

Golimumab in radiographic and nonradiographic axial spondyloarthritis: a review of clinical trials

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Abstract: Axial spondyloarthritis (Ax SpA) refers to chronic inflammatory rheumatic diseases that mainly affect the axial skeleton, leading to erosions and new bone formation in the sacroiliac joints and/or the spine. Ax SpA includes the radiographic form of the disease, ie, ankylosing spondylitis (AS), and the nonradiographic Ax SpA (non-Rx Ax SpA) forms. Anti-tumor necrosis factor alpha (TNF α) agents are used in the treatment of Ax SpA in patients who do not respond to or are intolerant to nonsteroidal anti-inflammatory drugs. In these patients, anti-TNF α agents show promising results by targeting the inflammatory process and providing symptomatic relief. Golimumab is a fully human anti-TNF α agent that is currently approved for the treatment of both AS and non-Rx Ax SpA in Europe. This review focuses on the results of clinical trials with golimumab for the treatment of AS (GO-RAISE studies) and non-Rx Ax SpA (GO-AHEAD study) and on the effects of this agent on imaging findings (radiographic progression, magnetic resonance imaging inflammation) as well as on biological parameters. Overall, golimumab is a valid therapeutic option in patients with AS and non-Rx Ax SpA in Europe.

Keywords: anti-TNF α , golimumab, axial spondyloarthritis

Introduction

Spondyloarthritis (SpA) represents a group of disorders with common clinical and radiographic characteristics as well as genetic background.¹ This group includes five individualized subtypes: ankylosing spondylitis (AS), which is the prototype of SpA, psoriatic arthritis (PsA), inflammatory bowel disease-associated arthritis, reactive arthritis, and undifferentiated SpA. These diseases mainly affect the axial skeleton, leading to erosions and new bone formation in the sacroiliac joints (SIJ) and/or the spine. According to this clinical presentation, such disorders are currently called as axial SpA (Ax SpA). Other clinical features of SpA are asymmetrical oligoarthritis, enthesitis, dactylitis, and specific extraskeletal manifestations such as psoriasis, uveitis, and chronic inflammatory bowel disease.²

AS is usually diagnosed using conventional pelvic X-ray examination, which shows bilateral sacroiliitis. Radiographic sacroiliitis is included in the modified New York criteria and classification of AS (Grade II and higher bilaterally or Grade III and higher unilaterally is required for fulfilling the diagnosis).³ Nonradiographic (non-Rx) Ax SpA corresponds to a subset of patients without definite radiographic sacroiliitis and is considered to represent an earlier stage of AS. Recently, the Assessment of SpondyloArthritis international Society (ASAS) has developed a set of criteria for the detection of patients with early Ax SpA that includes evidence of sacroiliitis visible by magnetic resonance imaging (MRI), chronic back pain, HLA-B27 positivity, and other nonarticular symptoms.⁴ According to these criteria, patients may or may not

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have radiographic/MRI changes on imaging, corresponding to Rx and non-Rx forms of Ax SpA, respectively. Despite some differences between these two forms of the disease in terms of sex ratio or elevation of acute-phase reactants, it is considered that both subgroups do not differ substantially in disease activity and in terms of the consequences of the disease.⁵ Indeed, AS and Ax SpA, in general, are debilitating diseases that markedly affect patients' quality of life. Significant functional restrictions in AS patients with disease duration of more than 20 years have been reported, especially in patients who smoke and in those whose professions require strenuous physical activity.⁶ Finally, AS carries a large economic burden due to reduced productivity.⁷

Based on the European League Against Rheumatism/ASAS recommendations, the first-line therapy for AS and Ax SpA is nonsteroidal anti-inflammatory drugs (NSAIDs).⁸ Conventional synthetic disease-modifying antirheumatic drugs (especially methotrexate) are ineffective in Ax SpA, although specific products such as sulfasalazine may have beneficial effects in certain patients, especially those with peripheral involvement. For patients with active disease despite NSAIDs, or for those who are intolerant to NSAIDs, the only alternative treatments currently available are anti-tumor necrosis factor alpha (TNF α) agents.⁹

This paper reviews data on the efficacy and safety of the use of golimumab, a human monoclonal antibody against TNF α , for the treatment of Ax SpA with or without radiographic changes. Golimumab is the latest anti-TNF α agent to have been introduced on the market, and its use in clinical practice is progressively increasing.

Methods

We performed a Medline search via PubMed using the following terms "golimumab" AND "ankylosing spondylitis" OR "spondyloarthritis" OR "axial spondyloarthritis" and restricted our analysis to clinical trials. Only papers published in English language were analyzed. The Medline search covered the period from 2005 to 2016.

Currently available anti-TNF α agents

Currently, five anti-TNF α agents, namely, infliximab, etanercept, adalimumab, certolizumab pegol, and golimumab are available for the treatment of active AS despite the already existing NSAID treatment.¹⁰ Four are licensed for the treatment of non-Rx Ax SpA in Europe: adalimumab, etanercept, certolizumab pegol, and golimumab. To date, none of these agents has been approved for the treatment of non-Rx Ax SpA in the USA.

Introduction to golimumab

Golimumab (SIMPONI[®]; Janssen Biotech Inc, PA, USA; MSD, Hertfordshire, UK), CNTO-148, is a human IgG1 κ antagonist monoclonal antibody with a molecular mass of 150 kDa. It is a fully human bivalent monoclonal antibody specific for TNF α that is able to bind both soluble and transmembrane forms of TNF α . Golimumab is produced by a cell line of murine hybridomas with recombinant DNA technology. This agent has multiple sites of glycosylation.¹¹ In clinical trials in patients with rheumatoid arthritis (RA), PsA, and SpA, the administration of golimumab was associated with a decrease in C-reactive protein (CRP), interleukin (IL)-6, vascular endothelial growth factor, and metalloproteinases.¹² The mean time required in healthy subject to reach maximum serum concentration after subcutaneous golimumab injection ranges from 2 to 6 days. The mean half-life of the product is estimated to be between 11 and 19 days in subjects who received a dose of 3 mg/kg or higher. Patients with higher body weight tend to have lower trough serum golimumab concentration at steady state, explaining some clinical results (see "Clinical efficacy of golimumab in Ax SpA: the GO-RAISE and GO-AHEAD trials" section).¹³ In patients older than 65 years, no dose adjustment is required. There is no pharmacokinetic data for patients with renal or hepatic impairment.¹³ Golimumab is available as a sterile solution of 50 mg (0.5 mL) or 100 mg (1 mL) in a prefilled syringe or in a prefilled SmartJect[®] autoinjector (Janssen Biotech Inc., Horsham, PA, USA). The standard dosage in SpA, RA, and PsA is 50 mg administered subcutaneously once a month. For patients with body weight >100 kg who do not achieve a clinical response after three or four injections, the dose may be increased to 100 mg once a month.¹⁴

Clinical efficacy of golimumab in Ax SpA: the GO-RAISE and GO-AHEAD trials

Golimumab has been evaluated in two pivotal randomized controlled studies^{15,16} assessing its safety and efficacy in patients with AS and in patients with non-Rx Ax SpA. Data on the long-term effects (2 and 5 years) of golimumab in AS are also available.^{17,18}

The clinical efficacy of golimumab in AS was evaluated in the GO-RAISE study.¹⁵ This was a randomized placebo-controlled trial evaluating the safety and efficacy of golimumab 50 mg, golimumab 100 mg, or placebo every 4 weeks in 356 patients with AS. The patients had active disease defined by a Bath Ankylosing Spondylitis Disease Activity (BASDAI) score ≥ 4 and a back pain score ≥ 4 . Included patients did not respond adequately to first-line therapy with NSAIDs. The primary end point was the proportion of patients who were

ASAS20 responders at Week 14. At Week 16, patients receiving placebo or golimumab 50 mg who had <20% improvement in total back pain and morning stiffness entered early escape to 50 mg golimumab or 100 mg golimumab, respectively. After 14 weeks, 59.4%, 60.0%, and 21.8% of patients treated with golimumab 50 mg, golimumab 100 mg, and placebo were ASAS20 responders, respectively ($P<0.001$; Table 1). At the end of the study at Week 24, 43.5%, 54.3%, and 15.4% of patients, respectively, achieved an ASAS40 response. At Week 24, patients receiving golimumab also had a significant improvement in the other secondary end points, ie, BASDAI score, Bath Ankylosing Spondylitis Functional Index (BASFI), scores for physical and mental components of the Short Form (SF)-36 health survey, and the Jenkins Sleep Evaluation Questionnaire score, but not in Bath Ankylosing Spondylitis Metrology Index. In the golimumab groups, the clinical response was observed 4 weeks after the first injection. In addition, the benefit of golimumab treatment was consistent across subgroups of sex, race, age, and body weight ≤ 87 kg for golimumab 50 mg and ≤ 75 kg for golimumab 100 mg. In the combined golimumab group, response rate at Week 14 was greater in patients with high CRP levels (>0.6 mg/dL) compared to those with low CRP levels (≤ 0.6 mg/dL).

Golimumab was evaluated in patients with non-Rx Ax SpA in the GO-AHEAD study.¹⁶ This study was a Phase III, double-blind, randomized placebo-controlled trial evaluating golimumab 50 mg every 4 weeks versus placebo in 198 patients. Patients had active disease defined by BASDAI ≥ 4 and a spinal pain score of ≥ 4 . All patients had non-Rx Ax SpA according to the ASAS criteria and were nonresponders to or intolerant to NSAIDs, as well as being naïve to anti-TNF α agents. A subgroup of patients with objective signs of inflammation (OSI) defined by evidence of sacroiliitis on MRI and/or CRP levels higher than the upper limit of normal was analyzed for primary and secondary end points and adverse events. The primary end point was the proportion of patients achieving an ASAS20

response at Week 16. ASAS20 response at this time point was observed in 71.1% versus 40% of patients treated with golimumab 50 mg and placebo, respectively ($P<0.001$; Table 1). Analysis of secondary end points including ASAS40 response, BASDAI 50 (50% improvement in the BASDAI), ASAS partial remission, and mean changes in Spondyloarthritis Research Consortium of Canada MRI SIJ score revealed significant improvement in patients treated with golimumab. Patients in the OSI subgroup demonstrated a higher ASAS20 response (76.9%) than patients receiving placebo (37.5%) ($P<0.0001$), whereas patients with negative MRI and normal CRP levels showed no difference in ASAS20 response (47.4% versus 50%, $P=0.87$; Table 1). In addition, patients with negative MRI and CRP levels above the upper limit of normal responded to treatment slightly better compared to the group with positive MRI.

Patients from the GO-RAISE study were followed up for 5 years. At Week 24, patients still receiving placebo crossed over to golimumab 50 mg. Although the placebo-controlled part of the study ended at Week 24, patients and investigators remained blinded through Week 24 as regards the golimumab dose (50 mg or 100 mg golimumab).¹⁷ At Week 104, 38.5%, 60.1%, and 71.4% of patients initially receiving placebo, 50 mg, and 100 mg golimumab, respectively, were ASAS20 responders and 38.5%, 55.8%, and 54.3%, respectively, had ASAS40 response. Mean BASDAI and BASFI scores were <3 at Week 104 for all treatment regimens. From Week 104–252, the golimumab dose could be adjusted at the discretion of the investigator (up to 100 mg for patients in the 50 mg group or reduced to 50 mg for patients in the 100 mg group).¹⁸ The clinical improvement observed in patients receiving golimumab through Week 24 was maintained through Week 256: in an overall intent-to-treat analysis, response rates for ASAS20 and ASAS40 were 66% and 57%, respectively. BASDAI 50% improvement response was 55.9%. Of the 356 patients initially enrolled in the study, the response rates among the 255 patients who continued golimumab treatment through Week 252 were consistent.

The effects of golimumab on imaging: radiographic progression and MRI inflammation

Radiographic damage in AS is evaluated using a validated scoring system, namely the modified Stoke Ankylosing Spondylitis Spine Score.¹⁹ There is an open debate about the effects of anti-TNF α agents on radiographic progression and their ability to slow down the process of ligamentous ossification.²⁰ It is currently considered that this effect is not demonstrated for etanercept, adalimumab, and infliximab,

Table 1 Proportion of ASAS20 responders in the GO-RAISE and GO-AHEAD studies

Study	Placebo	Golimumab 50 mg	Golimumab 60 mg
GO-RAISE, primary end point at Week 14 ¹⁵	21.8	59.4	60
GO-RAISE, 2 years ¹⁷	38.5	60.1	71.4
GO-AHEAD, primary end point at Week 16 ¹⁶	40	71.1	NA

Abbreviations: ASAS, Assessment of SpondyloArthritis international Society; NA, not available.

since studies have shown no statistically significant difference in progression of structural damage at 2 years in AS patients receiving these agents as compared to placebo.^{21–23} However, some methodological aspects limit these findings. On the contrary, one observational cohort study showed that patients with AS who received anti-TNF α agents had a 50% reduction in the odds for radiographic progression compared to those who did not receive these agents.²⁴ Thus, examining the effect of golimumab on spinal radiographic progression is a relevant issue. This very question was investigated in the GO-RAISE study, with an analysis of two different doses of golimumab, 50 and 100 mg, on the rate of radiographic progression in patients with AS over 4 years. No difference in modified Stoke Ankylosing Spondylitis Spine Score was observed between golimumab 50 and 100 mg, and the radiographic rate was stable at 2 and 4 years, suggesting no progression of new bone formation over the course of the study.²⁵ Conversely, these data indicated no retardation of spinal ossification. It was also observed that patients with baseline syndesmophytes and/or high baseline CRP levels (>1.5 mg/dL) progressed more than patients without syndesmophytes or with low CRP levels (\leq 1.5 mg/dL).

It has been reported that infliximab and other anti-TNF α agents may reduce spinal inflammation as detected by MRI.²⁶ In a subgroup analysis of 98 patients from the GO-RAISE study, the effects of golimumab on MRI spinal inflammation were examined.²⁷ These patients had spinal MRI at baseline and at Weeks 14 and 104 that were scored for inflammation (bone marrow edema) and erosions using the AS spine MRI activity index (ASspiMRI-a).²⁸ At baseline, ASspiMRI-a scores were lower in the golimumab 100 mg group versus the placebo and golimumab 50 mg groups. At Week 14, there was an improvement in the MRI score that was of greater magnitude in the golimumab 50 mg group compared to placebo ($P=0.047$), whereas there was no significant difference between golimumab 100 mg group and placebo. However, after post hoc analysis and adjustment for disparities in baseline characteristics, improvements in ASspiMRI-a were shown to be greater in golimumab 50 and 100 mg groups versus placebo ($P=0.011$ and $P=0.0022$, respectively). In addition, ASspiMRI-a score improvements were maintained at Week 104 and correlated with improvement of disease activity (AS Disease activity – ASDAS – score) and CRP levels, but not with other key clinical AS outcomes such as BASDAI, BASFI, back pain, and morning stiffness. Higher baseline CRP levels were associated with greater improvement in ASspiMRI-a score from baseline to Week 104. There are no available data on the effects of

golimumab on radiographic progression and/or spinal MRI inflammation in patients with non-Rx Ax SpA.

Effects of golimumab on biological markers

Previous studies in patients with AS, RA, or PsA have reported the effects of golimumab on acute-phase reactants (CRP, IL-6).^{14,29} Inflammatory biomarkers were analyzed in the GO-RAISE and GO-AHEAD trials as predictors of response to treatment.^{15,16} In the GO-RAISE study, ASAS20 response in the combined golimumab group at Week 14 was higher in patients with high CRP levels compared to those with low CRP levels (>0.6 and \leq 0.6 mg/dL: 66.1% and 49.5%; >1.5 and \leq 1.5 mg/dL: 70.3% and 51.9%).¹⁵ Similar findings were observed in the GO-AHEAD study, which reported a better ASAS20 response in the OSI population (with positive SIJ MRI and/or elevated CRP) and in the subgroup of patients with elevated CRP at baseline (87.2% versus 36.6% for patients with elevated CRP versus normal CRP).¹⁶ A sub-analysis of the GO-RAISE study attempted to identify serum biomarkers associated with clinical improvement in patients with AS receiving golimumab.³⁰ Serum samples were tested for selected markers using Luminex, enzyme-linked immunosorbent assay techniques, and HumanMAP protein profiling analysis. The selected serum markers included inflammatory cytokines, bone remodeling and cartilage markers, metalloproteinases, adipokines, angiogenesis markers, and adhesion molecules. In this analysis in 100 patients, significant decreases in several serum proteins at Weeks 4 and 14 were observed in patients under golimumab compared to those taking placebo. The results showed that patients who achieved an ASAS20 response at Week 14 had lower baseline levels of insulin, von Willebrand factor, apolipoprotein C3, and leptin compared to patients who did not. At Weeks 4 and 14, ASAS20 responders continued to have lower levels of these markers, as well as lower levels of complement C3, CRP, IL-6, and serum amyloid P compared to nonresponding patients. Interestingly, the combination of two or three markers (baseline levels of N-terminal propeptide of Type 1 collagen and insulin in one model; and leptin, immunoglobulin M, and vascular endothelial growth factor in a second model) was more strongly predictive of various clinical outcomes (ASAS20, BASDAI 50, and BASFI) than CRP alone.

Effects of golimumab on quality of life

Golimumab was shown to improve health-related quality of life in the GO-RAISE trial.¹⁵ The SF-36 mental component summary score improved from baseline to Week 14 in all

golimumab groups compared with placebo, and these results were sustained through Week 24 in the golimumab 100 mg and in the combined golimumab groups. At 2 years, patients who achieved ASDAS inactive disease or major improvement had a significantly greater improvement in SF-36 physical and component summary scores and productivity than patients who did not meet these end points.¹⁷ In the GO-AHEAD study, similar findings were observed, with greater changes from baseline in the golimumab group compared to placebo for SF-36 physical and mental component scores, AS quality of life, and EuroQol 5 domain questionnaire.³¹

Effects of golimumab on enthesitis

Three scoring systems were used to assess enthesal involvement and changes in enthesal tenderness in patients from the initial 24-week GO-RAISE trial, namely the 12-point Berlin index, the 17-point University of California San Francisco index, and the 13-point Maastricht AS Enthesitis Score.³² Three hundred and fifty-five patients enrolled in the trial had enthesitis data available for analysis at Week 52. The 17-point University of California San Francisco index appeared to be more sensitive in detecting a significant improvement from baseline versus placebo in the golimumab 100 mg group at Weeks 14 and 24. Patients with non-Rx Ax SpA participating in the GO-AHEAD study also had enthesal assessment using the 13-point Maastricht AS Enthesitis Score, and the results showed a significant improvement at Week 16 in the golimumab group.¹⁶

Safety profile of golimumab in patients with Ax SpA

Data from the GO-RAISE and GO-AHEAD studies, as well as from long-term extension studies, showed that golimumab was, in general, well tolerated, with a pattern of adverse events similar to that of other anti-TNF α agents.¹⁵⁻¹⁸ Through Week 24 in the GO-RAISE trial, 3.6%, 6.4%, and 5.4% of the patients in the golimumab 50 mg, golimumab 100 mg, and placebo groups, respectively, reported adverse events. The reported adverse events that occurred more frequently in the combined golimumab group compared to placebo were nasopharyngitis, upper respiratory tract infection, fatigue, diarrhea, injection site reaction, and increase in alkaline aminotransferase or aspartate aminotransferase.¹⁵ The proportion of serious adverse events through Week 24 was 3.6%, 6.4%, and 6.5% in the golimumab 50 mg, golimumab 100 mg, and placebo groups, respectively. No death and no opportunistic infection, including tuberculosis, were observed during this study. In the long-term extension of the GO-RAISE

study, there was no new safety signal.¹⁸ Through Week 268, serious adverse events were reported in 20.4% of patients treated with golimumab, including osteoarthritis, infection (pneumonia), worsening of AS, and depression. Serious infections were reported in 5.9% of patients. One patient died from pancreatic cancer and two others developed non-melanoma skin cancer. Taken together, the safety profile of golimumab through 5 years of follow-up was consistent with that previously reported with this agent. In particular, there was no increase in malignancy, serious infection, or injection site reaction. The safety of golimumab in the GO-AHEAD study was similar to that reported in patients with AS, and no new safety signals were identified during treatment in patients with non-Rx AxSpA.¹⁶ An analysis of pooled data from the long-term extension clinical trials (up to 3 years) in patients with RA, AS, and PsA was recently performed.³³ This analysis included 639 patients who received placebo and 2,226 patients who were treated with golimumab at a dose of 50 mg (N=1,249) or 100 mg (N=1,501) for 3 years. Overall, the results showed a safety profile similar to the known safety pattern of other anti-TNF α agents. There was a higher incidence of infection, lymphoma, and demyelinating events in patients treated by golimumab 100 mg compared to the 50 mg dosage. The higher incidence of these events appeared to be more common in patients with RA.

Immunogenicity of golimumab in patients with Ax SpA

The development of antibodies against anti-TNF α agents is an important issue, and such immunogenicity has been related to the development of progressive drug resistance and/or hypersensitivity reaction.³⁴ Antibodies directed against golimumab were detected in a small number of patients: 4.1% of patients initially assigned to receive golimumab in the GO-RAISE study and 6.4% in the 5-year follow-up study.^{15,18} In the non-Rx Ax SpA population, such antibodies were detected in 4.1% of patients who had received golimumab.¹⁶ It is unclear whether antibodies to golimumab had an effect on treatment response in patients with AS, whereas in the non-Rx Ax SpA population, anti-golimumab antibodies did not influence ASAS20 response.^{15,16} A recent study performed in Taiwan analyzed the influence of antibodies to golimumab on the therapeutic response in clinical practice. Seventy-six patients, comprising 33 with RA and 43 with AS, were treated with golimumab 50 mg once a month and followed up for 6 months. Serum trough levels of golimumab and anti-golimumab antibodies were assessed at this time point. The results showed that the proportion of

anti-golimumab antibody positivity was higher in patients with RA (15.2%) than in AS (2.3%). For the AS group, serum golimumab trough serum levels were associated with therapeutic response (BASDAI 50) and ASDAS status.³⁵

The effects of golimumab on atherosclerosis

It is well known that patients with chronic inflammatory rheumatic diseases, including AS and SpA, generally have an increased risk for the development of cardiovascular disease.³⁶ Anti-TNF α agents seem to have a positive effect on this risk by reducing the incidence of cardiovascular events.³⁷ The effects of golimumab on subclinical atherosclerosis were examined in a 12-month randomized placebo-controlled study.³⁸ Intima-media thickness, pulse wave velocity, and augmentation index were evaluated at baseline, 6 and 12 months in 20 patients receiving golimumab 50 mg and in 21 patients receiving placebo. There was no significant difference in the changes in vascular parameters at 6 and 12 months between the two groups, although a greater proportion of patients in the placebo group showed progression of both intima-media thickness and pulse wave velocity.

Golimumab versus another disease-modifying drug in patients with Ax SpA

No study to date has compared the efficacy of two different anti-TNF α agents in patients with AS or SpA. Recently, the effects of golimumab and pamidronate, an aminobisphosphonate, on clinical efficacy and MRI in patients with Ax SpA were reported in a randomized open-label trial.³⁹ Indeed, aminobisphosphonates have anti-inflammatory effects that have been used for the treatment of AS.⁴⁰ Twenty patients were assigned to receive golimumab 50 mg and ten patients were assigned to pamidronate 60 mg intravenously every 4 weeks. At Week 48, the proportion of patients who met ASAS20 response (primary outcome) was not significantly different between the two groups (golimumab 65% and pamidronate 56%, $P=0.69$). ASDAS score, BASFI, CRP levels, and erythrocyte sedimentation rate were significantly improved in golimumab-treated patients, but not in the pamidronate group. Finally, MRI inflammation as evaluated by the Spondyloarthritis Research Consortium of Canada score decreased at the spine and/or SIJ in the golimumab group only. These results showed a similar clinical efficacy of pamidronate compared to golimumab, but these effects were not observed for all the assessed criteria or end points.³⁹ The open-label design of the study limits the interpretation of the results.

Comments: place of golimumab in the market

In 2009, golimumab was approved by the US Food and Drug Administration and the European Medicines Agency for three indications, including AS, RA, and PsA. The recommended dosage is 50 mg once monthly. For patients with a body weight greater than 100 kg who do not respond to the 50 mg dosage after three or four injections, the treatment dose may be increased up to 100 mg. Golimumab may be used as monotherapy in AS and PsA, but concomitant use with methotrexate is recommended in patients with RA. Since 2015, golimumab is approved (in Europe but not in the USA) for the treatment of patients with non-Rx Ax SpA, in patients who do not respond to NSAIDs, and in those who have OSI (elevated CRP or positive MRI with bone marrow edema). In this regard, patients with inflammatory back pain who satisfy the clinical requirement of the ASAS classification criteria for Ax SpA (ie, patients with positive HLA-B27 antigen and two clinical criteria from the ASAS, but without OSI) are not eligible for treatment with golimumab. In addition, the 100 mg dosage has not been specifically evaluated in the non-Rx Ax SpA population, and data regarding the efficacy and safety of this dosage are lacking. In the same way, there persists a need for data on the effects of golimumab (50 or 100 mg) on imaging features (inflammation as depicted by MRI) in these patients.

Conclusion

Golimumab has been shown to be effective in patients with radiographic and non-Rx Ax SpA. This product is as safe and effective as other anti-TNF α agents. Although the 50 mg dosage once monthly is the recommended dose, there is evidence that increasing the dose to 100 mg may benefit patients who do not respond sufficiently to the low dose, especially those with a greater body weight. However, a higher dosage treatment is associated with an increased risk of infection, lymphoma, and demyelinating events. The long-term follow-up of patients with AS receiving golimumab demonstrated that the treatment response is sustained. Imaging studies performed in patients with AS showed that golimumab is able to efficiently reduce MRI inflammation at both the SIJ and the spine. Whether golimumab is capable of slowing the progression of ligamentous ossification remains debated, but data from the GO-RAISE study suggest that golimumab is associated with no acceleration of new bone formation. Patients with high levels of acute-phase reactants and positive spine/SIJ MRI will respond better to treatment than those without OSI. These predictive factors for response

may be used in clinical practice to personalize the therapeutic approach. Golimumab is thus a valid therapeutic option to treat patients with AS and non-Rx Ax SpA in Europe.

Disclosure

The authors report no conflicts of interest in this work.

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