

Assessment of Quality of Care Using Information on Patient Satisfaction at Adult Oncology Center of Tikur Anbessa Specialized Hospital, Ethiopia: A Cross-Sectional Study

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Background: Cancer is one of the leading causes of morbidity and mortality in the world. It results in considerable mental, physical, and emotional stress for patients. Because of the nature and impact of the disease, and its treatment, measurements of patient satisfaction are important to bring to the attention of health-care providers in order to improve care.

Objective: To assess patient satisfaction at the adult oncology center of Tikur Anbessa Specialized Hospital, Ethiopia using the EORTC PATSAT-C33 tool.

Methods: A facility-based cross-sectional study was conducted from January 2019 to May 2019. A consecutive sampling technique was employed to recruit a total of 384 study participants. Informed consent was obtained for each participant and data were collected using an interviewer-administered questionnaire. Ethical clearance and approval of the study protocol were obtained from the institutional ethics review board of the school of pharmacy. Descriptive statistics was used to summarize the data, while multivariate linear regression analysis was employed to explore factors affecting patient satisfaction. $P < 0.05$ was considered as statistically significant.

Results: Among a total of 384 study participants, the majority were female (65.9%) and the median age was 49 years. In most (65.9%) participants, the health-care service cost was covered by patients themselves; the majority of them were treated for gynecological malignancy (37.2%) and most received chemotherapy + surgery (37.2%). The mean score for the EORTC-PATSAT33 scales for overall satisfaction was 44.8 out of 100. Place of residence, gender, type of cancer, duration since treatment started, age and source of health-care costs were factors associated with patient satisfaction and all together explained 83% (adjusted R square=0.830, $P < 0.0001$) of variance. Of these, residence (where patients came from) accounted for most (78.7%) of the variance (adjusted R square=0.787, $P < 0.0001$).

Conclusion: The mean overall satisfaction of patients with the services provided at the outpatient adult oncology center of TASH was significantly lower than previously reported in the world literature, which was >70 . Hence, a concerted effort must be made to understand and improve patient satisfaction in oncology health-care services in Ethiopia.

Keywords: adult oncology, cancer care, patient satisfaction, EORTC PATSAT-C33

Introduction

Cancer is the leading cause of morbidity and mortality in both developed and developing nations¹ and results in considerable mental, physical, and emotional stress in patients.^{2,3} It requires major adjustments to be made in many key areas of

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patients' lives. In addition, the demands on health-care providers to satisfy the complex care needs of patients with cancer have increased manifold and has been recognized as one of the key indicators of health-care quality. Particularly in developed countries, patient satisfaction with care is now being used by health-care institutions to monitor the quality of care provided, gaining accreditation and as a marketing strategy.^{4,5} Patient satisfaction has also an impact on patient compliance with treatment and clinic appointment attendance. Satisfied patients are more likely to continue using the health-care services and have good adherence to services or treatment regimens.⁶ Hence, to improve understanding and care provided by health-care providers, measuring and sharing patient satisfaction reports is very important. In many countries, satisfaction among patients treated for cancer was reported as poor.^{5,7-11} The problem is especially magnified in developing countries like Ethiopia, due to the low socio-economic status of the patients. Also, the limited number of centers for cancer treatment in Ethiopia worsens the problem. In fact in Ethiopia, the study setting, Tikur Anbessa Specialized Hospital (TASH) is the only public center in the country that provides comprehensive cancer treatment. Due to this and other reasons such as poor health-seeking behavior and preferring traditional healers, most patients in Ethiopia were diagnosed with cancer at an advanced stage.^{3,12} The hospital also has limited resources for diagnostic work-up and treatment, and most patients are unable to cover these costs in private clinics or hospitals. Even after making a diagnosis, both documented and other informal reports from the center showed that patients died while waiting for their appointment, especially for radiation therapy. Defaulting on treatment is also common in the center because most patients cannot afford the services, and they have to travel long distances from different parts of the country and cannot afford the associated costs of travel. In addition, living and hotel accommodation costs in Addis Ababa are extremely high.¹³

Hence, the purpose of the current study was to assess the level of patient satisfaction towards services provided by the hospital and associated factors affecting patient satisfaction at the adult oncology center of TASH.

Methods

The study was conducted at the adult oncology center of TASH, which was established in 1972. It is the largest teaching public hospital affiliated with the College of

Health Sciences, Addis Ababa University and serves as a training center for undergraduate and postgraduate medical, pharmacy, and other health science students. The hospital has around 465 physicians, 76 pharmacists, 992 nurses, and 115 other health-care professionals. It also has 950 administrative and support staff. The Hospital has about 700 beds and serves more than 500,000 patients per year in its 20 outpatient specialty clinics, inpatient, and emergency departments. Overall, the adult oncology center serves more than 850 patients per month and around 10,000 patients per year. Specialized comprehensive and clinical services, which are not available in other public or private institutions, are offered to the whole nation by this hospital, eg, radiation therapy for cancer.

Study Design and Period

A facility-based cross-sectional study was conducted from January 2019 to May 2019 at the adult oncology unit of TASH using the EORTC PATSAT-C33 tool.¹⁴ All consenting patients who attended the center and fulfilled the inclusion criteria during the study period were included in the study.

Inclusion and Exclusion Criteria

Eligible patients included: all outpatients (i) who were visiting the adult oncology center of TASH during the study period with a histologically confirmed diagnosis for cancer; (ii) who had already started treatment (ie, at least greater than or equal to one cycle of chemotherapy, 2–6 weeks of radiotherapy, at least two cycles of targeted therapy, or follow-up care in the past 3–24 months);¹⁴ (iii) who were willing to participate; and (iv) who were aged ≥ 18 years old. Patients who had not yet started treatment or who had any cognitive impairment were excluded from the study.

Sample Size Determination and Sampling Procedure

A single population proportion formula¹⁵ was used to calculate the sample size with the assumption that the overall prevalence of satisfied patients is 50% with a margin of error of 5%, a confidence level of 95%, and a detection power of 80%. Based on the power calculation and sample size needed to demonstrate satisfaction, a total of 384 study participants were recruited to the study. The 50% prevalence was chosen due to the lack of similar published studies conducted in Ethiopia and Africa.

A consecutive sampling technique was used to recruit the study participants and all those who agreed were approached for written informed consent until the sample of 384 participants was reached.

Data Collection and Management

Data were collected using a data abstraction format and the 2017 newly updated European Organization for Research and Treatment of Cancer (EORTC) PATSAT-C33 questionnaire.¹⁴

(i) Data abstraction format

The data abstraction format was designed to extract information from a medical chart or directly from the patient, such as socio-demographic characteristics (age, gender, marital status, educational level, region, place of residence, source of treatment, and employment status), as well as clinical characteristics, including primary cancer diagnosis, type of cancer treatment (ie, chemotherapy, radiotherapy, surgery, or a combination of these), and patient performance status documented by treating physician using Eastern Cooperative Oncology Group (ECOG) scale. Clinical characteristics were extracted from patient medical records.

(ii) EORTC PATSAT-C33

The EORTC PATSAT-C33 is a 33-item questionnaire that is reliable, validated internationally, and widely used in assessing patients' appraisal towards services provided by hospital doctors, nurses, and radiotherapy technicians. It is also used to assess specific organizational and structural aspects of the service delivery and to highlight aspects of care needing improvement in the outpatient oncology setting.

Each item is rated on a 5-point Likert scale (1="poor," 2="fair," 3="good," 4="very good," and 5= "excellent"). The interviewers were trained data collectors who had received brief training. This questionnaire was first translated from its original English language version into Amharic by a bilingual person who speaks Amharic and English fluently. A second bilingual translator who had not seen the original English version back-translated the instrument from the Amharic version into English. The two English translation versions were then compared for equivalence. If the back-translated items and the originals did not agree, this process was repeated until the back-

translated and the original versions were congruous. Following that, pre-testing was done in 10 selected patients treated for cancer.

The satisfaction responses were categorized into satisfaction towards doctors' technical skills (items 1–3), information exchange (items 4–6) and affective behavior (items 7–10); overall satisfaction with nurses or radiotherapy technologists (items 11–17), coordination (items 18–21), interaction with all hospital staff (items 22–28), and hospital organization and environment (items 18–32); and finally overall satisfaction with the hospital (items 1–33). Then, the mean score for each subcategory was calculated and transformed into a 0–100 scale using $100/(\text{maximum score} - \text{no. of items}) \times (\text{sum of means} - \text{no. of items})$. The higher scores indicated a higher satisfaction level and vice versa.

Data Analysis

Data were entered and analyzed using SPSS version-20. Descriptive statistics, including frequency, median, and range, were used to summarize socio-demographic data, clinical, and treatment-related characteristics.

Subgroup analyses were made using Student's unpaired *t*-test and one-way ANOVA to compare two groups and three or more groups in the analysis of patient satisfaction. Multiple linear regression analysis was performed to determine possible predictors of patient satisfaction. A univariate analysis was conducted to obtain candidate variables for the multivariate regression models to determine possible predictors of the outcome variable. For multi-categorical independent variables, dummy variable coding was performed. The association between continuous or binary variables and overall patient satisfaction was tested for significance by calculating Pearson correlation coefficients. These candidate variables must fulfill either of the two criteria. The first criterion was having a *P*-value of <0.3 and the magnitude of the correlation coefficient >0.3 . The second criterion was whether the variables were clinically significant enough to be included even though it did not meet the first criterion partially or completely. A predictor variable was considered a candidate for multiple regression analysis if it had at least a marginal association of $P<0.3$ and a correlation coefficient of $r=0.3$. A cutoff value of 0.3 was used initially and then decreased to 0.05 in the multivariate linear regression model to identify strong predictors associated with patient satisfaction. Possible collinearity problems were addressed by examining the tolerance of all independent variables.

A multivariate linear regression analysis was conducted using forward and stepwise methods and cross-validated using hierarchical clinical and symptom models. A *P*-value <0.05 was considered as statistically significant.

Results

Socio-Demographic Characteristics

Among a total of 384 study participants, the majority (65.9%) were female. Regarding age distribution, the median age of study participants was 49 years (ranging from 19 to 76 years). Most (67.2%) were married. A significant proportion of the participants (60.2%) were from outside of Addis Ababa. For most participants (65.9%) the health-care service cost was covered by patients themselves or their relatives. About 31.5% completed higher education and 26.3% cannot read and write, these accounted for the largest proportion of the study participants (Table 1).

Disease-Related Characteristics and Treatment History

Most (31.0%) study participants were diagnosed and treated for gynecological malignancy, followed by head and neck malignancy (17.4%). A significant proportion of participants' performance status was either ECOG-1 (37%) or 2 (34.6%). Regarding treatment history, the majority of the study participants received chemotherapy + surgery (37.2%), <6 months since treatment started (66.2%), and the diagnosis was made (50.3%) (Table 2).

Level of Patient Satisfaction

Most of the study participants reported that services provided by doctors with respect to each domain were good (32.6–35.7%) or very good (25.5–29.2%); whereas the overall services provided by nurses were good (36.9%) or fair (22.1%). Regarding the coordination of hospital care service, the majority of patients ranked the hospital as fair (32.8%) or good (32.0%). Most rated the interaction of hospital health workers with other health-care team members as good (38.0%) or fair (32.8%). The opportunity for the family to be involved in their care was rated as good (33.6%). But with respect to the ease of access to parking, means of transport, and the environment of the building like cleanness, spaciousness, and calmness, most participants rated these as fair or poor. The overall care provided by the hospital was rated as good (34.9%) or fair (29.7%). Regarding the interaction with other health-care team members, most of the patients were less satisfied with the waiting time to obtain results of

Table 1 Socio-Demographics Characteristics of Participants, Tikur Anbessa Specialized Hospital Addis Ababa, Ethiopia

Variable, N=384	Frequency	Percentage
Sex		
Female	253	65.9
Male	131	34.1
Age in years (median age 49 years, range 19–76 years)		
< 40	125	32.6
40–49	68	17.7
50–59	101	26.3
60–70	75	19.5
>70	15	3.9
Marital status		
Married	258	67.2
Single*	126	32.8
Educational level		
Unable to read and write	101	26.3
Only read and write	26	6.8
Primary education	63	16.4
Secondary education	73	19
Higher education	121	31.5
Residence		
Out of Addis Ababa	231	60.2
Addis Ababa	153	39.8
Health service charge		
With cash [§]	253	65.9
With free [#]	131	34.1
Occupational status		
Self-employed	112	29.2
Housewife	103	26.8
Government employed	75	19.5
Farmer	35	9.1
Merchant	27	7.0
Others**	32	8.3

Notes: *Unmarried, divorced, and widowed; **student, unemployed, and retired, single; [§]those patients whose health-care services cost in the hospital is covered by the patient themselves and/or their relatives; [#]those patients who received any health-care services available in the hospital with the expense of the hospital itself.

medical tests (38.8%) and also about the waiting time to undergo medical tests and/or treatment (46.1%). The kindness and helpfulness of the technical, reception, laboratory personnel, etc., were rated as fair (28.1%) (Table 3).

Mean Scores of EORTC PATSAT-C33 Among Patients Treated for Cancer

For the evaluation of doctors with regard to their technical skills, information exchange, and affective behavior, domain

Table 2 Disease-Related Characteristics and Treatment History of Participants, Tikur Anbessa Specialized Hospital Addis Ababa, Ethiopia

Variables, N=384	Frequency	Percentage
Disease location (tumor site)		
Gynecological cancer	119	31
Head and neck cancer	67	17.4
Breast cancer	60	15.6
GI	53	13.8
Sarcoma	31	8.1
Lung	20	5.2
Lymphoma	18	4.7
Others*	16	4.2
Types of treatment		
Chemotherapy + surgery	143	37.2
Chemotherapy only	112	29.2
RT + surgery	34	8.8
Chemotherapy + RT	29	7.6
RT only	27	7.0
Chemotherapy + RT and surgery	21	5.5
Surgery only	18	4.7
ECOG status		
0	64	16.7
1	142	37
2	133	34.6
3	44	11.5
Duration since treatment started in months		
< 6 month	255	66.2
6–12 month	67	17.4
>12 month	62	16.4
Duration since diagnosis of cancer made in months		
< 6 month	193	50.3
6–12 month	102	26.6
>12 month	89	23.2

Note: Others*: prostate, bone, bladder, liver, and nerve cancer.

Abbreviations: RT, radiation treatment; ECOG, Eastern Cooperative Oncology Group.

mean scores of participants were 52.6 (SD=25.2), 50.2 (SD=25.8) and 52.0 (SD= 24.3); whereas domain mean score with respect to overall satisfaction towards nurses or radiation-therapy technologists was 46.2 (SD=24.7). For the hospital organization or physical environment, the domain mean scores ranged from 33.7 to 46.4, whereas overall satisfaction towards hospital care was 40.7 (SD=19.2). In general, the domain mean overall satisfaction score was 44.8 out of 100 (SD=19.5). The domain median with minimum and the maximum score is also presented in Table 4.

Correlation Analysis of Overall Patient Satisfaction and Sub-Groups

The items categorized with respect to doctors, nurses, and radiotherapy technologists and hospital organization and environment in the study were significantly correlated with the overall patient satisfaction towards TASH outpatient oncology services. Among the seven subgroups, patients' interaction with health-care team members with overall patient satisfaction was highly positively correlated and the highest and; ranked as number 1 with Pearson correlation coefficient of 0.950, whereas doctors' information exchange was ranked as lowest with Pearson correlation coefficient of 0.632 (*r*-value from 0.7 to 1.0 indicates a strong positive linear relationship). All the items were statistically significant at the level of <0.0001 (Table 5).

Factors Associated with Patient Satisfaction

The results of the comparative statistical analysis for mean scores of EORTC PATSAT-C33 domains of patient satisfaction according to the categorical socio-demographic and clinical characteristics variables are shown in Table 6. The overall satisfaction domain that constitute doctors' technical skills, doctors' information exchange, doctors' affective behavior, overall satisfaction towards nurses and radiology technologist services, coordination, interaction with health-care teams and overall satisfaction towards hospital organization and environment; lower scores of EORTC PATSAT-C33 were associated with being female ($p<0.0001$), older age ($P=0.031$), being from out of Addis Ababa where the treatment center is found ($P<0.0001$), among patients treated for gynecological malignancy ($P<0.0001$), those whose health-care service cost was covered by the patient themselves or their relatives ($P=0.013$) and <6 months since treatment started.

Correlating Factors Affecting Patient Satisfaction

Univariate Analysis

In bivariate analysis, among 13 investigated variables, 9 showed an association with patient satisfaction measured by the EORTC-PATSAT-C33 scale. These variables were utilized in multivariate linear regression analysis. Of these candidate variables, 8 were categorical; 3 of them were binary (gender, residence, and source of healthcare cost); and the remaining 5 were multi-categorical variables (educational level, ECOG status, type of cancer, duration since

Table 3 Evaluation of Patient Satisfaction With Doctors, Nurses, and Radiotherapy Technologists, and Overall Tikur Anbessa Specialized Hospital Services, Addis Ababa, Ethiopia

Variables N= 384, n (%)	Poor	Fair	Good	Very Good	Excellent
Doctors' technical skills (items 1–3)	8 (2.1)	72 (18.8)	133 (34.6)	112 (29.2)	59 (15.4)
Doctors' information exchange (items 4–6?)	15 (3.9)	74 (19.3)	125 (32.6)	111 (28.6)	59 (15.4)
Doctors' affective behavior (items 7–10?)	6 (1.6)	60 (15.6)	137 (35.7)	98 (25.5)	83 (21.6)
Overall satisfaction with nurses' service (items 11–17?), N=208	5 (2.4)	46 (22.1)	90 (43.3)	41 (19.7)	26 (12.5)
Overall satisfaction with radiology technologists' service (items 11–17), N=176	3 (1.7)	40 (22.7)	65 (36.9)	41 (23.3)	27 (15.3)
Coordination (items 18–21?)	6 (1.6)	126 (32.8)	123 (32.6)	82 (21.4)	47 (12.2)
Interaction with health-care teams (items 22–28?)	3 (0.8)	126 (32.8)	146 (38.0)	90 (23.4)	19 (4.9)
Single items					
Opportunity to be involved in their care (item 29?)	47 (12.8)	100 (26.0)	129 (33.6)	77 (20.1)	31 (8.1)
Ease of access to the hospital (item 30?)	95 (24.7)	138 (35.9)	94 (24.5)	36 (9.4)	21 (5.5)
Ease of finding different departments (item 31?)	84 (21.9)	138 (35.9)	112 (29.2)	31 (8.1)	19 (4.9)
Environment of the building (item 32?)	103 (26.8)	115 (29.9)	94 (24.5)	45 (11.7)	27 (7.0)
In general, how do you rate the care you received from the hospital (item 33?)	48 (12.5)	114 (29.7)	134 (34.9)	67 (17.4)	21 (5.5)
Special concern items					
The kindness and helpfulness of the technical, reception, laboratory personnel, etc (item 22?)	106 (27.6)	108 (28.1)	87 (22.7)	60 (15.6)	23 (6.0)
The waiting time for obtaining results of medical tests (item 26)	149 (38.8)	101 (26.3)	76 (19.8)	38 (9.9)	20 (5.2)
The waiting time for undergoing medical tests and/or treatments (item 27?)	177 (46.1)	89 (23.2)	65 (16.9)	31 (8.1)	22 (5.7)

treatment started and a diagnosis made); and one was a continuous variable (age).

Multivariate Linear Regression Analysis

Among the nine variables utilized for multivariate linear regression analysis, six variables (residence, gender, type

of cancer, duration since treatment started, age, and source of health-care costs) (Table 7) were correlated with patient satisfaction through stepwise and forward methods of multivariate linear regression and cross-validated by a hierarchical regression method. All the correlated variables together explained 83% (adjusted R square=0.830,

Table 4 Mean Scores of EORTC PATSAT-C33 Among Patients Treated for Cancer at Tikur Anbessa Specialized Hospital

Variables	Likert Scale Mean ± SD	Formula for Domain Mean*	Domain Mean ± SD of 100	Domain Median (Range)
Doctors' technical skills (items 1–3?)	3.0 ± 1.02	100/(15–3) × (9.2–3)	52.6 ± 25.5	50.0 (2.9–100)
Doctors' information exchange (items 4–6?)	3.0 ± 1.03	100/(15–3) × (9–3)	50.2 ± 25.8	47.6 (1.8–99.2)
Doctors' affective behavior (items 7–10?)	3.1 ± 0.97	100/(20–3) × (12.3–3)	52.0 ± 24.3	51.0 (2.3–100)
Overall satisfaction with nurses' and radiology technologist's service (items 11–17?)	2.8 ± 0.99	100/(35–3) × (19.9–3)	46.2 ± 24.7	46.4 (1.9–100)
Coordination (item 18–21?)	2.7 ± 0.92	100/(20–3) × (10.8–3)	42.5 ± 22.9	37.5 (1.2–90.7)
Interaction with health-care teams (item 22–28?)	2.6 ± 0.84	100/(35–5) × (18–5)	39.5 ± 20.9	36.9 (1.1–97.3)
Single items				
Opportunity to be involved in their care (item 29?)	2.9 ± 1.12	100/(5–1) × (2.9–1)	46.4 ± 28.0	50.1 (1.4–100)
Ease of access of the hospital (item 30?)	2.3 ± 1.11	100/(5–1) × (2.3–1)	33.7 ± 27.8	22.1 (1.0–99.0)
Ease of finding different departments (item 31?)	2.4 ± 1.06	100/(5–1) × (2.4–1)	34.6 ± 26.6	24.9 (1.0–88.9)
Environment of the building (item 32?)	2.4 ± 1.20	100/(5–1) × (2.4–1)	35.5 ± 30.0	25.7 (1.0–100)
Overall satisfaction towards hospital care (items 18–32?)	2.6 ± 0.77	100/(80–16) × (41.6–16)	40.4 ± 19.2	38.3 (1.56–96)
Mean overall satisfaction (items 1–33?)	2.79 ± 0.78	100/(165–33) × (92.11–33)	44.8 ± 19.5	43.9 (1.7–94.9)

Note: *Domain mean transformed to 100 = 100/(maximum score – no. of items) × (sum of means – no. of items)

Table 5 Ranking of Item Groups in Terms of Their Priority Towards Patient Satisfaction

S.N	Item Domain	Pearson Correlation Coefficient	P-value (2-Tailed)	N	Rank
1.	Overall satisfaction (items 1–33?)	1	<0.0001	384	
2.	Interaction with healthcare teams (items 22–28?)	0.950	<0.0001	384	1
3.	Overall satisfaction with hospital organization and environment (items 18–32?)	0.942	<0.0001	384	2
4.	Coordination (items 18–21?)	0.887	<0.0001	384	3
5.	Overall satisfaction with nurses' & radiology technologists' service (items 11–17?)	0.750	<0.0001	384	4
6.	Doctors' affective behavior (items 7–10?)	0.713	<0.0001	384	5
7.	Doctors' technical skills (items 1–3?)	0.646	<0.0001	384	6
8.	Doctors' information exchange (items 4–6?)	0.632	<0.0001	384	7

$P < 0.0001$) of the variance. Of these, place of residence (where patients come from) accounted for 78.7% of the variance (adjusted R square=0.787, $P < 0.0001$).

For the current model, the values of variance inflation factor (VIF) for all independent variables were < 10 . Tolerance (1 divided by VIF) of all independent variables ranged from 0.43 to 0.81. Thus, multicollinearity problems did not exist in the models since all tolerance values were above 0.2 and the average VIF was very close to 1. All standardized residuals in the models were normally distributed ($P < 0.05$), meeting the assumptions of the linear regression model. The multiple linear equation became: predicted overall patient satisfaction score = 13.80 + 9.72 (being from Addis Ababa) + -3.66 (female) + -2.33 (gynecological malignancy) + -0.91 (<6-month since treatment started) + 0.86 (age) + 0.72 (being health-care-associated costs are covered by the government). Making other predictor variables in the equation constant, the interpretation for the result in the equation is as follows. The value indicated that as the number of residents in Addis Ababa increases by one, the overall satisfaction of patients treated at the adult oncology center increases by 9.72 units. However, as the number of females and patients treated for gynecological malignancy increased by one, overall satisfaction decreases by 3.66 units and 2.33 units, respectively.

Discussion

The present study aimed to assess patient satisfaction in the oncology services towards doctors, nurses, radiology technologists, rate of services & care organization, and to identify possible associated factors affecting patient satisfaction in the adult oncology center of the hospital. Patient satisfaction has an important role in improving treatment

outcomes and quality of care in the service delivery system.¹⁶ However, in this study, we found that the satisfaction level of Ethiopian patients treated for cancer is low. Patient experience of care evaluation is essential to provide the opportunity for improvement of health services, since feedback from the patient's perspective is a benchmark for health-care quality improvement. Place of residence, type of malignancy, sex, sources of health-care cost, and age were significantly associated with overall patient satisfaction.

The present study revealed that the mean score of overall patient satisfaction at the outpatient adult oncology center of TASH was 44.8. This finding was significantly lower than previously reported studies in France (72.5),¹⁷ Japan (80.6–84.7),¹⁸ Spain (84.3),¹⁹ Bulgaria (88.5),⁷ USA (89.4),⁸ and Australia (>95).¹¹ This difference might be due to the low socioeconomic status of our patients in particular and the country Ethiopia at large advanced stage of cancer at the time of diagnosis and the presence of only one oncology center providing comprehensive cancer care. Furthermore, the lack of availability of accessible cost-free or affordable diagnostic procedures and frequently low stock of anticancer drugs in the oncology center of TASH might contribute to low satisfaction levels in this study. The problem is also aggravated by the costly nature of most anticancer drugs.

Most of the current study participants reported low satisfaction levels with hospital staff interaction, coordination, organization, and environment of the hospital (mean score: 33.7–46.4) compared to satisfaction with doctors (mean score: 50.2–52.6), and doctors' information exchange was the domain least correlated with overall patient satisfaction, with a Pearson correlation coefficient of 0.632. In addition, health-care aspects, in particular waiting time for

Table 6 Comparative Statistical Analysis of EORTC PATSAT-C33 Domain Mean Scores Among Patients Treated for Cancer at Tikur Anbessa Specialized Hospital, According to the Categorical Socio-Demographic and Clinical Characteristics

Variables, Mean ± SD		OS	DTS	DIE	DAB	SNRT	Coordination	IHCT	OSTHOE
Sex	Male	44.7 ± 9.4	50.1 ± 7.5	48.3 ± 4.7	53.3 ± 8.9	44.7 ± 25.6	43.4 ± 12.1	40.5 ± 10.9	37.1 ± 10.1
	Female	34.8 ± 9.6	43.9 ± 11.5	47.1 ± 3.4	51.4 ± 5.0	47.0 ± 24.3	33.9 ± 16.1	35.9 ± 12.1	29.7 ± 11.0
	P-value	<0.0001	0.004	0.308	0.461	0.393	<0.0001	0.001	<0.0001
Age in years	<40	42.7 ± 9.5	50.5 ± 16.3	48.3 ± 16.7	49.8 ± 13.4	43.1 ± 13.8	39.6 ± 12.2	37.4 ± 11.2	36.0 ± 18.9
	40–49	47.6 ± 11.7	55.1 ± 18.6	53.5 ± 18.1	54.1 ± 16.3	50.4 ± 16.1	44.3 ± 15.6	48.2 ± 12.3	38.2 ± 21.2
	50–59	43.7 ± 12.9	51.2 ± 14.7	46.9 ± 14.8	50.1 ± 15.3	45.3 ± 14.7	42.8 ± 13.2	38.1 ± 9.8	35.4 ± 18.5
	60–69	48.2 ± 11.9	54.4 ± 11.5	54.4 ± 14.0	57.9 ± 12.7	49.0 ± 14.9	49.9 ± 9.8	43.1 ± 10.9	34.0 ± 19.5
	≥70	39.7 ± 11.2	42.8 ± 16.3	50.6 ± 11.2	44.6 ± 9.6	46.2 ± 4.7	38.8 ± 6.9	30.7 ± 7.6	28.3 ± 22.5
	P-value	0.031	0.374	0.243	0.012	0.282	0.047	0.031	0.803
Marital status	Married	45.1 ± 9.7	49.5 ± 14.8	50.5 ± 15.1	52.4 ± 14.1	46.7 ± 15.7	42.9 ± 13.1	40.3 ± 11.3	36.6 ± 20.1
	Single	44.2 ± 9.0	56.9 ± 16.3	49.5 ± 17.4	51.2 ± 14.9	45.3 ± 12.6	41.6 ± 12.7	37.8 ± 10.3	44.2 ± 19.8
	P-value	0.699	0.008	0.719	0.656	0.615	0.587	0.276	0.313
Residence	AA	49.2 ± 8.7	53.3 ± 15.3	46.9 ± 14.1	50.4 ± 14.0	46.7 ± 15.1	49.0 ± 12.6	41.4 ± 11.5	41.2 ± 7.4
	Out of AA	32.6 ± 9.8	49.9 ± 15.7	52.3 ± 16.8	53.1 ± 14.5	45.5 ± 14.5	40.1 ± 13.4	32.6 ± 9.9	29.1 ± 9.1
	P-value	<0.0001	0.197	0.048	0.287	0.645	0.001	<0.0001	<0.0001
Cancer type	Gynecological	39.9 ± 10.6	47.8 ± 16.8	46.7 ± 18.8	45.3 ± 15.7	45.2 ± 15.3	39.8 ± 12.5	34.8 ± 8.9	23.6 ± 17.7
	Head and neck	41.6 ± 9.0	46.8 ± 13.6	46.1 ± 16.2	47.9 ± 12.1	44.2 ± 15.7	41.6 ± 9.6	38.8 ± 10.6	39.9 ± 18.8
	Breast	47.9 ± 8.3	61.3 ± 15.3	56.8 ± 12.3	62.2 ± 13.7	46.8 ± 14.4	45.6 ± 14.7	41.8 ± 12.1	43.3 ± 20.7
	GI	48.9 ± 9.6	55.8 ± 14.4	53.8 ± 16.7	56.6 ± 4.4	49.5 ± 15.4	47.4 ± 13.5	46.8 ± 9.5	38.3 ± 21.1
	Sarcoma	47.3 ± 9.2	49.5 ± 13.9	53.2 ± 16.5	55.1 ± 2.3	42.3 ± 12.4	47.4 ± 13.4	44.6 ± 0.5	46.7 ± 22.7
	Lung	43.1 ± 7.2	45.4 ± 10.3	48.8 ± 14.1	50.9 ± 8.7	47.9 ± 3.3	42.8 ± 11.8	39.6 ± 12.6	38.3 ± 15.5
	Lymphoma	54.3 ± 19.7	61.1 ± 27.7	57.8 ± 19.2	56.6 ± 12.8	50.0 ± 9.9	47.7 ± 13.7	44.1 ± 13.0	35.6 ± 17.7
	Others	46.0 ± 17.3	58.9 ± 21.6	42.7 ± 21.9	56.3 ± 11.8	50.7 ± 18.5	41.9 ± 18.2	42.2 ± 8.5	37.9 ± 15.3
	p-value	<0.0001	0.005	0.094	0.001	0.844	0.0018	0.007	<0.0001
Type of health-care cost	Cash	40.3 ± 9.97	51.3 ± 16.6	48.1 ± 16.0	51.4 ± 14.7	43.5 ± 23.3	39.6 ± 21.3	35.7 ± 24.5	29.2 ± 19.7
	Free	49 ± 7.94	58.3 ± 19.0	53.8 ± 14.6	56.3 ± 21.2	50.9 ± 8.7	46.6 ± 19.8	44.2 ± 16.4	38.6 ± 24.2
	p-value	0.013	0.001	0.211	0.624	0.031	0.01	0.002	<0.0001
Duration since treatment started in months	<6	43.8 ± 10.0	48.6 ± 14.3	48.0 ± 16.7	50.1 ± 14.7	45.5 ± 15.	32.3 ± 13.4	29.6 ± 21.2	25.6 ± 20.3
	6–12	47.2 ± 9.8	58.7 ± 18.5	54.9 ± 15.4	54.8 ± 14.9	47.3 ± 15.1	44.7 ± 12.9	38.6 ± 10.4	37.3 ± 21.7
	>12	49.2 ± 6.5	58.3 ± 14.4	53.6 ± 11.8	56.9 ± 11.4	47.9 ± 11.6	40.7 ± 11.2	39.9 ± 11.1	33.5 ± 16.7
	p-value	0.005	0.001	0.076	0.084	0.742	0.008	0.002	<0.0001

Abbreviations: OS, overall satisfaction; DTS, doctors' technical skills; DIE, doctors' information exchange; DAB, doctors' affective behavior; SNRT, overall satisfaction with nurses' & radiology technologists' service; IHCT, interaction with health-care teams; OSTHOE, overall satisfaction with hospital organization and environment; AA, Addis Ababa; GI, gastro-intestinal malignancies.

obtaining results of medical tests (mean score: 30), undergoing medical tests and/or treatments (mean score: 25) and the kindness and helpfulness of the technical, reception, and laboratory personnel (mean score: 35) were areas rated as poor. Conversely, these parameters were found to be better according to studies from China (73.05),²⁰ Spain (69.2),¹⁹ and France (60.8).¹⁷ This difference might be due to high patient volume, shortage of medical resources, the long waiting time to get the service, difficulties with making an appointment and receiving medical treatment as a result of the availability of only one comprehensive center in Ethiopia and one cobalt 60 radiotherapy machine for a population of about 110 million.

Satisfaction in the care received from doctors, their availability and interpersonal skills, exchange of information, and their technical skills ranked relatively higher (50.2–52.6) compared to information provision, responsiveness, and affective behaviors of the nurses' and radiotherapy technologists (46.2). However, the satisfaction levels are still significantly lower than study reports from Australia (>90),¹¹ Spain (70–95),¹⁹ and France (61.7–71.3).¹⁷ In addition, patients were more satisfied with doctors' affective behavior such as their ability to provide comfort and support, frequency of visits/consultations, and the time they devoted to treating them. On the other hand, they were less satisfied with the doctors' technical skills, such as awareness of the care

and treatment received by the patient previously, attention to their physical symptoms, and information provision about the choice of treatment options and medical tests. This could be due to the high patient load in TASH with an inadequate number of oncologists in the center. This is the fact that there are only 6 adult oncologists at the country level. This is supported by the existing literature that patients wanted doctors to spend more time with them to properly treat and understand their degree of illness.²¹

Relatively better satisfaction (mean score: 46.4) was reported regarding the doctors' ability to give opportunity and involve the patients' family members in many aspects of treatment processes, compared with that for the hospital organization and premises (mean score: 33.7–35.5). But, still, this satisfaction level was lower than studies from Spain (54.5%)¹⁹ and France (59.3% in a local hospital and 61.9% in a teaching hospital).¹⁷

Among the seven domains of EORTC-PATSAT-33C, the patient's interaction with health-care team members ($r=0.950$) was the most highly correlated subgroup/domain with overall patient satisfaction and ranked as number one, whereas correlation with doctors' information exchange was ranked as lowest ($r=0.632$). This result was in disagreement with the Chinese study, in which doctors' information exchange and interpersonal skills were highly correlated to overall satisfaction compared to other domains.²⁰

Predictive factors for lower patient satisfaction were place of residence, gender, type of cancer, duration since treatment started, age, and source of health-care costs. These were significantly correlated with lower patient satisfaction, and place of residence accounted for the highest (78.7%) value which is in line with similar studies done in European and Asian countries.^{7,17,22} The study participant being a resident of Addis Ababa where the treatment center is located (beta coefficient: 9.72) and health-care associated costs covered by the government (beta coefficient: 0.72) were positive predictors for better patient satisfaction which is in line with other studies.^{17,22} Economic-related issues were reported as independent predicting factors affecting patient satisfaction, where those living in Addis Ababa and treatment costs covered by the government incurred less cost compared to their counterparts. In addition, it might be due to better social life and support from their relatives or parents in the capital city. Increasing age (beta coefficient: 0.86) was also another positive predictive factor for patient satisfaction. This finding might be that older people place greater value on any

care they receive when their own need of care is at its greatest.

Female study participants (beta coefficient: -3.66), patients treated from gynecological malignancy (beta coefficient: -2.33) and patients who were in the <6-month group since treatment started (beta coefficient: -0.91) were positively correlated for poor patient satisfaction. A possible explanation for this is that radiation treatment is a mainstay treatment option for patients treated for gynecological malignancy (cancer of the cervix is a common one in Ethiopia),^{23,24} a cancer only affecting females. Therefore, the availability of only one functional radiotherapy machine might be diligent with their disease conditions and long waiting time for the treatment that hugely affecting patients' satisfaction for the provided health-care services. This might also be a reason for the high treatment default rate in the center: among a cohort of 1149 patients, only 48.7% completed their treatment and only 25% of patients received adequate radiation therapy.²⁴

As a limitation, since self-reporting was used for the assessment of satisfaction, the present study was fully dependent on the patients' responses. In addition, the results may underestimate or overestimate patients' real satisfaction status. On the other hand, the quantitative nature of the data could not properly highlight the reasons for poor satisfaction from the patients' perspective. As this study was cross-sectional, fluctuations are likely to occur if the patient satisfaction using EORTC PATSAT-C33 is measured at multiple points in time and the predictors cannot establish causality between patient satisfaction and sociodemographic and clinical characteristics. Hence, future longitudinal studies are needed to observe fluctuations of patient satisfaction at a different point in time. In addition, the stage of cancer was not collected and controlled in the study which may have an impact on the level of patient satisfaction. Besides, the study had no control group to differentiate between the effects of all the independent variables on the satisfaction of patients treated for cancer. Despite all those limitations, this study provides preliminary evidence regarding the level of patient satisfaction at the oncology center of TASH. Additionally, identification of predictors could enable health-care providers working in the center, hospital, and the country in general to design appropriate intervention strategies to improve quality of care towards the provided services. Therefore, health-care providers should work collaboratively to improve patient

Table 7 Factors Associated with Patient Satisfaction Among Those Patients Treated for Cancer at Tikur Anbessa Specialized Hospital, Coordination

Model	Predictor Variables	Adjusted R Square	R Square Change	Change Statistics		p-value	Predictor Variable	Beta Coefficient (95% CI)	S.E
				F-Change	Df2				
1	Residence	0.787	0.787	1414.947	382	<0.0001	Residence(ref: out of AA)	9.72(3.33, 15.1)	2.02
2	Sex	0.819	0.032	67.73	381	<0.0001	Sex(ref: male)	-3.66(-5.99,-1.41)	2.15
3	Type of cancer	0.824	0.006	12.68	380	<0.0001	Type of cancer(ref: others)		
4	Duration since treatment started	0.827	0.003	6.778	379	0.01	Gynecological	-2.33(-6.31, -1.85)	1.72
5	Age in years	0.828	0.002	4.465	378	0.035	Head and neck	-1.19(-4.11, 3.88)	12.3
6	Sources of health-care costs	0.830	0.002	4.514	377	0.034	Breast	1.05(-3.34, 10.1)	2.79
							GI	-4.51(-12.1, 14.3)	8.21
							Sarcoma	0.56(-5.9, 8.31)	11.21
							Lung	-1.41(-8.66, 5.11)	4.32
							Lymphoma	3.11(0.714, 15.52)	13.11
							Duration since treatment started(ref: > 6 months since treatment started)	-0.91(-6.11, -0.11)	1.00
							Age in years	0.86(0.21, 5.21)	0.075
							Sources of health care costs(ref: cash)	0.72(0.09, 7.81)	1.94

Abbreviations: SE, standard error, AA, Addis Ababa, GI, gastrointestinal, DF, degree of freedom, CI, confidence interval.

satisfaction. Satisfied patients will adhere to their treatment and, subsequently, the treatment outcome will be improved.

Conclusion

In general, the mean overall level of satisfaction of patients treated at the outpatient adult oncology center of TASH was significantly lower than findings reported from studies in other countries. The finding is supported by a high treatment default rate in the center. Most patients died while they were waiting for their appointment. Hence, a concerted effort must be made to improve patient satisfaction in oncology health-care services in Ethiopia by expanding comprehensive cancer care services throughout the country and making necessary diagnostic and treatment modalities accessible and affordable for all.

Data Sharing Statement

The datasets used and/or analyzed during the current study are available from AMF on reasonable request.

Ethics Approval and Consent Statement

Ethical approval of the study and study protocol was obtained from AAU, CHS, school of pharmacy ethical review board (approval number: ERB/SOP/48/02/2019), and permission given by the adult oncology center of TASH. Permission to use the EORTC PATSAT-C33 tool was also obtained from EORTC quality of life group with an approval ID of 67536. The aims of the study were clearly explained to the study participants. Study information was collected from each participant after obtaining informed verbal consent which was approved by the ethics committee after clearly explaining the purpose and importance of the study. Individuals were informed that it is fully voluntary, they can withdraw from the study at any time or refuse to answer, can ask anything about the study and this would not affect the service they get from the health-care facilities. They were also informed that they would not receive any monetary incentive for participating in the study. For the purpose of confidentiality, participants' names were not used

at the time of data collection; instead, a specific identification number was given to each participant. All other personal and health information was de-identified and kept separately, so every effort was made to maintain confidentiality throughout the study period and afterward.

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Author Contributions

AMF conceptualized the research, visualized and validated the study design, performed the statistical analysis; wrote, reviewed, and edited both the original draft and final manuscript; and handled all the editors' and reviewers' comments. DA participated in the conceptualization and visualization of the study design and statistical analysis; collection of the data and writing the original draft manuscript. All authors made substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; took part in drafting the article or revising it critically for important intellectual content; gave final approval of the version to be published; and agree to be accountable for all aspects of the work.

Disclosure

All the authors declare that they have no competing interests in this work.

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