

# Clinical Analysis of Bloodstream Infections During Agranulocytosis After Allogeneic Hematopoietic Stem Cell Transplantation

This article was published in the following Dove Press journal:  
*Infection and Drug Resistance*

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**Purpose:** To explore the epidemiological characteristics and risk factors of bloodstream infections (BSI) in patients who develop agranulocytosis fever after allogeneic hematopoietic stem cell transplantation (allo-HSCT). This study also provides a basis for the clinical treatment of BSI.

**Methods:** A retrospective analysis of 397 allo-HSCT patients in the Department of Hematology of our hospital was conducted from January 2013 to December 2017 to analyze the incidence of BSI, the distribution and types of pathogenic bacteria, and drug resistance rates. We also determined whether various parameters are risk factors to BSI, including the patient age, gender, disease type, transplantation method, stem cell source, pre-treatment with anti-thymocyte globulin (ATG), and agranulocytosis time.

**Results:** Among the 397 allo-HSCT patients, 294 had a fever during the period of agranulocytosis, and 52 cases were found to have BSI. The incidence of BSI in patients with agranulocytosis fever was 17.7% (52/294). Among the 60 pathogens detected, 43 (71.67%), 10 (16.67%), and 7 (11.67%) were Gram negative strains, Gram positive strains, and fungi, respectively. The most common bacteria were *Escherichia coli*, *Klebsiella pneumoniae*, and *Pseudomonas aeruginosa*. The detection rate of extended-spectrum  $\beta$ -lactamase (ESBL) was 40.0%, and carbapenem-resistant *Enterobacteriaceae* (CRE) accounted for 17.9%. Single-factor and multi-factor analyses showed that pre-treatment with ATG, agranulocytosis time ( $\geq 21$  days), and stem cell source were risk factors for BSI.

**Conclusion:** We found that in our hospital, BSIs in allo-HSCT patients are mainly caused by Gram-negative bacteria, and the resistance rate to carbapenem drugs is high. Pre-treatment with ATG, agranulocytosis time ( $\geq 21$  days), and stem cell source are risk factors for BSI.

**Keywords:** hematopoietic stem cell transplantation, agranulocytosis, BSI, pathogenic bacteria, risk factors

## Introduction

Allogeneic hematopoietic stem cell transplantation (allo-HSCT) is a treatment process for restoring normal hematopoietic and immune functions. In this method, patients undergo high-dose radiotherapy and chemotherapy, and immunosuppressive pre-treatment is done to eliminate abnormal hematopoietic and immune systems. The patient is then transfused with allogeneic hematopoietic stem cells. This strategy is an effective cure for blood diseases, bone marrow failure syndrome, and immune deficiency.<sup>1,2</sup> However, neutrophil deficiency, impaired mucosal barrier, and weakened immune function typically occur after transplantation, which increases the risk of infection after HSCT.<sup>3</sup>

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Bloodstream infections (BSI) are a severe type of systemic infectious disease caused by the invasion of the circulatory system by pathogenic microorganisms. Notably, BSI is a common complication in the early stages of allo-HSCT and has an incidence rate of 13.6%~38.9%.<sup>4-7</sup> According to literature, the occurrence of bloodstream infections is a huge risk factor to early deaths after HSCT.<sup>8-10</sup> The occurrence of BSI after HSCT is exacerbated by the widespread use of antibiotics and the resultant antibacterial resistance, especially multi-drug-resistant bacteria (MDR) that seriously affects the survival of transplant patients.<sup>11-13</sup> Thus, evaluation of the distribution and prevalence of drug-resistant pathogens of the bloodstream in allo-HSCT patients and the study of the BSI risk factors could guide the course of clinical treatment for BSI prevention and control. This study retrospectively analyzed the BSI risk factors in patients with allo-HSCT in the First Affiliated Hospital of Zhengzhou University from 2013 to 2017. The detection rate, distribution, and drug sensitivity of pathogenic bacteria after allo-HSCT was also evaluated.

## Materials and Methods

### Case Information

From January 2013 to December 2017, 397 patients who received allogeneic HSCT for the treatment of hematological diseases in the First Affiliated Hospital of Zhengzhou University were selected. The patients included 242 males and 155 females, with a median age of 21 (1-62) years. Of these, 115 cases had acute myeloid leukemia (AML), 110 with severe aplastic anemia (SAA), 102 with acute lymphocytic leukemia (ALL), and 70 patients with other conditions.

### Type of Transplantation

According to the difference in the histocompatible typing and relationship, allo-HSCT is divided into matched sibling transplantation, partially matched related transplantation and matched unrelated transplantation. Among the 397 cases of allo-HSCT, 177 were matched sibling transplantation, 165 were partially matched related transplantation, and 55 were matched unrelated transplantation. According to the stem cell source, there were 333 cases of peripheral hematopoietic origin, 55 from peripheral blood combined with bone marrow transplantation, and nine involved cord blood transplantation.

## Conditioning Regimen and Prevention of Graft-versus-Host Disease (GVHD)

Central vein catheterization was performed for all patients before transplantation conditioning. Modified busulfan/cyclophosphamide (Bu/Cy) and total body irradiation/cyclophosphamide (TBI/Cy) conditioning regimens were used for patients with acute leukemia, myelodysplastic syndrome, and lymphoma. Meanwhile, cyclophosphamide + anti-thymocyte globulin (Cy-ATG) and FluCy-ATG pre-treatment regimens were used for severe aplastic anemia. The GVHD prevention program used cyclosporine combined with mycophenolate mofetil and methotrexate, of which 272 cases were also treated with ATG to prevent GVHD.

## Infection Prevention and Treatment Strategies

All HSCT patients were admitted to the laminar flow purification ward after a medicated bath, and were given a sterile diet, and received oral, eye, nose, and perianal care. Take a 1:2000 chlorhexidine liquid medicinal bath for 20 minutes; routinely gargle with saline and cermetium chloride before and after three meals a day, add metronidazole solution if necessary; use 1% chloramphenicol, 0.5% Rifampicin eye drops alternate eye drops, 4 times/d; alternate nose drops with houttuynia cordata and streptomycin nasal drops, 4 times/d; rinse the perineum with warm water after each bowel movement, 3% boric acid solution for a bath for 20 Minutes, mupirocin is applied to the perianal area. Itraconazole, berberine, and compound sulfamethoxazole were administered orally for intestinal disinfection two weeks before transplantation. If the body temperature of patients got to  $\geq 38.00^{\circ}\text{C}$  during transplantation or shivering occurred, 10 mL of blood from the peripheral vein was collected using standard. The blood was drawn twice in a row for separate cultivation of aerobic and anaerobic bacteria. For positive cases, broad-spectrum antibiotics were administered intravenously, and the treatment efficacy was evaluated 48 hours after the initial treatment. Treatment efficacy was empirically assessed based on blood culture results, WBC, C-reactive protein, and procalcitonin levels, after which ineffective treatment strategies were adjusted.

## Diagnostic Criteria

Agranulocytosis refers to the absolute value of neutrophils  $< 0.5 \times 10^9/\text{L}$ ,<sup>14</sup> while granulocyte reconstitution refers to

neutrophils  $\geq 0.5 \times 10^9/L$  for three consecutive days after transplantation.

Fever is a single measurement of oral temperature  $\geq 38.3^\circ\text{C}$  (axillary temperature  $\geq 38.0^\circ\text{C}$ ) or  $\geq 38.0^\circ\text{C}$  (axillary temperature  $\geq 37.7^\circ\text{C}$ ) for more than 1 hour.

The pathogenic diagnosis of BSI was made after the isolation of pathogenic microorganisms from blood culture. If the same patient isolates the same bacteria, if the drug sensitivity is the same, it is 1 BSI. BSI-related mortality was defined as death occurring within 30 days after the diagnosis of BSI. Pre-engraftment BSI is defined as the infection that arises from the onset of the pre-treatment regimen to the time before granulocyte implantation.

## Bacterial Culture Identification and Drug Sensitivity Test

VersaTREK automatic blood culture instrument (Thermo Fisher, USA), VITEK MS IVD 3.0 mass spectrometer identification instrument and VITEK2 Compact automatic microbial identification, and drug sensitivity analysis system for bacterial culture, identification, and drug sensitivity detection, spread through paper (K-B) method and E-Test were used in in vitro susceptibility tests and review of abnormal susceptibility results. The results were interpreted according to the standards issued by the United States Committee for Clinical and Laboratory Standardization (CLSI).<sup>15</sup>

## Statistical Methods

The SPSS21.0 software was used for statistical analysis, and descriptive statistics were used to summarize clinical features. The univariate analysis used a chi-square test, while logistic regression was applied for multivariate analysis. A P-value of 0.05 was used as the level of significance; thus,  $P < 0.05$  indicated statistically significant differences.

## Results

### The Incidence of BSI and the Positive Rate of Blood Culture

Among the 397 HSCT patients, 294 had agranulocytosis fever, out of which 52 were microbiologically confirmed as BSIs. Therefore, the incidence of BSI was 17.7% (52/294), accounting for 13.1% (52/397) of all transplant patients. The implantation time of neutrophils is 13 days (11,15), and the time from agranulocytosis to BSI is 12 days (7,30). For 294 patients, we did 607 blood cultures,

among which 60 were positive (9.9% positive blood culture rate). Out of the 294 patients, six had two or more pathogenic bacteria.

## Pathogen Distribution and Drug Resistance

Sixty pathogens were detected in 52 patients, including 43 Gram-negative bacteria (71.67%), 10 Gram-positive bacteria (16.67%), and 7 fungi (11.67%). We found that Gram-negative bacteria accounted for most BSIs, followed by Gram-positive bacteria, and fungal infections were the least. The numbers and proportions of different strains of pathogenic bacteria are shown in Figure 1. In terms of drug resistance, the extended-spectrum  $\beta$ -lactamase (ESBL) detection rates of *E. coli* and *K. pneumoniae* were 46.7% (7/15) and 30% (3/10), respectively. Carbapenem-resistant *Enterobacteriaceae* (CRE) accounted for 17.9% (5/28). The recorded patterns for Gram-negative bacteria drug susceptibility are shown in Table 1. The two staphylococci detected in Gram-positive bacteria were all methicillin-resistant, and all the three enterococci were sensitive to vancomycin, teicoplanin, and linezolid. The detected fungi belong to the genus *Candida*, and the resistance rates to itraconazole and voriconazole were 57.1% and 28.6%, respectively.

## Treatment Status and Outcome

Out of the 52 BSI patients, 33 improved after treatment, while 19 died after treatment failed (36.5%). Among the 19, 13 had Gram-negative bacteria infection, three were *Candida* infections, while another three were mixed Gram-negative and Gram-positive bacterial infection. Six of the seven patients who were resistant to carbapenems died.

## Risk Factors for BSI

We divided the 294 patients with agranular fever into two groups: BSI-free (242) and BSI (52). Univariate and multivariate analyses were applied for the study of BSI risk factors, including patients' age, gender, disease type, stem cell source, pre-treatment application of ATG, combined diarrhea, oral ulcers, and presence of granules. Univariate analysis results demonstrated that the occurrence of BSI was correlated to the transplantation method, pre-treatment application of ATG, agranulocytosis time ( $\geq 21$  days), and stem cell source (Table 2). Meanwhile, multivariate analysis showed that pre-treatment application of ATG,

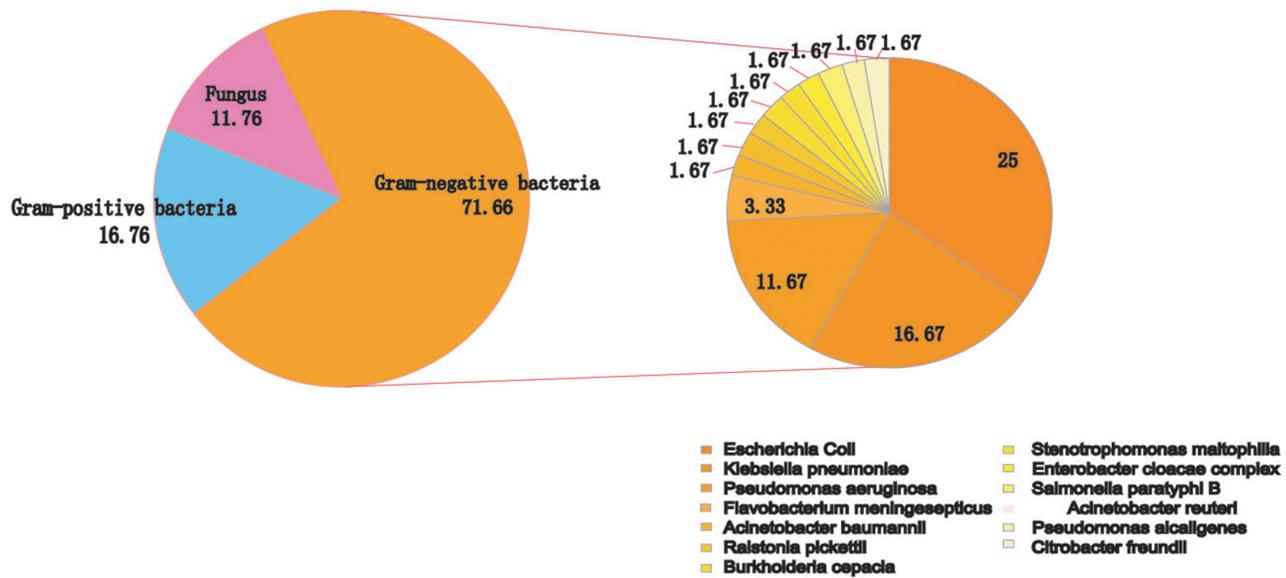


Figure 1 Distribution of 60 isolated pathogenic bacteria pathogen.

agranulocytosis time ( $\geq 21$  days), and stem cell source were risk factors for BSI (Table 3).

### Discussion

Allo-HSCT patients undergo prolonged agranulocytosis and develop an impaired mucosal barrier. Besides, the long-term use of immunosuppressive agents increases the incidence of bloodstream infections.<sup>4-7</sup> In the present study, the incidence of bloodstream infections was 13.1% in all patients, and 17.7% in patients with febrile neutropenia. A previous study conducted in China reported that

the incidence of bloodstream infections in patients with febrile neutropenia was 17.0%.<sup>16</sup> Thus, our findings are consistent with earlier results of other studies. The mortality rate of allo-HSCT bloodstream infections in our center was 36.5%, which is higher than the 26.9% reported by Mikulska et al<sup>17</sup> and the 31.1% reported by Stoma et al.<sup>18</sup> In addition, studies by Stoma et al also found that the application of fluoroquinolones can reduce the incidence of bloodstream infections by affecting the colonization of intestinal bacteria, while insufficient empirical antibacterial treatment is associated with increased

Table 1 Resistance Rate of Major Gram-Negative Bacteria to Common Antibacterial Drugs

Antibacterial Drugs	<i>Escherichia coli</i>		<i>Klebsiella pneumoniae</i>		<i>Pseudomonas aeruginosa</i>	
	Number	Rate(%)	Number	Rate(%)	Number	Rate (%)
Piperacillin/Tazobactam	5	33.3	5	50.0	4	57.1
Cefazolin	14	93.3	6	60.0	5	83.3
Cefotetan	5	35.7	3	33.3	6	100.0
Ceftazidime	8	57.1	4	44.4	4	57.1
Ceftriaxone	12	80.0	5	50.0	5	83.3
Cefepime	7	46.7	4	40.0	4	57.1
Imipenem	1	6.7	3	30.0	2	28.6
Amikacin	2	13.3	1	10.0	1	14.3
Gentamicin	10	66.7	2	20.0	5	71.4
Ciprofloxacin	12	80	4	40.0	1	14.3
Levofloxacin	11	73.3	4	40.0	1	14.3
Compound trimethoprim	13	86.7	6	60.0	5	83.3
Tigecycline	0	0	0	0	-	-
Cefoperazone/Sulbactam	3	20.0	-	-	-	-
Meropenem	-	-	-	-	2	28.6

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**Table 2** Univariate Analysis of Risk Factors for BSI

Factors	Total Numbers of Cases	BSI	$\chi^2$	P
Recipient's Sex				
Male	242	31 (12.8%)	0.045	0.832
Female	155	21 (13.5%)		
Recipient's Age				
≥14	279	40 (14.3%)	1.265	0.261
<14	118	12 (10.2%)		
Primary Diseases				
AML	115	17 (14.8%)	6.440	0.092
ALL	102	7 (6.9%)		
AA	110	20 (18.2%)		
Others	70	8 (11.4%)		
Type of transplant				
Matched sibling donor	177	17 (9.60%)	7.272	0.026
Partially matched related	165	22 (13.3%)		
Matched unrelated	55	13 (23.6%)		
Source of stem cells				
PB	333	44 (13.2%)	9.413	0.009
CB	9	4 (44.4%)		
PB+BM	55	4 (7.3%)		
ATG in regimen				
Yes	272	45 (16.5%)	9.012	0.003
No	125	7 (5.6%)		
Days of neutropenia				
≥21	70	26 (37.1%)	43.165	0.000
<21	327	26 (8.0%)		
Diarrhea				
Yes	174	27 (15.5%)	1.592	0.207
No	223	25 (11.2%)		
Oral ulcer				
Yes	244	30 (12.3%)	0.359	0.549
No	153	22 (14.4%)		

mortality.<sup>18,19</sup> This disparity suggests that we should pay attention to the prevention and treatment of bloodstream infections in transplant patients and formulate anti-

infection strategies based on the distribution of pathogens and drug resistance patterns to improve transplantation and survival rates.

This study detected 60 pathogens in BSIs, of which gram-negative bacteria (71.67%) were the main ones, followed by gram-positive bacteria (16.67%), and fungi were the least (11.67%) (Figure 1). Gram-negative bacteria were mainly of the *Enterobacteriaceae* family, particularly *E. coli* and *K. pneumoniae*. The non-fermenting bacteria *P. aeruginosa* was also detected. A 25-year study in Spain showed that BSIs after HSCT were mainly caused by gram-positive bacteria, with a downward trend in positive bacteria and an increasing trend in gram-negative bacteria.<sup>20</sup> Blennow et al also reported similar conclusions.<sup>21</sup> However, many transplant centers in China have reported that BSIs after HSCT are mainly caused by gram-negative bacteria, followed by gram-positive bacteria, while fungi make up the least proportion. Thus, the epidemiology of BSIs in our center conforms to the distribution pattern reported in other centers in China.<sup>22,23</sup>

In this study, the common *Enterobacteriaceae* (*E. coli* and *K. pneumoniae*) had ESBL detection rates of 46.7% and 30%, respectively, and carbapenem resistance rates of the two bacteria were 6.7% and 30%, respectively (Table 1). Thus, we found that *E. coli* is highly sensitive to carbapenem drugs, suggesting that these drugs can be used for empiric antibacterial treatment. The ESBL positivity rate and carbapenem resistance rate of *K. pneumoniae* were both 30% (Table 1), indicating that its clinical treatment can be a combination of tigecycline, polymyxin, and other drugs. Notably, research shows that combination therapy with antibacterial medications such as cyclin and polymyxin can reduce the mortality of patients.<sup>24,25</sup> In the present study, the resistance rate of

**Table 3** Multivariate Analysis of Risk Factors for BSI

Risk Factors	Wald	P-value	Exp (B)	95%CI
Type of transplant	1.265	0.531	-	-
Partially matched related	0.436	0.509	0.756	0.330–1.732
Matched unrelated	0.172	0.678	1.250	0.436–3.578
Source of stem cells	8.209	0.016	-	-
PB	4.011	0.045	3.197	1.025–9.969
CB	7.875	0.005	24.784	2.633–233.279
ATG in regimen	4.832	0.028	3.401	1.142–10.132
Days of neutropenia	28.265	0.000	6.407	3.231–12.707
≥21				

*P. aeruginosa* to carbapenems was 28.6%, while its resistance rate to both aminoglycosides and quinolones was 14.3% (Table 1). Thus, a combination of carbapenems, aminoglycosides, and quinolones can be used for clinical treatment. Multi-center research in China reported carbapenem resistance rates of 3.6% and 18.9% for *E. coli* and *K. pneumoniae*, respectively.<sup>26</sup> Similarly, this study revealed high resistance of *E. coli* and *K. pneumoniae* to carbapenem. The high rate of mycene resistance could be attributed to the repeated use of broad-spectrum antibiotics in transplant patients and the continuous increase in multi-drug-resistant bacteria in recent years.<sup>27</sup> In response to the rise in multi-drug-resistant bacteria, our center uses perianal swabs to regularly screen intestine colonizing bacteria in transplant patients. As such, pathogenic bacteria are identified early, and treatment strategies are adjusted based on drug sensitivity results. The sensitivity of Gram-positive bacteria to the glycopeptides vancomycin, linezolid, and teicoplanin was 100.0%, suggesting that Gram-positive bacteria BSIs can be completely treated in clinical practice. Thus, glycopeptide or azole drugs can be the first choice for the treatment of Gram-positive bacteria BSIs.

All the seven fungi in this study were *Candida*, and *Candida tropicalis* was the predominant species. The resistance rates to itraconazole and voriconazole were 57.1% and 28.6%, respectively. The mortality rate of candidiasis was high, which significantly threatened the survival of transplant patients. According to previous studies, caspofungin should form the first choice fungal treatment after allo-HSCT in clinical practice, combined with anti-fungal treatment if necessary.<sup>28,29</sup>

The single-factor and multi-factor analysis results showed that pre-treatment application of ATG, agranulocytosis time ( $\geq 21$  days), and stem cell source were risk factors for BSI. The removal of T-lymphocytes from the body of ATG-pretreated patients significantly delays immune reconstitution,<sup>30</sup> and the continued lack of granulocytes causes immunodeficiency in transplant patients, thus increasing the risk to BSIs. Peripheral blood combined with bone marrow transplantation, hematopoietic implantation is relatively fast, which may be the reason for the lower incidence of BSIs in this group of patients, relative to peripheral blood and cord blood transplantation.<sup>31–33</sup>

## Conclusions

The results of this study show that BSI is a common complication of allo-HSCT patients with agranulocytosis. Gram-negative bacteria were the most prevalent pathogen

in BSIs, and drug resistance to carbapenem drugs was relatively high. The use of ATG in pre-treatment, agranulocytosis time ( $\geq 21$  days), and stem cell source are risk factors for BSI. The high mortality rate of BSI substantially affects the prognosis of transplant patients, and attention should be paid on the distribution of pathogenic bacteria and drug resistance in the bloodstream of transplant patients. Besides, the treatment plan should be adjusted based on the specific bacteria and drug resistance patterns.

## Ethical Statement

The patient consent was waived, since the research involves no more than minimal risk to the subjects because the review of subjects' medical records is for limited information. The information is not sensitive in nature, and the data are derived from clinically indicated procedures. The precautions taken to limit the record review to specified data and the coding of the data further minimize the primary risk, which is a breach of confidentiality. This study has been approved by the ethics review committee of the research project of the First Affiliated Hospital of Zhengzhou University, and has obtained relevant certificates.

## Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work. This study complies with the Declaration of Helsinki.

## Funding

This project was supported by the Key Scientific Research Project Plan of Higher Education Institutions in Henan Province (18A320040).

## Disclosure

The authors report no conflicts of interest in this work.

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