

Adjuvant Therapy for High-Risk Localized Renal Cell Carcinoma: Current Landscape and Future Direction

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Abstract: Locally and regionally advanced renal cell carcinoma (RCC) can recur at high rates even after visually complete resection of primary disease. Both targeted therapies and immunotherapies represent potential agents that might help reduce recurrence of RCC in these patients. This paper reviews the current body of evidence defining their potential impact and examines the large Phase III randomized clinical trials that have been performed to assess the safety and efficacy of these systemic therapies in the adjuvant setting. Given that the findings from these trials have been predominantly negative, this paper also explores the role of other potential adjuvant agents, including single and combination agent targeted therapies and immunotherapies, whose use is currently limited to metastatic RCC. Finally, the use of radiation therapy and the use of advanced imaging modalities in RCC are also considered.

Keywords: renal cell carcinoma, adjuvant therapy, targeted therapy, immunotherapy, radiation

Introduction

Renal cell carcinoma (RCC) is a heterogeneous disease carrying a wide range of prognoses. An estimated 79,000 new cases of RCC will be diagnosed in the United States in 2022, and approximately 13,920 will die from RCC.¹ Nephrectomy remains the mainstay of therapy in localized RCC patients and is curative in most, yet one in three patients undergoing partial or radical nephrectomy for localized disease will experience disease recurrence.^{2–5} Patients with locally or regionally advanced disease represent an even higher risk for disease recurrence after resection. While there is a clear need for therapy in the adjuvant setting to reduce the risk of recurrence for patients with localized RCC who have undergone surgical resection, no therapy to date has demonstrated an overall survival benefit.

Patient selection is likely the key for choosing a successful adjuvant treatment strategy. A number of studies have attempted to predict outcomes, including the likelihood of recurrence, in patients with RCC.^{2,6–13} While there is not a specific consensus defining a “high risk” of recurrence of RCC after surgical resection, it is generally accepted that patients with higher stage disease have a greater likelihood of recurrence. The UCLA Integrated Staging System (UISS) is a risk predictor that utilizes TNM stage, performance status, and Fuhrman nuclear grade to categorize patients into low, moderate, and high risk.¹⁴ Patients with low-risk disease according to the UISS have a 91% chance of five-year disease-specific survival, compared to 80% in the moderate-risk group and 55% in the high-risk group.¹⁴ Nonetheless, risk assessment inclusion criteria vary among currently published adjuvant trials, despite the assertion that all are evaluating “high-risk RCC.” Therefore, while patient selection for adjuvant therapies is important, there is little current consensus around what makes a patient high risk for recurrence and thereby a good adjuvant candidate.

We will explore completed and ongoing trials to define the role of adjuvant therapy in patients with RCC at high risk of recurrence, including systemic therapies (targeted and immune-oncology agents) and radiation therapy. Systemic therapies exploit tumorigenesis pathways in RCC and are depicted in [Figure 1](#). Targeted therapies such as tyrosine kinase inhibitors of vascular endothelial growth factor receptor (VEGFR; eg sunitinib, sorafenib, axitinib, pazopanib) exploit

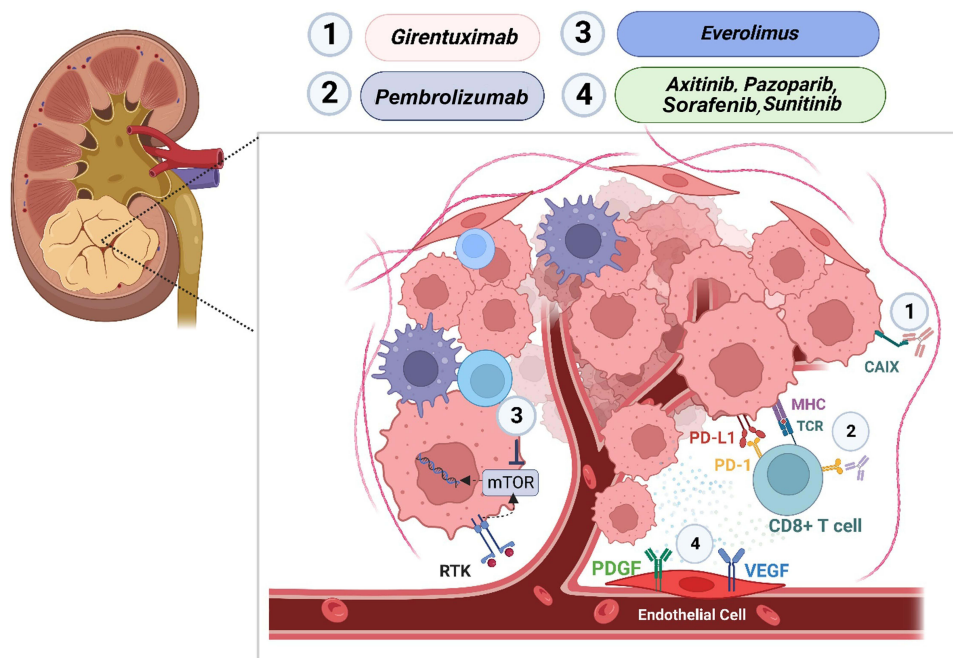


Figure 1 Schematic of RCC tumor microenvironment. Schematic depicts cell types and protein targets corresponding to therapeutics with demonstrated efficacy for advanced RCC.

disordered angiogenesis that is upregulated in the pathogenesis of RCC. Inhibition of the mammalian target of rapamycin (mTOR; eg everolimus) and a monoclonal antibody to carbonic anhydrase IX (girentuximab) has also been used. Immunotherapies targeting the PD-1/PD-L1 pathway (pembrolizumab, atezolizumab, nivolumab, durvalumab) and CTLA-4 pathway (ipilimumab, tremelimumab) have reported early data but continue to remain under investigation. Finally, the resurgence and possible role of radiation therapy for RCC will also be considered.

Randomized Controlled Trials for Adjuvant Systemic Therapy in High-Risk RCC

Since 2016, a number of large, phase III randomized controlled trials have been published exploring the role of adjuvant agents in patients with high-risk RCC (Table 1).

In 2016, Haas et al reported data on the ASSURE trial.¹⁵ This study randomized 1943 patients with high-risk RCC to receive either sunitinib, sorafenib, or placebo within twelve weeks of nephrectomy. No differences were seen with regard to the primary endpoint of DFS; median DFS was 5.8 years (HR 1.02, 97.5% CI 0.85–1.23, $p = 0.8038$) for sunitinib, 6.1 years (HR 0.97, 97.5% CI 0.80–1.17, $p = 0.7184$) for sorafenib, and 6.6 years for placebo (hazard ratios for sunitinib and sorafenib are compared to placebo). A subsequent subgroup analysis of higher risk patients (pT3/4 or node-positive disease) additionally found no differences in DFS or overall survival (OS) when comparing sunitinib to sorafenib or either agent to placebo.¹⁶

Later, in 2016, Ravaud et al published findings from the S-TRAC trial, in which 615 patients with high-risk RCC were randomized to receive either adjuvant sunitinib or placebo.¹⁷ The primary outcome was blinded, independently reviewed DFS, with secondary outcomes of OS, safety, and investigator-reviewed DFS. When compared to placebo (5.6 years, 95% CI 3.8–6.6), patients in the sunitinib arm experienced longer DFS (6.8 years, 95% CI 5.8–not reached) based on central blinded review (HR 0.76, 95% CI 0.59–0.98; $p = 0.03$). Subgroup analyses were published separately, with data demonstrating a DFS benefit of sunitinib in higher risk patients, neutrophil-to-lymphocyte ratio ≤ 3 , and Fuhrman grade 3/4.¹⁸

A year after S-TRAC's promising results were reported, data from the PROTECT trial were published.¹⁹ This trial randomized 1538 patients with high-risk RCC to receive either pazopanib or placebo. Because of significant toxicity from and discontinuation of pazopanib with the intended 800mg dosing, a dose adjustment was made to 600mg after 403

Table I Summary of Major Randomized Controlled Trials Evaluating Adjuvant Therapy for High-Risk Renal Cell Carcinoma

| Trial | First Author | Year | N | Intervention (vs Placebo*) | Primary Outcome(s) | Results of Primary Outcome |
|---|--------------|------|------|---|---------------------------------|--|
| ASSURE ¹⁵ | Haas | 2016 | 1943 | Sunitinib Sorafenib | DFS | No statistically significant difference |
| S-TRAC ¹⁷ | Ravaud | 2016 | 615 | Sunitinib | DFS | DFS favors sunitinib (sunitinib: 6.8 years, 95% CI 5.8-not reached; placebo: 5.6 years, 95% CI 3.8–6.6; HR 0.76, 95% CI 0.59–0.98; p = 0.03) |
| PROTECT ¹⁹ | Motzer | 2017 | 1538 | Pazopanib | DFS (in pazopanib reduced dose) | No statistically significant difference |
| ARISER ²⁰ | Chamie | 2017 | 864 | Girentuximab | DFS OS | No statistically significant differences |
| ATLAS ²¹ | Gross-Goupil | 2018 | 724 | Axitinib | DFS | No statistically significant difference |
| SORCE ²² | Eisen | 2020 | 1711 | Sorafenib (1 year) Sorafenib (3 years) | DFS (3y sorafenib vs placebo) | No statistically significant difference |
| KEYNOTE-564 ²⁴ | Choueiri | 2021 | 994 | Pembrolizumab | DFS | DFS favors pembrolizumab (at 24 months, pembrolizumab: 77.3%; placebo: 68.1%, HR 0.54; 95% CI 0.30–0.96) |
| EVEREST ²³ | Ryan | 2022 | 1545 | Everolimus | DFS | DFS favors everolimus (HR 0.85; 95% CI, 0.72–1.00; p = 0.0246) |
| IMmotion010 ²⁶ | Pal | 2022 | 778 | Atezolizumab | DFS | No statistically significant difference |
| CheckMate 914 ²⁷ | Motzer | 2022 | 816 | Nivolumab plus ipilimumab | DFS | No statistically significant difference |
| PROSPER/ECOG-ACRIN EA8143 ²⁸ | Allaf | 2022 | 819 | Perioperative nivolumab* | DFS | No statistically significant difference |

Note: *Patients in the control group of the PROSPER/ECOG-ACRIN EA8143 trial underwent observation only and did not receive a placebo.

Abbreviations: DFS, disease-free survival; OS, overall survival; CI, confidence interval; HR, hazard ratio.

patients had undergone randomization. The primary endpoint in this study was DFS in the dose-adjusted (600mg) group versus placebo; secondary outcomes included DFS with the initial 800mg dosing and safety. No statistically significant difference was seen with regard to the primary endpoint of DFS in patients randomized to receive the 600mg dose of pazopanib. Secondary analyses of patients randomized to pazopanib 800mg (HR 0.69; 95% CI 0.51–0.94; p = 0.02) and of all patients randomized to receive pazopanib (HR 0.80, 95% CI 0.68–0.95, p = 0.01) did demonstrate DFS benefit.

The ARISER trial diverged from the VEGFR-TKI class of adjuvant chemotherapy in its investigation of girentuximab, a monoclonal antibody to carbonic anhydrase IX (CA-IX).²⁰ CA-IX is a cell surface glycoprotein that demonstrates low expression in normal tissues but is highly expressed in clear cell RCC, therefore making it a potential target for therapy. A total of 864 patients with high-risk RCC were randomized to receive either girentuximab or placebo. No

statistically significant differences in the primary endpoints of DFS or OS were seen. Median DFS in patients receiving girentuximab was 71.4 months and was not reached in the placebo group (HR 0.97, 95% CI 0.79–1.18). Median OS was not reached in either the intervention or placebo arm (HR 0.99, 95% CI 0.74–1.32). Exploratory analysis of carbonic anhydrase IX (CAIX) expression and correlation with treatment response demonstrated mild DFS improvements in some subgroups, namely younger patients, those with lower grade disease, and those with good performance status.

Axitinib was investigated in the ATLAS trial as adjuvant therapy for patients with high-risk RCC.²¹ A total of 724 patients were randomized to either axitinib or placebo, with a primary endpoint of DFS based on an independent review committee. An interim analysis was planned after 203 DFS events, at which time no statistically significant difference in DFS was seen (HR 0.870, 95% CI 0.660–1.147; $p = 0.3211$); the study was terminated at that time due to futility. In a subgroup analysis of the highest risk patients, a statistically significant DFS benefit was seen on investigator analysis (HR 0.641, 95% CI 0.468–0.879, $p = 0.0051$) but not independent review committee analysis (HR 0.735, 95% CI 0.525–1.028, $p = 0.0704$).

Data from the SORCE trial was published in 2020.²² This study examined the use of adjuvant sorafenib in patients with RCC at intermediate and high risk of recurrence; approximately half of the patients were categorized as high risk. The primary outcome was DFS. A total of 1711 patients were included in the study and were randomized to receive either sorafenib or placebo. Patients assigned to the treatment arm were initially given sorafenib 400mg twice daily, but this dosage was later adjusted to 400mg once daily given unexpectedly high rates of patient intolerance. Patients who tolerated three weeks of the reduced dose could be re-escalated to the 400mg twice daily dosing at the discretion of the treating provider. No differences were found in DFS between the intervention and placebo groups, both overall and within the high risk-only subgroup (high-risk patients receiving 1 year of sorafenib: HR 1.02, 95% CI 0.80–1.30, $p = 0.875$; high-risk patients receiving 3 years of sorafenib: HR 0.92, 95% CI 0.72–1.17, $p = 0.49$).

The EVEREST trial randomized 1545 patients who underwent nephrectomy for RCC at intermediate-high or very-high risk of recurrence to everolimus or placebo.²³ The primary endpoint in this trial focused on DFS, with secondary outcomes evaluating OS and adverse events. When compared to placebo, DFS in patients receiving everolimus carried an HR of 0.85 (95% CI 0.72–1.00; $p = 0.0246$); the pre-specified level of significance was given as 0.022. A statistically significant improvement in DFS was seen in patients receiving everolimus who had a very high risk of recurrence (HR 0.79, 95% CI 0.65–0.97; $p = 0.011$). This improvement was not seen in patients at intermediate-high risk of recurrence.

The KEYNOTE-564 trial randomized 994 patients to receive either pembrolizumab or placebo after nephrectomy.²⁴ To meet inclusion criteria, patients must have had intermediate-high or high risk of recurrence; patients with complete resection of soft tissue metastases (M1 with no evidence of disease after resection) were also included. The primary outcome assessed was DFS; OS was analyzed as a secondary outcome. After 24 months, patients randomized to receive pembrolizumab did experience a significant increase in DFS; 77.3% of patients receiving pembrolizumab remained disease-free, compared to 68.1% of patients receiving the placebo (HR 0.68, 95% CI 0.53–0.87; $p = 0.0010$). Subsequent 30-month follow-up data continued to demonstrate a DFS benefit (HR 0.63, 95% CI 0.50–0.80; $p < 0.0001$). OS data is still maturing.²⁵

The IMmotion010 trial evaluated adjuvant atezolizumab compared to placebo following nephrectomy with or without metastasectomy for patients with RCC and an increased risk of recurrence.²⁶ The primary endpoint was DFS in the intention to treat (ITT) population, based on investigator determination. Secondary endpoints included OS, DFS based on independent reviewer determination, DFS in patients with higher PD-L1 expression ($\geq 1\%$), event-free survival, disease-specific survival, distant metastasis-free survival, and DFS assessed at years one, two, and three. A total of 778 patients were randomized, with 390 assigned to receive atezolizumab and 388 assigned to receive placebo. After a median follow-up of 44.7 months, median DFS was similar between patients receiving atezolizumab (57.2 months; 95% CI 44.6 – not evaluable) and those receiving placebo (49.5 months; 95% CI 47.4 – not evaluable; HR 0.93, 95% CI 0.75–1.15, $p = 0.50$). Secondary outcomes also did not differ between the two groups.

A recent abstract reported results of the as-yet unpublished CheckMate 914 trial, which randomized patients with high-risk localized RCC across two arms.²⁷ One group of patients was randomized to receive either nivolumab plus ipilimumab or placebo, while the other was randomized to receive nivolumab alone, nivolumab plus ipilimumab, or placebo. The primary endpoint was independent reviewer-assessed DFS, with OS and safety analyses comprising the

secondary endpoints. Only results from the combination therapy arm of the trial have been reported. A total of 816 patients were randomized to receive either nivolumab plus ipilimumab (n = 405) or placebo (n = 411). The primary outcome was not reached; median DFS with nivolumab plus ipilimumab was not reached, and with placebo was 50.7 months (HR 0.92, 95% CI 0.71–1.19, p = 0.5347).

The PROSPER/ECOG-ACRIN EA8143 trial took a slightly different approach.²⁸ In this trial, 819 patients with high-risk RCC were randomized. Those randomized to the intervention group (n = 404) received one dose of pre-operative (neoadjuvant) nivolumab, as well as nine doses of adjuvant nivolumab following nephrectomy; patients randomized to the control group (n = 415) underwent observation only and did not receive a placebo. The primary outcome was DFS, with outcomes for DFS for clear-cell RCC, OS, and quality of life metrics comprising secondary endpoints. Median DFS was not reached and was not statistically significantly different between the intervention and control groups (HR 0.97; 95% CI 0.74–1.28, p = 0.43). OS outcomes also did not differ between groups. Future subgroup analyses are planned.

Several trials remain ongoing and without reported data. The RAMPART trial (Renal Adjuvant MultiPle Arm Randomized Trial; clinicaltrials.gov ID NCT03288532) is a phase III randomized controlled trial in which patients with RCC at intermediate and high risk of recurrence are randomized to receive adjuvant durvalumab alone, adjuvant durvalumab plus tremelimumab, or active monitoring.²⁹ Primary outcomes are DFS and OS; secondary outcomes include metastasis-free survival and disease-specific survival. Target enrollment is 1750 patients, with primary study completion expected in 2024.

The MK-6482-022/LITESPARK-022 trial (clinicaltrials.gov ID NCT05239728) is another phase III randomized controlled trial that is also ongoing. In this trial, patients with intermediate-high risk or high-risk localized RCC, or patients with M1 pathology with no evidence of disease following resection, are randomized to receive either adjuvant belzutifan plus pembrolizumab or placebo plus pembrolizumab.³⁰ There is no group of patients assigned to only receive placebo or active monitoring. The primary outcome is DFS. Their protocol specifies nine secondary outcomes, including OS, safety/adverse event data, quality of life and symptom metrics and further data on recurrence patterns. Target enrollment is 1600 patients, and primary study completion is expected in 2027.

Adverse Events in Adjuvant Systemic Therapy Trials

Adverse events (AEs) with an incidence of least 10% in safety populations are summarized in Table 2. In general, most interventions were poorly tolerated. In the ASSURE,¹⁵ PROTECT,¹⁹ and SORCE²² trials, discontinuation related to excess drug toxicity was present to a large enough degree that the trial protocols were amended to decrease dosing. Hand-foot syndrome and hypertension were common adverse events in anti-VEGFR TKIs (sunitinib, sorafenib, pazopanib, axitinib). Data indicate that patients tolerated girentuximab²⁰ better than the anti-VEGFR TKIs, however it was not effective in improving disease-free or overall survival. The sole immunotherapeutic agent with positive data, pembrolizumab, appears to have been better tolerated than the anti-VEGFR TKIs as well, as patients experienced adverse events \geq grade 3 less frequently. Nonetheless, 21% of patients in the safety analysis discontinued pembrolizumab due to an adverse event, indicating a continued need for therapies that are tolerable in addition to being effective.²⁴

Adjuvant Therapy in Other Domains

Trials for adjuvant therapy in RCC have been predominantly negative to date. There are several theories as to why this might be the case. RCC might recur following what was considered to be complete surgical resection as a result of microscopic residual or micrometastatic disease. TKIs and immunotherapies do not specifically target cancer cells. Instead, their effectiveness is predicated on disruption of tumor neovasculature and immune system activation, respectively, making microscopic disease an ineffective target for such therapies.

Nonetheless, despite the lack of efficacy in the majority of trials investigating adjuvant therapy for RCC, adjuvant therapy has proven effective in improving outcomes in other neoplastic processes. For example, adjuvant therapy is often given to patients following surgery for breast cancer to reduce recurrence and improve survival.³¹ Hormone therapies (eg tamoxifen),^{32,33} chemotherapies (eg anthracycline, docetaxel/paclitaxel, cyclophosphamide),^{34–36} and targeted therapies (eg trastuzumab, pertuzumab)^{37–39} have all demonstrated both DFS and OS benefits when given in the adjuvant setting. Though breast cancer certainly represents a fundamentally unique disease process compared to RCC, DFS and OS

Table 2 Summary of Adverse Events in Major Randomized Controlled Trials Evaluating Adjuvant Therapy for High-Risk Renal Cell Carcinoma

| Trial | Study Drug | Adverse Events \geq Grade 3 in at Least 10% of Patients | # Dropouts Due to Adverse Event | Trial Design Amended Due to Early Toxicity? |
|---|---------------------------|--|---|---|
| ASSURE ¹⁵ | Sunitinib | Fatigue (18%) Hypertension (17%) Hand-foot syndrome (15%) | 124/625 (20%) | Yes |
| | Sorafenib | Hand-foot syndrome (33%) Hypertension (16%) Rash/desquamation (15%) | 128/628 (20%) | Yes |
| S-TRAC ¹⁷ | Sunitinib | Hand-foot syndrome (16%) | 86/306 (28%) | No |
| PROTECT ¹⁹ | Pazopanib | Hypertension (25%) Elevated ALT (16%) | 800mg dose: 77/198 (39%) 600mg dose: 201/568 (35%) | Yes |
| ARISER ²⁰ | Girentuximab | 51/431 (12%) had any \geq Grade 3 AE; individual \geq Grade 3 AEs not reported | 7/431 (2%) | No |
| ATLAS ²¹ | Axitinib | 61% had \geq Grade 3 AE; individual \geq Grade 3 AEs not reported | 19% ^a | No |
| SORCE ²² | Sorafenib 1 year | Hand-foot syndrome (24%) Hypertension (26%) | 30% ^a | Yes |
| | Sorafenib 3 years | Hand-foot syndrome (24%) Hypertension (24%) | 34% ^a | |
| KEYNOTE-564 ²⁴ | Pembrolizumab | None | 101/488 (21%) | No |
| EVEREST ²³ | Everolimus | Mucositis (14%) Hypertriglyceridemia (11%) | 37%* | No |
| IMmotion010 ²⁶ | Atezolizumab | None | 12% | No |
| CheckMate 914 ²⁷ | Nivolumab plus ipilimumab | 28.5% had \geq Grade 3 AE; individual \geq Grade 3 AEs not reported | 29% | No |
| PROSPER/ECOG-ACRIN EA8143 ²⁸ | Perioperative nivolumab | None | Not reported | No |

Note: ^aNumber of patients included in safety analysis not listed.

Abbreviation: AE, adverse event.

benefits seen with adjuvant therapies in breast cancer remain an encouraging reminder that success may be possible for RCC as well.

Radiation as Adjuvant Therapy for Patients with High-Risk RCC

Rationale for Adjuvant Radiation in RCC: Emerging Data for Primary Treatment of Clinically Localized RCC

Radiation alone for the management of nonmetastatic RCC has been historically limited due to its insensitivity to traditional doses of radiotherapy (4 Gy).⁴⁰ However, contemporary trials evaluating the role of stereotactic body radiation therapy (SBRT) [also referred to as stereotactic ablative radiotherapy (SABR)] for precise, ablative management of primary RCC have challenged this notion in select populations. SBRT delivers a high dose (20 to 40 Gy) of radiation at a single focus while limiting the dose to surrounding organs with a less invasive approach than traditional ablation.^{41,42}

RCC can pose a risk of both local and systemic recurrence following local surgical resection. The rate of local recurrence compared to systemic recurrence is comparatively low (ranging from 2% to 6%); however, this may vary with tumor pathology, local vessel involvement, and genetic predisposition.^{43,44} Among those with locoregional recurrence, overall survival is poor.⁴⁵ Therefore, early identification and appropriate selection of patients, particularly those with complex tumor pathology or local extension, is essential for assessing the utility of local radiation for RCC.

Over the last decade, studies have demonstrated that surgical extirpation and ablative therapy (cryotherapy, radio-frequency ablation [RFA], microwave thermotherapy) for low-risk, small (<3cm) lesions have comparable outcomes.^{46,47} In contrast to widely available ablative therapy modalities, SBRT has the potential to treat large (>4cm), complex endophytic tumors or local oligometastatic disease without high risk of fistula or stricture involving the collecting system and surrounding vasculature.^{48–50} Some retrospective studies suggest that SBRT compares well to thermal ablation for safety and efficacy, but there are limited trials to prospectively compare outcomes of RFA and SBRT.^{42,51} Across several trials, SBRT has promising benefit for patients with inoperable disease with high risk of functional sequelae (eg solitary kidney) or oligometastatic disease (Table 3).^{41,48,49,52,53}

Similar to ablative therapy, a major limitation of SBRT for the management of primary RCC is the missed opportunity to assess index lesions by histopathology, although renal mass biopsy and imaging modalities exist to predict and assess treatment response to SBRT.^{54,55} Additionally, though technology can be standardized across several institutions, expertise and equipment are costly and only available in select centers.

Table 3 SABR/SBRT for High-Risk/Morbidity RCC

| First Author | N | Inclusion Criteria/Primary Outcome | Experimental Design | Primary Outcome | Result |
|--------------------------|----|--|--|--|---|
| Correa ⁵² | 81 | Biopsy confirmed primary RCC of a single lesion within a solitary kidney | Retrospective | PFS, OS, and renal function | Progression-free, cancer specific and overall survival in the solitary cohort were 98.0%, 77.5%, 98.2% and 81.5%, respectively. No significant difference in renal function or oncologic outcomes between groups |
| Swaminath ¹⁴² | 28 | Patient-reported QoL after SBRT for primary kidney cancer. | Prospective | Repeated measures QOL 1 week, 1,3,6 month post-treatment | No significant reduction in any QoL metric |
| Margulis ¹⁴³ | 6 | Patients with RCC with IVC tumor thrombus | Prospective single-arm Phase I and 2 trial | Absence of grade 4 to 5 AEs within 90 days of RN-IVCT. | No grade 4 to 5 AEs. After a median follow-up of 24 months, all patients are alive. |
| Tetar ¹⁴⁴ | 36 | Patients treated with MRgRT on the MRIdian-system for primary RCC between 2016 and 2020 | Retrospective | OS and LC | LC and OS rates at 1 year were 95.2% and 91.2%. No grade ≥3 toxicity was reported. |
| Siva ¹⁴⁵ | 95 | Patients with larger (T1b, >4 cm) RCC not suitable for surgery. Patients with T1a tumors, M1 disease, and/or upper tract urothelial carcinoma were excluded. | Retrospective | Cancer specific survival (CSS), OS, and PFS | CSS, OS, and PFS were 96.1%, 83.7%, and 81.0% at 2 years and 91.4%, 69.2%, 64.9% at 4 years. |

(Continued)

Table 3 (Continued).

| First Author | N | Inclusion Criteria/Primary Outcome | Experimental Design | Primary Outcome | Result |
|------------------------|-----|--|------------------------------------|-------------------------------|--|
| Senger ¹⁴⁶ | 10 | Histology-confirmed clear cell RCC grade 1 or 2 with evidence of renal dysfunction | Retrospective | LC, and renal function | Persistent LC by robotic SABR in 9/10 patients (92.3% of lesions). Renal function stable with a mean eGFR of 51.3 ± 19.7 mL/min at baseline and 51.6 ± 25.8 mL/min at follow-up. |
| Grelier ¹⁴⁷ | 23 | Patients underwent SBRT for primary RCC | Retrospective | RFS, CSS, and OS | Local RFS, event-free survival, CSS, and OS were 96 (22/23), 74 (18/23), 96 (22/23) and 83% (19/23), respectively. |
| Grubb ¹⁴⁸ | 11 | Patients were required to have localized RCC and be poor surgical candidates due to medical comorbidities. | Prospective analysis, single arm | AE, LC | Three-year local control was 90%. Late grade 2+ and grade 3+ possibly treatment-related events occurred in 18.1% and 9.1%, respectively. |
| Siva ⁵¹ | 223 | Pooled multiinstitutional dataset receiving SABR in single or multifraction | Retrospective | LC, CSS, PFS at 2 and 4 years | The rates of LC, CSS, and PFS were 97.8%, 95.7%, and 77.4%, respectively, at 2 years; and they were 97.8%, 91.9%, and 65.4%, respectively, at 4 years. |
| Siva ⁵³ | 37 | Patients unsuitable for surgery/nephrectomy | Prospective, single arm | AEs, LC, OS | No grade 4–5 toxicities were recorded and six patients (18%) reported no toxicity. Local PFS, distant PFS, and OS at 2 years were 100%, 89% and 92%, respectively. |
| Siva ⁵⁹ | 30 | Patients with up to 2 lines of prior systemic therapy with 1–5 oligometastases from ccRCC | Prospective, single arm, phase I/2 | AEs, PFS, OS | There were no grade 4 or 5 AEs. Estimated 1- and 2-yr OS was 90% and 74%. PFS was 60% (1y) and 45% (2y). |

Abbreviations: RCC, renal cell carcinoma; QoL, quality of life; SBRT, stereotactic body radiation therapy; SABR, stereotactic ablative radiotherapy; PFS, progression free survival; OS, overall survival; LC, local control; RFS, recurrence free survival; CSS, cancer specific survival; eGFR, estimated glomerular filtration rate.

From a functional standpoint, SBRT also allows for renal parenchyma preservation even in the setting of a solitary kidney and surgically unresectable tumors.^{51,52,56} SBRT is a less invasive modality and may be more suitable for medically complex patients.^{48,51} Lastly, several emerging trials have evaluated the “abscopal effect” of RCC, referring to the phenomenon of distant response of metastatic sites after localized treatment. This can be partly explained by systemic introduction of non-oncogenic neoantigens after RCC cell death after precision, localized radiation. Based on this phenomenon and emerging biologic rationale, ongoing trials exist to evaluate the clinical efficacy and safety of SBRT on immune priming and induction with adjuvant chemotherapy for metastatic and oligometastatic RCC.^{57–62} Preliminary results investigating the role of SBRT in the treatment of primary RCC are hypothesis generating, and larger trials are eagerly awaited to tease out the role of this promising technology.

SBRT has not been studied in the isolated high-risk RCC or local recurrence setting. However, given that adjuvant therapy options are limited for patients with RCC at a high risk of recurrence, it may be reasonable to consider applying therapy that has shown initial promise in clinically localized disease to patients with locally advanced or locoregionally metastatic disease.

Considerations for Adjuvant Radiation for RCC

One objective of adjuvant radiation therapy is to eradicate viable oncogenic tissue following surgery for macroscopic disease, especially in those who are at high risk for recurrence or locoregional failure. Use of adjuvant radiation is a mainstay in breast cancer treatment; however, current trials studying the efficacy of adjuvant radiation for primary, nonmetastatic RCC have been limited and historically with negative results (Table 4).^{63,64} Furthermore, these historical trials do suggest that adjuvant radiation has demonstrated variable tumor response with relative toxicity including bowel stenosis, possible liver injury, and bleeding.^{64,65} More contemporary trials have shown improved safety and efficacy profiles for adjuvant radiotherapy.⁶⁶

Table 4 Adjuvant Radiation Therapy for High-Risk RCC

| Study | Year | N | 5-Year OS (%) | | Regional Recurrence | | Adjuvant Radiation Toxicity |
|---------------------------|------|-----|-------------------|--------------------|--|--|--|
| | | | Nephrectomy Alone | Adjuvant Radiation | Nephrectomy Alone | Adjuvant Radiation | |
| Finney ⁶⁵ | 1973 | 100 | 51 | 45 | – | RT did not influence the incidence of local recurrence or distant metastases. | Evidence of liver damage in right-sided lesions irradiated as shown from biochemical liver function tests and isotope scans. |
| Kjaer ¹⁴⁹ | 1978 | 65 | 62 | 38 | – | Recurrence in 43% during the follow-up without difference between the two groups. | Significant complications from stomach, duodenum or liver; median 5 mo., range 1–44 mo. after RT. |
| Stein ¹⁵⁰ | 1992 | 119 | 40 | 50 | Recurrence in T ₂ N ₀ M ₀ disease was 2/28; T ₃ N ₀ M ₀ was 11/30 ^a ; and T ₄ N ₀ M ₀ was 1/2. | Recurrence in T ₂ N ₀ M ₀ disease was 0/17; in T ₃ N ₀ M ₀ was 4/37 ^a ; and T ₄ N ₀ M ₀ was 1/5. | Significant complication in three (5%) patients undergoing RT. |
| Kao ¹⁵¹ | 1994 | 24 | 62 | 75 | The 5-year actuarial local failure rate 30% ^a ; DFS 62% ^a . | No patients who received RT after nephrectomy had locoregional recurrence ^a ; 5 year DFS 75% ^a . | No chronic complications resulted from RT. |
| Makarewicz ¹⁵² | 1998 | 186 | 38 | 30 | Local failure in T3N0 15.8%; T3N(+) 33.3%; T4N0 33.3%; T4N(+) 33.3%. | Local failure in T3N0 8.8%, T3N(+) was 33.3%, T4N0 was 33.3%, T4N(+) was 25.0%. The median time to local recurrence (27.0 vs 21.0 months) or distant metastases (16.0 vs 12.5 months) was improved with adjuvant RT compared to without ^a . | – |
| Ulutin ⁶⁶ | 2006 | 40 | 20 | 70 | 5-year DFS 16% ^a . | 5-year DFS 66% ^a . | – |

Note: ^aDenotes statistically significant difference.

Abbreviations: DFS, disease-free survival; RT, radiation therapy.

More recent therapies have demonstrated reduced risk for toxicity.⁶⁷ Additionally, in a meta-analysis of 12 clinical studies encompassing 1624 patients undergoing radical nephrectomy, there was some evidence that adjuvant radiation could reduce locoregional recurrence rates. Notably, however, there was no OS or PFS advantage conferred by adjuvant radiation.⁶⁷ Patients selected for radical nephrectomy can be associated with higher disease burden or higher tumor complexity, which can confound the survival results. Use of radiation following partial nephrectomy for microscopic disease poses an anatomic challenge and higher theoretical risk for complications. Adjuvant radiation can potentially increase likelihood for a negative surgical margin in those with high risk of recurrence. However, unlike systemic therapy, in appropriately selected patients and with ideal conditions, radiation can be further modified based on the size of the field and radiation dose.^{68,69}

Other Frontiers

Systemic Therapies

Sunitinib (based on data from S-TRAC¹⁷) and pembrolizumab (based on data from KEYNOTE-564²⁴) are the only systemic agents that are currently FDA-approved for adjuvant use in RCC. Despite approval of sunitinib based on the DFS benefit seen in S-TRAC, results were not reproducible in subsequent studies. Furthermore, the adverse event profile of sunitinib is substantial, with nearly 30% of patients withdrawing from the study due to a drug-related adverse event. It is therefore difficult to justify adjuvant treatment with sunitinib in the absence of measurable disease given an unfavorable risk/benefit ratio. Additional effective agents are clearly needed in this space.

Many of the recent attempts to utilize adjuvant therapy to improve outcomes in localized RCC at high risk of recurrence are predicated on treatment strategies that are effective in metastatic RCC (mRCC). Trials assessing the adjuvant use of axitinib,^{21,70,71} pazopanib,^{19,72–74} sunitinib,^{15,17,75,76} sorafenib,^{15,77–79} everolimus,^{23,80,81} pembrolizumab,^{24,72–74} nivolumab alone,^{28,82,83} and nivolumab plus ipilimumab^{27,84,85} are reviewed in this paper; all are included in the National Comprehensive Cancer Network guidelines on mRCC based on the support of clinical trial data.⁸⁶ High-dose IL-2, which is not covered in this paper, is also included as “useful in certain circumstances” for patients with mRCC,^{87–89} and was found in a phase III trial to be unhelpful in the adjuvant setting for patients with high-risk RCC.⁹⁰

There remain a number of guideline-directed agents utilized for mRCC that have not yet been studied in the adjuvant setting for patients with locally or regionally advanced RCC at high risk of recurrence.⁸⁶ Some of these regimens include single agents, such as cabozantinib,^{91–95} temsirolimus,⁹⁶ tivozanib,^{97,98} bevacizumab,⁹⁹ and belzutifan (phase III trial is ongoing).^{30,100,101} Furthermore, a number of combined agent regimens have proven beneficial in mRCC, without trials to either support or contraindicate their adjuvant use in patients with high-risk RCC. The combined regimens of axitinib plus pembrolizumab,^{102,103} cabozantinib plus nivolumab,¹⁰⁴ lenvatinib plus pembrolizumab,¹⁰⁵ axitinib plus avelumab,^{106–108} and lenvatinib plus everolimus^{109,110} have all been shown to improve outcomes in patients with mRCC and could conceivably be evaluated in trials in the adjuvant setting for patients with high-risk RCC.

There are additional potential avenues for intervention that could improve recurrence and survival rates in patients with localized RCC at high risk of recurrence. Although not typically offered to patients with resectable disease, neoadjuvant therapy has proven helpful in some aggressive tumors, including enabling nephrectomy in previously unresectable masses, or facilitating nephron-sparing surgery in patients who would previously have only been candidates for a radical nephrectomy.¹¹¹

It is also possible that therapies that have failed to demonstrate recurrence or survival benefits in large populations may in fact yield some benefit for certain subsets of patients. In the ATLAS trial comparing axitinib to placebo, despite not meeting the primary DFS endpoint, those patients with the highest risk disease (pT3 with Fuhrman Grade ≥ 3 or pT4 and/or N+/any T/any Fuhrman Grade disease) did demonstrate DFS benefit on investigator review.²¹

In an exploratory analysis from the S-TRAC trial, single nucleotide polymorphisms (SNPs) were evaluated in 10 genes associated with RCC tumorigenesis. In this analysis, the investigators identified three SNPs that demonstrated improvements in DFS for patients receiving sunitinib compared to placebo.¹¹² If DNA differences on a tumor level are able to help predict responses to adjuvant therapy, patients who may benefit from such therapies could be offered treatment while sparing the likely non-responders from the potentially harmful adverse effects.

Advanced Imaging for RCC

Locally and regionally advanced RCC may recur due to thus-far undetectable disease that is not eradicated at the time of resection. Therefore, an inability to detect early recurrence or metastases could confer poorer outcomes if there is a resultant delay in systemic treatment. The development of advanced imaging modalities may enable enhanced detection of primary or metastatic disease to facilitate more complete extirpation, earlier detection of metastatic disease, and/or help to better select patients for adjuvant therapy.¹¹³ A number of molecular imaging strategies have been employed to leverage the unique metabolic processes inherent to the tumorigenesis of RCC in attempts to more accurately image the disease.

Since 1986, carbonic anhydrase IX (CA-IX) has been a target of molecular imaging.^{114–116} PET utilizing CA-IX has demonstrated improved sensitivity and specificity over contrast-enhanced CT scan for the detection of clear cell RCC.^{117–119}

In addition to being a target for treatment, VEGF and the VEGF receptor have also been used as targets in molecular imaging.^{113,120} It has thus far been used to monitor tumor response to various agents in clinical trials.^{121,122}

PSMA has gained traction for its use in prostate cancer but is expressed in RCC as well.^{113,123} PSMA PET/CT has been found to have increased sensitivity compared to conventional imaging in the detection of RCC.¹²⁴ Its role may be in the detection of the primary RCC focus rather than the detection of metastatic disease,^{125–127} or to assess response to TKIs or immunotherapy.¹²⁸

Immune checkpoint inhibitors (ICIs) are being utilized in the treatment of mRCC and are actively being studied to assess their role in the adjuvant setting for patients with high-risk RCC. Although results have demonstrated some promise, not all patients respond to these agents.¹¹³ Targeted imaging in this space could help predict response to ICI use and facilitate improved patient selection for treatment.¹²⁹

Finally, targeting differences in the metabolic pathways of RCC cells as compared to healthy tissue has also been explored. ¹⁸F-FLT, ¹¹C-acetate, ¹¹C/¹⁸F-labeled choline, ¹¹C-methionine, and ¹⁸F-(2S,4R)4-fluoroglutamine have each been used or studied in this regard.¹¹³

Molecular Biomarkers for RCC

In addition to advanced imaging modalities, the use of biomarkers could help identify patients who may be at risk of recurrence or progression of RCC. Various possible biomarkers have been identified; these include microRNAs (miRNA)s;¹³⁰ promoter methylation of certain genes (methylation of PCDH17 and NEFH);¹³¹ DNA deamination (APOBEC3B expression);¹³² chemokine receptors (CCR8 expression);¹³³ markers within the mTOR pathway (p-4E-BP1 expression);¹³⁴ cancer stem cells (OCT4 and NANOG expression);¹³⁵ metalloenzymes (superoxide dismutase 2 expression);¹³⁶ and cell cycle regulation proteins (activity of CDK1 and CDK2),¹³⁷ along with many others.^{138–140} Multiple-gene panels have also been identified that positively correlate with both survival and recurrence metrics (ClearCode 34).¹⁴¹ These biomarkers could augment current nomograms to help identify patients at increased risk of recurrence and could even potentially represent future targeted therapy. Translation to clinical practice is eagerly anticipated.

Conclusions

Many patients with localized RCC will have recurrence of their disease after partial or radical nephrectomy. While some trials analyzing adjuvant systemic therapy following nephrectomy for patients with RCC have shown improvements in disease-free survival, this has not translated into an overall survival benefit. Radiation therapy, targeted therapy using population subgroups or tumor-level genetic differences, and ongoing trials examining other systemic therapies or combinations thereof represent possible interventions that may confer future recurrence and survival benefits in this space.

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