

Frontalis sling procedure for ocular myasthenia gravis

Shinichi Asamura¹
Hirohiko Kakizaki²
Mitsuhiro Enjo¹
Takahiro Hashimoto¹
Noritaka Isogai¹

¹Department of Plastic and Reconstructive Surgery, Kinki University School of Medicine, Osakasayama, Osaka, Japan;

²Department of Ophthalmology, Aichi Medical University, Nagakute, Aichi Japan

Abstract: A 39-year-old woman was diagnosed with myasthenia gravis when she was 8 years old. Although many treatments – such as cholinesterase inhibitors and steroids – had been given to the patient, her condition did not improve sufficiently. As she demonstrated bilateral 3 mm levator function without any eye movement disturbances, bilateral frontalis sling procedures were performed with an autologous fascia lata. One year after the operation, the operated upper eyelids showed symmetrically appropriate heights with good functional outcome. A sling procedure with an autologous fascia lata was suitable for correcting poor levator function of an ocular myasthenia gravis case.

Keywords: ocular myasthenia gravis, ptosis, frontalis sling

Introduction

Myasthenia gravis (MG), an autoimmune disease, impedes the postsynaptic acetylcholine receptors at the neuromuscular junction.¹ Ocular MG is a representative manifestation of this entity in which blepharoptosis and/or eye movement disturbances are often encountered.² In general, up to 85% of all myasthenic patients show the anticholinesterase receptor antibody in serum, but only about 50% of patients demonstrate ocular muscle weakness.³ Although cholinesterase inhibitors with or without steroids are commonly used as a treatment modality, they are, occasionally, less effective for ocular symptoms.⁴ In such a case, especially for ptosis without any eye movement disorders, ptosis surgery is often performed. This paper presents an ocular MG case with eyelid dysfunction, in which cholinesterase inhibitors and steroids did not work sufficiently, but surgical treatment successfully improved the symptom.

Case report

A 39-year-old woman was diagnosed with MG when she was 8 years old. With a positive edrophonium test and detectable serum acetylcholine receptor antibody, the diagnosis of ocular MG was confirmed in addition to the unresponsiveness to treatment with pyridostigmine and steroids at 31 years of age. Despite long-term treatment with steroids, she had difficulty opening both eyes, which caused stiff shoulders and headaches. She was then referred to the authors' clinic for possible surgical management.

As she showed bilateral 3 mm levator function (Figure 1A) without any eye movement disturbances, bilateral frontalis sling procedures were performed with an autologous fascia lata. The skin incision was made 6 mm from the eyelid margin,

Correspondence: Shinichi Asamura
Department of Plastic and Reconstructive Surgery, Kinki University School of Medicine, Osakasayama, Osaka, Japan
Tel +81 72 366 0221
Fax +81 72 367 7517
Email asamura@med.kindai.ac.jp



Figure 1 (A) Preoperative view of the patient with ptosis shows that she has a prominent wrinkle in her forehead and sticks out her chin when she tries to open her eyes. (B) Postoperative view shows that the eyelids are symmetrical and in the appropriate position 1 year after the operation.

and the central area of the upper brow margin was also incised (Figure 2A). A tunnel was made from the brow incision through the suborbicularis oculi layer, and reached the pretarsal area. The branched fascia lata was sutured with 6-0 nylon (Sigma, Tokyo, Japan) on the tarsal plate and then the upper eyelid curvature was confirmed by pulling the fascia through the suborbicularis tunnel (Figure 2B). After the upper eyelid height was adjusted appropriately with a trial suture at the brow incision, the fascia was fixed at the subcutaneous tissue of the brow.

One year after the operation, the upper eyelids showed symmetrically appropriate heights (Figure 1B). The patient did not demonstrate exposure keratitis, wound infection, lagophthalmos, or ptosis in the 6 months following the operation.

Discussion

The frontalis sling surgery for ptosis by ocular MG accomplished functionally and cosmetically good outcomes.

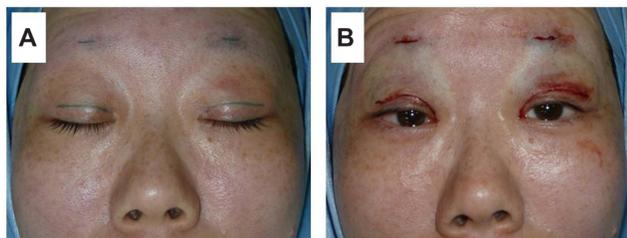


Figure 2 (A) Marking of the incisions before the procedure. The skin incision was made 6 mm from the eyelids margin, and the central area of the upper brow margin was also incised. (B) A view of the skin incisions before closure. With autologous fascia lata, bilateral frontalis slings were performed.

As the levator function of the patient was bilaterally 3 mm, the frontalis sling technique was chosen. In general, ptosis with less than 4 mm levator function needs a sling procedure,⁵ but with more levator function, levator advancement surgery is applied.⁶ As an excessive advancement of levator often leads to an eyelid-eyeball dissociation, causing dry eyes, a sling procedure should be used in such a case. In the past, numerous materials have been used for slings like silicone rods, GORE-TEX®, and autologous tissue graft.^{5,7-9} The autologous graft from fascia lata was chosen rather than the artificial material in terms of its histocompatibility.

Although the patient did not show any eye movement disturbances, MG patients often show eye movement disturbances simultaneously with ptosis.¹⁰ Bilateral ptosis surgery should be avoided in such a case to prevent postoperative diplopia. In this situation, ptosis surgery should only be applied to one side.

Many treatment modalities had been given to the patient, but her condition did not show definite improvement. Generally in MG, anticholinesterases (cholinesterase inhibitors) have limited efficacy. Although steroids are of great short-term benefit in most patients with ocular MG, the side effects associated with steroids may prevent long-term use.¹⁰ Therapeutic effect of thymectomy is controversial for ocular MG. Therefore, a patient refractory to any medical treatments is a good candidate for ptosis surgery.

In conclusion, this paper reports an ocular MG case with eyelid dysfunction, in which cholinesterase inhibitors and steroids did not work sufficiently, but surgical treatment successfully improved the symptom. A sling procedure with an autologous fascia was suitable for correcting poor levator function of an ocular MG case.

Disclosure

The authors report no conflicts of interest in this work.

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