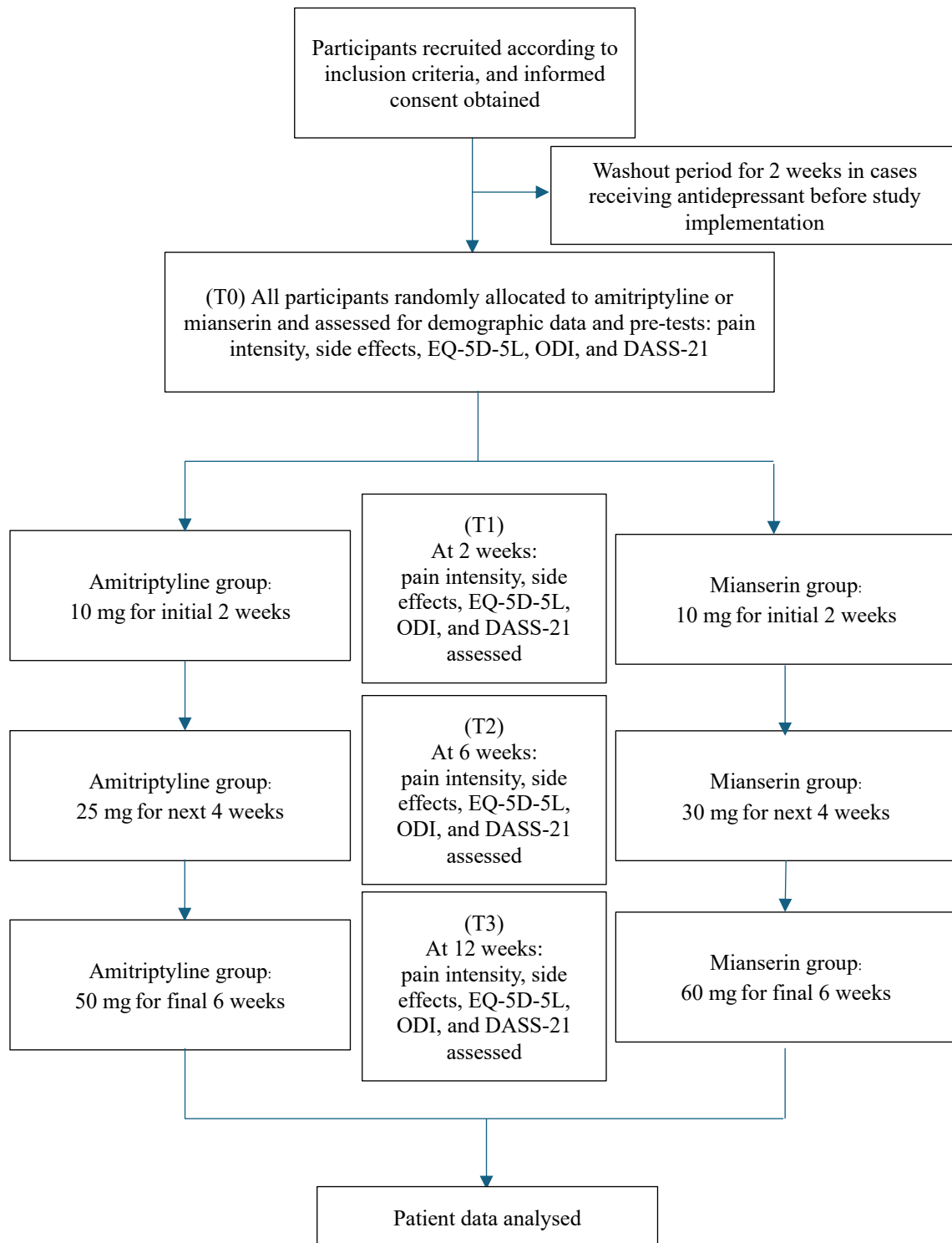


Supplementary Figure S1. Study schedule, dose titration, and assessment time-points (T0–T3)



Abbreviations: DASS-21, Depression, Anxiety and Stress Scale–21 Items; EQ-5D-5L, EuroQol 5 Dimensions 5 Levels; ODI, Oswestry Disability Index; T0, baseline; T1, week 2; T2, week 6; T3, week 12