

# Antibacterial quality of some antibiotics available in five administrative areas along the national borders of Tanzania

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**Introduction:** In developing countries like Tanzania, bacterial infections are becoming increasingly difficult to treat with available antibiotics. Poor quality antibiotics jeopardize the management of bacterial infections and contribute to the development of antibiotic resistance. Poor storage and harsh tropical climatic conditions accelerate deterioration of antibiotics. Hence, this study investigated the antibacterial effect of antibiotics available in five administrative regions along the national borders of Tanzania.

**Materials and methods:** A cross-sectional study involved the purchase of antibiotics from the Mwanza, Arusha, Kilimanjaro, Mbeya, and Kagera administrative regions. The Kirby–Bauer disk diffusion method was employed to assess antibacterial effects of the antibiotics against *Salmonella typhi*, *Klebsiella* spp., *Staphylococcus aureus*, *Pseudomonas aeruginosa*, and *Escherichia coli*. Inhibition zones (IZ) were determined as previously described. Analysis of variance was used to examine the IZ measured using test antibiotics to their respective control antibiotics; differences were considered significant at  $P < 0.05$ .

**Results:** Seventy-six antibiotic samples from 22 manufacturers were tested. Six antibiotic samples were from anonymous manufacturers and 29 antibiotic samples had no manufacturing or expiration dates. Different samples of the same antibiotics produced variable results. IZ measured using different samples of ampicillin (AMP) and ciprofloxacin and their control antibiotics revealed significant differences when tested against *S. typhi* ( $P < 0.05$ ). Samples of tetracycline and chloramphenicol resulted in IZ comparable to their controls against *S. typhi*. All samples of AMP yielded comparable IZ on *Klebsiella* spp., whereas samples of chloramphenicol and tetracycline exerted IZ against *P. aeruginosa* that were not statistically different from their respective control antibiotics ( $P > 0.05$ ). Ambiguous antibacterial profiles were exhibited by samples of AMP, chloramphenicol, cotrimoxazole, and amoxicillin as compared to their respective control antibiotics.

**Conclusion:** Differences in antibacterial effects were found among samples of the same type of antibiotic. Results suggest the existence of counterfeit and/or substandard drugs in Tanzania.

**Keywords:** antibiotics, antibiotic resistance, counterfeit antibiotics

## Introduction

Counterfeit medications are a global health concern.<sup>1,2</sup> When these include counterfeit antimicrobial agents, the problem becomes a major threat to public health with many devastating consequences for patients, including the emergence of antimicrobial resistance, and increased morbidity and mortality.<sup>3,4</sup> Physicians who prescribe counterfeit antimicrobial agents/antibiotics lose their credibility to patients.<sup>5</sup> As many as 50% of the medicines sold in Africa and 30% sold in Southeast Asia and Latin America

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might be counterfeit.<sup>6</sup> Therefore, not only do patients have to worry about their illnesses, but they must also consider the possibility that they are being treated with counterfeit medications. In Africa, over 75% of antibiotics are alleged to be inappropriately prescribed and the consequences fall primarily on poor populations that are not covered by health insurance policies.<sup>7</sup>

Over the past decade, there has been an increase in public awareness of the existence of counterfeit and substandard drugs.<sup>2,8–10</sup> Drug regulations are known to be ineffective in developing countries.<sup>11–13</sup> Many pharmaceutical products are a problem, but the existing data suggest that antimicrobial agents, particularly antibiotics, are the most often counterfeited products. Studies indicate that a country's capacity to restrict availability of dangerous or substandard medicines depends on its wealth.<sup>14</sup> It is surprising that about 30% of the World Health Organization (WHO) member countries have poor mechanisms for controlling counterfeit medications.<sup>10</sup>

Much of the current discourse on infectious diseases and antibiotic resistance as it affects sub-Saharan Africa is limited to the pressing problems associated with emerging and re-emerging antibiotic-resistant microorganisms.<sup>15,16</sup> Antibiotic resistance compromises the management of common bacterial infections, including respiratory and sexually transmitted infections, and diseases spread by the fecal–oral route and other diarrheal diseases, which are the major health challenges in most resource-limited countries.<sup>3,17</sup>

Antibiotic resistance is a natural phenomenon that occurs whenever antibiotics are in use.<sup>18</sup> However, there are human behaviors that contribute to the rapid development and spread of bacterial antibiotic resistance, including easy availability of antibiotics to patients without prescriptions.<sup>19,20</sup> Bacteria are efficient at enhancing antibiotic resistance, not only because of their ability to multiply rapidly, but also because they can transfer their antibiotic resistance genes during replication.<sup>16</sup> Antibiotic-resistant microorganisms will not be readily affected by an antimicrobial agent during a regular course of treatment. Antibiotic-resistant bacteria can pass their antibiotic resistance genes to other bacteria through “conjugation”, whereby plasmids carrying these genes are transferred from one microorganism to another.<sup>21</sup> Resistance to a single drug can thus spread rapidly through bacterial populations. When antimicrobial agents, including antibiotics, are used incorrectly, for too little a time, at an inadequate dose, or when the wrong agent is selected to treat an infection, microorganisms have an opportunity to adapt and replicate.<sup>22</sup>

To counteract the threat of antibiotic resistance, which is attributable to the high prevalence of counterfeit and substandard antibiotics, it is important to understand the

magnitude of the problem. Few studies have systematically examined poor quality antimicrobial drugs to assess the quantity of active ingredients present.<sup>23,24</sup> Although the drugs used to treat serious diseases such as malaria, HIV/AIDS, tuberculosis, or other infections are often counterfeit, there have been few reports on the characteristics of low-quality antimicrobial drugs. Therefore, the goal of this study was to assess the antibacterial quality of antibiotics that are available in five administrative regions along the border of Tanzania: Arusha; Kilimanjaro; Mbeya; Mwanza; and Kagera.

## Materials and methods

### Geographical regions examined and study design

The study included the Mbeya, Arusha, Kilimanjaro, Mwanza, and Kagera administrative regions of Tanzania and involved any drug outlets (pharmacies, drugs stores, and Accredited Drug Dispensing Outlets) in towns and cities. The regions selected are national border regions of Tanzania and some regions have borders with more than one neighboring country and are thus prone to the presence of unauthorized and/or unregistered medicines in the marketplace (Figure 1). Moreover, some of these regions comprise the most ancient, commercial, and cosmopolitan cities in Tanzania.

### Sampling procedure

A probability sampling technique (cluster sampling) was employed. Two-stage cluster sampling entailed division of the study population into clusters, and random samples were selected from the clusters. The clusters were organized by localities within each administrative region. After clusters were selected, units/pharmacies within the clusters were randomly selected. No units/pharmacies from clusters that were not selected were included in the study. A sample size of 15 different brands of antibiotics (in solid dosage forms, tablets, and/or capsules) was targeted based on the following assumption: at least 15 different brands of antibiotics were available in the market in each of the five regions. The antibiotics were purchased randomly, although one antibiotic could be purchased more than twice, and both were assayed separately to compare the results among manufacturers or sales premises and localities.

### Biological and chemical materials

Reference strains of bacteria *Salmonella typhi* (CT18), *Klebsiella pneumoniae* (ATCC700603), *Staphylococcus aureus* (ATCC25923), *Pseudomonas aeruginosa*



**Figure 1** Map of Tanzania showing the five administrative regions (shaded) studied.

(ATCC27853), and *Escherichia coli* (ATCC25922) were obtained from the Microbiology/Immunology Laboratory at School of Medicine (MUHAS). The antibiotics purchased from the above mentioned regions were tested for their antibacterial effects (Tables 1 and 2). The test antibiotics were randomly purchased from pharmacies, medical stores, and Accredited Drug Dispensing Outlet shops located within the five study regions. Standard antibiotic sensitivity disks were purchased and used as positive controls.

### Preparation of test antibiotic and control antibiotic susceptibility disks

The antibiotic samples purchased were weighed and dissolved in sterile distilled water and embedded into 5.0 mm Whatman® No 1 filter paper disks. The antibiotic sensitivity disks were prepared as per the Clinical Laboratories Standards Institute<sup>25</sup> guidelines to contain the concentrations (between 5 µg and 30 µg) equivalent to their respective standards (commercial standard antibiotic disks). The antibiotic (250 mg) was dissolved in 10 mL of sterile distilled water and a 1:10 dilution was prepared to yield a 2,500 µg/mL concentration. One-hundred Whatman No 1 filter paper disks were submerged in the solution with the assumption that each disk would contain 25 µg of the antibiotic. Similar procedures were used to prepare all antibiotics.

The control antibiotic disks were commercially available antibiotic susceptibility disks: ampicillin (AMP;

10 µg); amoxicillin/clavulanate (AMCL; 30 µg); amoxicillin (AMO; 25 µg); chloramphenicol (CHR; 30 µg); ciprofloxacin (CIP; 5 µg); cotrimoxazole (CTX; 25 µg); erythromycin (ERY; 15 µg); tetracycline (TET; 30 µg); and gentamicin (GEN; 10 µg), which served as positive controls. Each standard/control antibiotic disk was placed centrally on the same agar plate with a corresponding test antibiotic, and both were assayed against the reference strains of bacteria. A Whatman filter paper disk impregnated with sterile distilled water served as the negative control. After an overnight incubation at 37°C, the inhibition zones (IZ) were determined and recorded as previously described.<sup>26,27</sup>

### Antibacterial assays

The antibiotic effects of different antibiotic samples purchased were evaluated against reference strains of bacteria using the Kirby–Bauer disk diffusion method. Five discrete colonies of the reference strains of bacteria were separately inoculated into 5 mL of culture broth and incubated at 37°C for 4–6 hours. The resultant bacterial suspensions were adjusted to match a standard turbidity (McFarland; 0.5 M) prior to subjecting them to susceptibility profiling on Mueller–Hinton agar plates (Difco™; BD, Franklin Lakes, NJ, USA) as per the Clinical Laboratories Standards Institute recommendations.<sup>25,27</sup>

The prepared antibiotic disks (5–30 µg, as described above) were placed aseptically onto the agar plate using

**Table 1** Antibiotics from the Kagera, Arusha, and Kilimanjaro administrative regions of Tanzania

Region	Locality	Drug origin	Drug	Drug batch number	Manufacturing date	Expiration date
Kagera	Bukoba Town	India	AMP	AGO1108	July 11	July 14
		India	ERY	B169M10	–	–
		Tanzania	AMCL	CL1005M12	–	–
		India	CTX	CZFB0116	–	–
		India	CIP	KD525	November 10	October 13
		Tanzania	ERY	PC0126	–	–
		India	CTX	T21045	–	–
	Mtukula	Tanzania	AMP	I20010	January 12	December 14
		India	ERY	180M02	–	–
		India	CIP	209	November 11	October 14
		Kenya	CTX	2A185	–	–
		Kenya	CIP	2B77	May 11	April 14
		Tanzania	AMCL	56487	August 11	August 14
		India	CIP	GL3206	–	–
		India	CIP	GL3207	January 10	October 13
		Kenya	GEN	100417	April 10	March 13
		Kenya	CIP	110024	January 11	January 15
Arusha	Arusha City	Tanzania	CIP	CB03F11	January 11	May 14
		India	ERY	110008	–	–
		Tanzania	ERY	110008	–	–
		India	TET	I20010	–	–
Kilimanjaro	Moshi Town	Unknown	CHR	I2009	July 12	March 14
		Kenya	CTX	11147	September 11	August 15
		India	AMP	262M1011	–	–
		India	AMCL	AGO15M7	April 12	March 14
		Unknown	ERY	C21012	May 12	April 14
		India	GEN	M00517	September 11	August 14
		India	GEN	M91215	September 09	December 12
		Tanzania	ERY	91111	–	–
		India	GEN	91215	December 09	December 12
		People's Republic of China	GEN	110317	March 11	February 14
		People's Republic of China	TET	110502	–	–
		India	CTX	I20281	–	–
		India	ERY	I21057	–	–
	India	CIP	240M02	–	–	
	Mkuu	Unknown	TET	L023	February 11	April 14
		India	CTX	CZFB0139	June 12	July 15
		India	CTX	CZFB161	June 12	June 15
	Rombo	Tanzania	ERY	CJ2004	July 12	March 14
		India	AMCL	SC129	March 12	February 14
		People's Republic of China	CHR	101123	February 11	July 14
Tanzania		CIP	I20007	January 12	November 14	

**Abbreviations:** AMP, ampicillin; ERY, erythromycin; AMCL, amoxicillin/clavulanate; CTX, cotrimoxazole; CIP, ciprofloxacin; GEN, gentamicin; TET, tetracycline; CHR, chloramphenicol.

sterile forceps. The disks were placed 24 mm apart and at least 15 mm from the edge of the Petri dish. The plates were incubated at 37°C for 24 hours. Each sample of antibiotic was tested twice in triplicate. Results were expressed as the diameter of IZ produced by the reference bacterial strains tested with the antibiotics purchased or the control (commercial susceptibility antibiotic disks), as previously described.<sup>27</sup>

## Ethical issues and definition of terms

The University Ethical Committee approved this study. For legal and commercial purposes, the antibiotic manufacturers

were not revealed, and only the antibiotic sample batch numbers and their country of origin are given.

## Statistical analysis

Data were analyzed using the IBM SPSS statistics 20 computer package for analysis of variance of the IZ (antibacterial effect) exerted by each test antibiotic (batch) on each of the reference bacteria. The Dunnett's test (two-sided) was used to compare the level of significant differences between each sample with its control antibiotic with respect to the observed IZ. Differences in IZ among the samples and

**Table 2** Antibiotics from Mwanza and Mbeya administrative regions of Tanzania

Region	Locality	Drug origin	Drug	Drug batch number	Manufacturing date	Expiration date
Mwanza	Magu	India	CTX	101685	–	–
		India	CIP	298M03	February 12	February 15
		India	CTX	B505	April 12	February 15
		India	AMO	CD5011004-A	–	–
		India	CTX	101693	–	–
		India	AMO	1034-C	–	–
	Sengerema	Kenya	TET	2B358	May 11	April 14
		India	CIP	B238M02	June 12	July 15
		People's Republic of China	GEN	M07149	July 11	June 14
	Igombe	Unknown	CHR	CW2001	May 12	April 15
		Tanzania	CHR	110022	April 11	April 14
	Igoma	Kenya	GEN	120541	May 12	May 15
	Mwanza City	Tanzania	AMO	100115	April 10	April 13
		People's Republic of China	ERY	110731	–	–
	Pansiansi	People's Republic of China	GEN	110826	January 11	December 13
		India/Cyprus	CIP	B300	November 11	November 11
		Tanzania	AMCL	SC116	January 12	December 13
		Kenya	CTX	2A168	May 11	December 15
		Kenya	CTX	CZF0149	February 11	January 15
	Mbeya	Mbozi	India	CTX	MRAG114	November 10
Tanzania			CTX	TX1013	January 11	January 13
Unknown			ERY	52001	–	–
Tunduma		India	CIP	208M11	November 10	November 14
		India	AMP	CA036M10	–	–
		Tanzania	TET	110007	April 11	April 14
		Tanzania	AMP	120014	January 12	January 14
		Kenya	TET	B178	–	–
		Kenya	TET	B178	–	–
Kyela		India	CTX	CZFB0157	–	–
		India	CTX	MRAG027	–	–
		India	CTX	415	January 11	February 15
		India	CTX	499M02	January 12	January 15
Mbeya City		India	CIP	B143M03	–	–
		India	CTX	MRAG105	–	–
		India	CTX	MRAG152	November 10	October 15
	India	CIP	G/25/1715	–	–	

**Abbreviations:** CTX, cotrimoxazole; CIP, ciprofloxacin; AMO, amoxicillin; TET, tetracycline; GEN, gentamicin; CHR, chloramphenicol; ERY, erythromycin; AMCL, amoxicillin/clavulanate; AMP, ampicillin.

between the samples and their respective control antibiotics were considered significant at  $P < 0.05$ .

## Results

### Distribution of antibiotic samples by regions and manufacturers

Seventy-six different samples of antibiotics from 22 pharmaceutical industries/manufacturers were purchased from pharmacies and drug stores in the Mbeya, Mwanza, Kagera, Kilimanjaro, and Arusha administrative regions of Tanzania (Figure 1 and Tables 1 and 2) and tested for their antibacterial effects. Six samples were from anonymous manufacturers and 29 samples had no indication of their manufacturing or expiration dates (Tables 1–3). The six samples (two ERY, two CHR, one TET, and one ERY) had concealed countries

of origin (Tables 1 and 2). One-quarter of the samples tested comprised CTX (number [n]=20; 26.3%) and the least number of samples were AMO (n=3; 3.9%) as shown in Table 3. The samples were tested solely based on their availability during the study period.

### Antibacterial effects of antibiotics tested against reference bacteria

#### *Salmonella typhi*

Assessment of IZ of 15 different samples of CIP from five manufacturers tested against *S. typhi* revealed significant differences ( $P=0.001$ ;  $F=19.021$ ; degrees of freedom [ $df$ ] =14). The IZ produced by each sample of CIP showed significant differences ( $P < 0.001$ ) as compared to the results with the control antibiotic (control-CIP). Samples of GEN

**Table 3** Drugs, manufacturers, and samples

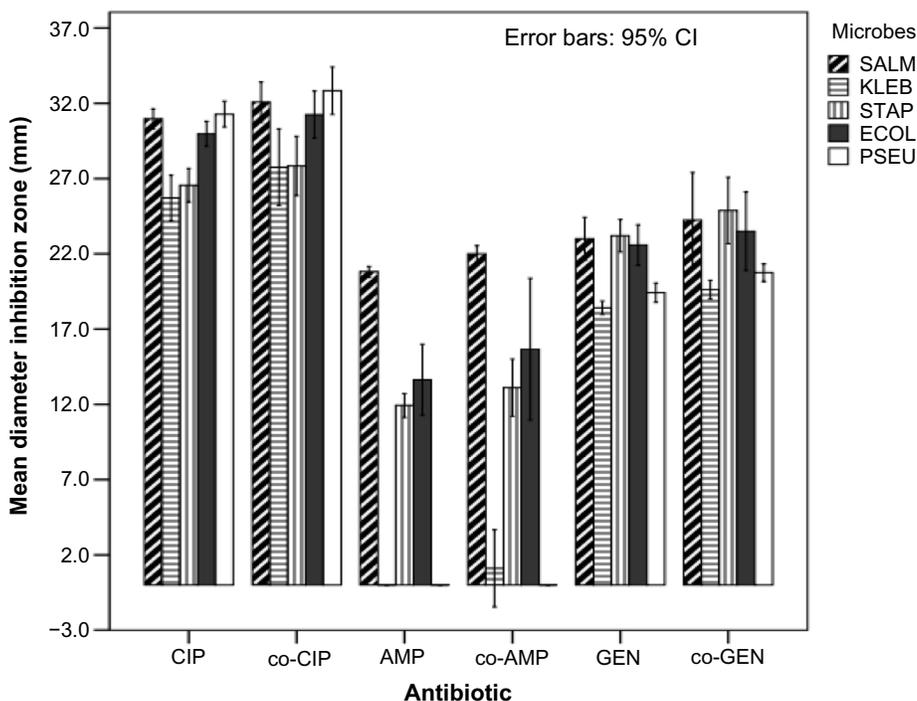
Drug	Number of manufacturers N=22	Number of samples N=76 (%)
CIP	5	15 (19.7)
AMP	4	5 (6.6)
GEN	5	8 (10.5)
AMO	2	3 (3.9)
AMCL	4	5 (6.6)
CTX	6	20 (26.3)
ERY	8	11 (13.2)
TET	5	6 (7.9)
CHR	4	4 (5.3)

**Abbreviations:** N, number; CIP, ciprofloxacin; AMP, ampicillin; GEN, gentamicin; AMO, amoxicillin; AMCL, amoxicillin/clavulanate; CTX, cotrimoxazole; ERY, erythromycin; TET, tetracycline; CHR, chloramphenicol.

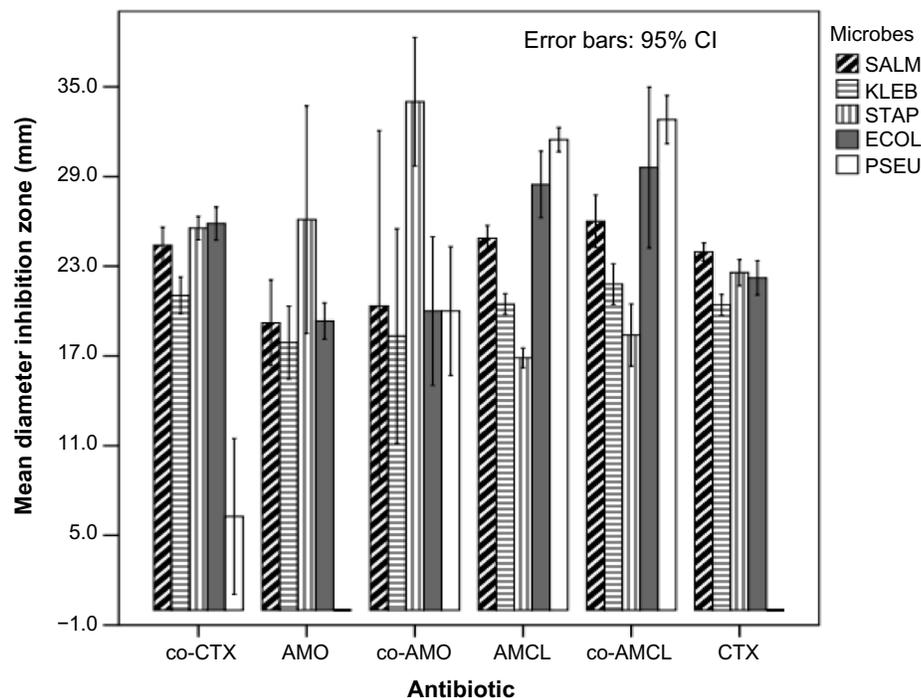
exhibited statistically significant differences in IZ ( $P=0.0001$ ;  $F=6.990$ ;  $df=7$ ), as shown in Figure 2. However, only two of eight samples tested revealed significant differences in IZ with respect to the control-GEN ( $P<0.05$ ). AMP samples were equally effective ( $P=0.108$ ;  $F=1.984$ ;  $df=4$ ), but significant differences in their IZ were evident with respect to that of control-AMP ( $P<0.05$ ).

Antibacterial effects (IZ) of AMCL samples from five manufacturers (Table 3) showed no significant differences among them ( $P=0.019$ ;  $F=3.942$ ;  $df=4$ ), and none of the samples exhibited significant differences ( $P>0.05$ ) in IZ

with respect to the control-AMCL (Figure 3). All three samples of AMO exhibited significant differences in IZ among them ( $P=0.001$ ;  $F=248.00$ ;  $df=2$ ). Two of the three samples produced significantly different IZ compared to that of control-AMO ( $P=0.027$  and  $P=0.005$ ). Three of eleven samples of ERY (one from India and two from Tanzania) revealed significant differences in IZ with respect to the control-ERY ( $P<0.001$ ). IZ of samples of ERY on *S. typhi* showed significant differences among them ( $P=0.0001$ ;  $F=39.132$ ;  $df=10$ ). Only two of six samples of TET produced IZ that were significantly different from those of the control-TET ( $P<0.05$ ). ANOVA revealed no significant differences in IZ among samples of TET ( $P=0.146$ ;  $F=1.820$ ;  $df=5$ ), as shown in Figure 4. Likewise, no significant differences were revealed among the four samples of CHR tested ( $P=0.507$ ;  $F=0.885$ ;  $df=3$ ). Results of CHR samples were different from those with the control-CHR ( $P<0.05$ ). The IZ of 20 samples of CTX from six manufacturers (Table 3) showed significant differences in IZ among them ( $P=0.0001$ ;  $F=99.216$ ;  $df=19$ ). Nevertheless, no apparent differences were observed, as shown in Figure 3, since only four of 20 samples exhibited significant differences in IZ compared to the control-CTX ( $P=0.0001$ ; 0.005; and 0.011 [two samples]) and, of these, three samples of drugs were from India and one was from Kenya.

**Figure 2** Antibacterial profiles of control antibiotics and test batches of CIP, AMP, and GEN.

**Abbreviations:** CI, confidence interval; SALM, *Salmonella typhi*; KLEB, *Klebsiella* spp.; STAP, *Staphylococcus aureus*; ECOL, *Escherichia coli*; PSEU, *Pseudomonas aeruginosa*; CIP, ciprofloxacin; co-CIP, control ciprofloxacin; AMP, ampicillin; co-AMP, control ampicillin; GEN, gentamicin; co-GEN, control gentamicin.



**Figure 3** Antibacterial profiles of control antibiotics and test batches of AMO, AMCL, and CTX.

**Abbreviations:** CI, confidence interval; SALM, *Salmonella typhi*; KLEB, *Klebsiella* spp.; STAP, *Staphylococcus aureus*; ECOL, *Escherichia coli*; PSEU, *Pseudomonas aeruginosa*; co-CTX, control cotrimoxazole; AMO, amoxicillin; co-AMO, control amoxicillin; AMCL, amoxicillin/clavulanate; co-AMCL, control amoxicillin/clavulanate; CTX, cotrimoxazole.

### *Klebsiella* spp.

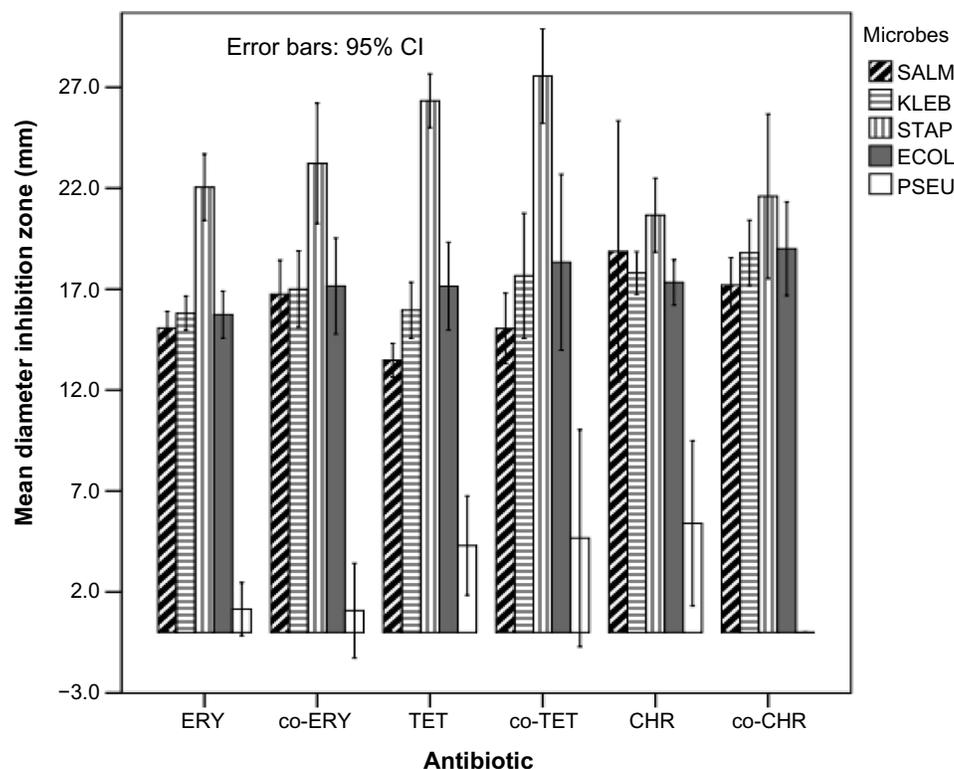
Figure 2 depicts a comparative analysis of IZ among 15 different samples of CIP, which revealed significant differences among them ( $P=0.001$ ;  $F=23.133$ ;  $df=14$ ). The IZ of samples from two of the five manufacturers (Table 3) differed significantly from the control ( $P=0.008$  and  $P=0.0001$ ); these two samples were from Cyprus and India, respectively. Five samples of AMP (Table 3) showed no significant differences in IZ among them ( $P=0.469$ ;  $F=1.00$ ;  $df=4$ ). One sample of AMP from India and one from Tanzania differed significantly from the control-AMP ( $P=0.019$  and  $P=0.006$ ; respectively). Eight samples of GEN differed significantly ( $P=0.01$ ;  $F=4.041$ ;  $df=7$ ) and of these, only three samples were statistically different from the control-GEN ( $P=0.004$ ;  $P=0.01$ ; and  $P=0.0001$ ).

The results using AMCL samples were significantly different ( $P=0.002$ ;  $F=4.267$ ;  $df=4$ ), whereas only one sample (from Tanzania) showed a significant difference as compared to the control-AMCL ( $P=0.005$ ; Figure 3). *Klebsiella* spp. were affected differently by the samples of CTX, as significant differences were exhibited among them ( $P=0.0001$ ;  $F=132.605$ ;  $df=19$ ); however, only two CTX samples were significantly different from the control-CTX ( $P<0.05$ ). Samples of AMO showed significant differences among them ( $P=0.0001$ ;  $F=361.00$ ;  $df=2$ ). Only one of

the three samples of AMO from India produced significant differences in IZ with respect to control-AMO ( $P=0.004$ ). Significant differences among samples of ERY were observed ( $P=0.0001$ ;  $F=48.956$ ;  $df=10$ ); however, only three of eleven samples of ERY differed significantly from the control-ERY ( $P=0.0001$ ;  $P=0.003$ ; and  $P=0.027$ ). Four samples of the CHR tested exhibited significant differences in IZ among them ( $P=0.001$ ;  $F=248.00$ ;  $df=3$ ), but only two of them exhibited IZ that differed significantly from the control-CHR ( $P<0.01$ ). Six samples of TET showed significant differences in their IZ against *Klebsiella* spp. ( $P=0.0001$ ;  $F=20.470$ ;  $df=5$ ), as shown in Figure 4. Of the seven samples, only two samples yielded IZ that were significantly different from that of the control-TET. These samples were from Kenya ( $P=0.003$ ) and India ( $P=0.002$ ).

### *Staphylococcus aureus*

Statistically significant differences in IZ were revealed among samples of CIP ( $P=0.001$ ;  $F=46.753$ ;  $df=14$ ). However, only one batch of CIP from an Indian manufacturer produced IZ that differed significantly from that of the control-CIP ( $P=0.001$ ). Likewise, samples of AMP showed significant differences in IZ among them ( $P=0.001$ ;  $F=7.399$ ;  $df=4$ ). Two samples (one from India and one from Kenya) of the nine AMP samples yielded results that were significantly different.



**Figure 4** Antibacterial profiles of control antibiotics.

**Abbreviations:** CI, confidence interval; SALM, *Salmonella typhi*; KLEB, *Klebsiella* spp.; STAP, *Staphylococcus aureus*; ECOL, *Escherichia coli*; PSEU, *Pseudomonas aeruginosa*; ERY, erythromycin; co-ERY, control erythromycin; TET, tetracycline; co-TET, control tetracycline; CHR, chloramphenicol; co-CHR, control chloramphenicol.

Significant differences in IZ were also observed among samples of GEN ( $P=0.001$ ;  $F=15.443$ ;  $df=7$ ), although only one sample from Kenya exhibited significant differences as compared to the control-GEN ( $P=0.003$ ). The IZ observed using AMCL differed significantly ( $P=0.029$ ;  $F=4.227$ ;  $df=4$ ), for two of the five samples (Table 3) showed significant differences in IZ with respect to the control-AMCL ( $P<0.05$ ). Separately tested samples of CHR, TET, CTX, and ERY displayed IZ that significantly differed within each set of drugs ( $P<0.05$ ), as shown in Figures 3 and 4. The results of testing each of the samples with its control antibiotic revealed significant differences: two samples of CHR (one sample from Kenya [ $P=0.018$ ] and one sample from an anonymous manufacturer [ $P=0.024$ ]); one sample of TET from another anonymous manufacturer ( $P=0.0001$ ); and three samples of ERY (one from India [ $P=0.005$ ], one from Tanzania [ $P=0.002$ ], and one from an anonymous manufacturer [ $P=0.0001$ ]). Only one sample of CTX from one of the six manufacturers produced an IZ that was statistically comparable to the control-CTX.

#### *Escherichia coli*

The IZ produced by 15 samples of CIP differed significantly ( $P=0.0001$ ;  $F=25.755$ ;  $df=14$ ); however, only a single sample

from India differed significantly from the control-CIP ( $P=0.02$ ). Samples of AMP showed IZ that were significantly different among them ( $P=0.001$ ;  $F=11.053$ ;  $df=4$ ); nevertheless, only one batch of AMP produced IZ that was significantly different from the control-AMP ( $P>0.05$ ). Separately tested samples of GEN, ERY, TET, and CHR showed IZ that were significantly different among them ( $P<0.05$ ). The significant differences between the samples and their respective control antibiotics were revealed for one sample of GEN from India ( $P=0.013$ ) and three samples of ERY (one each from Tanzania, India, and an anonymous producer), exhibiting  $P$ -values of 0.001, 0.0001, and 0.029, respectively. Likewise, significant differences between two samples of TET (one from Kenya and one from India) and two samples of CHR (one from Kenya and another from an anonymous source) with their control antibiotics were exhibited (Figures 2–4). The IZ produced by the three samples of AMO against *E. coli* showed statistically significant differences among them ( $P=0.005$ ;  $F=15.00$ ;  $df=2$ ). However, no significant differences in IZ were revealed between the samples and the control-AMO ( $P>0.05$ ), as shown in Figure 3.

#### *Pseudomonas aeruginosa*

Statistically significant differences were observed among samples of each of the following: CIP; AMCL; GEN; ERY;

TET; and CHR ( $P=0.0001$ ;  $P=0.033$ ;  $P=0.0001$ ;  $P=0.0001$ ; and  $P=0.0001$ , respectively). Variance was not computed for samples of CTX and AMO, as IZ were not produced; the same significant differences were evident among the three samples of AMO and the control antibiotic ( $P=0.0001$ ). All samples of AMP produced IZ that were statistically not different from that of the control-AMP ( $P>0.05$ ), as shown in Figures 2 and 3. Three samples of GEN produced IZ that were significantly different from that of the control-GEN. These three samples were from the People's Republic of China ( $P=0.001$ ), India ( $P=0.007$ ), and Kenya ( $P=0.0001$ ). Only one sample of AMCL and CIP (both from India) yielded IZ that were statistically different from that of the control antibiotics ( $P=0.0001$ ). Conversely, no significant differences in IZ were revealed among samples of CHR and TET and their respective control antibiotics ( $P>0.05$ ).

## Discussion

An abundance of poor quality medicines is related to counterfeiting and/or substandard medicines, poor storage, chemical instability (common in tropical climates), and poor quality control during manufacturing.<sup>28,29</sup> Although many reasons have been ascribed to the increased prevalence of substandard and counterfeit medications, much of the counterfeit medicines trade seems to be linked to organized crime, corruption, and unregulated pharmaceutical companies.<sup>10,30</sup> The WHO defines a counterfeit drug as a drug that is “deliberately and fraudulently mislabeled with respect to identity and/or source”, and substandard drugs as “genuine drug products which do not meet quality specifications set for them”.<sup>31</sup> Therefore, if substandard drugs are intentionally produced to make an unauthorized product, they too are considered counterfeit.

The present study shows the variability of antibacterial effects of different samples of the same types of antibiotics on reference strains of bacteria. This could be due to differences in formulation of the antibiotics. Such variability could lead to minor, statistically insignificant differences in antibacterial effects.<sup>32,33</sup> For instance, the differences in tablet compaction forces may, in turn, affect the disintegration of tablets and influence dissolution, which could explain some of the observed differences. However, such differences would be more noticeable *in vivo*.<sup>34,35</sup>

The present study revealed the existence of two samples of the same type of antibiotic (CIP) with identical batch numbers, but from two different countries. The differences between them include their expiration dates (3 years versus 5 years). Such long expiration dates are unusual for medicines.<sup>36</sup> A pharmacist at the United States Food and Drug

Administration noted that “Manufacturers put expiration dates on for marketing, rather than scientific reasons ...”<sup>37,38</sup> However, it is difficult for consumers or health care providers to know which product could have an extended shelf life – the expiration date is the final day for which the manufacturer guarantees the full potency and safety of a medication.<sup>38,39</sup> Antibiotics can be affected by physicochemical changes and environmental conditions.<sup>38</sup>

Our study revealed that 29 samples had neither the manufacturing nor expiration dates, whereas six samples were produced by anonymous manufacturers. This is a health care problem because it is not possible to know how long such drugs are on the market, and their authenticity is therefore questionable. The expiration dates on medicines are often difficult to visualize because of poor legibility, as well as due to their variable location on containers or blisters.<sup>40</sup> Further, medicines that exceed their expiration dates could be wasted. In Tanzania, several patients reported variability of antibiotic efficacy, which has led some people to be very selective about an antibiotics' country of origin. Such selectivity can only be afforded by the minority of Tanzanians who are financially well-off. This demoralizes patients and negatively affects the medicines/antibiotics available in the market, as well as the health care delivery system at large, because almost 90% of the medicines are imported using scarce resources. The presence of drugs, particularly antibiotics, without manufacturing or expiration dates is a serious matter and is not an issue of substandard drugs or poor oversight during the manufacturing process, but it is a deliberate act because most patients do not care about expiration dates as long as the drugs are inexpensive.

CHR has been reported to be ineffective against many pathogenic bacteria, particularly *Pseudomonas* spp.; nevertheless, our study indicates that CHR remains effective. The inconsistency of CHR effects on *Pseudomonas* spp. and *S. typhi* raises the question of whether this antibiotic is genuine CHR or a mixture of antibiotics. Otherwise, the positive effects of CHR on the previously reported resistant bacteria could be attributed to the deletion of CHR-resistant genes in the existing bacterial population. Other effects of major concern are the differences in effects of samples of AMO and the control (control-AMO) on *Pseudomonas* spp. and *S. aureus*. Whereas the CTX-positive control exhibited effects on *Pseudomonas* spp., the purchased CTX samples could not display any effects. However, the variations in the effects of the tested antibiotics against the reference strains of bacteria are not uncommon because each strain has some “intrinsic resistance” to a particular class of antibiotics.<sup>25</sup>

Substandard medicines are those that have not been subjected to or have not passed product quality testing protocols.<sup>31,41</sup> These testing protocols and product specifications have been published in official pharmacopoeias, including the United States Pharmacopoeia, the European Pharmacopoeia, and the WHO International Pharmacopoeia. In addition, many countries have published their own pharmacopoeias; thus, discrepancies between countries on what constitutes a substandard drug can influence the integrity and availability of drugs in the market. Substandard antibiotics can cause unpredictable treatment results, treatment failure, and promote the development of antibiotic resistance.<sup>7,21</sup>

## Conclusion

The results of this study revealed variability in the effectiveness of antibiotics available in the administrative regions along the borders of Tanzania that were studied. This suggests the presence of substandard and/or counterfeit antibiotics in these regions. In addition, variations in the effectiveness of different samples of the same type of antibiotic were also observed. In the presence of AMP, CHR, TCX, or AMO, bacteria exhibited antibiotic susceptibility patterns that were different from those obtained using the respective control antibiotics. This study did not demonstrate the prevalence of counterfeit antibiotics. However, the results showed that stringent measures are needed to regulate the production and distribution of antibiotics in Tanzania.

## Acknowledgments

The author acknowledges financial support from Muhimbili University of Health and Allied Sciences and extends special appreciation for all Bachelor of Pharmacy students who were involved in the antibiotic samples collection.

## Disclosure

The author reports no conflicts of interest in this work.

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