


Protease-Activated Receptors – Key Regulators of Inflammatory Bowel Diseases Progression

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Abstract: The pathogenesis and course of inflammatory bowel diseases are related to both immune system disorders and dysfunction of colon permeability. Moreover, co-existing diseases in patients with Crohn's disease and ulcerative colitis are identified. Currently, there are some therapeutic strategies that affect the function of cytokine/s causing inflammation in the intestinal wall. However, additional approaches which target other components of inflammatory bowel diseases pathogenesis are still needed. Accumulating evidence suggests that proteases and protease-activated receptors seem to be responsible for colitis progression. Experimental and observational studies showed alteration of protease-activated receptors expression in the colon of patients with Crohn's disease and ulcerative colitis. Furthermore, it was suggested that the expression of protease-activated receptors correlated with inflammatory bowel diseases activity. Moreover, regulation of protease-activated receptors seems to be responsible for the modulation of colitis and clinical manifestation of inflammatory bowel diseases. In this review, we present the current state of knowledge about the contribution of protease-activated receptors to Crohn's disease and ulcerative colitis and its implications for diagnosis and treatment.

Keywords: inflammatory bowel disease, Crohn's disease, ulcerative colitis, colitis, immune response, proteinase-activated receptor

Introduction

Deregulated immune response plays a major role in the pathogenesis of inflammatory bowel diseases (IBD). However, still little is known about the processes related to immune response which support immune cells infiltration and loss of cell–cell interaction. These phenomena allow expansion of immune cells across inflamed tissues and induce production of cytokines and chemokines. In fact, communication between intestinal epithelial cells and immune cells plays a crucial role in the modulation of epithelial cell function affecting junctional complexes between inflammatory cells and intestinal epithelial cells that might contribute to the dysregulation of intestinal epithelial barrier.¹ Accumulating evidence suggests that those proteases seem to be crucial enzymes responsible for the above-mentioned processes and are able to stimulate progression of colitis and affect therapy efficiency. Mammalian proteases are classified as serine, threonine, cysteine and aspartic proteases as well as metalloproteases (known as metalloproteinases – MMPs) and are widely distributed in the human body, including in the gastrointestinal tract.² In IBD patients, disturbed expression of proteases has been reported by numerous studies. For instance, Curciarello et al. documented that the colon of patients with colitis is manifested by higher activity of neutrophils' elastase.³ In line, enhanced

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expression of numerous MMPs in the colon of patients with IBD was documented and the expression of MMPs seems to be a predictor/prognostic factor in IBD.⁴⁻⁷ The action of MMP affects the efficiency of biological therapy in patients with IBD.⁸ Therapy against tumor necrosis factor- α (TNF- α) or anti- α 4-integrin is now the most effective approach for IBD patients.⁹ However, accumulating findings indicate that about 40% of patients with IBD have been identified as non-responding to treatment and many of the patients treated with anti-TNF- α agents are developing resistance to the therapy.^{10,11} Biancheri et al. found that both MMP3 and MMP12 are responsible for the degradation of TNF- α agents, i.e. infliximab, adalimumab and etanercept, which is directly related to the loss of their ability to neutralize TNF- α .⁸ As shown by Curciarello et al., neutrophils' elastase cleaved biological agents leading to loss of function monoclonal antibodies and above-mentioned findings may explain the phenomenon of the non-responsiveness to the treatment in the IBD patients.³

Although proteases are present in the gastrointestinal tract *per se*, they can also be released by microbiota. Consequently, the fact that the gastrointestinal tract is exposed to various serine proteases was confirmed by studies where protease content in the colon and fecal matter of IBD patients was analyzed.¹²⁻¹⁵ It was documented that Crohn's disease (CD) and ulcerative colitis (UC) patients are characterized by 10- and 9-fold higher protease activity in fecal matter compared to healthy subjects.¹² As previously described by Galipeau et al., the proteolytic signature in fecal matter in asymptomatic individuals at risk for IBD may be a non-invasive marker of inflammation.^{16,17} On the other hand, modification of microbiota composition seems to be a promising supportive approach in the therapy of IBD patients and may reduce protease activity. Nevertheless, the fecal microbiota transplant procedure, including material preparation, donor/s selection and microbiota profiling, resulting in proteolytic activity inhibition must be optimized and further investigated in pre-clinical and clinical studies.

The four members of the protease-activated receptors (PARs) family, i.e. PAR₁, PAR₂, PAR₃, and PAR₄, were identified and are encoded by the *F2R*, *F2RL1*, *F2RL2* and *F2RL3* gene, respectively. The mechanism of PARs activation is associated with the proteases action that cleaves a specific site in the extracellular amino terminus of the PARs, which then generates a new extracellular amino terminus serving as a tethered ligand domain.^{18,19} The tethered ligand domain binds to a highly conserved region

in the second extracellular loop of the cleaved PAR; additionally, exposed tethered ligand domain of certain PARs can bind and activate other PARs.^{20,21} PARs activation affects G protein-dependent signal transduction, involving several types of G protein α , i.e. G α_q , G $\alpha_{12/13}$, G α_i and G $\beta\gamma$, as well as β -arrestin.²²⁻²⁵

Accumulating observational and experimental evidence indicates that activity modulation of PARs may affect numerous aspects in the progression of IBD. In this review, we present and elaborate on current knowledge concerning the role of PARs in processes engaged in immune response and colon permeability during colitis progression as well as the clinical significance of PARs expression and signaling in CD and UC.

Expression of Protease-Activated Receptors in Inflammatory Bowel Diseases

A growing body of studies has documented that PAR₁, PAR₂ and PAR₄ are expressed differently in the colon of patients with CD and UC in comparison to healthy controls. Moreover, deregulated expression of PARs in animal models of colitis has also been observed.²⁶⁻²⁹

For instance, it was proven that PAR₁ is overexpressed in the inflamed colon obtained from CD patients in comparison to the non-inflamed colon. Saeed et al. documented that PAR₁ is overexpressed in the colon of pediatric patients characterized by severe stage of CD compared to healthy subjects and pediatric patients with moderate stage of CD.²⁹ In line, PAR₂ is widely expressed in the healthy human colon and is localized in both villi and crypts of the epithelial cells.^{30,31}

Immunohistochemistry analysis performed by Kim et al. and Ke et al. documented that PAR₂ is overexpressed in lamina propria of CD and UC patients when compared to healthy subjects.^{32,33} Interestingly, higher expression of PAR₂ at the mRNA and protein level was also documented in duodenal mucosa and epithelial cells obtained from dogs with IBD when compared to healthy subjects.³¹ In line, higher expression of PAR₂ in the colon epithelium of CD patients, but not UC patients, in comparison to healthy subjects has been shown.³³ However, epigenetic regulation of *F2RL1* gene promoter in the colon of UC patients may be the reason why, in some studies, lack of changes in the expression of PAR₂ between UC patients and healthy subjects was documented. Indeed, Tahara et al. and Gould et al. found enhanced methylation status of *F2RL1*

gene promoter in the colon of patients with UC characterized by more extensive colitis and steroid-dependent type as well as refractory type of UC.^{34,35}

Finally, PAR₄ is expressed in the colon but the significance of PAR₃ and PAR₄ expression and action mediated by both receptors in the gastrointestinal tract remains elusive.^{26,28} However, Dabek et al. found that the expression of PAR₄ is higher in the colon of UC patients compared to healthy subjects.²⁸

Protease-Activated Receptors Modulate Immune Response in Inflammatory Bowel Diseases

Accumulating evidence demonstrates that PAR₁ and PAR₂ are involved in the modulation of immune response in IBD.^{13,29–32,36–41} Immunomodulatory action of PAR₁ in the colon was estimated by Cenac et al., who used specific peptides which act as PAR₁ agonists.³⁷ In an animal model of oxazolone-induced colitis, selective activation of PAR₁ reduced macroscopic colon damage score and myeloperoxidase activity as well as colon wall thickness in comparison to mice treated with oxazolone and control peptide. To confirm the effects of PAR₁ activation on colitis regulation, the impact of PAR₁ peptide ligands in oxazolone-treated wild type mice and mice with deletion of *F2r* gene was also evaluated. In fact, both approaches indicated that PAR₁ affected colitis severity in in vivo models.

It also has to be mentioned that modulation of PAR₁ activity regulates the expression of cytokines in the inflamed colon. The link between PAR₁ and pro-inflammatory cytokines was revealed by Saeed et al., who found that changes in the expression of PAR₁ in the colon of patients with IBD correlate with changes in the expression of several cytokines.²⁹ PAR₁ expression is positively correlated with the expression of numerous interleukins (ILs), such as *IL17* and *IL23A*, which was documented in the colon of pediatric CD patients with severe colitis. Moreover, it was suggested that PAR₁ may participate in the regulation of immune response mediated by IL-17 producing T cells, i.e. Th17 (Figure 1). Of note, the mechanism responsible for naïve T cell differentiation to Th17 cells associated with PAR₁ action seems to be mediated by macrophages. An ex vitro approach, whereby Saeed et al. used peritoneal macrophages and inflammatory stimuli, revealed that wild type and *F2R*^{-/-} macrophages are able to produce pro-inflammatory cytokines such as IL-6 but only wild type and not *F2R*^{-/-}

macrophages produced IL-23.²⁹ It suggests that PAR₁ is the essential PAR responsible for IL-23 production in activated macrophages. It should be noted that T cells activated by IL-23 are able to promote colitis and this phenomenon is mediated by both IL-6 and IL-17, which has been proven using an in vivo approach.⁴² Above-mentioned observations strongly suggest that PAR₁ regulates IL-23 production in the response of inflammatory stimuli which may affect naïve T cell polarization to Th17 cells in the colon of IBD patients. In line, Saeed et al found a similar expression profile of genes (*IL17*, *IL22* and *IL23A*) related to Th17 cells in the colon of *Citrobacter rodentium*-induced model of colitis in wild type mice but not in animals with PAR₁ knockout.²⁹ On the other hand, lower production of several cytokines such as IL-6, IL-17, IL-23, and interferon (IFN)- γ in splenocytes of mice with PAR₁ knockout compared to wild type splenocytes was noted. Collectively, in vivo studies found that PAR₁ seems to be capable of modulating both systemic and local immune response mediated by Th1 and Th17, respectively. Collectively, pre-clinical studies indicate that PAR₁ antagonists can be potent agents blocking not only specific cytokine/s production but seem to be responsible for more complex action of immune cells.

Studies taking into consideration PARs activity highlighted functional significance of PAR₂ action in several aspects of immune response in IBD. Patel et al. documented that administration of a major serine protease which acts as PAR₂ agonist, i.e. trypsin, is responsible for development of more severe colitis when compared to untreated animals with induced colitis.³⁹ Additionally, it was found that trypsin-treated rats with colitis were characterized by enhanced loss of body weight, food and water intake and poorer colonic mucosal damage as well as disease activity index compared to untreated animals with colitis.³⁹ It was found that trypsin administration is associated with higher activity of myeloperoxidase and mast cell degranulation and this phenomenon was also enhanced in trypsin-treated animals with colitis compared to untreated rats with colitis.³⁹ In another study, increased wall thickness and macroscopic damage score as well as higher activity of granulocyte infiltration was documented in the colons of wild type mice treated with endogenous proteases such as trypsin and tryptase as well as specific peptides that act as PAR₂ agonists; moreover, those effects were not observed when inactive enzymes and control peptides were employed.³⁰ Additionally, the colons of wild type mice after administration of PAR₂ specific peptide were characterized by edema and erosion in the submucosa and

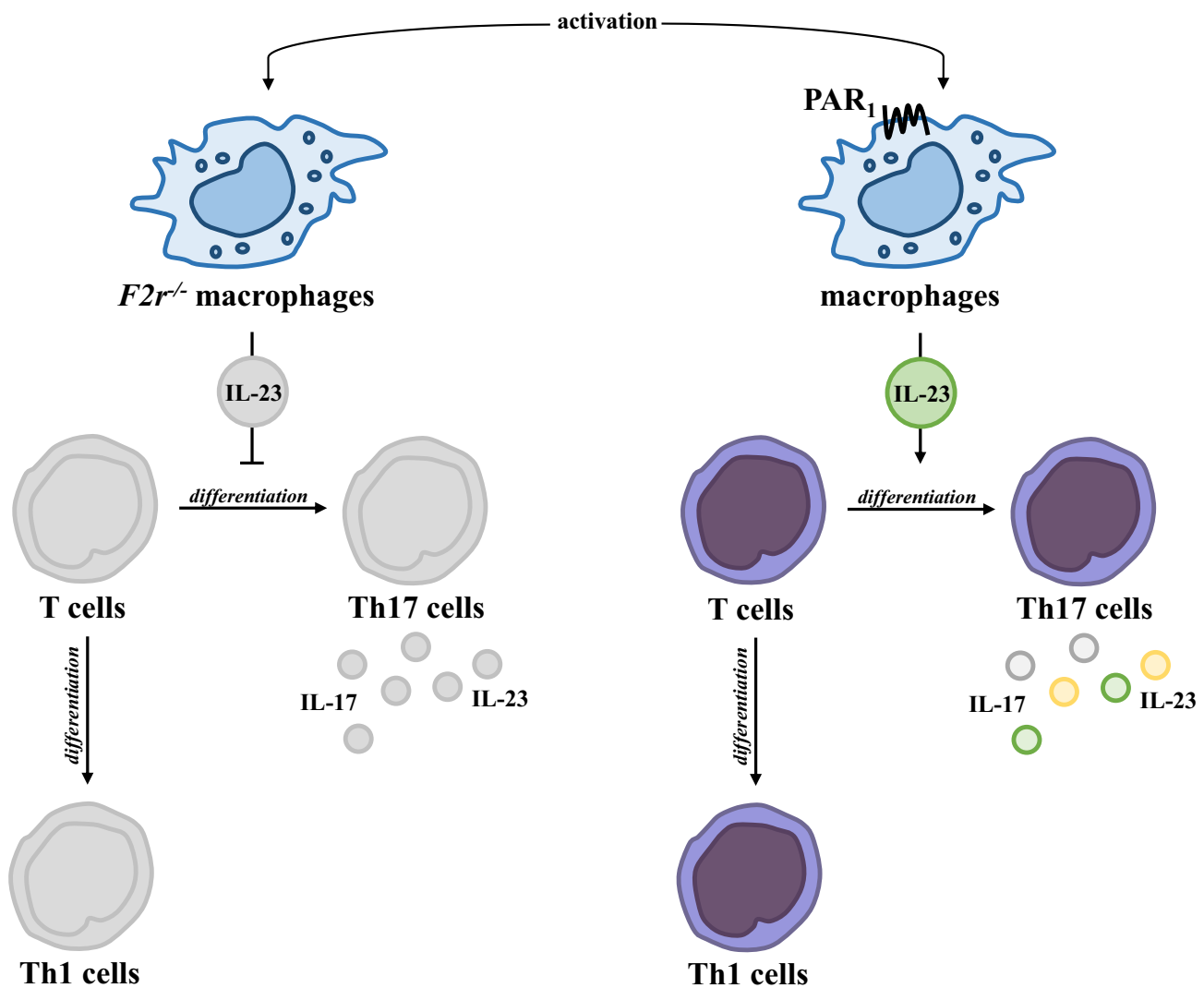


Figure 1 Impact of PAR₁ on immune response mediated by macrophages and T cells. PAR₁ activation affects IL-23 secretion from macrophages, which induces T cell differentiation.

epithelium, respectively. Histological analysis of the colon obtained from *F2r11* knockout mice treated with PAR₂ agonist revealed lack of changes at the microscopic level.³⁰ Maeda et al., using an ex vivo approach, documented that treatment of duodenal tissue with trypsin or specific peptide which acts as a specific PAR₂ agonist led to enhanced expression of *Il1β*, *Il8* and mucosae-associated epithelial chemokine as well as fractalkine; over-expression of cytokines and chemokines was abolished when trypsin and PAR₂ specific peptides in combination with a serine protease inhibitor were employed.³¹ The above-mentioned observations highlighted crucial role of PAR₂ in the progression of colitis and documented that PAR₂ regulates both cytokines and chemokines expression.

Moreover, PAR₂ action affects a wide spectrum of immune and immune-related cells during progression of colitis. For instance, it was proven that CD4⁺ T cells expressed PAR₂ and seem to be directly linked with BCL2-like protein 12 (BCL2L12) action to promote Th2-related immune response in patients with UC.^{40,43} Studies conducted by Feng et al., based on human samples, revealed that BCL2L12 expression in CD4⁺ T cells correlated with both tryptase and Th2-related cytokine levels in serum of UC patients.⁴⁰ Additionally, Feng et al. were able to prove that PAR₂ activation by tryptase and/or PAR₂ specific peptide affects expression of IL-4, IL-5 as well as IL-13, and knockout of *BCL2L12* gene abolishes up-regulation of Th2-related cytokine expression and binding of GATA3

transcription factor to promoter loci of the above-mentioned cytokines in CD4⁺ T cells. Moreover, it was proven that PAR₂ is required for up-regulation and stabilization of BCL2L12 expression, which seems to be crucial for inhibition of spontaneous CD4⁺ T cell decays. Finally, Feng et al., using wild type and *Bcl2l12*^{-/-} mice, documented that BCL2L12 is needed for induction of Th2-mediated immune response regulated by PAR₂ in the colon.⁴⁰

Another study highlighted that the mechanism by which PAR₂ affects colitis progression may be directly related to action mediated by mast cells. The colon of patients with IBD and the colons obtained from murine model of colitis are characterized by increased infiltration of mast cells.^{38,41} Christerson et al. found that uninflamed and inflamed colons of patients with CD are characterized by enhanced number of PAR₂⁺ mast cells when compared to colons of healthy subjects.³⁸ On the other hand, higher levels of extracellular matrix proteins in both human and mouse colons with colitis were noted, which suggests that mast cell tryptase may be crucial in fibrosis promotion during IBD progression. This hypothesis was confirmed by a study conducted by Liu et al., whereby mast cell deficient mice were used, and similar effects were observed when tryptase inhibitor in wild type mice with colitis was employed.⁴¹ It also has to be mentioned that both mast cells and tryptase are capable of fibroblast activation and initiation of collagen and fibronectin secretion.⁴¹ According to Kim et al., over 60% of tryptase⁺ mast cells in the colon of UC patients expressed both PAR₂ and tumor necrosis factor (TNF)- α , which suggests that there is a cell-specific link between PARs and inflammation.³² An in vitro study

employing human mast cells revealed that HMC-1 cells treated with trypsin, tryptase or specific PAR₂ peptide are capable of TNF- α secretion, and this effect was not observed when serine protease inhibitor and/or control peptide were used. A bidirectional link between TNF- α and PAR₂ was also documented by Christerson et al., who, using HMC-1 cells, were able to note PAR₂ overexpression in activated mast cells.³⁸ Finally, it was documented by Christerson et al. that TNF- α leads to PAR₂ up-regulation in the intestinal myofibroblasts, which are the primary cell type involved in secretion of extracellular matrix during fibrosis.⁴⁴ These findings suggest that PAR₂ action is directly associated with colitis and fibrosis promotion (Figure 2). Moreover, PAR₂ activation led to the promotion of the growth of intestinal myofibroblasts, which seems to be mediated by cytosolic phospholipase A2.⁴⁴

Most of the evidence noted a positive association between up-regulation and activation of PAR₂ with colitis promotion. However, there are also opposite findings which should be mentioned. For instance, Fiorucci et al. found that PAR₂ activation by a specific peptide protects the colon from colitis, and that PAR₂ activity modulation was responsible for mortality reduction in mice treated with TNBS.³⁶ Administration of PAR₂ specific peptide, which acts as an agonist, reduced pro-inflammatory cytokine expression in the colon of mice with colitis. The mechanisms responsible for colitis reduction seem to be related to lower content of the T cells in the colon of mice with colitis treated with PAR₂ agonist. It was documented that TNBS administration led to up-regulation of CD44 expression in the T cells obtained from lamina propria when compared to untreated

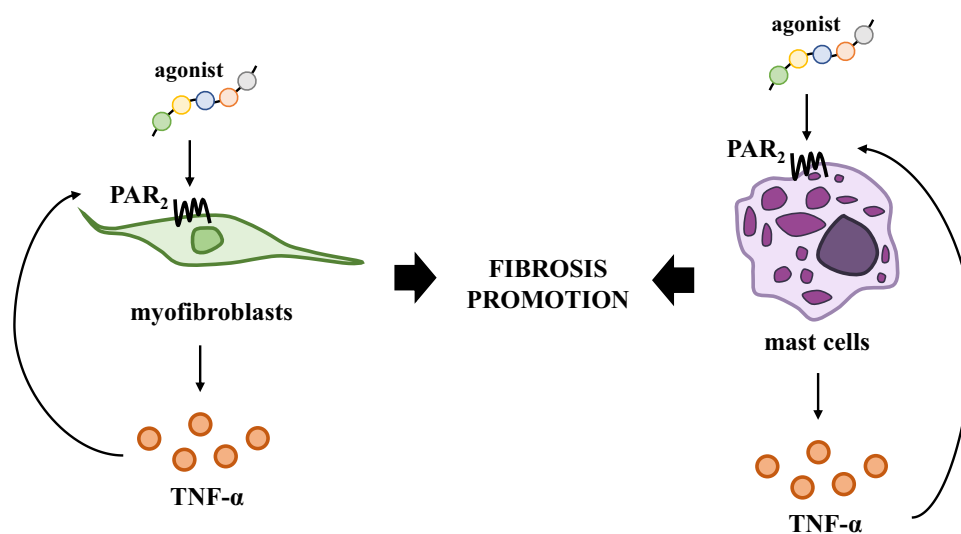


Figure 2 Significance of PAR₂ in the promotion of fibrosis mediated by myofibroblasts and mast cells. PAR₂ activation induces TNF- α secretion affecting colitis progression and promotion of fibrosis which is regulated by both myofibroblasts and mast cells.

animals. Moreover, PAR₂ specific peptide was able to reduce proliferation of stimulated T cells obtained from lamina propria of TNBS-treated mice, which was also associated with lower production of IFN- γ in vitro.³⁶

Collectively, accumulating results indicate that PAR₁ and PAR₂ are crucial members of PARs which are involved in the modulation of immune response in IBD. In fact, studies indicated that PARs ligands can be potent agents blocking not only specific cytokine/s production but seem to be responsible for more complex action of immune cells. However, so far only limited efforts have been taken to explore the impact of PAR₄ during colitis. Moreover, it also has to be highlighted that conflicting results about PAR₂ significance exist and further research is needed to estimate PAR₂ action in immune response during colitis.

Protease-Activated Receptors Affect Colon Permeability and Apoptosis of Colonic Epithelial Cells in Inflammatory Bowel Diseases

PARs – beside immune response modulation, which is the main hallmark of colitis – seem to be involved in the

regulation of colon permeability and this phenomenon also affects the action of immune cells in the colon. In fact, the mechanism mediated by PAR₁ and PAR₂ directly related to colon permeability and neutrophil infiltration across the colon was documented (Figure 3).

Chin et al., using monolayer culture, were able to show that neutrophil and neutrophil's elastase as well as proteinase-3 are responsible for down-regulation of transepithelial resistance.²⁷ Additionally, it was evaluated that the regulation of epithelial permeability initiated by both PAR₁ and PAR₂ activation affects myosin L chain kinase (MLCK) stimulation and myosin L chain phosphorylation. Of note, MLCK plays a critical role in the regulation of epithelial paracellular permeability and the expression of MLCK may be modulated by pro-inflammatory cytokines, and these phenomena are crucial in maintaining proper tight junction in the colon.^{45–47} It should also be highlighted that both deregulated processes in the colon of patients with IBD, i.e. immune response and colon permeability co-exist and work as a positive feedback loop affecting IBD progression. Chin et al. found that siRNAs against both PAR₁ and PAR₂ improved transepithelial resistance and decreased transepithelial migration of

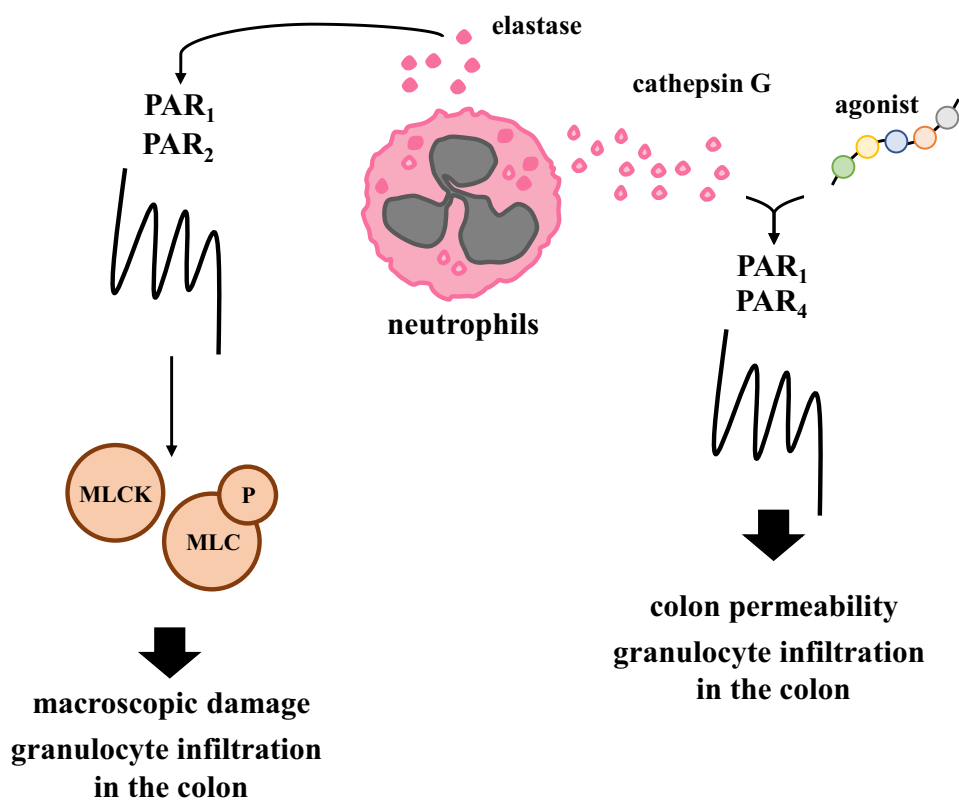


Figure 3 Experimentally proved processes mediated by PARs during the progression of colitis. PARs agonists and neutrophil proteases modulate granulocyte infiltration by MLCK and MLC axis and affect macroscopic damage and colon permeability in an in vivo model of colitis.

neutrophils while lack of changes was observed when only one siRNA against PAR₁ or PAR₂ was employed.²⁷ The above-mentioned phenomena prove that cooperation of both PARs is crucial in the regulation of epithelial permeability.

Besides PAR₁ and PAR₂, PAR₄ also seem to be involved in the regulation of colon permeability in IBD (Figure 3). It was documented that a specific peptide which acts as a PAR₄ agonist, cathepsin G, which is a neutrophil granule protease, also acts as an activator of PAR₄, and that supernatants obtained from CD and UC patients' feces are capable of inducing changes in the colonic paracellular permeability and enhanced activity of myeloperoxidase in the colons of mice with colitis. Moreover, supernatants obtained from feces of UC patients are enriched in serine proteases when compared to healthy subjects and may affect the action of PARs in vitro and in vivo studies.^{48,49} Interestingly, both PAR₁ and/or PAR₂ antagonists administration did not affect changes in colonic paracellular permeability. On the contrary, PAR₄ and cathepsin G antagonists decreased the level of myeloperoxidase activity in the colon, which suggests that neutrophil granule protease and PAR₄ cooperation may be crucial for proper barrier function and colitis progression in the colon.^{28,50}

Apoptosis of colonic epithelial cells is another aspect mediated by PARs which is crucial in maintaining intestinal homeostasis.⁵¹ Accumulating evidence documents that deregulation of apoptosis is identified in inflamed colon and patients with IBD are characterized by higher apoptotic ratio/index in comparison to healthy subjects.^{52,53} Several pro-inflammatory cytokines, including TNF- α , are capable of enhancing not only immune response but also apoptosis process.⁵⁴ An in vitro study conducted by Iablokov et al. found that activation of PAR₂ by trypsin, a peptide acting as a PAR₂ agonist or a specific agonist is responsible for reduced cleavage of caspases in HT-29 cells pre-treated with cytokines.⁵⁵ Moreover, administration of siRNA against *F2RL1* reversed the anti-apoptotic effect of PAR₂ activation. Iablokov et al. noted that PAR₂ may affect apoptosis of colonic epithelial cells acting with mitogen-activated protein kinase kinase, extracellular signal regulated kinase and phosphoinositide 3 kinase/v-Akt (Akt strain transforming) murine thymoma viral oncogene signaling pathways.⁵⁵ In line with the above-mentioned observations, Her et al. documented that PAR₂ inhibition enhanced apoptosis related to colitis, which was observed at the protein level in murine model treated with a high-fat diet.⁵⁶ Additionally, the link between apoptosis and autophagy where

PAR₂ seems to play a critical role was noted. Autophagy is a process closely associated with cell survival and the connection between apoptosis and autophagy is bidirectional and both processes are overlapping. Experimental evidence found that diet intervention using high-fat diet in mice with *F2r1l* deletion not only aggravated colitis but also affected autophagy-related genes and proteins.⁵⁶ However, association between PAR₂, autophagy and colitis is poorly described and further investigations are needed to clarify how PAR₂ may affect this process in IBD.

Significance of Protease-Activated Receptors in Thromboembolism Events in Inflammatory Bowel Diseases

Significance of PAR₁ is highlighted not only during immune action mediated by specific immune cells or regulation of colon permeability but also by platelet reactivity in patients with CD. An ex vivo study, whereby multiple electrode aggregometry analysis was conducted by Schmid et al., documented higher reactivity of platelets in response to PAR₁ activation by a specific peptide in patients with active stage of CD in comparison to patients with CD in remission phase or the control group.⁵⁷ The same pattern of changes upon PAR₁ activation was confirmed in an analysis of platelet-monocyte aggregates. Moreover, activation of PAR₁ by specific peptide corresponded with enhanced level of P-selectin in platelets obtained from CD patients with inactive and active stage of disease when compared to control group.⁵⁷

In another study it was documented that patients with IBD are characterized by a higher risk of the development of thromboembolism events when compared to general population, especially in patients with active stage of disease.⁵⁸ From the clinical point of view, co-existence of both IBD and thromboembolism events significantly affects mortality. Beyond immune response dysfunctions, which are preliminary hallmarks observed in UC and CD, patients with IBD are characterized by abnormalities of coagulation factors, thrombin and fibrin generation and formation as well as platelets variations.^{59–62} In fact, in patients with IBD in active stage with a higher number of platelets, their enhanced activity and aggregation potential were documented.^{61,62} This evidence, together with data provided by Schmid et al., suggests that PARs affect the function of platelets and activity modulation of PARs seems to be critical in the prevention of thromboembolism

events.⁵⁷ Of note, peptide agonists of PAR₄ seem to be responsible for platelet activation in active phase of CD, which is manifested by both increased aggregation and increased formation of platelets adhering to monocytes.⁵⁷ Monocytes are not the only type of immune cells which cooperate with platelets. It should also be noted that cathepsin G/PAR₄ axis seems to be responsible for platelet–neutrophil interaction at the site of vascular injury and inflammation.⁶³ In fact, both receptors, ie PAR₁ and PAR₄, play an essential role in thromboembolic diseases, which are frequently observed in IBD patients. Nevertheless, additional studies employing in vivo models, not only observational studies, are needed to explore clinical significance of PARs activity modulation in both IBD and thromboembolism events.

Protease-Activated Receptors in the Promotion of the Inflammation–Dysplasia–Carcinoma Sequence

Finally, PARs significance was highlighted in the inflammation–dysplasia–carcinoma sequence. It has to be mentioned that limited evidence is available about the role of PARs in the neoplastic transformation of the colon in IBD patients. However, colitis is one of the risk factors for colorectal cancer development. In fact, the risk of colorectal cancer for the UC patient is estimated as 2% after 10 years, 8% after 20 years and 18% after 30 years of disease.⁶⁴ Ke et al. found that mice with *F2r11* depletion treated with azoxymethane (AOM) and dextran sodium sulfate (DSS) – chemical inducers of neoplastic transformation of the colon – were characterized by more severe colitis, with enhanced expression of pro-inflammatory cytokines and chemokines than wild type mice treated with AOM and DSS.³³ Additionally, in the colon of *F2r11*^{−/−} mice with colitis-associated colorectal cancer, larger and more differentiated adenocarcinomas were found when compared to wild type animals injected with AOM and treated with DSS, which suggests that PAR₂ participates in the progression of neoplastic transformation of the colon associated with colitis.³³ The mechanism by which PAR₂ affects the progression of colitis and colitis-associated colorectal cancer seems to be related to modulation of the microenvironment composition of the colon. In fact, it was proven that the colons of *F2r11* knockout mice with chemically induced colitis-associated colorectal cancer were characterized by tumor-associated macrophages and myeloid-derived suppressor cell accumulation

as well as T cell reduction, leading to immunosuppressive microenvironment development and enhanced production of oxygen species mediated by signal transducer and activator of transcription 3.³³

Clinical Studies on Agents Targeting PARs

In 2014, FDA, and one year later EMA, approved the first agent against PAR₁, i.e. Vorapaxar, known as a Zontivity or SCH530348 designed for the prevention of thrombotic cardiovascular events.⁶⁵ Vorapaxar inhibits aggregation of platelets induced by thrombin and mediated by PAR₁ and is the only agent currently available with a mechanism of action based on PAR₁ activity modulation. Another PAR₁ antagonist, Atopaxar known as E5555, belongs to small molecule class agents with a mechanism of action similar to Vorapaxar. Nevertheless, according to Phase II clinical trials, Atopaxar usage was characterized by significant side effects in patients with acute coronary syndrome and chronic coronary artery disease and did not advance to Phase III.^{66,67} It has to be noted that numerous studies suggest that PARs could be used as a target in the therapy of IBD, but no clinical trials have yet been attempted. According to the ClinicalTrials.gov database, only one ongoing observational study is registered (NCT03011151). As stated by the authors, association between gastrointestinal function, gastric motility, and integrity of epithelial barrier with levels of PAR₂ agonist, zonulin and serine protease will be analyzed in pediatric patients with gastrointestinal disorders before surgery and after surgery. On the other hand, along with the above-mentioned reports about the link between IBD and thromboembolism events, PARs agents may be a promising tool not only in the prevention of thromboembolism events in IBD patients but also as a regulator of colitis. However, the suggested bidirectional action of PARs has to be evaluated in pre-clinical and clinical studies.

Conclusions

Taken together, data from recent years provide evidence that PARs are crucial regulators of the progression of IBD. From the clinical point of view, the expression of PARs seems to be an indicator of disease severity. On the other hand, the significance of PARs in disease related to IBD is highlighted. Experimental findings documented that PARs modulate the immune response, which supports several processes involving cytokine and chemokine production/

secretion and immune cell infiltration as well as cell–cell interaction. Nevertheless, further studies are needed to determine the therapeutic potential of PARs in patients with CD and UC.

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Disclosure

The authors report no conflicts of interest in this work.

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