

# Antiviral resistance markers in influenza virus sequences in Mexico, 2000–2017

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**Background:** Influenza causes high rates of morbidity and mortality. Genetic variability of influenza viruses generates resistance to antivirals, which are of two types, since they act on two different viral targets: adamantanes, which block the M2 ion channel, and the neuraminidase (NA) inhibitors.

**Methods:** In Mexico, the available studies on the antiviral resistance of circulating influenza strains are scarce, so this work undertook an analysis of the Mexican sequences reported in public gene banks to perform a systematic analysis of the antiviral resistance markers on both M2 and NA. In all, 284 M2 sequences and 423 NA sequences were retrieved from three genetic databases (sequences from 2000 to 2017 were considered).

**Results:** The resistance markers to M2 blockers were present in 100% of H1N1 pdm2009, 83.6% of H3N2, and 5.8% of seasonal H1N1 sequences. Two resistance markers conferring resistance to NA inhibitors were present in seasonal H1N1 sequences, H275Y (50.0%) and N70S (33.3%). None of these viruses had both resistance markers, which are associated with oseltamivir resistance. The more frequent resistance marker in H1N1 pdm2009 NA sequences was H275Y, present in 3.6%, while S247N was present in 0.30%. Only one of the resistance-associated markers (Q136K) in NA (1.5%) was present in the analyzed H3N2 sequences, while sequences of influenza B virus did not present resistance markers to NA inhibitors. Some influenza A H1N1 pdm2009 sequences (1.8%) presented resistance markers to both M2 and NA.

**Conclusion:** Based on the present analysis, 7.1% of the all serotypes of influenza virus A sequences analyzed in Mexico from 2000 to 2017 have mutations conferring resistance to NA inhibitors. Because of this, and the limited availability of influenza drugs, it is necessary to increase the epidemiological surveillance, including molecular analysis, which will provide data such as the presence of changes associated with antiviral resistance.

**Keywords:** influenza A virus, drug resistance, M2 blockers, neuraminidase inhibitors, oseltamivir, zanamivir

## Introduction

Influenza viruses belong to the family Orthomyxoviridae and are classified into three types: A, B, and C.<sup>1</sup> Influenza A and B viruses are associated with high seasonal morbidity and mortality; however, influenza A is a special case because it occasionally causes pandemics and has more rapid evolution than types B and C.<sup>2,3</sup>

Influenza A and B viruses cause epidemics each year, associated with a variable number of deaths, absenteeism, hospitalization, and drug costs, as well as other public and private expenditures.<sup>4</sup> To counteract influenza, vaccines and antivirals have been developed; however, in any of the cases, the protection and/or therapeutic capacity are not enough to eradicate or reduce, to the desired degree, the effects of infection in all patients.

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The failure of vaccines and therapies is largely due to the genetic changes in influenza viruses, which are reflected in phenotypic variations that allow it to escape the host immune response, induce drug resistance, and/or cause pathogenic changes.<sup>5,6</sup> In this regard, surveillance of anti-influenza drug resistance has great global relevance. There are two classes of drugs worldwide approved for treatment of illness caused by influenza virus, M2 ion channel blockers (such as amantadine and rimantadine) and neuraminidase (NA) inhibitors (such as zanamivir, oseltamivir, and peramivir).<sup>7</sup>

In recent years, most of the circulating viruses are resistant to adamantanes; therefore, they are not recommended for antiviral treatment. Hence, only NA inhibitors remain as the indicated anti-influenza drugs against the currently circulating viruses.<sup>7,8</sup>

In Mexico, the available studies on the drug resistance of circulating influenza strains are scarce, so this study undertook an analysis of sequences reported in public gene banks to perform a systematic analysis of the resistance molecular markers on both M2 and NA proteins.

## Methods

Sequences of NA and M2 from influenza A and NA from influenza B viruses were retrieved from Influenza Research Database ([www.fludb.org](http://www.fludb.org)), Influenza Virus Database (<https://www.ncbi.nlm.nih.gov/genomes/FLU/Database/nph-select.cgi?go=database>), and GISAID EpiFlu (<http://platform.gisaid.org/epi3/frontend>). The inclusion criteria of the study were sequences of human influenza viruses reported from Mexico of any year, any subtype, or lineage, regardless of whether they are complete or partial. Sequences from 2000 to 2017 were considered. The redundant sequences and all sequences that did not contain the antiviral resistance positions were discarded from the analysis of those positions. Results were reported as sequences containing the specific marker with respect to the number of sequences analyzed on the related amino acid position. The amino acid positions related to resistance to M2 and NA inhibitors considered in the present study are summarized in Tables 1 and 2, respectively. The selected sequences were aligned using ClustalW Multiple Sequence Alignment tool (Clustal, Dublin, Ireland) in BioEdit v. 7.2.5 (<http://www.mbio.ncsu.edu/BioEdit/bioedit.html>).<sup>9</sup>

## Results

### Overview of retrieved sequences

After discarding the redundant entries from gene bank entries, we undertook the study with 284 M2 and 423 NA sequences. All these sequences were subclassified as complete or partial,

**Table 1** Mutations associated with adamantane resistance in influenza A viruses

Residue change	Amantadine	Rimantadine
L26F	R	R
V27A	R	R
A30T	R	R
A30V	R	R
S31N	R	R
G34E	R	R
L38F	R	R

**Note:** Data from Belshe et al,<sup>23</sup> Hay et al,<sup>24</sup> and Abed et al.<sup>25</sup>

**Abbreviation:** R, resistance.

depending on whether or not they had the corresponding complete open reading frame.

### M2 sequences

In this study, 284 M2 sequences were included, of which 199 (69%) were complete and 85 (31%) were partial: 205 (139 complete and 66 partial) were of H1N1 pdm2009, 17 (11 complete and 6 partial) of seasonal H1N1, 61 (48 complete and 13 partial) of H3N2, and 1 (complete) of H7N3. The M2 sequences were found between 2003 and 2017, and most of them were reported as of 2009 (70%); in fact, 2009 was the year in which the largest proportion of sequences were deposited (55%).

### NA sequences

A total of 423 NA sequences were included. Of these, 197 (46%) were complete and 226 (54%) were partial: 420 corresponded to influenza A and 3 to influenza B. Of influenza A, 329 (134 complete and 195 partial) corresponded to H1N1 pdm2009, 70 (48 complete and 22 partial) to H3N2, 20 (13 complete and 7 partial) to seasonal H1N1, and 1 (complete) to H7N3. The 3 (1 complete and 2 partial) influenza B virus sequences corresponded 1 to Yamagata and 2 to Victoria lineages. Sequences were found in the period 2000–2017, but, as in the case of M2, most of them are reported as of 2009 (77%), and specifically 57% corresponded to the 2009 pandemic.

### Resistance to M2 blockers

The analyzed sequences showed a high frequency of the molecular marker S31N, which is associated with resistance to M2 blockers. All sequences (205/205) of H1N1 pdm2009 and 83.6% (51/61) of H3N2 viruses presented this marker. Seasonal H1N1 viruses had S31N in a much lower proportion: 5.8% (1/17) (Table 3). All other resistance markers were not found in the analyzed sequences. The overall resistance, including all sequences of influenza A viruses, was 90.5%.

**Table 2** Mutations associated with NA inhibitor resistance in influenza A viruses

Subtype	Residue change	Oseltamivir	Zanamivir	Peramivir	Laninamivir	Reference
A H1N1	H275Y	R	S	↓S	S	26
	Q136K	R	R	R	R	27
	N70S	S	R	–	–	28
	I222V/M	↓R	S	S	–	28
	Y155H	R	↑R	↑R	–	28
A H1N1 pdm09	N294S	↓R	↓S	–	↓S	29
	H275Y	R	S	↓S	S	26
	I222V	R	S	–	–	28
	I222R	R	↓R	↓R	–	28
	E119G	R	S	S	S	30
	E119V	R	S	S	S	31
	N325K	R	–	–	–	32
	S247N	R	R	–	–	33
a H3N2	I117V	↓S	↓S	–	–	32
	R292K	R	R	R	S	32
	N294S	↓R	↓S	–	↓S	19
	D151A/E	↓R	S	R	–	34
	Q136K	R	R	R	R	27
	E119V/A/D/G	R	S	S	S	35, 36
	R224K	R	R	–	–	34
	R371K	R	R	–	–	34
	R224K	R	R	–	–	34
	E276D	↓R	R	–	–	34
	H274Y	R	S	↓S	S	35
B	I222V	↓R	–	–	–	30
	E119A/D/G/A	R	↓S	R	–	37
	H274Y	R	S	R	–	37
	R371K	R	↓S	–	–	37
	I222T	R	S	–	–	37
	R292K	R	R	R	–	37
	N294S	R	–	–	–	37
	D198N	R	R	S	–	37
	D198E	R	↓S	R	–	38

**Abbreviations:** NA, neuraminidase; S, sensible; ↓S, decreased sensitivity; R, resistant; ↓R, decreased resistance; ↑R, increased resistance.

**Table 3** Analysis of adamantane resistance in influenza A virus sequences

Subtype	Analyzed sequences	RM present	RM absent	Percent of RM present	No analyzed sequences
H1N1	17	1	16	5.8	0
H1N1 pdm09	205	205	0	100	0
H3N2	61	51	10	83.6	0
H7N2	1	0	1	0	0
Total	284	257	27	90.5	0

**Abbreviation:** RM, resistance marker.

The most frequent codon for N31 resistance marker in H1N1 pdm09 and H3N2 viruses was AAU, which is present in 100% sequences bearing the resistance marker.

## Resistance to NA inhibitors

The analysis of amino acid substitutions in NA related to resistance included those markers to well-known drugs

oseltamivir and zanamivir and the recently approved drugs peramivir and laninamivir (Table 2).

Nine amino acid substitutions were analyzed in the H1N1 pdm2009 sequences, and only two changes were present in some of them. The most frequent was H275Y, present in 12/328 (3.6%), while S247N was present in 1/329 (0.30%). These changes and the rest of resistance markers

are summarized in Table 4. All viruses carrying the marker H275Y had the codon UAC (12/12), while the other viruses had CAC (316/316). The only one virus carrying the marker S247N presented the codon AAU, and the other viruses had AGU (328/328). None of these viruses had both resistance markers, which are associated with oseltamivir resistance. The S247N change is also associated with zanamivir resistance and was the only sequence detected for this drug. No sequence had amino acids changes associated with peramivir and laninamivir resistance.

To analyze the resistance of seasonal H1N1 viruses, five amino acid substitutions were considered (Table 2). Only two resistance markers were present, H275Y in 10/20 (50.0%) and N70S in 6/18 (33.3%) sequences. None of these viruses had both resistance markers, which are associated with oseltamivir resistance (Table 5). No sequence had markers associated with zanamivir, peramivir, and laninamivir resistance. The most frequent codon in H274Y change was UAU (9/10), while the other viruses had CAC (7/10) and CAU (3/10). In all cases of N70S, the codon was AGC (6/6), and the other viruses presented AAC (12/12).

The analyses of NA resistance markers in H3N2 viruses included eleven positions (Table 2). Only one of the resistance-associated genotypic markers (Q136K) was present in the 70 (1.5%) analyzed N2 sequences. In the case of influenza

B virus, none of the considered eight NA resistance markers was present in the three analyzed sequences. The overall rate of NA resistance markers, including all subtypes of influenza A viruses, was 7.1% (30/423).

## Combined resistance

Some of viruses presented two or more resistance markers. H1N1 pdm2009 viruses with combined M2 and NA sequences (171) show that all of them were resistant to adamantanes and three (1.8%) were also resistant to oseltamivir.

Seasonal H1N1 and H3N2 viruses had 12 and 61 available sequences to analyze both genes, but none of them had double resistance, neither seasonal H1N1 nor H3N2 had resistance markers to zanamivir.

## Discussion

Although vaccination as a form of prevention for influenza is widespread and relatively successful, there is still a high frequency of cases of influenza, which can lead to high severity and present a significant lethality. The NA inhibitors began to be used as specific drugs to reduce viral replication between 1999 and 2000 and have been widely recommended for treatment, especially in severe infections. However, the resistance presented by influenza viruses is significant and represents a global health concern.<sup>10</sup>

**Table 4** Sequences of influenza A H1N1 pdm09 virus analyzed to determine the NA inhibitor resistance markers

Residue change	Analyzed sequences	RM present	RM absent	Percent of RM present	No analyzed sequences <sup>a</sup>
H275Y	328	12	316	3.6	1
N294S	293	0	293	0	36
I222V	295	0	295	0	34
I222R	295	0	295	0	34
E119G	229	0	229	0	100
E119V	229	0	229	0	100
N325K	292	0	292	0	37
S247N	329	1	328	0.30	0
I117V	229	0	229	0	100

**Note:** <sup>a</sup>Some of the incomplete sequences did not contain all the sites where the resistance markers are located.

**Abbreviations:** NA, neuraminidase; RM, resistance marker.

**Table 5** Sequences of seasonal influenza A H1N1 virus analyzed to determine the NA inhibitor resistance markers

Residue change	Analyzed sequences	RM present	RM absent	Percent of RM present	No analyzed sequences <sup>a</sup>
H275Y	20	10	10	50	0
Q136K	18	0	18	0	2
N70S	18	6	12	33.3	2
I222V/M	20	0	20	0	0
Y155H	20	0	20	0	0

**Note:** <sup>a</sup>Some of the incomplete sequences did not contain all the sites where the resistance markers are located.

**Abbreviations:** NA, neuraminidase; RM, resistance marker.

Currently, the NA inhibitors are the antiviral of choice for influenza treatment, although WHO estimates that 2% of circulating strains of influenza virus are resistant to these inhibitors, due to certain characteristic mutations causing of antiviral effectivity of drugs. The predominant resistance-associated change is H275Y (N1 numbering).<sup>11</sup> Based on the present analysis, 7.1% of the sequences analyzed in Mexico have mutations conferring resistance to NA inhibitors (oseltamivir and zanamivir).

In Mexico, there are few studies reporting oseltamivir resistance in influenza viruses. These reports present values ranging from 0% to 0.33%.<sup>12–15</sup>

The percentage of resistant strains may fluctuate depending on the country and geographical area: in USA, it has been reported at 1.2%,<sup>16</sup> in Brazil 1.4%,<sup>17</sup> in Argentina 0.1%,<sup>18</sup> and in Australia and Japan 18%.<sup>19,20</sup> In the sequences analyzed in this work, the predominant mutation was H275Y in both the H1N1 pdm09 and seasonal H1N1 subtypes, while the H3N2 subtype did not present this mutation (H274Y), and its overall resistance proportion was lower than that of the other two influenza A viruses.

There is a gradual increase in circulating resistant strains worldwide since before 2008: the percentage of resistant strains was <1%<sup>21</sup> and is currently 2% at global level. However, in some countries, high rates, >60%, have been reported.<sup>22</sup>

In the present analysis, the sequences of the H1N1 pdm09 during the period 2009–2012 present a higher frequency of H275Y, which could suggest that this mutation is being adapted, maintained, and disseminated in this subtype in Mexico. However, after 2012, none of analyzed NA sequences presented this resistance marker; therefore, it is difficult to predict the behavior of resistance in influenza viruses.

Because of this, and the limited availability of influenza drugs, it is necessary to increase the epidemiological surveillance, including molecular analysis, which will provide data such as the presence of changes associated with antiviral resistance, but can offer other phenotypic-associated features related to sequence changes, such as specificity for receptors, relationship with circulating strains, and antigenicity.

## Conclusion

The clinical implications of resistance to antivirals should not be taken lightly. Based on the present analysis, 7.1% of circulating influenza viruses from 2000 to 2017 in Mexico have mutations that confer resistance to NA inhibitors. These resistant viruses increased their presence as of 2009; among them, H275Y (or H274Y) has been maintained and

disseminated by different influenza virus subtypes around the world. This, coupled with therapeutic limitations against infection, forces us to establish better epidemiological surveillance systems that include the search for mutations that confer resistance to NA inhibitors, among other biological characteristics such as replication and transmissibility.

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