

Risk Of Urticaria In Geriatric Stroke Patients Who Received Influenza Vaccination: A Retrospective Cohort Study

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Objective: Urticaria is a mast cell-related disease caused severe itching and the lifetime prevalence of urticaria is about 20% in general population. Our purpose is to evaluate risk of urticaria in geriatric stroke patients received influenza vaccination (IV).

Methods: In a cohort of 192,728 patients with newly diagnosed stroke aged over 65 years obtained from 23 million people in Taiwan's National Health Insurance between 2000 and 2008, we identified 9890 stroke patients who received IV and 9890 propensity score-matched stroke patients who did not receive IV. Controlling for immortal time bias, both the IV and non-IV groups were followed for one year. Urticaria events were identified during the follow-up period. We calculated the adjusted rate ratios (RRs) and 95% confidence intervals (CIs) of the one-year risk of urticaria associated with IV.

Results: During the follow-up period of one year, stroke patients with IV had a significantly higher risk of urticaria compared with non-IV stroke patients (RR 1.81, 95% CI 1.47–2.23). An increased risk of urticaria in stroke patients with IV was noted in both sexes, patients 65–84 years of age, patients with comorbid medical conditions, and various time intervals of follow-up. Vaccinated stroke patients with hemorrhage (RR 4.00, 95% CI 1.76–9.10) and those who received intensive care (RR 5.14, 95% CI 2.32–11.4) had a very high risk of urticaria compared with those without IV.

Conclusion: Receiving IV may be associated with an increased risk of urticaria in stroke patients. We could not infer the causality from the current results because of this study's limitations. Future investigations are needed to evaluate the possible mechanism underlying the association between IV and urticaria.

Keywords: urticaria, stroke, influenza vaccination

Introduction

Urticaria is an allergic disease that causes severe itching and pruritus that may affect the quality of life.¹ The lifetime prevalence of urticaria is approximately 20% of the general population across all ages and up to 40% in the elderly.^{2,3} Urticaria is caused by mast cells, and the symptoms are wheals or angioedema or both on the patient's body. Factors known to trigger urticaria include drugs (opiates, nonsteroidal anti-inflammatory drugs, muscle relaxants, vancomycin), food ingestion, insect stings, and latex.⁴ However, some patients have urticaria without exposure to the known risk factors mentioned above, and the full range of triggering factors is not fully understood.

Influenza is considered to be a leading threat to global health; influenza caused at least 54,481,000 episodes (including 8,172,000 severe episodes) and 9,459,000

hospitalizations worldwide in 2017.⁵ The most effective method for influenza infection prevention and control is to receive the influenza vaccination (IV) annually.⁶ Several studies have suggested that IV not only prevents influenza infection but also lowers the risk of major adverse cardiovascular events,⁷ pneumonia,⁸ and stroke.⁹ Receiving the IV is also associated with reduced poststroke complications and mortality.¹⁰

The safety of the IV is also considered an important issue. The most common side effect is injection site soreness or pain (20–60%).^{11,12} Systemic effects such as low-grade fever, myalgia, headache, and fatigue are less common (10–20%).¹¹ Erythema, induration, swelling, and pruritus are also noted as common local adverse effects. Serious adverse events are rare. Immediate immunoglobulin (Ig) E-mediated hypersensitivity reactions after the IV seldom occur.¹² However, a review report suggested that IV might be associated with urticaria.¹³ There were three case reports including 44 cases investigated the influence of IV on vasculitis and skin reactions.^{14–16} Two observational studies including 937 patients and a safety surveillance including 4.1 million adults and children in France also reported similar side effects.^{17–19} To the best of our knowledge, there is no evidence that urticaria occurred within a longer observational period (> 6 weeks) after IV.

Elderly individuals and those with a history of chronic disease, including stroke, are populations susceptible to influenza,^{20,21} and more than half of stroke patients are elderly.²² Using the research database of the National Health Insurance in Taiwan, we conducted this population-based retrospective cohort study to evaluate the risk of urticaria in geriatric stroke patients who received the IV.

Methods

Source Of Data

Taiwan's National Health Insurance program was implemented in March 1995 and now covers more than 99% of Taiwan's 23 million residents. We conducted this study by using the reimbursement claims data from this insurance program, which records all beneficiaries' medical services, including inpatient and outpatient demographic characteristics, physicians' clinical diagnoses, treatment procedures, medication prescriptions, and the corresponding medical expenditures. Scientific articles based on this database have been accepted for publication in prominent journals, and detailed comments, assessments, and reviews have also been documented.^{10,23–25} This study was approved

by the institutional review board of Taipei Medical University (TMU-JIRB-201910032) and E-DA Hospital (TMU-JIRB-201701050; EDA-JIRB-2017144).

Study Design

We examined the medical claims of the 404,914 Taiwan residents who first underwent inpatient care for stroke (defined as a physician's primary diagnosis of cerebrovascular disease and hospitalization for more than one day) in 2000–2008 and identified 192,728 people aged ≥ 65 years. The inclusion criteria of stroke patients in this study were that people who had first-time stroke hospitalization with physician's primary diagnosis of stroke during the inpatient medical care. The exclusion criteria were that people who had previous inpatient or outpatient care for stroke or they had any previous stroke history before the index date. Of those, 88,990 had received the IV after discharge from the index stroke admission. Each patient who underwent inpatient care for stroke and received the IV was randomly matched to an unvaccinated patient who underwent inpatient care for stroke using a propensity score matched-pair procedure to adjust for age, sex, low-income status, calendar years, hospital status, coexisting medical conditions, stroke types, and stroke admission characteristics. After propensity score matching (case-control ratio, 1:1), there were 9890 patients who received the IV and 9890 who did not. Both IV and non-IV groups were followed from the index date to the end of one year (365 days with adjustment for immortal time bias) or until they were censored because of death. Urticaria events were considered the study outcome during the follow-up period. For the non-IV group, the starting point of follow-up was the first day after discharge from stroke admission. For the IV group, the starting point of follow-up was the date of receiving the IV after discharge from the stroke admission.

Measures And Definitions

In this study, people with low-income status were defined as people who had a certificate of low income. According to the regulations from the Bureau of National Health Insurance in Taiwan, people with low-income status are qualified to have the registration fee and medical copayment waived when obtaining medical care. A medical center was defined as those with a qualification certificate, which means the hospital has a high volume and more professional medical workers. The International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) was used to define the physicians' diagnoses. We considered incident

urticaria (ICD-9-CM 708) after stroke as the study outcome in the present investigation. Based on our previous studies,^{10,23,24} coexisting medical conditions determined from medical claims included hypertension (ICD-9-CM 401–405), diabetes (ICD-9-CM 250), ischemic heart disease (ICD-9-CM 410–414), chronic obstructive pulmonary disease (ICD-9-CM 491, 492, 496), mental disorders (ICD-9-CM 290–319), influenza (ICD-9-CM 480–487), viral hepatitis (ICD-9-CM 070), urinary tract infection (ICD-9-CM 599.0), asthma (ICD-9-CM 493), cancer (ICD-9-CM 140–208, 230–234), dementia (ICD-9-CM 290 and 331.0), hyperlipidemia (ICD-9-CM 272.0, 272.1, 272.2, 272.4), heart failure (ICD-9-CM 428), pneumonia (ICD-9-CM 480–486), allergic rhinitis (ICD-9-CM 477), epilepsy (ICD-9-CM 345), and liver cirrhosis (ICD-9-CM 571.2, 571.5, 571.6). Renal dialysis was defined by administrative codes (D8 and D9).

Statistical Analyses

We used propensity score-matched pair analysis to determine the association between IV and urticaria. A nonparsimonious multivariable logistic regression model was used to estimate propensity scores for stroke patients receiving IV or not. Clinical significance guided the initial choice of covariates in this model to include age, sex, low income, medical center, types of stroke, length of hospital stay, intensive care, neurosurgery, hypertension, diabetes, ischemic heart disease, chronic obstructive pulmonary disease, mental disorders, influenza, viral hepatitis, urinary tract infection, asthma, cancer, dementia, hyperlipidemia, heart failure, pneumonia, allergic rhinitis, epilepsy, liver cirrhosis, renal dialysis, and calendar year. We matched IV recipients to nonrecipients using a greedy matching algorithm (without replacement) with a caliper width of 0.2 SDs of the log odds of the estimated propensity score. Categorical variables are summarized with frequencies (percentages) and were compared between vaccinated patients and non-vaccinated patients with chi-square tests. We used *t*-tests to compare continuous variables that are summarized as the means \pm standard deviations between IV and non-IV groups. The adjusted rate ratios (RRs) and 95% confidence intervals (CIs) of urticaria associated with IV were calculated using multivariate Poisson regression analyses with a generalized estimating equation. Additional analyses stratified by age, sex, number of medical conditions, and stroke type were also performed to examine urticaria after stroke among IV recipients within these strata. All analyses were performed using Statistical Analysis Software version 9.1 (SAS Institute Inc., Cary, NC, USA),

and significance was determined by a two-sided probability value of <0.05 .

Results

The baseline characteristics of the IV recipients and non-recipients among stroke patients are shown in Table 1. As a result of the propensity score matching procedure, there were no significant differences in age, sex, low income status, medical center, types of stroke, length of hospital stay, intensive care, neurosurgery, hypertension, diabetes, ischemic heart disease, chronic obstructive pulmonary disease, mental disorders, influenza, viral hepatitis, urinary tract infection, asthma, cancer, dementia, hyperlipidemia, heart failure, pneumonia, allergic rhinitis, epilepsy, liver cirrhosis, renal dialysis, and calendar year between stroke patients with and without IV.

During the one-year follow-up period (Table 2), stroke patients with IV had a higher risk of urticaria compared with those without IV (RR 1.81, 95% CI 1.47–2.23). The stratification analysis shows that IV was associated with an increased risk of urticaria among the following strata: men (RR 1.95, 95% CI 1.47–2.57), women (RR 1.64, 95% CI 1.20–2.25), 65–69 years of age (RR 1.57, 95% CI 1.03–2.39), 70–74 years of age (RR 1.83, 95% CI 1.23–2.74), 75–79 years of age (RR 2.10, 95% CI 1.37–3.23), 80–84 years of age (RR 1.80, 95% CI 1.05–3.09), without low income (RR 1.80, 95% CI 1.46–2.23), in a medical center (RR 1.86, 95% CI 1.30–2.68), not in a medical center (RR 1.78, 95% CI 1.38–2.29), did not receive intensive care (RR 1.63, 95% CI 1.31–2.02), and received intensive care (RR 5.14, 95% CI 2.32–11.4). The association between IV and the risk of urticaria was also significant in people with hemorrhagic stroke (RR 4.00, 95% CI 1.76–9.10), occlusion and stenosis (RR 1.78, 95% CI 1.39–2.28), 0 medical conditions (RR 2.29, 95% CI 1.54–3.42), 1 medical condition (RR 1.61, 95% CI 1.18–2.18), ≥ 2 medical conditions (RR 1.71, 95% CI 1.14–2.59), and hospital stays of 6–10 days (RR 2.96, 95% CI 1.94–4.53) and ≥ 16 days (RR 2.38, 95% CI 1.44–3.95).

During the one-month follow-up after stroke admission (Table 3), patients who received the IV had a higher risk of urticaria than patients who did not receive the IV (RR 2.42, 95% CI 1.40–4.21). During the two (RR 2.13, 95% CI 1.40–3.25), three (RR 2.52, 95% CI 1.71–3.71), four (RR 2.21, 95% CI 1.57–3.12), five (RR 2.37, 95% CI 1.71–3.27), six (RR 2.50, 95% CI 1.84–3.39), seven (RR 2.35, 95% CI 1.78–3.11), eight (RR 2.39, 95% CI

Table 1 Characteristics Of Geriatric Stroke Patients With And Without Influenza Vaccination

	No IV (N=9890)		IV (N=9890)		P
	n	(%)	n	(%)	
Sex					1.0000
Female	4221	(42.7)	4221	(42.7)	
Male	5669	(57.3)	5669	(57.3)	
Age, years					1.0000
65–69	2200	(22.2)	2200	(22.2)	
70–74	2602	(26.3)	2602	(26.3)	
75–79	2426	(24.5)	2426	(24.5)	
80–84	1642	(16.6)	1642	(16.6)	
≥85	1020	(10.3)	1020	(10.3)	
Low income	92	(0.9)	92	(0.9)	1.0000
Medical center	3441	(34.8)	3441	(34.8)	1.0000
Subtypes of stroke					1.0000
Hemorrhage	1156	(11.7)	1156	(11.7)	
Occlusion and stenosis	7046	(71.2)	7046	(71.2)	
Transient ischemic attack	890	(9.0)	890	(9.0)	
Late effects of stroke	791	(8.0)	791	(8.0)	
Others	7	(0.1)	7	(0.1)	
Stay in intensive care unit	1049	(10.6)	1049	(10.6)	1.0000
Neurosurgery	291	(2.9)	291	(2.9)	1.0000
Coexisting medical condition					
Hypertension	4947	(50.0)	4947	(50.0)	1.0000
Diabetes	1820	(18.4)	1820	(18.4)	1.0000
Ischemic heart disease	609	(6.2)	609	(6.2)	1.0000
COPD	595	(6.0)	595	(6.0)	1.0000
Mental disorder	503	(5.1)	503	(5.1)	1.0000
Influenza	291	(2.9)	291	(2.9)	1.0000
Viral hepatitis	173	(1.8)	173	(1.8)	1.0000
Urinary tract infection	167	(1.7)	167	(1.7)	1.0000
Asthma	134	(1.4)	134	(1.4)	1.0000
Cancer	134	(1.4)	134	(1.4)	1.0000
Dementia	124	(1.3)	124	(1.3)	1.0000
Hyperlipidemia	120	(1.2)	120	(1.2)	1.0000
Congestive heart failure	45	(0.5)	45	(0.5)	1.0000
Pneumonia	38	(0.4)	38	(0.4)	1.0000
Allergic rhinitis	36	(0.4)	36	(0.4)	1.0000
Dialysis	8	(0.1)	8	(0.1)	1.0000
Epilepsy	3	(0.0)	3	(0.0)	1.0000
Liver cirrhosis	3	(0.0)	3	(0.0)	1.0000
Length of stay, days					1.0000
1–5	3875	(39.2)	3875	(39.2)	
6–10	2966	(30.0)	2966	(30.0)	
11–15	880	(8.9)	880	(8.9)	
≥16	2169	(21.9)	2169	(21.9)	
Mean ± SD	12.18±16.36		12.04±15.62		0.5577

(Continued)

Table 1 (Continued).

	No IV (N=9890)		IV (N=9890)		P
	n	(%)	n	(%)	
Calendar year					1.0000
2000	1215	(12.3)	1215	(12.3)	
2001	991	(10.0)	991	(10.0)	
2002	998	(10.1)	998	(10.1)	
2003	893	(9.0)	893	(9.0)	
2004	1024	(10.4)	1024	(10.4)	
2005	980	(9.9)	980	(9.9)	
2006	1017	(10.3)	1017	(10.3)	
2007	1235	(12.5)	1235	(12.5)	
2008	1537	(15.5)	1537	(15.5)	

Abbreviation: COPD, chronic obstructive pulmonary disease.

1.83–3.13), nine (RR 2.14, 95% CI 1.67–2.73), ten (RR 2.00, 95% CI 1.59–2.52), eleven (RR 1.81, 95% CI 1.46–2.24), and twelve (RR 1.81, 95% CI 1.47–2.23) months of follow-up, IV was associated with an increased risk of urticaria in stroke patients.

In the sensitivity analysis (Table 4), we found that patients who received an IV had an increased one-year risk of urticaria even after excluding the urticaria events within the first week (RR 1.77, 95% CI 1.44–2.19), one month (RR 1.71, 95% CI 1.38–2.13), two months (RR 1.73, 95% CI 1.38–2.18), and three months (RR 1.64, 95% CI 1.29–2.08) of the one-year period of follow-up. In [supplementary Table S1](#), the factors associated with an increased risk of urticaria in geriatric stroke patients included transient ischemic attack (RR 1.87, 95% CI 1.11–3.17), mental disorders (RR 1.53, 95% CI 1.00–2.34), and asthma (RR 2.10, 95% CI 1.07–4.10).

Discussion

To the best of our knowledge, our study is the first to show that receiving the IV is associated with an increased risk of urticaria in stroke patients during a one-year period of follow-up, and this association was significant in various subgroups, including both sexes, all age groups, patients with comorbid medical conditions, and patients with different subtypes of stroke. Even in the sensitivity analysis, the one-year risk of urticaria remained associated with IV when excluding urticaria cases in the initial follow-up period.

The results of our study were similar to those of a previous investigation showing that stroke patients had many comorbid medical conditions, such as hypertension, coronary heart disease, heart failure, atrial fibrillation,

Table 2 Overall And Stratified Analysis For The Risk Of Urticaria Associated With Influenza Vaccination In Geriatric Stroke Patients[†]

	No IV (N=9890)		IV (N=9890)		RR	(95% CI)*
	Events	Rate, %	Events	Rate, %		
All	135	1.4	244	2.5	1.81	(1.47–2.23)
Sex						
Female	61	1.5	100	2.4	1.64	(1.20–2.25)
Male	74	1.3	144	2.5	1.95	(1.47–2.57)
Age, years						
65–69	33	1.6	55	2.5	1.57	(1.03–2.39)
70–74	36	1.4	66	2.5	1.83	(1.23–2.74)
75–79	30	1.2	63	2.6	2.10	(1.37–3.23)
80–84	20	1.2	36	2.2	1.80	(1.05–3.09)
≥85	14	1.4	24	2.4	1.71	(0.89–3.29)
Low income						
No	133	1.4	240	2.5	1.80	(1.46–2.23)
Yes	2	2.2	4	4.4	2.00	(0.38–10.7)
Medical center						
No	91	1.4	162	2.5	1.78	(1.38–2.29)
Yes	44	1.3	82	2.4	1.86	(1.30–2.68)
Subtypes of stroke						
Hemorrhage	7	0.6	28	2.4	4.00	(1.76–9.10)
Occlusion and stenosis	96	1.4	171	2.4	1.78	(1.39–2.28)
Transient ischemic attack	20	2.3	23	2.6	1.15	(0.64–2.07)
Late effects of stroke	12	1.5	22	2.8	1.83	(0.91–3.68)
Stay in intensive care unit						
No	128	1.5	208	2.4	1.63	(1.31–2.02)
Yes	7	0.7	36	3.4	5.14	(2.32–11.4)
Number of medical conditions						
0	34	1.1	78	2.5	2.29	(1.54–3.42)
1	66	1.5	106	2.5	1.61	(1.18–2.18)
≥2	35	1.4	60	2.5	1.71	(1.14–2.59)
Length of stay, days						
1–5	68	1.8	88	2.3	1.29	(0.95–1.77)
6–10	28	0.9	83	2.8	2.96	(1.94–4.53)
11–15	18	2.1	23	2.6	1.28	(0.70–2.35)
≥16	21	1.0	50	2.3	2.38	(1.44–3.95)
Calendar year						
2000	13	1.1	36	3.0	2.77	(1.49–5.16)
2001	14	1.4	32	3.2	2.29	(1.23–4.24)
2002	16	1.6	14	1.4	0.88	(0.43–1.77)
2003	15	1.7	30	3.4	2.00	(1.09–3.68)
2004	19	1.9	34	3.3	1.79	(1.03–3.10)
2005	14	1.4	27	2.8	1.93	(1.03–3.60)
2006	21	2.1	23	2.3	1.10	(0.61–1.96)
2007	10	0.8	28	2.3	2.80	(1.37–5.73)
2008	13	0.9	20	1.3	1.54	(0.77–3.07)

Notes: *Adjusted all covariates listed in Table 1. [†]The RR of influenza vaccination associated urticaria was 1.90 (95% CI 1.54–2.35) after adjusted for all covariates listed in Table 1 plus urbanization and cardiovascular medications (as shown in Table S2).

Abbreviations: CI, confidence interval; RR, rate ratio; IV, influenza vaccination.

Table 3 Risk Of Urticaria Associated With Influenza Vaccination In Stroke Patients During Time Period Of Follow-Up

Time Period Of Follow-Up	No IV (N=9890)		IV (N=9890)		RR	(95% CI)*
	Events	%	Events	%		
1 week	6	0.06	14	0.14	2.44	(0.94–6.34)
1 month	18	0.18	42	0.42	2.42	(1.40–4.21)
2 months	32	0.32	66	0.67	2.13	(1.40–3.25)
3 months	36	0.36	88	0.89	2.52	(1.71–3.71)
4 months	47	0.48	101	1.02	2.21	(1.57–3.12)
5 months	52	0.53	120	1.21	2.37	(1.71–3.27)
6 months	58	0.59	142	1.43	2.50	(1.84–3.39)
7 months	70	0.71	162	1.64	2.35	(1.78–3.11)
8 months	75	0.76	177	1.79	2.39	(1.83–3.13)
9 months	93	0.94	197	1.99	2.14	(1.67–2.73)
10 months	108	1.09	215	2.17	2.00	(1.59–2.52)
11 months	126	1.27	227	2.30	1.81	(1.46–2.24)
12 months	135	1.37	244	2.47	1.81	(1.47–2.23)

Note: *Adjusted all covariates listed in Table 1.

Abbreviations: CI, confidence interval; IV, influenza vaccination; RR, rate ratio.

peripheral arterial disease, dyslipidemia, and diabetes mellitus.²² The medications to treat these diseases might be associated with urticaria (such as angiotensin-converting enzyme inhibitors, angiotensin receptor blockers, aspirin and nonsteroidal anti-inflammatory drugs).⁴ Thus, urticaria might be more common in stroke patients, and limited information is known about the annual incidence of urticaria in stroke patients. Asthma and urticaria are both mast cell-mediated diseases. Although the pathophysiology is different in asthma and urticaria, they are similar in terms of the histamine and inflammatory mast cell mediators released (such as interleukin IL-4, IL-10, IL-33 and B cell-activating factor).^{26–28} Some studies have shown that asthma and urticaria are related and that asthma is common in patients with chronic spontaneous urticaria.^{29,30}

According to previous studies,^{4,13} the IV seldomly causes extensive cutaneous or chronic adverse effects. However, the

most frequently reported events are injection site transient reactions or nonspecific inflammation.¹¹ These events are usually self-limiting, and no special treatment is needed. Vasculitis, arthralgia, digestive disorders, abdominal pain, and respiratory symptoms have been sporadically reported in previous studies.^{15,31} Most of the patients recovered, and no further treatment was needed. In this study, we found that stroke patients who did or did not receive the IV differed in the presence and duration of urticaria.

To the best of our knowledge, information about the association between IV and chronic urticaria (> 6 weeks) and the potential mechanism was unavailable. We proposed some possible reasons that may help explain the increased risk of urticaria in stroke patients who have received the IV. First, systemic adverse effects are related to immediate or delayed-type hypersensitivity reactions. IV contains deactivated and purified influenza virus, antigens, hemagglutinins and neuraminidases that might trigger urticaria.^{32,33} Second, the components of the IV might also trigger urticaria. For example, the IV is produced in chicken eggs and contains a small amount of egg protein. Urticaria might be induced by eggs and other components, such as formaldehyde (inactivate toxins), aluminum salts (adjuvants, boost immune response), thimerosal (preservatives to prevent contamination), gelatin (vaccine stabilizer), antibiotics (vaccine storage in gentamicin or neomycin), could also contribute to urticaria.^{4,34}

Third, stroke patients who received the IV annually had better cognitive health and a greater ability to perform physical activity when compared with non-IV stroke patients. Vaccinated patients were healthier and had a lower risk of stroke when compared with nonvaccinated patients.³⁵ The vaccinated patients not only had a greater chance of being vaccinated but also had likely accessed medical care more often.³⁶ Due to the increased number of visits to the clinic and increased healthcare resource utilization, the vaccinated

Table 4 The Sensitivity Analysis For The One-Year Risk Of Urticaria Associated With Influenza Vaccination In Geriatric Stroke Patients

Exclusion Of Urticaria Cases	No IV (N=9890)		IV (N=9890)		RR*	(95% CI)
	Events	%	Events	%		
First week after IV	132	1.3	234	2.3	1.77	(1.44–2.19)
First 1 month after IV	126	1.3	215	2.2	1.71	(1.38–2.13)
First 2 months after IV	115	1.2	199	2.0	1.73	(1.38–2.18)
First 3 months after IV	108	1.1	176	1.8	1.64	(1.29–2.08)

Note: *Adjusted all covariates listed in Table 1.

Abbreviations: CI, confidence interval; IV, influenza vaccination; RR, rate ratio.

patients had a higher probability of having skin lesions noted and urticaria diagnosed. The difference in detection bias with regard to urticaria between the IV and non-IV groups is produced by surveillance bias.³⁷ However, we performed a propensity-score matching procedure to reduce this type of bias in this study.

Fourth, people who received an IV were more likely to have better knowledge of, attitude towards and practice of health promoting activities and self-care.^{38,39} Previous studies also showed that this population had a higher proportion of patients with better health awareness, who are more likely to change their lifestyle factors (such as physical activity, eating habits) and seek complementary and alternative medicine when they have an illness or disease.^{23,40,41} This additional therapy or treatment (such as herbal remedy use, acupuncture, dietary supplementation) might increase the risk of urticaria. In our study, the use of complementary and alternative medicine could not be matched or investigated.

There were some limitations in this study. First, this study was performed based on insurance data. Due to the nature of the database, we did not have detailed information on lifestyle factors (such as alcohol consumption, smoking habits, physical activity), living environment, physical checkup results, biochemical examination and imaging findings. The clinical risk score of stroke severity, such as the National Institutes of Health Stroke Scale or the Barthel Index, was not known. Unmeasured confounding effects might exist. Second, the use of complementary and alternative medicines, surveillance bias, and other possible residual confounding biases could not be excluded from this study. We used a propensity score to balance the baseline characteristics between stroke patients who did or did not receive the IV. Even so, residual confounding bias might interfere with this study's findings. Third, our study was based on reimbursement claims data from Taiwan's National Health Insurance Program. If the patient did not seek medical care for urticaria or other comorbid medical conditions, the diagnosis could not be made. Thus, the occurrence of the disease might be underestimated. However, the possible underestimation should be equally distributed between both groups, thus minimizing this bias. Fourth, our study is based on the data within the years between 2000 and 2009. It is a study limitation that we could not reach the latest data to perform the analysis. The fifth, Although the ICD-9 codes of stroke and physician's diagnosis were validated in some studies,^{42,43} the validation of ICD-9

codes of urticaria has not been evaluated previously. It is also one of limitations in this study. In addition, the manufacturing process for the IV and the components might not be the same in all the IVs. We could not investigate the variations in contents of the IVs because the IVs came from different manufacturers, including those in France, the United Kingdom, and Taiwan. Finally, a causal relationship between the IV and urticaria risk could not be established because our study was not a prospective cohort study or randomized clinical trial.

In conclusion, we discovered the possibility that urticaria might be a side effect of the IV and that the risk of urticaria may last at least one year. However, we could not infer the causality from the current results because of this study's limitations. The management of side effects of IV was suggested to be considered carefully in stroke patients. Future population-based prospective study (at least 5000 persons with IV and 5000 persons without IV) is needed to provide causality and mechanisms by which IV increases urticaria risk during follow-up of one year.

Abbreviations

CI, confidence interval; IV, influenza vaccination; RR, rate ratio; ICD-9-CM, International Classification of Diseases, 9th Revision, Clinical Modification.

Author Contributions

All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

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Disclosure

The authors report no conflicts of interest in this work.

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