaked on MHA plates and sub-cultured for purification on the same medium. Pure colonies were subjected to harvesting and kept at

**Table 1** Antibiotics Used to Test Antimicrobial Susceptibility of Five Types of Bacteria

Bacteria	Antimicrobials
<i>S. typhimurium</i>	Sulfamethoxazole-trimethoprim (25 µg), Chloramphenicol (30 µg), Ciprofloxacin (5 µg), Amoxicillin (25 µg), Norfloxacin (10 µg), Nalidixic acid (30 µg), Cefotaxime (30 µg), Cephalexin (30 µg)
<i>Listeria monocytogenes</i>	Rifampicin (5 µg), Oxacillin (1 µg), Tetracycline (30 µg), Amoxicillin (10 µg), Gentamycin (10 µg), Cefotaxime (30 µg), Cefepime (30 µg), Sulfamethoxazole-trimethoprim (25 µg), Carbenicillin (30 µg), Ampicillin (10 µg), Chloramphenicol (30 µg)
<i>Klebsiella pneumoniae</i>	Neomycin (30 µg), Kanamycin (30 µg), Tetracycline (30 µg), Nalidixic acid (30 µg), Streptomycin (10 µg), Gentamycin (10 µg), Chloramphenicol (30 µg), Ampicillin (10 µg)
<i>Pseudomonas aeruginosa</i>	Ciprofloxacin (5 µg), Neomycin (30 µg), Norfloxacin (10 µg), Streptomycin (10 µg), Kanamycin (30 µg), Levofloxacin (5 µg), Carbapenem (100 µg), Cephalexin (30 µg), Cefepime (30 µg)
<i>E. coli</i> O157:H7	Chloramphenicol (30 µg), Ampicillin (10 µg), Tetracycline (30 µg), Streptomycin (10 µg), Cefotaxime (30 µg), Carbenicillin (30 µg), Erythromycin (15 µg), Cephalexin (30 µg)

–80°C. Microbial inoculum of 0.5 McFarland was then prepared by the direct colony suspension method as recommended by the guidelines of the CLSI.<sup>56</sup> The bacterial turbidity was adjusted spectrophotometrically using a 6715 UV/Visible scanning spectrophotometer (Jenway, Canada) to 0.08–0.12 at an optical density (OD) of 625 nm, giving a microbial suspension of (1–2)×10<sup>8</sup> colony forming unit (CFU)/mL.

## Characterization of Commercial AgNPs-H<sub>2</sub>O<sub>2</sub>

AgNPs-H<sub>2</sub>O<sub>2</sub> (Top Superpower-vision) was kindly purchased and provided as a commercial product by El-Delta center for nano silver technology company, Mansoura, Egypt. The stock solution of product composed of 45 nm silver nanoparticles (0.00004467 mL/liter) with Hydrogen Peroxide (50% liter) and natural herbs, peppermint (1 mL/liter) at a concentration of 5 mL/liter of water then the product was diluted in Mueller Hinton broth

(MHB). The morphology and the average size of the commercial nanoparticle were characterized via TEM and zeta potential as described elsewhere,<sup>59</sup> using the Malvern Instruments Ltd. Zeta Potential Ver. 2.3 at the Central Laboratory, Electron Microscope Unit, Faculty of Agriculture, Mansoura University, Mansoura, Egypt

## In vitro Antimicrobial Activity of AgNPs-H<sub>2</sub>O<sub>2</sub> Against MDR Strains

### Determination of Minimum Inhibitory Concentration Value (MIC)

The inhibitory power of AgNPs-H<sub>2</sub>O<sub>2</sub> product against MDR bacterial strains (N=5) was evaluated using MIC. The MIC was determined by broth microdilution method according to the guidelines of the CLSI.<sup>60</sup> In detail, MIC was performed in 96-well microtiter plates by two-fold microdilution method. AgNPs-H<sub>2</sub>O<sub>2</sub> mixture was prepared to a desired commercial concentration by dilution in sterile distilled H<sub>2</sub>O and then the mixture was diluted by 1/10 in sterile Mueller Hinton Broth (MHB). In this regard, a volume of 50 µL of MHB was seeded in each well, starting from the 2nd well to the 11th one followed by 2-fold microdilution of commercial nanoparticle in MHB. Later on, 100 µL of this mixture was inoculated in the first well, then 50 µL was transferred to the next wells except for the 12th one serving as a control negative (drug-free well). Then, 50 µL of bacterial suspension diluted to 1/150 in sterile MHB with microbial inoculum of 10<sup>6</sup> was dispensed in all wells followed by well mixing of the plates, and the plates were incubated at 35°C for 24 hours. The MIC is defined as the point at which bacterial growth was completely inhibited in microdilution wells that could be detected visually under transmitted light by the absence of turbidity. Hence, the first well showed no microbial growth was considered as the MIC, expressed in µg/mL. To determine the MICs of AgNPs of all tested strains, they were exposed to 0–100 µg/mL AgNPs. Furthermore, the MIC of each isolate was determined in triplicate for verification of the data. The experiment was included media alone and media which contain AgNPs as reference controls. As mentioned above, all samples were plated in triplicate to evaluate the reproducibility of the method and values were expressed as the average of three independent experiments.

### Determination of Minimum Bactericidal Concentration (MBC)

The lowest concentration of AgNPs-H<sub>2</sub>O<sub>2</sub> mixture required to kill 99.9% of final bacterial inoculum is known as MBC, which was determined after broth



microdilution by sub-culturing 50  $\mu$ L from all wells without visible turbidity on MHA plates and incubated at  $35 \pm 1^\circ\text{C}$  for 16–18 hours. The plates were then investigated for the presence or absence of bacterial colonies and the MBC was defined as the lowest concentration of NPs that completely inhibits the bacterial growth.<sup>61</sup> The mode of activity of NPs product was assessed by MBC/MIC ratio, where scores of 1, 2, and 4 are considered bactericidal, and bacteriostatic if scores  $>4$ .<sup>62</sup> Likewise, the lowest dilution without visible macroscopic bacterial growth was defined as MBC. This was done according to the CLSI method for antimicrobial drugs, described in the document M7-A9.<sup>63</sup>

### Time-Kill Test (Time-Kill Curve)

The dynamic interaction between AgNPs- $\text{H}_2\text{O}_2$  and MDR bacterial strains was determined using time-kill test under AgNPs concentration equal to  $0.25 \times \text{MIC}$  and  $1 \times \text{MIC}$  as described elsewhere.<sup>56</sup> Briefly, after reading the MIC for each AgNPs- $\text{H}_2\text{O}_2$  and MDR bacterial strains, three tubes with 10 mL MHB of  $5 \times 10^5$  CFU/mL bacterial suspension were tested at  $0.25 \times \text{MIC}$  and  $1 \times \text{MIC}$ , and the third one was serving as growth control, while AgNPs- $\text{H}_2\text{O}_2$  was replaced for MHB as a control negative. All tubes were then incubated at  $35 \pm 1^\circ\text{C}$  for varied interval times (2, 4, 6, 8, 12, and 24 hours).<sup>64</sup> The number of viable/dead bacterial cells (CFU/mL) of each tube was quantified on MHA plates using the agar plate method in relation to time intervals. These numbers were plotted on a graph describing the time-kill curve compared to positive and negative controls' curves.<sup>48</sup>

### Statistical Analysis

The statistical analysis was performed using statistical package SPSS, 23. The frequency of inhibited samples was compared between different concentrations of the drug. Moreover, kappa test was used to test the degree of agreement between MIC and MBC results. Results were considered significant at  $P < 0.05$ , then the mean concentration of CFU were compared at different points of time using an analysis of variance (ANOVA) test to detect differences between means. Finally, Duncan multiple range test was used to make different comparisons between the means. Data were presented as means and standard errors and results were considered significant when  $P < 0.05$ .

## Results

### The Prevalence of MDR Bacterial Species Among Examined Dairy Farms and Beef Slaughterhouse

The prevalence and frequency distribution of bacterial species from dairy farms and an abattoir are presented in Table 2. Among others, *S. typhimurium* was the most dominant bacterial species (26.7%) isolated from collected samples of examined dairy farms, where milking utensils harbored the highest prevalence of 35%, followed by workers' hand swabs (25%), while the lowest prevalence was from BTM (20%). Following *S. typhimurium*, *E. coli O157:H7* had the second prevalence level of 23.3%, whereas the frequency of isolation was 30%, 25%, and 15% for BTM, milking utensils, and workers' hands swabs, respectively. The overall prevalence of *L. monocytogenes* was 21.7% among dairy farm samples while the recovery rate among the analyzed sources was 25%, 20%, and 20% for workers' hands swabs, BTM, and milking utensils, respectively. Out of 120 collected samples from dairy farms, *K. pneumoniae* was recovered at a rate of 16.7%, whereas the BTM possessed the higher isolation rate of 25% followed by workers' hands swabs (15%) and milking utensils (10%). On the other hand, *P. aeruginosa* has shown the lowest prevalence of the detected bacteria among all isolated species (11.7%), while the sequence of isolation rate from farm sources was 20%, 10%, and 5% from workers' hands swabs, milking utensils, and BTM, respectively.

In accordance with samples collected from the beef slaughterhouse, out of the 80 collected samples, the overall prevalence was 30%, 25%, 22.5%, 17.5%, and 5% for *E. coli O157:H7*, *L. monocytogenes*, *S. typhimurium*, *P. aeruginosa*, and *K. pneumoniae*, respectively. Moreover, knife, workers' hands swabs and carcasses were the major sources of *E. coli O157:H7*, with recovery rates of 40%, 40%, and 30%, respectively. Meanwhile, the hotspots of *L. monocytogenes* contamination in slaughterhouse were found to be high on wall swabs (40%), followed by carcasses (30%) and 20% on knife swabs. Most *S. typhimurium* in the slaughterhouse was isolated from wall swabs and carcasses (both were 30%), followed by workers' hands swabs (20%), while the least was detected from knife swabs (10%). No major differences among different sources were found for *P. aeruginosa* isolation. *K. pneumoniae* was mostly isolated

**Table 2** Frequency Distribution of Bacterial Species Recovered from Dairy Farms and Slaughterhouse

Sampling Site	Sampling Source	Prevalence of Bacterial Isolates – Number (%)				
		<i>E. coli</i> O157:H7	<i>L. monocytogenes</i>	<i>S. typhimurium</i>	<i>P. aeruginosa</i>	<i>K. pneumoniae</i>
Dairy farms	BTM	12 (30)	8 (20)	8 (20)	2 (5)	10 (25)
	MU	10 (25)	8 (20)	14 (35)	4 (10)	4 (10)
	WHSs	6 (15)	10 (25)	10 (25)	8 (20)	6 (15)
Total		23.3	21.7	26.7	11.7	16.7
Beef slaughterhouse	Carcass	6 (30)	6 (30)	6 (30)	2 (10)	0
	KSs	8 (40)	4 (20)	2 (10)	4 (20)	2 (10)
	WSs	2 (10)	8 (40)	6 (30)	4 (20)	0
	WHSs	8 (40)	2 (10)	4 (20)	4 (20)	2 (10)
Total		30	25	22.5	17.5	5

**Notes:** Number of samples; 120/dairy farm samples, 80/slaughterhouse samples.

**Abbreviations:** BTM, bulk tank milk; MU, milking utensils; KSs, knives' swabs; WSs, wall swabs; WHSs, workers' hands swabs.

from knives' and workers' swabs at the rate of 10%, and could not be detected from the other sources.

## Antimicrobial Resistance Patterns of Isolated Bacterial Species from Dairy Farms and Abattoir

Among all the isolated strains, 40 confirmed bacterial strains were isolated from dairy farms and the abattoir (five/each bacterial strain) that were subjected to antimicrobial sensitivity testing using disk-Bauer diffusion method to assess their resistance patterns (Table 3).

As depicted in Table 3, the percentage of overall resistance patterns of the isolated strains from dairy farms with their corresponding bacteria was as follow: 37.5%, 46.2%, 25%, 28.6%, and 70%, for *E. coli* O157:H7, *L. monocytogenes*, *S. typhimurium*, *P. aeruginosa*, and *K. pneumoniae*, respectively. Clearly, these results indicate that *K. pneumoniae* showed the highest resistance level among the isolated bacterial species from dairy farms. Meanwhile, the percentage of the resistance level of isolated strains from beef abattoir samples vs their corresponding bacterial species was as follows: 85.7%, 50%, 44.4%, 25%, and 20% for *P. aeruginosa*, *K. pneumoniae*, *S. typhimurium*, *E. coli* O157:H7, and *L. monocytogenes*, respectively. According to these results, a multiple antimicrobial resistances (MAR) index was determined and revealed that all isolated strains exhibited resistance to at least four antimicrobials.

Collectively, MAR index values ranged between 0.44–0.88, whereas *K. pneumoniae* had the highest MAR index

**Table 3** Multidrug Resistance Patterns (MDR) of Recovered Bacterial Species (N=40) from Dairy Farms and a Beef Slaughterhouse

Bacterial Species	% of Resistant Dairy Farm Isolates	% of Resistant Beef Abattoir Isolates	MDR Pattern*	MAR Index
<i>E. coli</i> O157:H7	35.7	25	E, AM, TE, S	0.5
<i>L. monocytogenes</i>	46.2	20	RA, CTX, TE, CN, C	0.45
<i>S. typhimurium</i>	25	44.4	SXT, C, NOR, AM, CIP	0.63
<i>P. aeruginosa</i>	28.6	85.7	CIP, NOR, S, LEV	0.44
<i>K. pneumoniae</i>	70	50	N, K, TE, C, NA, AM, CN	0.88

**Notes:** \*Erythromycin (E; 15 µg), Rifampicin (RA; 5 µg), Chloramphenicol (C; 30 µg), Norfloxacin (NOR; 10 µg), Levofloxacin (LEV; 5 µg), Neomycin (N; 30 µg), Nalidixic acid (NA; 30 µg), Ciprofloxacin (CIP; 5 µg), Tetracycline (TE; 5 µg), Amoxicillin (AM; 25 µg), Cefotaxime (CTX; 30 µg), Kanamycin (K; 30 µg), Trimethoprim/sulphamethoxazole (SXT; 25 µg), Gentamycin (CN; 10 µg), Streptomycin (S; 10 µg).

**Abbreviation:** MAR, multiple antibiotic resistance index.

of 0.88, with demonstrated resistance to six antimicrobials (neomycin, kanamycin, tetracycline, nalidixic acid, amoxicillin, and gentamycin). Recovered *S. typhimurium* strains had a MAR index of 0.63 with a resistance profile to five antimicrobials; norfloxacin, amoxicillin, ciprofloxacin, Chloramphenicol, and Trimethoprim/sulphamethoxazole. Furthermore, the confirmed *E. coli O157:H7* strains exhibited resistance to erythromycin, amoxicillin, tetracycline, and streptomycin, with a MAR index of 0.5. Regarding *L. monocytogenes*, they demonstrated resistance to five antimicrobials; Rifampicin, Cefotaxime, tetracycline, gentamycin and chloramphenicol, with a MAR index value of 0.45. On the other hand, *P. aeruginosa* had the lowest MAR index value of 0.44 with a resistance pattern to ciprofloxacin, norfloxacin, streptomycin, and levofloxacin.

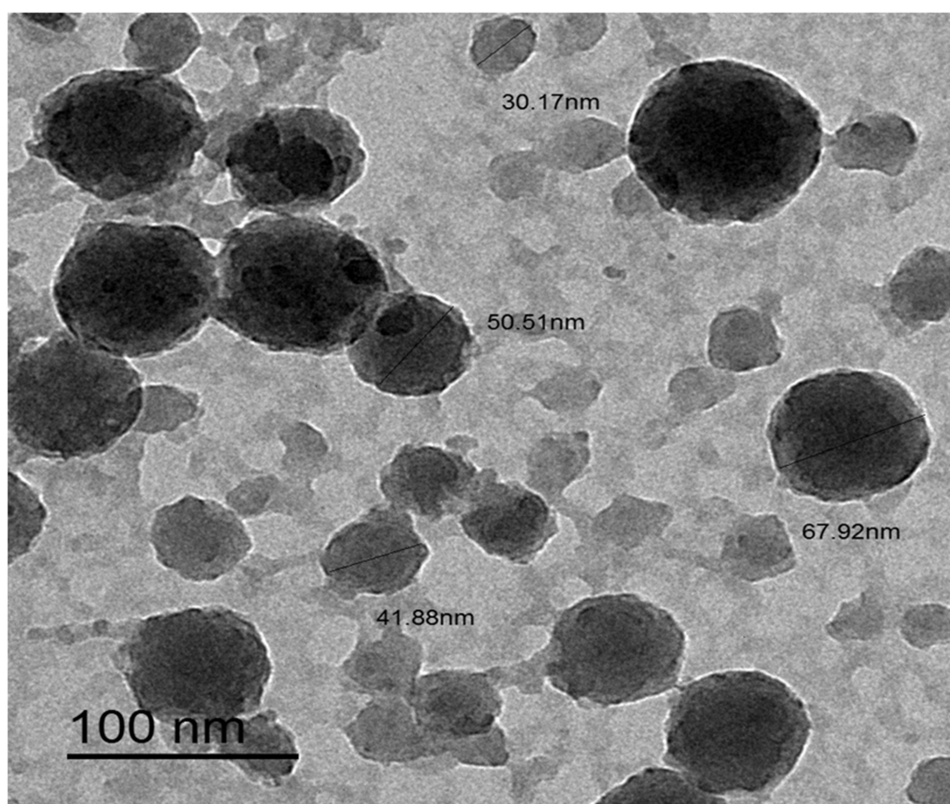
### Characterization of AgNP-H<sub>2</sub>O<sub>2</sub> Product

Figures 1 and 2 display the TEM images and zeta potential of the used AgNPs-H<sub>2</sub>O<sub>2</sub> product. A stock solution of 100 nm silver nanoparticles product was made in culture media and further dilutions were made in Luria-Bertani broth. The morphology, shape, and size of NPs were measured by TEM

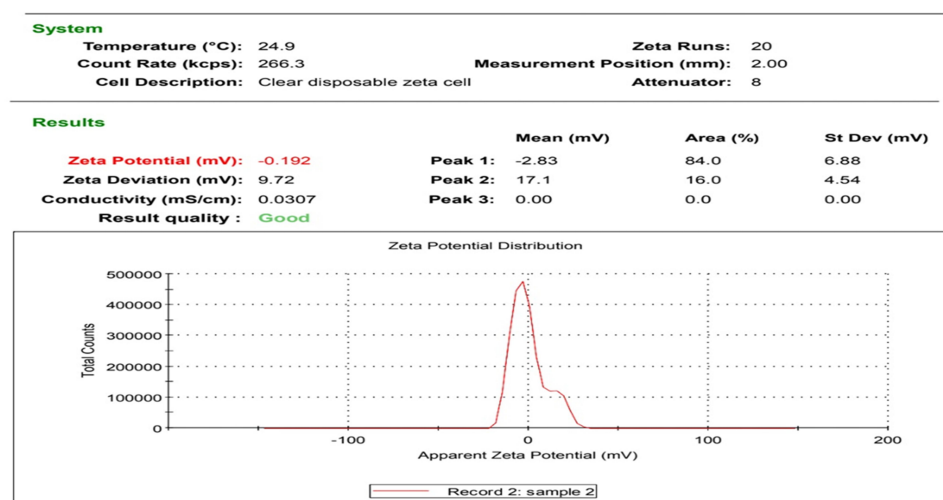
and a Malvern Nano Zeta Sizer (Malvern Zetasize Nano-zs90). The nanoparticles exhibited spherical appearance with a well-defined particle size range (30.17–67.92 nm) that has a zeta potential estimation of −0.192 mV.

### Antimicrobial Activity of AgNPs-H<sub>2</sub>O<sub>2</sub> on MDR Bacteria

The microtiter broth dilution method was used to assess the bactericidal activity of AgNPs-H<sub>2</sub>O<sub>2</sub> against MDR bacteria (Table 4). MIC values of the product to inhibit bacterial growth were 6.25, 12.5, 3.125, 6.25, and 25 µg/mL for *E. coli O157:H7*, *L. monocytogenes*, *S. typhimurium*, *P. aeruginosa*, and *K. pneumoniae*, respectively. The MBC of AgNPs-H<sub>2</sub>O<sub>2</sub> ranged between 6.25 and 50 µg/mL for all tested strains. The MBC/MIC ratio is a measure that indicates the bactericidal capacity of the investigated compound. The association between MIC and MBC tests was measured by Kappa test. High association levels between both tests (83, 82, and 80%) were detected for *S. typhimurium*, *E. coli O157:H7*, and *K. pneumoniae*, respectively. However, a low association (30%) was recorded for both *L. monocytogenes* and *P. aeruginosa* (Table 4).



**Figure 1** Characterization of AgNPs-H<sub>2</sub>O<sub>2</sub> product, TEM micrographs and size distribution for silver (scale bar: 100 nm), micrographs displays AgNPs-H<sub>2</sub>O<sub>2</sub> with sizes ranging from (30.17–67.92 nm) based on TEM images.



**Figure 2** Zeta-potential of AgNPs-H<sub>2</sub>O<sub>2</sub> product, -0.192 mV surface charge – good quality nanoparticles.

In the current study, AgNPs-H<sub>2</sub>O<sub>2</sub> exerted a bactericidal effect toward all tested strains except for *P. aeruginosa* that expressed bacteriostatic action. As previously mentioned, the bactericidal effect of AgNPs-H<sub>2</sub>O<sub>2</sub> on MDR bacteria, namely; *E. coli* O157:H7, *L. monocytogenes*, *S. typhimurium*, *P. aeruginosa*, and *K. pneumoniae*; isolated from dairy farms and a beef abattoir was assessed using various tests (MIC, MBC, and time-kill assay). The time-dependent bactericidal activity of AgNP product is shown in Figure 3 and this assay was done with respect to the MIC value of each selected strain. The bactericidal activity was evaluated by the actual reduction of cell viabilities (CFU/mL) at time intervals 2, 4, 6, 8, 12, and 24 hours for each isolate. All tested strains had high growth at 2 and 4 hours post-contact with AgNPs-H<sub>2</sub>O<sub>2</sub> product. Importantly, the growth declined at 6 hours and reached complete inhibition at 24 hours, with the exception of *P. aeruginosa*, which showed instant bacterial growth even after 24 hours.

## Discussion

Cattle are considered a main reservoir for several zoonotic pathogens.<sup>65–67</sup> The present study reported novel interesting data about the relatively high prevalence of various zoonotic MDR bacteria isolated from dairy farms and a beef slaughterhouse combined with an evaluation of their antimicrobial resistance patterns and assessment of the antibacterial activity of AgNPs-H<sub>2</sub>O<sub>2</sub> as an alternative to conventional antibiotics. To our knowledge, the current work is the first study that involves exploring the role of silver nanoparticles for control of multiple drug-resistant pathogens isolated from dairy farms and beef slaughterhouses in Egypt.

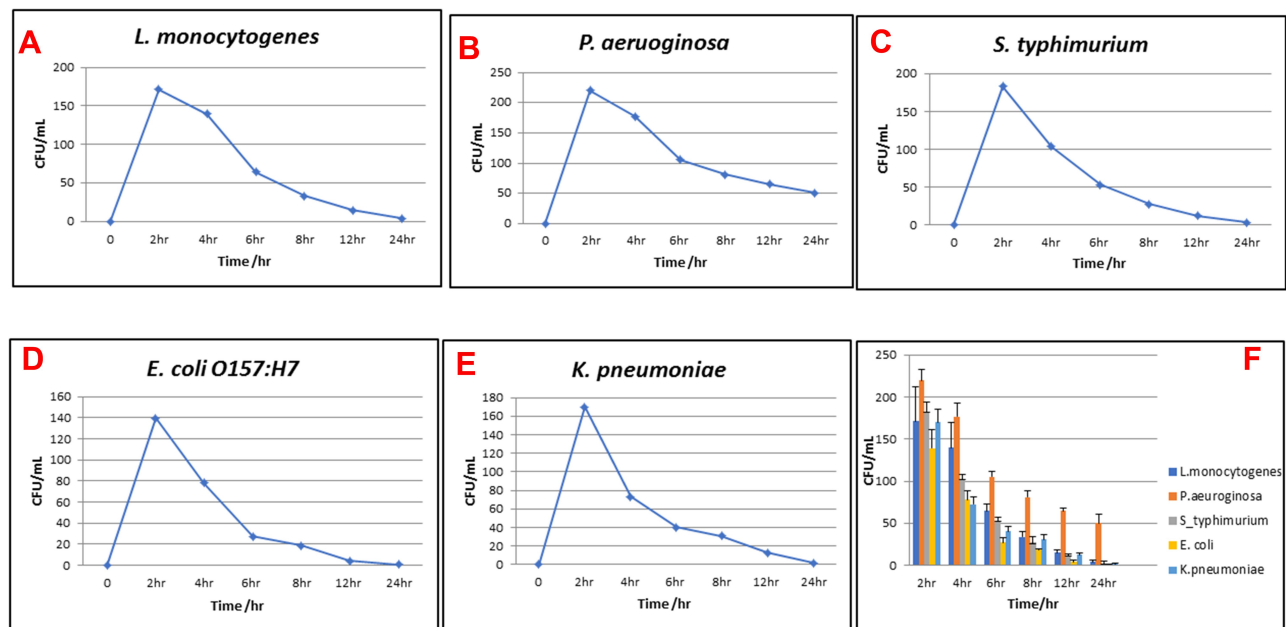
Several previous studies revealed that several zoonotic pathogens, including *E. coli* O157:H7, colonize the intestine of cattle and excreted in the feces and are not being expelled in the milk;<sup>65–67</sup> however, the fecal contamination of milk during its collection has been reported.<sup>68</sup> Notably, as depicted in Table 2, our study reported a relative high

**Table 4** MIC, MBC Values, and MBC/MIC Ratio of Commercial AgNPs-H<sub>2</sub>O<sub>2</sub> Product Against MDR Bacterial Species

MDR Bacteria	Concentration (µg/mL)		MBC/MIC Ratio	P-value	Degree of Agreement Between MIC and MBC Tests %*
	MIC	MBC			
<i>E. coli</i> O157:H7	6.25	12.5	2	<0.0001	82
<i>L. monocytogenes</i>	12.5	50	4	<0.0001	30
<i>S. typhimurium</i>	3.125	6.25	2	<0.0001	83
<i>P. aeruginosa</i>	6.25	50	8	<0.0001	30
<i>K. pneumoniae</i>	25	50	2	<0.0001	80

**Note:** \*Kappa test association.





**Figure 3** Time-kill assays of AgNPs-H<sub>2</sub>O<sub>2</sub> against multidrug-resistant bacteria. (A) *L. monocytogenes*, (B) *P. aeruginosa*, (C) *S. typhimurium*, (D) *E. coli* O157:H7, (E) *K. pneumoniae*, and (F) comparison of time-kill assay of AgNPs-H<sub>2</sub>O<sub>2</sub> against all tested MDR bacteria. The measurements were made at 0, 2, 4, 6, 8, 12, and 24 hours post-treatment, viability of microorganisms expressed by CFU/mL, data points represented by mean±SEM for triplicates of each experiment.

prevalence rate of 23.3% and 22.5% for *E. coli* O157:H7 isolated from dairy farms and a beef abattoir, respectively. The prevalence rate was 30% in both BTM and carcasses from dairy farms and the slaughterhouse, respectively. The present prevalence is higher than reported in some previous studies.<sup>69,70</sup> This variation might be attributed to poor hygienic measures adapted at both farms and abattoirs,<sup>69,70</sup> besides the skin/fecal-carcass contamination at processing plants that play a vital role in carcass contamination.<sup>66</sup> On the contrary, the lower prevalence rates of *E. coli* O157:H7 (2.7%, 3.2%, and 8%) from beef samples in abattoirs were reported in previous studies.<sup>71–73</sup> Also, a low isolation rate of 10% from BTM was recorded elsewhere.<sup>74</sup> In accordance with *L. monocytogenes*, it is classified as the third main pathogen that spread via food and its existence in milk and dairy products, besides having adverse effects on the dairy industry and public health.<sup>75–78</sup> *L. monocytogenes* can be transmitted to humans through contaminated milk and meat.<sup>79,80</sup> In the present study, the prevalence rate of *L. monocytogenes* was 21.7% and 25% from dairy farms and the slaughterhouse, respectively. Taking this into account, milking utensils had the highest isolation rate, at 25%, followed by 20% for both BTM and workers' hands swabs. These results concurred with several previous findings which isolated *L. monocytogenes* by a percentage of 21–26% from raw milk.<sup>81,82</sup> Additionally, another previous

study reported that 20% of BTM samples harbored *L. monocytogenes* in a dairy farm.<sup>83</sup> All these findings refer to infected animals, bad silage quality, and inadequate hygienic measures as possible sources of *L. monocytogenes* contamination in dairy farms.<sup>84</sup> Our findings also reveal a high prevalence level of *L. monocytogenes* in the abattoir, which is supported by several previous studies which indicated that transportation stress of animals results in increasing shedding rates of the bacterium.<sup>85,86</sup>

In fact, *S. typhimurium* is one of the most frequent zoonotic pathogens that causes several human diseases due to consumption of contaminated foods, including meats and raw milk.<sup>87,88</sup> Interestingly, our obtained data from dairy farms showed high prevalence rates of *S. typhimurium* (26.7%), where there was ascending order of frequency of isolation levels that were 35%, 25%, and 20% from milking utensils, workers' hands swabs, and BTM, respectively. These results are closely correlated with those reported in a previous study where *Salmonella* spp. could be isolated from bulk tank milk and cull dairy cow fecal samples.<sup>89</sup> On the other hand, lower isolation rates of 9% and 8% of *Salmonella* from milk and workers' hands swabs were reported in a previous study in Sharkia, Egypt.<sup>90</sup> Another previous study did not identify *Salmonella* in BTM from dairy farms.<sup>91</sup> The variations of the current results vs the previous ones could be attributed to several

factors including the differences in hygienic and sanitation practices applied during milking.<sup>87,92</sup> Notably, high prevalence rates (26.7%) of *S. typhimurium* were found in the slaughterhouse, whereas the highest frequency level of isolation (30%) was reported from carcass and wall swabs' samples. These data are in agreement with some previous reports.<sup>33,71</sup> Carcasses contaminated during evisceration or hide removal, repeated use of the slaughtering devices for different animals, improper utensils' sterilization, and sharpening knives on unclean objects all collectively contribute to high opportunities of *Salmonella* contamination in abattoirs.<sup>33,92</sup>

Regarding *P. aeruginosa*, it has been considered a pathogen of a wide host range. In cattle, *P. aeruginosa* has been linked to cause many diseases, particularly mastitis.<sup>93</sup> Previous studies have shown that the presence of *P. aeruginosa* in the milk samples may be due to many unhygienic maintenance defects that include inadequate cleaning of refrigerators or bulk coolers and may be due to contamination of milk with polluted water at farm level.<sup>94</sup> Remarkably, the data obtained from our current study shows that the distribution of *P. aeruginosa* among the dairy farms and slaughterhouses was 11.7% and 17.5%, respectively. Nearly similar isolation rates of 9.4% of *P. aeruginosa* were reported in previous works.<sup>94,95</sup> On the other hand, lower isolation rates of 3.6 and 5.4% were indicated in some previous reports.<sup>96,97</sup> This difference could be attributed to the previous mentioned factors related to unhygienic practices that lead to contamination of milk with polluted water at farm level.<sup>94</sup> In the same line, *Klebsiella* spp. are Gram-negative bacteria with considerable effects on milk production and animal survival.<sup>98</sup> It has been involved in mastitis outbreaks.<sup>99</sup> The overall prevalence of *K. pneumoniae* in our present results from dairy farms and an abattoir was 16.7% and 5%, respectively. These findings revealed the existence of this bacterium in the animal environment in various sources. A lower prevalence rate of 8.6% was reported in a previous report from dairy farms.<sup>100</sup> *Klebsiella* spp. are frequently shed in feces of healthy cows that results in higher contamination levels in the bedding, and manure in holding pens and alleyways that together lead to higher prevalence of *Klebsiella* on the skin of the teat and consequently milk contamination.<sup>101</sup>

As shown in Table 3, the antibiogram profile of the five isolated bacterial species from dairy farms and a beef abattoir revealed the emergence of multidrug resistance among

all isolated strains. As illustrated in Table 3, the recorded percentage of resistance of isolated strains from dairy farms was 70%, 46.2%, 35.7%, 28.6%, and 25% for *K. pneumoniae*, *L. monocytogenes*, *E. coli* O157:H7, *P. aeruginosa*, and *S. typhimurium*, respectively. Meanwhile, among abattoir samples, the resistance pattern was 85.7% for *P. aeruginosa* strains, 50% for *K. pneumoniae*, then 44.4%, 25%, and 20% for *S. typhimurium*, *E. coli* O157:H7, and *L. monocytogenes*, respectively. Clearly, the present data reveals that MDR bacteria were predominant among isolated strains as foodborne pathogens that have been augmented through the last decades.<sup>102</sup> The resistance pattern of the evaluated strains towards commonly used antibiotics in the veterinary field highlight that all bacterial strains had MAR to at least four antimicrobials. Our findings concurred with those reported elsewhere.<sup>103–107</sup> The high resistance of *E. coli* O157:H7, *L. monocytogenes*, and *K. pneumoniae* to tetracycline correlated to the extensive use of tetracycline in dairy farms for treatment of infectious diseases.<sup>108</sup> In the current study, all strains had a MAR index which ranged between 0.44–0.88, since it is well known that isolates which display a MAR index less than 0.2 are supposed to come from antibiotic-rare used sources.<sup>109</sup> These data confirm that the usage of antimicrobial agents is highly linked to the evolution risk of MDR bacteria.<sup>1</sup> It was formerly documented that resistant strains carefully chosen during an antimicrobial treatment extend for a long time in the intestinal tract when this treatment terminates. Moreover, these resistant strains could influence animal health and can be spread to other animals, particularly to their progeny and accompanying animals.<sup>110</sup>

Interestingly, examination of AgNPs-H<sub>2</sub>O<sub>2</sub> product using TEM and zeta potential represent a major potential tool for determining the morphology, size, and surface charge of nanoparticles, and consequently in understanding the physical stability of the nanosuspensions.<sup>111</sup> Nanosuspensions are known to have good physical activity when their nanocrystals have large positive or negative zeta potential values other than –30 mV to +30 mV because of the electrostatic repulsion of separate particles. The used product had a zeta potential value of –0.192 mV which refers to sufficient repulsive power inducing better physical colloidal stability with a high degree of dependability.<sup>112</sup> Meanwhile, nanoparticles aggregation and flocculation are associated with small zeta potential values due to the attractive forces of van der Waals acting upon them, which targets physical instability.<sup>113</sup>

Over the past decades, global concern has been directed toward MDR bacteria as a major challenge for human and animal health.<sup>114</sup> The control strategy of such bacteria is mainly based on the usage of conventional antibiotics. However, their inappropriate use can lead to a global disaster and push us to find alternatives for these drugs. Nanotechnology has been considered a biological nano weapon that helps in re-investigation of the biological characters of previously known antimicrobial compounds by controlling their size to modify their potential effects.<sup>115</sup> In the present study, we aimed to assess the antimicrobial activity of AgNPs-H<sub>2</sub>O<sub>2</sub> against MDR bacteria through several in vitro assays (MIC, MBC, and time-kill assay), and therefore, evaluating the efficacy of various concentrations and times on the cell viability of tested bacteria. MIC assay was used to determine the lowest concentration of the tested NPs necessary to completely inhibit the bacterial growth with increasing concentrations of the product. Our data revealed that all strains were sensitive to the tested NPs, where MIC values were as follows: 3.125 µg/mL for *S. typhimurium*, 6.25 µg/mL for both *E. coli* O157:H7 and *P. aeruginosa*, 12.5 µg/mL for *L. monocytogenes*, and 25 µg/mL for *K. pneumoniae*. MBC values of AgNPs-H<sub>2</sub>O<sub>2</sub> indicating that *S. typhimurium* had the highest sensitivity toward NP product at 6.25 µg/mL, while *E. coli* O157:H7 needed a higher concentration to inhibit their growth at 12.5 µg/mL, whereas *P. aeruginosa*, *L. monocytogenes*, and *K. pneumoniae* growth totally declined at 50 µg/mL. These findings are consistent with those of Zarei et al,<sup>116</sup> who reported antibacterial activity values of AgNPs against *S. typhimurium* were MIC of 3.12 µg/mL and MBC of 6.25 µg/mL. On the other hand, 2 µg/mL of AgNPs of 30 nm average size had a bacteriostatic effect on *P. aeruginosa*.<sup>117</sup> For all MDR strains, except for *P. aeruginosa*, the MBC/MIC ratios indicated that AgNPs-H<sub>2</sub>O<sub>2</sub> product has a bactericidal rather than bacteriostatic effect, which is favored clinically since bacterial death leads to a rapid infection termination, better clinical outcome, and less possibilities of resistance emergence and infection spread.<sup>115</sup> Consequently, these actions in turn reduce the emergence of resistance mutations.<sup>118</sup> It should be stressed that the silver nanoparticles have a broad-spectrum activity against Gram-negative bacteria including members of the genera *Escherichia*, *Pseudomonas*, and *Salmonella*, besides Gram-positive bacteria include *Clostridium*, *Listeria*, *Staphylococcus*, and *Streptococcus*,<sup>119</sup> through attaching to the bacterial cell membrane that results in disruption of its function,

invading bacteria, and releasing silver ions.<sup>120</sup> The post-treatment bacterial survival can be evaluated by time-kill assays to describe the least time required to induce bacteriostatic or bactericidal actions. Rapid bacterial reproduction time is one of the main essentials of bacterial infectivity, a characteristic that could be a good target for impeding a viable infection. Analysis of association degree using Kappa test between MIC and MBC results might confirm the compatibility between the two methods of evaluation besides revealing the higher association degree and the more dependability of the assays. Hence, kappa test offers more information than a simple calculation of the raw amount of agreement.<sup>121</sup> Assessing AgNPs-H<sub>2</sub>O<sub>2</sub> product bactericidal power in relation to MIC values and time declared its bactericidal power in a dose- and time-dependent manner. Our results are consistent with that reported in a previous study,<sup>122</sup> who found that *E. coli* count reduced from 10<sup>7</sup> to 10<sup>1</sup> CFU/mL at 14 hours post-treatment with silver ions,<sup>122</sup> and, therefore, the activity of nanoparticles may be like that of silver ions.<sup>123</sup> As observed in our study, the used nanoparticle is nanosilver in conjunction with H<sub>2</sub>O<sub>2</sub>. This combination has led to a rapid reduction in bacterial viability over time with complete bacterial death of MDR strains after 12–24 hours. This suggested actions might be attributed to higher bactericidal action by more than 100-folds attained by such a combination due to the Fenton-like reaction among the two agents produces a Hydroxy group (OH),<sup>124</sup> that has been considered one of the most powerful biologically active ROS.<sup>42</sup>

## Conclusions

Given the above information, our study highlights the worrying trend of higher MDR bacteria rates among dairy farms and beef abattoirs in Egypt, indicating the discriminative use of antimicrobials in treatment of infectious diseases. Clearly, there must an urgent call to find alternatives for these antimicrobials. More importantly, AgNPs-H<sub>2</sub>O<sub>2</sub> proved a promising powerful bactericidal activity against MDR bacteria regardless of the resistance level against tested strains. Our present data also concludes that AgNPs-H<sub>2</sub>O<sub>2</sub> can be recommended as an eco-friendly broad-spectrum bactericidal agent and our study suggests further future research in the same lines against other species of bacteria and similar nanoparticles. Furthermore, supervision of hygienic and biosecurity measures and antibiotics' handling must be carefully checked.

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## Author Contributions

F.A.E., A.I.Z., R.R.S., and E.A.A.E. were involved in the conception of the idea, methodology design, laboratory work, performed data analysis, and interpretation. L.J.M. A., A.T., A.E.M., and E.K.E. participated in the design of the methodology, contributed their scientific advice during the sampling, the laboratory work, and data analysis. F.A.E. and E.K.E. drafted and prepared the manuscript for publication and were responsible for correspondence and revision. All authors contributed to data analysis, drafting, or revising the article, agreed on the journal to which the article will be submitted, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

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## Disclosure

The authors declare no conflicts of interest for this work.

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