

Supplementary Table 1 Characteristics of included studies (n=195).

Study	Study type	Country, Region	Disease stage	Disease severity	N	Intervention	Evidence Level	Treatment history	Comparison	Course	Outcome	Conflicts
Chen ZF 2023 ^[1]	RCT	China	NS	NS	40	IUCH	1	Eluted	ID	4w	PASI95, PASI30, DLQI, SLI, AEs, RR	NC
Hu R 2008 ^[2]	Q-Exp	China	NS	NS	30	IUCH	1	NC	ID	8w	PASI score, PASI90, PASI60, PASI30, SLI, AEs	NC
Zhong JB 2008 ^[3]	RCT	China	NS	NS	60	IUCH	1	Eluted	ID	8w	PASI95, PASI60, PASI30, AEs	NC
Tan XY 2008 ^[4]	RCT	China	NS	NS	40	IUCH	1	NC	ID	1m	PASI95, PASI60	NC
Li M 2020 ^[5]	RCT	China	NS	NS	36	IUCH	1	Eluted	OR	8w	PASI75, PGA, DLQI, SLI, RR, AEs	NC
Guo X 2020 ^[6]	OBS	China	NS	NS	507	IUCH	1	NC	CCTscomparison	8w	PASI75, DLQI, SLI, RR, AEs	NC
Yuan Y 2021 ^[7]	RCT	China	Prog	NS	40	IUCH	1	Eluted	ID	8w	PASI90, PASI60, PASI30, IL-17, SLI, AEs	NC
Zhang CH 2003 ^[8]	Q-Exp	China	Prog	NS	86	IUCH	1	Eluted	ID	8w	PASI90, PASI70, PASI30, SLI, AEs, RR, TNF- α , IL-8	NC

He AJ 2010 ^[9]	Q-Exp	China	Prog	NS	30	IUCH	1	NC	OR	3m	PASI95, PASI60, PASI30, AEs, SLI	NC
Xia GL 2010 ^[10]	Q-Exp	China	Prog	NS	30	IUCH	1	Eluted	OR	3m	PASI95, PASI60, PASI30, AEs, SLI	NC
Li J 2008 ^[11]	RCT	China	Prog	NS	30	IUCH	1	NC	ID	2m	PASI90, PASI60, PASI30, AEs	NC
Gong LP 2011 ^[12]	Q-Exp	China	NS	NS	30	IUCH	1	Eluted	OR	8w	PASI90, PASI60, PASI30, SLI, AEs, TNF- α , IL- 8	NC
Lu T 2005 ^[13]	Q-Exp	China	NS	NS	50	IUCH	1	Eluted	ID	2m	PASI95, PASI70, AEs	NC
Feng H 2014 ^[14]	Q-Exp	China	QS	Se	42	IUCH	1	NC	OR	6w	PASI90, PASI60, PASI30, SLI, AEs	NC
Zhou LY 2019 ^[15]	RCT	China	NS	Mi to Mo	103	IUCH	1	Eluted	An	8w	PASI95, PASI60, SLI, AEs, TNF- α , IL-6, IL-17, VEGF	NC
Zhang YH 2021 ^[16]	Q-Exp	China	NS	Mi to Mo	60	IUCH	1	Eluted	OR	4w	PASI95, PASI70, AEs	NC
Jia SJ 2016 ^[17]	Q-Exp	China	NS	NS	48	IUCH	1	NC	TVDD	8w	PASI95, PASI60, PASI30	NC

Cheng FL 2005 ^[18]	OBS	China	NS	NS	120	IUCH	1	NC	ID	3m	PASI60, PASI30	NC
Jia M 2012 ^[19]	OBS	China	Prog	NS	30	IUCH	1	Eluted	OR	3m	PASI95, PASI60, PASI30, AEs	NC
Zhai SC 2006 ^[20]	Q-Exp	China	Prog	NS	68	IUCH	1	Eluted	ID	4w	PASI90, PASI60, PASI30, AEs	NC
Shan YY 2006 ^[21]	OBS	China	Prog, QS	NS	80	IUCH	1	Eluted	LT	2m	PASI score, SLI, AEs, TNF- α , IL-8	NC
Ma WL 2010 ^[22]	Q-Exp	China	NS	NS	52	IUCH	1	Eluted	OR	12w	PASI95, PASI60, AEs	NC
Ma XW 2009 ^[23]	Q-Exp	China	NS	NS	80	IUCH	1	Eluted	OR	3m	PASI score, VEGF, AEs	NC
Ma XW 2011 ^[24]	Q-Exp	China	NS	NS	40	IUCH	1	Eluted	OR	3m	PASI90, PASI60, PASI30, AEs, TNF- α	NC
Ma XW 2012 ^[25]	OBS	China	NS	NS	41	IUCH	1	Eluted	OR	3m	PASI score, AEs	NC
Chen H 2004 ^[26]	Q-Exp	China	NS	NS	61	IUCH	1	Eluted	ID	8w	PASI75, PASI60, IL-8, SLI, AEs	NC
Abu A 2019 ^[27]	RCT	China	NS	NS	30	IUCH	1	NC	OR	2m	RR, AEs	NC
Bi YW 2007 ^[28]	Q-Exp	China	NS	NS	60	IUCH	1	NC	ID	3m	PASI90, PASI60	NC

Zhong JB 2007 ^[29]	RCT	China	NS	NS	96	IUCH	1	Eluted	ID	2m	PASI90, PASI60, SLI, AEs	NC
Zhou L 2016 ^[30]	Q-Exp	China	NS	NS	82	IUCH	1	NC	ID	12w	PASI70, PASI30	NC
Zhou SH 2011 ^[31]	OBS	China	NS	NS	58	IUCH	1	NC	OR	3m	PASI90, PASI60, PASI30, AEs	NC
Cai JF 2013 ^[32]	OBS	China	NS	NS	52	IUCH	1	NC	OR	2m	PASI95, PASI70, PASI30, AEs	NC
Kuang L 2004 ^[33]	OBS	China	NS	NS	36	IUCH	1	Eluted	ID	4w	SLI, AEs	NC
Liang Y 2015 ^[34]	Q-Exp	China	Prog	NS	30	IUCH	1	Eluted	ID	1m	PASI score, PASI90, PASI60, PASI30, TNF- α , VEGF	NC
Liu YJ 2013 ^[35]	Q-Exp	China	NS	NS	31	IUCH	1	NC	OR	2m	PASI95, PASI60, AEs	NC
Li FL 2008 ^[36]	RCT	China	NS	NS	30	IUCH	1	Eluted	ID	4w	PASI95, PASI60, PASI30, DLQI, VEGF	NC
Liu MM 2019 ^[37]	RCT	China	NS	NS	50	IUCH	1	NC	ID	1m	PASI90, PASI60, RR	NC
Wang WC 2011 ^[38]	Q-Exp	China	Prog	NS	30	IUCH	1	Eluted	ID	1m	PASI score, PASI30, RR	NC
Yang F 2015 ^[39]	Q-Exp	China	NS	NS	55	IUCH	1	NC	OR	2m	PASI90, DLQI, VAS, RR, AEs	NC

Xu M 2013 ^[40]	Q-Exp	China	NS	NS	59	IUCH	1	Eluted	OR	6w	PASI95, PASI70, PASI30, RR, AEs	NC
Ye ZM 2008 ^[41]	RCT	China	NS	NS	56	IUCH	1	NC	ID	2m	PASI90, PASI60, PASI30, AEs	NC
Zhang SJ 2019 ^[42]	OBS	China	NS	Mi to Mo	60	IUCH	1	Eluted	ID	8w	PASI90, PASI60, PASI30, DLQI, AEs	NC
Zhang H 2005 ^[43]	Q-Exp	China	NS	NS	57	IUCH	1	NC	ID	2m	PASI95, PASI60, PASI30	NC
Zhou CH 2002 ^[44]	RCT	China	NS	NS	30	IUCH	1	Eluted	An	1m	PASI90, PASI60, PASI30, AEs	NC
Zhou Y 2021 ^[45]	Q-Exp	China	NS	NS	61	IUCH	1	NC	ID	8w	PASI75, PASI30, DLQI, VAS, AEs	NC
Wang KM 2019 ^[46]	OBS	China	NS	Se	64	IUCH	1	Eluted	OR	4w	PASI90, PASI60, PASI30	NC
Zhao JH 2003 ^[47]	Q-Exp	China	NS	NS	30	IUCH	1	NC	ID	8w	PASI90, PASI60, Aes, RR	NC
Zhao C 2023 ^[48]	RCT	China	Prog	NS	75	IUCH	1	Eluted	OR	8w	PASI95, PASI70, SLI, AEs	NC
Zhang ZJ 2008 ^[49]	Q-Exp	China	NS	NS	130	IUCH	1	Eluted	ID	8w	PASI95, PASI60, PASI30, SLI, AEs, RR	NC
Zhang T 2015 ^[50]	Q-Exp	China	NS	NS	73	IUCH	1	Eluted	OR	8w	PASI90, PASI60, SLI, AEs	NC

Zhang LA 2011 ^[51]	Q-Exp	China	NS	NS	50	IUCH	1	NC	OR	8w	PASI95, PASI60, PASI30, AEs	NC
Zhang HY 2008 ^[52]	Q-Exp	China	Prog	NS	34	IUCH	1	Eluted	OR	8w	TNF- α , IL-8, PASI score	NC
Yue ZF 2014 ^[53]	Q-Exp	China	NS	NS	40	IUCH	1	Eluted	OR	8w	PASI95, PASI60, PASI30	NC
Yin LH 2010 ^[54]	RCT	China	Prog	NS	162	IUCH	1	Eluted	OR	8w	PASI90, PASI60, SLI, AEs	NC
Yu B 2008 ^[55]	Q-Exp	China	NS	NS	160	IUCH	1	NC	ID	8w	PASI70, PASI30	NC
Yang M 2016 ^[56]	OBS	China	NS	NS	38	IUCH	1	NC	OR	4w	PASI60, PASI30, AEs	NC
Yang N 2005 ^[57]	Q-Exp	China	NS	NS	50	IUCH	1	NC	OR	3m	PASI95, PASI60, AEs	NC
Yang GQ 2022 ^[58]	RCT	China	NS	NS	32	IUCH	1	Eluted	ID	4w	TNF- α , VEGF	NC
Yang KF 2001 ^[59]	Q-Exp	China	NS	NS	31	IUCH	1	NC	ID	2m	PASI95, PASI70, PASI30, SLI, AEs	NC
Yan ZR 2011 ^[60]	Q-Exp	China	NS	NS	30	IUCH	1	Eluted	OR	8w	PASI90, PASI60, PASI30, TNF- α , IL-8	NC
Xu JL 2014 ^[61]	RCT	China	NS	NS	45	IUCH	1	Eluted	OR	6w	PASI90, PASI60, TNF- α	NC

Xu RS 2015 ^[62]	Q-Exp	China	NS	NS	40	IUCH	1	Eluted	OR	2m	PASI90, PASI60, IL-8, AEs	NC
Xiao MH 2015 ^[63]	RCT	China	NS	NS	35	IUCH	1	Eluted	ID	8w	PASI95, PASI70, PASI30, RR	NC
Xie SQ 2009 ^[64]	Q-Exp	China	NS	NS	41	IUCH	1	Eluted	OR	8w	PASI90, PASI60, AEs	NC
Wu Y 2012 ^[65]	RCT	China	NS	NS	74	IUCH	1	Eluted	ID	2m	PASI95, PASI60, PASI30, SLI, AEs	NC
Wu LT 2014 ^[66]	Q-Exp	China	NS	NS	38	IUCH	1	Eluted	OR	8w	PASI score, SLI, AEs	NC
Wu SD 2007 ^[67]	OBS	China	NS	NS	45	IUCH	1	Eluted	OR	8w	PASI95, PASI70, AEs	NC
Wang YJ 2002 ^[68]	RCT	China	NS	NS	80	IUCH	1	NC	ID	2m	PASI95, PASI70, AEs	NC
Wang YF 2007 ^[69]	Q-Exp	China	Prog	NS	132	IUCH	1	NC	ID	2m	PASI95, PASI70, SLI, AEs	NC
Wang RF 2010 ^[70]	Q-Exp	China	NS	NS	553	IUCH	1	NC	OR	2m	PASI95, PASI60, PASI30, RR, AEs	NC
Wang SY 2014 ^[71]	OBS	China	NS	NS	69	IUCH	1	NC	OR	12w	PASI90, PASI60, PASI30, AEs	NC

Wang WX 2012 ^[72]	Q-Exp	China	NS	NS	30	IUCH	1	Eluted	OR	2m	PASI60, PASI30, AEs	NC
Wang L 2019 ^[73]	Q-Exp	China	NS	Mi to Mo	36	IUCH	1	Eluted	OR	12w	PASI95, PASI60, PASI30, DLQI, IL-17, IL-23	NC
Tan XH 2019 ^[74]	OBS	China	NS	NS	45	IUCH	1	Eluted	OR	6w	PASI90, PASI60, PASI30	NC
Sun YL 2007 ^[75]	RCT	China	NS	NS	125	IUCH	1	Eluted	ID	6w	PASI95, PASI60, PASI30, AEs	NC
Sun J 2010 ^[76]	Q-Exp	China	Prog	NS	34	IUCH	1	Eluted	OR	3m	PASI score, DLQI	NC
Song JX 2016 ^[77]	OBS	China	NS	NS	30	IUCH	1	NC	OR	1m	PASI90, PASI60, AEs	NC
Si QG 2021 ^[78]	RCT	China	NS	NS	58	IUCH	1	NC	OR+TVDD	6w	PASI90, PASI60, PASI30	NC
Shi LA 2008 ^[79]	Q-Exp	China	Prog	NS	57	IUCH	1	NC	TR	2m	PASI90, PASI60, PASI30, SLI, AEs, RR, IL-6, IL-8	NC
Mou C 2021 ^[80]	OBS	China	NS	NS	55	IUCH	1	NC	TC+TVDD	2m	VEGF	NC
Qiao H 2015 ^[81]	OBS	China	NS	NS	78	IUCH	1	NC	TC	3m	PASI90, PASI60, PASI30, AEs	NC
Qiu S 2005 ^[82]	Q-Exp	China	NS	NS	32	IUCH	1	Eluted	OR	2m	PASI score, PASI95, PASI60,	NC

											PASI30, SLI, AEs	
Ma AH 2007 ^[83]	OBS	China	NS	NS	50	IUCH	1	Eluted	ID	8w	PASI90, PASI60, AEs, IL-8	NC
Ma LF 2018 ^[84]	OBS	China	NS	NS	34	IUCH	1	Eluted	OR+TC	2w	PASI score, TNF- α , IL-8	NC
Ma MK 2012 ^[85]	Q-Exp	China	NS	NS	41	IUCH	1	Eluted	ID	2m	PASI60	NC
Liu ZY 2019 ^[86]	OBS	China	NS	NS	40	IUCH	1	NC	OR	1m	PASI90, PASI60	NC
Lin M 2008 ^[87]	RCT	China	Prog	NS	168	IUCH	1	Eluted	OR	8w	PASI90, PASI60, PASI30, SLI, AEs	NC
Lin JJ 2022 ^[88]	RCT	China	NS	NS	50	IUCH	1	Eluted	OR	8w	PASI90, PASI60, PASI30, IL-17, AEs	NC
Li ZG 2006 ^[89]	Q-Exp	China	NS	NS	60	IUCH	1	NC	ID	2m	PASI60, AEs	NC
Li SP 2010 ^[90]	Q-Exp	China	NS	NS	150	IUCH	1	Eluted	OR	2m	PASI95, PASI60	NC
Li SQ 2011 ^[91]	Q-Exp	China	NS	NS	68	IUCH	1	NC	ID	8w	PASI90, PASI60, PASI30, RR	NC
Li ZJ 2013 ^[92]	Q-Exp	China	Prog	Mi to Mo	60	IUCH	1	Eluted	ID	1m	PASI90, PASI60, PASI30, RR	NC
Lang YJ 2012 ^[93]	Q-Exp	China	NS	NS	38	IUCH	1	NC	ID	8w	PASI90, PASI60, PASI30	NC

Jiang HY 2004 ^[94]	Q-Exp	China	NS	NS	61	IUCH	1	NC	ID	2m	PASI95, PASI70, PASI30, SLI, AEs	NC
Cao XH 2001 ^[95]	Q-Exp	China	NS	NS	86	IUCH	1	Eluted	ID	2m	PASI95, PASI60, RR, AEs	NC
Deng JQ 2010 ^[96]	Q-Exp	China	NS	NS	32	IUCH	1	Eluted	OR	4w	PASI95, PASI60, PASI30, AEs	NC
Du WQ 2015 ^[97]	OBS	China	Prog	NS	31	IUCH	1	Eluted	OR	3m	PASI95, PASI60, PASI30, RR, AEs	NC
Du XX 2005 ^[98]	RCT	China	Prog	NS	86	IUCH	1	Eluted	ID	8w	PASI90, PASI70, PASI30, TNF- α , IL-8, AEs	NC
Gong DH 2003 ^[99]	Q-Exp	China	QS	NS	40	IUCH	1	Eluted	ID	2m	PASI70, PASI30	NC
Gong ZF 2014 ^[100]	Q-Exp	China	NS	NS	61	IUCH	1	NC	ID	2m	PASI95, PASI70, PASI30	NC
He L 2002 ^[101]	Q-Exp	China	NS	NS	58	IUCH	1	NC	ID	2m	PASI95, PASI60, PASI30, AEs	NC
He Y 2010 ^[102]	Q-Exp	China	NS	NS	62	IUCH	1	NC	ID	2m	PASI95, PASI60, PASI30, SLI, AEs	NC
Hou LJ 2009 ^[103]	Q-Exp	China	Prog	NS	140	IUCH	1	NC	ID	2m	PASI95, PASI70, SLI, AEs	NC

Hu AL 2009 ^[104]	RCT	China	Prog	NS	30	IUCH	1	Eluted	ID	2m	PASI95, PASI70, AEs	NC
Hu LP 2011 ^[105]	Q-Exp	China	NS	NS	50	IUCH	1	NC	OR	3m	PASI90, PASI60, PASI30	NC
Huang G 2022 ^[106]	Q-Exp	China	NS	Mo to Se	30	IUCH	1	Eluted	OR	8w	PASI95, PASI70, AEs	NC
Huang J 2001 ^[107]	OBS	China	NS	NS	65	IUCH	1	NC	ID	2w	PASI60, PASI30	NC
Huang QP 2004 ^[108]	OBS	China	NS	NS	52	IUCH	1	Eluted	ID	2m	PASI90, PASI60, PASI30, RR, AEs	NC
Zhu YH 2012 ^[109]	RCT	China	NS	NS	45	EUCH	1	NC	OR	4w	PASI90, PASI60	NC
Qi L 2010 ^[110]	RCT	China	NS	NS	84	EUCH	1	NC	TR	8w	PASI60, RR	NC
Zhu F 2014 ^[111]	RCT	China	NS	NS	30	EUCH	1	Eluted	LT	12w	PASI90, PASI60, IL-6, IL-8, TNF- α , SLI, AEs	NC
Wu CY 2020 ^[112]	RCT	China	NS	NS	30	EUCH	1	NC	TVDD	6w	PASI score	NC
Jia LM 2007 ^[113]	OBS	China	NS	NS	89	EUCH	1	NC	TR	1m	PASI95, PASI70	NC
Zhuang XM 2016 ^[114]	RCT	China	NS	NS	30	EUCH	1	NC	TR	4w	PASI90, PASI60, PASI30, VAS, AEs	NC
Zhu L 2008 ^[115]	Q-Exp	China	NS	Mi to Mo	42	EUCH	1	Eluted	TR	2w	PASI90, PASI60, PASI30, AEs	NC

Zhou GJ 2008 ^[116]	Q-Exp	China	Prog, QS	NS	109	EUCH	1	NC	SB	2w	PASI90, PASI60, PASI30, RR, AEs	NC
Zhang X 2002 ^[117]	Q-Exp	China	NS	NS	40	EUCH	1	Eluted	TVDD	6w	PASI95, PASI60, PASI30, RR, AEs	NC
Tong DD 2013 ^[118]	RCT	China	Prog	NS	70	EUCH	1	Eluted	TR	4w	PASI95, PASI70, AEs	NC
Huang XQ 2020 ^[119]	RCT	China	NS	Mi to Mo	35	EUCH	1	Eluted	TVDD	4w	PASI95, PASI70, AEs, RR, IL-17	NC
Yang T 2019 ^[120]	RCT	China	NS	Mi to Mo	30	EUCH	1	Eluted	TVDD	6w	PASI95, PASI60, PASI30, VAS, SLI, AEs, DLQI	NC
Xiao RN 2018 ^[121]	RCT	China	NS	NS	30	EUCH	1	Eluted	TR	4w	PASI95, PASI60, PASI30, VAS, AEs	NC
Niu FH 2021 ^[122]	RCT	China	NS	Mi to Mo	35	EUCH	1	Eluted	TVDD	4w	PASI95, PASI60, PASI30, VAS, AEs, RR	NC
Zhang CH 2011 ^[123]	Q-Exp	China	QS	NS	32	EUCH+Cup	2	Eluted	TVDD+LT	8w	PASI90, PASI60, AEs	NC
Yi DM 2021 ^[124]	RCT	China	NS	NS	40	EUCH	1	NC	TVDD	2m	PASI score, PASI60, PASI30, AEs	NC
Gu QY 2019 ^[125]	Q-Exp	China	NS	NS	65	EUCH	1	Eluted	vasevasevasev v	3w	PASI90, PASI60, PASI30, VAS	NC

Wang XL 2000 ^[126]	Q-Exp	China	NS	NS	386	EUCH	1	NC	TC	1m	AEs, RR	NC
Yan XK 2019 ^[127]	Q-Exp	China	NS	NS	45	EUCH	1	NC	TR	8w	PASI75	NC
Geng AA 2022 ^[128]	OBS	China	NS	mi Mo	60	EUCH	1	NC	TVDD	6w	PASI score, PASI95, PASI70	NC
Xia XJ 2008 ^[129]	Q-Exp	China	NS	NS	96	EUCH	1	Eluted	TC	8w	PASI90, PASI60, PASI30, AEs	NC
Wang JX 2002 ^[130]	Q-Exp	China	NS	NS	112	EUCH	1	NC	TR	8w	PASI75, RR	NC
Liu J 2010 ^[131]	Q-Exp	China	NS	NS	60	EUCH	1	NC	TR	3w	PASI95	NC
Fu RE 2019 ^[132]	Q-Exp	China	Prog	NS	30	EUCH	1	Eluted	TVDD	4w	PASI90, PASI60, VAS, AEs, RR, IL-17, IL-23	NC
Chen LQ 2010 ^[133]	OBS	China	NS	NS	153	EUCH	1	NC	TC	NC	PASI90, PASI60, PASI30	NC
Xia HH 2023 ^[134]	RCT	China	NS	NS	33	EUCH	1	NC	TC+TVDD	4w	PASI90, PASI60, PASI30, IL-17, IL-23, TNF- α , AEs	NC
Wei GX 2010 ^[135]	OBS	China	NS	NS	100	EUCH	1	NC	OR	12w	PASI60, AEs	NC
Chen LN 2018 ^[136]	RCT	China	NS	NS	30	EUCH	1	Eluted	TVDD	4w	PASI90, PASI60, PASI30, RR, AEs	NC

Wang JQ 2019 ^[137]	RCT	China	NS	NS	46	EUCH	1	NC	TVDD	6w	PASI90, PASI60, PASI30, AEs	NC
Gao WY 2006 ^[138]	Q-Exp	China	NS	Mi to Mo	192	EUCH	1	Eluted	TC	8w	PASI95, PASI60, AEs	NC
Shang SQ 2020 ^[139]	Q-Exp	China	QS	NS	35	EUCH	1	NC	TVDD	6w	PASI90, PASI60, DLQI, RR, AEs	NC
He HY 2017 ^[140]	RCT	China	NS	Mi to Mo	60	EUCH	1	Eluted	TC	8w	PASI90, PASI60, PASI30, RR, AEs	NC
Guo Q 2015 ^[141]	RCT	China	NS	NS	32	EUCH	1	Eluted	TR	4w	PASI95, PASI60, PASI30, AEs	NC
Liu MQ 2020 ^[142]	RCT	China	Prog	NS	30	EUCH	1	Eluted	LT+TVDD	8w	PASI score, PASI95, PASI60, DLQI, AEs	NC
MaoWW 2019 ^[143]	Q-Exp	China	NS	NS	30	EUCH	1	Eluted	TVDD	8w	PASI score, DLQI, AEs	NC
Zhao F 2019 ^[144]	Q-Exp	China	NS	NS	46	IUCH+EUC H+Cup	2	NC	CCTs	NC	PASI score	NC
Bao LH 2020 ^[145]	Q-Exp	China	NS	NS	80	IUCH+EUCH	1	NC	OR	2w	PASI95, PASI75, PASI30	NC
Chen HJ 2018 ^[146]	RCT	China	Prog	NS	30	IUCH+EUCH	1	Eluted	OR	8w	PASI90, PASI60, PASI30, VAS, SLI, AEs	NC
Ding L 2019 ^[147]	Q-Exp	China	NS	Se	40	IUCH+EUCH	1	NC	OR+TVDD	12w	PASI90, PASI70, PASI score, DLQI	NC

He J 2008 ^[148]	Q-Exp	China	NS	NS	68	IUCH+EUCH	1	NC	OR	5m	PASI90, PASI60, PASI30	NC
Wang ZY 2018 ^[149]	Q-Exp	China	NS	NS	60	IUCH+EUCH	1	NC	OR	2m	PASI60, AEs	NC
WANG YM 2004 ^[150]	OBS	China	NS	NS	108	IUCH+EUCH	1	NC	ID+TR	3m	PASI90, PASI30, RR	NC
Qu YB 2014 ^[151]	OBS	China	NS	NS	60	IUCH+EUCH	1	Eluted	OR+TC	2w	PASI score, PASI95, PASI60, AEs	NC
Yang JL 2020 ^[152]	Q-Exp	China	NS	NS	37	IUCH+BL	2	NC	OR	2m	AEs, DLQI	NC
Sun KL 2022 ^[153]	RCT	China	NS	NS	39	IUCH+Cup+ BL	2	Eluted	OR	4w	PASI score, DLQI, IL-17, VEGF, AEs,	NC
Li M 2011 ^[154]	Q-Exp	China	NS	NS	84	IUCH+EUCH	1	NC	ID	4w	PASI90, PASI70, AEs	NC
Huang Z 2020 ^[155]	Q-Exp	China	NS	Se	85	IUCH+EUCH	1	Eluted	OR+TVDD	8w	PASI90, PASI60, PASI30, PASI score, SLI, AEs, IL-23	NC
Xie CX 2023 ^[156]	RCT	China	NS	NS	38	IUCH+EUCH	1	NC	TC	4w	PASI score, DLQI, IL-6, IL- 8, TNF- α	NC
Li HJ 2014 ^[157]	RCT	China	NS	NS	65	IUCH+EUCH	1	NC	TC+LT	4w	PASI score	NC

Liu T 2008 ^[158]	Q-Exp	China	NS	NS	30	IUCH+EUCH	1	NC	TC	3w	PASI90, PASI60, PASI30, AEs	NC
Wang HG 2017 ^[159]	Q-Exp	China	NS	NS	60	IUCH+EUCH	1	NC	OR	2m	RR, AEs	NC
Xu TH 2020 ^[160]	RCT	China	QS	Mi to Mo	50	Cup+EUCH	1	NC	TC	8w	PASI90, PASI75, DLQI, IL-6, TNF- α , AEs, RR	NC
Zhang XY 2023 ^[161]	Q-Exp	China	NS	NS	33	IUCH+EUCH	1	Eluted	TVDD+LT	8w	PASI score, IL- 23, IL-17, TNF- α , AEs	NC
Li PY 2019 ^[162]	Q-Exp	China	NS	NS	55	IUCH+EUCH	1	Eluted	OR+TVDD	12w	PASI90, PASI60, PASI30, VAS, DLQI, AEs, IL- 6, IL-17, IL-23, VEGF	NC
Yu GH 2021 ^[163]	RCT	China	NS	NS	53	IUCH+EUCH	1	Eluted	OR+TVDD	2m	PASI90, PASI60, PASI30, TNF- α , IL-17	NC
Wang LH 2016 ^[164]	Q-Exp	China	NS	NS	30	IUCH+EUCH	1	NC	OR	8w	PASI90, PASI60, PASI30, I IL-8, TNF- α	NC
He B 2019 ^[165]	Q-Exp	China	NS	Mo to Se	60	Cup	3	Eluted	OR	8w	PASI95, PASI60, PASI30, DLQI	NC
Wang XM 2011 ^[166]	RCT	China	NS	NS	30	FNT	3	Eluted	TR	1m	PASI95, PASI70, PASI30, AEs	NC

Zhang R 2014 ^[167]	Q-Exp	China	NS	NS	40	Acu	2	NC	OR	10w	PASI95, PASI70, PASI30, AEs	NC
Yu ZJ 2013 ^[168]	OBS	China	NS	NS	60	Acu	2	Eluted	CCTs	1m	PASI95, PASI60, PASI30	NC
Wu JP 2011 ^[169]	RCT	China	QS	NS	30	Acu+E Acu	2	Eluted	OR	12w	PASI95, PASI70, PASI30, AEs	NC
Tian YS 2004 ^[170]	RCT	China	NS	NS	46	Acu	2	NC	ID	12w	PASI95, PASI75, PASI30, RR, AEs	NC
Tang SW 2021 ^[171]	RCT	China	QS	NS	54	Cup+Mox	3	Eluted	OR	6w	PASI score, PASI90, PASI70, PASI30, DLQI, AEs, IL-17, IL-23	NC
Qing H 2009 ^[172]	Q-Exp	China	NS	NS	116	Acu+BL	2	Eluted	ID	6w	PASI95, PASI60, PASI score, AEs	NC
Lei HX 2019 ^[173]	Q-Exp	China	NS	NS	30	BL	3	Eluted	OR	4w	PASI95, PASI60, PASI score	NC
Dai XQ 2013 ^[174]	RCT	China	QS	NS	31	FNT	3	Eluted	TVDD	6w	PASI score, PASI90, PASI70, VAS, AEs	NC
Chen ZX 2021 ^[175]	RCT	China	QS, Res	Mi to Mo	38	Mox	3	Eluted	TVDD	8w	PASI90, PASI75, DLQI, RR, AEs	NC
Bao ZY 2015 ^[176]	Q-Exp	China	NS	NS	30	Acu	2	NC	OR	12w	PASI score	NC
Ao YG 2021 ^[177]	Q-Exp	China	NS	NS	62	Mox	3	NC	vaseline	4w	PASI95, PASI75, PASI30	NC

Lu H 2023 ^[178]	SY	China	NS	NS	16 of 16	IUCH	1	NC	ID	1m, 8w, 2m	PASI score, AEs	NC
Dai D 2022 ^[179]	SY	China	NS	NS	8 of 17	IUCH	1	NC	CCTs	8w, 12w	PASI score, AEs	NC
Cai Y 2014 ^[180]	SY	China	NS	NS	10 of 68	IUCH	1	NC	CCTs	NS	PASI score, AEs	NC
Ouyang 2016 ^[181]	SY	China	NS	NS	2 of 13	IUCH	1	NC	OR	4w, 8w, 12w	PASI60, PASI70	NC
Yu JJ 2021 ^[182]	SY	China	NS	NS	3 of 7	IUCH	1	NC	OR	8w, 12w	PASI 50, PASI 75	NC
Yang T 2021 ^[183]	SY	China	NS	NS	1 of 7	IUCH	1	NC	ID	8w	PASI score, AEs	NC
QinWL 2020 ^[184]	SY	China	NS	NS	5 of 10	IUCH	1	NC	OR, ID	8w, 12w	PASI score, DLQI, AEs	NC
Qiu XR2020 ^[185]	SY	China	NS	NS	8 of 17	IUCH	1	NC	OR, ID, TVDD, TC	4w, 8w	PASI score	NC
Cheng Y 2020 ^[186]	SY	China	NS	NS	6 of 13	IUCH	1	NC	OR	8w, 12w	PASI 60, PASI 75, AEs	NC
Li Y 2018 ^[187]	SY	China	NS	NS	2 of 13	IUCH	1	NC	OR, TR	12w	PASI score, RR, AEs	NC
Zhang HN 2018 ^[188]	SY	China	NS	NS	14 of 17	IUCH	1	NC	OR	8w, 12w	PASI score, AEs	NC
Yi SG 2014 ^[189]	SY	China	NS	NS	5 of 24	IUCH	1	NC	OR	6w, 8w, 12w	PASI score, PASI90	NC

Benjamin F2017 ^[190]	SY	USA	NS	NS	11 of 12	IUCH	1	NC	OR, MTX	4w, 8w, 12w, 3m	PASI score, AEs	NC
Zou JH 2020 ^[191]	SY	China	NS	NS	2 of 9	Acu	2	NC	OR	12w	PASI score, AEs	NC
Yeh ML 2017 ^[192]	SY	Taiwan	NS	NS	9 of 13	Acu, Mox, E-Acu	2	NC	Sham Acu, LT, OR	4w, 8w, 12w	PASI score, AEs	NO
Liu L 2021 ^[193]	SY	China	NS	NS	4 of 16	FNT	3	NC	TC, TR, TVDD	NS	PASI score, AEs	NO
Coyle M 2015 ^[194]	SY	Australia, China	NS	NS	5 of 5	BL, Cup, Acu, Mox	3	NC	Sham Acu, OR	4w, 8w	PASI score, AEs	NC
Li XZ 2020 ^[195]	SY	China	NS	NS	5 of 11	EUCH	1	NC	TR, TVDD	4w, 8w, 12w	PASI score, RR, AEs	NC

OBS: observational study; Q-Exp: quasi-experimental study; RCT: randomized clinical trial; SR: systematic; Prog: progressive; QS: quiescent state; Res: remission; Mi: mild; Mo: moderate; Se: severe; NS, NC: not specified, not clear; FNT: fire needle therapy; BL: bloodletting; E-Acu: ear acupuncture; MTX: methotrexate; ID: immunosuppressive drugs; OR: oral retinoid; TR: topical retinoids; OG: oral glucocorticoids; TC: topical corticosteroids; TVDD: topical vitamin D3 derivative; LT: light therapy; An: antihistamines; SB: starch bath; w: week, weeks; m: month, months; DLQI: Dermatology life quality; PGA: physician's global assessment; VAS: visual analog scale scores for pruritus; AEs: incidence of adverse events; SLI: Safety laboratory indicators, including blood routine, urine routine, blood chemistry tests; RR: Recurrence rate.

Supplementary Table 2 Research Type of included studies

Research Type	Count	Frequency
RCT	55	0.282051282
Q-Exp	92	0.471794872
OBS	30	0.153846154
SY	18	0.092307692
All	195	1

Supplementary Table 3 Publication Year of included studies

Publication Year	Primary researches Count	Secondary evidence Count
2000	1	0
2001	3	0
2002	5	0
2003	3	0
2004	6	0
2005	6	0
2006	4	0
2007	7	0
2008	16	0
2009	5	0
2010	13	0
2011	12	0
2012	7	0
2013	7	0
2014	10	2
2015	9	1
2016	6	1
2017	2	2
2018	5	2
2019	19	0
2020	10	5
2021	11	3
2022	5	3
2023	5	1

2024	0	0
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Supplementary Table 4 Effect direction reported outcomes of the published studies on TCM treatment in patients with PsV.

Study	Study type	Intervention	PASI score	PASI 95	PASI 90	PASI 75	PASI 70	PASI 60	PASI 30	PGA	VAS	DLQI	AEs	SLI	RR	IL-6	IL-8	IL-17	IL-23	TNF- α	VEGF
Chen ZF 2023 ^[1]	RCT	IUCH	NR	FI	NR	NR	NR	NR	ND	NR	NR	FI	ND	ND	ND	NR	NR	NR	NR	NR	NR
Hu R 2008 ^[2]	Q-Exp	IUCH	FI	NR	FI	NR	NR	FI	FI	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR
Zhong JB 2008 ^[3]	RCT	IUCH	NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Tan XY 2008 ^[4]	RCT	IUCH	NR	FI	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Li M 2020 ^[5]	RCT	IUCH	NR	NR	NR	FI	NR	NR	NR	FI	NR	NR	FI	FI	FI	NR	NR	NR	NR	NR	NR
Guo X 2020 ^[6]	OBS	IUCH	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	FI	FI	FI	NR	NR	NR	NR	NR	NR
Yuan Y 2021 ^[7]	RCT	IUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	ND	ND	NR	NR	NR	FI	NR	NR	NR
Zhang CH 2003 ^[8]	Q-Exp	IUCH	NR	NR	ND	NR	ND	NR	ND	NR	NR	NR	FI	ND	NR	NR	FI	NR	NR	FI	NR
He AJ 2010 ^[9]	Q-Exp	IUCH	NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR
Xia GL 2010 ^[10]	Q-Exp	IUCH	NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR
Li J 2008 ^[11]	RCT	IUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Gong LP	Q-Exp	IUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	FI	FI	NR	NR	FI	NR	NR	FI	NR

2011 ^[12]																					
Lu T	Q-Exp	IUCH																			
2005 ^[13]			NR	ND	NR	NR	ND	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Feng H	Q-Exp	IUCH																			
2014 ^[14]			NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR
Zhou LY	RCT	IUCH																			
2019 ^[15]			NR	FI	NR	NR	NR	FI	NR	NR	NR	NR	ND	ND	NR	FI	NR	FI	NR	FI	FI
Zhang YH	Q-Exp	IUCH																			
2021 ^[16]			NR	FI	NR	NR	FI	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Jia SJ	Q-Exp	IUCH																			
2016 ^[17]			NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Cheng FL	OBS	IUCH																			
2005 ^[18]			NR	NR	NR	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Jia M	OBS	IUCH																			
2012 ^[19]			NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Zhai SC	Q-Exp	IUCH																			
2006 ^[20]			NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Shan YY	OBS	IUCH																			
2006 ^[21]			ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	ND	NR	NR	FI	NR	NR	FI	NR
Ma WL	Q-Exp	IUCH																			
2010 ^[22]			NR	ND	NR	NR	NR	ND	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR
Ma XW	Q-Exp	IUCH																			
2009 ^[23]			ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	FI
Ma XW	Q-Exp	IUCH																			
2011 ^[24]			NR	NR	ND	NR	NR	ND	ND	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	FI	NR
Ma XW	OBS	IUCH																			
			ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR

2012 ^[25]																					
Chen H 2004 ^[26]	Q-Exp	IUCH	NR	NR	NR	ND	NR	ND	NR	NR	NR	NR	ND	ND	NR	NR	FI	NR	NR	NR	NR
Abu A 2019 ^[27]	RCT	IUCH	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	NR
Bi YW 2007 ^[28]	Q-Exp	IUCH	NR	NR	FI	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Zhong JB 2007 ^[29]	RCT	IUCH	NR	NR	FI	NR	NR	FI	NR	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR
Zhou L 2016 ^[30]	Q-Exp	IUCH	NR	NR	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Zhou SH 2011 ^[31]	OBS	IUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Cai JF 2013 ^[32]	OBS	IUCH	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Kuang L 2004 ^[33]	OBS	IUCH	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR
Liang Y 2015 ^[34]	Q-Exp	IUCH	FI	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	FI
Liu YJ 2013 ^[35]	Q-Exp	IUCH	NR	FI	NR	NR	NR	FI	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Li FL 2008 ^[36]	RCT	IUCH	NR	ND	NR	NR	NR	ND	FI	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	FI
Liu MM 2019 ^[37]	RCT	IUCH	NR	NR	FI	NR	NR	FI	NR	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR
Wang WC	Q-Exp	IUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR

2011 ^[38]																					
Yang F 2015 ^[39]	Q-Exp	IUCH	NR	NR	FI	NR	NR	NR	NR	NR	FI	FI	ND	NR	FI	NR	NR	NR	NR	NR	NR
Xu M 2013 ^[40]	Q-Exp	IUCH	NR	ND	NR	NR	ND	NR	ND	NR	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	NR
Ye ZM 2008 ^[41]	RCT	IUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR
Zhang SJ 2019 ^[42]	OBS	IUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	FI	ND	NR	NR	NR	NR	NR	NR	NR	NR
Zhang H 2005 ^[43]	Q-Exp	IUCH	NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Zhou CH 2002 ^[44]	RCT	IUCH	NR	NR	FI	NR	NR	FI	ND	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Zhou Y 2021 ^[45]	Q-Exp	IUCH	NR	NR	NR	FI	NR	NR	FI	NR	FI	FI	ND	NR	NR	NR	NR	NR	NR	NR	NR
Wang KM 2019 ^[46]	OBS	IUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Zhao JH 2003 ^[47]	Q-Exp	IUCH	NR	NR	FI	NR	NR	FI	NR	NR	NR	NR	ND	NR	ND	NR	NR	NR	NR	NR	NR
Zhao C 2023 ^[48]	RCT	IUCH	NR	FI	NR	NR	FI	NR	NR	NR	NR	NR	FI	ND	NR	NR	NR	NR	NR	NR	NR
Zhang ZJ 2008 ^[49]	Q-Exp	IUCH	NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	ND	ND	FI	NR	NR	NR	NR	NR	NR
Zhang T 2015 ^[50]	Q-Exp	IUCH	NR	NR	FI	NR	NR	FI	NR	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR
Zhang LA	Q-Exp	IUCH	NR	ND	NR	NR	NR	ND	ND	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR

2011 ^[51]																						
Zhang HY 2008 ^[52]	Q-Exp	IUCH	ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	NR	NR	ND	NR
Yue ZF 2014 ^[53]	Q-Exp	IUCH	NR	FI	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Yin LH 2010 ^[54]	RCT	IUCH	NR	NR	ND	NR	NR	ND	NR	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR	NR
Yu B 2008 ^[55]	Q-Exp	IUCH	NR	NR	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Yang M 2016 ^[56]	OBS	IUCH	NR	NR	NR	NR	NR	FI	FI	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR
Yang N 2005 ^[57]	Q-Exp	IUCH	NR	FI	NR	NR	NR	FI	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR	NR
Yang GQ 2022 ^[58]	RCT	IUCH	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	FI
Yang KF 2001 ^[59]	Q-Exp	IUCH	NR	FI	NR	NR	FI	NR	FI	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR	NR
Yan ZR 2011 ^[60]	Q-Exp	IUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	FI	NR	NR	FI	NR	
Xu JL 2014 ^[61]	RCT	IUCH	NR	NR	FI	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	
Xu RS 2015 ^[62]	Q-Exp	IUCH	NR	NR	FI	NR	NR	FI	NR	NR	NR	NR	FI	NR	NR	NR	FI	NR	NR	NR	NR	
Xiao MH 2015 ^[63]	RCT	IUCH	NR	NR	FI	NR	FI	NR	FI	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	
Xie SQ	Q-Exp	IUCH	NR	NR	FI	NR	NR	FI	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	

2009 ^[64]																					
Wu Y	RCT	IUCH																			
2012 ^[65]			NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR
Wu LT	Q-Exp	IUCH																			
2014 ^[66]			ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	ND	NR	NR	NR	NR	NR	NR	NR
Wu SD	OBS	IUCH																			
2007 ^[67]			NR	ND	NR	NR	ND	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Wang YJ	RCT	IUCH																			
2002 ^[68]			NR	FI	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Wang YF	Q-Exp	IUCH																			
2007 ^[69]			NR	FI	NR	NR	FI	NR	NR	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR
Wang RF	Q-Exp	IUCH																			
2010 ^[70]			NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	NR
Wang SY	OBS	IUCH																			
2014 ^[71]			NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR
Wang WX	Q-Exp	IUCH																			
2012 ^[72]			NR	NR	NR	NR	NR	FI	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Wang L	Q-Exp	IUCH																			
2019 ^[73]			NR	FI	NR	NR	NR	FI	FI	NR	NR	FI	NR	NR	NR	NR	NR	FI	FI	NR	NR
Tan XH	OBS	IUCH																			
2019 ^[74]			NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Sun YL	RCT	IUCH																			
2007 ^[75]			NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Sun J	Q-Exp	IUCH																			
2010 ^[76]			FI	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR
Song JX	OBS	IUCH																			
			NR	NR	FI	NR	NR	FI	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR

[illegible]

2010 ^[90]																					
Li SQ	Q-Exp	IUCH																			
2011 ^[91]			NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR
Li ZJ	Q-Exp	IUCH																			
2013 ^[92]			NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR
Lang YJ	Q-Exp	IUCH																			
2012 ^[93]			NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Jiang HY	Q-Exp	IUCH																			
2004 ^[94]			NR	FI	NR	NR	FI	NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR
Cao XH	Q-Exp	IUCH																			
2001 ^[95]			NR	ND	NR	NR	NR	ND	NR	NR	NR	NR	ND	NR	ND	NR	NR	NR	NR	NR	NR
Deng JQ	Q-Exp	IUCH																			
2010 ^[96]			NR	FI	NR	NR	NR	NR	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Du WQ	OBS	IUCH																			
2015 ^[97]			NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	NR
Du XX	RCT	IUCH																			
2005 ^[98]			NR	NR	ND	NR	ND	NR	ND	NR	NR	NR	ND	NR	NR	NR	FI	NR	NR	FI	NR
Gong DH	Q-Exp	IUCH																			
2003 ^[99]			NR	NR	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Gong ZF	Q-Exp	IUCH																			
2014 ^[100]			NR	FI	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
He L	Q-Exp	IUCH																			
2002 ^[101]			NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR
He Y	Q-Exp	IUCH																			
2010 ^[102]			NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR
Hou LJ	Q-Exp	IUCH																			
			NR	FI	NR	NR	FI	NR	NR	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR

[illegible]

[illegible]

Xia XJ 2008 ^[129]	Q-Exp	EUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Wang JX 2002 ^[130]	Q-Exp	EUCH	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR
Liu J 2010 ^[131]	Q-Exp	EUCH	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Fu RE 2019 ^[132]	Q-Exp	EUCH	NR	NR	ND	NR	NR	ND	NR	NR	FI	NR	FI	NR	FI	NR	NR	FI	FI	NR	NR
Chen LQ 2010 ^[133]	OBS	EUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Xia HH 2023 ^[134]	RCT	EUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	FI	NR	NR	NR	NR	FI	FI	FI	NR
Wei GX 2010 ^[135]	OBS	EUCH	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Chen LN 2018 ^[136]	RCT	EUCH	NR	NR	ND	NR	NR	ND	ND	NR	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	NR
Wang JQ 2019 ^[137]	RCT	EUCH	NR	NR	ND	NR	NR	ND	ND	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR
Gao WY 2006 ^[138]	Q-Exp	EUCH	NR	FI	NR	NR	NR	FI	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Shang SQ 2020 ^[139]	Q-Exp	EUCH	NR	NR	FI	NR	NR	FI	NR	NR	NR	FI	ND	NR	NR	NR	NR	NR	NR	NR	NR
He HY 2017 ^[140]	RCT	EUCH	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	ND	NR	ND	NR	NR	NR	NR	NR	NR

Guo Q 2015 ^[141]	RCT	EUCH	NR	FI	NR	NR	NR	NR	FI	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Liu MQ 2020 ^[142]	RCT	EUCH	FI	FI	NR	NR	NR	NR	FI	NR	NR	NR	FI	ND	NR	NR	NR	NR	NR	NR	NR	NR
MaoWW 2019 ^[143]	Q-Exp	EUCH	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	ND	NR	NR	NR	NR	NR	NR	NR	NR
Zhao F 2019 ^[144]	Q-Exp	IUCH+EUC H+Cup	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Bao LH 2020 ^[145]	Q-Exp	IUCH+EUC H	NR	FI	NR	FI	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Chen HJ 2018 ^[146]	RCT	IUCH+EUC H	NR	NR	FI	NR	NR	NR	FI	FI	NR	FI	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR
Ding L 2019 ^[147]	Q-Exp	IUCH+EUC H	NR	FI	FI	NR	ND	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR
He J 2008 ^[148]	Q-Exp	IUCH+EUC H	NR	NR	FI	NR	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Wang ZY 2018 ^[149]	Q-Exp	IUCH+EUC H	NR	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR
WANG YM 2004 ^[150]	OBS	IUCH+EUC H	NR	NR	FI	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR
Qu YB 2014 ^[151]	OBS	IUCH+EUC H	FI	ND	NR	NR	NR	NR	ND	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Yang JL 2020 ^[152]	Q-Exp	IUCH+BL	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR
Sun KL	RCT	IUCH+Cup	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	FI	NR	NR	NR	NR	FI	NR	NR	FI

2022 ^[153]		+BL																			
Li M	Q-Exp	IUCH+EUC																			
2011 ^[154]		H	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Huang Z	Q-Exp	IUCH+EUC																			
2020 ^[155]		H	FI	NR	ND	NR	NR	ND	ND	NR	NR	NR	FI	ND	NR	NR	NR	NR	FI	NR	NR
Xie CX	RCT	IUCH+EUC																			
2023 ^[161]		H	FI	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	NR	NR	FI	FI	NR	NR	FI	NR
Li HJ	RCT	IUCH+EUC																			
2014 ^[157]		H	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Liu T	Q-Exp	IUCH+EUC																			
2008 ^[158]		H	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Wang HG	Q-Exp	IUCH+EUC																			
2017 ^[159]		H	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	FI	NR	NR	NR	NR	NR	NR
Xu TH	RCT	Cup+EUCH																			
2020 ^[160]			NR	NR	FI	FI	NR	NR	NR	NR	NR	FI	ND	NR	FI	FI	NR	NR	NR	FI	NR
Zhang XY	Q-Exp	IUCH+EUC																			
2023 ^[161]		H	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	FI	FI	FI	NR
Li PY	Q-Exp	IUCH+EUC																			
2019 ^[162]		H	NR	NR	FI	NR	NR	FI	FI	NR	FI	FI	FI	NR	NR	FI	NR	FI	FI	NR	FI
Yu GH	RCT	IUCH+EUC																			
2021 ^[163]		H	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	FI	NR
Wang LH	Q-Exp	IUCH+EUC																			
2016 ^[164]		H	NR	NR	FI	NR	NR	FI	FI	NR	NR	NR	NR	NR	NR	NR	FI	NR	NR	FI	NR
He B	Q-Exp	Cup																			
2019 ^[165]			NR	FI	NR	NR	NR	FI	FI	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR
Wang	RCT	FNT																			
			NR	NR	NR	NR	NR	NR	FI	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR

[illegible]

Dai D 2022 ^[179]	SY	IUCH	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR
Cai Y 2014 ^[180]	SY	IUCH	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR
Ouyang 2016 ^[181]	SY	IUCH	NR	NR	NR	NR	ND	ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Yu JJ 2021 ^[182]	SY	IUCH	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Yang T 2021 ^[183]	SY	IUCH	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
QinWL 2020 ^[184]	SY	IUCH	FI	NR	NR	NR	NR	NR	NR	NR	NR	FI	ND	NR	NR	NR	NR	NR	NR	NR	NR
QiuXR2 020 ^[185]	SY	IUCH	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Cheng Y 2020 ^[186]	SY	IUCH	NR	NR	NR	ND	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Li Y 2018 ^[187]	SY	IUCH	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	NR	FI	NR	NR	NR	NR	NR	NR
Zhang HN 2018 ^[188]	SY	IUCH	ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Yi SG 2014 ^[189]	SY	IUCH	FI	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Benjamin F 2017 ^[190]	SY	IUCH	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR
Zou JH 2020 ^[191]	SY	Acu	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR

Ye ML 2017 ^[192]	SY	Acu, Mox, E-Acu	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Liu L 2021 ^[193]	SY	FNT	ND	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	NR	NR	NR	NR	NR	NR	NR	NR
Coyle M 2015 ^[194]	SY	BL, Cup, Acu, Mox	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	FI	NR	NR	NR	NR	NR	NR	NR	NR
Li XZ 2020 ^[195]	SY	EUCH	FI	NR	NR	NR	NR	NR	NR	NR	NR	NR	NR	ND	NR	ND	NR	NR	NR	NR	NR	NR

FI: favor intervention; FC: favor comparison; ND: no significance difference; NR: not reported.

Supplementary Table 5 Specific principles and methods of treatment and medications for each study.

Study	Study type	Intervention	Principles and methods of treatment	Composition of Chinese Medical Materials
Chen ZF 2023 ^[1]	RCT	IUCH	Clearing heat and cooling blood, Blood-invigorating and wind-dispelling	Quyín Formula : Smilacis Glabrae Rhizoma, Bubali Cornu, Isatidis Radix, Scrophulariae Radix, Hedyotis Diffusa Herba, Salviae Miltiorrhizae Radix et Rhizoma, Vespae Nidus, Chuanxiong Rhizoma, Alismatis Rhizoma, Plantaginis Herba, Kochiae Fructus, Dictamni Cortex, Rehmanniae Radix, Moutan Cortex, Glycyrrhizae Radix et Rhizoma.
Hu R 2008 ^[2]	Q-Exp	IUCH	Clearing heat, cooling blood, and detoxify	Liangxue Jiedu Xiaobi Decoction: Taraxaci Herba, Ardisiae Japonicae Herba, Violae Herba, Hedyotis Diffusa Herba, Tear's Seed, Pinelliae Rhizoma, Bletillae Rhizoma, Sepiae Endoconcha, Notoginseng Radix et Rhizoma, Curcumae Rhizoma.
Zhong JB 2008 ^[3]	RCT	IUCH	Nourish blood, moisturize the skin and detoxify	Xiaoyin granules: Rehmanniae Radix, Angelicae Sinensis Radix, Paeoniae Radix Rubra, Chuanxiong Rhizoma, Hedyotis Diffusa Herba, Arnebiae Radix, Curcumae Rhizoma, Smilacis Glabrae Rhizoma, Mume Fructus, Scutellariae Barbatae Herba, Glycyrrhizae Radix et Rhizoma, etc.
Tan XY 2008 ^[4]	RCT	IUCH	Diagnosis and treatment based on an overall analysis of signs and symptoms	Blood fever syndrome: Sophorae Flos, Arnebiae Radix, Paeoniae Radix Rubra, Imperatae Rhizoma, Rehmanniae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Scutellariae Radix, Gypsum Fibrosum. Dry blood syndrome: Rehmanniae Radix Praeparata, Angelicae Sinensis Radix, Astragali Radix, Polygoni Multiflori Radix, Salviae Miltiorrhizae Radix et Rhizoma, Cannabis Fructus, Moutan Cortex, Ophiopogonis Radix, Asparagi Radix, Tribuli Fructus, Glycyrrhizae Radix et Rhizoma. Blood deficiency syndrome: White Atractylodis Rhizoma, Rehmanniae Radix Praeparata, Angelicae Sinensis Radix, Paeoniae Radix Alba, Poria Cocos, Astragali Radix, Spatholobus Suberectus, Tribuli Fructus, Glycyrrhizae Radix et

				Rhizoma. Blood stasis syndrome: Astragali Radix, Angelicae Sinensis Radix, Paeoniae Radix Rubra, Chuanxiong Rhizoma, Persicae Semen, Dictamni Cortex, Citri Reticulatae Pericarpium, Carthami Flos, Glycyrrhizae Radix et Rhizoma.
Li M 2020 ^[5]	RCT	IUCH	Clearing away heat evil thoroughly nourishing kidney	LiangXue XiaoFeng Powder: Glycyrrhizae Radix et Rhizoma, Ligustri Lucidi Fructus, Bombyx Batryticatus, Moutan Cortex, Ecliptae Herba, Fossilia Ossis Mastodi (Unprocessed Dragon Bone, Rehmanniae Radix, Bubali Cornu.
Guo X 2020 ^[6]	OBS	IUCH	Diagnosis and treatment based on an overall analysis of signs and symptoms	
Yuan Y 2021 ^[7]	RCT	IUCH	Solve the evil spirit on the surface, unblock the evil spirit inside	Fangfeng Tongsheng Powder: Saposhnikoviae Radix, Chuanxiong Rhizoma, Angelicae Sinensis Radix, Paeoniae Radix Rubra, Rhei Radix et Rhizoma, Menthae Haplocalycis Herba, Ephedrae Herba, Forsythiae Fructus, Natrii Sulfas, Gypsum Fibrosum, Scutellariae Radix, Platycodonis Radix, Schizonepetae Herba, Gardeniae Fructus, Parched white Atractylodis Rhizoma, Artemisiae Scopariae Herba, Zingiberis Rhizoma Recens, Prepared Glycyrrhizae Radix et Rhizoma.
Zhang CH 2003 ^[8]	Q-Exp	IUCH	Cooling blood, invigorating blood, detoxification	Tuling Decoction: Lonicerae Japonicae Flos, Smilacis Glabrae Rhizoma, Sophorae Flos, Rehmanniae Radix, Moutan Cortex, Paeoniae Radix Rubra, Arnebiae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Isatidis Radix, Dictamni Cortex, Kochiae Fructus, Glycyrrhizae Radix et Rhizoma.
He AJ 2010 ^[9]	Q-Exp	IUCH	Cooling blood, invigorating blood, detoxification	Xiaobi Decoction: Scutellariae Radix, Rehmanniae Radix, Lonicerae Japonicae Flos, Forsythiae Fructus, Zaocys Dhumnades, Vespae Nidus, Persicae Semen, Carthami Flos, Hirudo, Taraxaci Herba, Violae Herba, Prepared Pinelliae Rhizoma.
Xia GL 2010 ^[10]	Q-Exp	IUCH	Cooling blood, Clearing heat,	Xiaobi Decoction: Scutellariae Radix, Rehmanniae Radix, Lonicerae Japonicae

			detoxification	Flos, Forsythiae Fructus, Zaocys Dhumnades, Vespaee Nidus, Persicae Semen, Carthami Flos, Hirudo, Taraxaci Herba, Viola Herba, Prepared Pinelliae Rhizoma.
Li J 2008 ^[11]	RCT	IUCH	Clearing heat, detoxification, Cooling blood, invigorating blood, nourish qi and nourish yin	Zhuhuang granules: Coptidis Rhizoma, Lophateri Herba, Gypsum Fibrosum, Codonopsis Radix, Ophiopogonis Radix, Scutellariae Radix, Gardeniae Fructus, Phellodendri Cortex, Bubali Cornu, Notoginseng Radix et Rhizoma, Rhapontici Radix.
Gong LP 2011 ^[12]	Q-Exp	IUCH	Cooling blood, detoxification, Solve the evil spirit on the surface	Liangxue Jiedu Toubiao Formula: Smilacis Glabrae Rhizoma, Rehmanniae Radix, Arnebiae Radix, Euonymi Cortex, Smilacis Chinae Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Spirodela Herba, Lonicerae Japonicae Flos, Forsythiae Fructus, Lophateri Herba, Moutan Cortex, Dictamni Cortex, Bombyx Batryticatus, Sophorae Flavescens Radix, Indigo Naturalis, Glycyrrhizae Radix et Rhizoma.
Lu T 2005 ^[13]	Q-Exp	IUCH	Clearing heat, dehumidification, invigorating blood, detoxification	Yinxie Ling capsules: Bubali Cornu, Rehmanniae Radix, Imperatae Rhizoma, Sophorae Flos, Arnebiae Radix, Angelicae Sinensis Radix, Salviae Miltiorrhizae Radix et Rhizoma, Moutan Cortex, Smilacis Glabrae Rhizoma, Dictamni Cortex, Bungarus Parvus, Hedyotis Diffusa Herba.
Feng H 2014 ^[14]	Q-Exp	IUCH	Clearing heat and cooling blood, Nourishing blood, moisturizing the skin, wind-dispelling, Relieving itching	Xiaoyin Pills: Rhizome of Rehmannia, Moutan Cortex, Paeoniae Radix Rubra, Angelicae Sinensis Radix, Sophorae Flavescens Radix, Lonicerae Japonicae Flos, Scrophulariae Radix, Arctii Fructus, Cicadae Periostracum, Dictamni Cortex, Saposhnikovia Radix, Carthami Flos.
Zhou LY 2019 ^[15]	RCT	IUCH	Eliminating inflammation, detoxification, invigorating blood, Cooling blood, hemostasis	Babao Wudan powder: Bubali Cornu, Saigae Tataricae Cornu, Moschus, Borneolum, Pearl powder, Bufonis Venenum, Bovis Calculus, Cinnabar, Ursus Bile, Caryophylli Flos, Chuanxiong Rhizoma, Node of Lotus Rhizome, Carthami Flos, Cirsii Herba, wImperatae Rhizoma, Prunellae Spica, Moutan Cortex, etc.

Zhang YH 2021 ^[16]	Q-Exp	IUCH	Strengthening the spleen and invigorating qi, invigorating blood, eliminating rashes	Yiqi Huaban Formula: Astragali Radix, Codonopsis Radix, Citri Reticulatae Pericarpium, Poria Cocos, Lablab Album Semen, Polyporus, Atractylodis Rhizoma, Dictamni Cortex, Sparganii Rhizoma, Curcumae Rhizoma, Glycyrrhizae Radix et Rhizoma.
Jia SJ 2016 ^[17]	Q-Exp	IUCH	Nourishing blood, moisturizing the skin, clearing heat, detoxification	Yangxue Jiedu Decoction: Rehmanniae Radix, Smilacis Glabrae Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Ophiopogonis Radix, Angelicae Sinensis Radix, Spatholobus Suberectus, Scrophulariae Radix.
Cheng FL 2005 ^[18]	OBS	IUCH	Cooling blood, invigorating blood, Clearing heat, detoxification	Baibi II Formula: Lonicerae Japonicae Flos, Taraxaci Herba, Astragali Radix, Carthami Flos, Angelicae Sinensis Radix, Sparganii Rhizoma, Rehmanniae Radix, Moutan Cortex, Imperatae Rhizoma, Smilacis Glabrae Rhizoma, Mume Fructus, Glycyrrhizae Radix et Rhizoma.
Jia M 2012 ^[19]	OBS	IUCH	Clearing heat, invigorating blood, detoxification	Xiaobi Decoction: Lonicerae Japonicae Flos, Forsythiae Fructus, Violae Herba, Taraxaci Herba, Rehmanniae Radix, Zaocys Dhumnades, Vespae Nidus, Scutellariae Radix, Carthami Flos, Persicae Semen, Hirudo, Pinelliae Rhizoma.
Zhai SC 2006 ^[20]	Q-Exp	IUCH	Clearing heat and detoxification	Sanhuang Yuyin Decoction: Scutellariae Radix, Astragali Radix, Ephedrae Herba, Cynanchi Paniculati Herba, Herb of Seoul, Wildginger, Rehmanniae Radix, Stephaniae Tetrandrae Radix, Mori Cortex, Puerariae Lobatae Radix, Ailanthi Cortex, Erigerontis Herba, Strychni Semen, Strychni Semen.
Shan YY 2006 ^[21]	OBS	IUCH	Cooling blood, invigorating blood, detoxification	Yinxie I Formula: Rehmanniae Radix, Moutan Cortex, Gypsum Fibrosum, Imperatae Rhizoma, Hedyotis Diffusa Herba, Arnebiae Radix, Anemarrhenae Rhizoma, Lonicerae Japonicae Flos.
Ma WL 2010 ^[22]	Q-Exp	IUCH		Yinxie Formula: Eupolyphaga Steleophaga, Indigo Naturalis, Glycyrrhizae Radix et Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Hedyotis Diffusa Herba, Rehmanniae Radix.
Ma XW 2009 ^[23]	Q-Exp	IUCH	Cleaning blood and detoxification, reducing	Keyin I Formula: Arnebiae Radix, Bubali Cornu, Paederiae Caulis, Scolopendra Subspinipes, Scorpio, Paeoniae Radix Rubra, Moutan Cortex, Angelicae

			swelling, relieving itching and nourishing blood	Sinensis Radix, Sophorae Tonkinensis Radix et Rhizoma, Dictamni Cortex.
Ma XW 2011 ^[24]	Q-Exp	IUCH	Cleaning blood and detoxification, reducing swelling, relieving itching and nourishing blood	Keyin I Formula: Arnebiae Radix, Bubali Cornu, Paederiae Caulis, Scolopendra Subspinipes, Scorpio, Paeoniae Radix Rubra, Moutan Cortex, Angelicae Sinensis Radix, Sophorae Tonkinensis Radix et Rhizoma, Dictamni Cortex.
Ma XW 2012 ^[25]	OBS	IUCH	Cleaning blood and detoxification, reducing swelling, relieving itching and nourishing blood	Keyin I Formula: Arnebiae Radix, Bubali Cornu, Paederiae Caulis, Scolopendra Subspinipes, Scorpio, Paeoniae Radix Rubra, Moutan Cortex, Angelicae Sinensis Radix, Sophorae Tonkinensis Radix et Rhizoma, Dictamni Cortex.
Chen H 2004 ^[26]	Q-Exp	IUCH	Clearing heat and detoxification, dispelling stasis and freckle, dispelling wind and relieving itching	Compound Qingdai Capsules: Indigo Naturalis, Portulacae Herba, Angelicae Dahuricae Radix, Smilacis Glabrae Rhizoma, Arnebiae Radix, etc.
Abu A 2019 ^[27]	RCT	IUCH		Astragali Radix, Angelicae Sinensis Radix, White Atractylodis Rhizoma, Saposhnikoviae Radix, Cinnamomi Ramulus, Paeoniae Radix Alba, Scrophulariae Radix, Typhonii Rhizoma, Psoraleae Fructus, Mume Fructus, Galla Chinensis, Glycyrrhizae Radix et Rhizoma.
Bi YW 2007 ^[28]	Q-Exp	IUCH	Clearing heat and detoxification	Liangxue Jiedu Xiaoban Decoction: Lonicerae Japonicae Flos, Forsythiae Fructus, Taraxaci Herba, Zaoocys Dhumnades, Smilacis Glabrae Rhizoma, Hedyotis Diffusa Herba, Salviae Miltiorrhizae Radix et Rhizoma, Mume Fructus, Moutan Cortex, Schizonepetae Herba, Cicadae Periostracum, Glycyrrhizae Radix et Rhizoma.
Zhong JB 2007 ^[29]	RCT	IUCH	Theory of Healing from Blood, diagnosis and	Blood fever syndrome applies Xiaoyin I Granules: Bubali Cornu, Peony Root, Imperatae Rhizoma, Rehmanniae Radix, Moutan Cortex, Salviae Miltiorrhizae

			treatment based on an overall analysis of signs and symptoms	Radix et Rhizoma, Arnebiae Radix, Isatidis Radix, Isatidis Folium. Dry blood syndrome applies Xiaoyin II: Angelicae Sinensis Radix, Rehmanniae Radix, Paeoniae Radix Rubra, Chuanxiong Rhizoma, Arnebiae Radix, Curcumae Rhizoma, Smilacis Glabrae Rhizoma, Mume Fructus, Glycyrrhizae Radix et Rhizoma. Blood stasis syndrome applies Xiaoyin III Granules: Persicae Semen, Carthami Flos, Sparganii Rhizoma, Curcumae Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Spatholobus Suberectus, Hedyotis Diffusa Herba, Smilacis Glabrae Rhizoma, Arnebiae Radix.
Zhou L 2016 ^[30]	Q-Exp	IUCH	Clearing wind and heat, detoxifying and relieving pharynx	Shufeng Jiedu Capsules: Polygoni Cuspidati Rhizoma et Radix, Forsythiae Fructus, Isatidis Radix, Bupleuri Radix, Phragmitis Rhizoma, Glycyrrhizae Radix et Rhizoma, etc.
Zhou SH 2011 ^[31]	OBS	IUCH		Compound Yangjinhua Capsules: Flos Daturae.
Cai JF 2013 ^[32]	OBS	IUCH		Zidan Xiaoyin Decoction: Arnebiae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Smilacis Glabrae Rhizoma, Dioscoreae Hypoglaucae Rhizoma, Phellodendri Cortex, Forsythiae Fructus, Sophorae Flavescens Radix, Hedyotis Diffusa Herba, Tear's Seed, Rehmanniae Radix, Poria Cocos, Parched white Atractylodis Rhizoma, Spatholobus Suberectus, Prepared Glycyrrhizae Radix et Rhizoma.
Kuang L 2004 ^[33]	OBS	IUCH	Cooling blood	Liangxue Wugen Decoction: Arnebiae Radix, Rubiae Radix et Rhizoma, Isatidis Radix, Root of Trichosanthis Fructus, Imperatae Rhizoma.
Liang Y 2015 ^[34]	Q-Exp	IUCH	Clearing heat and detoxification	Tufuling Qingdai Decoction: Smilacis Glabrae Rhizoma, Indigo Naturalis, Lonicerae Japonicae Flos, Glycyrrhizae Radix et Rhizoma, Smilacis Chinae Rhizoma, Sophorae Tonkinensis Radix et Rhizoma, Dryopteridis Crassirhizomatis Rhizoma, Arnebiae Radix, Euphorbiae Humifusae Herba, Scorpio, Scolopendra Subspinipes, Lycii Cortex, Moutan Cortex.

Liu YJ 2013 ^[35]	Q-Exp	IUCH	Clearing heat and detoxification	Wanbi Decoction: Rehmanniae Radix, Moutan Cortex, Dictamni Cortex, Hedyotis Diffusa Herba, Paris Polyphylla, Schizonepetae Herba, Saposhnikoviae Radix, Mori Cortex, Scutellariae Radix, Lonicerae Japonicae Flos, Taraxaci Herba, Forsythiae Fructus, Isatidis Radix, Isatidis Folium, Glycyrrhizae Radix et Rhizoma.
Li FL 2008 ^[36]	RCT	IUCH	Clearing heat and detoxification	Qinzhu Liangxue Decoction: Magnetitum, Margaritifera Concha, Ostreae Concha (Unprocessed Oyster Shell), Scutellariae Radix, Arnebiae Radix, Cynanchi Paniculati Herba, Coicis Semen, Saposhnikoviae Radix, Glycyrrhizae Radix et Rhizoma.
Liu MM 2019 ^[37]	RCT	IUCH		Mahuang Zimei Decoction: Ephedrae Herba, Cinnamomi Ramulus, Rehmanniae Radix, Paeoniae Radix Rubra, Glehniae Radix, Arnebiae Radix, Rubiae Radix et Rhizoma, Hedyotis Diffusa Herba, Mume Fructus, Smilacis Glabrae Rhizoma, Smilacis Chinae Rhizoma.
Wang WC 2011 ^[38]	Q-Exp	IUCH	Cooling blood, detoxification	Tufuling Qingdai Decoction: Smilacis Glabrae Rhizoma, Indigo Naturalis, Lonicerae Japonicae Flos, Glycyrrhizae Radix et Rhizoma, Smilacis Chinae Rhizoma, Sophorae Tonkinensis Radix et Rhizoma, Dryopteridis Crassirhizomatis Rhizoma, Arnebiae Radix, Euphorbiae Humifusae Herba, Scorpio, Scolopendra Subspinipes, Lycii Cortex, Moutan Cortex.
Yang F 2015 ^[39]	Q-Exp	IUCH	Cooling blood, clearing heat	Qingre Liangxue Decoction: Bubali Cornu, Paeoniae Radix Rubra, Sophorae Flos, Moutan Cortex, Campsis Flos, Scutellariae Radix, Isatidis Radix, Rehmanniae Radix, Spatholobus Suberectus, Imperatae Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma.
Xu M 2013 ^[40]	Q-Exp	IUCH	Cooling blood, clearing heat	Qingre Liangxue Decoction: Bubali Cornu, Paeoniae Radix Rubra, Sophorae Flos, Moutan Cortex, Campsis Flos, Scutellariae Radix, Isatidis Radix, Rehmanniae Radix, Spatholobus Suberectus, Imperatae Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma.

Ye ZM 2008 ^[41]	RCT	IUCH	Clearing heat and detoxification	and	Zhixue Jiedu Xiaoyin Decoction: Rehmanniae Radix, Arnebiae Radix Paeoniae Radix Rubra, Moutan Cortex, Angelicae Sinensis Radix Chuanxiong Rhizoma, Carthami Flos, Persicae Semen, Zaocys Dhumnades, Tribuli Fructus, Lonicerae Japonicae Flos, Smilacis Glabrae Rhizoma.
Zhang SJ 2019 ^[42]	OBS	IUCH	Clearing heat and detoxification	and	Kangyan I Granules: Tripterygium Wilfordii, Mume Fructus, Paeoniae Radix Alba, Isatidis Folium, Magnetitum, Margaritifera Concha Curcumae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Moutan Cortex, Wild Gardeniae Fructus, Glycyrrhizae Radix et Rhizoma.
Zhang H 2005 ^[43]	Q-Exp	IUCH	Clearing heat and promoting lungs		Maxing Shigan Decoction: Ephedrae Herba, Gypsum Fibrosum, Bubali Cornu, Sophorae Flos, Rehmanniae Radix, Armeniacae Semen Amarum, Rhei Radix et Rhizoma, Coptidis Rhizoma, Ophiopogonis Radix, Taraxaci Herba, Imperatae Rhizoma, Nelumbinis Folium.
Zhou CH 2002 ^[44]	RCT	IUCH			Yuyin Capsules: Rehmanniae Radix, Rhizome of Glabrous Greenbrie, Salviae Miltiorrhizae Radix et Rhizoma, Sophorae Tonkinensis Radix et Rhizoma, Arnebiae Radix, Paeoniae Radix Alba, Moutan Cortex, Zaocys Dhumnades, Hedyotis Diffusa Herba, Glycyrrhizae Radix et Rhizoma.
Zhou Y 2021 ^[45]	Q-Exp	IUCH	Nourishing blood and moisturizing dryness	and	Yangxue Runzao Decoction: Spatholobus Suberectus, Prepared Polygoni Multiflori Radix, Polygoni Multiflori Radix, Angelicae Sinensis Radix, Rehmanniae Radix Praeparata, Rehmanniae Radix, Astragali Radix, Asparagi Radix, Ophiopogonis Radix, Chuanxiong Rhizoma, Persicae Semen, Carthami Flos, Dictamni Cortex.
Wang KM 2019 ^[46]	OBS	IUCH	Cooling blood, detoxification		Niupixuan II Decoction: Isatidis Radix, Lonicerae Japonicae Flos, Imperatae Rhizoma, Rubiae Radix et Rhizoma, Dictamni Cortex, Arnebiae Radix, Rehmanniae Radix, Moutan Cortex, Trichosanthis Radix, Smilacis Glabrae Rhizoma, Persicae Semen, Carthami Flos, Mume Fructus, Glycyrrhizae Radix et Rhizoma.

Zhao JH 2003 ^[47]	Q-Exp	IUCH	Clearing heat and cooling blood, Nourishing blood, moisturizing the skin, wind-dispelling, Relieving itching	Xiaoyin Decoction: Sophorae Tonkinensis Radix et Rhizoma, Scutellariae Barbatae Herba, Paederiae Caulis, Paridis Rhizoma, Smilacis Chinae Rhizoma, Rehmanniae Radix, Moutan Cortex, Sophorae Flos, Viola Herba macrophylla Pall, Smilacis Glabrae Rhizoma, Tripterygium Wilfordii, Scorpio, Scolopendra Subspinipes, Vespae Nidus, Euonymi Cortex, Paeoniae Radix Rubra.
Zhao C 2023 ^[48]	RCT	IUCH	Cooling blood, detoxification, dispelling wind	LiangXue XiaoFeng Powder: Glycyrrhizae Radix et Rhizoma, Ligustri Lucidi Fructus, Bombyx Batryticatus, Moutan Cortex, Ecliptae Herba, Fossilia Ossis Mastodi (Unprocessed Dragon Bone, Rehmanniae Radix, Bubali Cornu.
Zhang ZJ 2008 ^[49]	Q-Exp	IUCH		Si Huang Qu Yin Decoction: Scutellariae Radix, Curcumae Radix, Ephedrae Herba, Cynanchi Paniculati Herba, Herba Sarcandrae, Zanthoxyli Radix, Stephaniae Tetrandrae Radix, Solani Lyrati Herba, Senecionis Scandentis Herba, Erigerontis Herba, Clematidis Radix et Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Sophorae Tonkinensis Radix et Rhizoma.
Zhang T 2015 ^[50]	Q-Exp	IUCH	Nourishing yin, reducing heat, dispelling wind	Zi Yin Rexiao Qingfeng Powder: Rehmanniae Radix, Moutan Cortex, Paeoniae Radix Rubra, Ophiopogonis Radix, Scrophulariae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Cannabis Fructus, Isatidis Folium, Sophorae Tonkinensis Radix et Rhizoma, Dictamni Cortex, Arnebiae Radix, Kochiae Fructus, Xanthii Fructus.
Zhang LA 2011 ^[51]	Q-Exp	IUCH		Huayin Decoction: Dictamni Cortex, Isatidis Folium, Lonicerae Japonicae Flos, Gypsum Fibrosum, Rehmanniae Radix, Moutan Cortex, Paeoniae Radix Rubra, Arnebiae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Sparganii Rhizoma, Curcumae Rhizoma, Jiao San Xian.
Zhang HY 2008 ^[52]	Q-Exp	IUCH	Cooling blood	Compound lacquer granules: Euphorbia Helioscopia, Hedyotis Diffusa Herba, Isatidis Folium, Isatidis Radix, Spatholobus Suberectus, etc.
Yue ZF 2014 ^[53]	Q-Exp	IUCH		Tripterygium Wilfordii
Yin LH 2010 ^[54]	RCT	IUCH	Cooling blood, clearing heat	Qingre Liangxue Decoction: Smilacis Glabrae Rhizoma, Lonicerae Japonicae

				Flos, Paris Polyphylla, Dictamni Cortex, Moutan Cortex, Paeoniae Radix Rubra, Sophorae Flos, Scutellariae Radix, Sophorae Tonkinensis Radix et Rhizoma.
Yu B 2008 ^[55]	Q-Exp	IUCH	Detoxification	Jiedu Xiaoyin Decoction: Smilacis Glabrae Rhizoma, Smilacis Chinae Rhizoma, Mume Fructus, Hedyotis Diffusa Herba, Taraxaci Herba, Phellodendri Cortex, Chrysanthemi Flos, Rehmanniae Radix, Moutan Cortex, Paeoniae Radix Rubra, Arnebiae Radix, Dictamni Cortex, Spatholobus Suberectus, Imperatae Rhizoma, Glycyrrhizae Radix et Rhizoma.
Yang M 2016 ^[56]	OBS	IUCH	Cooling blood, detoxification	Yinxiebing Formula: Salviae Miltiorrhizae Radix et Rhizoma, Rehmanniae Radix, Hedyotis Diffusa Herba, Indigo Naturalis, Eupolyphaga Steleophaga, Glycyrrhizae Radix et Rhizoma.
Yang N 2005 ^[57]	Q-Exp	IUCH		Compound glycyrrhizin injection, intravenous drip.
Yang GQ 2022 ^[58]	RCT	IUCH	Clearing heat and detoxification	Tufuling Qingdai Decoction: Indigo Naturalis, Smilacis Glabrae Rhizoma, Lonicerae Japonicae Flos, Glycyrrhizae Radix et Rhizoma, Smilacis Chinae Rhizoma, Sophorae Tonkinensis Radix et Rhizoma, Dryopteridis Crassirhizomatis Rhizoma, Arnebiae Radix, Euphorbiae Humifusae Herba, Scorpio, Scolopendra Subspinipes, Lycii Cortex, Moutan Cortex.
Yang KF 2001 ^[59]	Q-Exp	IUCH	Detoxification	Yinxie Jiedu Capsules: Sophorae Flos, Isatidis Folium, Sophorae Tonkinensis Radix et Rhizoma, Phellodendri Cortex, Moutan Cortex, Bombyx Batryticatus, Bungarus Parvus, Arnebiae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Glycyrrhizae Radix et Rhizoma.
Yan ZR 2011 ^[60]	Q-Exp	IUCH		Smilacis Glabrae Rhizoma, Rehmanniae Radix, Arnebiae Radix, Euonymi Cortex, Smilacis Chinae Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Spirodela Herba, Lonicerae Japonicae Flos, Forsythiae Fructus, Lophateri Herba, Moutan Cortex, Dictamni Cortex, Bombyx Batryticatus, Sophorae Flavescentis Radix, Indigo Naturalis, Glycyrrhizae Radix et Rhizoma.
Xu JL 2014 ^[61]	RCT	IUCH		Semhuang Decoction: Rehmanniae Radix, Scrophulariae Radix, Anemarrhenae

				Rhizoma, Gypsum Fibrosum, Imperatae Rhizoma, Schizonepetae Herba, Saposhnikoviae Radix, Arctii Fructus, Lonicerae Japonicae Flos ,Glycyrrhizae Radix et Rhizoma ,Paeoniae Radix Alba.
Xu RS 2015 ^[62]	Q-Exp	IUCH	Clearing heat and nourishing yin	Bubali Cornu, Rehmanniae Radix, Moutan Cortex, Paeoniae Radix Rubra, Angelicae Sinensis Radix, Chuanxiong Rhizoma, Schizonepetae Herba, Saposhnikoviae Radix, Hedyotis Diffusa Herba, Lonicerae Japonicae Flos, Salviae Miltiorrhizae Radix et Rhizoma, Spatholobus Suberectus, Arnebiae Radix, Dictamni Cortex, Glycyrrhizae Radix et Rhizoma.
Xiao MH 2015 ^[63]	RCT	IUCH	Clearing heat and cooling blood	Zihuai Xiaobi Decoction: Arnebiae Radix, Sophorae Flos, Smilacis Glabrae Rhizoma, Lonicerae Japonicae Flos, Indigo Naturalis, Bubali Cornu, Scrophulariae Radix, Rehmanniae Radix, Paeoniae Radix Rubra, Moutan Cortex, Saposhnikoviae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Dictamni Cortex, Lycii Cortex, Imperatae Rhizoma, Glycyrrhizae Radix et Rhizoma.
Xie SQ 2009 ^[64]	Q-Exp	IUCH		Kangyin I Formula: Rehmanniae Radix, Hedyotis Diffusa Herba, Smilacis Glabrae Rhizoma, Dictamni Cortex, Salviae Miltiorrhizae Radix et Rhizoma, Isatidis Folium, Sophorae Flos, Polygoni Multiflori Caulis, Moutan Cortex, Paeoniae Radix Rubra, Arnebiae Radix, Sophorae Tonkinensis Radix et Rhizoma, Glycyrrhizae Radix et Rhizoma.
Wu Y 2012 ^[65]	RCT	IUCH		Aconiti Kusnezoffii Radix, Chebulae Fructus, Sulfur, Bambusae Concretio Silicea, Carthami Flos, Caryophylli Flos, Amomi Fructus, Amomi Fructus, Aucklandiae Radix, Cassiae Semen Seed, Anisi Stellati Fructus, Anemones Altaicae Rhizoma, Moschus, etc.
Wu LT 2014 ^[66]	Q-Exp	IUCH		Yinxueling Fomula: Arnebiae Radix, Mume Fructus, Glycyrrhizae Radix et Rhizoma, etc.
Wu SD 2007 ^[67]	OBS	IUCH	Clearing heat and cooling	Xiaoyin Decoction: Isatidis Radix, Arnebiae Radix, Dictamni Cortex, Salviae

			blood, Nourishing blood, moisturizing the skin, wind-dispelling, Relieving itching	Miltiorrhizae Radix et Rhizoma, Spatholobus Suberectus, Smilacis Glabrae Rhizoma.
Wang YJ 2002 ^[68]	RCT	IUCH	Invigorating blood	Huoxue Tongluo Decoction: Arnebiae Radix, Indigo Naturalis, Eupolyphaga Steleophaga, Cicadae Periostracum, Moutan Cortex, Pinelliae Rhizoma, Citri Reticulatae Pericarpium, Coptidis Rhizoma, Magnoliae Officinalis Cortex, Lumbricus, Kochiae Fructus, Dictamni Cortex, Angelicae Sinensis Radix.
Wang YF 2007 ^[69]	Q-Exp	IUCH	Cooling blood and invigorating blood	Liangxue Huoxue Decoction: Sophorae Flos, Imperatae Rhizoma, Rehmanniae Radix, Arnebiae Radix, Moutan Cortex, Rubiae Radix et Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Spatholobus Suberectus, Isatidis Radix, Dictamni Cortex.
Wang RF 2010 ^[70]	Q-Exp	IUCH		Zijin Decoction: Arnebiae Radix, Cinnamomi Ramulus, Paeoniae Radix Rubra, Rehmanniae Radix, Mume Fructus, Psoraleae Fructus, Curcumae Radix, Paris Polyphylla.
Wang SY 2014 ^[71]	OBS	IUCH	Cooling blood, and nourishing blood	Liangxue Runfu Decoction: Smilacis Glabrae Rhizoma, Imperatae Rhizoma, Isatidis Folium, Sophorae Flos, Rehmanniae Radix, Glycyrrhizae Radix et Rhizoma, Moutan Cortex.
Wang WX 2012 ^[72]	Q-Exp	IUCH	Leading to phlegm and depression	Xiangyuan Decoction: Aurantii Fructus, Bupleuri Radix, Paeoniae Radix Rubra, Glycyrrhizae Radix et Rhizoma, Forsythiae Fructus, Lonicerae Japonicae Flos, Ecliptae Herba, Ligustri Lucidi Fructus, Pseudostellariae Radix, White Atractylodis Rhizoma, Moutan Cortex, Lycii Fructus, etc.
Wang L 2019 ^[73]	Q-Exp	IUCH	Nourishing yin, reducing heat	Qingyin Decoction: Saigae Tataricae Cornu, Rehmanniae Radix, Moutan Cortex, eeping Forsythia Fruit, Isatidis Radix, Imperatae Rhizoma, Paeoniae Radix Rubra, Plantaginis Semen, Spatholobus Suberectus, Lonicerae Japonicae Flos, Taraxaci Herba.
Tan XH 2019 ^[74]	OBS	IUCH		Compound glycyrrhizin capsules Capsules + Tripterygium Wilfordii pills.

Sun YL 2007 ^[75]	RCT	IUCH	Promoting blood circulation and eliminating blood stasis, and relieving pain	Xuefu Zhuyu Decoction: Angelicae Sinensis Radix, Persicae Semen, Carthami Flos, Paeoniae Radix Rubra, Chuanxiong Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Rehmanniae Radix, Arnebiae Radix, Hedyotis Diffusa Herba.
Sun J 2010 ^[76]	Q-Exp	IUCH		Compound lacquer powder: Euphorbia Helioscopia, Hedyotis Diffusa Herba, Isatidis Folium, Isatidis Radix, Spatholobus Suberectus, etc.
Song JX 2016 ^[77]	OBS	IUCH	Clearing heat and detoxification, dispelling stasis and freckle, dispelling wind and relieving itching	Compound Qingdai Capsules: Indigo Naturalis, Portulacae Herba, Angelicae Dahuricae Radix, Smilacis Glabrae Rhizoma, Arnebiae Radix, etc.
Si QG 2021 ^[78]	RCT	IUCH		Keyin Decoction: Angelicae Sinensis Radix, Rehmanniae Radix Praeparata, Paeoniae Radix Rubra, Persicae Semen, Sophorae Flavescentis Radix, Carthami Flos, Taraxaci Herba, Salviae Miltiorrhizae Radix et Rhizoma, etc.
Shi LH 2008 ^[79]	Q-Exp	IUCH	Replenishing qi and solidifying the surface, diuretic, toxin and pus, and muscle-building	Huangqi Granules: Astragali Radix.
Mou C 2021 ^[80]	OBS	IUCH	Promoting blood circulation and eliminating blood stasis, nourishing yin and blood, and dispelling wind	Xinjia Dihuang Decoction: Forsythiae Fructus, Rehmanniae Radix, Moutan Cortex, Bubali Cornu, Imperatae Rhizoma, Lonicerae Japonicae Flos.
Qiao H 2015 ^[81]	OBS	IUCH	Clearing heat and dehumidification	Wanxuan Pills: Spirodela Herba, Parched Atractylodis Rhizoma, Xanthium sibiricum, Sophorae Flavescentis Radix, Scutellariae Radix, Cyperus Rotundus.
Qiu S 2005 ^[82]	Q-Exp	IUCH		Huoxue Zhuyu Xiaoyin Decoction: Sparganii Rhizoma, Curcumae Rhizoma, Persicae Semen, Carthami Flos, Spatholobus Suberectus, Euonymi Cortex, Hedyotis Diffusa Herba, Salviae Miltiorrhizae Radix et Rhizoma, Citri Reticulatae Pericarpium.

Ma AH 2007 ^[83]	OBS	IUCH	Cooling blood and invigorating blood	Liangxue Huoxue Decoction: Sophorae Flos, Imperatae Rhizoma, Rehmanniae Radix, Arnebiae Radix, Moutan Cortex, Rubiae Radix et Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Spatholobus Suberectus, Isatidis Radix, Dictamni Cortex.
Ma LF 2018 ^[84]	OBS	IUCH	Theory of Healing from Blood	Liangxue Jiedu Decoction: Smilacis Glabrae Rhizoma, Sophorae Flos, Arnebiae Radix, Paris Polyphylla, Rehmanniae Radix, Dictamni Cortex, Paeoniae Radix Rubra, etc. Yangxue Jiedu Decoction: Salviae Miltiorrhizae Radix et Rhizoma, Angelicae Sinensis Radix, Rehmanniae Radix, Ophiopogonis Radix, Scrophulariae Radix, Spatholobus Suberectus, Smilacis Glabrae Rhizoma, etc. Huoxue Jiedu Decoction: Hedyotis Diffusa Herba, Curcumae Rhizoma, Euonymi Cortex, Carthami Flos, Spatholobus Suberectus, Persicae Semen, Salviae Miltiorrhizae Radix et Rhizoma, etc.
Ma MK 2012 ^[85]	Q-Exp	IUCH	Clearing heat, cooling blood, and detoxify	Liangxue Jiedu Decoction: Smilacis Glabrae Rhizoma, Sophorae Flos, Arnebiae Radix, Paris Polyphylla, Rehmanniae Radix, Dictamni Cortex, Paeoniae Radix Rubra, etc.
Liu ZY 2019 ^[86]	OBS	IUCH	Clearing heat, cooling blood, and detoxify	Liangxue Jiedu Decoction: Smilacis Glabrae Rhizoma, Sophorae Flos, Arnebiae Radix, Paris Polyphylla, Rehmanniae Radix, Dictamni Cortex, Paeoniae Radix Rubra, etc.
Lin M 2008 ^[87]	RCT	IUCH	Warming cold and clearing heat, invigorating qi and blood, and relieving pain	Wumei Decoction: Mume Fructus, Ostreae Concha (Unprocessed Oyster Shell), Prunellae Spica, Carthami Flos.
Lin JJ 2022 ^[88]	RCT	IUCH		Kangyin I Formula: Rehmanniae Radix, Sophorae Flos, Imperatae Rhizoma, Spatholobus Suberectus, Salviae Miltiorrhizae Radix et Rhizoma, Smilacis Glabrae Rhizoma, Hedyotis Diffusa Herba, Dictamni Cortex, Carthami Flos, Corice Root.

Li ZG 2006 ^[89]	Q-Exp	IUCH	Promoting blood circulation and eliminating blood stasis, detoxification and relieving pain	Pingxiao Pills: Curcumae Radix, Nux Vomica, Agrimonia Pilosa, Trogopterus Xanthipes, Alumen, Saltpeter, Toxicodendri Resina, Fructus Aurantii.
Li SP 2010 ^[90]	Q-Exp	IUCH	Relieving itching, cooling blood	Liandai Quxie Zhiyang Capsules: snow lotus, Rehmanniae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Dictamni Cortex, Bovis Calculus, Indigo Naturalis, Sophorae Flos.
Li SQ 2011 ^[91]	Q-Exp	IUCH	Theory of Healing from Blood	① Blood fever syndrome: Scutellariae Radix, Rehmanniae Radix, Taraxaci Herba, Hedyotis Diffusa Herba, Salviae Miltiorrhizae Radix et Rhizoma, Moutan Cortex, Zaocys Dhumnae, Dictamni Cortex, Paeoniae Radix Alba, Cicadae Periostracum, Arnebiae Radix. ② Dry blood syndrome: Astragali Radix, Hedyotis Diffusa Herba, Spatholobus Suberectus, Clematidis Radix et Rhizoma, Ostreae Concha (Unprocessed Oyster Shell), Rehmanniae Radix, Paeoniae Radix Rubra, Dendrobii Caulis, Dioscoreae Rhizoma, Sparganii Rhizoma, Curcumae Rhizoma, Carthami Flos. ③ Blood stasis syndrome: Salviae Miltiorrhizae Radix et Rhizoma, Angelicae Sinensis Radix, Chuanxiong Rhizoma, Margaritifera Concha, Magnetitum, Bupleuri Radix, Persicae Semen, Carthami Flos, Mume Fructus, Moutan Cortex, Paeoniae Radix Rubra, Achyranthis Bidentatae Radix, Rehmanniae Radix Praeparata, Curcumae Radix.
Li ZJ 2013 ^[92]	Q-Exp	IUCH	Promoting lung detoxification, invigorating blood and regulating camp	Mahuang Zimei Decoction: Ephedrae Herba, Cinnamomi Ramulus, Rehmanniae Radix, Paeoniae Radix Rubra, Glehniae Radix, Arnebiae Radix, Rubiae Radix et Rhizoma, Hedyotis Diffusa Herba, Mume Fructus, Smilacis Glabrae Rhizoma, Smilacis Chinae Rhizoma.
Lang YJ 2012 ^[93]	Q-Exp	IUCH	Theory of Healing from Blood	Blood fever syndrome: Smilacis Glabrae Rhizoma, Dictamni Cortex, Lonicerae

				Caulis, Rehmanniae Radix, Moutan Cortex, Paeoniae Radix Rubra, Isatidis Folium, Sophorae Flos, Arnebiae Radix. Dry blood syndrome: Rehmanniae Radix, Moutan Cortex, Paeoniae Radix Alba, Spatholobus Suberectus, Sophorae Flavescentis Radix, Ophiopogonis Radix, Scrophulariae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Cannabis Fructus, Sophorae Tonkinensis Radix et Rhizoma. Blood stasis syndrome: Rehmanniae Radix, Moutan Cortex, Paeoniae Radix Rubra, Angelicae Sinensis Radix, Achyranthis Bidentatae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Polygoni Cuspidati Rhizoma et Radix, Spatholobus Suberectus, Euonymi Cortex, Rubiae Radix et Rhizoma, Sparganii Rhizoma, Curcumae Rhizoma, Persicae Semen, Carthami Flos, Sophorae Tonkinensis Radix et Rhizoma.
Jiang HY 2004 ^[94]	Q-Exp	IUCH	Clearing heat, cooling blood, and dispelling wind	Yinxie Xifeng Capsules: Angelicae Sinensis Radix, Arnebiae Radix, Moutan Cortex, Carthami Flos, Sparganii Rhizoma, Curcumae Rhizoma, Bungarus Parvus, Lumbricus, Bombyx Batryticatus, Saposhnikoviae Radix.
Cao XH 2001 ^[95]	Q-Exp	IUCH	Clearing heat, cooling blood, and detoxify	Liangxue Jiedu Formula: Bubali Cornu, Rehmanniae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Smilacis Glabrae Rhizoma, Hedyotis Diffusa Herba, Tribuli Fructus, Paris Polyphylla, Moutan Cortex, Paeoniae Radix Rubra, Angelicae Sinensis Radix, Curcumae Rhizoma, Indigo Naturalis.
Deng JQ 2010 ^[96]	Q-Exp	IUCH	Dispelling stasis and detoxification	Xuebijing injection.
Du WQ 2015 ^[97]	OBS	IUCH	Cooling blood, and detoxify	Hedyotis Diffusa Herba, Salviae Miltiorrhizae Radix et Rhizoma, Sophorae Flavescentis Radix, Bubali Cornu, Smilacis Glabrae Rhizoma, Rehmanniae Radix, Lonicerae Japonicae Flos, Scutellariae Radix, Isatidis Folium, Moutan Cortex, Sophorae Flos, Paeoniae Radix Rubra, Glycyrrhizae Radix et Rhizoma.
Du XX 2005 ^[98]	RCT	IUCH	Cooling blood, and detoxify	Lonicerae Japonicae Flos, Smilacis Glabrae Rhizoma, Sophorae Flos,

				Rehmanniae Radix, Moutan Cortex, Paeoniae Radix Rubra, Arnebiae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Isatidis Radix, Dictamni Cortex, Kochiae Fructus, Glycyrrhizae Radix et Rhizoma.
Gong DH 2003 ^[99]	Q-Exp	IUCH	Clearing heat, cooling blood, and dispelling wind	Yinxie Xifeng Capsules: Angelicae Sinensis Radix, Arnebiae Radix, Sinopodophylli Fructus, Moutan Cortex, Carthami Flos, Sparganii Rhizoma, Curcumae Rhizoma, Bungarus Parvus, Lumbricus, Bombyx Batryticatus, Saposhnikoviae Radix.
Gong ZF 2014 ^[100]	Q-Exp	IUCH	Cooling blood, and detoxify	Smilacis Chinae Rhizoma, Smilacis Glabrae Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Jujubae Fructus.
He L 2002 ^[101]	Q-Exp	IUCH	Nourishing yin, reducing heat, cooling blood	Bubali Cornu, Rhei Radix et Rhizoma, Smilacis Glabrae Rhizoma, Moutan Cortex, Rehmanniae Radix, Hedyotis Diffusa Herba, Paeoniae Radix Rubra, Angelicae Sinensis Radix, Sophorae Flavescentis Radix, Dictamni Cortex, Sophorae Tonkinensis Radix et Rhizoma, Glycyrrhizae Radix et Rhizoma, Lonicerae Japonicae Flos, Chrysanthemi Flos.
He Y 2010 ^[102]	Q-Exp	IUCH		Xiaoyin I Formula: Rehmanniae Radix, Imperatae Rhizoma, Hedyotis Diffusa Herba, Paeoniae Radix Rubra, Moutan Cortex, Arnebiae Radix, Rubiae Radix et Rhizoma, Smilacis Glabrae Rhizoma, Sophorae Flos, Dictamni Cortex, etc.
Hou LJ 2009 ^[103]	Q-Exp	IUCH	Cooling blood and invigorating blood	Liangxue Huoxue Decoction: Sophorae Flos, Imperatae Rhizoma, Rehmanniae Radix, Arnebiae Radix, Moutan Cortex, Rubiae Radix et Rhizoma, Salviae Miltiorrhizae Radix et Rhizoma, Spatholobus Suberectus, Isatidis Radix, Dictamni Cortex.
Hu AL 2009 ^[104]	RCT	IUCH	Cooling blood	Liangxue Decoction: Bubali Cornu, Notoginseng Radix et Rhizoma, Arnebiae Radix, Coptidis Rhizoma, Scutellariae Radix, Phellodendri Cortex, Tear's Seed, Poria Cocos, Glycyrrhizae Radix et Rhizoma.
Hu LP 2011 ^[105]	Q-Exp	IUCH	Nourishing yin, reducing heat	Mume Fructus, Ephedrae Herba, Armeniacae Semen Amarum, Tear's Seed, Glycyrrhizae Radix et Rhizoma, Lonicerae Japonicae Flos, Forsythiae Fructus,

				Asari Radix et Rhizoma, Coptidis Rhizoma, Angelicae Sinensis Radix, Ginseng Radix et Rhizoma, Zanthoxyli Pericarpium, Cicadae Periostracum, Periostracum Serpentis, Rhei Radix et Rhizoma, Phellodendri Cortex, Cinnamomi Ramulus.
Huang G 2022 ^[106]	Q-Exp	IUCH	Promoting blood circulation and eliminating blood stasis, nourishing yin and blood, and dispelling wind	Xinjia Dihuang Decoction: Forsythiae Fructus, Rehmanniae Radix, Moutan Cortex, Bubali Cornu, Imperatae Rhizoma, Lonicerae Japonicae Flos.
Huang J 2001 ^[107]	OBS	IUCH	Detoxification, blood circulation, and blood stasis	Huayu Jiedu Pills: Angelicae Sinensis Radix, Carthami Flos Olibanum, Myrrha, Rhei Radix et Rhizoma, Arnebiae Radix, Campsis Flos, Sophorae Tonkinensis Radix et Rhizoma, Isatidis Radix, Scorpio, Scolopendra Subspinipes, Hedyotis Diffusa Herba, Astragali Radix.
Huang QP 2004 ^[108]	OBS	IUCH		Sinopodophylli Fructus pills.
Zhu YH 2012 ^[109]	RCT	EUCH		Granati Pericarpium, Willow Bark, Pinus massoniana bark, etc.
Qi L 2010 ^[110]	RCT	EUCH	Nourishing blood, moisturizing the skin, and relieving itching	Runfu Zhiyang paste: Rehmanniae Radix, Angelicae Sinensis Radix, Polygoni Multiflori Radix, Hydnocarpus Semen, Armeniacae Semen Amarum, Persicae Semen, Kochiae Fructus, Sophorae Flavescens Radix, Carthami Flos, Trichosanthis Fructus, Menthae Haplocalycis Herba, Borneolum, etc.
Zhu F 2014 ^[111]	RCT	EUCH	Cooling blood, detoxification, and relieving itching	Portulacae Herba, Chrysanthemi Flos, Taraxaci Herba, Rehmanniae Radix, Isatidis Folium, Scutellariae Radix, Angelicae Sinensis Radix, Sophorae Flavescens Radix, Menthae Haplocalycis Herba, Glycyrrhizae Radix et Rhizoma.
				Indigo Naturalis, Arnebiae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Strychni Semen.
Wu CY 2020 ^[112]	RCT	EUCH	Cooling blood, detoxification	Rehmanniae Radix, Angelicae Sinensis Radix, Paeoniae Radix Alba, Chuanxiong Rhizoma, Persicae Semen, Carthami Flos, Dictamni Cortex, Spatholobus Suberectus, Polygoni Multiflori Caulis, Leonuri Herba.

Jia LM 2007 ^[113]	OBS	EUCH	Clearing heat and dampness, invigorating blood and detoxification	Yinxieling Ointment: Sophorae Flavescentis Radix, Glycyrrhizae Radix et Rhizoma, Dictamni Cortex, Saposhnikoviae Radix, Smilacis Glabrae Rhizoma, Cicadae Periostracum, Phellodendri Cortex, Rehmanniae Radix, Lonicerae Japonicae Flos, Paeoniae Radix Rubra, Forsythiae Fructus, Angelicae Sinensis Radix.
Zhuang XM2016 ^[114]	RCT	EUCH	Clearing heat and dampness, detoxification, killing insects and relieving itching	Runfu Zhiyang paste: Rehmanniae Radix, Angelicae Sinensis Radix, Polygoni Multiflori Radix, Hydnocarpus Semen, Armeniacae Semen Amarum, Persicae Semen, Kochiae Fructus, Sophorae Flavescentis Radix, Carthami Flos, Trichosanthis Fructus, Menthae Haplocalycis Herba, Borneolum, etc.
Zhu L 2008 ^[115]	Q-Exp	EUCH	Dispelling wind, clearing heat, drying dampness, nourishing blood	Xiaoxuanling paste: Galla Chinensis, Poplar leaves, Polygoni Multiflori Radix, Prepared Sulfur, Kochiae Fructus.
Zhou GJ 2008 ^[116]	Q-Exp	EUCH	Theory of Healing from Blood	Blood fever syndrome: Rehmanniae Radix, Smilacis Glabrae Rhizoma, Schizonepetae Herba, Saposhnikoviae Radix, Scrophulariae Radix, Dictamni Cortex, Imperatae Rhizoma, Lonicerae Japonicae Flos, Moutan Cortex, Isatidis Folium, Glycyrrhizae Radix et Rhizoma. Blood stasis syndrome: Smilacis Glabrae Rhizoma, Cicadae Periostracum, Persicae Semen, Paeoniae Radix Rubra, Carthami Flos, Salviae Miltiorrhizae Radix et Rhizoma, Tripterygium Wilfordii, Spatholobus Suberectus, Sparganii Rhizoma, Curcumae Rhizoma, Dictamni Cortex. Dry blood syndrome: Dictamni Cortex, Rehmanniae Radix Praeparata, Polygoni Multiflori Radix, Angelicae Sinensis Radix, Paeoniae Radix Rubra, Spatholobus Suberectus, Paeoniae Radix Alba, Ophiopogonis Radix, Saposhnikoviae Radix. 0.03%Camptothecine Ointment.
Zhang X 2002 ^[117]	Q-Exp	EUCH		
Tong DD 2013 ^[118]	RCT	EUCH	Clearing heat, dampness and itching	Liudai Ointment: Vaseline, Indigo Naturalis, Rhei Radix et Rhizoma, Phellodendri Cortex, Hedyotis Diffusa Herba, Sulfur, Polygonati Rhizoma, etc.

Huang XQ 2020 ^[119]	RCT	EUCH	Clearing heat, dampness and cooling blood	Liudai Xiaobi paste: Indigo Naturalis, Rhei Radix et Rhizoma, Schisandrae Chinensis Fructus, Rehmanniae Radix.
Yang T 2019 ^[120]	RCT	EUCH	Saprophytic muscle, detoxification and swelling	Wuxiao Powder: Euodiae Fructus, Sepiae Endoconcha.
Xiao RN 2018 ^[121]	RCT	EUCH	Clearing heat, and cooling blood	Liangxue Xiaobi Ointment: Rehmanniae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Kochiae Fructus, Sophorae Flavescentis Radix, Dictamni Cortex, Lycii Cortex, Cnidii Fructus, Carthami Flos, Hedyotis Diffusa Herba.
Niu FH 2021 ^[122]	RCT	EUCH	Clearing heat and cooling blood, invigorating blood, eliminating stasis	Compound Huanglian Ointment: Scutellariae Radix, Phellodendri Cortex, Angelicae Sinensis Radix, Rehmanniae Radix, etc.
Zhang CH 2011 ^[123]	Q-Exp	EUCH+Cup		Yinxie IV Bath Formula: Phellodendri Cortex, Angelicae Sinensis Radix, Salviae Miltiorrhizae Radix et Rhizoma, Spatholobus Suberectus, Poria Cocos, Smilacis Glabrae Rhizoma, Persicae Semen, Sparganii Rhizoma, Curcumae Rhizoma, etc.
Yi DM 2021 ^[124]	RCT	EUCH	Clearing heat, and expectorant	Compound Zhigui Tincture: Psoraleae Fructus, Bark of Chinese Cassiae Semen tree, Angelicae Dahuricae Radix, Dictamni Cortex, 75% Alcohol.
Gu QY 2019 ^[125]	Q-Exp	EUCH	Clearing heat, and detoxification	Rhei Radix et Rhizoma, Glycyrrhizae Radix et Rhizoma, Sophorae Flavescentis Radix, Phellodendri Cortex, Kochiae Fructus, Dictamni Cortex, Cnidii Fructus, Clematidis Radix et Rhizoma, Sanguisorbae Radix.
Wang XL 2000 ^[126]	Q-Exp	EUCH	Evacuating wind and heat, clearing heat and detoxification, promoting lung and pharynx, dispersing swelling.	Compound Arctii Fructus Oil: Indigo Naturalis, Meretricis et Cyclinae Concha, Prepared Gypsum Fibrosum, Phellodendri Cortex, Hydrargyri Oxydum Rubrum.
Yan XK 2019 ^[127]	Q-Exp	EUCH	Diagnosis and	Blood fever syndrome: Rhei Radix et Rhizoma, Phellodendri Cortex, Sophorae

			treatment based on an overall analysis of signs and symptoms, Theory of Healing from Blood	Flavescentis Radix, Polygoni Cuspidati Rhizoma et Radix, Chrysanthemi Flos, Cnidii Fructus, Taraxaci Herba, Angelicae Dahuricae Radix, Senecionis Scandentis Herba, Anemones Altaicae Rhizoma, Carthami Flos, Menthae Haplocalycis Herba, Natrii Sulfas, Alumenen. Blood deficiency syndrome: Rehmanniae Radix, Angelicae Sinensis Radix, Spatholobus Suberectus, Acanthopanax Senticosi Radix et Rhizoma, Lycii Cortex, Paris Polyphylla, Cynanchi Paniculati Herba, Tribuli Fructus, White Dendranthema Indicum Flos, Clematidis Radix et Rhizoma, Broussonetiae Folium, Platycladi Cacumen, Salviae Miltiorrhizae Radix et Rhizoma, Zanthoxyli Pericarpium.
Geng AA 2022 ^[128]	OBS	EUCH	Clearing heat and detoxification	Leonuri Herba, Carthami Flos, Paeoniae Radix Alba, Dictamni Cortex, Rehmanniae Radix, Angelicae Sinensis Radix, Paeoniae Radix Alba, Persicae Semen, Polygoni Multiflori Caulis, Spatholobus Suberectus.
Xia XJ 2008 ^[129]	Q-Exp	EUCH	Clearing heat and detoxification, Cooling blood and eliminating rushes	Qinglian Ointment: Indigo Naturalis, Coptidis Rhizoma, Scutellariae Radix, Phellodendri Cortex, Borneolum, Lanolin, Vaseline.
Wang JX 2002 ^[130]	Q-Exp	EUCH		Rhei Radix et Rhizoma, Phellodendri Cortex, Sophorae Flavescentis Radix, Polygoni Cuspidati Rhizoma et Radix, Chrysanthemi Flos, Cnidii Fructus, Taraxaci Herba, Angelicae Dahuricae Radix, Herb of Climbing Groundse, Anemones Altaicae Rhizoma, Carthami Flos, Menthae Haplocalycis Herba, Natrii Sulfas, Alumenen.
Liu J 2010 ^[131]	Q-Exp	EUCH		Diyin lotion: Rehmanniae Radix, Lonicerae Japonicae Flos, Smilacis Glabrae Rhizoma, Schizonepetae Herba, Saposhnikoviae Radix, Carthami Flos, Paeoniae Radix Rubra, Sparganii Rhizoma, Curcumae Rhizoma, Tribuli Fructus, Isatidis Radix, Forsythiae Fructus.

Fu RE 2019 ^[132]	Q-Exp	EUCH		Ziyu lotion: Sophorae Flavescentis Radix, Kochiae Fructus, Dictamni Cortex, Portulacae Herba, Sanguisorbae Radix, Cnidii Fructus, Rhei Radix et Rhizoma, Gardeniae Fructus, etc.
Chen LQ 2010 ^[133]	OBS	EUCH		Sophora Alopecuroide oil.
Xia HH 2023 ^[134]	RCT	EUCH	Promoting blood circulation and eliminating blood stasis, reducing swelling and relieving pain	Qingpeng Ointment: Chebulae Fructus, etc.
Wei GX 2010 ^[135]	OBS	EUCH		Glycyrrhizae Radix et Rhizoma, Arnebiae Radix, Notoginseng Radix et Rhizoma, Hedyotis Diffusa Herba, Paris Polyphylla, Smilacis Glabrae Rhizoma, Schisandrae Chinensis Fructus, Paeoniae Radix Alba, Salviae Miltiorrhizae Radix et Rhizoma, Curcumaе Rhizoma, Sophorae Tonkinensis Radix et Rhizoma.
Chen LN 2018 ^[136]	RCT	EUCH	Clearing heat and invigorating blood, cooling blood	Zicao Quyin lotion: Arnebiae Radix, Bubali Cornu, Kochiae Fructus, Rehmanniae Radix, Smilacis Glabrae Rhizoma, Dictamni Cortex, Lonicerae Japonicae Flos, Taraxaci Herba.
Wang JQ 2019 ^[137]	RCT	EUCH	Clearing heat, detoxification , and eliminating rushes	Niupixuan lotion: Xanthii Fructus, Cnidii Fructus, Saposhnikoviae Radix, Sophorae Flavescentis Radix, Dictamni Cortex, Phellodendri Cortex, Carthami Flos, Kochiae Fructus, Persicae Semen.
Gao WY 2006 ^[138]	Q-Exp	EUCH	Clearing heat and detoxification	Dictamni Cortex, Angelicae Dahuricae Radix, Tribuli Fructus, Alumen, Ampelopsis Radix, Prepared Oyster Shell, Arnebiae Radix, Daemonoropis Resina, Momordicae Semen, Saposhnikoviae Radix, Picrorhizae Rhizoma, Hydnocarpі Semen, Sophorae Flavescentis Radix, Platycladi Cacumen, Glycyrrhizae Radix et Rhizoma.
Shang SQ 2020 ^[139]	Q-Exp	EUCH	Clearing heat and dampness, dispelling wind and relieving	Wudai Ointment: Scolopendra Subspinipes, Indigo Naturalis, Sulfur, Schizonepetae Herba, Alumen, Phellodendri Cortex, Borneolum, Galla

			itching	Chinensis, Fritillariae Bulbus, Cnidii Fructus, Curcumae Rhizoma.
He HY 2017 ^[140]	RCT	EUCH	Nourishing blood and detoxification, moisturizing yin and moisturizing the skin	Xiaoyin Ointment
Guo Q 2015 ^[141]	RCT	EUCH		Shehuang Ointment: Vaseline, Cnidii Fructus, Rhei Radix et Rhizoma, Phellodendri Cortex, Calcitum, Halloysitum Rubrum, Polygonati Rhizoma, etc.
Liu MQ 2020 ^[142]	RCT	EUCH		Lonicerae Japonicae Flos, Taraxaci Herba, Viola Herba, Phellodendri Cortex, Scutellariae Radix, Forsythiae Fructus, Coptidis Rhizoma, Erythrinae Cortex, Lycii Cortex, Smilacis Glabrae Rhizoma.
MaoWW2019 ^[143]	Q-Exp	EUCH		Sancao Oil: Glycyrrhizae Radix et Rhizoma, Rubiae Radix et Rhizoma, Prunellae Spica.
Zhao F 2019 ^[144]	Q-Exp	IUCH+EUCH+Cup	Cooling blood, Clearing heat, . Nourishing yin, Dehumidification, Relieving itching	
Bao LH 2020 ^[145]	Q-Exp	IUCH+EUCH	Diagnosis and treatment based on an overall analysis of signs and symptoms, theory of Healing from Blood	Ephedrae Herba, White Sesame, Asparagi Radix, Cassiae Semen, Kochiae Fructus, Dictamni Cortex, etc.
Chen HJ 2018 ^[146]	RCT	IUCH+EUCH		Liangxue Pingyin Decoction: Bubali Cornu, Paeoniae Radix Rubra, Moutan Cortex, Arnebiae Radix, Scrophulariae Radix, Hedyotis Diffusa Herba, Taraxaci Herba, Smilacis Glabrae Rhizoma, Isatidis Folium, Forsythiae Fructus, Saigae Tataricae Cornu, Tribuli Fructus, Fritillariae Bulbus, Prepared Glycyrrhizae Radix et Rhizoma.

				Fengai lotion: Dictamni Cortex, Sophorae Flavescentis Radix, Spirodela Herba, etc.
Ding L 2019 ^[147]	Q-Exp	IUCH+EUCH		Sanyu Xiaoyin Decoction: Hedyotis Diffusa Herba, Sparganii Rhizoma, Aucklandiae Radix, Aurantii Fructus, Angelicae Sinensis Radix, Zaozys Dhumnades, Rehmanniae Radix, Curcumae Rhizoma, Persicae Semen, Astragali Radix, Kochiae Fructus, Carthami Flos, Curcumae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Smilacis Glabrae Rhizoma, Smilacis Chinae Rhizoma . Ruanjian Quxie Bathing Formula: Clematidis Radix et Rhizoma, Gleditsiae Spina, Platycladi Cacumen, Broussonetiae Fructus, Sophorae Flavescentis Radix.
He J 2008 ^[148]	Q-Exp	IUCH+EUCH	Clearing heat and cooling blood, Nourishing blood, moisturizing the skin, wind-dispelling, Relieving itching	Xiaoyin Formula: Astragali Radix, Camelliae Radix, Fossilia Ossis Mastodi (Unprocessed Dragon Bone, Dictamni Cortex, Arnebiae Radix, Hominis Placenta, Sesami Semen Nigrum, Glycyrrhizae Radix et Rhizoma. Xiaoyin lotion: Fraxini Cortex, Granati Pericarpium, Angelicae Dahuricae Radix, Dendranthema Indicum Flos, Sparganii Rhizoma, Curcumae Rhizoma, Phellodendri Cortex, Smilacis Glabrae Rhizoma.
Wang ZY 2018 ^[149]	Q-Exp	IUCH+EUCH	Clearing heat and cooling blood, Nourishing blood, moisturizing the skin, wind-dispelling, Relieving itching	Xiaoyin Formula: Arnebiae Radix, Scutellariae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Moutan Cortex, Paeoniae Radix Rubra, Ophiopogonis Radix. Xiaoyin lotion: Angelicae Dahuricae Radix, Dendranthema Indicum Flos, Lonicerae Japonicae Flos, Smilacis Glabrae Rhizoma, Phellodendri Cortex.
WANG YM2004 ^[150]	OBS	IUCH+EUCH	diagnosis and treatment based on an overall analysis of signs and symptoms, Theory of Healing from Blood	Blood fever syndrome: Bubali Cornu, Rehmanniae Radix, Hedyotis Diffusa Herba, Moutan Cortex, Arnebiae Radix, Dictamni Cortex, Polygoni Cuspidati Rhizoma et Radix, Scrophulariae Radix. Blood deficiency syndrome: Rehmanniae Radix, Angelicae Sinensis Radix, Moutan Cortex, Scrophulariae Radix, Tribuli Fructus, Bombyx Batryticatus, Polygoni Multiflori Radix, Spatholobus Suberectus, Carthami Flos.

					Blood deficiency syndrome: <i>Salviae Miltiorrhizae Radix et Rhizoma</i> , <i>Hedyotis Diffusa Herba</i> , <i>Ostreae Concha</i> (Unprocessed Oyster Shell), <i>Margaritifera Concha</i> , <i>Angelicae Sinensis Radix</i> , <i>Paeoniae Radix Rubra</i> , <i>Scrophulariae Radix</i> , <i>Sparganii Rhizoma</i> , <i>Curcumae Rhizoma</i> , <i>Carthami Flos</i> , <i>Natrii Sulfas</i> , <i>Dendranthema Indicum Flos</i> , <i>Alumenen</i> , <i>Zanthoxyli Pericarpium</i> .
Qu YB 2014 ^[151]	OBS	IUCH+EUCH	Cooling blood and invigorating blood		Liangxue Huoxue Decoction: <i>Sophorae Flos</i> , <i>Imperatae Rhizoma</i> , <i>Rehmanniae Radix</i> , <i>Arnebiae Radix</i> , <i>Isatidis Radix</i> , <i>Rubiae Radix et Rhizoma</i> , <i>Paeoniae Radix Rubra</i> , <i>Salviae Miltiorrhizae Radix et Rhizoma</i> , <i>Smilacis Glabrae Rhizoma</i> , <i>Spatholobus Suberectus</i> .
Yang JL 2020 ^[152]	Q-Exp	IUCH+BL			Qinghuang lotion: <i>Indigo Naturalis</i> , <i>Phellodendri Cortex</i> . <i>Astragali Radix</i> , <i>Paeoniae Radix Alba</i> , <i>Angelicae Sinensis Radix</i> , <i>Saposhnikoviae Radix</i> , <i>Cinnamomi Ramulus</i> , <i>Scrophulariae Radix</i> , <i>Psoraleae Fructus</i> , <i>Cinnamomi Subcortex</i> , <i>White Atractylodis Rhizoma</i> , <i>Glycyrrhizae Radix et Rhizoma</i> , <i>Mume Fructus</i> , <i>Galla Chinensis</i> , <i>Typhonii Rhizoma</i> .
Sun KL 2022 ^[153]	RCT	IUCH+Cup+BL			Xuanfei Lipi Decoction: <i>Parched Atractylodis Rhizoma</i> , <i>Parched white Atractylodis Rhizoma</i> , <i>Magnoliae Officinalis Cortex</i> , <i>Citri Reticulatae Pericarpium</i> , <i>Smilacis Glabrae Rhizoma</i> , <i>Cicadae Periostracum</i> , <i>Saposhnikoviae Radix</i> , <i>Spirodela Herba</i> , <i>Alismatis Rhizoma</i> , <i>Poria Cocos</i> , <i>Mori Folium</i> , <i>Armeniacae Semen Amarum</i> , <i>Glycyrrhizae Radix et Rhizoma</i> .
Li M 2011 ^[154]	Q-Exp	IUCH+EUCH	Relieving liver and depression, invigorating blood and kidneys, Clearing heat, invigorating blood, detoxification, Emollient and anti-dandruff, Relieving itching		Fuerkang Capsules: <i>Rehmanniae Radix Praeparata</i> , <i>Lycii Fructus</i> , <i>Bupleuri Radix</i> , <i>Moutan Cortex</i> , <i>Rehmanniae Radix</i> , <i>Chuanxiong Rhizoma</i> , <i>Aloe</i> , <i>Paeoniae Radix Rubra</i> . Bathing Formula: <i>Portulacae Herba</i> , <i>Scutellariae Radix</i> , <i>Kochiae Fructus</i> , <i>Moutan Cortex</i> , <i>Lonicerae Japonicae Flos</i> , <i>Rehmanniae Radix</i> , etc.

Huang Z 2020 ^[155]	Q-Exp	IUCH+EUCH		External washing of Chinese herbal medicines: Leonuri Herba, Bidens Pilosa Herba, Schizonepetae Herba, Sophorae Flavescentis Radix, Clematidis Radix et Rhizoma, Scutellariae Barbatae Herba, Portulacae Herba, Scrophulariae Radix. Internal use of Chinese herbal medicines: Smilacis Glabrae Rhizoma, Paridis Rhizoma, Dictamni Cortex, Moutan Cortex, Glycyrrhizae Radix et Rhizoma, Sophorae Flos, Lonicerae Caulis, Rhizome of Rehmannia, Scutellariae Radix, Paeoniae Radix Rubra, Arnebiae Radix.
Xie CX 2023 ^[161]	RCT	IUCH+EUCH	Cooling blood, detoxification, invigorating blood and detoxification dialysis and eliminating rushes, dispelling wind and removing dampness	Liangxue Xiaoyin Decoction: Smilacis Glabrae Rhizoma, Bubali Cornu, Salviae Miltiorrhizae Radix et Rhizoma, Hedyotis Diffusa Herba, Smilacis Chinae Rhizoma, Rehmanniae Radix, Arnebiae Radix, Moutan Cortex, Dictamni Cortex, Zaocys Dhumnae, Glycyrrhizae Radix et Rhizoma. Zilong Ointment: Arnebiae Radix, Angelicae Dahuricae Radix, Angelicae Sinensis Radix, Glycyrrhizae Radix et Rhizoma, Sesame oil.
Li HJ 2014 ^[157]	RCT	IUCH+EUCH	diagnosis and treatment based on an overall analysis of signs and symptoms	Blood fever syndrome applies Liangxue Dihuang Decoction; Blood deficiency syndrome applies Erxian Decoction, Fire poison blazing syndrome applies qingyin Decoction.
Liu T 2008 ^[158]	Q-Exp	IUCH+EUCH		Intravenous psoralen injection+ Topical Binghuang Fule ointment
Wang HG 2017 ^[159]	Q-Exp	IUCH+EUCH	Clearing heat and cooling blood, Nourishing blood, moisturizing the skin, wind-dispelling, Relieving itching	Xiaoyin Formula: Arnebiae Radix, Scutellariae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Moutan Cortex, Paeoniae Radix Rubra, Ophiopogonis Radix. Xiaoyin Lotion: Angelicae Dahuricae Radix, Dendranthema Indicum Flos, Lonicerae Japonicae Flos, Smilacis Glabrae Rhizoma, Phellodendri Cortex.
Xu TH 2020 ^[160]	RCT	Cup+EUCH	Clearing heat, cooling blood and detoxification	Internal use of traditional Chinese medicine: Rehmanniae Radix, Moutan Cortex, Paeoniae Radix Rubra, Salviae Miltiorrhizae Radix et Rhizoma, Persicae Semen, Carthami Flos, Taraxaci Herba, Imperatae Rhizoma, Poria Cocos, Glycyrrhizae Radix et Rhizoma. Bathing: Rehmanniae Radix, Sophorae Flavescentis Radix, Dictamni Cortex,

				Taraxaci Herba, Angelicae Sinensis Radix, Paeoniae Radix Rubra. External use of traditional Chinese medicine: Scutellariae Radix, Coptidis Rhizoma, Phellodendri Cortex.
Zhang XY 2023 ^[161]	Q-Exp	IUCH+EUCH	Clearing heat, cooling blood and detoxification	Jiedu Liangxue Decoction: Rehmanniae Radix, Isatidis Folium, Dictamni Cortex, Platycodonis Radix, Paeoniae Radix Rubra, Arctii Fructus, Scutellariae Barbatae Herba, Smilacis Glabrae Rhizoma, Hedyotis Diffusa Herba. Bathing: Platycladi Cacumen, Sophorae Flavescentis Radix, Broom Cypress Frui, Gleditsiae Fructus Abnormalis, Portulacae Herba, Dictamni Cortex.
Li PY 2019 ^[162]	Q-Exp	IUCH+EUCH	Strengthening the spleen, clearing heat, cooling blood and detoxification	Jianpi Jiedu Decoction: Smilacis Glabrae Rhizoma, Dioscoreae Hypoglaucae Rhizoma, Poria Cocos, Phellodendri Cortex, Forsythiae Fructus, Parched white Atractylodis Rhizoma, Hedyotis Diffusa Herba, Angelicae Sinensis Radix, Salviae Miltiorrhizae Radix et Rhizoma, Sophorae Flavescentis Radix, Tear's Seed, Glycyrrhizae Radix et Rhizoma. Bathing: Smilacis Glabrae Rhizoma, Phellodendri Cortex, Portulacae Herba, Forsythiae Fructus, White Atractylodis Rhizoma, Poria Cocos.
Yu GH 2021 ^[163]	RCT	IUCH+EUCH	Clearing heat, cooling blood and detoxification	Tufuling Decoction: Smilacis Glabrae Rhizoma, Siegesbeckiae Herba, Rehmanniae Radix, Spatholobus Suberectus, Euonymi Cortex, Vespae Nidus, Arnebiae Radix, Dryopteridis Crassirhizomatis Rhizoma, Dictamni Cortex, Tribuli Fructus, Trachelospermi Caulis, Paeoniae Radix Rubra, Sophorae Flos, Sophorae Tonkinensis Radix et Rhizoma, Parched white Atractylodis Rhizoma, Dioscoreae Rhizoma, Corni Fructus, Dendrobii Caulis. Compound Qingdai ointment: Indigo Naturalis, Gastrodiae Rhizoma, Typhonii Rhizoma, Scorpio, Moschus, Phellodendri Cortex, Bambusae Concretio Silicea, Cinnabaris, etc.
Wang LH 2016 ^[164]	Q-Exp	IUCH+EUCH	Nourishing blood and moisturizing the skin	Liangxue Runfu Decoction: Smilacis Glabrae Rhizoma, Isatidis Folium, Rehmanniae Radix, Paeoniae Radix Rubra, Dictamni Cortex, Salviae

				Miltiorrhizae Radix et Rhizoma, Saposhnikoviae Radix, Tribuli Fructus, Sophorae Flos, Moutan Cortex, Imperatae Rhizoma, Glycyrrhizae Radix et Rhizoma.
He B 2019 ^[165]	Q-Exp	Cup	Diagnosis and treatment based on an overall analysis of signs and symptoms	
Wang XM 2011 ^[166]	RCT	FNT	Diagnosis and treatment based on an overall analysis of signs and symptoms	
Zhang R 2014 ^[167]	Q-Exp	Acu	Diagnosis and treatment based on an overall analysis of signs and symptoms	
Yu ZJ 2013 ^[168]	OBS	Acu		
Wu JP 2011 ^[169]	RCT	Acu+E Acu		
Tian YS 2004 ^[170]	RCT	Acu		
Tang SW 2021 ^[171]	RCT	Cup+Mox		Artemisiae Argyi Folium
Qing H 2009 ^[172]	Q-Exp	Acu+BL	Diagnosis and treatment based on an overall analysis of signs and symptoms	
Lei HX 2019 ^[173]	Q-Exp	BL		
Dai XQ 2013 ^[174]	RCT	FNT		
Chen ZX 2021 ^[175]	RCT	Mox		Artemisiae Argyi Folium
Bao ZY 2015 ^[176]	Q-Exp	Acu	Diagnosis and treatment based on an overall analysis of signs and symptoms	
Ao YG 2021 ^[177]	Q-Exp	Mox		
LuH 2023 ^[178]	SY	IUCH	Clearing heat, cooling blood, and detoxification	Yinxie Jiedu Capsule; Huoxue Tongluo Decoction; Yinxie Powder; Liangxue Huoxue Decoction; Xiaoyin I, II, III Granules; Sihuang Quyin Decoction; Liangxue Jiedu Decoction; Qinzhu Liangxue Mixture; Liangxue Jiedu Xiaobi Decoction; Qingyin Jiedu Decoction; Huoxue Liangxue Decoction; Liangxue Jiedu Decoction; Mahuang Zimei Decoction; Qingre Liangxue Jiedu Decoction; Qingdai Compound Capsule; Mahuang Zimei Decoction.
Dai D 2022 ^[179]	SY	IUCH	Clearing heat and cooling	Huoxue Jiedu Dcoction; Self-made Liangxue Xiaobi Decoction; Calm-the-

			blood, nourishing blood, moisturizing the skin, wind-dispelling, relieving itching	Mind-and-RelieveItching Fomula; Silver Soup combined with Seedlings Medicine Away Tinea Pill; Qingre Liangxue Xiaoyin Decoction; Spleen-strengthening and Detoxification Decoction; Liangxue Tuiyin Decoction; Ziyin Huoxue Runzao Decoction; Jianpi Jiedu Decoction; Peiyuan purging prescription; Qingre Huoxue Jiedu prescription; Oxymatrine capsules; Sinopodophylli Fructus hutch mixture; Liangxue Jiedu Decoction, Yangxue Jiedu Decoction, Huoxue Jiedu Decoction; Liangxuehuoxue Complex Prescription; Yu Shi Xiao Bi Yin Decoction.
Cai Y 2014 ^[180]	SY	IUCH	Theory of Healing from Blood	Oral administration of traditional Chinese medicine.
Ouyang 2016 ^[181]	SY	IUCH		
Yu JJ 2021 ^[182]	SY	IUCH		Yinxueling Fomula: Arnebiae Radix, Mume Fructus, Glycyrrhizae Radix et Rhizoma, etc.
Yang T 2021 ^[183]	SY	IUCH	Clearing heat, detoxification, dispelling stasis and freckle, dispelling wind and relieving itching	Compound Qingdai Pills/Capsules: Indigo Naturalis, Portulacae Herba, Angelicae Dahuricae Radix, Smilacis Glabrae Rhizoma, Arnebiae Radix, etc.
QinWL2020 ^[184]	SY	IUCH	Cooling dehumidification, detoxification	Rehmanniae Radix, Arnebiae Radix, Salviae Miltiorrhizae Radix et Rhizoma, Lonicerae Japonicae Flos, Moutan Cortex, Indigo Naturalis, Paeoniae Radix Rubra, Bubali Cornu, Smilacis Glabrae Rhizoma, Smilacis Chinae Rhizoma , Dictamni Cortex, Sophorae Flavescentis Radix, Gardeniae Fructus, Rhei Radix et Rhizoma, Smilacis Chinae Rhizoma , Euonymi Cortex, Spirodelae Herba, Forsythiae Fructus, Dictamni Cortex, Isatidis Folium, Isatidis Radix, Sophorae Tonkinensis Radix et Rhizoma.
QiuXR2020 ^[185]	SY	IUCH	Detoxification	Yangxue Jiedu Formula; Huoxue Jiedu Decoction; Qingre Huoxue Jiedu Decoction; Yinxie Jiedu Capsules; Qingwen Baidu Decoction; Liangxue Huoxue

				Decoction; Huayu Qingdu Decoction.
Cheng Y 2020 ^[186]	SY	IUCH		Tripterygium Wilfordii pills.
Li Y 2018 ^[187]	SY	IUCH		Liangxue Xiaofeng Decoction; Keyin I Decoction; Qinzhu Liangxue Formula; Yinxiebing Formula; Xiaoni Decoction; Shengdi Baimao Decoction; Liangxue Zhiyang Formula.
Zhang HN 2018 ^[188]	SY	IUCH	Clearing heat, cooling blood, nourishing blood, moisturizing the skin, wind-dispelling, relieving itching	Liangxue Jiedu Decoction; Qingre Liangxue Decoction; Liangxue Runfu Decoction; Keyin I Decoction; Xiaobi Decoction; Zidan Xiaoyin Decoction; Ziyin Qingre Xiaofeng Powder.
Yi SG 2014 ^[189]	SY	IUCH		Compound Qingdai pills; Traditional Chinese medicine heat-clearing agent.
Benjamin F 2017 ^[190]	SY	IUCH		Rhizoma Smilacis Glabrae, Folium Isatidis, Rhizoma Menispermis, Oldenlandia, Rhizoma Curcumae, Rhizoma Polygoni Cuspidati, Cornu Saigae Tataricae, Gypsum Fibrosum Fibrosum, Solani Lyrati Herba, and Herba Duchesneae Indicae.
Zou JH 2020 ^[191]	SY	Acu	Diagnosis and treatment based	
Ye ML 2017 ^[192]	SY	Acu, Mox, E-Acu	on an overall analysis of signs	
Liu L 2021 ^[193]	SY	FNT	and symptoms	
Coyle M 2015 ^[194]	SY	BL, Cup, Acu, Mox		
Li XZ 2020 ^[195]	SY	EUCH	Clearing heat and detoxification	Pulian Ointment, Arnebiae Radix Creams, Xiaoin Ointment, Compound Qingdai Ointment, Coptidis Rhizoma Ointment.

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