

Resource Oriented Decision Making for Treatment of Metastatic Colorectal Cancer (mCRC) in a Lower-Middle Income Country: Egyptian Foundation of Medical Sciences (EFMS) Consensus Recommendations 2020

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Purpose: Colorectal cancer (CRC) is the third most commonly diagnosed cancer worldwide and the second cause of cancer related mortality. Treatment options for patients with metastatic CRC (mCRC) expanded during the last two decades, with introduction of new chemotherapeutic and targeted agents. Egypt is a lower middle-income country; Egyptian health care system is fragmented with wide diversity in drug availability and reimbursement policies across different health care providing facilities. We report the results of consensus recommendations for treatment of patients with metastatic colorectal cancer developed by Egyptian Foundation of Medical Sciences (EFMS), aiming to harmonize clinical practice through structured expert consensus-based recommendations consistent with the national status. EFMS recommendations could be utilized in other countries with similar economic status.

Methods: EFMS recommendations were developed using a modified Delphi process, with three rounds of voting till the final recommendations were approved. A non-systematic review of literature was conducted before generating the provisional statements. Content experts were asked to vote on some recommendations in two different resource groups (restricted resources and non-restricted resources). External review board of experts from a low income and lower-middle countries voted on the applicability of EFMS recommendations in their countries.

Results: The current recommendations highlighted the discrepancy in health care between restricted and non-restricted resources with expected survival loss and quality of life deterioration. Access to targeted agents in first line is very limited in governmental institutions, and no access to agents approved for third line in patients who failed oxaliplatin and irinotecan containing regimens for patients treated in restricted resource settings.

Conclusion: Management of mCRC in developing countries is a challenge. The currently available resource-stratified guidelines developed by international cancer societies represent a valuable decision-making tool, adaptation to national status in each country based on healthcare system status is required.

Keywords: colorectal cancer CRC, consensus recommendations, metastatic CRC, management in a lower-middle income country

Introduction

Colorectal cancer (CRC) is the third most commonly diagnosed cancer worldwide, accounting for 9.2% of cancer-related deaths.¹ About 30% of patients present with metastatic disease at diagnosis, and around 50% of patients will relapse after potentially curative treatment.^{2,3} Colorectal cancer is the sixth most common cancer in Egypt,⁴ around 40% of patients diagnosed below 45 years old.⁵

The median overall survival (OS) for mCRC patients significantly improved with the addition of irinotecan or oxaliplatin to fluoropyrimidine (5FU) chemotherapy backbone.^{6,7} Patients currently are treated within a “continuum of care model” with sequential exposure to various agents including epidermal growth factor receptors inhibitors (Anti-EGFR), vascular endothelial growth factor inhibitors (Anti-VEGF), immunotherapy and targeted therapies. An incremental increase in median overall survival (OS) with sequential use of active agents reaching around 30 months compared to 11 months with 5FU alone.^{8–10}

Access to approved treatment options and modalities is variable among different countries and within the same country.^{11–14} International oncology societies developed resource stratified clinical practice guidelines for mCRC,^{11,15} and regional adaptation of international guidelines.¹⁶ National guidelines for each country adjusted according to its health system and policies were also developed.^{17,18} Even with the guideline recommendations developed for limited resource countries, a gap between guidelines and everyday practice is usually noted.¹⁹ Practicing physicians in low and lower-middle income countries usually face clinical questions that require further modification of resource stratified guidelines.¹⁴

Egypt is a lower middle-income country according to the World Bank ranking.²⁰ The Egyptian healthcare system has a very complex structure, with governmental and non-governmental institutions providing healthcare services to cancer patients. A wide diversity in drug availability, reimbursement policies and access to health care facilities²¹ makes decision making difficult,²² the majority of institutions do not completely fit in the definitions of basic or limited resources provided by international guidelines.

Herein, the results of consensus recommendations for the treatment of patients with metastatic colorectal cancer developed by the Egyptian foundation of medical sciences (EFMS) are reported. The main objective is to offer resource-oriented guidance for physicians working in Egypt treating patients with mCRC. Aiming to improve quality of care and unification of clinical decisions through structured expert consensus-based recommendations tailored according to the national status, reduce variability in cancer care, clarify evidence gaps and identify research needs. We explored the possibility of dissemination and the applicability of EFMS recommendations in countries within the same income group as Egypt (Tunisia²³ and Morocco²⁴) as well as in a low income country (Sudan).²⁵

Materials and Methods

EFMS task force was formed in June 2019. A literature review was conducted between June 2019 and September 2019, Clinical practice guidelines published by scientific societies as well as practice-changing clinical trials reports were retrieved. Survey (1) questions and statements were generated covering four main sectors of recommendation: general principles guiding management of mCRC, local interventions in patients with metastatic disease including surgery, Initial Systemic chemotherapy for metastatic colorectal cancer, second-line treatment, and beyond. The task force selected the content expert panel members based on their publications or their leadership of GIT malignancies specialized units. The expert panel included 12 medical/clinical oncologists, 3 oncology surgeons, and 3 radio-diagnosis and interventional radiology experts. The panel represents various institutions and clinical practice settings, including university hospitals, specialized cancer centers and governmental health insurance facilities in different geographical areas.

On 20th September 2019, an in-person launching meeting with the content expert panel members was held. During the meeting, the panels endorsed the scope of the recommendations, approved the voting formats and questions, agreed on the deadlines, and launched the process.

A modified Delphi consensus development process was used to collect expert opinions.²⁶ In Survey (1), expert panel members were asked to give their feedback, comments, and references supporting their point of view on each proposed

statement. Feedback was collected via email in January 2020. EFMS task force used the feedback on the survey (1) to formulate provisional statement recommendations of survey (2).

Survey (2) was circulated to the content expert members in April 2020 via email. The expert panel members were asked to give their feedback on a Likert scale from 1 to 5 based on their level of agreement with the recommendation as well as the clarity of recommendation (1=Strongly disagree, 2=Disagree, 3=neither agree nor disagree, 4=Agree and 5=strongly agree). Experts were asked to re-write unclear recommendations and give a reference supporting the feedback in case of disagreement or agreement with reservation. Survey (2) results were collected in August 2020. New data emerged in the duration between Survey (1) and the final voting, experts were asked to give their opinion including new data to the consensus recommendations and put it into the final voting process.

EFMS task force collected survey (2) results and analyzed the feedback. The recommendation was considered a reached consensus if the mean level of agreement was ≥ 4.5 , near consensus 3–4.4, the recommendation was considered rejected if the mean level of agreement was ≤ 2.9 . During all surveys, experts were asked to vote on some recommendations in two different resource-oriented settings (restricted resources and non-restricted resources) as defined in the Table 1.

The final voting round was done by a virtual conference held on the 25th of December 2020, including 46 recommendations that did not reach consensus in the survey (2), recommendations required rephrasing with major modification or based on newly released data during 2020. During this meeting, experts discussed the final form of recommendations and voted on the same Likert chart used in the survey (2) to re-evaluate the recommendations and give their opinion.

The task force used ADAPTE methodology to classify recommendation statements into 3 main types according to concordance with existing guidelines.²² The final recommendations were developed with the level of agreement and type specified for each recommendation as well as the resource group where the recommendation could be adopted and applied (Tables 2–5). Definitions of levels of agreement and recommendation type are shown in Table 1.

Table 1 Resources Oriented Groups Definitions, Levels of Agreement and Types of Recommendations

Resource Oriented Groups of Recommendations	
General	Recommendations covering areas of management that should be applied and adopted in any practice setting (in restricted and non-restricted resources).
Restricted resources	Recommendations representing the minimal level accepted for proper patient management, applied in clinical practice settings with limited budget with no fund or access to targeted therapy.
Non-restricted resources	Recommendations for patient management supported by acceptable evidence with no economic considerations, applied in private sector, high insurance coverage or clinical practice settings with unlimited re-imburement policies. Access to most or all treatment options.
Levels of agreement	
I	The mean level of agreement ≥ 4.5 among content expert panel participants. (Strongly recommended).
II	The mean level of agreement is between 4.4 and 3.5 among content expert panel participants (Generally recommended).
III	The mean level of agreement is between 3 and 3.4 among content expert panel participants OR mean level of agreement ≥ 3.5 with reservations (recommended in specific situations).
Type of recommendation	
A	Adopt recommendations from existing guidelines without modification (ASCO, ESMO and NCCN guidelines for treatment of cancer by site).
B	Modified recommendations from existing guidelines or adopted from resource stratified guidelines (ASCO resource stratified guidelines, NCCN framework for core, basic and enhanced resources).
C	Consensus based recommendations based on expert opinion OR earlier publications OR study design other than RCTs / systematic reviews OR studies recently published and not included yet in the existing guidelines.

Table 2 Sector I: Consensus Recommendation Statements on General Principles Guiding the Management of mCRC

Recommendation I.1: Factors Guiding Treatment Strategy Planning		Level of Agreement	Type of Recommendations
1.1.1	For effective treatment strategy planning, all the following factors should be taken into consideration (ranked according to importance): patient's fitness for treatment, anatomical features and extent of disease, biological profile of the tumor, expected treatment toxicity, drug availability and infrastructure in the treating facility.	I	A
1.1.2	Treatment should be initiated after diagnosis of metastatic disease regardless of severity of symptoms or disease burden.	I	A
1.1.3	Isolated CEA elevation with no radiological evidence of metastases is not an indication for treatment.	I	A
1.1.4	Patient with rising CEA should be put under close follow up with work-up and radiology.	I	A
Recommendation I.2: Determinants of Patient's Fitness to Treatment			
1.2.1	Age could be a factor to be considered in treatment planning, age by itself is not a contraindication for intensified treatment.	I	A
1.2.2	Comprehensive geriatric assessment (CGA) should be done before initiating systemic treatment in patients 65 years or older.	II	B
1.2.3	The following factors should be fulfilled to consider a patient fit for intensified treatment: <ul style="list-style-type: none"> • ECOG PS 0–I. • No uncontrolled comorbidities. • Psychologically willing to go for intensified treatment. 	I	B
1.2.4	One of the following factors is enough to consider the patient unfit for intensified therapy but should be treated with less intensified treatment: <ul style="list-style-type: none"> • ECOG PS II. • Major comorbidities (that may affect treatment outcome or enhance treatment related toxicity or aggravated by cancer treatment). • Risky social circumstances (living alone, long distance to nearest cancer center) 	I	B
1.2.5	Any of the following factors is enough to consider the patient unfit for systemic treatment who should only receive best supportive care (BSC). <ul style="list-style-type: none"> • ECOG PS III–IV. • End organ failure. • Life threatening comorbidities with life expectancy less than 6 months. 	II	B
Recommendations I.3: Anatomical Features and Extent of Disease			
1.3.1	Right sided tumors are defined as: tumors arising from ascending colon, transverse colon till splenic flexure.	I	A
1.3.2	Left sided tumors are defined as: tumors arising from descending colon, sigmoid colon as well as tumors of rectal primary.	I	A
1.3.3	Patients with solitary site metastatic involvement (including liver/lung and peritoneum) should be referred to a facility with MDT for assessment of resectability (if not available in the primary cancer care institute).	I	A
1.3.4	Patients with non-regional/distant lymph node, bone and brain metastases are not candidates for radical surgical intervention in general, only in selected cases.	II	B

(Continued)

Table 2 (Continued).

1.3.5	<ul style="list-style-type: none"> ● Oligometastatic disease is defined as: The existence of metastases at up to 2 or occasionally 3 sites and 5 or sometimes more lesions, predominantly visceral and occasionally lymphonodal. These are the primary, and other involved sites such as the liver, lung, peritoneum, nodes and ovary. 		I	A
Recommendation 1.4: Pathological and Molecular Features of the Tumor				
1.4.1	Adenocarcinoma with focal neuroendocrine differentiation, mucinous and signet ring tumors should be offered standard chemotherapy for adenocarcinoma (NOS).		I	A
1.4.2	Basic molecular biomarkers panel before defining treatment strategy should include only predictive biomarkers with known implications in treatment decision (according to treatment options approved for each line of treatment).		I	C
1.4.3	Tissues obtained from primary lesion or metastatic lesions could be used biomarker studies.		I	A
1.4.4	In absence of national data on the prevalence of DPD and UGT1A 1 deficiency, it should not be routinely tested.		I	C
Recommendation 1.5: Defining Treatment Intensity				
1.5.1	Restricted resources	Intensified treatment: Doublet (FOLFOX, XELOX, and FOLFIRI) or triplet (FOLFOXIRI) chemotherapy regimen.	I	B
1.5.2		Less intensified treatment options: Monotherapy with fluoropyrimidines (degramont /capecitabine), or a reduced dose doublet (FOLFOX /FOLFIRI)	II	B
1.5.3	Non-restricted resources	Intensified treatment: Doublet (FOLFOX, XELOX, FOLFIRI) or triplet (FOLFOXIRI) chemotherapy regimen +biological agents (anti-EGFR/anti-VEGF).	II	A
1.5.4		Less intensified treatment: Fluoropyrimidines with biologic agents (capecitabine/bevacizumab) or FOLFOX +panitumumab followed by panitumumab maintenance.	II	C

External review board with 3 experts representing a low-income country (Sudan) and lower-middle income countries (Morocco and Tunisia) were asked to assess the recommendations for applicability in their countries. Experts were asked to vote on the level of agreement with the recommendations using the same Likert scale previously utilized, applicability (applicable, not applicable, applicable in some centers) and the barriers preventing adaptation of the recommendations (budget/infrastructure/access).

The final manuscript was approved by all the panel members, target users review is planned after publication and dissemination of the recommendations. Feedback from stakeholders, decision-makers, and different institution representatives is encouraged to measure the applicability of the consensus-based recommendations in different healthcare facilities.

As per the Egyptian law of biomedical research, application to IRB is not requested as no human or animal subjects were included.

Results

Summary of the consensus recommendations with the level of agreement and type of recommendations are presented in Tables 2–5. Each sector is dedicated to answer a group of clinical questions covering a well-defined aspect of clinical practice. External review boards voting on applicability of recommendations for restricted resources are summarized in Table 6.

Table 3 Sector 2: Consensus Recommendation Statements on Local Interventions in Patients with mCRC and the Role of Systemic Chemotherapy Combined with Surgery

Recommendation 2.1: Factors Guiding Treatment Strategy Planning		Level of Agreement	Type of Recommendations
2.1.1	For Patients with Oligometastatic disease, local ablative or locoregional measures in addition to systemic treatment may improve treatment outcome and should be considered (taking in account the other biological and anatomical factors).	I	B
2.1.2	Patients with Oligometastatic disease with single site involvement (liver, lung and localized peritoneal disease) should be assessed by MDT including surgeons experienced in metastatectomy (organ specific surgery) to determine if the patient is resectable/potentially resectable before initiating systemic treatment.	I	A
2.1.3	Patients with multiple organ site affection or extensive single site metastases that are not candidates for surgery/local ablative interventions and should start systemic treatment.	I	A
2.1.4	If referral to a facility with MDT experienced in metastatectomy is not possible, attempt of resection should not be done and the patient should start systemic treatment till MDT referral become possible.	I	C
Recommendation 2.2: Factors Guiding Decision and Sequence of Treatment in Patients with Resectable Metastatic Colon Cancer			
2.2.1	Surgery should be the upfront treatment modality in patients with resectable metastases fulfilling the following criteria: <ul style="list-style-type: none"> • Meta-chronous metastatic disease. • Disease free survival more than one year after radical treatment and adjuvant therapy. 	II	B
2.2.2	Surgery should not be the upfront treatment offered to patients with resectable metastases with short DFS (less than 6 month) after adjuvant treatment.	II	C
2.2.3	Chemotherapy as a peri-operative treatment is preferred in patients with uncertain oncological outcome defined as patients with any of the following criteria: <ul style="list-style-type: none"> • Synchronous metastases at time of diagnosis. • BRAF mutation. 	III	B
Recommendation 2.3: Organ Specific Criteria for Surgical Resection			
2.3.1	Isolated liver metastases are considered resectable if they fulfilled the following criteria: <ul style="list-style-type: none"> - Less than four in number. - Largest is less than 5 cm in greatest dimension. - No extrahepatic disease. - Adequate remnant liver parenchyma. - Absence of IVC and hepatic veins confluence invasion. 	I	A
2.3.2	Isolated liver metastases are considered potentially resectable if they fulfilled the following criteria: <ul style="list-style-type: none"> - Presence of multiple or bilobar Mets with highly qualified center both radiologically and surgically to be able to anticipate the future liver reserve. 	I	B
2.3.3	Isolated lung metastases are considered resectable if they fulfilled the following criteria: <ul style="list-style-type: none"> - The ability to achieve a complete extirpation of intrathoracic disease without sacrificing excessive amounts of normal lung parenchyma. - Ensuring good cardiopulmonary fitness by testing pulmonary function and exercise tolerance. 	II	B
2.3.4	Isolated lung metastases are considered potentially resectable if they fulfilled the following criteria: <p>Same as in liver metastases, with highly qualified centers to ensure future pulmonary reserve.</p>	II	B

(Continued)

Table 3 (Continued).

2.3.5	Isolated peritoneal metastases are considered resectable if they fulfilled the following criteria: - Low PCI (Less than 6) - Completeness of cytoreduction (CC0) is potentially achievable - PS 0–I	I	A
2.3.6	Isolated peritoneal metastases are considered potentially resectable if they fulfilled the following criteria: - PCI (Less than 6–10) - PS 0–I	I	A
2.3.7	Based on updated results of PRODIGE 7 trial, HIPEC + cytoreduction surgery is not superior to cytoreduction alone and should not be performed.	II	B
2.3.8	Patients with extrahepatic disease could be submitted to hepatic metastatectomy in very selected cases.	II	C
2.3.9	Patients with oligometastatic disease with multiple site involvement should be treated primarily with chemotherapy.	I	B
2.3.10	There is no sufficient evidence on the proper time of surgical resection of primary tumor (on elective bases)	II	C
Recommendation 2.4: Local Ablative Measures			
2.4.1	Local ablative measures could be offered in addition to systemic treatment in patients with Oligometastatic disease and in patients achieving good response to chemotherapy.	I	A
2.4.2	SPRT plus chemotherapy (FOLFIRI) is an option in selected patients.	III	C
Recommendation 2.5. Systemic Treatment in Patients with Resectable Metastatic Patients			
2.5.1	The benefit of Perioperative chemotherapy is controversial in patients with good prognostic criteria; surgery should be the upfront treatment modality.	II	B
2.5.2	Adjuvant chemotherapy after R0 metastatectomy could be considered in patients with uncertain oncological outcome/poor oncological outcome, but not recommended in patients with good prognostic oncological criteria.	I	B
2.5.3	Perioperative chemotherapy is the preferred option in patients with uncertain prognostic criteria. FOLFOX or CAPOX for a total duration of 6 months are acceptable options as a perioperative treatment.	I	A
2.5.4	Adjuvant chemotherapy of choice (after R0 metastatectomy) is FOLFOX/XELOX for 6 months duration.	I	B
2.5.5	Even in non-restricted resources setting, the addition of Anti-EGFR or anti-VGFR to perioperative /adjuvant chemotherapy (after R0 metastatectomy) not recommended.	I	B
2.5.6	The recommendation of perioperative systemic chemotherapy applies to patients with liver/lung/ peritoneal metastases.	II	C
Recommendation 2.6: Systemic Chemotherapy for Potentially Resectable Metastatic Disease (Conversion Treatment)			
2.6.1	Choice of systemic conversion therapy is guided by tumor molecular profile. Patients could be classified into three main groups: 1) LT sided, RT sided, wild RAS/BRAF. 2) RAS mutant tumors. 3) BRAF mutants.	I	A

(Continued)

Table 3 (Continued).

2.6.2	The most effective doublet/triplet chemotherapy should be used.		I	A
2.6.3	FOLFOX/FOLFIRI are both valid options as conversion chemotherapy.		I	A
2.6.4	XELOX is not an acceptable backbone option to anti-EGFR based treatment.		I	A
2.6.5	Interval assessment for resectability every 8 weeks should be carried out.		I	A
2.6.6	After R0 resection, Anti-EGFR/Anti-VEGF should not be continued.		II	A
2.6.7	Total duration of chemotherapy should not exceed 6 months.		II	A
2.6.8	Restricted resources	In RAS/BRAF wild patients, Even in restricted budget setting, anti-EGFR should be added to doublets to improve chances of curable resection regardless of sidedness.	I	A
2.6.9	Restricted resources	If access to anti-EGFR is not possible, FOLFOXIRI is an acceptable treatment option.	I	C
2.6.10	Non-restricted resources	FOLFOXIRI triplet with anti-EGFR is a promising option but not a standard of care.	II	C
2.6.11	Non-restricted resources	For RT sided tumors: Anti-VEGF plus XELOX is an acceptable option as a conversion therapy, although not favorable.	III	B
2.6.12	Non-restricted resources	In BRAF mutant tumors: Anti-VEGF plus FOLFOXIRI is an acceptable treatment option as a conversion therapy in selected patients based on PS and comorbidities index.	II	C

Recommendations and Discussion

Sector (I): General Principles Guiding the Management of mCRC

This sector is dedicated to answer questions regarding the pivotal factors guiding treatment strategy planning and how to choose the proper treatment intensity for each patient. The first pivotal step in treatment strategy planning is evaluating patient fitness to treatment, by assessment of performance status using ECOG (Eastern cooperative oncology group) scale²⁷ and the overall health condition. No specific is age considered as an absolute contraindication for intensified chemotherapy. However, for patients above 65 (the median age of patients in most RCTs, range between 60–65), the panel recommends adopting the ASCO recommendation in using the CGA (comprehensive geriatric assessment) score for geriatric patients assessment.^{28,29} CGA score is a decision aiding tool used to evaluate multiple aspects of general health status in the elder population receiving chemotherapy, including comorbidities, risk of fall, and cognitive functions.

Based on the ECOG PS scale and CGA score, patients should be classified into three main categories: fit for intensified treatment, fit for less intensified treatment, and patients not fit for any active treatment that requires only best supportive care (Recommendations 1.2.3, 1.2.4, and 1.2.5; Table 2). Treatment in patients with chronic renal failure under regular hemodialysis as patients with end-organ failure was discussed, dose adjustment and modified hemodialysis schedules could be used.³⁰ The panel prefers decision-making case by case based on expected survival with careful monitoring of adverse events.³¹

The second step in decision-making is classifying patients according to tumor characteristics (tumor burden, primary tumor anatomical site, and molecular profile). Patients with Oligometastatic disease represent a special group with a low disease burden and potentially good prognosis. The panel acknowledges the complexity of decisions in patients with Oligometastatic disease due to heterogeneity of this group of patients as well as vague definition.³² We choose to adopt the ESMO definition of Oligometastatic disease³³ (Recommendation 1.3.5).

Table 4 Sector 3: Initial (First Line) Systemic Chemotherapy for Metastatic Colorectal Cancer, Resection is Not a Goal

Recommendation 3.1. Factors affecting decision making in initial treatment.				
3.1.1		Intensity of treatment should be defined according to fitness, symptomatology and the goal of treatment as stated in sector (I).	II	A
3.1.2		In case of a rapidly progressive symptomatic disease, the primary goal of treatment should be maximal tumor shrinkage.	II	A
3.1.3		In case of asymptomatic disease, the goal of treatment should be disease control with acceptable toxicity profile.	I	A
3.1.4		The most effective systemic combination chemotherapy should be used primarily regardless of symptoms or tumor burden.	I	A
3.1.5		All the following factors shall be considered before decision making (Ranked): 1. Fitness (PS and comorbidities as previously approved in section I). 2. Goal of treatment (tumor shrinkage or disease control). 3. Sidedness. 4. Basic molecular profile (as previously stated in section I). 5. Patient choice and motivation. 6. Expected toxicity.	I	C
3.1.6	restricted	The optimal basic molecular markers panel before treatment strategy <u>planning MUST</u> include: Extended RAS and BRAF V600.	II	B
3.1.7	Non-restricted.	The optimal basic molecular markers panel before treatment strategy <u>planning MUST</u> include: Extended RAS, BRAF V600 and MSI status.	II	B
3.1.8	Non-restricted.	Her2 testing is not recommended as a predictive marker for EGFR resistance.	II	B
3.1.9	General	Tissues obtained from primary lesion or metastatic lesions could be used for molecular testing.	I	A
3.1.10	General	Radiological assessment of response to treatment: Contrast enhanced CT, MRI with diffusion images and CEA if initially elevated every 8 to 12 weeks.	I	A
3.1.11	General	Increase in the metabolic activity with no evident radiological progression in PET/CT should not modify treatment decision.	I	B
Recommendation 3.2.systemic treatment in Fit patients, willing to receive intensified treatment.				
3.2.1	General	FOLFIRI, FOLFOX, XELOX and FOLFOXIRI are all valid options as first line treatment for metastatic disease.	I	A
3.2.2	General	Capecitabine combination with irinotecan (XELIRI/CAPIRI) is not recommended due to high incidence of toxicity and higher rates of treatment discontinuation compared to FOLFIRI.	III	A
3.2.3	General	In patients who relapsed after oxaliplatin containing adjuvant treatment, rechallenge with oxaliplatin could be considered after 12 months of the end of adjuvant chemotherapy.	I	A
3.2.4	Restricted resources.	Oxaliplatin could be withdrawn after 3 months of treatment in responding patients with low disease burden, reintroduced upon progression.	II	B
3.2.5	Restricted resources.	In selected cases with PS I and no comorbidities, FOLFOXIRI is an acceptable option if access to biological agents is not possible.	III	B
3.2.6	Restricted resources.	For most patients, maintenance therapy is preferred over a complete break especially in patients with large disease volume, good PS and no major adverse events.		
3.2.7	Restricted resources.	5FU or capecitabine single agents are acceptable maintenance options.	III	B

(Continued)

Table 4 (Continued).

3.2.8	Non-restricted resources.	Anti-EGFR use should be limited to patients with left sided (RAS/BRAF wild) tumors.	II	A
3.2.9	Non-restricted resources.	In patients with <u>LEFT SIDED</u> primary tumors, chemotherapy doublet +anti-EGFR are the preferred option.	I	A
3.2.10	Non-restricted.	Anti-EGFR with backbone chemotherapy including capecitabine or bolus 5FU is less effective compared to infusional 5FU based regimens and thus, not preferred.	II	A
3.2.11	Non restricted.	No special preference of one anti-EGFR over the other (cetuximab/panitumumab).	I	A
3.2.12	Non-restricted	In patients with <u>RIGHT SIDED</u> primary tumors and RAS mutated, chemotherapy doublet +anti-VEGF are the preferred option.	I	A
3.2.13	Non-restricted.	In BRAF mutant patients, FOLFOXIRI +bevacizumab is the preferred option in selected fit patients, doublet chemotherapy with bevacizumab is acceptable option.	II	A
3.2.14	Non-restricted.	Maintenance treatment should be a shared decision with the patient.	I	B
3.2.15	Non-restricted.	Cap/bev is the maintenance treatment of choice in patients who received CAPOX-bev as first line treatment.	I	A
3.2.16	Non-restricted.	Pembrolizumab single agent is an acceptable option in patients with MSI-H tumors.	II	C
Recommendation 3.3: systemic treatment in patients unfit for intensified treatment, fit for less intensified treatment.				
3.3.1	Restricted.	Capecitabine single agent /reduced dose FOLFOX /reduced dose FOLFIRI are acceptable options as mentioned in sector I.	I	B
3.3.2	Restricted.	Co-morbidities and ECOG PS are the main factor favoring capectibaine single agent over compination treatment.	I	C
3.3.3	Restricted.	For patients receiving capecitabine as a single agent, treatment should continue till disease progression or unacceptable toxicity.	I	A
3.3.4	Non-restricted.	Cap/beva is the treatment of choice regardless of tumor side or tumor molecular profile.	I	A
3.3.5	Non-restricted.	Panitumumab/5FU is also an acceptable option in patients RAS/BRAF wild left sided tumors.	II	C

Patients with solitary site metastases or Oligometastatic disease must be evaluated by MDT to classify mCRC patients according to resectability into resectable, potentially resectable or resection is not a goal.

The primary tumor site serves as a surrogate for the molecular profile of the tumor.³⁴ The panel agreed to adopt the definition of RT colon as the cecum, ascending, and transverse colon till splenic flexure.

The choice of the basic molecular markers panel should be guided by the resource group; only markers with known predictive roles should be requested. This recommendation applies to initial treatment and subsequent lines.

The third and final step is defining treatment intensity, the treatment decision should be resource oriented. The panel acknowledges that there is no clear cut-off point for defining acceptable or negligible clinical benefit with no cost-effectiveness studies available to guide decision making. The main factors used to differentiate between restricted and non-restricted resources are the availability of targeted agents and reimbursement policies for expensive drugs.

For patients treated in a restricted resources setting, chemotherapy doublets or triplets are considered intensified treatment. While in non-restricted resources, intensified treatment options include doublet or triplet plus targeted agents. In patients eligible for less intensified treatment, the panel chose to add FOLFIRI with reduced dose³⁵ to treatment options in restricted resources setting as well as single-agent capecitabine and modified dose FOLFOX. For the non-restricted resources, the panel considers adding 5FU/LV plus panitumumab followed by panitumumab maintenance in

Table 5 Sector 4: Systemic Treatment in Second Line and Beyond

Recommendation 4.1. General principles.			Level of agreement.	Type of recommendation.
4.1.1	General.	All patients with acceptable PS, adequate organ function with evident radiological progression should be considered for 2 nd line treatment.	I	A
4.1.2		Increase in the metabolic activity with no evident radiological progression in PET/CT should not modify treatment decision.	II	A
4.1.3		The main goals of treatment in patients receiving second line chemotherapy are to improve quality of life and prolong survival.	I	C
4.1.4		CEA elevation without evident radiological progression is not considered an indication for treatment.	I	C
4.1.5		The treatment choice in patients progressed after or while receiving FOLFOX is FOLFIRI and vice versa, no preferable sequence.	I	A
4.1.6		Re-challenge with oxaliplatin containing regimen could be considered in patients achieving 1 year of PFS With no residual peripheral neuropathy.	i	B
4.1.7		Patients not eligible for intensified treatment who progressed on oxaliplatin based combination (FOLFOX,XELOX) as first line can receive irinotecan single agent as a second line.	I	B
4.1.8		Second line treatment options for patients initially treated with FOLFIRINOX are not clear,3 rd line treatment recommendations may be adapted in this group.	II	C
4.1.9		Duration of treatment in patients receiving 2nd line treatment with tumors showing PR/SD, treatment could be continued till disease progression or unacceptable toxicity, especially in patients receiving irinotecan based treatment, or de-escalated especially in patients receiving oxaliplatin containing treatment.	I	B
4.1.10		Monitoring of treatment efficacy with radiological studies should be carried out every 3 months of treatment.	II	C
Recommendation 4.2. Molecular testing before initiating 2nd line treatment.				
4.2.1	Restricted.	Molecular profiling is not required for treatment planning in facilities with restricted resources.	II	C
4.2.2	Non-restricted.	Complementary biomarkers panel required for planning treatment after progression on 1st line should include Her2, other markers should be requested if not previously done.	II	B
4.2.3	Non-restricted.	Comprehensive genomic testing may be considered in some health care facilities, if resources allowed.	II	B
4.2.4	Non-restricted.	Re-biopsy for patients with previously known RAS status is not required.	II	B
Recommendation 4.3. Adding biological agents to chemotherapy backbone in second line.				
4.3.1	Non-restricted.	For patients who progressed on an anti-EGFR based combination at first line, continuations beyond progression as well as switching to another anti-EGFR is strongly discouraged.	I	A
4.3.2	Non-restricted.	Afibercept/ramucirumab and continuation of bevacizumab beyond progression +FOLOFIRI are valid options in patients with PFS more than 3-4 months.	I	B
4.3.3	Non-restricted.	Afibercept or ramucirumab +FOLFIRI are preferred options in patient with PFS less than 3-4 months of treatment with first line containing bevacizumab in irinotecan naïve patients.	III	B
4.3.4	Non-restricted.	In patient with RAS wild disease who progressed on first line containing Anti-VEGF, anti-EGFR +FOLFIRI is an acceptable regimen.	II	B

(Continued)

Table 5 (Continued).

4.3.5	Non-restricted.	Patients who received Anti-EGFR during 1 st line and wish to continue on intensified treatment could be offered Anti-VEFG (beva,rami,Aflib).	I	A
Recommendation 4.4: Third line systemic treatment.				
4.4.1	General.	For patients who experienced disease progression after two lines of chemotherapy containing oxaliplatin and irinotecan, the aim of treatment should be to improve tumor related symptoms, maintain quality of life and to prolong survival (ranked according to priority).	I	A
4.4.2	General.	Criteria defining patient eligibility for treatment beyond second line are: <ul style="list-style-type: none"> • PS 0-1. • Maintained adequate kidney/liver function. 	II	A
4.4.3	General.	Treatment should continue till disease progression or unacceptable toxicity.	I	A
4.4.4	Restricted resources.	For treatment of patients who progressed after oxaliplatin and irinotecan containing regimens, BSC is the preferred option, these regimens are considered acceptable treatment options as well: <ul style="list-style-type: none"> • Single agent irinotecan if the patient received FORLIRI at least 3 from initiating third line. • Rechallenge or reintroduction of previously used agents in patients showed response to this treatment and long duration elapsed since last administration. • Capecitabine single agent. • IROX in selected patients. 	III	C
4.4.5	Non-restricted resources.	For patients with wild KRAS/NRAS who experienced progression on therapies not including anti-EGFR, cetuximab or panitumumab as a single agent or in combination with irinotecan is recommended.	I	A
4.4.6	Non-restricted resources.	Reintroduction of anti-EGFR in third line may be considered in patients with more than 6 months after last anti-EGFR administration with response to treatment in first line.	II	B
4.4.7	Non-restricted resources.	In absence of evidence supporting benefit of single agent bevacizumab, Ziv-aflibercept or ramucirumab as a third line treatment, it should not be recommended.	II	A
4.4.8	Non-restricted resources.	Regorafenib and trifluridine-tipiracil (TAS-102) are both valid options for treatment of patients refractory to chemotherapy.	I	A
4.4.9	Non-restricted resources.	No evidence to support specific sequence of treatment, however, the panel preferable sequence is TAS-102 then regorafenib.	II	B
4.4.10	Non-restricted resources.	The starting dose of regorafenib should be 80 mg/d continuously with weekly dose escalation to 160mg/d if well tolerated.	II	B
4.4.7	Non-restricted resources.	In view of recent RCT BEACON CRC, Encorafenib + antiEGFR is recommended for patients with BRAF V600E mutation who were not previously treated with anti-EGFR.	II	C
4.4.7	Non-restricted resources.	Pembrolizumab, nivolumab or nivolumab plus ipilimumab are acceptable treatment options for patients failed 2-4 previous lines of chemotherapy with MSI-H tumors.	II	A
4.4.7	Non-restricted resources.	Her2 targeting agents could be considered in patients with Her2 over expression, heavily pretreated.	II	A

Table 6 External Review Board Voting on Level of Agreement and Applicability of EFMS Restricted Resources Recommendations in Each Country

Recommendation	Level of Agreement *****	Sudan			Tunisia			Morocco		
		Applicable.	Not Applicable	Applicable in Some Centers	Applicable	Not Applicable	Applicable in Some Centers	Applicable	Not Applicable	Applicable in Some Centers
1.5.1	5	•			•			•		
1.5.2	5	•			•			•		
2.1.1	5			•	•					•
2.1.4	5			•	•					•
2.4.2	5		•			•			•	
2.6.8	5			•			•			
2.6.9	5*	•			•			•		
3.1.6	4		•			•				•
3.2.4	3.3		•		•			•		
3.2.5	3.2**			•	-	-	-	-	-	-
3.2.6	4.6			•	•			•		
3.2.7	4.3	•			•			•		
3.3.1	5	•			•			•		
3.3.2	5	•			•			•		
3.3.3	5	•			•			•		
4.1.1	5***	•			•			•		
4.1.5	4.8	•			•			•		
4.1.7	4.8	•			•			•		
4.1.9	5	•			•			•		
4.2.1	4	•				•			•	
4.4.1	5	•			•			•		
4.4.2	5****	•			•			•		
4.4.3	5	•			•			•		
4.4.4	3.6*****	•			•			•		

Notes: *Approved with a concern about toxicity, **approved with a concern about toxicity, ***panel recommended adding "with no residual toxicity" to the recommendation, **** panel advised to include patients with PS II as eligible to treatment beyond second line, *****the panel advised to exclude IROX of the treatment options, ***** level of recommendations as defined in Table 1, the recommendation was considered a reached consensus if the mean level of agreement was ≥ 4.5 , near consensus 3–4.4, the recommendation was considered rejected if the mean level of agreement was ≤ 2.9 .

elder patients (above 70 years old) with LT sided RAS wild tumors as an acceptable option based on data from a Phase II trial (PANDA trial).³⁶

Sector 2: Local Interventions in Patients with mCRC and the Role of Systemic Chemotherapy Combined with Surgery

In sector 2, the panel tried to offer answers to questions about the role of local interventions in mCRC patients, when to use these interventions and for which patient.

The panel recommends MDT consultation for patients with oligometastatic disease as previously defined (Recommendation 1.3.5) and for patients with solitary site metastatic involvement "lung, liver or peritoneum". If access to MDT is not possible, refer patients to a health care facility with experienced MDT to be evaluated. If complete resection with pathologically free margins is not possible, resection should not be attempted.³⁷

Local interventions including surgery could be offered to patients as a palliative measure or as a radical treatment with curative intent. The local interventions including RFA, TACE, and SBRT can offer long-term control for patients with a localized disease or small tumor burden "Oligometastatic disease".

Organ-specific criteria for selecting patients with metastatic disease amenable for metastasectomy were approved by the surgery expert panel (Table 3, recommendation 2.3). Besides technical surgical criteria, patient and tumor characteristics should be evaluated before deciding the proper sequence of treatment modalities.

In selected patients, liver metastases resection can improve survival significantly with a 5-year median survival rate of 40% reported in some trials.³⁸ Fong's criteria are used to select candidates for curative resection.³⁸

Based on oncological criteria, patients with resectable mCRC should be further classified into 1) patients with good oncological prognostic criteria 2) patients with an uncertain oncological outcome, 3) patients with a poor oncological outcome (Recommendations 2.2.1, 2.2.2, 2.2.3).

Long-term follow-up data from EORTC 40983 trial did not show a benefit in OS from the addition of perioperative chemotherapy to surgery.³⁹ The majority of patients in the EORTC 40983 trial had metachronous metastases (66%) with relatively long DFS after primary treatment. The panel agreed that the benefit of perioperative chemotherapy for patients with good oncological criteria is controversial; surgery should be the upfront modality. Adjuvant chemotherapy after R0 resection in this group of patients is not recommended as well.

Patients with synchronous metastatic disease are considered of “uncertain oncological outcome”, with short OS after resection compared to patients with a metachronous disease.⁴⁰ BRAF mutant tumors are of poor prognosis with a limited benefit of metastasectomy, but it is not considered an absolute contraindication for surgery.⁴¹ For these patients, perioperative chemotherapy is preferred in patients with initially resectable metastases. If a patient with uncertain oncological criteria or poor prognostic oncological criteria was submitted to surgery, the panel suggests adjuvant chemotherapy with FOLFOX/XELOX in this subset of patients. The JCOG0603 study results presented during ASCO 2020 showed significant improvement in DFS with the addition of adjuvant chemotherapy with no improvement in OS, patients with synchronous metastases represented 54% of the study population. On subgroup analysis, patients with a synchronous disease showed better DFS compared to metachronous disease.⁴²

The role of biologics (Anti-EGFR, Anti-VEGF) patients with resectable metastases is not proven with even detrimental effects in some trials,⁴³ thus it is not recommended as a part of peri-operative or adjuvant treatment.⁴⁴

The definition of “potentially resectable” metastatic disease is based mainly on consensus recommendations.³⁷ The surgical expert panel agreed on organ-specific criteria for considering patients “potentially resectable” (Recommendations 2.3.2, 2.3.4, 2.3.6, Table 2). Systemic treatment, in this case, is recommended to allow R0 resection. The choice of conversion therapy depends mainly on the molecular profile of the tumor (recommendation 2.6.1, Table 3).

FOLFOX, FOLFIRI are acceptable options as a conversion therapy in restricted resources and as a chemotherapy backbone in non-restricted resources, FOLFOXIRI with or without targeted agents could be an option in selected patients.^{45,46} The panel has major concerns on the toxicity of FOLFOXIRI as conversion therapy and recommends it should be limited to restricted resources if access to targeted agents is not possible in selected patients with excellent PS.

In patients with RAS/BRAF wild tumors, anti-EGFR should be added even in restricted resources to improve the chances of R0 resection regardless of sidedness of the primary tumor.

The role of sidedness in selecting targeted therapy is controversial. NCCN guidelines restrict the administration of anti-EGFR to left-sided tumors⁴⁷ while Pan-Asian adapted ESMO guidelines recommend anti-EGFR in these patients regardless of sidedness.¹⁶ The panels choose to adopt the pan-Asian adapted ESMO recommendation based on superior ORR favoring anti-EGFR in a meta-analysis of 3 studies with head-to-head comparison of anti-EGFR vs anti-VEGF.⁴⁸

There was a debate on the value of bevacizumab as a treatment option in patients with right-sided RAS/BRAF wild tumors, the panel agreed on adding this regimen as a treatment option with reservations but with a level III of agreement, and it is considered as a less favorable option.

For RAS mutant tumors, doublet or triplet chemotherapy is acceptable with the addition of bevacizumab in non-restricted resources. In patients with BRAF mutant tumors, FOLFOXIRI plus bevacizumab is an acceptable treatment option. After R0 resection, no evidence supports the continuation of biologics.

Sector 3: Initial (First Line) Systemic Chemotherapy for Metastatic Colorectal Cancer, Resection is Not a Goal

When surgical resection is not the goal, factors guiding treatment choice should include: the molecular profile, sidedness, patient preference, patient motivation, and expected toxicity. How to use these factors to tailor treatment for each patient in different resource groups and what is the minimal acceptable level of cancer care to be offered in restricted resources centers were the main questions in this sector (Table 4).

Molecular profile and sidedness are the main factors used as predictive markers for response to targeted therapy with no specific role in selecting chemotherapy. The panel of essential biomarkers should be guided by the resource group to avoid unnecessary costs. The panel agreed on the necessity of extended RAS testing in any resource group as a predictive marker for response to Anti-EGFR agents.⁴⁹ There was a debate on adding BRAF testing in restricted resources, the voting results approved extended RAS/BRAF as an essential panel in restricted resources, with BRAF test used as a negative predictive biomarker denoting resistance to Anti-EGFR.⁵⁰ This recommendation was added to guide decision-making in some institutions with restricted resources as well as non-profit patient support organizations sponsoring targeted agents in selected patients with criteria specific to each facility. (Recommendation 3.1.6, Table 4). In the non-restricted resources group, the panel agreed on adding MSI testing to the previous panel.

The panel agreed that in absence of strong evidence, patients with Her2 amplified RAS/BRAF wild tumors should be treated as RAS/BRAF wild tumors in the first line, thus Her2 testing is not recommended.

Tumor localization or “sidedness” is considered a predictive factor for response to anti-EGFR in the first line as suggested by retrospective analysis of clinical trials.^{51,52} No predictive markers are available for anti-VEGF or chemotherapy efficacy.

FOLFOX, FOLFIRI, XELOX, and FOLFOXIRI are all valid options as chemotherapeutic regimens in the restricted resources group or as a backbone with the addition of targeted therapy in non-restricted resources in fit patients willing to receive intensified therapy. In a meta-analysis for trials comparing FOLFOXIRI to FOLFIRI, higher response rates and better PFS with FOLFOXIRI was reported with a higher incidence of GIII/IV adverse events mainly neutropenia and diarrhea,⁵³ FOLFOXIRI should be used with caution and only in facilities with supportive care units.⁵⁴

The panel approved the current guidelines’ recommendations against the use of oral fluoropyrimidines in combination with irinotecan with reservation (level of agreement III). The reservation is based on a meta-analysis evaluating CAPIRI/XELIRI with or without bevacizumab compared to FOLFIRI, no significant difference in the incidence of adverse events was noted.⁵⁵

The maintenance treatment in restricted resources is controversial; limited benefit in PFS and absence of OS are the main criticism points to this treatment strategy.⁵⁶ Based on data from Two trials (OPTIMOX and CONCEPT) evaluated the withdrawal and reintroduction of oxaliplatin upon progression with the maintenance with 5FU or capecitabine.^{57,58} The recommendation approved was maintenance treatment with 5FU or capecitabine. (Recommendation 3.2.7, level of agreement II, Recommendation type B).

In non-restricted resources, treatment choice is based on molecular profile and sidedness. Patients fit for intensified treatment should be classified into RAS/BRAF wild left-sided tumors, RAS/BRAF wild right-sided tumors, BRAF mutant tumors regardless of sidedness, and patients with MSI-H tumors.

In RAS/BRAF wild left-sided tumors, FOLFOX or FOLFIRI in combination with anti-EGFR is the preferred option based on benefit in OS.⁵² Capecitabine-based and 5FU bolus chemotherapy backbone is not recommended in combination with anti-EGFR due to reduced efficacy.³³

In RAS/BRAF wild right-sided and RAS mutant tumors, FOLFOX, FOLFIRI, and XELOX in combination with bevacizumab is the preferred treatment choice. The main benefit of bevacizumab is offering clinical benefit in terms of PFS with no OS benefit.⁵⁹

For BRAF mutant patients, doublet or triplet chemotherapy in combination with bevacizumab are all acceptable options. The updated results of TRIBE2 trial showed a potential benefit of FOLFOXIRI plus bevacizumab in a small subgroup of patients with BRAF mutation.⁶⁰ In this subset of patients, triplet chemotherapy with bevacizumab in fit patients is the preferred option. The ANCHOR trial is ongoing investigating the role of adding BRAF inhibitor (encorafenib) in the first line.⁶¹

For MSI-H tumors, pembrolizumab showed significant improvement in PFS and response rates as first-line treatment.⁶² Single agent pembrolizumab presents an acceptable option, with long-term follow-up and OS data still pending.

Intensified treatment with triplet chemotherapy (FOLFOXIRI) combined with panitumumab was evaluated in phase II trial VOLFI, a numerical trend towards improved OS was noted.⁶³ The panel prefers waiting for more solid and long-term data before approving this treatment option, currently, it is not recommended.

For patients fit to less intensified treatment as defined in sector 1, treatment options in restricted resources include capecitabine single agent, FOLFOX/FOLFIRI with reduced dose according to PS and comorbidities. Patients under single agent capecitabine should be under treatment till disease progression or unacceptable toxicity.

In non-restricted resources, the panel adopted the currently available treatment options (Capecitabine/bevacizumab continued till disease progression or unacceptable toxicity) based on efficacy and safety data reported in AVEX trial in elderly patients above 70 years old not candidates for intensified therapy.^{64,65}

In patients receiving CAPOX-bevacizumab as induction therapy, de-escalation of chemotherapy and maintenance with CAP/Beva is recommended.⁶⁴

Sector 4: Systemic Treatment in the Second Line and Beyond

One of the most challenging clinical situations in restricted resources setting is the management of patients progressing on prior line of treatment. In sector 4, questions about the proper sequence of treatment and potential treatment options in later lines were discussed (Table 5).

Patients who received FOLFOX as initial treatment can receive FOLFIRI upon progression and vice-versa.⁶⁶ Irinotecan single agent may represent a treatment option in patients not eligible for FOLFIRI using the same criteria to define treatment intensity in the first line, but it should not be considered in fit patients due to inferior efficacy compared to a combination.⁶⁷ For patients who received first-line treatment with FOLFOXIRI, no clear evidence-based treatment options are available; the panel suggests these patients to be treated with treatment options approved for the third line.

The duration of treatment in patients receiving chemotherapy as the second line is not well defined, the panel agrees on either de-escalation in form of oxaliplatin withdrawal in patients receiving FOLFOX/XELOX or continuation without de-escalation in patients receiving FOLFIRI. Pre-defined treatment duration is also an acceptable option.

No additional molecular biomarkers are needed for treatment planning in the second line in restricted resources. For non-restricted resources, additional testing for Her2 overexpression⁶⁸ could be considered besides RAS/BRAF/MSI if not tested before the first line. Comprehensive genetic profiling may be considered in some institutions according to their inner fund policies.

No Phase III head-to-head trials were conducted to compare anti-EGFR to anti-VEGF in the second line, one phase II randomized trial showed comparable efficacy in terms of PFS and OS in patients with wild RAS.⁶⁹

Efficacy of anti-EGFR /FOLFIRI in the second line showed limited benefit in PFS and no improvement in OS compared to chemotherapy alone.^{70,71} The predictive value of sidedness in choosing one targeted agent over another is not confirmed in second-line treatment with data from retrospective analysis suggesting better results when limiting the use of anti-EGFR to left-sided tumors.⁷² The panel considers anti-EGFR in the second line as a less preferable option, and to be limited to patients with left-sided tumors progressing on initial treatment with FOLFOX/XELOX with bevacizumab with RAS/BRAF wild tumors.

In patients treated initially with FOLFIRI and bevacizumab naïve, bevacizumab plus FOLFOX is a preferable treatment option.⁷³ In patients not previously exposed to irinotecan treated with FOLFOX as initial treatment, FOLFIRI plus aflibercept is a valid treatment option with improvement in OS by 1.8 months.^{74,75} Ramucirumab is also another option that could be considered in combination with FOLFIRI.⁷⁶

In patients treated with bevacizumab at the first line, the panel discussed the treatment options including the continuation of bevacizumab beyond progression or switching to other anti-angiogenetic agents. The panel chose to adopt the ESMO recommendation of switching to aflibercept or ramucirumab plus FOLFIRI in rapid progressor patients defined as those progressing within less than 3–4 months of bevacizumab treatment in the first line.^{16,33} The recommendation was approved by level of agreement III.

In restricted resources, the panel emphasizes the absence of evidence-based treatment options in patients who progressed on oxaliplatin and irinotecan-based treatments and considers best supportive care as the preferred modality. Treatment options for patients with maintained good PS and willing to receive active treatment are summarized in recommendation 4.4.4. The panel considers single-agent irinotecan in patients who did not recently receive irinotecan-

based treatment, re-challenge with previously used regimens in earlier treatment lines, capecitabine as a single agent and IROX but as the least favorable treatment option with concerns on toxicity.

In non-restricted resources, the panel adopts international guidelines on considering both regorafenib and trifluridine/tipiracil (TAS-102) as acceptable treatment options in the third line,^{16,33,47} with TAS-102 then regorafenib as the preferred sequence if the patient is still amenable for active treatment.

In patients with RAS/BRAF wild tumors who were never exposed to Anti-EGFR treatment, anti-EGFR agents could be considered in the third line as a single agent.^{77,78} Reintroduction of anti-EGFR may be a reasonable option in patients who received anti-EGFR in first-line and exhausted previous lines of treatment, provided that more than 6 months after last anti-EGFR administration with response to treatment in the first line.^{79–81}

Other treatment options are now available including encorafenib/cetuximab in RAS wild BRAF mutant patients,⁸² Her2 targeting agents in patients with Her2 overexpression (trastuzumab plus lapatinib,⁸³ trastuzumab plus pertuzumab⁸⁴ or trastuzumab deruxtecan⁸⁵), and immunotherapy (single-agent nivolumab⁸⁶ or pembrolizumab⁸⁷ nivolumab plus ipilimumab combination⁸⁸). More phase III studies are required before considering these treatments as a standard of care. In heavily pre-treated patients, the main benefit of these agents was either improvement in response rates (RR) or in PFS.

External Review Board Voting

EFMS recommendations were assessed for applicability in low and lower-middle income countries in North Africa (Tunisia, Morocco and Sudan).

Recommendations were accepted with variable levels of agreement by external review board members (Table 6). Applicability varied between countries even within the same income group.

Proposed recommendations on defining treatment intensity in restricted resources as well as recommendations on principles of management for patients with Oligometastatic disease were accepted and applicable in all countries. SBRT plus FOLFIRI was agreed upon by all the review board, but not applicable in most countries due to lack of infrastructure.

Experts from Tunisia and Morocco asked to add a recommendation on routine DPD testing, DPD testing is performed as a routine test for all patients before initiating treatment with 5FU/capecitabine in Tunisia, while in Morocco it is performed in patients showing toxicity pattern suggestive of DPD deficiency as in Egypt. DPD test is available in very limited centers in Sudan.

Adding Anti-EGFR to chemotherapy backbone in RAS wild patients with potentially resectable tumors regardless of sidedness even in restricted resources was approved by the entire panel. However, access to Anti-EGFR is very limited in Sudan, FOLFOXIRI is considered more applicable as a conversion treatment option.

Adding BRAF to extended RAS test as a basic molecular profile before initiating first line treatment was also discussed. BRAF test is not sponsored in Tunisia and thus it is not performed routinely. Access to BRAF test is available in some centers in Morocco but not considered a standard of care.

The idea of intensifying chemotherapy with triplets in restricted resources was not agreed upon due to concerns on toxicity, triplets should be limited only to patients with PS 0 symptomatic patients with high tumor burden.

The concept of maintenance treatment instead of a total treatment breakdown was preferred by all the external panel members. However, each center should sort out the priorities and internal policies with priority to patients treated for cure in early stages. If resources are enough to give both, maintenance should be considered. If not, priority should be given to curative and early disease.

The panelists commented on restricting second line and beyond to patients with PS 0–11, they prefer offering treatment to patients with PS II with no residual toxicity from prior lines.

For third line, they highlighted the fact of absence of approved third line treatment options (trifluridine/tipiracil and regorafenib) from most facilities. Other suggested treatment options were accepted except IROX, due to toxicity concerns and absence of data on efficacy in later lines.

Conclusion

Colorectal cancer is a major health problem in Egypt and around the world.⁸⁹ EFMS developed these recommendations to be convenient with the Egyptian healthcare system, bearing in mind the complexity, fragmentation, and heterogeneity of health care policies between different facilities and institutions in Egypt.

The main limitation of this recommendation is the absence of cost-effectiveness studies for most therapeutic interventions. The grouping into restricted and non-restricted was based on availability and reimbursement policies of targeted agents. The absence of national data on some clinically important points (eg incidence of DPD deficiency) hindered the development of recommendations for these points. Lack of clinical audit policies will pose a considerable challenge to assess and measure the impact of implementing the current recommendations.

The current recommendations highlighted the discrepancy in health care between restricted and non-restricted resources with expected survival loss and quality of life deterioration. Access to targeted agents in the first line is very limited, and access gets more limited at later lines of treatment.

Recommendations for treatment in the third line in restricted resources are all approved with level III approval due to concerns on efficacy and expected toxicity, all of them are between type B or type C based on a low level of evidence, eg IROX,⁹⁰ or based solely on expert opinion. With increased incidence among patients less than 45 years old. Patients with refractory disease failed on irinotecan and oxaliplatin-based treatment with maintained good PS and willing to receive active treatment is not an uncommon scenario. The current expanding treatment landscape will not be accessible to the majority of patients.

Heterogeneity in health care policies and available resources is noted even in the same country and between countries within the same income range. The lack of clinical practice recommendations tailored according to local status led to wide diversity of clinical care decisions offered to patients and with no supporting evidence. The need to harmonize clinical care options within each country is mandatory. National adaptation of international guidelines with variable degrees is an option to close possible gaps not covered by international guidelines.

The current consensus recommendations could be adopted and generalized in other countries with similar economic and health care status, as an example for management in middle low-income countries. External review by target consumers after dissemination and implementation is planned, aiming to guide the next version of the EFMS consensus recommendations.

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