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ORIGINAL RESEARCH

## Targeted Treatment of Colon Cancer with Aptamer-Guided Albumin Nanoparticles Loaded with Docetaxel

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Institute of Basic Medical Sciences, Chinese Academy of Medical Sciences & Peking Union Medical College, Beijing, People's Republic of China **Purpose:** Chemotherapy of colon cancer needs improvement to mitigate the severe adverse effects (AEs) associated with the cytotoxic drugs. The aim of this study is to develop a novel targeted drug delivery system (TDDS) with practical application potential for colon cancer treatment.

**Methods:** The TDDS was built by loading docetaxel (DTX) in albumin nanoparticles (NPs) that were functionalized with nucleolin-targeted aptamers (AS1411).

**Results:** The TDDS (Apt-NPs-DTX) had an average size of 62 nm and was negatively charged with a zeta potential of -31.2 mV. DTX was released from the albumin NP with a typical sustained release profile. Aptamer-guided NPs were preferentially ingested by nucleolin-expressing CT26 colon cancer cells vs the control cells. In vitro cytotoxicity study showed that Apt-NPs-DTX significantly enhanced the killing of CT26 colon cancer cells. Importantly, compared with non-targeted drug delivery, Apt-NPs-DTX treatment significantly improved antitumor efficacy and prolonged the survival of CT26-bearing mice, without raising systemic toxicity.

**Conclusion:** The results suggest that Apt-NPs-DTX has potential in the targeted treatment of colon cancer.

Keywords: aptamer, nanoparticles, colon cancer, targeted drug delivery system

## Introduction

Colorectal cancer (CRC) is a serious threat to human health. Globally, the incidence and the mortality rate of CRC rank the third among all malignancies.<sup>1</sup> With the development of world economy, there is drastic change in dietary structure in many countries. The reduced dietary fiber intake is associated with an increase in CRC incidence.<sup>2</sup> It has been reported that the age of CRC onset has shifted towards younger population in many countries in recent years.<sup>3</sup> CRC now accounts for 10.2% of all new cancer cases.<sup>4</sup> Although screening with colonoscopy improves the early detection of CRC, the clinical prognosis of late-stage disease remains grim, especially for those with distant metastases, whose 5-year survival rate is lower than 26% on average.<sup>5</sup>

While early-stage CRC can be cured by surgical resection, over 50% of cases are diagnosed at late stage and require chemotherapy, which is the standard treatment to prolong survival.<sup>6,7</sup> The first-line chemotherapy for metastatic colon cancer is FOLFOX (5-fluorouracil (5-FU)/leucovorin/oxaliplatin) or FOLFIRI (5-FU/leucovorin/irinotecan).<sup>8</sup> Because current chemotherapies use cytotoxic drugs that are



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not tumor-specific, the treatments are associated with severe adverse effects (AEs) and poor patient tolerance. The frequently used chemotherapeutics, 5-FU and oxaliplatin may cause severe AEs including myelosuppression, mucositis, diarrhea, malnutrition, and most notably neurotoxicity.<sup>9</sup> These AEs seriously compromise the quality of life and treatment outcome, especially for elderly patients. As a result, novel strategy of chemotherapy needs to be developed to treat metastatic colon cancer.

A promising strategy for improving chemotherapy is the utilization of targeted drug delivery system (TDDS). The central idea of TDDS is to deliver cytotoxic drugs selectively to the tumor rather than normal tissue, thereby enhancing the therapeutic efficacy and reducing the AEs. Theoretically, this approach may prolong survival time and improve quality of life. A typical TDDS usually consists of three components: the tumor-targeting ligand, the anticancer drug, and the drug carrier. The most common drug carriers are nanoparticles (NPs), which can accumulate in solid tumors due to the enhanced permeability and retention effect (EPR).<sup>10</sup> Moreover, drug-loaded NPs functionalized with tumor-targeting ligands may accumulate more efficiently in tumor tissue (active-targeting), allowing further enrichment of the anticancer drug at the target site.<sup>11</sup> As a result, TDDS can channel anticancer drug to the tumor tissue, thereby mitigating the AEs and improving the therapeutic efficacy. In preclinical studies, Si et al designed a MUC-1 aptamer-guided and doxorubicinloaded silica NP, which improved the efficacy of chemotherapy against breast cancer.<sup>12</sup> Khavrani et al built a paclitaxel-loaded liposome conjugated with CD44 antibody, and enhanced the efficacy against ovarian cancer in vivo.<sup>13</sup> In clinical studies, TDDS in the form of antibody-drug conjugates (ADCs) significantly improved the treatment outcome, with some ADCs now approved by FDA for treatment of hematological malignancies or HER2-positive breast cancer.<sup>14,15</sup> These results underscore the great potential of TDDS in cancer chemotherapies. Given the urgent medical need to improve the chemotherapy for colon cancer, it is reasonable to develop a TDDS to treat the malignancy.

To improve the chance for clinical application, a TDDS for colon cancer treatment should have good biocompatibility, with NPs preferably made of FDA-approved excipients. Albumin is a water-soluble protein and an excipient approved by FDA for human use. It is the most abundant protein in blood and accounts for approximately half of the total proteins in plasma.<sup>16</sup> Due to the endogenous nature of albumin, NPs made of albumin have excellent biocompatibility, with the inherent properties of non-toxicity, low immunogenicity, and appropriate biodegradability. Since albumin has three homologous domains that can negotiate with various drugs, it is considered to have great drugbinding capacity.<sup>17</sup> Moreover, anticancer agents are usually released from albumin NPs with a typical sustained release profile, improving pharmacokinetics and drug utilization.<sup>18,19</sup> Albumin-based formulation of paclitaxel (Abraxane<sup>®</sup>) has been approved by FDA for treatment of metastatic breast cancer, non-small cell lung cancer, and adenocarcinoma of the pancreas.<sup>20</sup>

In recent years, efforts have been made to utilize albumin-based drug delivery system to treat colon cancer. Thao et al developed an albumin NP for delivery of doxorubicin and TRAIL to colon cancer.<sup>21</sup> Sharma et al constructed a PEG-coated albumin NP carrying 5-FU for colon cancer treatment.<sup>22</sup> Kinoshita et al used S-nitrosated albumin dimmer to enhance the EPR effect of Abraxane in colon cancer treatment.<sup>23</sup> So far, however, there is a paucity of research on utilizing albumin-based TDDS with active-targeting capability to treat colon cancer. An ideal TDDS should have the following features: active tumor-targeting capability, good biocompatibility, broad anticancer spectrum, and scalable production protocol. In an effort to achieve these goals, here in this study, we developed the first albumin-based TDDS (Apt-NPs-DTX) for targeted delivery of docetaxel (DTX) to colon cancer. The tumor-targeting ligand in the TDDS is a DNA aptamer (AS1411) that and can bind with nucleolin, which is expressed on the cell surface of colon cancer.<sup>24</sup> DTX is an FDA-approved broad-spectrum anticancer agent that is more potent than paclitaxel.<sup>25,26</sup> We now report that Apt-NPs-DTX is more efficacious against colon cancer cells vs non-targeted drug delivery system.

## Materials and Methods Cell Lines and Cell Culture

CT26 murine colon carcinoma cells and CHO cells were purchased from National Infrastructure of Cell Line Resource (Beijing, China), and cultured in DMEM that was supplemented with 100 U/mL penicillin, 100  $\mu$ g/mL streptomycin, and 10% fetal bovine serum (FBS), at 37°C with 5% CO<sub>2</sub>.

#### Animals

BALB/c female mice were obtained from Beijing Vital River Laboratory Animal Technology Co., Ltd. (Beijing, China). All mice were fed with standard diet and water. Mice of 6–8 weeks (18–22 g) were used for the experiment. All animal experiments were performed in accordance with guidelines approved by the Ethics Committee of Peking Union Medical College and the Chinese Academy of Medical Sciences (ACUC-A02-2018-029).

### Reagents

## Conjugation of Aptamer to Albumin

For preparation of Apt-BSA, thiol-modified AS1411 aptamer was linked to the amino groups of albumin via the commonly used linker Sulfo-SMCC.<sup>27,28</sup> Briefly, 0.4 mg BSA and 0.72 mg Sulfo-SMCC reacted in 950  $\mu$ L PBS (pH 7.2) ultrafiltrated with a device of 30 kD cut-off to remove unreacted Sulfo-SMCC, and resuspended in 200  $\mu$ L PBS. Next, 480  $\mu$ g thiol-modified AS1411 aptamer powder was dissolved in 150  $\mu$ L Milli-Q water, and 10  $\mu$ L 800 mM of TCEP solution was added to expose the sulfhydryl group for 30 min. The aptamer solution was mixed with the SMCC-treated BSA solution, put on a rotating mixer to react overnight. The product was ultrafiltrated with a device of 30KD cut-off, and resuspended in PBS, before being used for albumin NP production.

## Preparation of Aptamer-Modified Nanoparticles

Apt-NPs-DTX was fabricated using a modified selfassembling method that was described previously.<sup>29,30</sup> Briefly, 0.65 mL 15% disodium hydrogen phosphate was injected into 1 mL pure ethanol containing 2 mg DTX with intensive mixing. Next, 0.1 mL PBS containing 19.6 mg BSA and 0.4 mg Apt-BSA monomer was injected into this solution and incubated at 65°C for 10 min. The mixture was put on a rotating mixer and reacted for 20 min at room temperature, poured into 28.88 mL Milli-Q water heated to 65°C under rapid stirring for 20 min, and put into an ice bath for 10 min. Ethanol and disodium hydrogen phosphate were removed using an ultrafiltration column with cutoff of 30 kDa. The albumin NPs recovered from the column were freeze-dried without adding a cryoprotectant. The preparation of NPs-DTX was similar to that of Apt-NPs-DTX, except using BSA in place of Apt-BSA. Lyophilized albumin NPs were resuspended in solutions prior to biological experiments.

Apt-NPs-cou6 was prepared by a similar procedure as described above. Briefly, 0.65 mL 15% disodium hydrogen phosphate was injected into 1 mL coumarin6 ethanol solution (0.0078 mg/mL) with intensive mixing. The subsequent procedure was the same as the synthesis of Apt-NPs -DTX. The preparation of NPs-cou6 was similar to that of Apt-NPs-cou6, except using BSA in place of Apt-BSA.

## Characterization of Nanoparticles

The morphology of nanoparticles was observed by transmission electron microscope (TEM) (JEM-200CX, JEOL, Tokyo, Japan) after the samples were deposited on copper grid and stained with 3% phosphotungstic acid.

The average particle size distribution, polydispersity index (PDI) and zeta potential of nanoparticles before and after the lyophilization were determined by dynamic light scattering (DLS) using Zeta Sizer Nano ZS90 (Malvern Instruments, Malvern, UK) at 25°C.

## Assessment of DNA Conjugation to NPs

Agarose gel electrophoresis experiments were applied to evaluate whether aptamers were attached to the albumin NPs. Tris-Borate-EDTA 0.5 x (TBE) buffer solution with 2% (w/v) agarose containing the GelRed DNA dye (Invitrogen, Shanghai, China) was used as the gel. Free AS1411 aptamer, albumin NPs functionalized with AS1411 aptamer, or plain albumin NPs were loaded into the gel. The samples were subjected to 110 V for 20 min. The DNA was visualized by exposing the gel under UV light by an UV documentation device (Alliance, London, UK).

## Measurement of Drug Encapsulation Efficiency and Drug-Loading Capacity

For estimation of the percentage of drug entrapped in NPs, the amount of DTX not encapsulated was measured with

standard approach.<sup>31,32</sup> Briefly, the lyophilized albumin NPs were suspended in 1.0 mL water. The NP solution was centrifuged at 3000 rpm for 10 min to separate the unencapsulated DTX from the NPs. The supernatant was discarded. The unentrapped DTX in the precipitate was dissolved in ethanol. The amount of DTX was measured by high-performance liquid chromatography (HPLC) with a UV-Vis detector at 229 nm, using a C18 column (Diamonsil C18 (2), 5  $\mu$ m 100Å 250  $\times$  4.6 mm). The mobile phase was composed of acetonitrile and water (55:45, v/v) with a flow rate of 1.0 mL/min. The calibration curve was linear in the range of 0.78–200  $\mu$ g/mL with a correlation coefficient of R<sup>2</sup>=0.999. The drug encapsulation efficiency (EE) and drug-loading capacity (DL) were calculated by the following equations:

$$EE(\%) = \frac{\text{total DTX added in NPs} - \text{unencapsulated DTX}}{\text{total DTX added}}$$

 $DL(\%) = \frac{\text{total DTX added in NPs} - \text{unencapsulated DTX}}{\text{total nanoparticles}}$   $\times 100\%$ 

## Drug Release Study

In vitro drug release experiment was performed using the standard dialysis method.<sup>33</sup> Briefly, 2 mL of drug-loaded samples (2 mg of equivalent DTX) was placed in a bag made of dialysis membrane (1 kDa, Solarbio, Beijing, China). The dialysis bag was immersed in 50 mL of PBS (pH 7.4) at 37°C and placed in a shaker at 100 rpm. At specified intervals, 1 mL buffer was withdrawn and replaced with equal volume of fresh release buffer. The amount of drug released at each time point was determined by the HPLC method described above. The cumulative drug release rate (Q%) is calculated using the following equation:<sup>34</sup>

Cumulative  
drug release(%) = 
$$\frac{\text{DTX released at time}}{\text{encapsulated DTX in nanoparticles}} \times 100\%$$

## Cellular Uptake of NPs

In order to visualize the cellular uptake of the NPs, CT26 or CHO cells ( $4 \times 10^3$ /well) were seeded onto 96-well plates. After cultivation for 24 h, cells were treated with 10  $\mu$ L of aptamer, NPs-cou6, or Apt-NPs-cou6 (cou6 concentration: 0.06  $\mu$ g/mL). Cells were further incubated for 2 h to allow for NP uptake. The cell medium was discarded,

and cells were washed thrice with PBS, and imaged using an Axio Vert A1 fluorescent microscope (Zeiss, Oberkochen, Germany).

Cellular uptake of the NPs was also evaluated by flow cytometry. CT26 and CHO cells  $(1.5 \times 10^5/\text{well})$  were seeded in 24-well plates and cultured overnight. The cells were treated with 10µL of aptamer, NPs-cou6, or Apt-NPs-cou6 (cou6 concentration: 0.06 µg/mL). Cells were further incubated for 2 h to allow for NP uptake. The cell medium was removed, and the cells washed with PBS for three times. After adding 0.05% trypsin/0.02% EDTA for 5 min to omit the cells from the wells, Accuri C6 Flow Cytometer (BD Biosciences, San Jose, CA, USA) was used to analyze the cellular fluorescent signals.

The cellular uptake of nanoparticles was also studied by confocal microscopy. The CT26 and CHO cells (5 ×  $10^3$ /well) were cultivated in Lab-Tek Chamber Slide System (ThermoFisher Scientific, Waltham, MA, USA). After 24 h, the cells were incubated with 10µL of NPscou6 or Apt-NPs-cou6 (cou6 concentration: 0.06 µg/mL). The cells were further cultured for 2 h and rinsed for three times in PBS. Hoechst 33342 (2 mg/mL; ApexBio Technology, Boston, MA, USA) was used to counterstain the cell nuclei. Afterward, 4% formaldehyde polymer was added. Fifteen min later, the sample was washed with icecold PBS for three times. Finally, the cells were analyzed by a confocal laser-scanning microscope (Perkin Elmer Ultraview, Perkin, Waltham, MA, USA).

## Cytotoxicity Study

Cytotoxicities against CT26 or CHO cells by free DTX, Apt-NPs-DTX, or NPs-DTX were evaluated in vitro. The cells were seeded in 96-well plates at a density of  $3 \times 10^3$ cells/100 µL/well. After 72 h, 10 µL of DTX, Apt-NPs-DTX, or NPs-DTX (of DTX concentration from 0.5 to 300 µg/mL) were added to the designated wells. After 2 h, the cells were washed twice with PBS and received 100 µL fresh medium per well. After another 48 h, MTS assay was applied to determine the cell viability according to the standard protocol as outlined by the manufacture. Absorbance was read by using a microplate reader at 492 nm.

#### Animal Study

A CT26 cell suspension ( $5 \times 10^5$  cells in 100 µL PBS) was injected into the right hind flank of the BALB/c mice. One week after the inoculation, the tumor-bearing mice were randomly divided into 3 groups (6 animals per group). The

animal received treatment via intraperitoneal injection every three days for a total of three times. The control group received 100 µL saline injection. The two treatment groups received NPs-DTX and Apt-NPs-DTX suspended in 100µL saline, with a DTX dosage of 40 mg/kg. Tumor dimensions were measured periodically. The first day of injection was recorded as day zero. The tumor volume was calculated by the following formula: tumor volume (mm<sup>3</sup>) = (L × S<sup>2</sup>)/2, where "L" is the largest diameter and "S" is the smallest diameter. The body weight, the appetite, and the hair condition were recorded for each animal to evaluate the treatment toxicities. The survival time was also recorded.

#### Statistical Analysis

Statistical analysis was performed using one-way ANOVA and two-tailed Student's *t*-test. All experimental data were presented as the mean value with its standard deviation (mean  $\pm$  SD). P < 0.05 was considered statistically significant. Statistical analysis was conducted using commercially available software (SPSS 11.3).

#### Results

#### Characterization of Nanoparticles

The size of a drug-loaded nanoparticle is critical for its therapeutic efficacy and EPR effect. If the NP size is smaller than 6 nm, the particles tend to be excreted from the kidneys; whereas if the NP size exceeds 300 nm, the particles may be easily captured and trapped by the

reticuloendothelial system (RES).<sup>11</sup> To characterize the nanoparticles in this study, TEM and DLS were performed. TEM images showed that Apt-NPs-DTX had a slightly larger size vs NPs-DTX (Figure 1A and B). DLS studies revealed that the average size of NPs-DTX was 48 nm (Figure 1C), while that of Apt-NPs-DTX was 62 nm (Figure 1D). The results indicated that the sizes of both NPs were appropriate for avoiding renal leakage and RES clearance. To further characterize the physical properties of the nanoparticles, we also measured zeta potential and PDI. The zeta potential of Apt-NPs-DTX was -31.2 mV (Figure 1F), whereas that of NPs-DTX was -21.1 mV (Figure 1E). The negative charges of the NPs might prevent the particles from agglomeration and maintain their stability.<sup>35</sup> The PDIs of both nanoparticles were less than 0.3, indicating that the NP sizes were narrowly distributed (Table 1). The drug encapsulation efficiency was 92% for NPs-DTX and 90% for Apt-NPs-DTX, respectively.

#### Release of DTX from Nanoparticles

Sustained release of drug from NP influences pharmacokinetics and therapeutic efficacy.<sup>36</sup> The drug release profiles from NPs-DTX or Apt-NPs-DTX were evaluated using a dialysis bag with cutoff limit of 1000 Da. As shown in Figure 2, NP-encapsulated DTX was released relatively slowly, and there was no obvious difference in release profile between Apt-NPs-DTX and NPs-DTX. The



Figure 1 Characterization of nanoparticles. TEM images of (A) NPs-DTX and (B) Apt-NPs-DTX. Size distributions of (C) NPs-DTX and (D) Apt-NPs-DTX. Zeta potential distribution of (E) NPs-DTX and (F) Apt-NPs-DTX.

Formulation	Z-Average (nm)	PDI	Zeta Potential (mV)	Drug Encapsulation Efficiency	Drug-Loading Capacity
NPs-DTX	48 ± 0.4	0.22 ± 0.024	-21.1 ± 0.24	92% ± 0.5	8.4%± 0.5
Apt-NPs-DTX	62 ± 0.6	0.28 ± 0.031	-31.2 ± 0.18	90% ± 0.7	8.1%± 0.6

Table	I	Properties	of	Nano	particles
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Note: Each value represents mean  $\pm$  SD (n = 3).

results showed that both albumin NPs had a typical sustained drug release profile.

# Evaluation of Aptamer Conjugation to Albumin NPs

Tumor-homing aptamer may facilitate targeted drug delivery to cancer cells by NPs. Thiol-modified aptamers were conjugated to the amino-groups in albumin via standard Sulfo-SMCC chemistry.27 Aptamer-modified albumin was subsequently used as the building material of the NPs.<sup>37</sup> To evaluate whether the DNA aptamers were conjugated to albumin NPs, agarose gel electrophoresis of the free DNA aptamers, Apt-NPs, and NPs was performed. DNA electrophoresis is a commonly used method for evaluating the conjugation of DNA aptamer to NPs, because NPconjugated DNA cannot move efficiently in the gel.<sup>38</sup> As shown in Figure 3, free AS1411 aptamer moved efficiently in the gel (Lane 1), while a significant portion of DNA molecules in Apt-NPs-DTX remained in the loading well (Lane 2), suggesting that these DNA aptamers attached to the NPs and could not move in electrophoresis. Nanoparticles per se generated no signal for lack of DNA (Lane 3). The results indicated that at least some AS1411 aptamers were conjugated to the albumin NPs.



Figure 2 DTX release kinetics from Apt-NPs-DTX or NPs-DTX at pH 7.4 PBS. Data are shown as mean  $\pm$  standard deviation (n = 3).

## Cellular Uptake of Nanoparticles

Many tumors, including CT26 colon cancer, express nucleolin in cell membrane.<sup>20,39,40</sup> We next investigated whether modification of NPs with nucleolin aptamer would influence the NP uptake by CT26 cells. A fluorescent dye (Coumarin-6) was encapsulated by either aptamer-modified NPs (Apt-NPs-cou6) or plain albumin NPs (NPs-cou6).<sup>41</sup> Fluorescence microscopy was applied to compare the cellular uptake of Apt-NPs-cou6 and NPs-cou6 by CT26 cells. As shown in Figure 4, stronger fluorescent signals were observed in cells treated with Apt-NPs-cou6 vs NPs-cou6. The images indicated that aptamer-modification of the NPs enhanced the NP ingestion by CT26 cells. To further validate the results, flow



Figure 3 Evaluation of aptamer-NP conjugation by agarose gel electrophoresis. The agarose gel was stained for DNA by GelRed and photographed under UV light. Free AS1411 aptamer was in Lane 1. Aptamer conjugated with NP was in Lane 2. Albumin NP alone was in Lane3.



Figure 4 Fluorescent microscopy images of CT26 cells treated with (A) free aptamer, (B) NPs-cou6, or (C) Apt-NPs-cou6. Scale bar represents 25 µm.



Figure 5 Flow cytometry analysis of CT26 cells treated with free aptamer (red), NPscou6 (green), or Apt-NPs-cou6 (blue). Signal generated by control cells is in black.

cytometry study was also conducted. As shown in Figure 5, CT26 cells treated with Apt-NPs-cou6 generated stronger fluorescence, again indicating that aptamer-modification of the NPs facilitated the NP uptake by CT26 cells.

Nucleolin is highly expressed in the cell membrane of target cancer cells, but under-expressed on the surface of normal cells.<sup>39,40</sup> The disparity in nucleolin expression between the two types of cells may influence the NP-ingestion behaviors. Next, we investigated whether aptamer-modified NPs could differentiate between the CT26 target cells (CT26) and a control cell line (CHO) that had low nucleolin expression.<sup>20,42</sup> Apt-NPs-cou6 or NPs-cou6 were incubated with either the nucleolin-positive CT26 or the nucleolin-negative CHO cells, which were subsequently evaluated by confocal microscopy. In CT26 cells, the green fluorescence was much stronger when treated with Apt-NPs-cou6 vs NPs-cou6. In CHO cells, however,

the green fluorescence was weak with both treatments (Figure 6). The results suggested that aptamermodified NPs had a targeting preference for the nucleolinpositive CT26 cells vs the nucleolin-negative control cells.

### In vitro Cytotoxicity Study

The above results showed that aptamer-modification of the NPs enhanced the particle ingestion by CT26 target cells. However, it was still unclear whether Apt-NPs-DTX could generate a targeted cytotoxicity against CT26 cells. To address this issue, targeted and non-targeted drug delivery systems were compared in cytotoxicity experiments. CT26 target cells and CHO control cells were treated with free DTX, NPs-DTX, or Apt-NPs-DTX of various concentrations. Cell viability was evaluated with standard MTS assay. In CT26 cells, Apt-NPs-DTX generated stronger cytotoxicity vs NPs-DTX at concentrations higher than 150 µg/ mL (Figure 7A). In CHO cells, however, Apt-NPs-DTX and NPs-DTX produced similar cytotoxicity (Figure 7B). The data suggested that Apt-NPs-DTX selectively enhanced the efficacy against the CT26 target cells, but not the CHO control cells.

#### In vivo Tumor Inhibition Study

To investigate whether aptamer-modification of NP would improve its function as a drug carrier in vivo, therapeutic efficacies of Apt-NPs-DTX vs NPs-DTX were compared in CT26-bearing BALB/c mice. As illustrated in Figure 8A, both treatments inhibited tumor growth. However, Apt-NPs-DTX was more efficacious than NPs-DTX. The final tumor volumes for the control, the NPs-DTX, and the Apt-NPs-DTX groups were  $2150 \pm 270.15 \text{ mm}^3$ ,  $1236.61 \pm$  $197.61 \text{ mm}^3$ , and  $827.19 \pm 140.71 \text{ mm}^3$ , respectively. The influences of Apt-NPs-DTX vs NPs-DTX on animal survival were also compared (Figure 8B). Both nanoparticles prolonged the survival, with the Apt-NPs-DTX being the



Figure 6 Confocal images of CT26 and CHO cells treated with either Apt-NPs-cou6 or NPs-cou6. The cell nuclei were stained blue with Hoechst 33258. Scale bar equals to 20  $\mu$ m.



Figure 7 In vitro evaluation of cytotoxicity against (A) the CT26 target cells or (B) the CHO control cells by various treatments. The cells were treated with free DTX, NP-DTX, or Apt-NP-DTX for 2h, washed, and evaluated with the MTS viability assay after 48h. Data represent mean  $\pm$  standard deviation (n=6). The star (\*) indicates statistically significant difference (p< 0.05).

most efficacious treatment. These results indicated that Apt-NPs-DTX had superior therapeutic efficacy than NPs-DTX. suggested that, although Apt-NPs-DTX enhanced therapeutic efficacy, it did not generate extra toxicity in mice.

To evaluate the side effects generated by NPs-DTX or Apt-NPs-DTX, the body weights were measured every 3 days. As shown in Figure 8C, there was no significant difference in body weight between the two treatment groups. There was also no obvious difference in appetite or hair color between the treatment groups. The results

#### Discussion

The primary purpose of this work was to develop a TDDS for colon cancer treatment with practical application potential. Ideally, such a TDDS should be made of biocompatible components approved for human use. In



Figure 8 Animal studies in CT26-bearing BALB/c mice (n=6). (A) Tumor growth curves in mice treated with NPs-DTX or Apt-NPs-DTX. (B) Survival time of CT26-bearing BALB/c mice. (C) Body weights of CT26-bearing mice in various treatment groups. The star (\*) indicates statistically significant difference (p< 0.05).

this study, albumin NPs encapsulating DTX were functionalized with a tumor-targeting aptamer (Figure 9). Apt-NPs-DTX had an average diameter of 62 nm, which was the appropriate size for EPR effects (Figure 1 and Table 1). DTX was released from Apt-NPs-DTX with a typical sustained release profile (Figure 2). Aptamer-modified NPs were preferentially ingested by CT26 colon cancer cells (Figures 4–6). Importantly, Apt-NPs-DTX increased the cytotoxicity against CT26 colon cancer cells in vitro vs NPs-DTX (Figure 7). Moreover, in vivo study showed that Apt-NPs-DTX enhanced inhibition of colon cancer and prolonged survival, without



Figure 9 Scheme of preparation of the Apt-NPs-DTX for colon cancer therapy. Thiol-modified AS1411 aptamer was conjugated to the amino-groups of albumin via SMCC chemistry. DTX was encapsulated by aptamer-modified albumin to form the Apt-NPs-DTX.

raising the systemic toxicity (Figure 8). These results suggest that Apt-NPs-DTX may have application potential in chemotherapy against colon cancer.

Metastatic colon cancer can be treated with either immunotherapy or chemotherapy. Immunotherapy with PD-1 or PD-L1 inhibitors is the latest modality to treat colon cancer. PD-1 or PD-L1 antibodies are usually efficacious in colon cancers with dMMR/MSI-H genotype.43-45 However, about 80% patients have colon cancer with MSS immunotherapy is genotype. for which largely ineffective.<sup>46,47</sup> As a result, chemotherapy is nonetheless of value for many patients with metastatic diseases. FOLFOX and FOLFIRI are the first-line chemotherapies for metastatic colon cancer.<sup>8</sup> Both chemotherapies frequently generate severe AEs, compromising the clinical outcome. Therefore, it is important to develop targeted chemotherapy for advanced colon cancer, in order to improve the therapeutic efficacy.

Targeted treatment of colon cancer can be achieved with either ADCs or NP-based TDDS. ADCs are made of cytotoxic drugs conjugated to tumor-targeting antibodies. ADCs have been approved by FDA for treatment of Hodgkin's lymphoma, systemic anaplastic large cell lymphoma, and HER2-positive breast cancer.<sup>48</sup> So far, however, no ADC has been approved by FDA for colon cancer treatment. Unlike nanoparticles, ADCs usually do not generate EPR effect, which facilitates drug accumulation in solid tumor. ADCs also have a relatively low drug-loading capacity and thus need to carry highly toxic drugs in order to achieve proper therapeutic efficacy.<sup>49,50</sup> Compared with ADCs, NP-based TDDS has the advantages of higher drug-loading capacity, EPR effect, and more choices of tumor-targeting ligands (including antibody, peptide, or aptamer).<sup>51–53</sup> Therefore, it is reasonable to explore NPbased TDDS for colon cancer treatment other than ADCs.

An ideal NP-based TDDS should have the following features: superb tumor-targeting capability (preferably with both active and passive targeting mechanisms), good biocompatibility, uncomplicated production process, and broad antitumor spectrum. In this study, the Apt-NPs-DTX was designed in an effort to meet these requirements. First, the nucleolin aptamer in TDDS enables active targeting of colon cancer. Moreover, NP size of 62 nm facilitates passive tumor-targeting with EPR effect and avoids NP capture by the reticuloendothelial system.<sup>11</sup> Second, Apt-NPs-DTX has good biocompatibility, because all of its major components have been approved by FDA for human use. The nanoparticle is made of albumin, which is a component of Abraxane<sup>®</sup>

approved by FDA for breast cancer treatment.<sup>20</sup> AS1411 aptamer is a short DNA aptamer and has been evaluated in clinical trials.<sup>54</sup> Aptamers as a class of molecules were first approved for clinical use by FDA in 2004. AS1411 Aptamer is conjugated to the NP via SMCC, which is a thioether linker approved by FDA for usage in T-DM1<sup>®</sup>, a HER2-targeting ADC.<sup>55</sup> Third, in this study, the process of NP fabrication was relatively uncomplicated and potentially scalable.<sup>30</sup> Moreover, the protocol did not involve the cross-linking reagent glutaraldehyde. Fourth, acting on microtubules,<sup>56</sup> DTX has a remarkably broad anticancer spectrum and is used clinically to treat ovarian cancer, non-small-cell lung cancer, metastatic breast cancer, prostate cancer, neck cancer, etc.<sup>57</sup> Due to the above features, Apt-NPs-DTX designed in this study may have potential for further development as a novel strategy to treat colon cancer.

#### Conclusion

In conclusion, we developed a novel biocompatible TDDS (Apt-NPs-DTX), which enhanced the antitumor therapeutic efficacy in vivo. The results suggest that, besides ADCs, aptamer-guided albumin NPs may also have potential for targeted treatment of colon cancer. Future work may focus on exploring the therapeutic efficacy of the TDDS against other malignancies in more animal models, and on refining the fabrication protocol to facilitate large-scale production of the TDDS.

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#### Disclosure

The authors declare no competing interests.

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