

First-line treatment of chronic lymphocytic leukemia: role of alemtuzumab

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Abstract: The CD52-targeting antibody alemtuzumab is established in clinical practice with convincing activity in relapsed and refractory chronic lymphocytic leukemia (CLL), particularly in patients with high-risk features and adverse prognosis. In the CAM307 study alemtuzumab was tested and finally approved as a first-line single agent, even though the hurdle with chlorambucil as the contender was not set very high. Within clinical trials, the drug demonstrated an excellent ability to eliminate minimal residual disease in blood and bone marrow, which has been correlated with a corresponding survival advantage in patients. However, in the maintenance setting, infectious complications due to severe T cell suppression have been highlighted and do not allow clinicians to use alemtuzumab outside of clinical trials. This review discusses potential therapeutic niches and future applications of alemtuzumab with a focus on CLL front-line treatment.

Keywords: CLL, alemtuzumab, Campath, front-line, first-line treatment

Management issues and current practices in treating B-CLL

Introduction

B cell chronic lymphocytic leukemia (CLL) is the most common leukemia in western countries with an incidence of 3 to 5 newly diagnosed patients, mostly elderly, per 100,000 annually.¹ The clinical course and prognosis of CLL is fairly variable: some patients live an unaffected life with stable disease for years without intervention, others suffer an aggressive and wasting disease course with rapid progression, arduous treatments and advanced death. Hence, overall survival rates in CLL range from less than 2 to more than 15 years (median 9 years) after diagnosis, and almost one-third of patients die within 5 years after disease onset.¹⁻³ Except for allogeneic stem cell transplantation applicable in a small proportion of patients, no curative treatment has been defined for the disease.

Clinical and biological heterogeneity of CLL requires risk-adapted patient management in prospective clinical trials

The early identification of patients at high risk of an unfavorable disease course and the right time and choice of therapy in this particular patient group are currently the most delicate and unsolved challenges in CLL treatment.

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The discovery of recurrent and prognostic relevant chromosomal aberrations in CLL cells via conventional cytogenetics and fluorescence in situ hybridization (FISH) has introduced the stratification of CLL cases according to the presence or absence of genomic key abnormalities.^{4,5} Deletions/mutations in chromosome 17p13, the site of the tumor suppressor *TP53* (p53 gene), are associated with resistance or early failure after chemotherapy with or without the CD20-antibody rituximab and go along with the most decreased survival of patients.^{5–10} Once refractory to treatment based on purine analogues, such as fludarabine, patients belong to the worst prognostic category with a median overall survival of less than 12 months.¹¹ Similarly, deletions/mutations in chromosome 11q22–23 (includes the *ATM* gene locus) correlate with early advanced disease, particular in lymph nodes, shorter time to first treatment and shortened long-term survival after chemotherapy.^{4,5,12} Other powerful surrogate markers of an unfavorable prognosis are an unmutated status of the immunoglobulin heavy chain variable region genes (IGHV) and an elevated level of ZAP70 expression in CLL cells.^{13–15} The variety and variability of numerous other available biomarkers of prognosis reflect the clinical and biological heterogeneity of CLL. However, for many of these the final role for individual patient management and treatment decisions in clinical practice needs to be validated in prospective clinical trials.

Front-line treatment in CLL: where do we stand?

In general, “watchful waiting” with therapeutic action until the disease becomes symptomatic, or causes progressive bone marrow failure or systemic malaise, has been the gold standard in CLL. First-line drugs, approved by regulatory agencies include alkylating agents like chlorambucil, cyclophosphamide and bendamustine, the purine analog fludarabine and the monoclonal CD52-antibody alemtuzumab. Explicit approval of the CD20-antibody rituximab for combined immunochemotherapy in untreated CLL has been given by the European Medicines Agency (EMA) in February 2009. A survival benefit for CLL patients treated at early stage of their disease has never been shown. However, this has been validated only for treatment with the alkylator chlorambucil¹⁶ and is currently subject of clinical trials applying newer therapeutic options (ie, purine analog based chemo- or immunochemotherapy).

Single agent therapy, including alemtuzumab, achieves limited rates of complete remissions (<10%–24%) in CLL

(Table 1). In contrast, combination therapy based on purine analogues, such as fludarabine (F), has shifted the treatment paradigm of CLL front-line therapy from purely palliative treatment to treatment with intent to cure. According to a pivotal phase II trial at the M.D. Anderson Cancer Center (Texas, USA) and a randomized phase III study by the German CLL Study Group (GCLLSG), combined immunochemotherapy by fludarabine, cyclophosphamide and rituximab (FCR) is currently the most active front-line regimen and taking the lead as a standard in treatment-naïve patients with limited comorbidity:^{17–19} With an overall response rate (ORR) of 95%, 44% complete responders (CR) and progression-free survival (PFS) of 51.8 months, FCR was significantly better than the hitherto standard FC (ORR 88.4%, CR 21.7%, PFS 32.8 months) in the so far largest randomized trial on FCR with 817 recruited patients.¹⁷ Although this regimen induced significantly more myelosuppression than FC, particularly neutropenias, there was no proportional increase of infections.^{17–19} Major CLL study groups are now investigating modifications of the FCR regimen in order to optimize efficacy and decrease toxicity (ie, by dose reduction of FC, increased dose of rituximab, addition of mitoxantrone or alemtuzumab, replacement of the FC-“backbone” by bendamustine, for example).^{20–24}

Despite the encouraging achievements by first-line immunochemotherapy, available long-term follow-up data of the M.D. Anderson trial suggest that the majority of patients responding to FCR still inevitably progress at a deferred time.^{18,19} In contrast to patients with 11q abnormalities, who seem to benefit particularly from FCR treatment, cases with an unmutated IGHV gene or 17p/TP53 abnormalities – although they respond slightly better to FCR than to chemotherapy alone – continue to have an inferior response, PFS and overall survival (OS).^{19,25–27}

Elimination of minimal residual disease (MRD) increases the probability of long-term survival in CLL patients

Two major mechanisms might account for treatment-refractory disease: First, clonal selection of CLL cells harboring advantageous mutations or chromosomal deletions of tumor suppressors (such as *TP53*), second, clonal evolution of not thoroughly eradicated CLL cells surviving as MRD in physiologic niches.^{28–30} With the availability of standardized approaches for four-color flow cytometry (“MRD flow”) and PCR-based amplification of the rearranged variable region of the IGHV gene rearrangements (using consensus or clone specific primers), one single residual CLL cell can currently be

Table I Efficacy of alemtuzumab compared to other first-line single-agent regimens in chronic lymphocytic leukemia

Drug	Author	Trial phase	No. of pts	Max dose	ORR (%) ^a	CR (%) ^a	Median PFS (months)	Median OS (months)	% OS at n years
Alemtuzumab iv	Hillmen et al ⁵⁹	III	149	30 mg tiw iv, 12 weeks	83	24	14.6	nr	–
Alemtuzumab sc	Lundin et al ⁵³	II	41	30 mg tiw sc, 18 weeks	87	19	nr	nr	–
	Karlsson et al ⁶⁶						14 (TTP) 28 (TTTF)	–	–
Fludarabine iv	Rai et al ⁸⁷	III	170	25 mg/m ² day 1–5, q28d, 6 cycles	63	20	20 (TTP)	66	–
	Eichhorst et al ^{88b}	III	182	25 mg/m ² day 1–5, q28d, 6 cycles	82.9	6.7 18.3 uCR	20	nr	80.7 at 3 years
	Catovsky et al ⁹	III	181	25 mg/m ² day 1–5 iv or 40 mg/m ² day 1–5 po, q28d, 6 cycles	80	15	23	–	52 at 5 years
	Flinn et al ⁸⁹	III	137	25 mg/m ² day 1–5, q28d, 6 cycles	59.5	4.6	19.2	nr	80 at 2 years
	Eichhorst et al ^{38c}	III	87	25 mg/m ² day 1–5, q28d, 6 cycles	72	7	19	46	–
Bendamustine iv	Knauf et al ⁹⁰	III	162	100 mg/m ² d1–2, q28d, 6 cycles	68	31	21.6	–	–
Cladribine iv	Robak et al ⁹¹	III	126	0.12 mg/kg d1–5, q28d, 6 cycles	78	21	23.5	51.2	–
Chlorambucil po	Hillmen et al ⁵⁹	III	148	40 mg/m ² , q28d, 12 cycles	55	2	11.7	nr	–
	Rai et al ⁸⁸	III	181	40 mg/m ² , q28d, 12 cycles	37	4	14 (TTP)	56	–
	Robak et al ⁹²	III	103	12 mg/m ² d1–7, 6 cycles ^e	57	12	17	45	–
	Catovsky et al ⁹	III	324	10 mg/m ² d1–7, 12 cycles	72	7	20	–	59 at 5 years
	Knauf et al ^{90d}	III	157	0.8 mg/kg d1, d1 + 15, 6 cycles,	31	2	8.3	–	–
	Eichhorst et al ^{38c}	III	98	0.4 mg/kg d1, d1 + 15, 12 cycles, dose increased by 0.1 mg/kg each cycle up to 0.8 mg/kg	51	0	18	64	–
Rituximab iv	Hainsworth et al ⁹³	II	44	375 mg/m ² , 1 × /week, 4 weeks	58	9	18.6	–	–

^aResponse assessed according to NCI Working Group Criteria 1996⁹⁴, ^binclusion limited to patients ≤65 years of age, ^cinclusion limited to patients >65 years of age, ^dinclusion limited to patients <75 years of age, ^eadministered in conjunction with prednisone.

Abbreviations: d, day; CR, complete response. iv, intravenous. nr, not reached; ORR, overall response rate; OS, overall survival; PFS, progression-free survival; Pts, patients; q28d, administered every 28 days/4-weekly; sc, subcutaneous; TTP, time to progression; TTTF, time to treatment failure; uCR, unconfirmed CR.

tracked in ≤10,000 to 100,000 leukocytes of peripheral blood or bone marrow.^{31–33} The achievement of a MRD-negative remission by flow has been correlated with improved progression-free and/or overall survival in several clinical trials. In an exemplar study by Moreton and colleagues, alemtuzumab was the first and only drug, which – given as a single agent – induced four-color

flow-confirmed molecular remissions in correlation with an overall survival benefit in relapsed/refractory CLL patients (for details see below).³⁴ As a result of these and other studies, MRD negativity has been adopted as a recommended trial endpoint in the recently updated diagnostic and treatment guidelines of the IWCLL working group.³⁵

Future challenges in CLL front-line therapy

In the front-line setting, the overall goal is to further develop treatment regimens, which are clinically safe but maximally eradicate detectable disease, including MRD. Future studies need to focus on the pre-emptive application of powerful new drugs and/or maintenance and consolidation strategies, particularly in young high-risk patients. The rapid lymphocyte depleting effect of alemtuzumab appears suitable to pursue these goals and will be discussed in this review. Moreover, considerable attention on patients with high-risk disease is required in upcoming front-line trials.^{19,36,37} The evidence of possible clonal outgrowth of CLL cells with 17p-/TP53 abnormalities at relapse indicates that non-eradicating treatments might be potentially harmful in patients with up-front presence of subclonal 17p-deletions or TP53 mutations.^{28–30} Increasing age and comorbidity is another future challenge to be solved: elderly and/or comorbid patients benefit less frequently from fludarabine-based chemotherapy or FCR than their younger counterparts with less comorbidity and need consideration in studies applying less aggressive treatment regimens.^{17,19,38}

Mechanism of action, pharmacology/kinetics of alemtuzumab

Pharmacocharacteristics of alemtuzumab

Alemtuzumab (CAMPATH-1H, Campath®/MabCampath®; Bayer Schering Pharma, Berlin) is a fully humanized IgG1-type monoclonal antibody directed against CD52, a glycosylphosphatidylinositol-anchored cell surface glycoprotein expressed on human B and T cells, natural killer cells, eosinophils and macrophages.^{39,40}

Originally, CAMPATH-1H was designed by Waldmann and colleagues for targeted depletion of normal T cells from donor bone marrow to combat graft-versus-host disease.⁴¹ The relatively high density of CD52 on cells from B and T cell derived lymphoproliferative disorders (~500,000 antigen epitopes/cell) including CLL, attracted interest in the use of alemtuzumab as a cancer therapeutic. Normal hematopoietic stem cells, erythrocytes and platelets lack CD52 surface expression and are hence protected from drug-induced cytotoxicity.^{42,43} In contrast, neutrophils were recently reported to express low levels of CD52, which allow complement-mediated lysis and explain previously observed clinical neutropenias under alemtuzumab.⁴⁴

The antibody kills target cells by complement- and/or antibody-dependent cellular cytotoxicity, but seems also to be

capable of inducing direct apoptosis via caspase-dependent and -independent mechanisms.^{45–47}

In vitro synergistic apoptotic effects of combined alemtuzumab plus rituximab or purine analogs have been correlated to complementary activities in the deregulation of pro- or anti-apoptotic molecules such as Bax, Bcl-2.⁴⁶ Further, an increased surface expression of CD52 after rituximab treatment was observed to initiate alemtuzumab sensitivity in rituximab-resistant cell lines.⁴⁸ These observations suggest possible clinical benefits from the simultaneous or sequential application of alemtuzumab with these or related drugs *in vivo*.

Clinically, the antibody reduces normal lymphocytes of both B- and T-lineage, resulting in a profound and occasionally long-lasting lymphopenia with concomitant immunosuppression. This has been associated with an increased risk of opportunistic infections, particularly in heavily pretreated patients. *Cytomegalovirus* (CMV) reactivation is the most common of such events and requires careful monitoring of patients under alemtuzumab according to published guidelines.⁴⁹ An anti-infective prophylaxis with cotrimoxazole and acyclovir or equivalent is mandatory during therapy and should be continued for at least 6 months after cessation of alemtuzumab.⁴⁹

Alemtuzumab preferentially attacks CLL cells in peripheral blood, spleen and bone marrow, whereas bulky lymphadenopathy (>5 cm) is less affected.^{34,50,51} The rapid clearance of CLL cells from peripheral blood and bone marrow has been depicted as an “in vivo purging” effect⁵² and occurs after a median treatment time of 21 days. The terminal half-life of the antibody is estimated to be approximately 15 to 20 days.^{53–55} Serum antiglobulin responses to alemtuzumab have been rarely (<1%) observed in patients who received the antibody first-line and subcutaneously.^{56,57}

Recommended dosing of alemtuzumab

Different routes and schedules to administer alemtuzumab as monotherapy or as a combined regimen have been investigated. Usually, treatment protocols initiate dosing with a 3-day dose escalation starting from 3 mg in order to attenuate first-dose reactions. Intravenous (iv) administration of alemtuzumab has been correlated with a higher rate of first-dose side effects (eg, “flu-like” symptoms, chills, rigor, hypotension, nausea, vomiting, rash, urticaria, bronchospasm) compared to subcutaneous (sc) application, which on the other hand entails more convenience and the possibility of self-administration in an outpatient setting.^{50,53,58–60} A local injection-site erythema occurs frequently after sc application of alemtuzumab. This side effect is normally transient,

and, if clinical tolerable, may delay but should not prevent continued sc treatment. Both, infusion and injection-site related side effects usually subside with repeated applications of alemtuzumab.^{50,53,58,61}

Traditionally, a 12-week regimen with 30 mg iv 3 times a week (tiw) has been most frequently used in CLL trials with alemtuzumab, but some studies have investigated other dose levels and treatment durations. The traditional schedule was designed to yield a cumulative dose around 1 g, which resembles the approximate target dosage required to saturate all CD52-antigen binding sites in an average CLL patient.^{43,53} Treatment longer than 12 weeks has been correlated with enhanced clearance of CLL cells from bone marrow and improved responses, though trials comparing different schedules and concomitant toxicity of alemtuzumab are not available.⁵³ Similarly, high maximum trough serum concentrations of the antibody, given tiw, have been associated with an improved clinical response and MRD reduction in bone marrow.^{56,62} Subcutaneous dosing is able to achieve blood concentrations comparable to those after iv infusion, but requires a longer time of drug accumulation and the application of a higher cumulative dose.⁵⁶ However, if administered at 30 mg tiw for 12 weeks, sc alemtuzumab has been demonstrated to be not only better tolerated, but as clinically effective as iv alemtuzumab.⁵⁷ Therefore, sc dosing of the traditional 12-week regimen has become the most preferred and recommended route of alemtuzumab monotherapy.^{49,57} In case of good tolerability and efficacy, treatment duration might be extended for more than 12 weeks to achieve maximum response quality at the discretion of the treating physician.⁴⁹

Rationale for alemtuzumab: experience in previously treated CLL

Alemtuzumab is the most active single agent in treatment refractory and high risk CLL

Most available experience with alemtuzumab in CLL has been collected in the relapsed and/or refractory setting, but represents essential knowledge about clinical and pharmacodynamic/kinetic characteristics of the drug. One of the pivotal phase II trials attracting major attention to the efficacy of alemtuzumab was performed as salvage monotherapy in 93 CLL patients with inferior prognosis, who were refractory to fludarabine and had only few treatment options.¹¹ After 12 weeks of 30 mg alemtuzumab iv tiw, the ORR reached 33% with 2% complete and 31%

partial remissions (PR). There was no difference in response between patients above or below the age of 70 (median age 66, range 31–86). The median time to progression (TTP) was 9.5 months for responders versus 4.7 months in all patients. Based on the results of this study, alemtuzumab acquired official approval in 2001 in the US and Europe for CLL patients, who were refractory to fludarabine or alkylating agents. Similar findings have recently been demonstrated by a German study (CLL2H, GCLLSG), applying the same dose schedule in 103 (109 patients enrolled) fludarabine-refractory patients (34% ORR, 4% CR, 30% PR), however by a subcutaneous route of administration.⁵⁷ Besides generally mild infusion or injection site related events, grade III/IV toxicity was comparable in these two trials and dominated by transient cytopenias (neutropenia, thrombopenia) in >50% of patients and infections (including CMV reactivations) in at least 26% of patients. The latter were mostly reversible and occurred less frequently in responding versus non-responding patients, which indicated an additional impact of disease-related immune dysfunction for these events. Based on the positive experience with sc alemtuzumab in CLL2H and other studies, a registration trial (CAM203) for the sc application of the antibody in previously treated CLL has been initiated.

Corresponding to its activity in fludarabine-refractory patients, early studies with alemtuzumab also demonstrated unexpected activity in patients with high-risk genetic features, particularly in chemotherapy-refractory patients presenting with 17p-deletions by FISH or *TP53* mutations.^{63,64} In this group ORR of 39% to 50% have been reported. The most comprehensive study on the efficacy of alemtuzumab monotherapy in different high-risk populations of treatment refractory high risk CLL patients was recently provided by Stilgenbauer and colleagues with the final report of the above-mentioned CLL2H trial:⁵⁷ In their experience alemtuzumab was able to overcome the impact of several genetic factors of adverse prognosis, such as either unmutated IGHV, FISH positivity for 17p-, 11q-deletion or trisomy 12, or presence of *TP53* mutations. ORR, median PFS (7.7 months) and OS (19.1 months) did not differ significantly in patients with or without any of these abnormalities. ORR and OS were only significantly decreased in elderly patients >65 years of age and patients with a lowered ECOG performance status.

Overall, published experience with alemtuzumab in relapsed CLL reveals unprecedented activity as a single-agent in both, refractory and high-risk patients. However, the reported number of achieved CRs is low and primarily accountable for

yet unsatisfying levels of PFS and OS in these patients. To further increase the quality and duration of remissions, especially, for example, in patients with bulky lymphadenopathy, clinical studies are underway to explore the activity of alemtuzumab in combination with either chemotherapy, rituximab or high dose steroids in front-line and salvage treatment situations (see alemtuzumab combinations below).

Alemtuzumab is capable of eradicating MRD and prolonging long-term outcome in CLL

Due to its rapid lymphocyte depleting effect in peripheral blood and bone marrow alemtuzumab has been the most effective single drug for the elimination of MRD in CLL patients. Moreton and colleagues were the first, who administered alemtuzumab monotherapy in a phase II study cohort of 91 heavily pretreated (44 fludarabine refractory) CLL patients not according to a fixed treatment schedule, but until the maximal possible response including MRD negativity was reached.³⁴ Alemtuzumab was applied at 30 mg iv tiw for a median duration of 9 weeks. The length of therapy was directed by 4-weekly MRD levels in bone marrow as analyzed by four-color-flow cytometry. Grade III/IV neutropenia and thrombocytopenia were common hematological toxicities and observed in 48% and 46%, respectively. Infectious grade III to IV complications occurred in 33 cases (36.3%), the most frequent were pulmonary infections and CMV reactivations that all had been manageable. The ORR was 55% (36% CR and 19% PR). Eighteen of 49 complete responders (36.7%) achieved MRD negativity in bone marrow. Treatment-free and OS was significantly prolonged in MRD-negative patients compared to MRD-positive CR, PR or responders or non-responders: in recently updated long-term data the median OS for all 18 MRD-negative responders had not been reached after a median follow up of 77 months (range 5–123 months).⁶⁵ At 72 months 66% of these patients were alive. The median OS for 8 fludarabine-refractory patients achieving undetectable MRD was determined at 87 months. At the time of update, 72% (13/18) of MRD-depleted CRs had not required any further therapy. In contrast, MRD-positive responders survived for a median of 56 and 42 months (CR and PR, respectively) compared to 14 months in non-responders.

This study clearly demonstrated the capability of alemtuzumab to eradicate MRD and the successful translation of MRD-negative remissions into a prolonged treatment-free and OS in CLL. Although the inclusion of fewer patients with bulky lymphadenopathy might explain the relatively high number of CRs in this usually difficult to treat trial

population, the MRD status differentiated PFS and OS better than the clinically determined quality of response (CR/PR/NR). Hence, the rate of MRD-negative remissions comprises an important treatment endpoint in any clinical trial implementing alemtuzumab-based treatment strategies.

Efficacy and safety studies on alemtuzumab regimens with first-line potential

Alemtuzumab is one of the most active single agents in the CLL front-line setting

In CLL front-line treatment, encouraging ORR achieved by alemtuzumab were first reported by Osterborg and colleagues in 1996.⁵⁸ In their pilot study 9 patients received first-line alemtuzumab, 30 mg tiw iv or sc for up to 18 weeks. 8 of them responded, 3 patients achieved a CR. Except one CMV-related pneumonia, no major toxicity was observed. In an extended phase II study, Lundin and colleagues demonstrated in 41 patients that first-line alemtuzumab given sc for up to 18 weeks (30 mg tiw) achieved an ORR of 87% including 19% CR.⁵³ The complete reduction of lymphadenopathy (29%) was significantly less frequent than complete clearance of CLL cells from blood (95%) and bone marrow (45%). The majority of patients reached best response in bone marrow after full completion of 18 weeks' treatment. Twenty-one percent of patients developed transient grade IV neutropenia, but infectious complications were rare. No bacterial infections, only 4 asymptomatic CMV reactivations and 1 pneumocystis pneumonia in a patient, who did not receive proper prophylaxis, were reported. In an updated long-term analysis, the median time to treatment failure was determined at 28 months (range 4 to 102+ months).⁶⁶

The first and only randomized phase III study (CAM307) addressing alemtuzumab first-line treatment compared alemtuzumab (30 mg iv tiw for 12 weeks) with chlorambucil (40 mg/m² orally once every 28 days for up to 12 cycles) for front-line therapy.⁵⁹ As expected, the number and quality of responses were significantly higher in the alemtuzumab group (ORR 83%, CR 24%) than in chlorambucil-treated patients (ORR 55%, CR 2%, $P < 0.0001$). In terms of response, high-risk patients with deletions on chromosome 11 or 17, as detected by FISH, benefited from alemtuzumab; however a significant improvement in PFS could be demonstrated only patients with 13q deletions. Also elderly patients (≥ 65 years) responded significantly better to alemtuzumab than to chlorambucil, though again without a corresponding change in PFS. MRD assessment was performed in complete

responders by four-color flow cytometry: Strikingly, 30% (11/36) of patients in CR after alemtuzumab achieved an MRD-negative response by four-color flow versus 0% in the chlorambucil arm. Both, median PFS and time to alternative treatment (TTT) were significantly prolonged in the alemtuzumab versus chlorambucil group (median PFS 14.6 versus 11.7 months, median TTT 23.3 versus 14.7 months, respectively). MRD-negative responders to alemtuzumab had a significantly longer PFS than MRD-positive. No difference in OS was seen after a fairly short median follow-up of 24.6 months, with 84% of patients alive in each arm. Significant neutropenias (46% versus 28%; $P = 0.002$) and mostly asymptomatic CMV infections (69% versus 8%) occurred more frequently in the alemtuzumab than in the chlorambucil arm; however, the overall incidence of infections (excluding CMV) did not differ. Not surprisingly, the results of this trial indicated the superiority of alemtuzumab compared to chlorambucil as first-line treatment in CLL with reasonable response rates and safety profile. Thrombopenias and infections were less frequent compared to studies in relapsed/refractory CLL, which corroborates an elevated risk of adverse events in advanced CLL patients with decreased bone marrow reserves and immunosurveillance. The efficacy of alemtuzumab at least equals, if not surpasses, the one of purine analogues in the CLL front-line treatment setting (Table 1). Therefore, the Food and Drug Administration

(FDA) and the European Medicines Agency (EMA) have recently extended their approval of alemtuzumab for untreated CLL (FDA). The EMA additionally specified approval for those untreated patients not eligible for fludarabine-based combination treatment.

Alemtuzumab based combination therapy: The FluCam regimen and more

The *in vitro* observation of complementary or synergistic anti-leukemic drug activity, encouraged combining alemtuzumab with chemotherapy or other monoclonal antibodies (see “Pharmacocharacteristics of alemtuzumab”). Only a few studies investigating the efficacy of alemtuzumab combinations, many in relapsed CLL, have been published to date and will be discussed here; however, further results of several phase II and randomized trials running in the first-line setting are pending (published data are summarized in Table 2).

In the so far largest phase II study on immunochemotherapy with alemtuzumab, 36 relapsed/refractory and heavily pre-treated CLL patients (25% fludarabine refractory, range of treatments 1–8) received up to six 4-weekly cycles of “FluCam”, which consisted of fludarabine 30 mg/m² iv (day 1–3) plus alemtuzumab 30 mg iv (day 1–3). The age range of treated patients was 38 to 80 years (median 61.5). The overall response rate was very promising with 83% including 30% CR and 53% PR. According to the

Table 2 Alemtuzumab-based combinations in current clinical trials (previously untreated chronic lymphocytic leukemia)

Drug	Trial identifier	Author	Trial Phase	No. of pts	Maximum dose	ORR (%)	CR (%)
FluCam (high risk) or FC (low risk)	GIMEMA Multicenter LLC0405	Mauro et al ⁶⁸	II	74	Fludarabine 30 mg/m ² iv + alemtuzumab 30 mg iv, d1–3, q28d, 4 cycles (high risk) or Fludarabine 30 mg/m ² iv + cyclophosphamide 250 mg/m ² , d1–3, q28d, 6 cycles (low risk)	71 95	30 57
Cam-Pred (high-risk only)	NCRI CLL206	Pettitt et al ⁷³	II	17	Alemtuzumab 30 mg tiw up to 16 weeks + methylprednisolone 1.0 g/m ² d1–5 weeks 1, 5, 9, 13	nk	37
Alemtuzumab + rituximab at early stage (high-risk only)	nk	Zent et al ⁷⁸	II	30	Alemtuzumab 30 mg tiw + rituximab 375 mg/m ² qwk, 4 weeks	90	37
Alemtuzumab + rituximab	nk	Frankfurt et al ⁷⁷	II	21	Alemtuzumab 30 mg tiw, 17 weeks + rituximab 375 mg/m ² every other week, 8 times	90	75
CFAR (high risk only)	nk	Wierda et al ⁷⁶	II	60	Fludarabine 20 mg/m ² d3–5 + cyclophosphamide 200 mg/m ² d3–5 + rituximab 375–500 mg/m ² d2 + alemtuzumab 30 mg tiw, q28d, 4 cycles	94	69

Abbreviations: d, day; nk, unknown; q28d, administered every 28 days/4-weekly; qwk, administered every week; tiw, administered 3 times per week.

investigators, responding patients with lymphadenopathy benefited particularly from synergistic activity of alemtuzumab and fludarabine. The median OS was 35.6 months for all patients and had not been reached for responders at the time of publication.⁶⁷ The median TTP in responders was reported at 21.9 months compared to 12.97 months for all patients. Despite the dual treatment on day 1 to 3, acute infusion-related side effects were mild (grade I and II) and disappeared with repeated dosing. Grade III and IV myelosuppression were the most frequent adverse events, mostly neutropenias and thrombocytopenias in 26% and 30% of patients, respectively. Grade IV infections with fatal outcome (= final grade V) were seen in 3 patients, of whom 2 were refractory to both, prior therapy and FluCam (2 fungal pneumonias, 1 *E. coli* sepsis). Surprisingly, only 3 subclinical CMV reactivations occurred, although the majority of patients presented with a CMV-antiglobulin positive status prior to treatment.

Overall, the trial demonstrated the clinical feasibility, safety and efficacy of two potentially immunosuppressive drugs combined in one regimen, even in advanced, elderly or heavily pretreated and therefore immunocompromised patients. Infections were less frequent than expected from other studies with single agent alemtuzumab in advanced CLL. However, the relatively low cumulative dose of alemtuzumab in a 4- to 6-cycle FluCam regimen needs to be considered. Unfortunately, the study was not designed to assess treatment efficacy and long-term outcome in biological risk groups and according to MRD course. First interim data of a current phase III registration trial (CAM314), comparing F versus FluCam in relapsed CLL, are currently being prepared for publication.

First-line FluCam is presumably more effective in high-risk patients than alemtuzumab or chemotherapy alone. Based on this hypothesis, an Italian multicenter trial (GIMEMA Multicenter LLC0405 Study) is currently investigating whether the promising activity of FluCam can be reiterated in untreated young CLL patients with biological high-risk features.⁶⁸ CLL patients ≤ 60 years of age with advanced or progressive disease are stratified as either high-risk or low-risk and receive 4 courses of FluCam or 6 cycles of FC chemotherapy, respectively. High risk patients are separated from low risk by the presence of either 17p-deletion ($\geq 20\%$), or 11q deletion plus ≥ 1 , or an unmutated IGHV status plus ≥ 2 adverse prognostic factors (ZAP70+ $\geq 10\%$, CD38+ $\geq 7\%$, 6q deletion or trisomy 12, unmutated IGHV). In case of detectable residual disease after FluCam by CT scan, flow cytometry and/or PCR and availability

of a sibling donor, high risk patients continue treatment receiving a reduced intensity allogeneic stem cell transplant. Alternatively, an autologous PBSC transplant or a 12-week alemtuzumab consolidation can replace the allogeneic transplant, in case no donor is available or stem cell harvest is insufficient. In a first analysis, presented at the annual meeting of the American Hematological Society ASH 2008,⁶⁸ 74 patients had been recruited, 45 treated, including 24 high-risk patients. Seventy-one percent of high risk patients had responded, with 30% CR and 17% MRD negative responses. In the low risk group the ORR was 95% with 57% CR and 19% MRD negativity. Patients refractory to FluCam were reported as either 17p-deleted or cases with bulky lymphadenopathy. As the most common toxicity, grade III–IV neutropenia was observed after both, FC and FluCam. CMV reactivation was the most frequent adverse event after FluCam. At the time of the report, 9 patients had been transplanted (3 allogeneic, 6 autologous).

The study demonstrates an appealing concept of how to interconnect biological risk to different levels of front-line treatment intensity. The choice of FC as the selected therapeutic regimen for low-risk patients might be questionable; obviously FCR would have been the recommended option nowadays, especially in this young and biologically “fit” patient population. However, first results suggest that in high-risk patients, especially with 17p deletion, front-line FluCam might be as limited in activity as FCR for the number of achieved CRs. One reason could be the missing impact of the alkylator cyclophosphamide to decrease lymphadenopathy. However, data on long-term outcome of high-risk patients treated with front-line FluCam compared to FCR are needed to draw further conclusions.

Unfortunately, the addition of the alkylator cyclophosphamide to the FluCam regimen, resembling combined fludarabine, cyclophosphamide plus alemtuzumab (FCCam or FCC) has recently been found to harbor an extended risk of toxicity: in a study by the GCLLSG administering FCCam in previously treated CLL (CLL2L trial), an increased number of sepsis or septic shock was observed.^{69,70} Other phase III trials investigating the more aggressive triple combination FCCam in first-line CLL are being performed by Dutch (HOVON 68, FC versus FCCam in high-risk patients) and French study groups (CLL2007FMP, FCR versus FCCam). The latter has recently been prematurely terminated due to severe toxicity in the FCCam arm including severe infections with fatal outcome.⁷¹ Therefore, further intensification of the FluCam regimen with cyclophosphamide cannot currently be recommended within or outside clinical trials.

Alemtuzumab plus high-dose corticosteroids

Based on the ability of steroids to induce p53-independent apoptosis and in order to amplify treatment activity in lymph nodes, investigators have combined alemtuzumab plus high-dose corticosteroids for CLL treatment.⁷² First data of the British NCRI CLL206 phase II trial were presented by Pettitt and colleagues at the Annual Meeting of the European Hematology Association 2009.⁷³ The trial included pre- and non-treated patients exhibiting at least 20% of CLL cells as being 17p-deleted. Briefly, alemtuzumab was administered 30 mg tiw for up to 16 weeks (4 weeks iv, followed by sc application) plus methylprednisolone 1.0 g/m² day 1–5 in week 1, 5, 9 and 13 under a broad antimicrobial prophylaxis. In 39 treated patients (22 with prior therapy, 17 untreated) the CR/CRi³⁵ rate was reported as overall 24% and 37% in previously untreated patients. Additionally, 3 patients achieved a confirmed MRD-negative CR/CRi.³⁵ However, toxicity of this apparently very effective regimen was fairly high. While the rate of CMV infections was not increased, 41% of grade III to IV non-CMV infections and 38% of glucocorticoid-related toxicity occurred. Four patients died of infections. A full report with updated information on toxicity, PFS and OS has to be awaited to evaluate whether this regimen is clinically feasible. A German phase-II trial exploring the efficacy of alemtuzumab plus dexamethasone in patients with purine-analog refractory disease and/or presence of 17p-deletion is currently ongoing (CLL20).

FCR plus alemtuzumab – CFAR

One of the first studies investigating a combination regimen containing alemtuzumab in treatment-naïve patients was performed at the University of Texas M. D. Anderson Cancer Center. The trial rationale was based on the synergistic pro-apoptotic effect of both rituximab and alemtuzumab on CLL cells as confirmed *in vitro*.⁴⁶ Simultaneous treatment with fludarabine, cyclophosphamide, rituximab plus alemtuzumab (CFAR) had first been tested in a phase II study in 79 treatment-refractory patients, in which an ORR of 65% and a CR rate of 24% were observed.⁷⁴ All 18 patients in CR presented with bone marrow free of residual disease by two-color flow analysis. Forty-four percent of patients with 17p-deletion responded to CFAR. Myelosuppression was the most frequent toxicity.⁷⁵ The same regimen (fludarabine 20 mg/m² day 3–5, cyclophosphamide 200 mg/m² day 3–5; rituximab 375–500 mg/m² day 2; and alemtuzumab 30 mg days 1, 3 and 5, 4-weekly) was subsequently tested in untreated high-risk patients, determined as either FISH

positive for 17p-deletion or with a beta2-microglobulin level higher than twice the upper limit of normal. The data of 59 evaluable patients (23% with 17p deletion) were recently updated (ASH 2009⁷⁶): the ORR was determined at 92% with 70% CR. Of 14 patients with 17p-deletion, 78% responded and 57% achieved a CR. In a retrospective comparative analysis of high-risk patients treated with CFAR and matched historical cases treated with FCR, CFAR was associated with higher rates of myelosuppression, treatment discontinuation and CMV reactivations. There was no difference in other infections. However, treatment with CFAR achieved more frequently MRD negativity in bone marrow as assessed by two-color flow cytometry. With a short median follow-up of 24 months, no difference in time to progression or OS, comparing CFAR and FCR in the retrospective historical analysis, could be revealed.

Overall, the data suggest that CFAR is a highly active and surprisingly tolerable first-line regimen in high-risk CLL patients. It demonstrated the highest rate so far of achievable CRs in patients with 17p deletions; however, a corresponding long-term benefit in these patients is yet to become evident. Longer follow-up data on all 60 enrolled patients from the M.D. Anderson Cancer Center trial might help to determine the potential of CFAR within the CLL front-line algorithm. Given the negative experience with FCCam discussed above, major concerns to be clarified are whether long-term efficacy translates into a survival advantage with an acceptable amount of early and late toxicity (compared to the new standard FCR and to FluCam), and which salvage options can yet be offered to patients after CFAR failure.

Alemtuzumab plus rituximab

Two studies have investigated the potential synergism of monoclonal antibodies rituximab and alemtuzumab without any chemotherapeutic “backbone” in untreated CLL patients. A phase II study applying combined alemtuzumab and rituximab in untreated CLL patients requiring therapy is currently being performed by Frankfurt and colleagues, with first data in a small number of patients available.⁷⁷ Zent and colleagues implemented a risk-stratified study approach to treat early stage CLL patients with rituximab plus alemtuzumab. A tailored alemtuzumab regimen of 30 mg tiw for 4 weeks plus rituximab 375 mg/m² once weekly was given in 30 early stage (Rai 0-II) patients, who did not require treatment according to current guidelines, but had at least one marker positive for high-risk disease (17p- or 11q-deletion, or a combination of unmutated IGHV and CD38-/ZAP70-positivity).⁷⁸ Twenty-seven of 30 patients responded, and

11 patients achieved a CR (37%). Six patients were MRD negative according to three-color flow cytometry of peripheral blood. Toxicity was acceptable, with mainly cytopenias (neutropenias and monocytopenias), 3 CMV reactivations and 1 skin infection, all of them reversible. The median duration of response in the 27 responders was 14.4 months, and the median TTP was reported at 12.5 months for all patients. Interestingly, the investigators repeated FISH analysis in patients with progressive disease and could not find evidence of clonal selection or evolution after treatment. In comparison with biologically matched historical controls, a significantly longer time from diagnosis to initial treatment was detected in patients treated with alemtuzumab plus rituximab (4.4 years) compared to patients who had been observed (1.9 years, “watch and wait”). The trial rationale addressed an unsolved question, namely whether single-agent monoclonal antibodies are able to affect the disease course and long-term outcome, if used in early stage CLL. Despite the presumably lower disease load in RAI stage 0-II patients, alemtuzumab was acceptably tolerated. The results are promising, but need to be further studied in a larger, eventually randomized, trial.

Moreover, the combination of the monoclonal antibodies alemtuzumab and rituximab might be useful as a front-line regimen in patients, who require treatment but are not suitable for aggressive combinations containing chemotherapy (ie, elderly but biologically fit, patients with intolerance of fludarabine, for example).

Alemtuzumab consolidation following front-line induction therapy

The therapeutic goal of consolidation as a treatment strategy is to achieve the best quality and duration of remissions on a morphological and molecular level. Ideally, this can be accomplished by shifting the response to induction treatment from an MRD-positive CR/PR or nodular PR to a MRD-negative CR. Based on the concept of “in vivo purging” of residual disease,⁷⁹ several investigators and study groups have tested various schedules of alemtuzumab consolidation.

Consolidation after chemotherapy

An M.D. Anderson study, one of the first using alemtuzumab consolidation, treated overall 58 patients in at least PR after remission induction by various numbers and types of treatment.⁸⁰ Patients received either 10 mg or 30 mg alemtuzumab tiw for 4 weeks. After consolidation, approximately half of the patients in previous PR could improve their response status (ORR 53%). The major reason for response failure was the presence of residual lymphadenopathy. Eighty-six percent of 29

evaluable patients achieved MRD negativity by two-color flow cytometry, and 11/29 or 38% a molecular remission by PCR in bone marrow after alemtuzumab consolidation. At a median follow up of 18 months TTP was improved in the PCR-negative group compared to all other patients (median not reached versus 15 months). Grade III and IV hematological toxicity was more common in the 30 mg than in the 10 mg group (71% versus 17%). Infections occurred in 37% of patients. However, all of these were manageable, except 1 fatality due to fulminant CMV hepatitis. Interestingly, 3 patients developed an Epstein-Barr virus-positive large cell lymphoma, which also resolved in all cases without any further treatment.^{80,81} An equivalent trial administering alemtuzumab 30 mg tiw sc after remission induction for up to 8 weeks is ongoing.⁸¹

Montillo and colleagues treated 34 patients in first remission after fludarabine-based induction (median 6 cycles fludarabine or FC), with alemtuzumab consolidation 10 mg sc tiw for 6 weeks.⁵⁵ The median interval between last dose of induction and start of consolidation was 16 weeks (range 12 to 76 weeks). MRD assessment was performed by consensus primer IGHV PCR. The CR rate improved significantly from 35% after induction to 79.5% after alemtuzumab consolidation. Whereas none of the patients had been MRD negative in bone marrow after fludarabine induction, 56% were in molecular remission after alemtuzumab. Side effects were notably rare with no major hematological toxicity, only asymptomatic CMV reactivations occurred. Harvest of peripheral blood stem cells was successfully performed in 24 of 26 patients and 18 patients underwent subsequent autologous stem cell transplantation. At a median follow up of 28 months after alemtuzumab 17 of the 18 transplanted patients were still in CR. 9 of 16 patients who did not undergo autologous transplantation were progression free at a median follow up of 17 months.

The GCLLSG conducted the only available randomized phase III trial addressing alemtuzumab consolidation in first remission after fludarabine-based treatment:^{82,83} CLL patients in CR or PR after fludarabine or fludarabine/cyclophosphamide chemotherapy were randomized to either receive alemtuzumab (30 mg iv tiw, 12 weeks) or observation with no further treatment. After inclusion of 21 patients the trial had to be stopped prematurely due to grade III and IV infections in 7 of 11 patients under alemtuzumab, all of which could be successfully treated. After consolidation 5 of 6 patients (83%) achieved a molecular remission in peripheral blood confirmed by allele-specific primer IGHV PCR. Molecular follow up revealed sustained MRD reduction below 0.01% for approximately 1 year. Updated results with a median follow up of 48 months showed a significantly improved PFS in the alemtuzumab arm compared to

the observation cohort (10 patients, median not reached versus 20.6 months, $P = 0.0035$).⁸²

Based on this experience the GCLLSG recently launched a phase I/II dose escalation trial to determine the maximum tolerated dose (MTD) and dose-limiting toxicities (DLT) of iv or sc alemtuzumab for consolidation treatment.⁸⁴ Additional safety measures have been taken in this study: patients in a later stage of disease, in CR or PR following second-line purine-analog based induction, have been included. Furthermore, inclusion required a minimum interval of 90 days after last induction dose in order to start consolidation. Alemtuzumab dose escalation was started at a dose level of 10 mg iv/sc weekly and increased in 10 mg intervals to subsequent dose levels, each of them including minimally 3 patients. First results suggest that due to 2 DLT, the MTD of alemtuzumab consolidation was defined at 10 mg iv in 10 patients, a result in accordance with the data by Montillo and colleagues also favoring a low dose of alemtuzumab in the consolidation/maintenance setting.

Consolidation after immunochemotherapy

Unexpected high toxicity has been observed in the Cancer and Leukemia Group B (CALGB) initiated phase II study administering alemtuzumab for remission consolidation in CLL patients previously treated with up to 6 cycles of fludarabine plus rituximab (FR) as a front-line regimen. After an interval of 4 months following the last dose of fludarabine, patients with stable disease or any remission received alemtuzumab consolidation with 30 mg sc tiw for 6 weeks. Safety data on 51 patients were first reported in 2007:⁸⁵ despite standard *Pneumocystis* (PCP) and varicella zoster virus prophylaxis and careful monitoring for CMV reactivation, 9 of 34 patients in PR after FR induction (26%) experienced unacceptable toxicity. Eight grade III toxicities (4 opportunistic infections, 3 CMV reactivations, 1 hemorrhagic cystitis), and 1 fatal EBV lymphoproliferative disorder were observed. Of 17 patients in CR after FR induction, 8 (47%) underwent grade III–V toxicity: 3 grade III infections (2 CMV, 1 *Cryptococcus*) and 5 fatal (grade V) infections (viral meningitis, *Listeria meningitis*, *Legionella pneumonia*, CMV and *Pneumocystis pneumonia*) were reported. Infections occurred during therapy or with a latency of up to 16 months after consolidation. It was assumed, that toxicity of alemtuzumab was increased in complete responders due to less antigen availability on malignant cells after FR induction. The authors concluded that alemtuzumab consolidation is not safe in patients in CR after chemoimmunotherapy. The study

has been amended after this experience, excluding patients in CR after FR induction.

Another experience in FR-treated patients was recently reported by Hainsworth et al⁸⁶ 34 patients had been treated after 4 cycles of FR with up to 4 weeks of 30 mg alemtuzumab iv tiw. Alemtuzumab was poorly tolerated with frequent infusion related side effects, particularly if given less than 5 weeks after the last induction cycle. CMV infections were observed in 6 patients and 2 treatment-related fatalities were reported (1 CMV exacerbation, 1 unclear wasting syndrome). Also an unsatisfying response was observed in this trial: only 5 patients went into an improved remission status (21%). A high frequency of residual adenopathy after induction, the inclusion of a fair number of SLL patients and the frequent abortion of alemtuzumab treatment (in 51%) were discussed by the authors as possible causes to explain the low response rate. The median PFS for all patients calculated from start of induction was reported at 42 months.

Overall, clinical investigation of the consolidation concept in CLL confirmed a reproducible correlation between MRD negativity achieved by alemtuzumab therapy and prolonged PFS. Unfortunately, data on OS are not available and the only randomized trial stopped prematurely with a small study population. However, due to the observed toxicity in clinical trials, alemtuzumab consolidation after frontline induction cannot be recommended as a feasible approach for clinical practice. It is obsolete to administer alemtuzumab for consolidation after full induction with F(C)R-related immunochemotherapy. In the above-mentioned trials, recurrent and cumulative immunosuppression by the combined depletion of B cells and T cells over a relatively long period of time (>6 months) might have contributed to the observed severe and life threatening infections. Also, inter-patient variability in biological risk, disease load and dissemination (adenopathy versus bone marrow), and in the level of immune reconstitution since last dose after induction, for example, might have effectuated adverse tolerability. Ongoing and future trials investigating alemtuzumab or alternative consolidation therapies should study carefully the maximum tolerable dosing, way of application, timing and duration of the applied consolidating regimen. Further, a comprehensive clinical and molecular characterization of patient subsets who do or do not benefit from consolidation should be delivered.

Role in therapy and conclusions

In conclusion, alemtuzumab is a powerful and powerful drug in the arsenal of CLL therapeutics, approved for therapy of

untreated and relapsed CLL. The antibody “purges” CLL cells in vivo very efficiently from peripheral blood and bone marrow and has been used successfully for MRD eradicating treatment strategies. Due to the concomitant depletion of B- and T-lymphocytes, infectious events have been common under alemtuzumab and require careful monitoring, prophylaxis and a high standard of care in experienced and specialized treatment centers. In general, treatment using this antibody should not be employed too late in the disease course, since the additional disease- or age/comorbidity-related impairment of the immune system might increase the risk of infectious complications.

Alemtuzumab is one of the most effective single agents in CLL and a definite treatment option in relapsed/refractory CLL with high-risk features and inferior prognosis. Although the CAM307 trial has shown superiority of alemtuzumab versus chlorambucil in untreated patients, a putative standard role of alemtuzumab in first-line treatment needs to be further elucidated, particularly in comparison to the new front-line standard FCR. So far, only patients who are not eligible for FC or FCR immunochemotherapy, ie, elderly, comorbid but yet physically fit patients (ie, with decreased renal function) can be recommended as potentially benefiting from first-line alemtuzumab monotherapy. According to current guidelines, patients with CLL-related severe pancytopenia or autoimmune hemolysis resistant to conventional treatments may also be considered for front-line alemtuzumab.⁴⁹

One flaw of the antibody is the unsatisfying activity on lymphadenopathy, which explains the limited rate of complete responders after alemtuzumab single-agent therapy alemtuzumab. Therefore, major study groups are currently investigating combination regimens in both previously treated and untreated patients. Most promising are combinations with steroids and purine analogous (chemotherapy) or rituximab (chemoimmunotherapy); however, at present alemtuzumab combinations should be applied only within clinical trials, especially in the front-line setting.

High-risk CLL patients with 17p/TP53 abnormalities have the worst prognosis, even after FCR induction. They seem to benefit particularly from the p53 independent activity of alemtuzumab treatment. More studies with careful biological stratification and adequate clinical and biological long-term follow-up are required to answer whether single or combined treatment with alemtuzumab might be the approach of choice for first-line therapy in these patients. In addition, alternative therapies including allogeneic stem cell transplant and potent new agents (ie, immunomodulatory drugs such as lenalidomide, the cyclin-dependent kinase

inhibitor flavopiridol, new CD20 antibodies ofatumumab GA101) need to be investigated in comprehensive clinical trials applying innovative treatment options tailored to individual molecular profiles of disease risk and prognosis.

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