

# A phase I randomized study evaluating the effect of omeprazole on the pharmacokinetics of a novel 5-hydroxytryptamine receptor 4 agonist, revexepride (SSP-002358), in healthy adults

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**Background:** About 30% of patients with gastroesophageal reflux disease continue to experience symptoms despite treatment with proton pump inhibitors. The 5-hydroxytryptamine 4 receptor agonist revexepride (SSP-002358) is a novel prokinetic that stimulates gastrointestinal motility, which has been suggested as a continued cause of symptoms in these patients. The aim of this study was to assess whether revexepride pharmacokinetics were affected by co-administration of omeprazole, in preparation for a proof-of-concept evaluation of revexepride added to proton pump inhibitor treatment.

**Methods:** In this phase 1, open-label, randomized, two-period crossover study, healthy adults aged 18–55 years were given a single dose of revexepride 1 mg or revexepride 1 mg + omeprazole 40 mg. Pharmacokinetic parameters were assessed for up to 48 hours after administration of the investigational product. Adverse events, clinical chemistry and hematology parameters, electrocardiograms, and vital signs were monitored.

**Results:** In total, 42 participants were enrolled and 40 completed the study. The median age was 24 years (18–54 years), 55% were women and 93% were white. The pharmacokinetic parameters of revexepride were similar without or with omeprazole co-administration. The mean area under the plasma concentration–time curve from time 0 to infinity ( $AUC_{0-\infty}$ ) was 23.3 ng · h/mL (standard deviation [SD]: 6.33 ng · h/mL) versus 24.6 ng · h/mL (SD: 6.31 ng · h/mL), and maximum plasma concentrations ( $C_{max}$ ) were 3.89 ng/mL (SD: 1.30 ng/mL) and 4.12 ng/mL (SD: 1.29 ng/mL) in participants without and with omeprazole, respectively. For  $AUC_{0-\infty}$  and  $C_{max}$ , the 90% confidence intervals for the ratios of geometric least-squares means (with:without omeprazole) were fully contained within the pre-defined equivalence limits of 0.80–1.25. Mean apparent terminal phase half-life was 9.95 hours (SD: 2.06 hours) without omeprazole, and 11.0 hours (SD: 3.25 hours) with omeprazole.

**Conclusion:** Co-administration of the 5-hydroxytryptamine receptor 4 agonist revexepride with omeprazole did not affect the pharmacokinetics of revexepride in healthy adults.

**Keywords:** revexepride, omeprazole, pharmacokinetics, gastroesophageal reflux disease

## Introduction

Gastroesophageal reflux disease (GERD) is a chronic condition characterized by the symptoms of heartburn and regurgitation, which are caused by gastroesophageal reflux.<sup>1</sup> It has been reported to affect 17%–28% of patients in primary care<sup>2</sup> and is associated with lower health-related quality of life than that found in the general population.<sup>3</sup>

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Treatments for GERD include over-the-counter antacids, as well as prescription drugs that reduce gastric acid secretion. The latter group includes proton pump inhibitors (PPIs) such as omeprazole, esomeprazole, and rabeprazole, and histamine type 2 receptor antagonists.<sup>4</sup> PPIs are the most effective and widely used prescription treatments for GERD, achieving marked improvement in symptoms in most patients; however, about 30% of individuals with GERD continue to experience symptoms despite PPI treatment.<sup>4</sup>

In some of these patients, symptoms persist even when acid secretion is effectively suppressed.<sup>5</sup> Dysmotility of the gastrointestinal tract has been suggested to be a cause of continued symptoms, and prokinetic agents may therefore be of benefit.<sup>6</sup> Revexepride (SSP-002358) is one of a new class of 5-hydroxytryptamine 4 receptor (5-HT<sub>4</sub>) agonists that has been developed with the aim of stimulating gastrointestinal motility, accelerating gastric emptying, and increasing lower esophageal sphincter pressure. The chemical structure of the compound is shown in Figure 1. It is a highly potent and specific 5-HT<sub>4</sub> agonist, which enhances the physiological release of acetylcholine at the myenteric plexus.

As a potential therapy for GERD, revexepride would be used in combination with or directly following treatment with PPIs, which have a lasting inhibitory effect on gastric acid secretion.<sup>7</sup> Changes in gastric pH affect the absorption of some drugs. Revexepride has high solubility across the gastric pH range, so an effect on its pharmacokinetics due to a change in gastric pH is unlikely. There is, however, potential for a drug–drug interaction (DDI) between revexepride and PPIs through the enzyme cytochrome P450 (CYP) 3A4/5. An *in vitro* study demonstrated that CYP3A4/5 is involved in the metabolism of revexepride and the formation of the associated normetabolite (Supplementary material), and CYP3A4 is also involved in the metabolism of PPIs.<sup>8</sup> Furthermore, when ketoconazole, a known CYP3A4 inhibitor, was co-administered with revexepride, there was a two to

three fold increase in the systemic exposure to revexepride-base (Supplementary material).

To evaluate a potential DDI between revexepride and PPIs, the pharmacokinetics of revexepride were compared in the presence or absence of omeprazole, a commonly used PPI that has been shown to be metabolized by CYP3A4.<sup>8</sup> The study did not aim to address the impact of revexepride on the pharmacokinetics of omeprazole. Revexepride was not expected to alter the pharmacokinetics of co-administered omeprazole, because an *in vitro* study had previously demonstrated that revexepride had minimal effects on the activities of the major CYP groups (Supplementary material). Moreover, the typical dose of omeprazole in clinical practice (40 mg once daily) is at least 20 fold higher than the proposed doses of revexepride in the present proof-of-concept study ( $\leq 2$  mg).

## Materials and methods

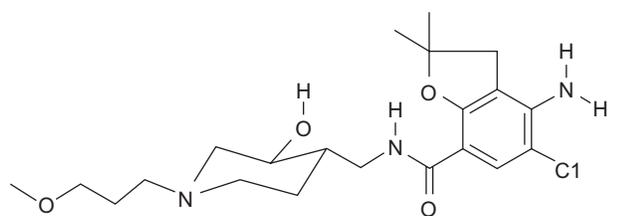
### Objectives

The primary objective of this study was to examine the effect of co-administration of omeprazole on the pharmacokinetics of revexepride. The secondary objective was to provide additional safety information on revexepride when administered alone or in combination with omeprazole.

### Study design

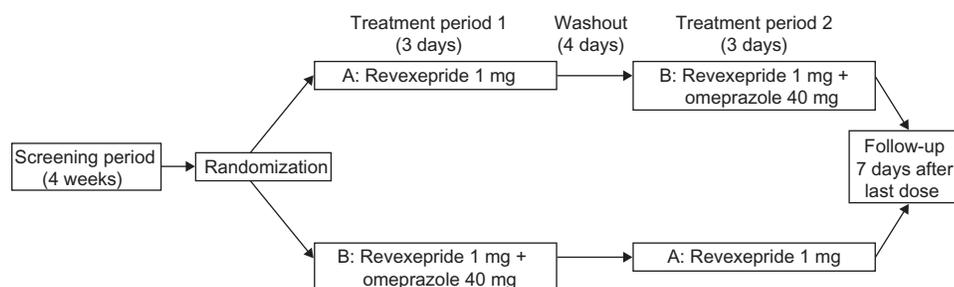
This was a phase 1, open-label, randomized, two-period crossover, drug interaction study investigating the pharmacokinetic profile of revexepride when administered alone and in combination with omeprazole (Figure 2; ClinicalTrials.gov identifier: NCT01415349). Participants were randomized in a 1:1 ratio on Day 1 of Treatment Period 1 to receive one of two treatment sequences, A followed by B or B followed by A, in which the treatments were: A) a single oral dose of revexepride 1 mg (expressed as base-equivalents); B) a single oral dose of revexepride 1 mg + a single oral dose of omeprazole 40 mg. The alternative treatment was administered on Day 1 of Treatment Period 2 following a 4 day washout period and overnight fasting. Participants received a follow-up telephone call 7 days after the last dose of investigational product. A 1 mg dose was used because it was in the potential clinical range and would allow a multifold increase in revexepride plasma concentrations without compromising safety and tolerability.

Clinical data collection and safety analyses were carried out at PRA International, Zuidlaren, the Netherlands, and PRA International, Raleigh, NC, USA, respectively. The study took place in August–September 2011 and was carried



(3-S-trans) HC1(1:1) Hydrate(1:1)

**Figure 1** Structural formula of revexepride (SSP-002358).



**Figure 2** Study design flow chart.

**Note:** Participants were admitted to the clinical research center 1 day before each treatment period.

out in accordance with the International Conference on Harmonisation of Good Clinical Practice, the principles of the Declaration of Helsinki, and applicable local ethical and legal requirements.<sup>9,10</sup> Before entering the study, all participants provided written informed consent, which was reviewed, along with the study protocol, by the institutional review board of the clinical research center and an independent ethics committee (Medische Ethische Toetsings Commissie [METC] van de Stichting Beoordeling Ethiek Biomedisch Onderzoek [BEBO], Assen, the Netherlands).

## Study participants

Healthy men and healthy non-pregnant women aged 18–55 years were included in the study. Study participants had to have a body mass index in the range 18.5–30 kg/m<sup>2</sup> at the first visit and no current or recurrent disease that could affect the pharmacokinetics or safety assessments of the investigational product. They were also required to: have no known intolerance or hypersensitivity to the drugs used in the study; not be taking any medication apart from hormone replacement therapy or hormonal contraceptives in the 14 days before receiving the first dose of investigational product; and to not have taken either drug used in the study in the 30 days before receiving their first dose.

Participants were excluded if they had: donated blood in the 60 days before receiving the first dose of investigational product; a history of drug or alcohol abuse in the past year; consumed more than 300 mg of caffeine a day; smoked or used nicotine-containing products; drunk more than 21 (men) or 14 (women) units of alcohol per week; or eaten any product containing grapefruit or Seville oranges (which inhibit CYP activity)<sup>11</sup> in the 7 days before receiving the first dose of investigational product.

## Treatments

The investigational product was administered on Day 1 of each treatment period. Study participants were required to

fast overnight before drug administration and until 4 hours post-dose. Participants remained in the study center for assessments from Day 1 until the completion of all study assessments on Day 3 for each treatment period.

Revexepride was administered as 2×0.5 mg (expressed as base-equivalents) monohydrochloride monohydrate salt tablets (batch number AF110101). Omeprazole was administered as a 40 mg capsule (Losec®; AstraZeneca, London, UK; batch number AF1101010). Both revexepride tablets and omeprazole capsules were swallowed whole with approximately 240 mL water.

## Pharmacokinetic assessments

Bioanalysis and sample storage took place at Analytical Biochemical Laboratory BV, Assen, the Netherlands. Serial 2 mL blood samples were collected before administration of the investigational product and at the following times after drug administration in each treatment period: 0.5, 1, 1.5, 2, 3, 4, 6, 8, 10, 12, 24, 36, and 48 hours. Plasma revexepride-base concentrations were determined using a validated high-performance liquid chromatography with tandem mass spectrometry assay, which was linear over the range 2.08–1,040 pg/mL, with a lower limit of quantification of 2.08 pg/mL. Where applicable, samples were diluted ten fold in blank human heparin to bring the drug concentration within the quantitation limits.

Quality control and calibration standard data were collected in accordance with the US Food and Drug Administration Guidance for Industry: Bioanalytical Method Validation.<sup>12</sup> Quality control samples were prepared in control human plasma at three concentration levels (6.23, 83.1, and 831 pg/mL), stored with the study samples, and analyzed with each batch against freshly prepared calibration standards. Mean estimates of accuracy ranged from –2.7% to –7.1% and mean estimates of precision ranged from 3.2% to 8.7% across the three concentration levels. Although plasma concentrations of revexepride were determined in pg/mL during

bioanalysis, they were converted to ng/mL before pharmacokinetic analysis for consistency with previous data.

Covance Clinical Research Unit, Leeds, UK, carried out pharmacokinetic and related statistical analysis and reporting of these data. The following pharmacokinetic parameters were analyzed from the concentration–time data using WinNonlin® version 5.2 (Pharsight Corporation, Mountain View, CA, USA): maximum plasma concentration ( $C_{\max}$ ); time to  $C_{\max}$  ( $t_{\max}$ ); time of last quantifiable plasma concentration ( $t_{\text{last}}$ ); apparent terminal phase half-life ( $t_{1/2}$ ); apparent terminal phase rate constant ( $\lambda_z$ ); area under the plasma concentration–time curve from time 0 to  $t_{\text{last}}$  ( $AUC_{0-t}$ ); area under the plasma concentration–time curve from time 0 to infinity ( $AUC_{0-\infty}$ ), calculated as “ $AUC_{0-t} + (\text{last measurable plasma concentration } [C_t]/\lambda_z)$ ”; proportion of AUC that is due to extrapolation from  $t_{\text{last}}$  to infinity ( $\%_{\text{extrap}}$ ).

## Safety assessments

Participant health was assessed at screening, and the day before and 3 days after administration of the investigational product. Assessment included physical examination, electrocardiography, and clinical laboratory tests. Information on adverse events (AEs) was recorded from the time of informed consent until the end of follow-up or until the AE resolved.

## Statistical analysis

### Endpoints

The primary endpoints were  $C_{\max}$  and  $AUC_{0-\infty}$  of revexepride-base following treatment with revexepride alone or revexepride + omeprazole. Secondary endpoints were  $AUC_{0-t}$  and  $t_{\max}$  for revexepride-base.

### Analysis populations

The Safety Analysis Set included all study participants who took at least one dose of investigational product and had at least one post-dose safety assessment. Participants in the Safety Analysis Set whose primary pharmacokinetic data were considered sufficient and interpretable were included in the Pharmacokinetic Analysis Set. Participants were excluded from the pharmacokinetic descriptive statistics and statistical analysis for the treatment period if they vomited or experienced significant diarrhea that crossed two or more sampling times in the 10 hours after dosing.

### Estimation of sample size

The sample size was estimated based on the probability of achieving equivalence for each of the primary endpoints

(revexepride-base  $C_{\max}$  and  $AUC_{0-\infty}$ ). Based on the findings of a previous open-label, randomized, three-way crossover, single-dose pharmacokinetic study in healthy adults receiving revexepride 1 mg capsules (Supplementary material), a coefficient of variation of 25% for both  $C_{\max}$  and  $AUC_{0-\infty}$  was assumed. To demonstrate equivalence, allowing for a 5% difference in true means (ratio of 1.05) and true within-subject coefficient of variation of 25%, 36 participants were required to achieve 90% power. To ensure that 36 participants completed the study, it was decided to enroll a total of 42 individuals.

## Analysis of pharmacokinetic parameters

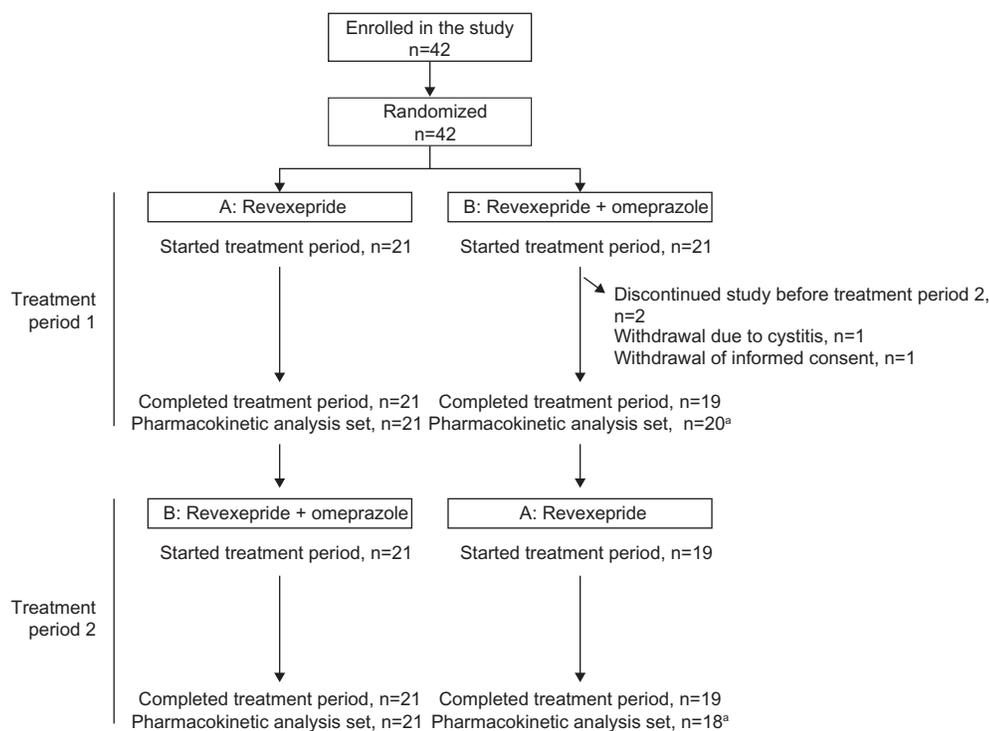
Following logarithmic transformation, the primary endpoints,  $C_{\max}$  and  $AUC_{0-\infty}$ , for participants in the Pharmacokinetic Analysis Set were analyzed using a mixed-effect linear model with sequence group (AB or BA), treatment period (1 or 2), and treatment (revexepride, or revexepride + omeprazole) as fixed effects. Subject-within-sequence was included as a random effect. For each endpoint, the least-squares (LS) mean and associated standard error were determined for both treatments. The LS mean and standard error were also calculated for the difference between treatments, and used to evaluate a 90% confidence interval (CI) for the difference between the logs of the two treatments. To return to the original scale, an exponential transformation was applied to the lower and upper limits of the CI. This created a 90% CI for the ratio of revexepride + omeprazole to revexepride alone. Point estimates and 90% CIs for the primary endpoints,  $C_{\max}$  and  $AUC_{0-\infty}$ , were assessed against the accepted bioequivalence criteria for log-transformed data (0.80, 1.25).

The main secondary pharmacokinetic endpoint,  $AUC_{0-t}$ , was analyzed by the same methods as the primary endpoints but was not assessed against equivalence criteria. The analysis of the other secondary endpoint,  $t_{\max}$ , was conducted without transformation or modeling. Each value from participants treated with revexepride alone was subtracted from each value from participants in the revexepride + omeprazole group to create a set of all differences in observations between the two treatment regimens. The median difference and 90% CI were then calculated based on Hodges–Lehmann estimate for Wilcoxon’s signed-rank test.

## Results

### Participant disposition and demographics

Forty-two participants were enrolled and included in the Safety Analysis Set, of whom 40 completed the study (Figure 3). Two participants were withdrawn from the study during Treatment Period 1: one participant withdrew



**Figure 3** Overview of disposition of participants in the study.

**Notes:** <sup>a</sup>One participant randomized to treatment sequence BA experienced vomiting and diarrhea in Treatment Period 1 and diarrhea in treatment period 2, and was excluded from the Pharmacokinetic Analysis Set. This participant completed all study assessments. All randomized participants received at least one dose of investigational product and were included in the Safety Analysis Set.

informed consent and the other participant discontinued owing to an AE (cystitis). Both withdrawals occurred on day 3 of Treatment Period 1 after receiving revexepride + omeprazole. These two participants were included in the Pharmacokinetic Analysis Set. One participant was excluded from the Pharmacokinetic Analysis Set owing to vomiting in Treatment Period 1 and significant diarrhea in both treatment periods.

In total, 23 (54.8%) participants in the Safety Analysis Set were women, and the median age was 24 years (range, 18–54 years; Table 1). Most participants (92.9%) were white. Patient demographics were similar between treatment groups.

## Pharmacokinetics

Six participants in the Pharmacokinetic Analysis Set experienced significant diarrhea between dosing and 10 hours post-dose in Treatment Period 1. The plasma concentration data and the pharmacokinetic data for these six participants were excluded from the descriptive statistics and statistical analyses for Treatment Period 1 (three received revexepride and three received revexepride + omeprazole).

The pharmacokinetic profile of revexepride in the presence or absence of co-administration with omeprazole

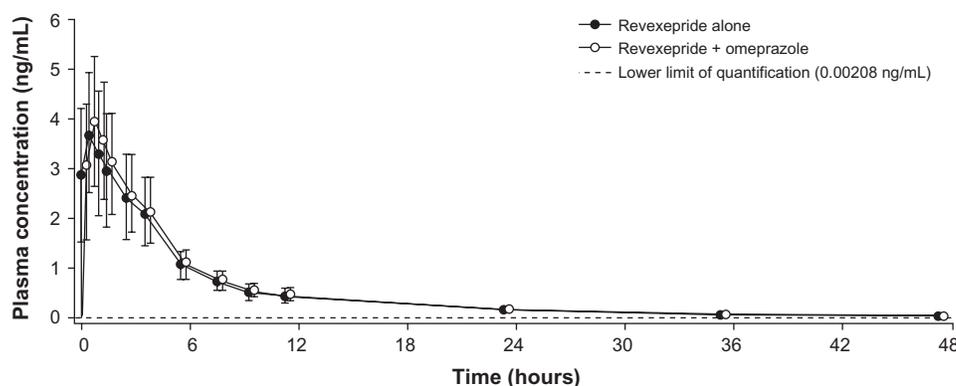
is shown in Figure 4. Mean plasma concentrations of revexepride peaked 1 hour after administration of investigational product to similar levels in each treatment group.

Pharmacokinetic parameters of revexepride following a single dose administered alone or in combination with omeprazole are presented in Table 2. The primary endpoints,  $AUC_{0-\infty}$  and  $C_{max}$  mean values, were similar in participants who had taken revexepride alone and in those who had received revexepride + omeprazole (Table 2). The

**Table 1** Baseline demographics of the Safety Analysis Set

	Revexepride (n=40)	Revexepride + omeprazole (n=42)	Total (n=42)
Age, years			
Median (range)	24 (18–54)	24 (18–54)	24 (18–54)
Sex, n (%)			
Female	22 (55.0)	23 (54.8)	23 (54.8)
Male	18 (45.0)	19 (45.2)	19 (45.2)
Race, n (%)			
White	37 (92.5)	39 (92.9)	39 (92.9)
Black	1 (2.5)	1 (2.4)	1 (2.4)
Asian	1 (2.5)	1 (2.4)	1 (2.4)
Other	1 (2.5)	1 (2.4)	1 (2.4)
BMI, kg/m <sup>2</sup>			
Mean (SD)	22.5 (2.6)	22.4 (2.6)	22.4 (2.6)

**Abbreviations:** BMI, body mass index; SD, standard deviation.



**Figure 4** Plasma concentration–time profiles for revexepride-base for the pharmacokinetic analysis set following a single dose of revexepride 1 mg alone or co-administered with omeprazole 40 mg.

**Note:** Participants who vomited or experienced significant diarrhea between dosing and 10 hours post-dose were excluded from the mean values for the corresponding treatment.

mean  $AUC_{0-t}$  was also similar between treatment groups. The median value of  $t_{max}$  was 1.00 hour for both treatment groups, with ranges of 0.50–4.00 hours with revexepride alone and 0.50–1.50 hours with revexepride + omeprazole (Table 2). Mean  $t_{1/2}$  values were similar for the two treatments, at 9.95 hours (standard deviation [SD]: 2.06 hours) for revexepride alone and 11.0 hours (SD: 3.25 hours) for revexepride + omeprazole.

Analysis of variance demonstrated that there was no effect of co-administration with omeprazole on systemic exposure to revexepride (Table 2). The 90% CIs for the geometric LS mean ratios revexepride + omeprazole to revexepride alone of the primary endpoints ( $AUC_{0-\infty}$ : 0.998, 1.08;  $C_{max}$ : 0.966, 1.09) fell within the predefined equivalence limits of 0.80 and 1.25.

## Safety and tolerability

All but one of the participants experienced at least one treatment-emergent adverse event (TEAE) during the study.

However, no TEAEs were considered serious, and only one TEAE led to early withdrawal. One participant experienced a severe TEAE that was considered related to the investigational product (vomiting following administration of revexepride + omeprazole). One participant withdrew from the study following a case of cystitis that was considered by the investigator not to be related to the investigational product.

The incidence of TEAEs was similar between treatment groups, with TEAEs affecting 93% and 91% of participants treated with revexepride and revexepride + omeprazole, respectively (Table 3). The most common TEAEs were gastrointestinal disorders (revexepride: 75%, revexepride + omeprazole: 79%), particularly diarrhea (revexepride: 53%, revexepride + omeprazole: 62%). Headache was also common, affecting 30 participants (75%) in the revexepride group and 33 participants (79%) in the revexepride + omeprazole group.

**Table 2** Arithmetic mean values and analysis of variance of plasma pharmacokinetic parameters of revexepride-base following a single dose of revexepride 1 mg administered alone or in combination with omeprazole 40 mg

	Arithmetic mean (SD)		Analysis of variance		
	Revexepride (n=36)	Revexepride + omeprazole (n=38)	Geometric LS means		Ratio of geometric LS means (90% CI)
			Revexepride	Revexepride + omeprazole	
$AUC_{0-\infty}$ , ng · h/mL	23.3 (6.33)	24.6 (6.31)	23.4	22.5	1.04 (0.998, 1.08)
$AUC_{0-t}$ , ng · h/mL	22.8 (6.11)	23.8 (5.97)	22.7	21.9	1.03 (0.991, 1.08)
$C_{max}$ , ng/mL	3.89 (1.30)	4.12 (1.29)	3.86	3.75	1.03 (0.966, 1.09)
$t_{max}$ , h	1.00 (0.500, 4.00) <sup>a</sup>	1.00 (0.500, 1.50) <sup>a</sup>	1.00 <sup>b</sup>	1.00 <sup>b</sup>	0.00 (0.000, 0.250) <sup>c</sup>
$t_{1/2}$ , h	9.95 (2.06)	11.0 (3.25)			

**Notes:** <sup>a</sup>Median (range); <sup>b</sup>median; <sup>c</sup>median difference (90% CI for median difference).

**Abbreviations:**  $AUC_{0-t}$ , area under the plasma concentration–time curve from time 0 to  $t_{last}$ ;  $AUC_{0-\infty}$ , area under the plasma concentration–time curve from time 0 to infinity, calculated as  $AUC_{0-t}$  + (last measurable plasma concentration [ $C_t$ ]/apparent terminal phase rate constant [ $\lambda_z$ ]); CI, confidence interval;  $C_{max}$ , maximum plasma concentration; LS, least-squares; SD, standard deviation;  $t_{max}$ , time to  $C_{max}$ ;  $t_{1/2}$ , apparent terminal phase half-life;  $t_{last}$ , time of last quantifiable plasma concentration.

**Table 3** Summary of TEAEs following a single dose of revexepride 1 mg administered alone or in combination with omeprazole 40 mg

	Revexepride (n=40)		Revexepride + omeprazole (n=42)	
	Participants, n (%)	Events	Participants, n (%)	Events
Any TEAE	37 (92.5)	93	38 (90.5)	114
Leading to early withdrawal	0 (0.0)	0	1 (2.4)	1
Related to investigational product	35 (87.5)	78	37 (88.1)	91
Severe TEAE	0 (0.0)	0	1 (2.4)	1
Serious TEAE	0 (0.0)	0	0 (0.0)	0
Deaths	0 (0.0)	0	0 (0.0)	0
Type of TEAE <sup>a</sup>				
Gastrointestinal disorder	30 (75.0)	50	33 (78.6)	53
Abdominal distension	3 (7.5)	3	2 (4.8)	2
Abdominal pain	3 (7.5)	4	3 (7.1)	3
Diarrhea	21 (52.5)	24	26 (61.9)	26
Flatulence	4 (10.0)	4	2 (4.8)	2
Gastrointestinal sounds abnormal	7 (17.5)	7	4 (9.5)	4
Nausea	6 (15.0)	6	13 (31.0)	14
General disorders and administration site conditions	4 (10.0)	5	7 (16.7)	13
Catheter site-related reaction	2 (5.0)	3	2 (4.8)	2
Nervous system disorders	30 (75.0)	33	33 (78.6)	39
Dizziness	2 (5.0)	2	3 (7.1)	3
Headache	30 (75.0)	31	33 (78.6)	35

**Note:** <sup>a</sup>TEAEs experienced by  $\geq 5\%$  of participants are shown.

**Abbreviation:** TEAE, treatment-emergent adverse event.

No cardiac TEAEs were observed during the study. No clinically relevant changes compared with baseline were observed in electrocardiogram parameters in any of the study participants. There were no clinically significant changes in pulse rate or blood pressure compared with baseline in either treatment group, and no QT prolongation or other evidence of effects on cardiac repolarization were noted (data not shown).

## Discussion

The results of the present study demonstrate that co-administration of omeprazole did not have an effect on the pharmacokinetics of revexepride.

The concentration–time profiles and rates and extents of absorption of revexepride-base were similar in the presence and absence of omeprazole. These observations are consistent with the fact that revexepride is highly soluble across a range of acidities (pH 1–8), and confirm that alteration of gastrointestinal pH by omeprazole therefore does not affect revexepride absorption.

In vitro data have shown CYP3A4/5 to be involved in the metabolism of revexepride-base (Supplementary material). In addition, a DDI study demonstrated a two to three fold increase in systemic exposure to revexepride when revexepride 1 mg was co-administered with the potent CYP3A inhibitor ketoconazole (Supplementary material).

Together, these data indicate that revexepride is metabolized predominantly by CYP3A4/5. Omeprazole is also metabolized to some extent by CYP3A4/5, suggesting that co-administration might interfere with revexepride metabolism.<sup>8,13</sup> The lack of such interference in the present study can be explained because omeprazole is also metabolized by CYP2C19, for which it has an approximately ten fold higher affinity.<sup>13</sup>

The most commonly observed TEAEs in the present study were gastrointestinal disorders and headache. These are consistent with known AEs for omeprazole and AEs expected of a prokinetic drug, as well as with data from in-house pharmacokinetic studies in healthy participants (Supplementary material), and likely reflect the enterokinetic (gastrointestinal disorders) and serotonergic (headache) properties of the drug. There have been concerns over the potential for 5-HT<sub>4</sub> receptor agonists to cause cardiovascular side effects, which led to the withdrawal of cisapride, the first compound in this class;<sup>11</sup> however, this compound exhibited additional pharmacology as a potent blocker of the human ether-à-go-go-related gene channel. This channel is responsible for the repolarization phase of the cardiac action potential, which is believed to be the cause of these cardiovascular AEs.<sup>11</sup> No cardiac TEAEs were seen in the present study in which participants were treated with the more selective 5-HT<sub>4</sub> agonist revexepride, and there were no clinically significant changes in cardiovascular parameters or vital signs.

A possible limitation of the study is that the pharmacokinetics of omeprazole were not assessed. As discussed above, however, previous evidence indicates that revexepride has minimal effects on the activities of any of the major CYP enzyme groups (Supplementary material). Moreover, because the dose of revexepride administered was much lower than that of omeprazole, concentrations of revexepride reaching the shared drug metabolizing enzymes CYP3A4/5 would also have been substantially lower than those of omeprazole. Therefore, the pharmacokinetics of omeprazole in these participants were not expected to be affected by revexepride at the relative doses of the two drugs used in this study.

Additional treatment options are needed for patients with GERD whose symptoms are not relieved by PPIs. Proton pump inhibitors could be useful for increasing gastrointestinal motility and alleviating symptoms in these patients.<sup>4</sup> The data presented here suggest that, from a pharmacokinetics perspective, revexepride could be used in addition to PPIs. Further studies are warranted to evaluate the efficacy and safety of revexepride in patients with GERD.

## Conclusion

There was no effect of co-administration of omeprazole 40 mg with the novel 5-HT<sub>4</sub> receptor agonist revexepride 1 mg on the pharmacokinetics of revexepride, compared with revexepride 1 mg alone. The safety and tolerability profiles of revexepride were similar when taken alone or in combination with omeprazole 40 mg, and no serious TEAEs were reported.

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## Disclosure

The study was funded by Shire International GmbH, Eysins, Switzerland. MC and PM are employees of Shire and own stock in Shire. When the study was conducted, DP and MH were employees of Shire and hold stock and/or stock options in Shire. MV is an employee of PRA International, which received funding from Shire for the clinical conduct of the study. SH is an employee of Covance, which received funding from Shire to carry out pharmacokinetic and statistical analysis and reporting of the study. PharmaGenesis™ London, London, UK, was funded by Shire to provide medical writing assistance in the preparation of the manuscript.

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## Supplementary materials

### In vitro experiments showing that CYP3A4 was involved in the metabolism of revexepride-base

#### Cytochrome P450 isoenzymes involved in metabolism

Based on in vitro inhibitor experiments and in vitro metabolism experiments with heterologous expression systems, the human CYP isoenzymes involved in the metabolism of revexepride were identified and quantified. Revexepride is mainly metabolized in vitro in humans by CYP3A4 (99.9%) with a minor contribution of CYP2D6 (0.1%). However, the intrinsic clearance in human hepatic microsomes is low, and when scaled to in vivo liver metabolic clearance in humans it was also low, which indicates that metabolism may not be a major clearance route in humans; thus CYP mediated drug–drug interactions where revexepride is the victim are unlikely. Revexepride was not a substrate for human CYP3A7 (a CYP enzyme expressed in newborns and infants).

#### Cytochrome P450 inhibition and induction

Revexepride was not a direct or metabolism-dependent inhibitor of human CYP1A2, CYP2A6, CYP2B6, CYP2C8, CYP2C9, CYP2C19, CYP2D6 and CYP2E1 in vitro. Half maximal inhibitory concentration ( $IC_{50}$ ) direct inhibition values were higher than 100  $\mu\text{M}$ , the highest revexepride concentration tested. Revexepride showed direct inhibition of human CYP3A4 in vitro with  $IC_{50}$  values of 16–49  $\mu\text{M}$ . Revexepride showed metabolism-dependent inhibition of CYP3A4 in vitro with a decrease in  $IC_{50}$ , following a 30 minute pre-incubation with nicotinamide adenine dinucleotide phosphate-oxidase of 5.6–14 fold. Metabolism-dependent inhibition of CYP3A4 was confirmed in vitro with maximal rate constants of inactivation of  $0.0434 \text{ min}^{-1}$ , and the concentration of revexepride required to achieve half-maximal inactivation was 8.09  $\mu\text{M}$ . Data suggest that revexepride is not a reversible CYP3A4 inhibitor, but it is not possible to distinguish between a quasi-irreversible or irreversible inhibition mechanism. At the predicted maximal plasma concentration after a 2 mg three times daily dose, this inhibition of CYP3A4 could be clinically significant. SSP-002833 (a metabolite of revexepride) showed inhibition of CYP3A4 in vitro with a calculated  $IC_{50}$  value of 85  $\mu\text{M}$ , while the  $IC_{50}$  values of SSP-002834, SSP-002835, SSP-002836, and SSP-002837 (other metabolites of revexepride) were higher than 100  $\mu\text{M}$ . Revexepride did not induce human CYP1A2 in vitro (based on both catalytic and gene expression measurements). Revexepride seems to be a slight inducer (at least in some hepatocyte donors used in the study) of the CYP2B6 enzyme

in vitro, but the observed increase was significantly lower than that observed after treatment with the known inducer rifampicin. Revexepride is a potential inducer of the CYP3A4 enzyme (based on gene expression evaluation), and its in vitro induction potential is, at least in some donors, comparable to that of the known inducer rifampicin.

### BEL-14 – co-administration of ketoconazole leads to an increase in revexepride-base

#### Revexepride–ketoconazole interaction

Inhibition experiments in human liver microsomes revealed that CYP3A4 was a major CYP form involved in the metabolism of revexepride-base. Other CYP isoenzymes contributed to revexepride-base metabolism to a minor extent. The urine excretion results obtained in study BEL-1 showed that the percentage of the dose excreted in the urine as unchanged revexepride-base was approximately 12% after a single revexepride-HBr dose.

The double-blind, placebo-controlled, randomized, 2 period crossover study, BEL-14, was carried out from 18 May to 7 July 1999 at a single center in Belgium. On days 1–8 of each period, participants received either ketoconazole 200 mg or placebo twice daily. On day 2 of each period, individuals received a single dose of 1 mg revexepride. On days 4–7 of each period, participants received 1 mg revexepride three times daily, followed by a single morning dose on day 8, together with either ketoconazole 200 mg tablets or corresponding placebo tablets twice daily. After the single dose of revexepride on day 2, the pharmacokinetic parameters of revexepride were assessed until 48 hours post-dosing. At steady state (day 8), the pharmacokinetic parameters of revexepride-base were assessed (until 72 hours post-dosing). A washout interval of at least 1 week was required before the participants were crossed over to the second period.

Fourteen healthy volunteers (eight men and six women) were enrolled in the study. Their mean age was  $41.1 \pm 2.3$  years (range 23–55 years). All participants were fully compliant and took all doses of the investigational product(s) as specified in the protocol, with the exception of one individual who forgot to take one placebo tablet in the evening of day 7 in period 2. The pharmacokinetic parameters for revexepride-base in this study are listed in Table S1.

Co-administration of revexepride with ketoconazole triggered a clinically significant pharmacokinetic drug–drug interaction, which resulted in a two and three fold increase in the plasma concentrations of revexepride-base for maximum plasma concentration ( $C_{\text{max}}$ ) and area under

**Table S1** Overview of the mean pharmacokinetic parameters of revexepride-base after a single 1 mg dose and after a 1 mg three times daily dose regimen, with co-administration of ketoconazole 200 mg twice daily (or placebo) in study BEL-14

	Revexepride + ketoconazole		Revexepride + placebo	
<b>Mean ± SD pharmacokinetic parameters of revexepride</b>				
Day 2 (single dose administration of revexepride)				
N		14		12
$C_{max}$ , ng/mL		9.87±2.75		4.27±1.81
$t_{max}$ , h		1.0±0.6		0.9±0.6
$AUC_{0-\infty}$ , ng·h/mL		76.1±24.1		27.0±12.2
$t_{1/2}$ terminal, h		13.3±4.5		10.9±4.0
Day 8 (multiple dose administration of revexepride)				
$C_{max}$ , ng/mL		16.0±6.0		6.47±3.96
$t_{max}$ , h		1.5±0.7		1.3±0.7
$AUC_{0-tz}$ , ng·h/mL		61.2±21.3		24.3±15.2
$AUC_{0-\infty}$ , ng·h/mL		185±68		63.0±45.2
$t_{1/2}$ terminal, h		11.3±2.4		15.5±6.4
	<b>Revexepride + ketoconazole</b>	<b>Revexepride + placebo</b>	<b>Ratio %</b>	<b>90% CI</b>
<b>Geometric mean pharmacokinetic parameters of revexepride and treatment ratios</b>				
Day 2 (single dose administration of revexepride)				
$C_{max}$ , ng/mL	9.44	3.90	242	(194–303)
$AUC_{0-\infty}$ , ng·h/mL	72.0	24.7	291	(231–369)
Day 8 (multiple dose administration of revexepride)				
$C_{max}$ , ng/mL	14.9	5.98	249	(198–315)
$AUC_{0-tz}$ , ng·h/mL	57.7	22.2	260	(207–325)
$AUC_{0-\infty}$ , ng·h/mL	174	54.9	317	(251–401)

**Abbreviations:**  $AUC_{0-\infty}$ , area under the plasma concentration–time curve from time 0 to infinity;  $AUC_{0-tz}$ , area under the plasma concentration–time curve from time 0 to the last quantifiable concentration;  $C_{max}$ , maximum plasma concentration; CI, confidence interval; SD, standard deviation;  $t_{1/2}$ , apparent terminal phase half-life;  $t_{max}$ , time to  $C_{max}$ .

the plasma concentration–time curve from time 0 to infinity, respectively, after either single or three times daily dosing. Whereas administration of 1 mg revexepride was well-tolerated, the combined administration of revexepride with ketoconazole was only moderately tolerated. Following intake of a single dose of revexepride, there was a similar number of adverse events (AEs) during co-treatment with ketoconazole (78.6% of participants) compared with placebo (75.0%). However, a higher level of abdominal pain (42.9% versus 0%) and diarrhea (71.4% versus 66.7%) was seen with ketoconazole compared with placebo. The incidence of AEs decreased during multiple dosing with revexepride, and were resolved before the end of the study (5 day multiple dose). Two participants discontinued co-administration of revexepride with ketoconazole due to AEs (vomiting and severe abdominal pain, both known side effects of ketoconazole). These results indicate that combined use of revexepride and strong CYP3A4-inhibitors should be met with caution.

### NED-3 – single dose pharmacokinetic study, the results of which were used for sample size calculations

This open-label, randomized, three way crossover, Phase 1 study was conducted from 21 July 1999 to 27 August 1999.

Participants were randomized to receive either a single revexepride 1 mg capsule (Treatment A, in the fasted state; Treatment C, after a high-fat, high-caloric breakfast), or 10 mL of a 0.1 mg/mL revexepride-HBr oral solution (Treatment B, in the fasted state). Treatments were separated by a washout period of 7 days. Blood samples were taken just before dosing on day 1 and at several time points thereafter, until 48 hours post-dosing.

Twelve men were enrolled in the study. Their mean age was 26 years (range: 20–47 years), and their mean body weight was 78 kg (range: 63–91 kg). No protocol deviations occurred during the study. Pharmacokinetic parameters are shown in Table S2. The ratio estimates for  $C_{max}$  and area under the curve after intake of a 1 mg revexepride capsule in the fasted state, were 116% and 109%, respectively. The 90% confidence interval (CI)s for the ratio estimates were included within 80%–125% limits for area under the curve and within 70%–143% limits for  $C_{max}$ . Peak plasma concentrations were attained 0.5–2 hours after dosing for both the revexepride capsule and the revexepride-HBr oral solution.

The laboratory safety, cardiovascular safety and tolerability of capsules (fasted and fed) and oral solution were found to be comparable. There were no clinically relevant changes in any safety parameters. All three treatments were safe and well tolerated.

**Table S2** Summary of bioequivalence parameters and statistics after a single oral intake of 1 mg revexepride capsules or revexepride-HBr solution in the fasted state in study NED-3

Parameter	Mean $\pm$ SD		A/B <sup>a</sup>	
	Treatment A	Treatment B	Ratio	90% CI
	Revexepride capsules, fasted (N=12)	Revexepride-HBr solution, fasted (N=12)		
C <sub>max</sub> , ng/mL	3.34 $\pm$ 0.90	2.94 $\pm$ 1.00	115.8	(99.8–134.2)
AUC <sub>0–∞</sub> , ng·h/mL	19.7 $\pm$ 5.4	18.4 $\pm$ 5.6	108.8	(98.0–120.9)
AUC <sub>0–t<sub>last</sub></sub> , ng·h/mL	20.3 $\pm$ 5.6	19.0 $\pm$ 5.9	109.0	(98.4–120.8)
t <sub>1/2term</sub> , h	9.87 $\pm$ 5.88	9.52 $\pm$ 4.11	N/A	N/A

**Note:** <sup>a</sup>Ratio estimates and 90% CIs, expressed as percentages.

**Abbreviations:** AUC<sub>0–∞</sub>, area under the plasma concentration–time curve from time 0 to infinity; AUC<sub>0–t<sub>last</sub></sub>, area under the plasma concentration–time curve from time 0 to the last quantifiable concentration; C<sub>max</sub>, maximum plasma concentration; CI, confidence interval; SD, standard deviation; t<sub>1/2</sub>, apparent terminal phase half-life; t<sub>1/2term</sub>, terminal half-life; N/A, not applicable.

## Treatment-emergent adverse events in healthy volunteers in previous phase I trials of revexepride

Safety data were pooled for eleven phase I studies (BEL-1, BEL-2, BEL-3, BEL-4, BEL-5, BEL-7, BEL-8, BEL-14, NED-2, NED-3, and SPD557-101). Overall, 93.5% of participants treated with revexepride had at least one treatment-emergent adverse event (TEAE), compared with 23.3% of those who received placebo. The most common TEAEs were

headache, diarrhea, abnormal gastrointestinal sounds, and nausea. These TEAEs were mostly resolved by the end of the studies. Most TEAEs were reported on the day of intake and on the first day after the first administration of investigational product, and became less frequent during repeated dosing (ie, tolerability improved). Most TEAEs were mild to moderate in severity. A summary of the most common ( $\geq 5\%$ ) TEAEs by system organ class and preferred term are shown in Table S3.

**Table S3** Summary of treatment-emergent adverse events observed for  $\geq 5\%$  of revexepride-treated participants in phase I studies (Pooled Safety Population)

	Placebo n (%)	Revexepride $\leq 5$ mg/day n (%)	Revexepride $> 5$ mg/day n (%)	Revexepride + ketoconazole n (%)	Revexepride + omeprazole n (%)	All revexepride n (%)
Number of participants	90	164	59	21	42	199
Number of participants with $\geq 1$ TEAE	21 (23.3)	136 (82.9)	54 (91.5)	18 (85.7)	38 (90.5)	186 (93.5)
Number of events	63	459	234	98	114	905
Gastrointestinal disorders	11 (12.2)	117 (71.3)	45 (76.3)	18 (85.7)	33 (78.6)	162 (81.4)
Diarrhea	3 (3.3)	83 (50.6)	31 (52.5)	17 (81.0)	26 (61.9)	119 (59.8)
Gastrointestinal sounds abnormal	3 (3.3)	38 (23.2)	23 (39.0)	7 (33.3)	4 (9.5)	66 (33.2)
Nausea	1 (1.1)	23 (14.0)	18 (30.5)	4 (19.0)	13 (31.0)	52 (26.1)
Abdominal pain	2 (2.2)	15 (9.1)	8 (13.6)	7 (33.3)	3 (7.1)	30 (15.1)
Flatulence	2 (2.2)	17 (10.4)	0	0	2 (4.8)	17 (8.5)
Epigastric discomfort	0	3 (1.8)	10 (16.9)	2 (9.5)	0	15 (7.5)
Vomiting	0	2 (1.2)	5 (8.5)	2 (9.5)	1 (2.4)	10 (5.0)
Nervous system disorders	11 (12.2)	87 (53.0)	36 (61.0)	13 (61.9)	33 (78.6)	138 (69.3)
Headache	8 (8.9)	78 (47.6)	26 (44.1)	12 (57.1)	33 (78.6)	121 (60.8)
Migraine	0	4 (2.4)	13 (22.0)	0	0	16 (8.0)
Dizziness	1 (1.1)	5 (3.0)	3 (5.1)	0	3 (7.1)	11 (5.5)
General disorders and administration site conditions	2 (2.2)	11 (6.7)	9 (15.3)	1 (4.8)	7 (16.7)	27 (13.6)
Fatigue	1 (1.1)	8 (4.9)	3 (5.1)	1 (4.8)	2 (4.8)	14 (7.0)

**Notes:** Percentages are based on the number of participants in the Safety Population (studies BEL-1, BEL-2, BEL-3, BEL-4, BEL-5, BEL-7, BEL-8, BEL-14, NED-2, NED-3, and SPD557-101) for each treatment group. Frequencies within a system organ class and within a preferred term are shown by number of participants.

**Abbreviation:** TEAE, treatment-emergent adverse event.

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